

Fragile The True Story Of My Lifelong Battle With Anorexia

Today, I look forward to a future where anorexia's voice will be silenced, where I can simply be Nikki Grahame and not be defined or controlled by my illness.' Say the name Nikki Grahame and most people will remember the bubbly, highly strung and hugely entertaining Big Brother 7 contestant. Since leaving the Big Brother house, she has forged a successful career for herself in presenting and writing. Yet Nikki isn't just another reality television contestant and her life story is not like any other you will ever read. From the age of eight until she was nineteen Nikki battled anorexia nervosa but few cases have been quite as extreme as hers. This compelling book tells the story of her incredible journey and has been revised to include Nikki's ongoing struggle with anorexia. Aged just eight and weighing just under three stone, Nikki was diagnosed as anorexic. For the next eight years, she was in and out of institutions - eleven in total - during which time she attempted suicide twice and had to be sedated up to four times a day so that she could be force-fed. At one point, she was sedated for fourteen days while doctors sewed a tube into her stomach, through which she was fed to get her weight out of the critical range. The lengths that she went to in order to avoid eating and find ways to exercise excessively shocked doctors who have worked in the field for years. As Nikki says, 'I've always wanted to be the best at everything I do, so I had to be the best anorexic - and I was.' With searing honesty, Nikki recounts her long and painful road to recovery, how she has had to

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come to terms with the long-term ramification of her illness, how she uses her new-found fame to promote awareness of eating disorders and to help those who are suffering from similar problems.

Antifragile is a standalone book in Nassim Nicholas Taleb's landmark Incerto series, an investigation of opacity, luck, uncertainty, probability, human error, risk, and decision-making in a world we don't understand. The other books in the series are Fooled by Randomness, The Black Swan, Skin in the Game, and The Bed of Procrustes. Nassim Nicholas Taleb, the bestselling author of The Black Swan and one of the foremost thinkers of our time, reveals how to thrive in an uncertain world. Just as human bones get stronger when subjected to stress and tension, and rumors or riots intensify when someone tries to repress them, many things in life benefit from stress, disorder, volatility, and turmoil. What Taleb has identified and calls "antifragile" is that category of things that not only gain from chaos but need it in order to survive and flourish. In The Black Swan, Taleb showed us that highly improbable and unpredictable events underlie almost everything about our world. In Antifragile, Taleb stands uncertainty on its head, making it desirable, even necessary, and proposes that things be built in an antifragile manner. The antifragile is beyond the resilient or robust. The resilient resists shocks and stays the same; the antifragile gets better and better. Furthermore, the antifragile is immune to prediction errors and protected from adverse events. Why is the city-state better than the nation-state, why is debt bad for you, and why is what we call "efficient" not efficient at all? Why do government responses and social policies protect the strong and hurt the weak?

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Why should you write your resignation letter before even starting on the job? How did the sinking of the Titanic save lives? The book spans innovation by trial and error, life decisions, politics, urban planning, war, personal finance, economic systems, and medicine. And throughout, in addition to the street wisdom of Fat Tony of Brooklyn, the voices and recipes of ancient wisdom, from Roman, Greek, Semitic, and medieval sources, are loud and clear. Antifragile is a blueprint for living in a Black Swan world. Erudite, witty, and iconoclastic, Taleb's message is revolutionary: The antifragile, and only the antifragile, will make it. Praise for Antifragile "Ambitious and thought-provoking . . . highly entertaining."—The Economist "A bold book explaining how and why we should embrace uncertainty, randomness, and error . . . It may just change our lives."—Newsweek

This heart-wrenching tale of two university students forced to choose between their ideals and the demands of the real world--from Yoru Sumino, the author of I Want to Eat Your Pancreas and the Eisner-nominated I Had That Same Dream Again--was adapted into a live-action film in Japan. Two young people in their first year of university, drawn to each other's passion, establish a secret society to pursue those ideals. But as time passes, the demands of a world that isn't kind to dreamers threaten to force them apart, filling the void between them with shattered hopes and the fallout of lies. A tender, tragic tale about the cruelty of youth, by acclaimed author Yoru Sumino.

