

## The Power Of A Positive No: Save The Deal Save The Relationship And Still Say No

Many people are used to showing compassion to others. What many of us have trouble with is showing that same compassion to ourselves. Licensed marriage and family therapist Kim Fredrickson wants readers to stop beating themselves up. Grounding her advice in the Bible, she offers practical steps, specific exercises, and compassionate words to say in order to build a loving relationship with ourselves. Through inspiring stories of transformation, she helps us learn to show ourselves the kind of grace and understanding we offer to others--and to change our relationships, our outlook on life, and our view of ourselves in the process.

We are not positive because life is easy. We are positive because life can be hard. As a leader, you will face numerous obstacles, negativity, and tests. There will be times when it seems as if everything in the world is conspiring against you and your vision seems more like a fantasy than a reality. That's why positive leadership is essential! Positive leadership is not about fake positivity. It is the real stuff that makes great leaders great. The research is clear. Being a positive leader is not just a nice way to lead. It's the way to lead if you want to build a great culture, unite your organization in the face of adversity, develop a connected and committed team and achieve excellence and superior results. Since writing the mega best seller *The Energy Bus*, Jon Gordon has worked and consulted with leaders who have transformed their companies, organizations and schools, won national championships and are currently changing the world. He has also interviewed some of the greatest leaders of our time and researched many positive leaders throughout history and discovered their paths to success. In this pioneering book Jon Gordon shares what he has learned and provides a comprehensive framework on positive leadership filled with proven principles, compelling stories, practical ideas and practices that will help anyone become a positive leader. There is a power associated with positive leadership and you can start benefiting yourself and your team with it today.

Best-selling classics by Norman Vincent Peale *The Power of Positive Thinking* (special 35th anniversary edition). The greatest inspirational best seller of the century offers confidence without fear and a life of enrichment and luminous vitality. *Inspiring Messages for Daily Living*. Realistic, practical answers to the hundreds of problems we face from day to day -- ordinary problems encountered in personal difficulties, in family relationships, on the job, and in dealing with those around us. *You Can if You Think You Can*. Dramatic, heartwarming stories of how men and women -- of all ages and in all walks of life -- transformed their lives and careers by following Dr. Peale's philosophy of positive thinking. Learn to develop the vital knowledge of inner power to carry you over every obstacle. *The Art of Real Happiness* (written with Smiley Blanton, M.D.). An unusual blend of age-old truths and modern psychiatric techniques. Peale and Blanton identify -- and show how to overcome -- essential problems and conflicts that so often plague us and frustrate our chances for happiness.

Resourceful and powerful, this radically different motivation guide fulfills a niche that has been absent from the genre of self-help books for years -- it actually provides readers with the tools to become more fulfilled, not just empty advice. Unlike other self-help books, this potent guide actually helps individuals to focus on obtaining the skills needed to accomplish a goal and become more fulfilled. Focusing on 12 strategies for taking control of life, Ivan Burnell stresses the importance of empowerment and personal responsibility. The tools and techniques of these strategies operate in the 8 areas of life that Ivan fully describes in detail. Since the process is

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easily understandable -- built upon the basic fundamentals of self-worth and happiness -- decisions can be formed with less effort and a higher degree of success. This revised edition focuses more on the individual than the process, emphasising the importance of such things as self-esteem and integrity. This book contains a number of practical, useful additions, including a chapter that contains a daily schedule, an additional reading list, a want list form and a "Loving Yourself Daily" instruction sheet. Those who have been helped by Ivan realise the power of positive, lasting changes that have occurred in their daily lives as a result of following this emphatic guide.

Proven Principles and Practices that Make Great Teams Great

A Positive, Value-based System of Drawing and Painting

The Power of a Positive Team

The Power of Positive Leadership

The Power of a Positive Mom

The Lasting Impact of Positive Leadership

***Those who enjoy the power of positive action accomplish more, have less stress, live with fewer regrets, become more self-disciplined, and demonstrate personal persistence. These qualities contribute to making our unique world a better place to live. We improve the world by simply taking positive action. If you decide to take positive action, you will begin to reap the benefits immediately. You will begin to decree to your subconscious mind that you are an action-oriented person who accepts no excuses.***

***Napoleon Hill's Power of Positive Action will provide you with tools to help you: Adopt a positive attitude Achieve better physical health Find harmony in relationships Gain freedom from fear See hope for the future Acquire the capacity for faith Grow a desire to share Keep an open mind Achieve self-discipline By following the steps outlined in this book, you become the scriptwriter for your life's story and the creator of your own advancement and success. Read this book and take positive action today!***

