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Gemstones To Connect With
Your Superpowers: For Kids
Adults

Using Gemstones To
Connect With Your
Superpowers: For Kids
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The Zenned Out Guide to

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Understanding Crystals is an introduction to the mystical energy of crystals. Part of the Zenned Out series, this book includes easy-to-digest actionable steps to enable readers to get started right away. A full-color guide to crystal

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*massage for healing, energy
balance, and stress release in the
physical, emotional, and energetic
bodies • Illustrates full-body
massage techniques with crystal
wands, crystal spheres, polished
stones, and amber • Details the*

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healing properties of more than 50 crystals and gemstones and how to select the proper one for a specific condition • Explains how to cleanse and recharge crystal, gemstone, and amber after each massage so energies are not

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transferred from one person to another In this full-color illustrated guide, Michael Gienger, along with contributors Hildegard Weiss and Ursula Dombrowsky, details the energetics and healing properties of more than 50 crystals and

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*gemstones for use in massage. The
book explains how to select the
proper crystal or stone to aid
healing of a specific condition as
well as for relaxation and stress
release. It illustrates specific
massage techniques with crystal*

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wands, crystal spheres, and polished stones that best utilize the crystal or stone's properties and shows how to perform a full-body massage that works on several levels--physical, ethereal, mental, and spiritual--depending on how

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the crystals are applied. Explaining how crystals absorb energy and information during a massage, the guide shows how to cleanse and recharge their energetic fields so energies are not transferred from one person to another. It also

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details how to rebalance and replenish your own energy after giving a massage. The book also includes a detailed chapter on the harmonizing effects of amber massage, complete with a step-by-step illustrated massage sequence.

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Amber's unique electromagnetic vibrations make it especially conducive to creating homeostasis in the body and thus a beneficial addition to any crystal or stone massage practice. With this complete illustrated guide, anyone

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*can enhance their massage practice
or self-healing through the
powerful effects of crystals,
gemstones, and amber.*

*A beautiful full-color guide to 250
healing crystals Crystals have been
used for millennia for physical and*

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psychic healing, and this book shows you how to harness their energy and power in your everyday life. With a simple, easy-to-understand description and a full-color photo for each crystal, Laurelle Rethke's Connecting with

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Crystals is a handy reference and a beautiful object for anyone interested in the ancient art of crystal healing.

Are you one of many cosmic warriors hoping to make a place for healing crystals in your life?

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Crystals are mysterious objects, shedding light on the bond our planet shares with the stars, and serving as our link to the universe around us. Crystals have been used for thousands of years through almost every culture and in almost

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every country. These arcane relics are believed to contain the essence of the stars, allowing them to directly affect the human form. From health, to mindfulness, to productivity, and protection - healing crystals have made their

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*Adults own niche in our modern day
society. In this comprehensive
beginners guide to healing crystals,
you will be able to discover: The
origin of crystals The healing
properties of crystals Crystals from
A-Z How to chose your crystals*

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*Chakras and auras How to create a
crystal grid How to protect yourself
with crystals How to cleanse your
crystals How to set intentions And
much, much more! This guide
shares all the information essential
to starting a healing crystal*

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practice, and provides insight on specific strategies that work best for each individual person - allowing you to create a healing crystal practice that truly suits what you need in your life. Ready to unlock your connection with the vast

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*expanse of the universe? Dive in,
cosmic warrior, and let's get
started. Buy this book NOW and
change your life with the healing
power of crystals.*

*A full-color guide to programming
crystals and harnessing their full*

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*potential • Explains how to
program crystals and gemstones
with specific healing intentions as
well as how to cleanse and charge
your crystals and prepare your own
energy field • Provides detailed
instructions for working with 8 key*

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crystals, as well as healing and programming guidance for more than 60 well-known and important crystals • Includes vibrant photographs to convey each crystal's individual powers In this vibrantly illustrated crystal guide,

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*experienced holistic therapist and
crystal-healing teacher Sharon
McAllister offers an introduction to
programming crystals and
gemstones to harness their full
potential. She explains how crystal
programming combines the*

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*powerful instrument of intention
setting with the healing energies of
stones. She details how to cleanse
and charge your crystals and
prepare your own energy field
before programming and provides a
collection of intention-setting*

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*statements and programming
recipes for personal healing as well
as therapeutic use. Unveiling the
light that each crystal radiates
vibrationally and spiritually,
Sharon reveals how each crystal is
a living being that can be awakened*

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to emanate its purest and strongest energy in alignment with specific healing purposes. She explains the dormant state of stones when they are still inside the earth, their activated state when extracted by humans, and their ignited state,

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when they are called into direct service with a programmed focus, which leads them to unfold their full healing potential. Focusing on 8 key crystals, including rose quartz, amethyst, and citrine, Sharon shows how these 8 stones

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can combine to form a powerful toolkit with a wide range of healing applications. She provides an in-depth chapter on each of the 8 key crystals, offering deep insight into their energies and healing properties. She also covers more

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than 60 additional crystals along with guidance on their healing uses and programming potential.

Taking your crystal healing experience to a higher level, this guide shows how each crystal has its own life plan just like human

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*beings and when a crystal enters
your life it is never by coincidence.*

Stones of the Goddess

*Tuning Fork Therapy® Using
Crystals with Tuning Forks*

*A Guide to Collecting & Using
Stones & Crystals*

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The Alchemy of Stones

The Book of Stones

*Who They Are and What They
Teach*

From Amethyst to Zircon

A comprehensive and
beautifully illustrated guide to

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crystals. Find a known crystal instantly or identify an unknown crystal in this easy-to-follow directory that includes photographic identification, detailed descriptions, and information on the individual

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properties of each

crystal--including the spiritual,
mental and psychological,
emotional and physical effects,
plus its use in healing. It's an
indispensable reference for
crystal lovers everywhere.

