

Futureproof: How To Get Your Business Ready For The Next Disruption

The definitive guide to protecting your children online. Future Proof your Kids goes the next level, tackling the issues parents really struggling with using a simple 4 step framework.

The Future of Work and the fourth industrial revolution are here. Careers have changed and will continue to change rapidly and significantly. Will you change with the times, or will you be forced to change because of them?

BRONZE RUNNER UP: Axiom Awards 2018 - Business Technology Category (1st edition) Coding is one of the most in-demand skills in the job market. Whether you're an entrepreneur, a recent graduate or a professional, you can supercharge your career simply by grasping the fun and confident coding is here to help. This new and improved second edition of the award-winning book gives you a step-by-step learning guide to HTML, CSS, JavaScript, Python, building iPhone and Android apps and debugging. For entrepreneurs, being able to create your own websites and grant you valuable freedom and revolutionize your business. For aspiring developers, this book will give you the building blocks to embark on your career path. For working professionals, coding skills can add a valuable edge to your CV. Whatever your professional profile, if you want to stay ahead of the fundamentals of coding and kick start your career, Confident Coding is the book for you. About the Confident series... From coding and web design to data, digital content and cyber security, the Confident books are the perfect beginner's resource for enhancing your professional career path.

The Futureproof City creates adaptability and resiliency in the face of the unknown challenges resulting from technological change, population explosion, global pandemic, and environmental crisis. A paradigm shift is urgently required in the means of conceiving, delivering, and managing urban development to create better places to live. This book brings to the fore many new solutions currently being proposed and piloted globally, identifying ten key areas affecting the physical fabric of our cities where governments, planners, investors, and the individuals responsible for them can refocus their understanding, priorities, and funding in order to more effectively utilise the limited financial, natural, and time resources available. It will be key reading for every policy maker and professional working in sustainability, development, technology, health and welfare, in particular in issues in cities today.

'This book taught me so much about female desire. A must read!' Cherry Healey Did you know that there is an orgasm gap of around 30% between heterosexual couples when they have sex? In Mind The Gap, Dr Karen Gurney, a clinical psychologist and certified psychosexologist, explores this issue, but the gaps in our knowledge of so much of the most important new science around sex and desire. In this book, you will learn that nearly everything that you've been led to believe about female sexuality isn't actually true. And that, despite what you might think, it is possible to simultaneously feel little to no spontaneous desire and have a happy and mutually satisfying sex life long term. Exploring the mismatch between ideas about sex in our society and what the science tells us, Mind The Gap also explains how this disconnect lies at the root of many of our problems. Combining science with case studies, practical exercises and tips, this is a book for anyone who wants to better understand the mechanics of desire and futureproof their sex life, for life.

Career Fear (and How to Beat It)

From the Inside Out

Mind The Gap

Futureproof Your Mindset. Stay Grounded

Protecting Your Children in the Social Media Playground

Futureproof Your Body Against Chronic Pain with 12 Simple Movements

Futureproof Your Career

Workshift

Understand the basic principles of cyber security and futureproof your career with this easy-to-understand, jargon-busting beginner's guide to the human, technical, and physical skills you need.

"These planners are designed for library leaders who are facing some pretty serious challenges but haven't even had the chance to close their doors, sit back, untangle their issues, and begin to think about how to make things better." -- From introduction, page ix.

Finding the courage to embrace change and take chances is the only way to succeed. Business, culture, and competitive landscapes have fundamentally changed, but basic principles and best practices for succeeding and future-proofing both yourself and your organization haven't. With a mix of compelling stories, research from the social sciences and psychology, and real-world insights, Make Change Work for You shows readers how to reignite their career, rekindle their creativity, and fearlessly innovate their way to success by providing the tools needed to master uncertainty and conquer every challenge they'll face in life or business. Make Change Work for You opens with an overview of the most common factors that lead to self-defeating behaviors, including fear of failure, embarrassment, underperformance, rejection, confrontation, isolation, and change itself. Using a simple four-part model, Steinberg guides readers to understand and better respond to the challenges that change can bring: Focus: Define the problem and come to understand it objectively. Engage: Interact with the challenge and try a range of solutions. Assess: Review the response(s) generated by your tactics. React: Adjust your strategy accordingly. And, finally, the book shows readers how to develop the vital personal and professional skills required to triumph in the "new normal" by understanding and engaging in the 10 new habits that highly successful people share: 1. Play the Odds 2. Embrace Tomorrow Today 3. Seek Constant Motion 4. Lead, Don't Follow 5. Never Stop Learning 6. Create Competitive Advantage 7. Connect the Dots 8. Pick Your Battles 9. Set and Align Your Priorities 10. Always Create Value