***The book describes the power positive thinking has and how a firm belief in something, does actually help in achieving it. In order to live a successful and constructive life, one needs to know about the secrets of positive thinking says the author for it is the most important ingredient for a better and blissful life. The Power of Positive Thinking' will help you overcome negative attitudes, such as fear and lack of confidence and replace them with the traits of a positive thinker optimism, determination, patience and focus. Simple techniques of elevating low moods and energy levels by positive thinking also improve ones overall mental and physical health. This book will show you how you can deal more effectively with tough situations and difficult people and dramatically improve your performance and confidence. You must learn that the easiest way to an easy mind is to create an easy mind. This is done by practice and by the application such as "Believe in yourself and in everything you do", "Build new power and determination", "Improve your personal and professional relationships" and "Be kind to yourself" etc.***

***Attitude affects every facet of our lives—from the way we handle stress to how we communicate at work. The way we view difficulties and setbacks can***

**make the difference between success and failure. Roger Fritz has devoted his career to helping people overcome obstacles and achieve their goals by changing their outlook on life. In *The Power of a Positive Attitude*, he shows readers how to develop a deeper understanding of the effects of their attitude and how it influences not only their performance but the results others achieve. Now, readers can learn to succeed in business by:**

- **assessing their attitude toward themselves and their co-workers**
- **overcoming negative attitudes**
- **learning the dos and don'ts in dealing with their bosses**
- **becoming better listeners**
- **overcoming resistance to change in the workplace**
- **rejecting suggestions without causing resentment**
- **giving and responding to criticism from team members**
- **disagreeing with employees and colleagues without being disagreeable**
- **conquering burnout and stress**

**Life-affirming and authoritative, this is an invaluable book that will empower anyone to face life and work with joy and confidence. Discover the power of "yes" and all the amazing things it can do for you. So often we are afraid of failure, of disappointment, of being vulnerable, that we settle for "no". The practical tips and inspirational advice within these pages will help you embrace positivity and find a new sense of freedom in each area of your life, from your career, to your relationships, to your dreams and ambitions.**

***The Power of Positive Drinking Coloring and Cocktail Book***

***The Power of Positive Energy***

***Napoleon Hill's Power of Positive Action***

***The Power Of A Positive Mind: How to Overcome Obstacles and Challenges Using Positive Thinking and Motivation Techniques to Achieve Your Goals and T***

***Ten Traits for Maximum Results***

***The Power of Positive Painting***

The #1 New York Times–bestselling author of *The Power of Positive Thinking* shows readers how to put his philosophy of optimism into action. Millions of people around the world have changed their lives for the better, thanks to Norman Vincent Peale and his Positive Thinking philosophy. Dr. Peale's groundbreaking program of affirmation and positive visualization is an amazingly effective way to overcome any obstacles that may stand between you and success, happiness, and your mental, emotional, physical, and spiritual health and well-being. Positive Thinking works—and in *The Power of Positive Living*, Dr. Peale demonstrates how to use these techniques to conquer the fears and crippling adversity that may be holding you back from realizing your true potential in life. Self-confidence is the key and this book shows us how we can do it! With the “get-it-done twins,” patience and perseverance, any believer can be an achiever! Dr. Peale provides inspiring success stories from his own extensive experience as a counselor—such as a department store executive who turned his store into one of the chain's

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most profitable by focusing on his past successes rather than his failures, and a woman who recovered her self-confidence and joy and purpose in living when she started volunteering with cancer survivors after her own breast cancer diagnosis cut short her modeling career. The wisdom, guidance, and practical advice provided in *The Power of Positive Living* will give you faith in yourself and in your power to achieve absolutely anything!

The co-author of the best-selling *Getting to Yes* explains how to use the word "No" effectively and in a positive way to defend one's personal interests in personal and professional situations while preserving one's relationships with others, introducing a series of essential life skills designed to help readers assert themselves without destructive repercussions. Reprint. 40,000 first printing.