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Want to learn about the mystical power of crystals? Start right here!! Are you frustrated sometimes and don't know what to do? Like when you do your best to study, but you can't seem to concentrate?

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Or when you're anxious and
can't focus on anything?

Sometimes you need a little
help, and here's a little secret...

Crystals! Crystals are more
than just rocks-they have
energy, like you and me. They

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react to the surrounding energy from nature and everything around them. In fact, our ancestors used crystal healing to cure ailments and protect against diseases and negative energy. Some even relied on

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gemstones to improve their concentration and creativity and to absorb good luck. If you want to take advantage of their powerful energies to ward off bad vibes, revitalize your body and mind, and connect with the

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universe, then this book is for
you. Inside this guide, you'll
discover: The beauty of crystals-
and how they can help you
improve your daily activities
How to choose your own
crystals based on your birth

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month, zodiac sign, and more

Adults
How to know if a crystal is

"calling" you-and how to

respond to it The proper way to

take good care of your crystals

(and where to store them to

maximize their effects) A simple

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crystal meditation guide to help
you connect to nature and the
universe using crystals The
different zodiac crystals-and
what each stone can offer you
All about precious birthstones,
their meanings, and why they

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are a perfect match for you

What chakra is-and the

significance of knowing the

colors of energies around you

How chakra sets can channel

energies and elevate your mood

Which crystals are perfect for

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specific situations, such as
acing a test, playing a sport,
presenting a project, or giving
luck The gemstones for healing
and improving your mental and
emotional health Several ways
to use crystals-and how to turn

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your crystal knowledge into a fun and fulfilling hobby An encyclopedia of crystals and gemstones with their attributes, including color, chakra, zodiac sign, and their meaning And much more. There are so many

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mind-blowing things about crystals. They're not just pretty to look at, they're also magical, effective, and a source of positivity. Crystals can help anyone with almost anything, and there's a gemstone for

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practically every situation. If you want to know more about the power of crystals and how to harness it to make your life amazing, then buy this book right now!!!

From the pyramids of Giza to

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Stonehenge to Machu Picchu, people are captivated by the magic of the world's most sacred and mysterious sites. Crystals and Sacred Sites teaches you how to tap into the healing energy of these sites

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from anywhere in the world using the power of crystals and sacred stones. Noted crystal authority Judy Hall takes you to the most revered sacred sites in the ancient world as well as newly discovered ones that are

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emerging as power points
critical to our evolution as a
planet. With the assistance of
specially selected crystals and
accompanying meditations and
rituals, you can open the
doorways to transformation and

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healing. Sacred sites featured
in the book include: Inuksuk at
the Circumpolar Regions Lake
Louise, Banff, Alberta Mount
Shasta, California Sedona,
Arizona Pipestone, Minnesota
9/11 Memorial, New York

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Hiroshima Peace Memorial,
Japan Newgrange, Boyne
Valley, Ireland Glastonbury,
England Stonehenge, England
Medjugorje, Bosnia-
Herzegovina Hajji Bektash
Bervish Tekke, Hacibektas,

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Turkey Goree Island, Senegal
The Great Pyramid, Cairo,
Egypt Sekhmet Sanctuary,
Luxor, Egypt The Hanging
Gardens of Haifa, Israel Grand
Mosque, Mecca, Saudi Arabia
Mount Kailash, Tibet Narmada

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River, Amarkantak, Madhya
Pradesh, India Spring Temple
Buddha, Lushan County, China
Ise Shrine, Honshu Peninsula,
Japan Uluru and Kata Tjuta,
Northern Territory, Australia
Castle Hill Rocks, South Island,

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New Zealand Kilauea Volcano,
Big Island, Hawaii Machu
Picchu, Peru Chichen Itza,
Yucatan Peninsula, Mexico
The correlation of gemstones
aligned with the Doctrine of
Signatures for the use of the

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TILII Dzi

A wonderful workbook for children including information on how to choose, program and cleanse the crystal or stone, the energies and healing properties of the more popular stones and

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mediation and healing exercises
a child can do by him/herself, or
with friends and family.

Crystals R For Kids

Working with the Teachers of
the Mineral Kingdom

Crystal Basics

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Connecting with Crystals
Magical Stones and Gems for
Health, Wealth, and Happiness
How to Use Crystals and Their
Energy to Enhance Your Life
My Crystal Guide

Introduce your child to the

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Your Superpowers: For Kids

**wonderful world of crystals
and their powerful energies
to help, heal and transform
with this fully illustrated
simple-to-use guide. Children
are innately drawn to the
energy of crystals - and
crystal energies can help**

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**make things better for them
at school, at home and at
play. My Crystal Guide
explores crystals from a
child's view - what crystals
and minerals are and how to
choose and work with the
crystals you need - as well as**

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introducing an understanding of crystal energies and crystal healing. Fun exercises to try are included throughout, along with simple meditations. The Children's Crystal Finder includes 101 commonly available crystals

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**and minerals with clear
photographs and each
crystal's healing qualities
relevant to children, while the
Crystal Solutions chapter
suggests how to help with all
types of problems that
children may encounter, from**

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**illness and loss to bullying
and exams. Created with
children in mind, My Crystal
Guide includes guidance and
practical exercises for parents
and carers, but is written for
children to follow and
understand.**

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**An illustrated encyclopedic
explanation of the
therapeutic uses of crystals
and gems.**

**#1 New Release in Trivia &
Fun Facts and Nature ☐
Improve Your Life with the
Help of Crystals A how-to**

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**guide for using crystals:
Whether you're a seasoned
pro or new to using
gemstones or crystals, this
beautifully illustrated guide
by Cerridwen Greenleaf has
got you covered. Greenleaf
has conducted workshops and**