When last did you get lost? We rarely do in the era of Google Maps and Waze, but satellite navigation systems are of no use when disruption turns our lives upside down. When swirling mists of uncertainty block our view of the future, we might question our ability to cope. But with awareness, determination and practise we can improve our competence, build our resilience and confidence, and gain a sense of control, even when everything feels out of control. Whether your life has been disrupted by death, divorce, disease, Covid-19 lockdown, working from home, moving town, starting a new job, or any of a host of other disruptive events that can either make or break you, this book will guide you to the best possible outcome. Disruption is never comfortable, but regardless of whether it is positive or negative, it is a catalyst for change. Future-proof Yourself provides simple but effective lessons and frameworks to help you future-proof yourself to win at both work and life. Dip into chapters on disruption, remote working, resilience, teamwork, leadership and family, and learn how to remain focused, utilise pressure and create a recipe for personal success. A distillation of Nikki Bush's professional insights as a human-potential and parenting expert, this book is a must-read for anyone looking to harness their courage and curiosity to build a rewarding, fulfilling future for themselves no matter what life throws at them.

You know you can do more with your career. And the future is going to demand more of you. The problem is you are so busy keeping up with the day-to-day that you can't prepare for tomorrow. Stretch: How to Future Proof Yourself for Tomorrow's Workplace gives you the confidence and knowledge you need to achieve your goals in an ever-changing world. Karie Willyerd and Barbara Mistic—established experts and the collective winners of dozens of awards in the field of personal development and learning—offer evidence-based guidance on obtaining the skills you will need to thrive in tomorrow's workplace. Built on solid, global research and dozens of personal interviews with people who have achieved new and inspiring goals, Stretch offers advice, valuable insights, anecdotes, and recommendations to make achieving your goals practical and within reach. If you are like other professionals, your biggest worry is becoming obsolete at work. Shifting technologies, fierce competition among corporations, and recruitment occurring on a global level would give anyone concern. To remain relevant in spite of change, you need to know how to: Learn in any situation Open your thinking to a world beyond where you are now Connect to the people who can help you make your future happen Seek experiences that will prepare you for tomorrow Stay motivated through the ups and downs of a career so you can bounce forward Stretch: How to Future Proof Yourself for Tomorrow's Workplace offers five practices to help you start, enhance, and lengthen your career by anticipating the needs of tomorrow's work environment. Don't become obsolete. Instead, stretch to achieve your potential.

How To Get Your Business Ready For The Next Disruption

Future-Proof Your Organization for the 21st Century

Confident Cyber Security

Futureproof City

Ten Immediate Paths to Urban Resilience

Future-proof Your Child for the 2020s and Beyond

Future Proof Your Career Through Games

We are now living in a world of constant change and disruption. We can either see the world as a hurdle to or a limitless resource to engage, stimulate, and cultivate our imagination. In a globally networked world, information is getting easier and easier to access. What you actually do with that information is the new challenge. Leaders do the thinking and others execute. Organized training is not keeping pace with the demands of the workplace. On one hand, the shelf life of skills set is getting shorter and these may get obsolete fast. On the other hand, new careers are spawning which were not on the horizon a couple of years back. What is the way out for a leader, an executive or even a professional to remain relevant to workplace demands of the present as well as prepare for the future? The answer to all these questions is The VUCA Learner: Future-proof Your Relevance. As the world grows more complex and uncertain, opportunities for people with critical thinking, innovation and imagination are on the rise.

Organizations are only as good as the people they employ. To stay relevant and grow in this unforgiving business environment, one needs to develop a learning mindset, where continuous lifelong learning becomes a daily habit, to let go of the old and become agile, adaptable and resilient. This book will showcase the various sources and methods for self-learning. Whether you are a fresher or a CEO, you must develop the learner's mindset, scan the business environment for green shoots of opportunities, regularly conduct a skills gap analysis and use all the tools available to continuously reinvent yourself to be ready for new episodes in career. This book is a roadmap to making you future-ready!

Your biggest asset in leadership is you. How can you expect people to trust and believe in you, if you aren't truthful and don't embrace your whole self at work? There is a need for a new kind of leadership; one that bleeds personality and rings true to employees and customers alike who crave authenticity. You Lead argues that business leaders deliver superior results, communities of engagement both inside and outside of the company and true values-driven success when they are themselves and come across as genuine. Bestselling author, Minter Dial, shows readers how embracing your whole self at work encourages people to also be themselves, seek true fulfilment at work and merge the personal and professional to become true examples of what you stand for. You Lead is a call to arms to leaders to stop pretending to be who they are not, and play on their uniqueness and strengths, to allow people to do the same and develop a culture of authenticity and purpose. With practical advice, real-life stories and a simple framework, this book shows you how you can: - Be yourself, lead by example and merge the professional and personal - Stand for something and allow people to develop true purpose at work - Allow a community to flourish through the right kind of governance model - Radiate your purpose through employees and customers alike for long-term performance