Gathers poems that combine an examination of contemporary society with views of the natural world and human relationships.

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A Cardiac Surgeon's Stories of Life and Death on the Operating Table

The Fragile Keepers

The Fragile Chain

Fragile Acts

The Forgetting

A Novel

A thrilling novel from New York Times bestselling author Lisa Unger about the hunt for a missing girl and one community's intricate yet fragile bonds. "[A] nail-biting nuanced whodunit."—People Everybody knows everybody in The Hollows, a quaint, charming town outside of New York City. It's a place where neighbors keep an eye on one another's kids, where people say hello in the grocery store, and where high school cliques and antics are never quite forgotten. As a child, Maggie found living under the microscope of small-town life stifling. But as a wife and mother, she has happily returned to The Hollows's insular embrace. As a psychologist, her knowledge of family histories provides powerful insights into her patients' lives. So when the girlfriend of her teenage son, Rick, disappears, Maggie's intuitive gift proves useful to the case—and also dangerous. Eerie parallels soon emerge between Charlene's disappearance and the abduction of another local girl that shook the community years ago when Maggie was a teenager. The

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investigation has her husband, Jones, the lead detective on the case, acting strangely. Rick, already a brooding teenager, becomes even more withdrawn. In a town where the past is always present, nobody is above suspicion, not even a son in the eyes of his father. As she tries to reassure him that Rick embodies his father in all of the important ways, Maggie realizes this might be exactly what Jones fears most. Determined to uncover the truth, Maggie pursues her own leads into Charlene's disappearance and exposes a long-buried town secret—one that could destroy everything she holds dear.

A revealing exploration of people whose wealth, fame, beauty, and social status grant them immense power. Celebrity culture drives us to aspire to be like the few who seem to have figured out how to have it all. But is it possible that they simultaneously have everything and nothing at all? Having treated some of the world's most successful people, psychotherapist "Dr. Paul" sets out to answer why so many people who have everything end up feeling like their achievements are never enough—as well as what that pattern can reveal about ourselves and the society in which we live. The exclusivity of living behind the velvet rope or the gilded gate doesn't guarantee happiness for the rich, famous, and powerful; there are downsides to attainment as well. We all—including people who seem

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protected by their privileged lives—can experience the self-destructive behaviors common to modern life, including chronic stress, addiction, anxiety, imposter syndrome, infidelity, negative body image, and narcissism. Division marks our era. There's a growing separation between the haves and have nots, men and women, as well as the empowered and the disenfranchised. At the same time, our culture is defined by celebrities, and the powerful, affluent people we put on a pedestal to idolize and emulate. Too often, we think our lives would be better if we could have what they have or be more like them. It's time to realize that even the most admired people can go through life feeling unloved and unable to escape their problems. From the therapist's chair, we learn how feelings of shame, insecurity, abandonment, and emotional pain are all part of the human condition. With empathy, we can overcome our sense of isolation by realizing that we all crave—and deserve—understanding, intimacy, and real connection.

"A stunning new stand-alone psychological thriller from bestselling author Lisa Unger. A small town's secrets are exposed when a teenager goes missing in circumstances similar to another young girl's disappearance twenty years before. 'But how do you know he didn't hurt her?' Jones asks his wife, Maggie anguished when their son's girlfriend, Charlene, vanishes.

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Eerie parallels soon emerge between this disappearance and the abduction that shook their community years ago. Maggie can hardly believe that her husband, a police officer, suspects Ricky of causing Charlene's disappearance. Ricky is his father's son in all the most important ways and she suddenly realizes that might be exactly what Jones fears. In a town where the past is always present, nobody is above suspicion, not even a son in the eyes of his father. Determined to uncover the truth, Maggie pursues her own leads into Charlene's disappearance and exposes a long-buried town secret-one that could destroy everything she holds dear. This thrilling novel about one community's intricate yet fragile bonds will leave readers asking, How well do I know the people I love? and how far would I go to protect them?"