Stress, depression, and even anxiety are partners of our lives today. The society we live in today does not leave a stone unturned to make us feel insecure, miserable, and feel the burden of stress. There is no denying that these emotions are real, but we can do something about it. There is always a way out of a situation if chances are opened up for it. A positive mindset is one such essential and powerful key that will help you face any problem head-on. It has been found in research studies that people who have a positive mindset have fewer health troubles than the ones who do not. It has been found that they also have higher energy levels to perform better at their workplace, school, and home as well. This book covers the following topics: -The Anatomy of a Positive Mindset-How to Develop Self-Discipline-Your Feelings Create Your Reality-Why Visualization is Important-Self-Motivation-Goal setting and a positive mind-Develop a Winning Mentality-Start the Day with Positivity-Habits of Positive People-Overcoming Mental Obstacles-Keys to Overcoming Mental Obstacles-How to Overcome Negative Thoughts-Leading a Happy and Successful Life...And much more This book will help you open your eyes and realize your true potential. It will help you face all the struggles in life with a positive attitude and this, in turn, will help you achieve your goals. You will be able to overcome your fears, boost your self-esteem, and give wings to your dreams. And when you do all this, you are helping yourself become a better human being and be successful. The wheel has already been invented, and you don't have to invent it by yourself again. You will be guided step by step, and success is guaranteed. You will be assisted in becoming more positive about life and achieve your dreams. In this book, you will receive all the tools to guide you on how to be positive in your day-to-day living and help combat the negative thoughts that take over all too often. This book was

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written by an expert in the field of positive thinking as well as psychology, which means everything you read in this book has been thoroughly tested by professionals and proven to work well for people who have tried them. Ready to get started? Click "Buy Now"!

Discover the benefits of being positive. We all have two dogs inside of us. One dog is positive, happy, optimistic, and hopeful. The other dog is negative, mad, sad, pessimistic, and fearful. These two dogs often fight inside us, but guess who wins the fight? The one you feed the most. So begins the story about a negative mutt named Matt and a big dog named Bubba who teaches him how to feed himself with positivity each day and in the process Matt transforms his own life and the shelter they call home. The Positive Dog is an inspiring, heartwarming story that not only reveals the strategies and benefits of being positive but also an essential truth for humans: Being positive doesn't just make you better. It makes everyone around you better.

How to Say No and Still Get to Yes

how to say no and still get to yes ; [save the deal, save the relationship - and still say no]

The Power of a Positive Wife

Discovering the Key to Success

The Power of a Positive No

Powerful Thinking, Powerful Life: 9 Powerful Ways for Self-Improvement, Increasing Self-Esteem, & Gaining Positive Energy, Motivation, Forgiveness, Ha

***No is perhaps the most important and certainly the most powerful word in the language. Every day we find ourselves in situations where we need to say No—to people at work, at home, and in our communities—because No is the word we must use to protect ourselves and to stand up for everything and everyone that matters to us. But as we all know, the wrong No can also destroy what we most value by alienating and angering people. That's why saying No the right way is crucial. The secret to saying No without destroying relationships lies in the art of the Positive No, a proven technique that anyone can learn. This indispensable book gives you a simple three-step method for saying a Positive No. It will show you how to assert and defend your key interests; how to make your No firm and strong; how to resist the other side's aggression and manipulation; and how to do all this while still getting to Yes. In the end, the Positive No will help you get not just to any Yes but to the right Yes, the one that truly serves your interests. Based on William Ury's celebrated Harvard University course for managers and professionals, The Power of a Positive No offers concrete advice and practical examples for saying No in virtually any situation. Whether you need to say No to your customer or your coworker, your employee or your CEO, your child or your spouse, you will find in this book the secret to saying No***

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clearly, respectfully, and effectively. In today's world of high stress and limitless choices, the pressure to give in and say Yes grows greater every day, producing overload and overwork, expanding e-mail and eroding ethics. Never has No been more needed. A Positive No has the power to profoundly transform our lives by enabling us to say Yes to what counts—our own needs, values, and priorities. Understood this way, No is the new Yes. And the Positive No may be the most valuable life skill you'll ever learn!

The most powerful word in the language is one that most people find difficult to say. Yet when we know how to use it correctly, it has the power to profoundly transform our lives. That word is 'No'. In *Getting to Yes*, William Ury helped millions of people across the world discover how to transform their working and personal relationships by saying Yes. In this wise and insightful 'prequel' to the international bestseller, Ury asserts that, although you may be able to say Yes, you cannot get to the right Yes until you know how to say No. Most of us are reluctant to say No when we fear the word could spoil relationships with bosses; lose the deal with clients or upset family members. This indispensable book will help readers know whether and how to say No and provides a simple, proven five-step solution and tried and tested techniques to tackle this everyday dilemma.