Workshift provides a detailed blueprint for organizations transitioning into the virtual workplace where employees are always connected, and work is no longer a destination. The intent is to provide practical lessons on why (and how) some organizations are further ahead, and what all organizations can learn to realize the potential of the virtual workplace. Specifically, Workshift will detail essential factors that determine success, including the following: • Determining business drivers and measures of success • Technology and organizational readiness gap assessments • Developing a robust Workshift strategy • Establishing buy-in and stakeholder management • Creating a systematic approach to implementation and acceptance management • Determining and monitoring success and individual and organizational metrics Through a stimulating blend of case studies, research, storytelling, and smart thinking, Workshift offers a never-before-documented road map for taking organizations from awareness to adoption. It has never been more important for business leaders to look to the future. Yet, when we are living through some of the most uncertain times we have ever faced, it can feel daunting to know where to start. In Future-Proof Your Business, applied futurist Tom Cheesewright will reveal industry techniques and tools to help you: - Scan the near horizon for incoming shocks - Look to the far future to define long-term strategy - Accelerate decision-making in your business - Delegate power to the front line, speeding your response - Streamline your organisation so it's agile and can adapt to change In our uncertain times, leaders who keep their focus on the future will be the ones who prevail.

Learn the digital transformation secrets of the world's most enduring companies: Find out what they do to build stability in times of constant change, and most importantly, how they make their business "Futureproof."More than ever before, well-established companies are succumbing to wave after wave of disruption from new entrants, new technologies, and new customer expectations. Companies like Kodak, Blockbuster Video and Xerox weren't able to cope with the pace and scope of disruption, and now they're all but gone. No business leader wants to be next. The pressure is on to adapt. As organizations begin to cope with the realization that digital transformation is the key to their survival in the age of technology-driven business, it is easy to fall into the trap of thinking that digital transformation is merely a technology investment play. It isn't. There is a larger operational vision at play here, and the world's most adaptable companies have already figured out what it is. Broken down into its core components, it consists of 7 operational pillars that help organizations accelerate digital transformation, manage change, and turn disruption into a tireless engine of opportunity. In this book, you will learn: * 7 futureproofing pillars that drive a digitally-transformed enterprise* Why companies that focus on experience design are so much more successful than those that don't.* How to recruit, develop and motivate the workforce of the future. * Why the world's most successful companies have learned to put change at the heart of their business model. * How stalled organizations can unlock their innovation potential and become game-changers in their own right. * Why data-driven mindsets win and how that affects your technology investment strategy.* Why culture is the most important building block of a futureproof business, and how you can shape yours

Think Like a Futurist

3 Keys to Reimagining Your Career and Amplifying Your Impact In the New World of Work

Confident Coding

How to Plan Around Uncertainty and Future-Proof Your Business

Six Strategies to Accelerate Talent Development, Reshape Your Culture, and Succeed with Purpose

Data-Driven Insights to Implement, Manage, and Optimise Your Brand Performance

Sit Up Straight

Security Aesthetics and the Management of Life

Mommy, Daddy, what should I be when I grow up?' This is the question every child asks when they begin to develop a sense of the future, and it's never been harder for parents to answer it than now. This century is characterised by disruptive change that is turning our world upside down. Jobs aren't just changing, but whole industries are ceasing to exist. The scripts for success and failure are being rewritten on a daily basis in our families, at work and in life. Do parents know who and what their children need to be, let alone what they might be able to do, in the future world of work? This book doesn't just paint a picture of what the future might hold, but provides frameworks and practical advice for what parents can do today in order to build solid foundations for their children in order to maximise their chances of success. Children who are equipped with the right skill sets, attitudes and world views will remain relevant and able to take advantage of future opportunities. Aimed primarily at anyone involved in raising children from birth to age twelve, including grandparents, educators, support teams and extended family, it is also an insightful handbook for those with teens. Future-proof Your Child for the 2020s and Beyond is an invaluable guide for parents who wish to create realistic and relevant parenting goals that will set their children up to thrive, no matter what awaits them in the futu

Futureproof your skills and take control of your career path with this smart and practical guide to surviving and thriving in an era of disruption.

USE DISRUPTION TO YOUR ADVANTAGE –MAKE IT AN OPPORTUNITY FOR YOUR BUSINESS. Futureproof paints a complete picture of the major disruptive forces currently facing us -defining them, mapping them out and putting them into context. First understand the Mindsets you need to be fully ready for disruption - what qualities do you need to have, how can you develop them and what should you do next? Next, discover the 12 Forces that are shaping our world: including the new technologies, how they are used and related, the potential impact of the disruption and how you can to turn them into enablers for your business. For each of the Forces, you'll discover: • What is it and why is it disruptive? • What do you need to know now? • What do you need to do next? **BE READY, BE FUTUREPROOF** "The opposite of Future Shock is future proof. Either sit still or move! It's the latter that Dial and Storkey have outlined for you here. Adapt or die!" Brian Solis, best-selling author, award-winning digital analyst, futurist and human "This is a book that challenged me and made me think at every turn. It disrupted my mind!" Mark Schaefer, consultant, speaker and author of KNOWN