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**Adults, retreats throughout the US,
leading participants in
mysticism and spirituality
practices. Backed by her
experience, Greenleaf guides
readers in each chapter of
this book, teaching you about
crystals, gems, minerals, and**

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their various healing qualities. Tap into an ancient energy: Rocks and gems have been a part of the human experience for millennia. We have a source of healing energy right at our fingertips! Each stone brings its own

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inherent quality and interacts with us in different ways, and Greenleaf shares with us how best to choose from this trove of life-changing sacred stones. Improve all areas of your life: We could all use some positive energy in our

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lives. Crystals and healing stones can create a flow of positive energy into the places we need it most. Whether that's our love life, work life, or home life, using crystals daily can bring peace of mind and greater

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**prosperity to each area of our
life that's hurting. In this
insightful book for mystics
and seekers of spirituality,
you will find... • Chapters
such as "Birthstone Secrets:
Discovering Your 4 Soul
Stones," "Tranquility**

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**Touchstones: Stress-Reducing
Rocks,” and “Crystal Charms:
How to Choose and Make
Change-Your-Life Jewelry” •
Detailed information on
healing crystals and stones to
accommodate each and every
area of your life • A source of**

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**help, healing, and stress-
busting guidance through
channeling positive energy
Readers of books such as
Crystals for Beginners, The
Magic of Crystals and
Gemstones, and Crystals: The
Modern Guide to Crystal**

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**Healing will enjoy Mystical
Crystals: Stones and Gems for
Health, Wealth, and
Happiness by Cerridwen
Greenleaf.**

**Improve your life on all
levels—mentally, physically,
emotionally, and**

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spiritually—with this essential reference guide to 160 easily-procured crystals, minerals, and stones. Packed with practical knowledge and 190 beautiful full-color photos, this easy-to-use handbook will teach you all about the

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gemstone world. Each page provides you with concise information: stone name and properties, color, corresponding chakra, planet, element, zodiac sign, numerological association, and mental, emotional,

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physical, and spiritual uses.

**Margaret Ann Lembo's
metaphysical crystal directory
will also give you Mohs scale
ratings, divinatory meanings,
and a series of positive
affirmations for each stone.
Learn how to charge, cleanse,**

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**and use gemstones in healing
grids, plus how to use them
as oracles for personal
development and spiritual
awakening. Praise: "When
energetically used with the
understandings and tips
provided in this A-Z essential**

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guide, all good things are possible. Your 'everything' go-to for crystals!" —Cyndi Dale, bestselling author of The Complete Book of Chakra Healing and Beyond Soul Mates "A must-have guide for anyone who even enjoys

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**picking up rocks. Her straight-
from-the-hip approach is
matched by her passion, love
and knowledge of each and
every geode, multifaceted
crystal, and everything in
between." —Joan Ranquet,
author of Communication with**

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All Life

**The magical and spiritual uses
of the seven sacred
gemstones--diamond,
sapphire, emerald, jasper,
topaz, ruby, and amethyst •
Explores each sacred gem's
effects on the seven facets of**

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the soul and their

Adults
corresponding virtues •

**Reveals their spiritual and
therapeutic uses, the
meaning of their colors, their
ties to the chakras, and their
historical use in amulets,
talismans, and other magical**

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**tools • Outlines the basics of
Seven Ray Science and the
properties of each of the
Seven Rays Taught solely in
secret for millennia, the
Science of the Seven Rays
was introduced outside of the
ancient mystery schools of**

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**Western and Hindu tradition
by some of the great
occultists of the late 19th and
early 20th century: H. P.
Blavatsky, Manly Hall, C. W.
Leadbeater, and Alice Bailey.
Based on the soul's seven-
faceted nature, the Seven Ray**

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system underlies

metaphysical traditions

around the world through its

connections with the seven

musical notes in the scale,

the seven days in the week,

the seven chakras, the seven

colors of the rainbow, and the

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seven sacred planets. Laying out the key principles behind this spiritual science, Michel Coquet explores the seven sacred gemstones of the Seven Rays--diamond, sapphire, emerald, jasper, topaz, ruby, and

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**amethyst--and shows that not
all precious stones have true
mystical powers: they must
be charged, either naturally
or through ritual, with a living
deva or angelic presence
before they can effect
spiritual transformation and**

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**physical, mental, and soul
healing. Drawing on Hindu,
Jewish, pre-Columbian, and
Greco-Roman magical
traditions with precious
stones as well as their use by
great initiates of
history--including Hildegard**

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**von Bingen, Paracelsus,
Cornelius Agrippa, Elias
Ashmole, Nicholas Flamel,
and the Count de Saint
Germain--Coquet examines
each sacred gem's effects on
the seven facets of the soul
as well as their spiritual and**

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**therapeutic uses, the
meaning of their colors, their
influences on the chakras,
and their use in amulets,
talismans, and other magical
tools. Illuminating techniques
of invoking spirits into
gemstones and reports of the**

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power to enlarge diamonds at will, stones that produce anesthesia, and the use of gem medicines in India, Coquet reveals that while gems can influence our physical, mental, and spiritual well-being, without daily work

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**toward a gem's corresponding
virtue, even a consecrated
stone will have no effect, for
the most beautiful gems are
within.**

**The Little Guide Book of
Crystals for Children
Healing Crystals**

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Crystals and Stones

Key of TILII Dzi: - Book 2 - Gemstones

The Science of the Seven Facets of the Soul

Awakening Your Crystals Crystals and Numerology

"Crystal Bliss provides you

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with all the information you need to harness the innate energy and vibrations of crystals to help boost your own energy and focus your intention so you can beat back negative vibes open your heart to love, manifest