In this Christian book, *The Power of Positive Energy: Powerful Thinking, Powerful Life*, you will learn the strategies on how your mind can change into a positive-peaceful state. You will know the specific steps on how to make yourself happy, fulfilled, optimistic, calm, and peaceful every day.

*The Power of Positive Drinking* isn't a guide on how to get drunk. It is a guide to how to drink well. Drinking has a bad reputation in some quarters. But that's largely because we don't drink properly, as we have not yet been initiated in the art of drinking well. Most of us know plenty about healthy eating, but next to nothing about healthy drinking. This is Cleo Rocos' master class on how to imbibe successfully, on how to reach that delicious level of intoxication where you and your fellow drinkers blossom into the favourite version of yourselves and stay there. From Rocos we learn how to ensure that every drinking occasion snowballs into a glorious and triumphant event. Inside these pages lie the secrets of alcohol. The finest hints and tips on stylish drinking gleaned from seasoned and successful drinkers around the globe; failsafe recipes for some of the world's greatest snifters - martini recipes, margarita recipes, mojitos and cosmopolitans - along with a few of Cleo's own specialities, guaranteed to avoid that awful hangover. Enjoy this book responsibly.

*Power of Speaking Positive*

*The Power of Positive Self-Talk*

*The Power Of Positive Thinking*

*Zero Negativity: the Power of Positive Thinking*

*The Power of Positive Living*

*The Positive Dog*

- These purse-sized gift editions offer gentle words of wisdom and encouragement. - Easy to-do suggestions offer practical ways to be a positive

influence. - This portable gift edition is from the popular Honey, They Shrunk My Hormones. - This purse-sized book offers a quick look at midlife issues aimed at the woman approaching, or in the midst of, this often misunderstood and confusing season.

This life-changing book explores seven principles that can help you become a powerful force in your family, your church, your community, and your world. Through biblical teaching, inspirational quotes, and true stories of women just like you, you will learn to incorporate your life as you have a powerful impact on those around you. Do you want to be a positive woman of powerful influence? Do you want to make a lasting impression on the lives of the people around you? You can become a positive woman—no matter where you find yourself right now—simply by choosing to allow God's power and strength to pour through you. This life-changing book explores seven principles that can help you become a powerful force in your family, your church, your community, and your world. Through biblical teaching, inspirational quotes, and true stories of women just like you, you will learn to incorporate your life as you have a powerful impact on those around you. Every woman—including you—has the potential to become a positive, powerful influence in her world. Never underestimate the power of a positive woman. That woman can be you!

NO.1 BESTSELLER ANT MIDDLETON SHARES HIS SECRETS ABOUT HIS POSITIVE MINDSET AND TEACHES YOU TO LIVE A LIFE WITH ZERO NEGATIVITY

"If you follow the simple yet profound wisdom in this book, then you, too, will take leadership to a level that you've never experienced." —John C. Maxwell, New York Times bestselling author Great Teams Start with Great Leaders You know that nobody succeeds alone—you need a great team. But when you're the leader and you aren't sure how to nurture the best from your crew, where can you turn for help? In The Lasting Impact of Positive Leadership, bestselling author Stan Toler serves as your coach and reveals what it takes to build a successful team. As you examine the proven strategies of great leaders, you will learn how to effectively connect and communicate, and how to motivate people and inspire them to give their best every day. Creating a positive culture starts with learning how to harness the principles of positive leaderships Become a positive leader...and discover for yourself the remarkable results that are sure to follow! positive and practical advice to help you live life to the full

Powerful Thinking

Discovering The Power Of Positive Thinking

Getting Good at Getting Results

Norman Vincent Peale

The Power of a Positive Attitude

**Unleash your can-do attitude and find power in your mindset with renowned Bible teacher and #1 New York Times bestselling author Joyce Meyer. Joyce Meyer has a knack for coining phrases (Joyce-isms) and one**

of her best loved is "Where the mind goes, the man follows." Meyer provides keys for "powerful thinking," giving the reader an ability to use the mind as a tool to achievement. In *Powerful Thinking*, a book small and portable enough to fit in a purse, suitcase, backpack, briefcase, or even a pocket, she outlines a flexible program to turn thoughts into habits, and habits into success. Sections include: The Power of a Positive You Keeping Your Attitude at the Right Altitude The Power of Perspective More Power To You Nobody has more of a "can-do" attitude than Joyce Meyer. Now you can, too!

