

## The Romford Pelé: It's Only Ray Parlour's Autobiography

*First published in 1998 and now available as an ebook. It has not been possible to include the illustrations in this edition. ADDICTED by Tony Adams is the story of the inspirational Arsenal captain and England international and the story of a fight a battle against alcoholism.*

*From Herbert Chapman to Arsène Wenger, this is the definitive history of Arsenal's time at the famous Highbury stadium. After several years of sitting in Highbury's local pubs and cafés with a Dictaphone, Jon Spurling has pooled hours of interviews with fans, programme sellers, local publicans and even those who dug the foundations of the Laundry End (and later cleared rubbish from its terraces) to meticulously construct the biography of the ground and chart the ups and downs of one of England's greatest league clubs. Spurling has also spoken to numerous players: the late greats of yesteryear (Ted Drake, George Male and Reg Lewis), as well as legends of a more recent vintage - from Bob Wilson, Charlie George and Malcolm MacDonald to Anders Limpar and various legends of the Wenger era, including Patrick Vieira. Written in the year that Arsenal moved to the Emirates, Jon Spurling has produced the definitive account of the club's 93 years at Highbury.*

*Second Yellow: More Adventures of our Footballing Heroes brings you more funny, fascinating and downright baffling tales gleaned by authors John Smith and Dan Treffer from their unflagging research of over 240 footballer autobiographies. Together, they have pored through the works of genuine legends, cult heroes and players they can only dimly recall from their 1983 Panini sticker alums to find stories and facts that will delight, shock and confuse - sometimes all at once. There's the chairman who owned a ventriloquist's dummy called Algeron. There's the Liverpool legend who set a team-mate's wife's hair on fire. There's the Arsenal star who confronted some innocent fans with a samurai sword. And there's the Ipswich hero who took on Sylvester Stallone in an arm-wrestling contest - possibly inspiring Stallone's half-forgotten epic Over The Top. This book covers all the bases of the typical footballer's life: love, violence, gambling, horrific injury, banter (it's mostly banter) and, apparently, pigeons.*

*Simon Jordan doesn't mince his words. After making millions in mobile phones he decided to buy his boyhood football club, Crystal Palace. At 31, he became the youngest chairman ever.*

*It's only Ray Parlour's autobiography*

*Staying Stopped*

*Arsenal's Greatest Moment, Told in Our Own Words*

*Thierry Henry*

*Only Here For A Visit*

*The Story of Arsenal In*

*A Guidebook to an Historic Season Straight from Highbury's Gooner Grapevine*

THE SUNDAY TIMES BESTSELLER
Wrighty's characteristic honesty means his book is far more engrassing than most bland football memoirs' Sunday Times
Ian Wright, Arsenal legend, England striker and TV pundit extraordinaire, is one of the most interesting and relevant figures in modern football. His journey from a South London council estate to national treasure is everybody's dream. From Sunday morning football directly to Crystal Palace; from 'boring, boring Arsenal' to inside the Wenger Revolution; from Saturday afternoons on the pitch to Saturday evenings on primetime television; from a week in prison to inspiring youth offenders, Ian will reveal all about his extraordinary life and career. Ian will also frankly discuss how retirement affects footballers, why George Graham deserves a statue, social media, why music matters, breaking Arsenal's goal-scoring record, racism, the unadulterated joy of playing alongside Dennis Bergkamp and, of course, what he thinks of Tottenham. Not a standard footballer's autobiography, Ian Wright's memoir is a thoughtful and gripping insight into a Highbury Hero and one of the greatest sports stars of recent years.

Jimmy Bullard may not have had the perfect hair-do, his Granada Ghia may not have been the flashiest of cars, and he definitely didn't have a string of Page 3 girls trying to sell kisses and tell stories about him to the tabloids. But what he has in spades is a genuine love for The Beautiful Game that few of his peers can match. One of the last graduates from football's old school, Jimmy actually worked in the real world - including as a painter and decorator - before turning pro. Maybe that's why he played football with a smile on his face, always says what's on his mind, and is no stranger to a spot of mischief. Having played under the likes of Barry Fry, Harry Redknapp and Phil Brown, appeared alongside names as diverse as Neil Ruddock and Paolo Di Canio, and as long as Jan Venegoor of Hesselink, Jimmy has racked up an amazing collection of tales and pranks both on and off the football front-line. Told with candour, Bend It Like Bullard is the extraordinary story of his journey from cable TV fitter to cult hero. It will make you smile, chuckle and, occasionally, ROFL.