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wealth, and promote good health. This guide walks you through the process of selecting crystals, cleansing them and preparing them for use, and incorporating them into your meditation and energy

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healing practice"--
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with Your Superpowers For
Kids + Adults

- Explores the properties and healing uses of 40 important crystals and stones, including quartz,

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Herkimer diamond, amethyst,
and citrine--the coyote
stone • Explains how to
spiritually prepare to work
with crystals and how to
purify and care for them,
including how to establish
right relationship with a

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crystal • Details safe and effective healing techniques, including how to make crystal essences, how to program a crystal, and how to purify the energy centers or perform a healing treatment with clear quartz

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crystal Crystals and stones come from Mother Earth, and indigenous medicine people have been using them to help and to heal for millennia. Their techniques, although simple, have proven effective through the

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innumerable healers who have handed down these teachings across the generations. With the permission of his elders and teachers, Luke Blue Eagle shares the therapeutic and spiritual use of crystals as taught in the

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traditions of First Nations
tribes. He offers guidance
and teachings designed to
spiritually and
energetically prepare you
for crystal healing work,
detailing the connections
between the five elements

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and crystals as well as the energetic properties of different colors as they manifest in stones. He explains how to purify, care for, and protect your crystals, including how to establish right relationship

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with a crystal and perform a consecration ceremony for a new gemstone. The author explores the properties and healing uses of 38 important crystals and stones, including Herkimer diamond, amethyst, and citrine--the

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coyote stone. He provides safe and effective healing techniques that include how to make crystal essences, how to program a crystal, and how to purify the energy centers or perform a healing treatment with clear quartz

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crystal. Presenting an authentic guide to First Nations wisdom for working with the teachers of the mineral kingdom, Blue Eagle shows that, by forming respectful relationships with crystals and stones, we

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can not only amplify healing energies and intentions but also bring ourselves back into harmony with Mother Earth.

Crystals form slowly, so adapt their patience as you learn to harness their power

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and energy. Working with crystals can fill you with gratitude as you connect with mother earth. Crystals open you to the mysteries of mother nature, but they may not reveal their power to people who are in a hurry or

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skeptical. You will learn: -
How crystals form and how
they harness energy - 5
crystals you must consider
for starting your collection
- A simple strategy to spot
real and fake gemstones - A
practical method to find

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crystals in nature to save
money - How to easily
charge, activate and cleanse
your crystals - Proven
techniques to balance your
chakras using crystals and
gemstones - Crystal profiles
that you should use to

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improve your life - Common diseases and what crystals you should use to heal them Whether you are interested in magic, energy, physics, history, healing, you can find it in this book. Why? Because i have written a

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book for beginners, that will guide you through a fantastic journey to crystals and their power, that is really complete and informative, easy to understand, and that will make you ready for start

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practicing immediately.

A full-color practical handbook of essential techniques with an in-depth directory of healing stones

- Offers guidance on selecting your crystals and gemstones and step-by-step

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instructions on how to
cleanse, charge, activate,
and program them • Includes
templates for crystal grids
and healing layouts, recipes
for crystal elixirs, and
directions for crystal
meditations and energy

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clearing with crystals • The full-color directory includes 200 different rocks, minerals, gemstones, and crystal formations, organized alphabetically and featuring the physical, psychological, and spiritual

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healing qualities for every stone In this in-depth yet easy-to-follow guide, crystal healing teacher Nicholas Pearson offers a full-color compendium of 200 crystals and gemstones as well as a hands-on practical

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handbook on crystal healing,
perfect for those just
beginning their crystal
journey as well as long-time
stone lovers seeking an all-
in-one reference. The
handbook of crystal use
opens with a thorough

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explanation of crystal energy, including its interactions with the human energy field, and teaches readers how to extrapolate what a crystal does based on its composition, crystal structure, formation

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process, and other properties. In the chapters on techniques, Pearson offers guidance on selecting your crystals and gemstones, then step-by-step instructions on how to cleanse, charge, activate,

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and program them. He explains how to make crystal grids and healing layouts, including templates for both, and also discusses the numerology and geometry of crystal grids. He explores the essentials of crystal

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elixir recipes, and details how to perform crystal meditations, clear the energy centers and the aura, and practice more advanced techniques, such as engaging with the crystal devas,

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creating sacred space, and practices for spiritual hygiene and protection. The compendium includes 200 rocks, minerals, gemstones, and crystal formations, organized alphabetically and featuring full-color

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photographs. Each entry includes geological information and the physical, psychological, and spiritual healing qualities for every stone. Some stones, such as jasper and quartz, have multiple

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varieties, each given their own entries to provide a thorough reference guide for crystal healers and collectors. This accessible yet comprehensive guide offers the essentials of crystal energy healing

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paired with a highly
illustrated stone directory
to give you everything you
need to know about crystal
basics in one handy volume.
Decode Your Numbers and
Support Your Life Path with
Healing Stones

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Using Gemstones to Connect
with Your Superpowers
Stones of the Seven Rays
Crystals for Healing
A Comprehensive Guide to
Unlocking the Transformative
Power of Gems and Stones
Healing Crystals for the

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Modern Home

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First Nations Crystal
Healing

**Awaken your life using the power of
crystals with the ultimate crystals book
for beginners Get ready to embark on
your journey to better well-being by
unlocking the metaphysical mysteries of**

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healing crystals. Connecting with crystals allows you to harness your energy and balance your chakras to mend your body and soul. And this guide teaches you how! The Awakened Life: Crystal Healing explores the natural therapeutic power of crystals, from their chemical composition and

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ancient connections to the many ways in which preparing and using them can empower and enhance your life through physical, emotional, and spiritual healing. As you chart your course to better health and wellness, you'll survey the specific healing attributes of each type of crystal, and you'll learn how to

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select, prepare, charge, activate, and connect with them energetically. You'll also learn how to use the Five Master Healers-clear quartz, rose quartz, amethyst, smoky quartz, and turquoise-and other crystals, to heal the body, mind, and spirit, with techniques and crystal layouts that are easy to follow.