Think of the toughest problems in your organization or community. What if they'd already been solved and you didn't even know it? In *The Power of Positive Deviance*, the authors present a counterintuitive new approach to problem-solving. Their advice? Leverage positive deviants--the few individuals in a group who find unique ways to look at, and overcome, seemingly insoluble difficulties. By seeing solutions where others don't, positive deviants spread and sustain needed change. With vivid, firsthand stories of how positive deviance has alleviated some of the world's toughest problems (malnutrition in Vietnam, staph infections in hospitals), the authors illuminate its core practices, including:

- Mobilizing communities to discover "invisible" solutions in their midst
- Using innovative designs to "act" your way into a new way of thinking instead of thinking your way into a new way of acting
- Confounding the organizational "immune response" seeking to sustain the status quo

Inspiring and insightful, *The Power of Positive Deviance* unveils a potent new way to tackle the thorniest challenges in your own company and community. Richard Pascale is an associate fellow of Templeton College, Oxford University, and author or coauthor of numerous books, including *Managing on the Edge*, *Surfing the Edge of Chaos*, and *The Art of Japanese Management*. Jerry Sternin was the world's leading expert in the application of positive deviance as a tool for addressing social and behavioral change. Monique Sternin has been an equal partner in these efforts and now heads the Positive Deviance Institute at Tufts University

One of the most powerful forces in business today is the positive psychology movement -- overcoming self-defeating attitudes and developing our talents and positive traits. Much of the new thinking, in fact, stems directly from the concepts in Norman Vincent Peale's great classic bestseller, *The Power of Positive Thinking*, which has been translated into forty-two languages and has sold over 22 million copies. Now, after years of extensive research and field testing, working in cooperation with the Peale Center and major corporations nationwide, Scott Ventrella has adapted those concepts into a systematic program for people in business to achieve greater levels of personal and professional performance. *The Power of Positive Thinking in Business* provides a

practical way for each of us to develop and actually strengthen the ten traits of a positive thinker. Inevitably, our performance rises to new levels when we learn how to overcome negative attitudinal barriers such as fear, lack of self-confidence, and low self-esteem, and instead develop the traits that characterize a positive thinker: optimism, enthusiasm, belief, integrity, courage, confidence, determination, patience, calmness, and focus. The Power of Positive Thinking in Business encourages us to concentrate on objective, rational thinking instead of self-limiting beliefs and negative self-talk. The result is an increased ability to deal effectively with tough situations and difficult people, in both business environments and personal lives. Together, rational thinking and the ten traits of a positive thinker can turn defeatist behavior into productive actions that will overcome the toughest of challenges with powerful, positive results. Best of all, these practical yet powerful concepts are applicable to businesspeople at all levels, disciplines, and functions within an organization, and have been adapted to appeal to people of all faiths. Offers advice on how to negotiate with difficult people, showing readers how to stay cool under pressure, disarm an adversary, and stand up for themselves without provoking opposition

The power of a positive no

The Power of Positive Drinking

The Power of A Positive No

Power of Positive Doing

## How and Why Positive Leaders Transform Teams and Organizations and Change the World

Gives the following message: If you believe that the power of God within you is equal to any of life's difficulties, then a rewarding life will be yours.

Whether you're happy in your marriage or struggling to survive, this book is all about how you can become a positive influence in your marriage. And believe it or not, being a positive wife has nothing to do with your husband -- it has to do with you and who you are in God. Through seven biblical principles, Karol Ladd shares how any woman can be a positive (not perfect) wife as she builds a deeper, more meaningful relationship with her husband. In its pages you will find: helpful hints on the art of arguing how to practice the gift of forgiving practical suggestions on how to respect your husband great date ideas advice on handling financial responsibly This creative book is a "vitamin boost" that will nourish your spiritual, physical, mental, and emotional growth. Now you can become the positive wife you've always wanted to be!