Born in the year of England's 1966 World Cup triumph, Teddy Sheringham expects to make a significant impact in the tournament in France in June/July 1998. For seven years, from 1984 to 1991, Teddy played for unfashionable Millwall in south-east London, scoring over 100 goals under the watchful eye of his first great manager, George Graham. But it was his subsequent transfers to Nottingham Forest (and Brian Clough) and then to Tottenham Hotspur (under Terry Venables) that made him famous and propelled him into the England side. Teddy's move from Forest to Spurs in 1992 is even now the subject of an FA inquiry into the notorious 'bung' allegations surrounding the exchange. Now a star at Europe's most glamorous club, Manchester United, Teddy is playing for yet another great manager to have recognised his talents - Alex Ferguson. A linchpin of that side and for the international team managed by Glen Hoddie, Teddy Sheringham's own story is a tale of at least five great managers - and one great player.

Shortlisted for the 2022 Sports Book Awards 'brave ... visceral... a brilliant, brilliant read ... I would recommend this book to everyone.' Nihal Arthanayake, BBC Radio 5 Live 'so honest ... everybody should read Hooked to understand what anybody in this situation has been through.' Susanna Reid, Good Morning Britain 'a fantastic book ... a remarkable read.' Richard Madeley, Good Morning Britain 'Brave, poignant and very moving. This book will change lives.' Jamie Redknapp 'A courageous, emotional and vitally important book.' Jeff Stelling Paul Merson's wonderfully moving and brutally honest memoir of battling addiction for three decades. For twenty-one years Paul Merson played professional football. He won two First Division titles with Arsenal and was one of the finest players of his generation. But for thirty years Paul Merson has also been an addict. Alcohol, drugs, gambling: a desperately unenviable cocktail of addictions and depression which has plagued his entire adult life and driven him to the verge of suicide. 'I've come to realise that I'm powerless over alcohol ... I'm an alcoholic. My drinking and gambling have left a lot of wreckage.' Until recently the drinking and gambling were still raging. 'I wanted to kill myself. I couldn't go on anymore. I just couldn't see a way out.' Then something clicked. 'One day, I was walking home from the pub late on a Sunday evening, and I thought to myself: I've had enough of feeling like this, every day of my life. I rang up Alcoholics Anonymous the next day, and since then I haven't had a drink.' Hooked is Merson's wonderfully moving and brutally honest memoir of battling addiction, searingly charting his journey over three decades. It is absolutely unflinching in detailing his emotional and psychological troughs and in raking over the painful embers of an adult life blighted by such debilitating issues. Hooked will kick-start a crucial national conversation about addiction, depression and the damage they wreak. 'Addiction is the loneliest of places. You're a slave to insecurity and ego. But it has to be you that wants things to change. Never be afraid to talk: the more you talk about the addiction the more it takes the power out of them. You're never alone.'

The Cupboard Under The Stairs

Hooked

Arsène Wenger Haiku

Teddy

Wales and the 1958 World Cup

My Life in Red and White

How to Be a Footballer

The 2003-04 football season was a landmark in the Gunners' already illustrious history. Consolation for the Arsenal's costly Cup exits could come in the form of an achievement the like of which might never again be repeated, as they remained undefeated in the Premiership right to the end of a triumphant red-and-white roller-coaster ride. Once again, Ars è ne Wenger's side have raised the bar to a point beyond anything that has ever been seen before in British football. Sport lovers everywhere have been regularly left absolutely agog in admiration of the sublime skills and athletic grace that have brought some much-needed beauty back into our not-so-beautiful game. Arsenal All 4-1 is a week-by-breathtaking-week account of the Gunners' undefeated exploits. A blow-by-blow description of the season's legion of snakes and ladders; sending offs and resultant suspensions; mad refereeing decisions (both misjudged and misappropriated!); gobsmacking game-changing goals; and heart-stopping howlers. It is a tale of ten tantalising months of trains, planes and automobiles, over land and sea (and Leicester), from one of the privileged few Gooners who witnessed every game in this wonderful odyssey from the terraces. Relive this scintillating season of total football as revealed in the sort of charismatic reports that could have only come from a Gooner who cut his teeth on the tedious triumphs of the Arsenal's infamous flat back four.