In gripping prose, one of the world's leading cardiac surgeons lays bare both the wonder and the horror of a life spent a heartbeat away from death. When Stephen Westaby witnessed a patient die on the table during open-heart surgery for the first time, he was struck by the quiet, determined way the surgeons walked away. As he soon understood, this detachment is a crucial survival strategy in a profession where death is only a heartbeat away. In *Open Heart*, Westaby reflects on over 11,000 surgeries, showing us why the procedures have never become routine and will never be. With

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astounding compassion, he recounts harrowing and sometimes hopeful stories from his operating room: we meet a pulseless man who lives with an electric heart pump, an expecting mother who refuses surgery unless the doctors let her pregnancy reach full term, and a baby who gets a heart transplant-only to die once it's in place. For readers of Atul Gawande's *Being Mortal* and of Henry Marsh's *Do No Harm, Open Heart* offers a soul-baring account of a life spent in constant confrontation with death.

Fragile Eternity

The Fragile Heart

I Am Blue, in Pain, and Fragile (Light Novel)

The Nature of Fragile Things

A Christian Perspective on Overcoming Unhealthy Thoughts

A True Story about Light, Darkness, and the Hope Beyond the Veil

No Marketing Blurb

The complete history of Northern Ireland from the Irish Civil War to Brexit “A wonderful book, beautifully written. . . . Informative and incisive.”—*Irish Times* After two decades of relative peace following the Good Friday Agreement of 1998, the Brexit referendum in 2016 reopened the Northern Ireland question. In this thoughtful and engaging book, Feargal Cochrane considers the region's troubled history from the struggle for Irish independence in the nineteenth century to the present. New chapters explain the reasons for the suspension of devolved government at Stormont in 2017 and its restoration in 2020 as well as the consequences for Northern Ireland of Britain's exit from the European Union.

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decision to leave the European Union. Providing a complete account of the province's hundred year history, this book is essential reading to understand the present dimensions of the Northern Irish conflict.

The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain racial inequality. In this "vital, necessary, and beautiful book" (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and "allows us to understand racism as a practice not restricted to 'bad people'" (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

Fragile is a book about the many ways of thinking that hold us in bondage. If not changed and moulded, these thoughts can create feelings that overtake our lives. In fact, letting those feelings run unbridled can bring our brilliant destinies to a halt. Fear Rejection Anxiety Guilt Intimidation Lies Excuses F. R. A. G. I. L. E. This book is about finding freedom—the freedom to pursue a destiny, discover true contentment, and walk in happiness. You will learn how to live above the control and restrictions of fragile thoughts. Each chapter defines and exposes the falsehoods, wrong beliefs and fragile feelings, establishing biblical truth that sets us free.

The Fragile Flower

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And All Things Fragile
The Fragile World
Fragile Line
Fragile
The Library

Perfect for book lovers, this is a fascinating exploration of the history of libraries and the people who built them, from the ancient world to the digital age. Famed across the known world, jealously guarded by private collectors, built up over centuries, destroyed in a single day, ornamented with gold leaf and frescoes, or filled with bean bags and children's drawings—the history of the library is rich, varied, and stuffed full of incident. In *The Library*, historians Andrew Pettegree and Arthur der Weduwen introduce us to the antiquarians and philanthropists who shaped the world's great collections, trace the rise and fall of literary tastes, and reveal the high crimes and misdemeanors committed in pursuit of rare manuscripts. In doing so, they reveal that while collections themselves are fragile, often falling into ruin within a few decades, the idea of the library has been remarkably resilient as each generation makes—and remakes—the institution anew. Beautifully written and deeply researched, *The Library* is essential reading for booklovers, collectors, and anyone who has ever gotten blissfully lost in the stacks.