When faced with 'new' and 'different', are we really open-minded - or wary and suspicious? In a world obsessed with the latest tech or trend, where groupthink dominates, it's easy to close down our thinking; to mentally inhabit a space that is both comfortable and familiar. Yet what if we've become stuck in our ways? Or stopped having an opinion that was truly our own? Do Agile is about resetting your minds and moving forward. Tim Drake shows us that to work effectively in any organisation - and in life in general, we require a mindset that is open, alert, engaged and positive. And importantly, aligned with our core principles. You will: Define your values, as they change over time Find out how 'giving back' leads to a positive mindset Reignite a desire to learn Retrain your mind to think more autonomously Today's world requires a new type of toolkit. One that helps build mental resilience, a growth mindset, and a positive outlook. Once that's in place, you can do practically anything.

Future Proof Your Career is a practical book dealing with one of the great problems of modern life: how to make it through a 50-year career when the rules for career success have changed. This book provides the latest insights into the future of work, the skills you'll need to succeed and will enable you to anticipate change before it happens.

Get the Perspective, Mindset and Skills You Need to Futureproof Your Work Life

Future-Proof Your Business

How to Write Code and Futureproof Your Career

Future-proof Your Child

Future-proof Your Business by Creating a Diverse Workplace

Recapture the Rapture

How to Lead and Succeed in a Changing World

Future-Proof Your Team

Futureproof your body and relieve chronic pain resulting from sitting, slouching, and other bad lifestyle habits with this easy-to-perform set of daily stretching and exercise routines—from an innovative physical therapist and social media star who coaches dozens of celebrity clients. What if we could easily acquire long-lasting protection for our bodies and escape the chronic pain caused by our sit-all-the-time, slouch-too-much lifestyles? Vinh Pham is a world-class physical therapist—a member of a new breed that dissects how people really move. He has worked with a broad range of clients, from Olympians to NBA stars to MMA fighters to Golden Globe and Grammy Award-winning artists. Early in his career, he discovered a disappointing truth: most of his patients came to him already in pain. They had poor, deeply ingrained lifestyle habits that misaligned their joints and tightened their muscles. And the recent epidemic of prolonged sitting—which represents an all-day assault on the body— has only made things worse. If you're sitting for more than thirty minutes at a time without getting up, you may be heading toward a world of hurt. Vinh's answer to the host of muscle maladies that ails us has been a revolutionary concept: why not futureproof? Instead of reacting to chronic pain after it flares up, what if we focused on a “movement discipline” that not only prevents injuries but leads to longer lives, healthier bodies, and a clearer mind? Sit Up Straight outlines a process that starts with a daily posture hygiene regimen. Performed correctly, Vinh’s “Big Ten” exercises, which can be completed in twenty minutes, will lock in protection for the rest of the day. But Vinh goes further. He provides stretching and exercise routines for many of the specific ailments that affect us—from hamstring pulls to sciatica to rotator cuff problems—and, best of all, he offers a series of customized movements based on age, gender, and the kind of work we perform. A precise and simple toolkit for tweaking the way we move (or refuse to move), Sit Up Straight shows that the solution to becoming pain-free is easier than we think.

Inclusive Growth provides a practical framework that enables you to deliver a sustainable, diverse and inclusive workplace that allows your organisation to grow. You will understand how to: - Strategically align diversity and inclusion to organisational growth - Change the culture and motivate senior leaders to 'walk the talk' for inclusivity - Design and implement a sustainable inclusivity infrastructure - Work as a whole organisation rather than in HR isolation - Celebrate your inclusivity to become an employer of choice in your industry No past. No future. Only now. Originally a self-publishing success launched on N. Frank Daniels's MySpace page, the novel Futureproof tells the story of Luke and his friends as they navigate Atlanta's subculture of delinquents. In short order, the seemingly harmless high from his first cigarette sends Luke on a downward spiral that ends only after years of self-abuse. It is an extreme cautionary tale told with sensitivity, ferocity, and grit.