''Winner of the 2018 Telegraph Sports Book Awards Sports Bestseller of the Year''
''Very funny on almost every page, wonderfully self-deprecating and very sharp on the ludicrous behaviour of the modern player'' - Sunday Times
''The funniest man in British sport'' - Metro
Featured on BBC Radio 2 with Chris Evans
You become a footballer because you love football. And then you are a footballer, and you `re suddenly in the strangest, most baffling world of all. A world where one team-mate comes to training in a bright red suit with matching top-hat, cane and glasses, without any actual glass in that, and another has so many sports cars they forget they have left a Porsche at the train station. Even when their surname is incorporated in the registration plate. So walk with me into the dressing-room, to find out which players refuse to touch a football before a game, to discover why a load of millionaires never have any shower-gel, and to hear what Cristiano Ronaldo says when he looks at himself in the mirror. We will go into post-match interviews, make fools of ourselves on social media and try to ensure that we never again pay £250 for a haircut that should have cost a tenner. We`ll be coached and cajoled by Harry Redknapp, upset Rafa Benitez and be soothed by the sound of an accordion played by Sven-Goran Eriksson`s assistant Tord Grip. There will be some very bad music and some very bad decisions. I am Peter Crouch. This is How To Be A Footballer. Shall we? Can `t get enough of Crouch? Tune into that Peter Crouch Podcast on Radio 5 Live to see our hilarious political What does soccer actually mean today? Games Without Frontiers seeks force us to think about what we mean when we say `soccer`. Along the way, it skewers media clichés about footballers and fans, considers the sport's implications for radical politics and aesthetics, and situates the 'working-man's game' in relation to twenty-first century discussions of political authenticity. Written half as a travelogue, this book seeks to protect football from some of its would-be saviors without ever losing sight of what it means to have a fan's investment in the game.

If we lose a game I don't kick doors, the cat, or Even journalists Ars è ne Wenger Haiku is football, coaching and life... in 17 syllables. With two decades of wisdom at the helm of Arsenal FC, this is a wonderful celebration of his most legendary quotations in small, but perfectly formed short poems. On captains, players, critics; managers, referees and wine-tasting: Ars è ne Wenger Haiku encapsulates the knowledge, wisdom and sophistication of Arsenal's greatest coach and reveals the innermost thoughts of English football's most cerebral mind.

My Closest Shaves

Real England

The Club of My Life

My Autobiography

The World According to Razor

Raw

Hina and the Sea of Stars

In June 1992, author Roy Moxham did a very strange thing: he wrote to a bandit in an Indian jail. Phoolan Devi was the controversial and charismatic 'Bandit Queen' hailed as a modern-day Robin Hood in the villages surrounding Delhi. In revenge for her own gang rape, her followers killed 20 high-caste Indians, which led to her surrender and imprisonment. Struck by her story and appalled by her plight, Roy Moxham helped Phoolan Devi obtain justice, offered her encouragement when she became an MP in India on her release, and travelled with her for several years before she was finally freed in 2001. Based on the diaries that documented their extraordinary friendship, Moxham offers a fascinating portrait of a remarkable woman and reveals the hidden face of India.