You've heard of the Power of Positive Thinking. There's no doubt

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about it...the human mind is an amazingly powerful computer, capable of transforming our lives. But achieving what you want in life isn't accomplished by sitting in your comfy chair and visualizing all day long. Far too many people neglect to ACT on their own behalf in order to bring their dreams to life. As cosmetics company founder and CEO Estee Lauder put it so well, "I didn't get here by dreaming about it or thinking about it - I got here by doing it." In *The Power of Positive Doing*, BJ Gallagher has captured the "secret" no one is talking about - you can actually change your thoughts and attitudes by taking positive ACTION, no matter what you're thinking or feeling! She calls it the "The Power of Positive DOING" - the title of her latest book. B.J. is no stranger to Simple Truths' readers. The author of more than 20 books, including *Friends*, *Oil for Your Lamp*, and *The Best Way Out is Through*, her engaging stories and original poetry have put her on our best-seller list.

*The Power of a Positive No* How to Say No and Still Get to Yes  
Bantam

*A Story About the Power of Positivity*

*The Power of Positive Thinking in Business*

*Getting Past No*

*You Can If You Think You Can*

*Power of a Positive Woman*

*Power of a Positive Teen* GIFT

*The Power of Positive Drinking Coloring Book from Galison is an irreverently upbeat collection of illustrations with a twist. Inside you will find coloring pages that serve up imagination and spirit with inspired illustrated libations, cocktail recipes, and hilarious quotations from the world's greatest drinkers.\* 8.5 x 10" Paperback \* 80 pages\* Over 35 illustrations to color\* Includes dozens of recipes for classic and not so classic cocktails\* Over 25 amusing quotes\* Designed and Printed in the USA*

*Learn the secrets of the masters. Learn to draw and paint what you see. Learn how to interpret the visual realm by distilling the essences of form, to create works of art that seem to be living and breathing. Put Robert's forty years as a professional artist and teacher to work for you.*

*"Updated for today's tech-savvy mom"--Cover.*

*PRE-ORDER NOW There are times when life feels like it has you cornered: financial difficulties, relationship issues, work problems, all of the above. Every one of us, at one time or another, will have to face up to the challenges that come our way. And there are two ways of meeting them: negatively, where blame is the answer, where other people are at fault, where you haven't been treated fairly. Or positively, where you own the situation, learn and grow from it, and become a better person at the end of it. Letting you into areas of his life he's never talked about before, in *Zero Negativity*, Ant will*

*show you how to embrace failure and use it to your advantage, how to see change as the foundation of your future success, how to develop resilience, how to deal with bullies, what it means to be a positive roll model, and how to live a life with no regrets. This book will not tell you who to be, where you should live, or what job you should do. That's up to you. What this book is for, however, is to give you the tools you need to become the best possible version of yourself, to own who and what you are, and to live your life with Zero Negativity.*

*The Mindset and Habits to Inspire Winning Results and Relationships*

*The Power Of Positive Deviance*

*The Power of a Positive Mom & The Power of a Positive Woman*

*Negotiating Your Way from Confrontation to Cooperation*

*The Power of YES*

*Revised Edition*

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**Organized into seven power principles such as "The Power of Confidence," "The Power of Integrity," and "The Power of Responsibility," readers gain the individual perspectives of the three coauthors as well as their combined wisdom. Throughout their discussion, scripture is the guiding force in helping teens live more positively though the shared views of a mom and her teenaged daughters. Imagine getting the shared views of a mom and her teenaged daughters as they all grow together. That's the unique vantage point the Ladds bring as they explore ways for adolescents to truly add something positive to their spheres of influence. Organized into seven power principles such as "The Power of Confidence," "The Power of Integrity," and "The Power of Responsibility," readers gain the individual perspectives of the three coauthors as well as their combined wisdom. Throughout their discussion, scripture is the guiding force in helping teens live more positively. Parents and teenagers**

***alike will appreciate the real-world discussion of topics such as money and time management, handling peer pressure, survival tips for dating and creating harmony on the home front.***

***Attitude affects every facet of our lives—from the way we handle stress to how we communicate at work. The way we view difficulties and setbacks can make the difference between success and failure. Roger Fritz has devoted his career to helping people overcome obstacles and achieve their goals by changing their outlook on life. In *The Power of a Positive Attitude*, he shows readers how to develop a deeper understanding of the effects of their attitude and how it influences not only their performance but the results others achieve. Now, readers can learn to succeed in business by:***

- assessing their attitude toward themselves and their co-workers***
- overcoming negative attitudes***
- learning the dos and don'ts in dealing with their bosses***
- becoming better listeners***
- overcoming resistance to change in the workplace***
- rejecting suggestions without causing resentment***
- giving and responding to criticism from team members***
- disagreeing with employees and colleagues without being disagreeable***
- conquering burnout and stress.***

