

Spread Your Wings And Fly: An Origami Fold And Tell Story

When you find a true friend you find the greatest treasure. If friendship means a lot to you and you are lucky enough to have found a best friend then this collection of poems is just for you. A Whispering Leaf. . . with each and every poem presents a song or a painting- a song composed by our heart; a painting sketched by our subconscious mind.

*Spread Your Wings And Fly High Paperback 200 Page
Journal/Notebook*

*A little book of thoughts to make your heart happy!
200 Pages*

A Girl's Butterfly Journal

*Spread Your Wings and Fly High Journal/Notebook
The Storyteller*

Angel Spreads Her Wings

Spread your wings, cast your eyes to the sky and take flight. Soar. See. Feel. The ecstasy of freedom, the joy of self-love. The Fantasy in Black adult coloring book series celebrates representation. Fairies, angels, mermaids, visual diversity matters. Relax and enjoy 12 gorgeous coloring book pages of black women as fashionable fairies. Dressed in African-inspired clothing, these fairies are proud, confident, and powerful. Just Like You. There is a unique black woman fairy design for each month of the year, as well as 12 mandala coloring pages with inspirational quotes by black women. Beautify your world,

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share your magic and rejoice in your self-care.

Organized as weekly collections of stories, meditations, and suggestions, 52 Weeks of Conscious Contact addresses key self-care issues. What gets in the way of serenity? For most people, the answer is life--those everyday distractions, obligations, and frustrations that cause chaos and clutter. In her new week-by-week guidebook, best-selling self-help author Melody Beattie brings new hope to individuals longing to lead a more serene life. Organized as weekly collections of stories, meditations, and suggestions, 52 Weeks of Conscious Contact addresses key self-care issues, including how to nurture inner peace, when to reach out to others, how to carry through on good intentions, where to make time for fun, and how to cultivate a deeper prayer life. Beattie's thoughtful prose and practical advice provide new opportunities for reflection, affirmation, and change.

Spread Your Wings and Fly is a book about a beautiful and colorful bird family. The story concentrates on the two of three little birds in the family-Remmy Bird and Sophie Bird. They go on a journey throughout the forest, and they get lost. They have help along the way and meet one that will change their lives forever. This book is fun, interesting, and helps those reading it to become aware of what they already possess!

Kai The Butterfly Learns to Fly: Wings of

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Optimism and Resilience Tips for Kids by Stacy J. Shaneyfelt is an uplifting tale about a butterfly in Okinawa, Japan, who lacks the confidence to fly. With the help of a mindfulness friend, Kai the Butterfly learns vital life lessons and practical tips to gain a growth mindset, grit, and resilience to achieve his flight goals; meanwhile, Kai also uncovers friendship, culture, self-esteem, and optimism. With colorful illustrations that transport the reader into Kai's world, this book will motivate you to rise above and strife or challenges in life, the Kai way! Available at Barnes and Noble

Spreading My Wings

Soar to the Top

A Mindful Children's Bedtime Tale of Grit, Okinawan Culture, and a Growth Mindset

Novelty Lined Notebook / Journal To Write In
Perfect Gift Item (6 X 9 Inches)

A Butterfly Journal

Everyone needs extra strength and encouragement in their walk with the Lord.

As we journey in our Christian life, we experience sickness and death, loneliness and suffering, and fear and doubt.

Sometimes we do not understand ourselves or God, or we want to give up. At other times, we may need a reminder of the true meaning of Easter, Christmas, repentance, and forgiveness. In some instances, we are searching for a meditation to help us praise

the Lord or one to push us toward serving others. The poems, reflections, and scriptures in this book can offer us a special word from the Lord for these times, helping us to be strong and courageous, leading us to a spiritual place that is closer to His heart and to the hope we need to continue this lifelong journey of faith

A visually stunning story of resilience and determination by an award-winning new author-illustrator team, perfect for back to school. This is no ordinary first journey. The rainy season has come to the Mekong Delta, and An, a young Vietnamese boy, sets out alone in a wooden boat wearing a little backpack and armed only with a single oar. On the way, he is confronted by giant crested waves, heavy rainfall and eerie forests where fear takes hold of him.

Although daunted by the dark unknown, An realizes that he is not alone and continues to paddle. He knows it will all be worth it when he reaches his destination--one familiar to children all over the world.