THE CROSS SPORTS BOOK AWARDS AUTOBIOGRAPHY OF THE YEAR
The Sunday Times bestseller it's 'brilliant, gripping, beautifully written, real', says Jonathan Northcroft. So, you think you know Joey Barton. Think again. No Nonsense is a game-changing autobiography which will redefine the most fascinating figure in British football. It is the raw yet redemptive story of a man shaped by rejection and the consequences of his mistakes. He has represented England, and been a pivotal player for Manchester City, Newcastle United, Queens Park Rangers, Marseille, Burnley and Glasgow Rangers, but his career has featured recurring controversy. The low point of being sent to prison for assault in 2008 proved to be the catalyst for the re-evaluation of his life. No Nonsense reflects Barton's character – it is candid, challenging, entertaining and intelligent. He does not spin himself, in revealing the formative influences of a tough upbringing in Liverpool, and gives a survivor's insight into a game which, and explains how he has redirected his energies since the birth of his children. In addition to dealing with his past, he expands on his plans for the future. In this updated edition he speaks frankly about the gambling addiction that has left him facing a hefty ban. The millions who follow his commentaries on social media, and those who witnessed him on BBC's Question Time, will be given another reason to pause, and look beyond the caricature. 'Compelling' Donald McRae, Guardian 'Brilliant' Matt Lawton, Daily Mail

'Isn't it lovely to have moments in your life where you think, oh, nothing can beat that. Nothing.' George Graham Anfield, May 26th 1989. The final day of the Division One season. An iconic underdog story. Set against the backdrop of Hillsborough disaster, and during an emotional era in football long before the Premier League as we now know it, 89 is an oral history of a sporting moment so unusual it felt instantly historic. Drawing on years of research, writer Amy Lawrence brings together fascinating and never-before seen testimony from the voices who were there, on the pitch, off it, and beyond. 89 creates a definitive and kaleidoscopic portrait of a match that changed English football forever. 'Once it hits the net I'm just thinking ecstasy really. It's incredible. I've done what I wanted to do. That's that feeling. I've done it.' Michael Thomas 'If you were expecting to read Razor's views on politics then you're going to be disappointed. Anybody who wants to read that needs help! This is yours truly talking about some of the experiences that have helped to create the absolute legend that is moi. Some of the tales involve a bit of mischief and most involve a drink or two. Most importantly, though, they're all a bit of a laugh so I'd settle down and have yourself a nice little read.' The two things Razor Ruddock can't resist in life are a pint and a dare. That and seventeen years as a professional footballer under his belt means he's got a story or two to tell. Chickening out of a fight with Eric Cantona, matching Alan Shearer's minibar, cinema trips with Ian Wright - Razor has seen and done it all. Packed full of hilarious anecdotes, Razor gives us his take on the beautiful game, sharing his tactics (good banter is a defender's duty), red mist (and red cards) on the pitch, run-ins with the FA and his theory as to why Ingerland never do as well as we'd like, as well as his best ever goal and the greatest night of his sporting life. Razor also lifts the lid on his bad reputation and reveals his regrets, his heroes, his greatest fears (notably upsetting the missus) and what it takes to make Britain's hardest footballer cry. Poignantly, he shares his views on the importance of family and his concerns over footballers' mental health. And the biggest surprise of all: that he was a shy and retiring young lad (and that his love of swearing comes from his mum). Cameo appearances include: Bobby Robson, Diego Maradona, Eric Cantona, Dennis Bergkamp, Harry Redknapp, David Beckham, Alan Shearer, Gazza, Jimmy Case, Phil 'The Power' Taylor, Robbie Williams and Nelson Mandela (Nelse). With his trademark sense of humour and foot-in-mouth disease, The World According to Razor is like having a pint down the pub with Razor himself.

Confessions of a Luxury Hotel Addict

Hotel Heaven

The Romford Pelé

No Nonsense

Arsenal All 4-1

My Story

English football changed in the 1990s. For better, for worse - but mainly for better. The shirts and shorts got baggier and brighter. Exotic-named players were enticed from overseas. New stadiums were built in the wake of the Taylor Report. The Premier League emerged and England hosted its first international tournament since 1966. The era of 'New Labour' and 'Cool Britannia', it was also the decade English football went mainstream. When the Seagulls Follow the Trawler author Tom Whitworth travelled to English football's hotbeds - the cities of London, Liverpool, Manchester and Newcastle - to meet the people who lived through an era of change: the players and the managers, the owners and the fans. He looks back at key moments, the teams, the title races, the twists and turns, the characters and the rivalries. All from a decade when English football began to shrug off its bad-lad image - at least off the pitch - and move out of the darkness and into the light.