***Life-affirming and authoritative, this is an invaluable book that will empower anyone to face life and work with joy and confidence.***

***A book about teams to help teams become more positive, united and connected. Worldwide bestseller — the author of *The Energy Bus* and *The Power of Positive Leadership* shares the proven principles and practices that build great teams - and provides practical tools to help teams overcome negativity and enhance their culture, communication, connection, commitment and performance. Jon Gordon doesn't just research the keys to great teams, he has personally worked with some of the most successful teams on the planet and has a keen understanding of how and why they became great. In *The Power of a Positive Team*, Jon draws upon his unique team building experience as well as conversations with some of the greatest teams in history in order to provide an essential framework, filled with proven practices, to empower teams to work together more effectively and achieve superior results. Utilizing examples from the writing team who created the hit show *Billions*, the National Champion Clemson Football team, the World Series contending Los Angeles Dodgers, The Miami Heat and the greatest beach volleyball team of all time to Navy SEAL's, Marching bands, Southwest Airlines, USC and UVA Tennis, Twitter, Apple and Ford, Jon shares innovative strategies to transform a group of individuals into a united, positive and powerful team. Jon not only infuses this book with the latest research, compelling stories, and strategies to maintain optimism through adversity... he also shares his best practices to transform negativity, build trust (through his favorite team building exercises) and practical ways to have difficult conversations—all designed to make a team more positive, cohesive, stronger and better. *The Power of a Positive Team* also provides a blueprint for addressing common pitfalls that cause teams to fail—including complaining, selfishness, inconsistency, complacency, unaccountability—while offering solutions to enhance a team's creativity, grit, innovation and growth. This book is meant for teams to read***

**together. It's written in such a way that if you and your team read it together, you will understand the obstacles you will face and what you must do to become a great team. If you read it together, stay positive together, and take action together you will accomplish amazing things TOGETHER.**

**The Power of Positive Coaching: The Mindset and Habits to Inspire Winning Results and Relationships**

**Zero Negativity: The Power of Positive Thinking**

**Everything You Need to Awaken Your Soul, Raise Your Vibration, and Manifest an Inspired Life**

Learn the power of your words and how to use them positively; learn how prayers, encouragement, attitude and example can change your family forever.

Positive Coaching Mindset x Positive Coaching Habits = Winning Results and Relationships

Most coaching books focus on skills and scripts. But without the right mindset, those skills and scripts will not yield the response and results you want from your team. When you have a positive mindset, you are able to see more opportunities for growth and improvement. Coaching is not just about investing in others—it's about investing in yourself. When you grow, you can better help others grow. The Power of Positive Coaching shows you how to elevate your coaching game and drive winning results and relationships. Acclaimed coaches Lee Colan, Ph.D. and Julie Davis-Colan reveal how to build a positive coaching mindset that you can use to apply the five positive coaching habits. With this book as your guide, you'll learn how to:

- Develop a more positive mindset to leverage on the job and in your personal life
- Build proven, positive coaching habits by using simple tools and techniques
- Inspire better results and relationships on your team
- Explain the circle of consequences to gain alignment
- Ask purposeful questions to ignite engagement
- Involve your team to reduce the eight areas of waste to enlist ownership
- Measure performance with relevant scoreboards to enhance accountability
- Appreciate the people behind your employees to deepen commitment.

Apply The Power of Positive Coaching, and create a positive ripple effect throughout your team, your business, and your life.

Positive energy creates positive outcomes. But how do you get the good vibes going? It all comes down to understanding and embracing the innate and energetic power of your soul. With the guidance of Tanaaz Chubb, creator of ForeverConscious.com, you will begin a journey that will give rise to an understanding of your soul's energy and its connection to the Universal energy all around us. You will free yourself from negativity, fears, and the parts of your life that are no longer serving you. You will tune into the powerful vibrations that allow you to live your life to the fullest potential. Tanaaz shares the secrets to awakening positivity through introspective and inspiring meditations, writing prompts, and exercises including:

- \*Ten-Minute Soul Connection Meditation
- \*Switching a Negative Thought for a Positive One
- \*Identifying Your Self-Limiting Beliefs
- \*A Positive Energy Cleanse
- \*Releasing the Past

It's time to tune into the positive vibrations that exist within you, and around you. You can rise above negative influences, reclaim your power, and manifest a life that is easy, joyous, and inspired!