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**Crystals for Beginners: The New
Ultimate Guide to Understanding The
Amazing Healing Benefits of Crystals
BONUS Buy a paperback copy of
this book NOW and you will get the
Kindle version Absolutely FREE via
Kindle Matchbook. From ancient
cultures to modern-day creatives,**

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people have been aware of
themetaphysical properties of crystals
and special gemstones and subsequently
connected to them for unique and
profound effects. Today, many people
wear crystals as pendants and energy
protecting gems to keep themselves
centred, aligned, and protected from

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**harmful energies and intentions. The
electromagnetic, metaphysical, and
spiritual properties of crystals are
something that will be explored
throughout these chapters, providing
you with a strong understanding and
integration of how to harness their
healing energy for your own results. We**

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will explore a variety of individual gemstones and how each holds a specific vibration and frequency, merging the wisdom with practical, easily implementable, and down to earth yet high vibration raising exercises to assist in all aspects of life. Crystals are conscious entities and they have been

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formed and created for our use. There is no better time than now to connect to them. What also contributes to the power of stones is the power of belief. Whatever you believe in, positive or negative, tends to come to pass. All over earth precious and semi-precious stones and crystals are found. They are not

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Adults, just there for us to enjoy their beauty,

but we also can learn how to take

advantage of the power and energy

locked inside of them. Here Is A

Preview Of What You'll Learn... Origin

and Foundations The Elements and

Energies Harnessing Energy Fields and

Crystals How to Select Crystals How

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**Healing Crystals Work Crystals for
Love, Passion and Emotional
Connection For Wealth and
Manifestation Meditation for
Empowering Cleansing Crystals And
Much Much More.. Get Your Copy
Right Now!**

Introduce your children to the world of

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crystals and their healing properties. 39

Crystals with pictures and a simple explanation of their healing properties which makes it super easy for children to understand.

A full-color guide to 52 crystals and practices to elevate your everyday life

Are you looking to create your own

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luck? Or is today the day for breaking through blocks? Do you need to let go of what no longer serves you? Or do you simply want to sleep well, even if just for a night? No matter who you are, crystals can provide a boost of energy and purpose, as well as serve as tactile physical elements to help you transform

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your everyday life. In this essential, full-color guide, you will discover 52 crystals that can help you 365 days of the year. Co-author of Crystal Muse and founder of Energy Muse, Heather Askinosie, provides an abundance of key information, including each crystal's history and lore, origin, and intention,

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as well as a simple three- to six-step practices for easy activation. She also shares a wealth of crystal combinations for intentions such as love, wealth, creativity, and happiness. Whether you are an avid crystal fan or are a newbie, CRYSTAL365 will help you to create a personalized action plan for your own

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style and goals for positive change.

Askinosie shows how you can transform life's challenges into opportunities for growth by being equipped with the right crystals and mindset. By tapping into the vibrations of crystals, we can access wisdom that is bigger than us individually or as a society. Crystals can

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**empower your life by attracting love,
relieving anxiety, grounding you with
the energy of the earth, and much more.**

**-- adapted from text on inside front
cover.**

**The New Ultimate Guide to
Understanding the Amazing Healing
Benefits of Crystals**

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**Discover the Power of Crystal Energy
Vibrations to Heal (How to Heal,
Balance Chakras and Increase Your
Spiritual Energy)**

The Crystal Bible

**The Energetic, Healing, and Spiritual
Power of 200 Gemstones**

Co-creating with Crystals, Minerals,

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and Gemstones for Healing and
Transformation

**Your Handbook to Using and
Connecting to Crystal Energy
The Crystal Fix**

Create a beautiful and
empowering home

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environment with healing crystals. Infused with the energy of Mother Nature, every crystal has a unique set of healing properties which, armed with a little knowledge, you can unlock and harness to

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improve all aspects of life.

From tackling insomnia to relieving anxiety and fostering creativity, crystals can energise, calm and inspire.

Luminosity Crystals founder, Juliette Thornbury, provides

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all the information you need to source, care for and display your crystals - as well as tips wearing them and taking stones on-the-go. Whether you want to choose the right cluster for your coffee table, or

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to better understand the powerful potential of these stones, this essential guide will enable you to bring a little more of their transformative energy into your everyday life. Hay House Basics is a

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comprehensive new series
being launched by Hay House.
These introductory titles cover
core topics in the areas of self-
development and mind, body,
spirit. Clear and concise, these
books aim to de-mystify

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popular esoteric subjects so that anyone can understand them. They explore the benefits these techniques can have for the reader's life, and provide recommendations and suggested next steps for them

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if they wish to study the topic on a deeper level. Crystals: How to use Crystals and their Energy to Enhance Your Life is an illuminating guide to working with crystals that will show you how to sense the

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energy of these precious stones and choose the right ones to support you in different areas of your life – from health and abundance to relationships and career. Learn about the different

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techniques and exercises that you can use to connect with their powerful energy and discover:

- how to cleanse, charge and attune your crystals
- how crystals work
- how to work with the aura and

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the chakra system • crystal
healing • working with crystals
for meditation and expanded
awareness • using crystals for
self-protection and energy
enhancement • how to
connect with the crystal skulls

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and the crystal oversouls •
...and much more! This book
takes you through everything
you need to know about these
beautiful gems and the
immense benefits they can
bring to your life.