Face the future on the crest of the wave while the rest are pulled under The Future-Proof Workplace is a survival guide for the new realities of business. The future is no longer some far-off destination; it is here, right now, and already changing the way we work. Historically, the sea-changes have advanced humanity and inspired us to reach even further; from the Dark Ages to the Age of Enlightenment, from agrarian to industrial societies—and today is no different. But only those who are ready for the changes will come out thriving. This book highlights the changes already taking place around us: the transition from skills to knowledge, the neuroscience approach to leadership and motivation, galloping technical advances, and more. Whether you're a CEO, a leader or manager, or just trying to survive the chaos, this invaluable guide is your wake-up call—the future is now. The new forces emerging must be understood now if your organization is to succeed. This book details the transformation every business must make to turn upheaval into opportunity. Discover how emerging technologies and neuroscience research are already impacting the way we work Learn how yesterday's biases are being replaced by modern values, culture, and relationships Consider the "heart" of your organization, and whether it can stand up to the purpose-driven paradigm of the future Find new achievement in the new organizational structure, and examine models that are already emerging Everyone knows that changes are needed—and fast. The question is: which changes, and how? The Future-Proof Workplace maps the transformation, and gives you an itinerary for each step of the way.

FutureproofHow To Get Your Business Ready For The Next DisruptionPearson UK

Future Proof Your Career

FutureProof Your Kids

7 Steps to Rise Above the Chaos, Transform Your Team and Take Charge of Your Career

9 Rules for Humans in the Age of Automation

How to win at work and life

Future Proof Your Brand

Reinventing Work in the Age of Acceleration

Future Proof Sales Strategy

Kill It with Fire examines aging computer systems, the evolution of technology over time, and how organizations can modernize, maintain, and future-proof their current systems. “Kill it with fire,” the typical first

reaction to a legacy system falling into obsolescence, is a knee-jerk approach that often burns through tons of money and time only to result in a less efficient solution. This book offers a far more forgiving modernization framework, laying out smart value-add strategies and proven incremental techniques that work equally well for ancient systems and brand-new ones. Internationally known for restoring some of the world's oldest, messiest computer networks to operational excellence, software engineering expert Marianne Bellotti distills key lessons and insights from her experience into practical, research-backed guidance on topics from "chaos" testing solutions to building momentum-driven teams and effective communication structures. Using clear explanations and simple exercises, she'll help you determine when to modernize, how to organize, what migrations will add the most value, and where to focus your maintenance efforts for maximum impact. With witty, engaging prose, Bellotti explains why new doesn't always mean better, weaving in illuminating case studies and jaw-dropping anecdotes from her work in the field. You'll learn:

- Tips and best practices for assessing architecture and testing assumptions
- How to avoid trends and pick the right modernization solutions for your specific needs
- How to determine whether your migrations will add value before you invest in them
- Critical considerations every organization should weigh before moving data to the cloud
- Team-based strategies and motivational tricks for keeping modernization plans on track
- Key outcomes and checklists for determining when a project is finished

Packed with resources, exercises, and flexible frameworks for organizations of all ages and sizes, *Kill It with Fire* will give you a vested interest in your technology's future.

The B2B sales profession is under tremendous, unprecedented pressure. There are several major forces that have dramatically altered the sales landscape over the past decade and most organisations are not adapting quickly enough. This tried and tested framework targets every step of the sales process to ensure you do adapt.

"An actionable framework for driving change."—Adam Grant Will the next rogue wave sink your ship—or will you choose to profit from it? At this moment, rogue waves are forming under your business. Emerging technologies, changing demographics, the data economy, automation, and other trends—the undercurrents of radical, systemic change—are crashing into each other. When they converge, they'll produce sea changes that sink companies and wash away entire industries overnight. If your competitor can't ride out the next wave and you can, you win. In *Rogue Waves*, Jonathan Brill—a renowned expert on resilient growth and decision making under uncertainty—shows you how to prepare your business to survive and thrive through the most radical upheavals. Drawing on years of experience as a Fortune 500 innovation executive, advisor, and entrepreneur, Brill delivers a practical action plan to: Identify and capitalize on the 10 economic, technological, and social trends that will collide to reshape your business Turn sudden threats into outsized opportunities Create a culture of entrepreneurship and experimentation Build and scale leadership skills and processes to supercharge your company's agility and adaptability This must-read survival guide provides the predictive tools you need to take advantage of randomness, turn chaos into profit, and set your company on the course for long-term success. Resilience is your new strategy for growth.

Futureproof Your Career is the essential guide to improving your career and taking full advantage of opportunities for progression. With a major focus on the changing business, economic and technological landscape, it explores the new challenges of job retention and career progression. With the impact of the pandemic, the ongoing fourth industrial revolution, the broadening awareness of institutionalized discrimination and the concerns around an economic recession, it is an understatement to say that we're entering a 'new normal' in which working patterns and career trajectories have irreversibly changed. From two leading academics, this is both a practical guide to success and an enlightening insight into the future of work. It draws upon both the authors' academic research and an international array of case studies and interviews to provide engaging and illuminating insights. Futureproof Your Career features key insights into how jobs and networking are dramatically transforming, and provides readers with the ability to develop a stronger awareness of new opportunities and become better prepared to safeguard their jobs and bolster their career in this new landscape.