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April 18, 1906: A massive earthquake rocks San Francisco just before daybreak, igniting a devouring inferno. Lives are lost, lives are shattered, but some rise from the ashes forever changed. Sophie Whalen is a young Irish immigrant so desperate to get out of a New York tenement that she answers a mail-order bride ad and agrees to marry a man she knows nothing about. San Francisco widower Martin Hocking proves to be as aloof as he is mesmerizingly handsome. Sophie quickly develops deep affection for Kat, Martin's silent five-year-old daughter, but Martin's odd behavior leaves her with the uneasy feeling that something about her newfound situation isn't right. Then one early-spring evening, a stranger at the door sets in motion a transforming chain of events. Sophie discovers hidden ties to two other women. The first, pretty and pregnant, is standing on her doorstep. The second is hundreds of miles away in the American Southwest, grieving the loss of everything she once loved. The fates of these three women intertwine on the eve of the devastating earthquake, thrusting them onto a perilous journey that will test their resiliency and resolve and, ultimately, their belief that love can overcome fear. From the acclaimed author of *The Last Year of the War* and *As Bright as Heaven* comes a gripping novel about the bonds of friendship and mother love, and the power of female solidarity. The haunting story of a family of dreamers and tale-tellers looking for home in an unwelcoming world. This exquisite and unusual magic realist debut, told in

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intensely lyrical prose by an award winning author, traces one girl's migration from war to peace, loss to loss, home to home. Firuzeh and her brother Nour are children of fire, born in an Afghanistan fractured by war. When their parents, their Atay and Abay, decide to leave, they spin fairy tales of their destination, the mythical land and opportunities of Australia. As the family journeys from Pakistan to Indonesia to Nauru, heading toward a hope of home, they must rely on fragile and temporary shelters, strangers both mercenary and kind, and friends who vanish as quickly as they're found. When they arrive in Australia, what seemed like a stable shore gives way to treacherous currents. Neighbors, classmates, and the government seek their own ends, indifferent to the family's fate. For Firuzeh, her fantasy worlds provide some relief, but as her family and home splinter, she must surface from these imaginings and find a new way. How does one recover from a gaze into the abyss? And All Things Fragile is an empowering collection of poetry and prose that explores the never-ending cycle between depression and healing, and finds hope and strength through the beauty of nature and love. Written as a flow of visceral emotions, k.p.fen guides readers through the acceptance of mental health conditions that is necessary for growth and self-love. To be read during or after an experience of depression, this book helps to validate overwhelming emotions and is a wonderful resource for those looking to gain a sense of self-worth. It offers a refreshing perspective on how to

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live with a mental illness, instilling hope and optimism about the future.

Northern Ireland

A Fragile History

Fragile Remedy

White Men's Journey from Fragile to Agile

Things That Gain from Disorder

Role Call

The author describes her battles raising three children with Fragile X syndrome, the frightening episodes involving her disabled sons, and how she attempted suicide as a means of escape. Presents text and photographs from sixty-five countries documenting the hardships of the world's poor, depicting the victims of civil wars, human trafficking, drug wars, famine, disease, and homelessness in Africa, South America, and Asia.

A powerful history of Jewish art collectors in France, and how an embrace of art and beauty was met with hatred and destruction In the dramatic years between 1870 and the end of World War II, a number of prominent French Jews—pillars of an embattled community—invested their fortunes in France's cultural artifacts, sacrificed their sons to the country's army, and were ultimately rewarded by seeing their collections plundered and their families deported to Nazi concentration camps. In this rich, evocative account, James McAuley explores the central role that art and material culture played in the assimilation and identity of French Jews in the fin-de-siècle. Weaving together narratives of various figures, some familiar from the works of Marcel Proust and the diaries of Jules and Edmond Goncourt—the Camondos, the Rothschilds, the

