



salads, then you will love these recipes. Whether you're making a dressing to put in a garden-fresh salad, on a sandwich, or even as a sauce or marinade for chicken, steak or fish, these recipes will add incredible and unique flavors to all of these.

A collection of 135 salad recipes, many of which require no cooking and involve a minimum of preparation time, features a wide range of pasta, wrap, bean, grain, and meat options and is complemented by nutritional information and a chapter on homemade dressings. Original.

Five years ago, popular blogger Brandi Doming of The Vegan 8 became a vegan, overhauling the way she and her family ate after a health diagnosis for her husband. The effects have been life-changing. Her recipes rely on refreshingly short ingredient lists that are ideal for anyone new to plant-based cooking or seeking simplified, wholesome, family-friendly options for weeknight dinners. All of the recipes are dairy-free and most are oil-free, gluten-free, and nut-free (if not, Brandi offers suitable alternatives), and ideally tailored to meet the needs of an array of health conditions. Each of the 100 recipes uses just 8 or fewer ingredients (not including salt, pepper, or water) to create satisfying, comforting meals from breakfast to dessert that your family--even the non-vegans--will love. Try Bakery-Style Blueberry Muffins, Fool 'Em "Cream Cheese" Spinach-Artichoke Dip, Cajun Veggie and Potato Chowder, Skillet Baked Mac n' Cheese, and No-Bake Chocolate Espresso Fudge Cake.

Food52 Mighty Salads

Simply Salads

The Oh She Glows Cookbook

Over 100 Delicious Dishes, Jars, Bowls, and Sides

Cooking Light Big Book of Salads

Salads

Salad

Full of quick and easy recipes to transform a plain salad into something special, this guide ranges from traditional dressings to new creations. Included is an array of oils, vinegars and flavourings with their uses and properties clearly explained.

Freshen up the table with bright and beautiful salads. Salads are so versatile: healthy and inexpensive meals that can be thrown together using endless combinations of ingredients and a little creativity. Dressed up or pared back, a salad can be as simple as tossing a few green leaves in a bowl or served as a main meal packed with vegetables, grains, or your choice of protein. This cookbook is filled with light, everyday meals for all occasions, with dressings to mix and match, ideas for toppings, and simple breads and crackers to eat with each dish your own. Salad is a book about so much more than the humble lettuce.

A collection of recipes for hearty salads features such options as charred broccoli and lentil salad, spring vegetable panzanella, grilled lobster salad with lemon-thyme butter, and curried chicken, grape and cheddar salad. Any school child can make a salad, but you're looking for something that can carry the day as a one-bowl lunch or dinner. Dressing on lettuce isn't going to cut it. The editors of Food52 present a collection of recipes for hearty salads you can use as jumping-off points for your own culinary experimentation.

Get Dressed Up!

100 Best Fresh Salads