LEARN TO SEE TOMORROW, TODAY Think quickly – the future is coming on fast! In *Think Like a Futurist*, you'll not only learn how to thrive in an age of constant disruption by embracing a simple, straightforward model that anyone can use to make better decisions. You'll also discover how to consistently get ahead in uncertain times by applying the same skills and strategies that today's top market leaders use to spot opportunities before rivals can react. A crash course in how to innovate and future-proof your business or career, *Think Like a Futurist* reveals how you can stay one-step ahead of tomorrow's marketplace – and one step ahead of the curve. Brought to you by Scott Steinberg – hailed as The World's Leading Business Strategist – *Think Like a Futurist* offers the tools that you need to:

- Succeed Despite Uncertainty
- Fast-Track Growth and Success
- Design Winning Strategies
- Master the Art of Strategic Planning
- 10X Productivity and Performance

All Work and Some Play

The VUCA Learner

Future-proof Yourself

Stretch

Rethinking God, Sex, and Death in a World That's Lost Its Mind

Parenting The Wired Generation

Future-proof Your Relevance

Flourish in an Era of AI, Digital Natives, and the Gig Economy

Wouldn't it be great to develop high-impact, transferable soft skills by playing fun games at work? Wouldn't it be even better if those games helped future-proof your career against artificial intelligence? We know developing soft skills is not easy; the 'soft stuff' is often, in reality, the hardest part of our work. But scientific data and experience suggest that playing games is one of the most effective ways to develop valuable, uniquely human skills. In this book you will learn about the 21st-century human skills your team needs to flourish in a world of advancing AI, and how each of those skills can be taught by playing games. The most important 21st-century human skills are:

- critical thinking
- collaboration
- communication
- creativity/innovation

Each skill is explored in-depth. Several games are introduced to improve each one. Real-life stories of games being played at work are included. We will show that playing games doesn't just improve your soft skills—it can also boost employee engagement, work relationships, personal happiness, and business results. We'll provide a step-by-step guide to facilitating game sessions to achieve the best possible results. It's your turn; please read on.

Futureproof or die! In this digital age, it's not just a catchy phrase but a stark reality. Artificial intelligence is infiltrating into our companies and our jobs. The Digital Natives are storming the workplace. The Gig Economy is changing not only who gets the job done but also where, when and how. These three powerful forces - nourished by the digital revolution - are gaining momentum and are expected to peak over the next decade. The rate of disruption and extinction is accelerating. Companies, and industries are going bust. Jobs and skills are becoming irrelevant. Is your career futureproof? Is your company futureproof? This book will help. Written in a storyteller tone and sprinkled with interesting anecdotes and memorable tales, this page-turning read offers actionable insights and proven steps on how you can stay ahead of the curve and flourish in the future. The book has three sections. The Section I dives deep into each trend: Artificial Intelligence, Digital Natives, and the Gig Economy. You will learn...-How powerful are these trends? -Why should you pay attention to them? -How will they impact your career and the company over the next decade? The Section II outlines the five ways to futureproof your career. You will learn how to become...-A fully unleashed human to thrive in the era of AI-A catalyst for change to set you apart from your peers-An alchemist to transform ordinary into extraordinary -A captain with nerves of steel to navigate through turbulent times ahead-A futurist to predict and prepare for the future The section III outlines the five ways to futureproof your company. You will learn how to...-Transform your business digitally to lead-Infuse purpose that guides your company as the true North-Unlock the spirit of innovation to be a disruptor-Inspire learning to groom the workforce of tomorrow-Enjoy expedition by engaging your employees

Brands are an organisation's most important intangible assets, and their management is absolutely critical. Traditionally, brands have been created by agencies, and brand management has been undervalued. Fortunately, that mindset is now shifting, and we are pleased to have been part of the effort to build awareness about the value of brands. Our goal for Future-Proof Your Brand is to help you deliver and manage brand change. From our twenty-five-plus years of experience, we have found that smart integration of data-driven insights, mission-critical logistics, and predictive analytics for future change make that delivery possible and successful. We developed a proprietary process that has achieved results for 1200-plus organisations around the globe. Some of those include SkyTeam, Deutsche Telekom, Merck, Airbus Group, and ING Group. Our straightforward process facilitates decisions that impact your employees, customers, and prospects. The top concerns of your board and C-suite are usually questions about costs, timing, and ROI. We address these concerns to help you move forward with confidence. This book is a collection of our methods for solving brand implementation and management challenges. It covers the essentials and more. We tried to make the concepts, tools, and recommended steps specific and digestible. We have provided case examples, articles, tools, and our experienced work processes, as well as answers to questions we frequently receive.