THE SUNDAY TIMES TOP TEN BESTSELLER
The Trophies ... The Tuesday Club ... Marc Overmars may have given him the nickname, but the Romford Pelé is a legend in his own right. Over 16 action-packed years, from a trainee scrubbing the boots of the first XI, to a record-breaking 333 Premier League appearances, Ray Parlour's never-say-die performances, curly locks and mischievous sense of humour have gone down in Arsenal history. Battling tirelessly on the pitch, often in the shadows of his star-name teammates, Parlour won three premier league titles and four FA Cup trophies with the Gunners. But he was also the heart and soul of the dressing room, the training ground and the after work drink. From nights out with Tony Adams, to teaching Thierry Henry cockney rhyming slang, from playing golf with Dennis Bergkamp to trading Inspector Clouseau jokes with Arsène Wenger, this wonderfully funny and candid autobiography looks back on a golden age of the beautiful game, reliving the banter, the stories and the success. Ray Parlour is an Arsenal legend. During his 16-year career he won 3 Premier League titles, 4 FA Cups and the UEFA Cup. One of the most underrated players of his generation, he was also part of Arsenal's famous invincible team of 2003/4, which won the entire Premier League season unbeaten. He is now a regular pundit for TalkSport and Sky Sports. He enjoys a short back and sides.

Witty and eye-opening account of a decade spent in the world's most luxurious hotels.

Fifty fixtures that defined the career of an ordinary footballer, who went on to become one of the most successful managers of all time.

With Northamptonshire Pedigrees from Various Harleian Ms

A Life Lived to the Full – from Sporting Glories to Wild Stories

When Pelé Broke Our Hearts

The Autobiography

89

We All Live in a Perry Groves World - The Heart-warming and Hilarious Account of Life as a Cult Footballer

Devey

Paul Mason's father was a policeman. He was also a member of a sadistic paedophile ring. He would keep Paul locked up and naked in a tiny cupboard under the stairs of their home before sexually abusing him. This cycle of abuse continued for several years and also affected his brother. The cupboard became a horrific prison where fear and terror filled his every moment. The Cupboard Under the Stairs is a story of abuse at the mercy of adults whom Paul should have been able to trust. There followed a life almost destroyed by their actions. It is the harrowing story of one man's fight for justice and an end to the horrific memories that still haunt him daily.

The stunning new autobiography from Tony Adams, author of the critically acclaimed bestseller Addicted. Tony Adams was a charismatic figure on the football field, a true leader for Arsenal and England. He won league titles in three separate decades, and after the Gunners moved to their new stadium at the Emirates, it was fitting that a statue of him was erected outside to celebrate his extraordinary career. But, for much of that time, he was also drinking heavily and eventually admitted in his book Addicted that he was an alcoholic. Now, in that book's stunning successor Sober, Adams reveals what happened next. He discusses the impact that Arsene Wenger had when he arrived at Arsenal in 1996, and how the manager's new methods helped extend his career and brought new success to the club. Always a great thinker on the game, Adams moved into coaching and management on retirement, playing a key role in Portsmouth's famous FA Cup triumph in 2008, and taking on new challenges in the Netherlands, Azerbaijan, China and now Spain to broaden his perspective. He movingly explains the struggles he's faced to stay sober for twenty years and why he set up Sporting Chance, the charity which provides treatment and support for sports stars suffering from addictions. He gives his incisive thoughts on England's continued failings in major tournaments and assesses why Arsenal have struggled to repeat the title-winning formula of his own time there. Sober is a truly inspirational memoir from someone who has battled with his demons, but has continued to take things on, one day at a time.