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Crystals for Beginners makes it easy to learn about crystals and how to use their positive energy in a variety of practical ways. This friendly introductory guide explores crystal magic, folklore, and

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wisdom. It features an alphabetical guide to crystals, along with advice on collecting, cleansing, and charging them. Handy reference charts help you quickly find information on

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birthstones, zodiac stones,
precious metals, and more.

You can empower, clarify, and
illuminate your life with the
help of these beautiful gems.

Balance body, mind, and spirit

Calm and center emotions Tap

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into inner wisdom Amplify and
focus energy Experience
richer dreams Develop
intuition and creativity
A comprehensive manual for
using crystals, gems, and
stones to address physical,

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emotional, and spiritual health
conditions • Includes an
extensive Materia Medica
detailing the healing and
spiritual properties of 200
crystals and stones based on
Classical Chinese Medicine •

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Explores the role played by the color of each stone, its Yin and Yang qualities, crystalline structure, chemical composition, and topical and internal applications •

Explains how to make stone

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Adults
and crystal elixirs, wear
stones as healing jewelry, use
them in massage and energy
work, and cleanse and
recharge them • Based on the
oral teachings of Dr. Jeffrey C.
Yuen, a Taoist priest from the

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ancient lineage of the Jade Purity School (88th generation) masters In addition to herbalism and acupuncture, Chinese Medicine has a rich tradition of using stones as medicine,

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passed from generation to generation for thousands of years. In this comprehensive guide and extensive Materia Medica, Leslie J. Franks presents the Stone Medicine teachings of Dr. Jeffrey C.

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Yuen, an 88th generation
Taoist priest from the ancient
lineage of the Jade Purity
School, which dates to the
Han dynasty, 206 BCE.
Detailing the therapeutic
properties of 200 gems,

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stones, minerals, and crystals,
Franks begins with an
extensive look at 15 different
forms of quartz, followed by
chapters on transformative
stones, protective stones,
nourishing stones, source

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energy stones, and alchemical stones. She explains the physical, emotional, and spiritual conditions each stone can treat and how their color, form, hardness, and energetic qualities affect us according to

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Chinese Medicine. She discusses how to make stone and crystal elixirs for internal and topical use, how to charge quartz with the healing properties of other stones, how to cleanse and recharge a

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stone after use, and how to combine stones to create healing formulas for individual conditions. She explains different techniques of wearing stones as healing jewelry and how to use them

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in massage and energy work. She examines the chemistry and sacred geometry of crystal structure, revealing how the minerals contained in the stones affect our physiology by supporting our

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Jing (Essence); by nourishing
Qi (energy), blood, and fluids;
and by clearing Wind, Cold,
Damp, and Heat conditions
that can lead to disease.
Including a thorough primer
on Traditional Chinese

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Medicine and backed by modern scientific research, this book explains how stones access our deepest layers, vibrating ever so slowly, to initiate deep lasting change. A full-color illustrated guide to

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co-creative alchemy with
crystals and stones for
personal and planetary healing
and enlightenment • Reveals
that those who love and work
with crystals and stones have
been intuitively following the

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path of spiritual alchemy •

Provides meditative practices with specific stones to go with each stage of the alchemical transformation process as well as other tools and techniques

• Includes an illustrated

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dictionary summarizing the spiritual qualities of more than 375 different minerals, crystals, and gemstones The Alchemy of Stones presents an inspired breakthrough in Robert Simmons' thirty-five

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year career of exploring and revealing the spiritual qualities and potentials of minerals, crystals, and gemstones. This holistic, Earth-based framework for understanding stones and their energies

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initiates readers into an alchemical worldview that leads to spiritual healing, transformation, and transcendence. Engaging readers step by step, Simmons provides guidance

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on discovering and harnessing the three human powers of intention, attention, and imagination, each a crucial component for meeting and working in harmony with the energies of the Stone

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Beings. Simmons also introduces us to the Divine Feminine intelligence known as Sophia, or Wisdom. The Stone Beings are her emissaries, and through relating and co-creating with

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them, the healing and redemption of ourselves and the Earth becomes a reality. Offering an illustrated dictionary of the spiritual qualities of more than 375 different minerals, crystals,

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and gemstones, Simmons also explores in depth what he calls the Four Cornerstones of the Alchemy of Stones: Moldavite, Phenacite, Azeztulite, and Rosophia. He discusses the stages of

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alchemical transformation and provides meditative practices with specific stones to go with each stage. He also explores how to work with stone mandalas, crystal body layouts, gemstone elixirs, and

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Orgonite energy devices and details powerful techniques for working with stones.

Woven throughout are Simmons' personal stories of the pivotal mystical experiences that triggered his

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capacity to feel stone energies
and led him to develop his
relationship with the stones,
revealing how this work can
open minds and awaken
hearts. Lavishly illustrated,
The Alchemy of Stones is an

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invitation to a journey of
enlightenment, transformation,
and spiritual metamorphosis
aligned with the path of our
living, conscious Earth.