For too many of us, work has become an inescapable treadmill of personal sacrifice. But having the career we want shouldn't require us to lose ourselves. We all deserve a humanistic and sustainable job environment—and now we can have it. In *Future Proof*, Diana Wu David tells how her own career-focused existence shifted after the suicide of a friend, prompting her to realize there was a better way to work. Drawing on real-life stories, arguing for being truly present in life, she shows you how you can use innovation in your career and life—including experimentation, collaboration, reinvention, and recalibrating success—to make your career more resilient, relevant, competitive, and enjoyable in an ever-changing global landscape. You can have a prosperous career packed with meaning, joy, and purpose—and this book is the tool that will help you get off that treadmill and run free.

Innovation, the conversion of the new to business as usual, is a very special business process. It is the business process able to reprogram all others. Creating the practices that make this process work is a key challenge for all in financial services that are worried about responding to the future. When an institution can identify things that are outside its present practices and convert them, production line style, into products, processes, cultural changes, or new markets, it will never be outpaced by internal or external change again. The institution becomes "FutureProof". This is a book about those practices in banks. It explains, using examples from institutions around the world, what it takes to create an innovation culture that consistently introduces new things into undifferentiated markets and internal cultures. It shows how banks can leverage the power of the new to establish unexpected revenue lines, or make old ones grow. And it provides advice on the social and political factors that either help or hinder the germination of the new in banks. Moreover, though, this is a book about the science of innovation in a banking context. Drawing from practices already highly developed in financial services—managing portfolios of assets to mitigate risk—it explains how practitioners can run their innovations groups like any other business line in the bank: one that delivers a return on investment predictably and at high multiples of internal cost of capital. For leaders, *Innovation and the Future Proof Bank* provides the diagnostic tools to guide benchmarking and investment decisions for the innovation function. And for innovation practitioners, the book lays out everything needed to make sure that converting the new to business as usual is predictable, measurable, and profitable.

How to parent in disruptive times

Manage Aging Computer Systems (and Future Proof Modern Ones)

Do Agile

The truth about desire and how to futureproof your sex life

The 12 Skills to Futureproof Yourself, Your Team and Your Kids

How to Future-Proof Yourself for Tomorrow's Workplace

How to Get Started in Cyber Security and Futureproof Your Career

Futureproof You

"A highly personal, richly informed and culturally wide-ranging meditation on the loss of meaning in our times and on pathways to rediscovering it." —Gabor Maté, MD, author of In The Realm of Hungry Ghosts: Close Encounters With Addiction A neuroanthropologist maps out a revolutionary new practice—*Hedonic Engineering*—that combines the best of neuroscience and optimal psychology. It's an intensive program of breathing, movement, and sexuality that mends trauma, heightens inspiration and tightens connections—helping us wake up, grow up, and show up for a world that needs us all. This is a book about a big idea. And the idea is this: Slowly over the past few decades, and now suddenly, all at once, we're suffering from a collapse in Meaning. Fundamentalism and nihilism are filling that vacuum, with consequences that affect us all. In a world that needs us at our best, diseases of despair, tribalism, and disaster fatigue are leaving us at our worst. It's vital that we regain control of the stories we're telling because they are shaping the future we're creating. To do that, we have to remember our deepest inspiration, heal our pain and apathy, and connect to each other like never before. If we can do that, we've got a shot at solving the big problems we face. And if we can't? Well, the dustbin of history has swallowed civilizations older and fancier than ours. This book is divided into three parts. The first, *Choose Your Own Apocalypse*, takes a look at our current *Meaning Crisis*--where we are today, why it's so hard to make sense of the world, what might be coming next, and what to do about it. It also makes a case that many of our efforts to cope, whether anxiety and denial, or tribalism and identity politics, are likely making things worse. The middle section, *The Alchemist Cookbook*, applies the creative firm IDEO's design thinking to the *Meaning Crisis*. This is where the book gets hands on--taking a look at the strongest evolutionary drivers that can bring about inspiration, healing, and connection. From breathing, to movement, sexuality, music, and substances--these are the everyday tools to help us wake up, grow up, and show up. AKA--how to blow yourself sky high with household materials. And the best part? They're accessible, by anyone anywhere, no middleman required. Transcendence democratized. The final third of the book, *Ethical Cult Building*, focuses on the tricky nature of putting these kinds of experiences into gear and into culture—because, anytime in the past when we've figured out combinations of peak states and deep healing, we've almost always ended up with problematic culty communities. *Playing with fire has left a lot of people burned.* This section lays out a roadmap for sparking a thousand fires around the world--each one unique and tailored to the needs and values of its participants. Think of it as an open-source toolkit for building ethical culture. In *Recapture the Rapture*, we're taking radical research out of the extremes and applying it to the mainstream--to the broader social problem of healing, believing, and belonging. It's providing answers to the questions we face: how to replace blind faith with direct experience, how to move from broken to whole, and how to cure isolation with connection. Said even more plainly, it shows us how to revitalize our bodies, boost our creativity, rekindle our relationships, and answer once and for all the questions of why we are here and what do we do now? In a world that needs the best of us from the rest of us, this is a book that shows us how to get it done.