Spread Your Wings and Fly! A Girl's Butterfly Journal
Createspace Independent Publishing Platform

The Fantasy in Black adult coloring book series celebrates representation. Fairies, angels, magicians, visual diversity matters. Awaken. Stretch. Soar. Away from

stereotypes and shadows and toward self-actualization. Care and love begin with self. Relax and enjoy 17 original illustrations of Black men as angels. From an ancient African warrior to a 1960s freedom fighter to a contemporary Tai Chi practitioner, there are unique angel designs of Black men from different periods of time and walks of life. Angel of Confidence, Angel of Dignity, Angel of Family, each stress-relieving angel coloring page reflects a defining value of Black manhood. There are also 17 coloring pages with inspirational quotes by Black men. Strengthen your spirit, share your creativity, and take pride in your self-care. Living the Simply Luxurious Life Before We Were Free Album by Album Rise Above the Crowd and Fly Away to Your Dream Spread Your Wings and Fly Butterfly

Anita de la Torre never questioned her freedom living in the Dominican Republic. But by her 12th birthday in 1960, most of her relatives have emigrated to the United States, her Tío Toni has disappeared without a trace, and the government's secret police terrorize her remaining family because of their suspected opposition of el Trujillo's dictatorship. Using the strength and courage of her family, Anita must overcome her fears and fly to freedom, leaving all that she once knew behind. From renowned author Julia Alvarez comes an unforgettable story about adolescence, perseverance, and one girl's struggle to be free.

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A journal for butterfly lovers. Use this butterfly journal with lined pages to record your thoughts, make a list of goals, take notes, capture your brilliant ideas, celebrate your achievements, write down what inspires you, reflect on your day. This multi-purpose journal can be used for anything you want to use it for.

The award-winning YA author weaves “an unsettling tapestry of ugly secrets, violence, suspense, twisted motives and love’s unfathomable ways” (Kirkus). Anna and Abel couldn't be more different. They are both seventeen and in their last year of school, but while Anna lives in a nice old town house and comes from a well-to-do family, Abel, the school drug dealer, lives in a grim tower block at the edge of town. Anna naturally keeps her distance from Abel. But when she discovers that he is the only one caring for his six-year-old sister, her fear turns to fascination. Anna follows the two, listening as Abel tells little Micha the story of a tiny queen assailed by dark forces. It's a beautiful fairy tale that lets Anna see Abel's reality. Unable to make ends meet, he's in danger of losing Micha to their abusive father. Anna gradually falls in love with Abel, but when his "enemies" begin to turn up dead, she fears she has fallen for a murderer. Antonia Michaelis, the Batchelder Honor Award-winning author of *Tiger Moon*, moves in a bold new direction with her latest novel: a dark, haunting, contemporary story that is part mystery, part melodrama, and part dark romance.

Self-doubt has many of us convinced that life is infinitely better if we keep telling ourselves "I can't" rather than face our fears and try. As a result, we feel frustrated and unfulfilled. This journal invites the writer to recognize their roots, relish their opportunities, and begin to transform their dreams to reality. Perfect for teenagers and adults alike, this journal presents the perfect prompts to catch

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all the stories that bring her closer to discovering a more joyful, fulfilled version of her most authentic self.

Strength and Encouragement

Spread Your Wings and Fly

Kai the Butterfly Learns to Fly: Wings of Optimism and Resilience Tips for Kids

Queen

Until You Spread Your Wings You Will Have No Idea How Far You Can Fly

Are you a first-generation low-income student? Do you know an FLI student who is college bound or currently in college? Are you in a role to support FLI students, such as an advisor, dean, or professor? As universities focus on increasing diversity on campus, they miss the mark on actually providing first-generation, low-income, and other minority students with the tools that they need to succeed in college. Spread Your Wings and FLI: How to

Effectively Navigate College as a First-Generation, Low-Income Student is chock full of inspiration and actionable resources FLI students need to be successful in college and prepare for life after their undergraduate experience. Inside this book you will learn:

What faculty/advisors/professors today can do to further support the development of FLI students. How FLI allies can help advocate for the resources FLI students need. How FLI identity intersects with other marginalized identity types. Who are successful FLI students? Michelle Obama, Ana McCullough, Patrick Jamal Elliott, Nathalie Molina Niño, and Jeffrey Garcia, to name a few. As an FLI student, you'll come away from Spread Your Wings and FLI empowered with the tools, resources, community, and confidence to successfully navigate your undergraduate experience and thrive.