When Paulé Broke Our Hearts is the definitive story of the Welsh team's remarkable 1958 World Cup campaign, the first and only time Wales has qualified for football's premier tournament. This new edition features a new preface from Nicky Wire of the Manic Street Preachers. In September 1996 a Frenchman, so little known in English football that fans asked 'Arsène Who??', walked into Arsenal. In the subsequent 22 years as manager he transformed the club. A total renovation of the training, stadium, style, economics of the team and the attraction of a global audience has taken place under Wenger's instruction. This fascinating era is chronicled from the very beginning with distinctive photographs taken from inside the inner sanctum of the club by official Arsenal photographer Stuart MacFarlane, who has had privileged access for many years. Award winning journalist Amy Lawrence introduces each section to set the scene. This captivating collection of images is captioned with personal anecdotes from Arsène Wenger himself as he reminisces about the significant moments and people that have defined his time at the club.

Addiction and the Long Road to Recovery

A Boy Trapped in Hell...

My Journey into the Wu-Tang

A Life in Football: My Autobiography

Games Without Frontiers

The Visitations of Northamptonshire Made in 1564 and 1618-19

The Wenger Revolution

'Illuminated by finely turned phrases and vivid insights' - Richard Williams, Guardian Sports Books of the Year. Thierry Henry - gifted, charismatic and a genuinely world-class footballer – has passed into Arsenal legend as the hero of a team that finally ended Manchester United's dominance. But as he approached the autumn of his career, Thierry's crown began to slip – from the infamous 'Hand of Gau!' incident to a dismal World Cup 2010 campaign. Suddenly, a player who Arsene Wenger once dubbed 'the greatest striker such a position could be. Drawing from numerous interviews and impeccable sources, as well as his own observations over the course of Henry's entire career, award-winning author Philippe Auclair has produced the most complete portrait of the Arsenal hero ever to be written. Clear-eyed, lyrical and passionately argued, Thierry Henry: Lonely at the Top is as raw, shocking and thought-provoking as it is celebratory of Henry's outstanding flair and talent.

Invincible by Amy Lawrence: A gripping insider's account of how Bergkamp, Henry, Vieira and Pires became the first team in 100 years to go the entire season undefeated 2014 Writer of the Year, Football Supporters' Federation 'This book is so full of exclusive interviews you'll soon feel like part of the squad. A worthy tribute to one of English football's best ever teams, it makes you long for one more game at Highbury' Shortlist 'Unbeatable insight' Henry Winter, Daily Telegraph In 2003-04, a team that played with lightning speed and inspired each other, bringing the best out of strong characters like Jens Lehmann, a self-styled 'Mad German', Sol Campbell, an intense competitor, Robert Pires, an instant friend if you give him a football, Patrick Vieira, a soft-spoken, battle-hardened captain, Gilberto, a thoughtful Brazilian, Thierry Henry, a supremely gifted and obsessed scorer and creator, and Dennis Bergkamp, the perfectionist conductor. Based on exclusive player interviews, and with a foreword and afterword by Arsene Wenger, this definitive book tells the team's invincible tale. For those who have not read it, this book must have read for any Arsenal fan. It will be everywhere who enjoy classic sports books such as the Damned United. Amy Lawrence has watched football avidly since her first trip to Highbury at the age of six, and has written about it, mostly for the Guardian and the Observer, for twenty years. She lives in London.

Perry grows spent over a decade in the football spotlight - sometimes at the top, often at the bottom, but always as a firm favourite with the fans.As legendary Arsenal manager George Graham's first signing, Perry - complete with Tintin haircut and a cheeky grin - became an unmistakable figure in one of the Gunners' greatest sides: the fans still chant his name to this day.Now, the cult hero has decided to tell all about his roller-coaster years of booze binges, girl chasing and on-and-off field secrets of a host of big games with a hangover, 125mph motorway chases with international stars, visits to a brothel with an England World Cup ace, drunken escapades with his team-mates or chance encounters with the likes of Paul Gascoigne, Brian Clough and George Best. Perry has seen and done it all - and lived to tell the tale!This is the uproarious and candid story by one of the funniest men ever to hit the big time:'A hilarious surprise bestseller' - Sun'A publishing phenomenon' - Daily Telegraph'Compulsive Reading' - The Times'It's big!