This world has changed. The future has changed. Childhood is changing. Raising children has never been more challenging - or potentially rewarding. It is becoming increasingly obvious that the world into which our young children will enter as adults, somewhere between 2020 and 2030, will be nothing like the world their parents grew up in, or even the world we currently inhabit. We need a better understanding of the world of the future in order to prepare our children and to 'future-proof' them. *Future-proof Your Child* is a very different kind of parenting book. It contains many useful, practical hints and tips but also focuses on the context for parenting and child development today. It convinces 21st-century parents of the need to change their approach to parenting future generations and is relevant, accessible, practical and inspirational. *Future-proof Your Child* highlights the critical importance of making choices, having conversations and consciously connecting with tomorrow's children today.

The contributors to *Futureproof* examine the affective and aesthetic dimensions of security infrastructures and technology with studies ranging from Jamaica and Jakarta to Colombia and the US-Mexico border.

A SURVIVAL GUIDE FOR FARMERS! WHAT'S GOOD FOR THE EARTH IS GOOD FOR BUSINESS Steve Groff's message to his fellow farmers is profound and prophetic: they are in danger of becoming obsolete. Major market changes are forcing them to make difficult decisions. Farmers who adjust have an opportunity to thrive. Those who do not are likely to fade away. Consumers increasingly demand that the food they eat and the clothes they wear come from producers who observe responsible farming practices such as cover crops and reduced tillage. The major corporate players are positioning themselves for a profitable future. Farmers must do likewise to ensure they will have a continuing market for their goods. To future-proof their farms, they must heal the live-giving soil that sustains their livelihood. Steve Groff knows that what is good for the earth is good for business. He has taken his message across the nation and to the corners of the world, promoting a new mindset that could save the family farm from extinction. This book is his wake-up call.

"A concise, insightful and sophisticated guide to maintaining humane values in an age of new machines."—*The New York Times Book Review* "While we need to rewrite the rules of the twenty-first-century economy, Kevin's book is a great look at how people can do this on a personal level to always put humanity first."—*Andrew Yang* With a new afterword by the author You are being automated. After decades of hype and sci-fi fantasies, artificial intelligence is leaping out of research labs and into the center of our lives. Automation doesn't just threaten our jobs. It shapes our entire human experience, with AI and algorithms influencing the TV shows we watch, the music we listen to, the beliefs we hold, and the relationships we form. And while the age-old debate over whether automation will destroy jobs rages on, an even more important question is being ignored: How can we be happy, successful humans in a world that is increasingly built by and for machines? In *Futureproof: 9 Rules for Humans in the Age of Automation*, New York Times technology columnist Kevin Roose lays out a hopeful, pragmatic vision for how we can thrive in the age of AI and automation. He shares the secrets of people and organizations that have survived previous waves of technological change, and explains what skills are necessary to stay ahead of today's intelligent machines, with lessons like • Be surprising, social, and scarce. • Resist machine drift. • Leave handprints. • Demote your devices. • Treat AI like a chimp army. Roose rejects the conventional wisdom that in order to succeed in the AI age, we have to become more like machines ourselves—hyper-efficient, data-driven workhorses. Instead, he says, we should focus on being more human, and doing the kinds of creative, inspiring, and meaningful things even the most advanced robots can't do.

10 Ways to Future-Proof Yourself, Fearlessly Innovate, and Succeed Despite Uncertainty

A Novel

The Future-Proof Workplace

How Being Yourself Makes You a Better Leader

Innovation and the Future Proof Bank

Futureproof

Changing Mindsets in a Changing World

Make Change Work for You

What skills will matter most for work, business and life in the future? Where should you focus your energy and effort when the world is changing at an extraordinary rate? How can you future proof yourself, your organisation and your kids? In this ground-breaking book Kieran Flanagan and Dan Gregory have interviewed hundreds of successful business people, educators, futurists, economists and historians to uncover the key skills that will always be critical to success in business and in life. Where most futurists increase your sense of panic and anxiety with dystopian images of the not-too-distant future characterised by Artificial Intelligence (AI) taking our jobs, algorithms hacking our most private moments and Austrian-accented cyborgs raising our children, Kieran and Dan remind us that we need to look beyond the things changing around us and focus on the things that won't change within us. Identify the skills you have that will always be relevant Gain insight from business leaders, entrepreneurs, educators, sport leaders and more Learn why each skill matters, and how to make it stronger Discover the things that won't change as we inch toward the future These 12 FOREVER SKILLS are designed to set you up for whatever the future may throw at you plus help you get more success in your work and life, today.

The Future-Proof Farm

Rogue Waves: Future-Proof Your Business to Survive and Profit from Radical Change

Inclusive Growth

You Lead

Future Proof

Kill It with Fire

A Practical Guide to Doing Different Business-as-Usual

7 Key Pillars for Digital Transformation Success