Do you enjoy World War II thrillers? This historical thriller with a tearful ending is filled with conspiracy, corruption, the horror of a Nazi ghetto camp, a mysterious escape from Europe, hunting Nazi treasures and a stolen toy aeroplane. "I couldn't put it down and cried at the end." ARC Reader Flying Without Wings At the close

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of World War II in Terezín Concentration Camp 1945 a young Jewish boy, Johan Falkner, overhears a deadly secret about the final legacy of the Third Reich. Forty years later, in rural England, Matt Buttrick learns of a hidden Nazi rumoured to be living in the area. Are the two connected? And what is the mysterious treasure that one of two men took from Germany on a flight from an abandoned airfield near Bremen at the end of the war? The discovery of a body confirms that ruthless people are also searching for this treasure, and the safety of Matt's family may depend on him getting to it first. The only problem is that to do so he will have to talk to the man he holds responsible for the greatest loss in his life, and in doing so confront his broken dream of taking to the skies. Fly with a young man through life's journey of hopes, dreams and tragedies! ARC Reader: "World War II is not my genre. That being said, this was an EXCELLENT story!!! I really, really enjoyed it! And the story is woven between World War II and the modern world of 1985."

Spread Your Wings and Fly is a book about a beautiful and colorful bird family. The story concentrates on the two of three little birds in the family--Remmy Bird and Sophie Bird. They go on a journey throughout the forest, and they get lost. They have help along the way and meet one that will change their lives forever. This book is fun, interesting, and helps those reading it to become aware of what they already possess!

What can you uniquely give the world? We often sell ourselves short with self-limiting beliefs, but most of us would be amazed and delighted to know that we do have something special - our distinctive passions and talents - to offer. And what if I told you that what you have to give will also enable you to live a life of true contentment? How is that possible? It happens when you embrace and curate your own simply luxurious life. We tend to not realize the capacity of our full potential and settle for what society has deemed acceptable. However, each of us has a unique journey to travel if only we would find the courage, paired with key skills we can develop, to step forward. This book will help you along the

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deeper journey to discovering your best self as you begin to trust your intuition and listen to your curiosity. You will learn how to: - Recognize your innate strengths - Acquire the skills needed to nurture your best self - Identify and navigate past societal limitations often placed upon women - Strengthen your brand both personally and professionally - Build a supportive and healthy community - Cultivate effortless style - Enhance your everyday meals with seasonal fare - Live with less, so that you can live more fully - Understand how to make a successful fresh start - Establish and mastermind your financial security - Experience great pleasure and joy in relationships - Always strive for quality over quantity in every arena of your life Living simply luxuriously is a choice: to think critically, to live courageously, and to savor the everyday as much as the grand occasions. As you learn to live well in your everyday, you will elevate your experience and recognize what is working for you and what is not. With this knowledge, you let go of the unnecessary, thus simplifying your life and removing the complexity. Choices become easier, life has more flavor, and you begin to feel deeply satisfying true contentment. The cultivation of a unique simply luxurious life is an extraordinary daily journey that each of us can master, leading us to our fullest potential.

Spread Your Wings and Fly!

A Self-Discovery Journal

Blank Lined Notebook (Butterfly) (Yellow And Flower)

Spread Your Wings and Fly!

Spread Your Wings

Uses a story emphasizing personal possibilities to provide instructions for creating an origami bird.

Fly little butterfly! Every little girl dreams of spreading their wings and flying like a butterfly. These beautiful thoughts fill their hearts and heads. They can now fill up this "Butterfly

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Journal" as they color the butterflies on the pages, and write about their dreams and adventures. There are over 60 blank-lined pages, and 7 coloring pages at the end.

This is cute birdy version of notebook in cream colour with the size of 7"x10" 110 pages with Lined,blank pages for doodling,sketching. You can write down your dairy, schedule,journal or drawing. It is also a perfect gift to all the girls or for yourself.

This book is a collection of inspirational poetry. Each poem contains a spiritual message. The poems I write are the words that God bestowed upon my soul from the sound of Gods voice to my pen to tell His people. It will be a blessing to all whom receives it. Some of the poems are about having faith while others are a soulful prayer. These poems will uplift, encourage, inspire and give you Holiness for the Soul.