Energy Healing for the Vital
and Subtle Bodies

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The Zenned Out Guide to
Understanding Crystals
Healing Crystals and
Gemstones
Attract Love. Feed Your Spirit.
Manifest Your Dreams.
Crystal and Stone Massage

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The Crystal Alchemist Crystals

*Bead with beautiful
gemstones and create
dazzling earrings,
bracelets, and
more—includes over one*

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Adults
hundred projects for all
skill levels. You can
learn to create gorgeous
gemstone jewelry with
this collection of over
one hundred projects,
ranging from eye-

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*catching earrings and
accessories to exquisite
necklaces and bracelets.
This beautiful book
offers an impressive
range of twenty-eight
beautiful semi-precious*

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*stones (including
birthstones) and a
glimpse into the
fascinating history and
mythical properties
behind them. Projects
range from the simplest*

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Adults
*stringing to more
detailed beadwork to
cater for all levels of
ability. Discover a
variety of versatile
ideas that can be
adapted for any type of*

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*gem or bead—with clear
artwork, vivid photos,
and easy-to-follow step-
by-step instructions.
Details the powerful
effects of gems as an
alternative therapy for*

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*physical, psychological,
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and spiritual healing •*

*Reveals the physical,
healing, and
astrological properties
of over 70 minerals,
along with instructions*

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Adults
*for maintaining and
recharging their powers*

- *Examines the “life”
energy of stones, their
basic vibratory
patterns, and how this
energy is used*

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*therapeutically to treat
Adults
various disorders •*

*Shows how to use gems in
color therapy and to
harmonize the chakras*

*Gemstones have been used
for both therapeutic and*

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Adults
*spiritual purposes since
the beginning of time
and in all traditions.
Used properly, they can
contribute to and
accelerate healing
through the practice of*

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lithotherapy, which uses
gems and minerals to
restore enzymatic
functions, and they can
energize spiritual
development. Alternative
medicines such as

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*homeopathy have given
prominence to the
therapeutic character of
certain minerals, but
the use of gemstones in
expanding awareness or
establishing a holistic,*

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*energetic connection
with the stone itself
have scarcely been
brought forward. In this
reclaiming of ancient
wisdom, Florence
Mégemont explores the*

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*many potent and
beneficial dimensions of
the mineral world. Over
70 precious and
semiprecious stones are
inventoried as to their
principal deposits,*

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therapeutic

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*applications, and zodiac
correspondences. Readers
will discover which
physical and emotional
disorders can be
relieved by using which*

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*minerals and--with the
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application of chakra
therapy--which gemstones
are indispensable to
their spiritual health.
While not proposing that
lithotherapy is a*

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substitute for
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*traditional allopathic
treatment, Mégemont
shows that it can be a
powerful complement to
it. Additionally, stones
can act preventively,*

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*energizing both our
Adults
health and spiritual
resources to a state of
balance and attunement.
Crystals have long been
known for their beauty
and mysterious*

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Adults
*qualities. Written by a
leading authority on
crystal healing, this
brilliant guide goes
beyond the basics of
most reference books,
and teaches readers*

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everything they need to
know about tapping into
the truly transformative
power of crystals for a
more intentional,
contemplative,
spiritually fulfilling

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life.

Adults

*From the pyramids of
Giza to Stonehenge to
Machu Picchu, people are
captivated by the magic
of the world's most
sacred and mysterious*

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*sites. Crystals and
Sacred Sites teaches you
how to tap into the
healing energy of these
sites from anywhere in
the world using the
power of crystals and*

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*sacred stones. Noted
crystal authority Judy
Hall takes you to the
most revered sacred
sites in the ancient
world as well as newly
discovered ones that are*

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emerging as power points
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critical to our
evolution as a planet.
With the assistance of
specially selected
crystals and
accompanying meditations

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*and rituals, you can
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open the doorways to
transformation and
healing.*

- Explains how to
calculate your personal
numbers and work with*

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Adults
*gemstones to enhance the
strengths of your
numbers and overcome
weaknesses • Explores
which crystals resonate
most with each number's
energy, including*

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*detailed descriptions of
the gemstones'
spiritual, mental, and
physical qualities
alongside beautiful
photographs • Offers
affirmations,*

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*meditations, and crystal
healing techniques to
connect with the
energies of the
gemstones Numerology
offers a surprisingly
accurate tool to gain*

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Adults
*insight into your
character, talents, and
abilities by analyzing
the numbers in your
birthdate, the numeric
values of the letters in
your name, and the*

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Adults
numbers that

*serendipitously appear
in your life again and
again. While our
personal numbers are the
mirror that reflects our
inner world, crystals*

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Adults
*are our helpers in the
outer world to harmonize
the energies we were
born with. They are
gifts from the earth
that we are offered to
unfold our divine*

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*potential. Through their
beauty and wisdom, they
can help us be more in
tune with our destiny.
In this full-color
guide, the authors
explain how to calculate*

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Your Superpowers: For Kids

your personal numbers

Adults
and work with the

healing energies of

gemstones to unfold the

full potential your

numbers reveal. Each of

the numbers 0 to 9 is

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Adults
explained on the
numerological level,
including their
qualities, energies, and
how they act on human
consciousness. The
authors then describe

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Adults
*which crystals resonate
most with each number's
energy and which offer
complementary energies,
providing detailed
descriptions of the
gemstones' spiritual,*

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mental, and physical

qualities alongside

beautiful photographs.

*The authors also offer
affirmations,*

meditations, and crystal

healing techniques to

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Adults
connect with the

energies of the

gemstones. By working

with the gemstones that

resonate with your

numerology, you can

enhance the strengths of

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your personal numbers.

