

Where To Download A Center
For Childbirth And Parenting
Education

***A Center For Childbirth
And Parenting Education***

A groundbreaking narrative investigation of childbirth in the age of machines, malpractice, and managed care, *Pushed* presents the

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complete picture of maternity care in America. From inside the operating room of a hospital with a 44% Cesarean rate to the living room floor of a woman who gives birth with an illegal midwife, Block exposes a system in which few

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women have an optimal experience. Pushed surveys the public health impact of routine labor inductions, C-sections, and epidurals, but also examines childbirth as a women's rights issue: Do women even have the right to choose a normal birth? Is

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that right being upheld? A wake-up call for our times, Block's gripping research reveals that while emergency obstetric care is essential, we are overusing medical technology at the expense of maternal and infant health.

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There is a global crisis in maternal health care for black women. In the United States, black women are over three times more likely to perish from pregnancy-related complications than white women; their babies are half as likely to

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survive the first year. Many black women experience policing, coercion, and disempowerment during pregnancy and childbirth and are disconnected from alternative birthing traditions. This book places black women's voices at the center of

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the debate on what should be done to fix the broken maternity system and foregrounds black women's agency in the emerging birth justice movement. Mixing scholarly, activist, and personal perspectives, the book shows readers how they too

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can change lives, one birth at a time. "Giving birth is the pivotal moment of a woman's life but it is often treated as a medical procedure, and not as a rite of passage. Birthing from Within offers parents engaging and memorable ways for pregnant

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women, and their partners, to activate personal, social and spiritual resources that will guide them through labour and afterwards. Many birth classes teach from the 'outside', from the perspective of the professional. Yet, knowledge of

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anatomy and the stages of labour can often seem irrelevant in the intensity of contraction. The pregnant woman needs to know about labour and birth from her own perspective, she needs to be prepared for birthing from within. Pam England offers a

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method that allows a woman to fully understand her own strengths and resources. The self-discoveries made during pregnancy makes birth life-enhancing and empowers the future of the family. It is a multi-sensory and holistic approach that aims to

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make parents feel positively informed about what they are about to experience, confident about the birth of their child. Pain is an inevitable part of childbirth but Birthing from Within provides resources for building pain-coping

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confidence in parents. It gives detailed instructions on dealing with normal labour pain and when the humane use of drugs may be called for."--Cover.

Pinocchio, The Tale of a Puppet follows the adventures of a talking

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wooden puppet whose nose grew longer whenever he told a lie and who wanted more than anything else to become a real boy. As carpenter Master Antonio begins to carve a block of pinewood into a leg for his table the log shouts out, "Don't

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strike me too hard!" Frightened by the talking log, Master Cherry does not know what to do until his neighbor Geppetto drops by looking for a piece of wood to build a marionette. Antonio gives the block to Geppetto. And thus begins the life

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of Pinocchio, the puppet that turns into a boy. Pinocchio, The Tale of a Puppet is a novel for children by Carlo Collodi is about the mischievous adventures of Pinocchio, an animated marionette, and his poor father and woodcarver

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Geppetto. It is considered a classic of children's literature and has spawned many derivative works of art. But this is not the story we've seen in film but the original version full of harrowing adventures faced by Pinnocchio. It includes 40

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illustrations.

Gentle Birth Choices

Pregnancy, Birth and Parenthood
Outcomes, Quality, Access, and
Choice

Counselling for Maternal and
Newborn Health Care

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All My Babies, Asynclitic Birth,
Barbara Vernon, Birthing Center,
Bradley Method of Natural
Childbirth, Cervical Effacement,
Childbirth Con
Freestanding Birth Centers
History and Heroines of American

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Childbirth Reform

Thoughtful planning so mom
and her supporters are ready
when the baby is! A midwife
helps expecting mothers
decide how natural they want
their labor to be, what
birthing methods are

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available, and the type of professional they want present. It helps women weigh factors, prepare mentally, make important decisions, and plan ahead for successful delivery and beyond. ?Only book covering

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the spectrum of natural
birthing methods, and has a
medical authority's vetting
?Expert author is a
certified professional
midwife and certified hypno-
birthing childbirth educator
?Covers all aspects of

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natural birthing, from
planning before women become
pregnant through
breastfeeding

The main aim of this
practical Handbook is to
strengthen counselling and
communication skills of

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skilled attendants (SAs) and other health providers, helping them to effectively discuss with women, families and communities the key issues surrounding pregnancy, childbirth, postpartum, postnatal and