We see the signs around us every day: the chain cafs and mobile phone outlets that dominate our high streets; the disappearance of knobbly carrots from our supermarket shelves; and the headlines about yet another traditional industry going to the wall. For the first time, here is a book that makes the connection between these isolated, incremental local changes and the bigger picture of a nation whose identity is being eroded. As he travels around the country meeting farmers, fishermen and the inhabitants of big shops across the land - while reminding us that these quintessentially English institutions may soon cease to exist.

Hell Razor

5 League Titles and a Packet of Crisps

Arsene Wenger Fifty Defining Fixtures

The Small-Town Library Cat Who Touched the World

Outlaw

How Not to Be a Professional Footballer

Addicted (Text Only)

In Stillness and Speed, one of football's most enigmatic stars finally opens up about his life and career, revealing the things that motivate and inspire him. Viewed by many as one of the most influential figures in Premier League history, and scorer of the goal that Arsenal fans voted the best in the club's history, Dennis Bergkamp is a true giant of the game. As a youngster, Bergkamp

learned from the Dutch master Johan Cruyff. By the time the pupil was ready to graduate from Ajax and move abroad, he was ready to spread the word, but in Italy he found few willing listeners. It was only when he moved to Arsenal and linked up with Arsene Wenger that he met someone else who shared his vision for football's possibilities. Bergkamp became central to everything the club did: now he had become the teacher, their creative genius, and the one who inspired some of the wayward old guard to new heights, helping them to seven major trophies. Few footballers' books make you think anew, but in Stillness and Speed Bergkamp presents a new vision for the game and how it might be played. He is a player like no other: his story is told like no other. It is a book that will inspire football fans everywhere, whatever their allegiance.

The Romford PeléIt's only Ray Parlour's autobiographyRandom House

Neil Razor Ruddock has had a chequered career since he left school at 16 to sign for his local club, Millwall, where he came under the tutelage of George Graham and was a team-mate of Teddy Sheringham. Two years later he got his big break at Southampton, refining a reputation as a tough defender and a player not to be messed with. Spurs boss Terry Venables paid u2 million to bring Ruddock to White Hart Lane, but a bust-up with Alan Sugar after Venables's departure meant his days at the club were numbered. In 1993, Graeme Souness persuaded him north to join Liverpool. However, in the summer of 1998 his flagging career received a massive boost when he signed for West Ham, where he now finds himself in partnership with the likes of Ian Wright and Rio Ferdinand. This is his story."

Selected as a Best Book of the Year by Esquire "Couldn't put it down." – Charlamagne Tha God "Mesmerizing." – Raekwon da Chef "Insightful, moving, necessary." – Shea Serrano "Cathartic." –The New Yorker "A classic." –The Washington Post The explosive, never-before-told story behind the historicrise of the Wu-Tang Clan, as told by one of its founding members. Lamont "U-God" Hawkins. "It's time to write down not only my legacy, but the story of nine dirt-bomb street thugs who took our everyday life—scrapping and hustlin'and tryin' to survive in the urban jungle of New York City—and turned that into something bigger than we could possibly imagine, something that took us out of the projects for good, which was the only thing we all wanted in the first place." —Lamont "U-God" Hawkins The Wu-Tang Clan are considered hip-hop royalty. Remarkably, none of the founding members have told their story—until now. Here, for the first time, the quiet one speaks. Lamont "U-God" Hawkins was born in Brownsville, New York, in 1970. Raised by a single mother and forced to reckon with the hostile conditions of project life, U-God learned from an early age how to survive. And surviving in New York City in the 1970s and 1980s was no easy task—especially as a young black boy living in some of the city's most ignored and destitute districts. But, along the way, he met and befriended those who would eventually form the Clan's core: RZA, GZA, Method Man, Raekwon, Ol' Dirty Bastard, Inspectah Deck, Ghostface Killah, and Masta Killa. Brought up by the streets, and bonding over their love of hip-hop, they sought to pursue the impossible: music as their ticket out of the ghetto. U-God's unforgettable first-person account of his journey/rom the streets of Brooklyn to some of the biggest stages around the world, is not only thoroughly affecting, unfltered, and explosive but also captures, inivid detail, the making of one of the greatest acts in American music history.