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Ephrussis, the Cahens d'Anvers—McAuley shows how Jewish art collectors contended with a powerful strain of anti-Semitism: they were often accused of “invading” France’s cultural patrimony. The collections these families left behind—many ultimately donated to the French state—were their response, tragic attempts to celebrate a nation that later betrayed them. Have we reached a point where anxiety is so common we consider it ‘normal’? In this exploration of the rising anxiety epidemic, psychotherapist and bestselling author Stella O’Malley delves into why we are feeling more anxious, stressed and overwhelmed than ever. From looking at how our increasingly perfectionist and materialistic society is causing us to value all the wrong things, to practical tips for uncovering the roots of anxiety and strategies to ease it, this book is an essential tool for building resilience to stress. Anyone can experience anxiety at any time. Fragile arms us with the skills to move forward to a place where we can experience challenges to our mental health and feel adequately empowered to address them, allowing us to live calmer, more satisfying lives.

Why It's So Hard for White People to Talk About Racism

On Fragile Waves

Short Fictions and Wonders

Fragile Design, A

(a Fictional Story Based on True Experiences)

Grappling

An ER doctor examines the beautiful tension between life and death through heartfelt stories of loss, love, and hope.

Arabella flees her Shaker upbringing for the independence in Lowell and soon finds both waiting love and

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grave danger. The Bells of Lowell Book 2.

Say the name Nikki Grahame and most people will remember the bubbly, highly strung and hugely entertaining Big Brother 7 contestant, famous for her diary room outbursts. Since leaving the Big Brother house, she had forged a successful career for herself in presenting and writing. Yet Nikki isn't just another reality television contestant and her life story is not like any other you will ever read. From the age of eight until she was nineteen, Nikki battled anorexia nervosa—but few cases have been quite as extreme as hers. What she has been through while suffering from this illness might surprise you—it will definitely shock you. At just seven years old, Nikki began feeling that she was overweight. A remark about her being fat from a fellow pupil at a gymnastics class along with insecurity brought about by her parents' separation and her beloved grandfather's death, were the catalysts for Nikki's long-term eating disorder. Aged just eight and weighing just under three stone, she was diagnosed as anorexic. For the next eight years, Nikki was in and out of institutions—seven in total—during which time she attempted suicide twice and had to be sedated up to four times a day so that she could be force-fed. At one point, she was sedated for fourteen days while doctors sewed a tube into her stomach, through which she was fed in order to get her weight out of the critical range. Nikki admits that she knew every anorexic's trick in the book: from breaking into hospital kitchens to water down full-fat milk, altering her diet sheet and switching name tags on food to ensure that she received smaller amounts, to even stuffing a door-stop down her trousers before a weigh-in. The extremes that she went to in order to avoid eating and find ways to exercise excessively shocked doctors who have worked in the field for years. As Nikki says, "I've always wanted to be the best at everything I do, so I had to be the best anorexic—and I was." This is the heart-rending and powerful story of a girl who lost her childhood but was brave enough to finally admit that she wanted to live again. With searing honesty, Nikki recounts her long and painful road to recovery, how she has had to come to terms with the long-term

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ramifications of her illness, how she coped with being in the Big Brother house and how she uses her new-found fame to promote awareness of eating disorders and to help those who are suffering from similar problems. This compelling book tells the story of an incredible journey.