The Marvels

Making Your Everyday Extraordinary and
Discovering Your Best Self

One of Britain's Top Women Pilots Tells Her
Remarkable Story from Pre-War Flying to
Breaking the Sound Barrier

I Spread My Wings and I Fly

Unique Birdwatching Themed Notebook / Journal A mini diary / journal / notebook to quickly jot down your ideas before they disappear. They can be used for journaling important events too. Excellent for creative writing, great

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for creating lists and planning schedules. Makes an excellent gift idea for birthdays or any special occasion, or just to show someone that you care and they are appreciated. Conveniently sized at 6 x 9 inches 120 pages Softcover bookbinding Flexible paperback Easy to carry

The remarkable autobiography of a pioneering female aviator who left a privileged life to serve in World War II. Her father was a millionaire race-car driver who became chairman of Bentley Motors, and her grandfather cofounded the De Beers mining company. But by the late 1930s, debutante Diana Barnato had enough of her affluent, chaperoned existence and sought excitement in flying—soloing at Brooklands after only six hours’ training. Joining the Air Transport Auxiliary in 1941 to help ferry aircraft to squadrons and bases throughout the country, she flew scores of different aircraft—fighters, bombers, and trainers—in all kinds of conditions, and without a radio. By 1945, Barnato had lost many friends, a fiancé, and a husband—but she continued to fly. In 1962 she was awarded the Jean Lennox Bird Trophy for notable achievement in aviation, but her greatest moment was yet to come, when in 1963 she flew a Lightning through the sound barrier, becoming “the fastest woman in the world.” *Spreading My Wings* is her remarkable memoir, brimming with history and adventure.

A thoughtfully curated and gloriously illustrated retrospective of the band’s studio releases, *Queen*, comes just in time for the 45th anniversary of their debut LP and biopic. Formed in 1970, *Queen* went on to become one of

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the most popular—and most successful—rock bands of all time. Even following the untimely death of beloved and magnetic frontman Freddie Mercury, and nearly 50 years after their formation, interest in the band has continued, evidenced by scores of reissues, arena tours with surviving members, and a feature-film biopic. In this new installment in Voyageur Press's Album by Album series, rock journo Martin Popoff convenes a cast of 19 Queen experts and superfans to discuss all 15 of the band's studio albums (including their soundtrack for the 1980 film Flash Gordon). Panelists include Queen experts, rock journalists, musicians, and record industry figures. The results are freewheeling discussions delving into the individual songs, the circumstances that surrounded the recording of each album, the band and contemporary rock contexts into which they were released, and more. The engaging text of this beautifully designed book is illustrated throughout with rare live performance and candid offstage photography, as well as scads of rare Queen ephemera. The Album by Album series is a unique approach to the rock bio, injecting the varied voices of several contributors. The results have even the most diehard fans rushing back to their MP3 players (or turntables) to confirm the details and opinions expressed!

Angel, whose active imagination always causes her to expect the worst, is given many new things to worry about when her stepfather plans to move the family to Greece for the summer. Reprint.

A Whispering Leaf. . .

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Flying Without Wings

Black Men Angels Coloring Book

Poetry for the Journey of Faith

Grow Your Wings, Fly Away and Build Your Nest

Toby's biggest dream was to travel around the world. Since childhood he always loved adventures and exploring new places. But life had different plans for him. A life he created for himself according to "the book". He lives a typical normal life - he got married, has a good bank job, mortgage to pay and plans for the future. But this was never his real dream. He feels drained, unhappy and tired from daily routine. He feels he is missing the essence of life, and he doesn't want to regret never trying something else. He wants to fulfill his biggest dream but this comes with a high price tag - everything he built over the years. He struggles with himself, changing his mind rapidly and facing his deepest fears. His inner conflicts and dilemmas accompany him every step of the way. Will he be able to leave everything behind and fulfill his dream? Is he really ready for hard choices? It's a struggle between social pressure and personal desires, and only one can win. This is a story about a man looking for fulfillment. He understands time is the most precious thing in life,

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therefore he doesn't want to waste it anymore. Because of his past decisions, he feels incomplete. With determination and sacrifice he decides to change the journey of his life. There are lots of hurdles, but he believes in his right to live the life he truly deserves before it gets too late. It's a story about doing the things you believe in, even though it seems impossible. An adventurer trapped in the daily routine. Life is one big opportunity combined with lots of smaller opportunities; if you miss one, it might never come back.

In the raw was how the world felt now. My feelings were raw, my thoughts were raw and hurtful like knife blades. . . . In the blue had been my place to hide, now In the raw there was nowhere to hide. Jenna Abbott separates her life into two categories: before the wreck and after the wreck. Before the wreck, she was leading a normal life with her mom in suburban New York. After the wreck, Jenna is alone, trying desperately to forget what happened that day on the bridge. She's determined not to let anyone get close to her -- she never wants to feel so broken and fragile again. Then Jenna meets Crow. He is a powerfully seductive enigma, and Jenna is instantly drawn to him. Crow is able to

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break down the wall that Jenna has built around her emotions, and she surprises herself by telling him things she hasn't told anyone else. Can Jenna bring herself to face the memories she's tried so hard to erase?