Highbury

Sober

When the Seagulls Follow the Trawler

India's Bandit Queen and Me

Stillness and Speed

The Battle Against The Band

Second Yellow

*The only book that will give you a hangover' Chris Evans Breakfast Show --- The hilarious, no holds barred autobiography from sporting legend and broadcaster Alan Brazil. As Alan recounts tales from his extraordinary life, he relives the sporting occasions, radio broadcasts and famously long drinking sessions that have defined his career. He takes readers inside the talkSPORT studio for a behind-the-scenes view of his most memorable interviews, and talks for the first time about the on-pitch riles and dressing room debriefs of his footballing career. With his typically outspoken and irreverent delivery, Alan shares everything from his thoughts on how the sports he loves have changed to his top tips for picking winners (and many losers) at Cheltenham. And he revels in wine-soaked jaunts in the South of France and late-night supermarket sweeps with Ray Parlour - if you can keep up. Packed full of never-before-told stories, refreshing appraisals, sporting controversy and a cast of larger-than-life characters, this is a brutally honest and wickedly funny insight into an extraordinary life.*

*An anecdote-driven narrative of the classic footballer's 'DOS and DO NOTs': from the ever-popular Arsenal legend and football pundit Paul Merson, aka 'The Merse'.*

*Paint and collage creates rich, colorful, three-dimensional shapes and images in this depiction of the goddess Hina's movement from sea to land to sky.*

*The classic inside account of a season at a professional football club. Midfield player Eamon Dunphy charts the progress of Millwall during a season that begins with high hopes and ends with him on the transfer list. Populated with extraordinary characters and filled with high drama,Only a Game? is a riveting read as well as being an exceptional insight into professional sport. "The best and most authentic memoir by a professional footballer" Brian Glanville*

*Be Careful What You Wish For*

*Invincible*

*The Sunday Times Number One Bestselling Autobiography*

Lonely at the Top

Arsene Wenger

Only a Game?

Autobiography of Neil Ruddock

*Experience the uplifting, "unforgettable" New York Times bestseller about an abandoned kitten named Dewey, whose life in a library won over a farming town and the world--with over 2 million copies sold! (Booklist) Dewey's story starts in the worst possible way. On the coldest night of the year in Spencer, Iowa, at only a few weeks old--a critical age for kittens--he was stuffed into the return book slot of the Spencer Public Library. He was found the next morning by library director Vicki Myron, a single mother who had survived the loss of her family farm, a breast cancer scare, and an alcoholic husband. Dewey won her heart, and the hearts of the staff, by pulling himself up and hobbling on frostbitten feet to nudge each of them in a gesture of thanks and love. For the next nineteen years, he never stopped charming the people of Spencer with his enthusiasm, warmth, humility (for a cat), and, above all, his sixth sense about who needed him most. As his fame grew from town to town, then state to state and finally, amazingly, worldwide, Dewey became more than just a friend; he became a source of pride for an extraordinary Heartland farming community slowly working its way back from the greatest crisis in its long history.*

*ARSÈNE WENGER, French football manager and former player, has managed Arsenal since 1996, and has become the club's longest-serving and most successful manager. Wenger has contributed to the revolution of football in England, introducing several changes in training and the diet of players. Under his tenure, Arsenal have completed two League and FA Cup doubles, spent the 2003/04 League season undefeated, and reached the Champions League final in 2006. Season 2013/14 culminated in an FA Cup win, despite doubts over Wenger's contract being renewed. In 2014, 'Le Professeur' oversaw his 1,000th game in charge of Arsenal, and was rewarded with a new three-year contract as manager. In Arsène Wenger: Fifty Defining Fixtures, journalist Layth Yousif takes a look at the great man's career as manager, and tracks those games that have defined one of the most successful managers of all time.*

*Bend It Like Ballard*

*Inside Arsenal's Unbeaten 2003-2004 Season*