*I am Comet Caldwell. And I sort of, kind of, absolutely hate my name. People expect extraordinary things from a girl named Comet. That she'll be effortlessly cool and light up a room the way a comet blazes across the sky. But from the shyness that makes her book-character friends more appealing than real people to the parents whose indifference hurts more than an open wound, Comet has never wanted to be the center of attention. She can't wait to graduate from her high school in Edinburgh, Scotland, where the only place she ever feels truly herself is on her anonymous poetry blog. But surely that will change once she leaves to attend university somewhere far, far away. When new student Tobias King blazes in from America and shakes up the school, Comet thinks she's got the bad boy figured out. Until they're thrown together for a class assignment and begin to form an unlikely connection. Everything shifts in Comet's ordinary world. Tobias has a dark past and runs with a tough crowd—and none of them are happy about his interest in Comet. Targeted by bullies and thrown into the spotlight, Comet and Tobias can go their separate ways...or take a risk on something extraordinary. From the New York Times bestselling author of *The Impossible Vastness of Us* and the *On Dublin Street* series comes a heartfelt and beautiful new young adult novel, set in Scotland, about daring to dream and embracing who you are.*

Fragile Power

The Human Condition

The House of Fragile Things

Why Having Everything Is Never Enough; Lessons from Treating the Wealthy and Famous

Fragile World

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The Fragile Ordinary

What started as an internal whisper has become a steady rumble. It's getting louder, feeling heavier the more you try to ignore it. If you're a white man in America, you have a decision to make: become an agent of change or a victim of progress. White men have found themselves entrenched in a privileged status quo for centuries. Old patterns and learned behaviors have contributed to their success, but things are changing; our world is evolving. We're tackling racism and sexism head-on. White masculinity, as we know it, is in the midst of a revolution. In *Grappling*, Andrew Horning helps you identify the best man you can be in a rapidly evolving world. By focusing on intrapersonal and interpersonal elements, Andrew provides you with practical tools for navigating today's complex issues and balancing masculinity with accountability. Learn how to utilize compassion and courage to rewrite your story, understand your true strengths, and realize the freedom that comes with self-discovery.

"Natalie Pinter is a wonderful storyteller. She does more than just write--she casts a cozy, tactile, and entrancing spell, which you become compelled to follow wherever it takes you." --Eric Shapiro, author of "It's Only Temporary" & "Days of Allison" Following a lightning storm, Andre and her brother Ben discover a winged girl cowering in their backyard shed. The millennials are thrilled by the

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appearance of a mythical being, but they are wary too, particularly when she warns them that a dangerous monster has followed her from "Elsewhere." The girl, (Shae) is desperate to return to a world she can now only scarcely recall. Exquisite and beguiling, Shae evokes a protectiveness on their part-especially when she grants them gifts of extraordinary new talent. Andre and Ben want to help her however they can. But the siblings soon find out that these gifts carry ghastly side effects. Andre is enchanted by prophetic dreams, but they wither her grip on reality; Ben creates sublime music, but his health deteriorates. And then, to their horror, they discover that Shae must complete a terrible task before she can return home and that everyone they know and love is in danger. Andre and Ben must now figure out how to thwart a being they've grown to care for. What they don't realize is that Shae is changing-she's beginning to develop a conscience, and an affinity for her human hosts. And as her time runs out, she must make a terrible choice before all their lives spiral into a grisly climax of cruel irony and heartbreaking sacrifice.

The Fragile Heart was written during the most difficult trials of my life. I lost three children, was diagnosed with Chrons disease, and lost my job after working in a career for more than ten years. Anyone who has ever had to deal with difficult circumstances that have caused heartbreak can identify with the excruciating pain and hardship it can

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bring. During those times, it was an uphill struggle to find comfort and peace of mind again. In this book, we will talk about how to experience comfort, deliverance, but most of all, a complete healing through the Love and Word of God. I pray that this book touches and ministers to your heart, and that you find solace in knowing that, while going through difficult times, you are not alone and God can heal your broken and fragile heart. After reading this book, I was inspired to serve the Lord even more vigorously. Having known Shelly for years, I have seen the growth in her life and was very impressed with the way that she put her experiences into words. The Fragile Heart is a must read not only for Christians but for everyone who needs encouragement and understanding during trying times. -Pastor Warner Bradby Shelly and her husband, Damon, make their residence in Maryland with their four-year-old daughter, Hannah. They fellowship at Glorious Trinity Apostolic Faith Holiness Church in Baltimore where Shelly serves as a missionary, Sunday school teacher, choir director, and youth leader. Before being called to serve in ministry in 2008, Shelly worked in property management for 10 years. She and her staff were recognized for their achievements and won many awards. In her spare time, Shelly sings with her family singing group, "The Allen Family." Most of all, Shelly enjoys spending time with her family. "A prodigiously imaginative collection." —New York Times Book Review,

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Editor's Choice "Dazzling tales from a master of the fantastic."