Grenadian Experience Shines Like a Caribbean Jewel in this Book of Personal History John Jakasal poetically presents the soul of Grenada and how it can survive and prosper as world renowned "Isle of Spice" with his life as an example. USA, The Caribbean & Globally – Grenadian writer and author John Jakasal weaves "the cobweb that hides two paths in life" in the eminently readable memoir *Grow Your Wings, Fly Away And Build Your Nest*. Sharing his family background and life story, he spins illuminating connections to Grenadian history through the colonial phase and compares it to the modern, complex fruit of that history to rekindle the island's spicy reputation and agricultural foundation that has seemingly lost its colors diminished by the annual hurricanes. He discusses what it means to be a Grenadian American as chief Technologist, Professor in the school of Radiology Technology and Clinical Instructor. His kind finds itself readily accepted in New York City, a place known

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for its homogenous international culture. His story may be unusual to many, but it is given serious consideration in this eye-opening memoir of a young man from humble beginnings who worked hard, left his parents' home, never forgetting from where he came, became independent, owes not a single man, and now comfortably retired. Author John Jakasal's textual path dances on the light of his spider's web, and the dance of the spider as he weaves a vision of home, of a place to live and make a living in an agricultural safety net. Yet the delicate nature of Grenada's present is also present in the proceedings. The spider's web is a delicate, gossamer beauty and it is Jakasal's brilliant poetic view of his mother island; little Grenada swamped by waves modernism and highwood. In Jakasal, as well as in the strong moral heart of his book, lie all things Grenadian: The island beauty and its blessed clime, the physical points of national identity that are still remarkably untouched despite the onslaught of modernity. This is further refined into an appreciation of how America is a place of opportunity for anyone willing. A place where a Grenadian's native qualities can shine. Jakasal gives readers the taste of native Grenadian stew in this work, and it

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is an experience both filling and a taste everyone of his readers will remember with an appreciation of the nation and the people that made it.

When strange dreams of a beautiful woman disturbed his sleep night after night and severe pain caused Aaron Summer to be whisked off to hospital, the last thing he expected was the appearance of his dream beside his hospital bed. The touch of her hand caused a jolt of static to run the length of his arm before he snatched his hand away. 'You' was all he could think to say. Her name was Aurora and she had the nerve to calmly inform him that the pain he was experiencing was quite natural and caused by his wings trying to break through and that he is, in fact, a Faerie. She had answered the call of his heart, his heritage. His heart song, so filled with longing that it transcended both time and space to bring her here, to find this lost soul, and assist with his Opening. 'I am your destiny, open or die'. Sometimes you have a feeling. Sometimes you just know.

Be UnBound

How I Grew My Wings

Lessons From A Butterfly Life Is Short

Spread Your Wings And Fly

Black Women Fairies Coloring Book

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How to Effectively Navigate College as a First-Generation, Low-Income Student

Don't miss Selznick's other novels in words and pictures, *The Invention of Hugo Cabret* and *Wonderstruck*, which together with *The Marvels*, form an extraordinary thematic trilogy! A breathtaking new voyage from Caldecott Medalist Brian Selznick. Two stand-alone stories--the first in nearly 400 pages of continuous pictures, the second in prose--create a beguiling narrative puzzle. The journey begins at sea in 1766, with a boy named Billy Marvel. After surviving a shipwreck, he finds work in a London theatre. There, his family flourishes for generations as brilliant actors until 1900, when young Leontes Marvel is banished from the stage. Nearly a century later, runaway Joseph Jervis seeks refuge with an uncle in London. Albert Nightingale's strange, beautiful house, with its mysterious portraits and ghostly presences, captivates Joseph and leads him on a search for clues about the house, his family, and the past. A gripping adventure and an intriguing invitation to decipher how the two stories connect, *The Marvels* is a loving tribute to the power of story from an artist at the vanguard of creative innovation.

Only \$6.99! Perfect Journal, Diary, Notebook - Amazing design and high quality cover and paper. - Matte Cover. - Perfect size 6x9" - No Spiral - Use it as a journal, note taking, composition notebook, makes a great gift!

Holiness for the Soul

My First Day

Spread Your Wings and Fly 7 X10 Lined Blank Notebook

After the Wreck, I Picked Myself Up, Spread My Wings, and Flew Away

52 Weeks of Conscious Contact