Adults
*If a certain number's
weaknesses are
manifesting in your
life, you can discover
crystals that will help
to integrate and balance*

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the number's hindering effects. Together, numbers and stones offer a wonderful possibility to find your own way, recognize your true self, heal, and

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Adults
*harmonize with the world
around you. Let the
numbers guide you and
the crystals empower
you!*

*A Complete Guide to
Their Healing Properties*

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Crystal Bliss

Crystal Muse

*The Essential Guide to
Crystals, Minerals and
Stones*

*Discover the Therapeutic
Powers of Crystals*

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*Crystals for the Divine
Feminine*

*Making Jewelry with
Gemstone Beads*

A practical guide to working with
gemstones and crystals
connected to Goddess energy

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for magick, healing, and
transformation • 2020 Coalition
of Visionary Resources Gold
Award • Explores more than 100
Goddess-centered stones and
crystals, including amazonite,
amethyst, birthing stones,

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thundereggs, geodes, Lemurian
seed crystals, sakura stone, yeh
ming zhu, and carnelian, also
known as the blood of Isis •

Details each stone's astrological
and elemental correspondences,
Goddess archetypes, healing

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properties, magickal uses, and
aspects of the Divine Feminine it
embodies • Includes instructions
for Goddess-centered rituals,
guided meditations, and spells •
Explains how to create Goddess-
centered crystal grids, crystal

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elixirs, and charm bags Part of
Mother Earth, crystals and
gemstones are intimate pieces of
the body of the Goddess, sacred
tools that can help us tap into
Her energy for healing, magick,
and spiritual growth. In this

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practical guide to working with the stones of the Goddess, Nicholas Pearson explores more than 100 gemstones and crystals strongly connected with the energies of the Divine Feminine, including old favorites like

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amazonite, amethyst, geodes, and carnelian (also known as the blood of Isis), alongside newer and more unusual stones such as sakura ishi, yeh ming zhu, and Lemurian seed crystals. He details each stone's spiritual and

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healing properties, astrological and elemental correspondences, Goddess archetypes and lore, magickal uses, and the aspects of the Divine Feminine it embodies. Providing an overview of major Goddesses from around

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the world, he reveals how Goddess traditions and myths have incorporated stones throughout history. Guiding you through the basics of crystal work, including cleansing and programming, the author offers

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step-by-step instructions for Goddess-centered magickal rituals, guided meditations to connect with the Divine Feminine, and the use of crystals for spellcasting. He explains how to create crystal grids, including

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the Triple Goddess Grid and the
Venus Grid; crystal elixirs, such
as Aphrodite Elixir and Yemayá
Essence; and crystal charm bags
for purification, wealth, and a
happy home. With the rebirth of
the Goddess now happening

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after millennia of suppression,
Pearson shows how, by working
with gemstones and crystals, you
can help restore the radiant light
and limitless magick of the
Divine Feminine and move
humanity toward collective

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growth and healing. The stones of the Goddess are here to support us through practical means as well as serve as anchors for the return of the Goddess's presence.

Using Gemstones to Connect

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with Your Superpowers is an easy-to-read, beautifully illustrated guide with 8 gemstones (also known as crystals) and affirmations & meditations, to help you get in touch with the superpowers

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already inside you!

"A comprehensive reference guide to the spiritual healing qualities and scientific properties of hundreds of sacred crystals, minerals, and gemstones, this book includes color photographs

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to aid in stone identification"--
Harness the power of magic to
create a beautiful, healing living
space with this unique illustrated
guide from the founder of
HausWitch, the popular Salem,
Massachusetts, store and online

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lifestyle brand. Anyone looking to put together their ideal home—full of beauty, comfort, protection, and positive energy—will gravitate to HausMagick, a simple and striking modern handbook for using witchcraft to bring divine

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wellbeing into every dwelling.
Author and HausWitch founder
Erica Feldmann teaches you
how to transform any space into
a sacred sanctuary using the
principles of the HausWitch
brand, which brings together

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earth magic, meditation,
herbalism, self-awareness, tarot,
astrology, feminist spirituality,
and interior decoration.

Organized by six fundamental
elements—Manifestation,
Clearing, Protection, Comfort,

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Harmony, and
Balance—HausMagick includes
herbal recipes for clearing sprays
and bath salts, folklore-inspired
decorating tips, an overview of
tarot, advice on crystals, ancient
home healing spells and

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meditations, and more. Featuring
a sophisticated and inviting
layout, filled with more than 100
inspiring colorful photographs,
HausMagick is the cool modern
guide to a transformed living
space.

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Tuning Fork Therapy® using Crystals with tuning forks is a manual instructing the user in how to incorporate crystals and gemstones with tuning forks in a healing session. Manual includes easy to follow directions and

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photographs. Certification and
more information is available
online at

www.TuningForkTherapy.com

Stone Medicine

HausMagick

Transform Your Home with

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Your Superpowers: For Kids
Witchcraft
Adults

A Chinese Medical Guide to
Healing with Gems and Minerals
CRYSTAL365
For Kids + Adults

Crystals and Stones: A Complete

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Guide to Their Healing
Properties helps readers to
incorporate the healing power of
stones into daily life. Aimed at
both beginners and experts, the
book showcases nearly 200
crystals and stones, describing

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their impact on human beings' physical, mental, emotional, and spiritual states. The book begins with historical background and practical considerations, such as how stones work and how to clean and recharge their energy.

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The relationship of stones to chakras is explored, as are practices such as channeling via certain powerful crystals. The heart of the book is an A to Z guide covering everything from amber to zoisite that explains

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which stones are most effective for particular medical conditions, emotional and energy blockages, and spiritual impasses. Stones and crystals have been important tools for health and spiritual transformation for millennia. This

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book shows modern readers how to best utilize those tools. ¶If we could follow the step by step transformation of coal into diamond, we would discover what enabled Prince Siddhartha to 'awaken' and become this

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Being of Light known to this day
as the Buddha. from the book
The Metaphysical Book of Gems
and Crystals
Use Crystals to Access the
Power of Sacred Landscapes for
Personal and Planetary

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Transformation

The Ultimate Beginners Guide to
Understanding and Using
Healing Crystals and Stones
Crystals and Sacred Sites
Crystal Wisdom and Stone
Healing for Body, Mind, and

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Adults
Spirit
Crystals for Beginners
Mystical Crystals