—Washington Post Book World Fragile Things is a sterling collection of exceptional tales from Neil Gaiman, multiple award-winning (the Hugo, Bram Stoker, Newberry, and Eisner Awards, to name just a few), #1 New York Times bestselling author of The Graveyard Book, Anansi Boys, Coraline, and the groundbreaking Sandman graphic novel series. A uniquely imaginative creator of wonders whose unique storytelling genius has been acclaimed by a host of literary luminaries from Norman Mailer to Stephen King, Gaiman's astonishing powers are on glorious displays in Fragile Things. Enter and be amazed!

Why we are feeling more stressed, anxious and overwhelmed than ever (and what we can do about it)

An Introduction with Exercises

The Fragile Peace

A Dulcie Chambers Mystery

White Fragility

The Fragile Absolute, Or, Why is the Christian Legacy Worth Fighting For?

Dr. Dulcinea (Dulcie) Chambers is honored to have the esteemed British artist Logan Dumbarton as a guest at the Maine Museum of Art. The abstract expressionist painter has

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come all the way from London to teach a master class. His students, a group of talented local artists, are initially in awe. However, the eccentric artist is accompanied by an entourage that is proving less than ideal. His stunningly exotic wife Isabel is a constant distraction with her incessant whining, while Linda, Logan's ever-efficient sister and business manager, does nothing but placate her brother's whims. To make matters worse, Logan seems to vacillate between annoyingly sniveling and irritatingly egocentric at any given moment. Within a week the entire class loathes him. Is he really worth all of this trouble? Somebody doesn't seem to think so, and it's up to Dulcie to find out who. But she'll have to team up with Detective Nicholas Black once again, and at the moment their relationship can only be described as fragile.

From beloved author of Rook comes a brilliant and genre-bending exploration of truth and memory, love and loss in this remarkable story of a civilization that undergoes a collective forgetting. What isn't written, isn't remembered.

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Even your crimes. Nadia lives in the city of Canaan, where life is safe and structured, hemmed in by white stone walls and no memory of what came before. But every twelve years the city descends into the bloody chaos of the Forgetting, a day of no remorse, when each person's memories -- of parents, children, love, life, and self -- are lost. Unless they have been written. In Canaan, your book is your truth and your identity, and Nadia knows exactly who hasn't written the truth. Because Nadia is the only person in Canaan who has never forgotten. But when Nadia begins to use her memories to solve the mysteries of Canaan, she discovers truths about herself and Gray, the handsome glassblower, that will change her world forever. As the anarchy of the Forgetting approaches, Nadia and Gray must stop an unseen enemy that threatens both their city and their own existence -- before the people can forget the truth. And before Gray can forget her.

From the author of stunning debut *The Mourning Hours* comes a powerful new novel that explores every parent's worst

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nightmare... The Kaufmans have always considered themselves a normal, happy family. Curtis is a physics teacher at a local high school. His wife, Kathleen, restores furniture for upscale boutiques. Daniel is away at college on a prestigious music scholarship, and twelve-year-old Olivia is a happy-go-lucky kid whose biggest concern is passing her next math test. And then comes the middle-of-the-night phone call that changes everything. Daniel has been killed in what the police are calling a "freak" road accident, and the remaining Kaufmans are left to flounder in their grief. The anguish of Daniel's death is isolating, and it's not long before this once-perfect family finds itself falling apart. As time passes and the wound refuses to heal, Curtis becomes obsessed with the idea of revenge, a growing mania that leads him to pack up his life and his anxious teenage daughter and set out on a collision course to right a wrong. An emotionally charged novel, *The Fragile World* is a journey through America's heartland and a family's brightest and darkest moments, exploring the devastating pain of losing a

