

"The beautiful new book from Salon bibliotherapist Ella Berthoud ... explores how reading mindfully enhances our lives and asks, if reading is our daily nourishment, how best should it be consumed?" - Damian Barr's Literary Salon The healing power of reading has been renowned since Aristotle; focus, flow and enlightenment can all be discovered through this universal act. The Art of Mindful Reading embraces the joy of absorbing words on a page, encouraging a state of mind as deeply therapeutic and vital to our wellbeing as breathing. Bibliotherapist Ella Berthoud asks if reading is our daily nourishment how best should it be consumed? How should you read mindfully? And why will reading mindfully help you to read better? She explores how reading mindfully can shape the person you are, give you your moral backbone, and teaches empathy with others. Through meditative exercises, engaging anecdote, and expert insight, she reveals the enriching potential of reading for mindfulness. For more than sixty years, the imagination of Ray Bradbury has opened doors into remarkable places, ushering us across unexplored territories of the heart and mind while leading us inexorably toward a profound understanding of ourselves and the universe we inhabit. In this landmark volume, America's preeminent storyteller offers us one hundred treasures from a lifetime of words and ideas -- tales that amaze, enthrall, and horrify; breathtaking journeys backward and forward in time; classic stories with the undiminished power to tantalize, mystify, elate, and move the reader to tears. Each small gem in the master's collection remains as dazzling as when it first appeared in print. There is magic in these pages: the wonders of interstellar flight, a conspiracy of insects, the early bloom of love in the warmth of August. Both the world of Ray Bradbury and its people are vivid and alive, as colorfully unique as a poker chip hand-painted by a brilliant artist or as warmly familiar as the well-used settings on a family's dining room table. In a poor man's desire for the stars, in the twisted night games of a hateful embalmer, in a magnificent fraud perpetrated to banish despair and repair a future, in a writer's wonderful death is the glowing proof of the timeless artistry of one of America's greatest living bards. The one hundred stories in this volume were chosen by Bradbury himself, and span a career that blossomed in the pulp magazines of the early 1940s and continues to flourish in the new millennium. Here are representatives of the legendary author's finest works of short fiction, including many that have not been republished for decades, all forever fresh and vital, evocative and immensely entertaining. This is Bradbury at his very best -- golden visions of tomorrow, poetic memories of yesterday, dark nightmares and glorious dreams -- a grand celebration of humankind, God's intricate yet poignantly fallible machineries of joy.

A fast-paced literary thriller that recalls dystopian classics such as 1984 and Fahrenheit 451, from the award-winning author of The Last Town on Earth. Zed is an agent from the future. A time when the world's problems have been solved. No hunger. No war. No despair. His mission is to keep it that way. Even if it means ensuring every cataclysm throughout history runs its course--especially The Great Conflagration, an imminent disaster in our own time that Zed has been ordered to protect at all costs. Zed's mission will disrupt the lives of a disgraced former CIA agent; a young Washington lawyer grieving over the loss of her brother, a soldier in Iraq; the oppressed employee of a foreign diplomat; and countless others. But will he finish his final mission before the present takes precedence over a perfect future? One that may have more cracks than he realizes? The Revisionists puts a fresh spin on today's global crises, playing with the nature of history and our own role in shaping it. It firmly establishes Mullen as one of the most exciting and imaginative writers of his generation.

A Chinese peasant overcomes the forces of nature and the frailties of human nature to become a wealthy landowner.

Bradbury Stories

Apocalypse and Its Aftermath in Western Culture

Inkheart

Lord of the Flies

The Martian Chronicles

Great Music, it said, and Great Poetry would like quieten Modern Youth down and make Modern Youth more Civilized. Civilized my syphilised yarbles. A vicious fifteen-year-old droog is the central character of this 1963 classic. In Anthony Burgess's nightmare vision of the future, where the criminals take over after dark, the story is told by the central character, Alex, who talks in a brutal invented slang that brilliantly renders his and his friends' social pathology. A Clockwork Orange is a frightening fable about good and evil, and the meaning of human freedom. When the state undertakes to reform Alex to "redeem" him, the novel asks, "At what cost?" This edition includes the controversial last chapter not published in the first edition and Burgess's introduction "A Clockwork Orange Resucked."

This collection includes 100 of Ray Bradbury's remarkable stories which have, together with his classic novels, earned him an immense international audience.

Ray Bradbury brings wonders alive. For this peerless American storyteller, the most bewitching force in the universe is human nature. In these eighteen startling tales unfolding across a canvas of tattooed skin, living cities take their vengeance, technology awakens the most primal natural instincts, and dreams are carried aloft in junkyard rockets. Provocative and powerful, "The Illustrated Man "is a kaleidoscopic blending of magic, imagination, and truth--as exhilarating as interplanetary travel, as maddening as a walk in a million-year rain, and as comforting as simple, familiar rituals on the last night of the world.

The books that we choose to keep -- let alone read -- can say a lot about who we are and how we see ourselves. In My Ideal Bookshelf, dozens of leading cultural figures share the books that matter to them most; books that define their dreams and ambitions and in many cases helped them find their way in the world. Contributors include Malcolm Gladwell, Thomas Keller, Michael Chabon, Alice Waters, James Patterson, Maira Kalman, Judd Apatow, Chuck Klosterman, Miranda July, Alex Ross, Nancy Pearl, David Chang, Patti Smith, Jennifer Egan, and Dave Eggers, among many others. With colorful and endearingly hand-rendered images of book spines by Jane Mount, and first-person commentary from all the contributors, this is a perfect gift for avid readers, writers, and all who have known the influence of a great book.

The Art of Mindful Reading

The End of the World

Portrait of an Artist, as an Old Man

Fahrenheit 451

Ray Bradbury 3-Book Collection: Fahrenheit 451, The Martian Chronicles, The Illustrated Man