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child and the beauty of finding the way back to hope. "Heart-stopping. A gripping read that delivers a beautiful reminder of the resilience of love." -Karen Brown, author of *The Longings of Wayward Girls*

When I'm asleep, I'm afraid someone else might take my place. It can happen in a flash. One minute she's kissing her boyfriend, the next she's lost in the woods. Sixteen-year-old Ellie Cox is losing time. It started out small...forgetting a drive home or a conversation with a friend. But her blackouts are getting worse, more difficult to disguise as forgetfulness. When Ellie goes missing for three days, waking up in the apartment of a mysterious guy—a guy who is definitely not her boyfriend—her life starts to spiral out of control. Perched on the edge of insanity, with horrific memories of her childhood leaking in, Ellie struggles to put together the pieces of what she's lost—starting with the name haunting her, Gwen. Heartbreakingly beautiful and intimately drawn, this poignant story follows one girl's harrowing journey to

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finding out who she really is.

Fragile Things

The Fragile Face of God

Fragile - The true story of my lifelong battle with anorexia
Logics

The True Story of My Lifelong Battle with Anorexia

Jewish Art Collectors and the Fall of France

Seth never expected he would want to settle down with anyone—but that was before Aislinn. She is everything he'd ever dreamed of, and he wants to be with her forever. Forever takes on new meaning, though, when your girlfriend is an immortal faery queen. Aislinn never expected to rule the very creatures who'd always terrified her—but that was before Keenan. He stole her mortality to make her a monarch, and now she faces challenges and enticements beyond any she'd ever imagined. In Melissa Marr's third mesmerizing tale of Faerie, Seth and Aislinn struggle to stay true to themselves and each other in a milieu of shadowy rules and shifting allegiances, where old friends become new enemies and one wrong move could plunge the Earth into chaos. Sixteen-year-old Nate is a GEM—a Genetically Engineered Medi-tissue—created by Gathos City scientists as a cure for the elite from the fatal lung rot ravaging the population. As a child, Nate was smuggled out of the laboratory where he was held captive and taken into the Withers—a quarantined, lawless region. He manages to survive by becoming a Tinkerer, fixing broken tech in exchange for food or a safe place

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to sleep. When he meets Reed, a kind and fiercely protective boy who makes his heart race, and his misfit gang of scavengers, Nate finds the family he's always longed for—even if he can't risk telling them what he is. But Gathos created a genetic fail-safe in their GEMs—a flaw in their DNA that causes their health to rapidly deteriorate as they age unless they are regularly dosed with medication controlled by Gathos City. When violence erupts across the Withers, Nate's illegal supply of medicine is cut off, and a vicious attack on Reed threatens to expose his secret. With time running out, Nate is left with only two options: work for a shadowy terrorist organization that has the means to keep him alive, or stay—and die—with the boy he loves.

**A National Bestseller* From the internationally bestselling artist Kerby Rosanes, an extraordinary coloring book celebrating some of the incredible animals and landscapes that are disappearing around the globe Fragile World is a coloring book to savor, exploring fifty-six endangered, vulnerable, and threatened animals and landscapes—from the Tapanuli orangutan to the hawksbill turtle, from Philippine bat caves to the Baltic Sea. The illustrations are intricate, detailed, and unforgettable, both magisterial and whimsical. And the result is a stunning tribute to Mother Nature. Fragile World is a coloring experience that is at once vintage Kerby and unlike any other. Beauty in Chaos, Grace in Tragedy, and the Hope That Lives in Between These Fragile Things
Open Heart
Antifragile*