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post-abortion care. The MNH Counselling Handbook is chiefly designed to be used by groups of SAs with the help of a facilitator. It can also be used by individual SAs who can get together with colleagues for

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discussions and activities where needed. It relies on a self-directed learning approach, allowing SAs to work at their own pace, drawing on their past counselling experience. The way it is used will be

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determined by each country's context, and the SAs preference. The MNH Counselling Handbook is divided into three main sections. Part 1 is an introduction which describes the aims and objectives and

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the general layout of the Handbook. Part 2 describes the counselling process and outlines the six key steps to effective counselling. It explores the counselling context and factors that influence this context

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including the socio-economic, gender, and cultural environment. A series of guiding principles is introduced and specific counselling skills are outlined. Part 3 focuses on different maternal and

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newborn health topics,
including general care in
the home during pregnancy;
birth and emergency
planning; danger signs in
pregnancy; post-abortion
care; support during labour;
postnatal care of the mother

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and newborn; family planning
counselling; breastfeeding;
women with HIV/AIDS; death
and bereavement; women and
violence; linking with the
community. Each Session
contains specific aims and
objectives, clearly

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outlining the skills that will be developed and corresponding learning outcomes. Practical activities have been designed to encourage reflection, provoke discussions, build skills

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and ensure the local relevance of information. There is a review at the end of each session to ensure the SAs have understood the key points before they progress to subsequent sessions.

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Birth Settings in
America Outcomes, Quality,
Access, and Choice National
Academies Press

Since the original
publication of The Birth
Partner, partners, friends,
relatives, and doulas have

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relied on Penny Simkin's guidance in caring for the new mother, from her last trimester through the early postpartum period. Now fully revised in its fifth edition, *The Birth Partner* remains the definitive guide

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to helping a woman through labor and birth, and the essential manual to have at hand during the event. The Birth Partner includes thorough information on: Preparing for labor and knowing when it has begun

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Normal labor and how to help
the woman every step of the
way Epidurals and other
medications for labor
Pitocin and other means,
including natural ones, to
induce or speed up labor Non-
drug techniques for easing

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labor pain Cesarean birth
and complications that may
require it Breastfeeding and
newborn care and much more
For the partner who wishes
to be truly helpful in the
birthing room, this book is
indispensable.

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The Healthy Pregnancy Book
Choosing Birth at Home Or in
a Birth Center

The Complete Idiot's Guide
to Pregnancy and Childbirth,
3rd Edition

The Complete Idiot's Guide
to Natural Childbirth

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**When Becoming a Mother
Doesn't Go As Planned: A
Memoir**

**Ina May's Guide to
Childbirth**

**Natural Childbirth the
Bradley Way**

Learn how to access the root of

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**feminine energy and power to heal
from pregnancy and birth and
discover joy within yourself and your
family. Create new forms of
mothering and learn to facilitate
daily access to the power, spirit, and
joy that mothering from the center**

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**brings. Building on themes from
Tami Lynn Kent's award-winning
Wild Feminine, Mothering from
Your Center takes a
groundbreaking, holistic approach to
women's health as Kent provides
gentle guidance through the**

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**emotional and physical
transformative process of pregnancy,
birth, and motherhood. Revealing
her own soul-filled journey from
miscarriage to motherhood, Kent
offers an intimate and
comprehensive guide to reclaiming**

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the energetic center of the female body. Drawing on her work with thousands of women and the energy of the pelvic bowl, Kent teaches you to access the creative potential of your center and the profound medicine it contains for all aspects of

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mothering and living creatively.

Learn how to • engage the energetic power of the pelvic bowl; • heal from pregnancy and birth; • strengthen the bond between mother and child; • create holistic family harmony; • find balance between work and

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home; • enhance creativity and joy.
Whether you are pregnant, trying to conceive, recovering from childbirth, or raising children today, **Mothering from Your Center** will help you tap into your core feminine energy and explore your full creative range.

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The delivery of high quality and equitable care for both mothers and newborns is complex and requires efforts across many sectors. The United States spends more on childbirth than any other country in the world, yet outcomes are worse

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than other high-resource countries, and even worse for Black and Native American women. There are a variety of factors that influence childbirth, including social determinants such as income, educational levels, access to care,

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financing, transportation, structural racism and geographic variability in birth settings. It is important to reevaluate the United States' approach to maternal and newborn care through the lens of these factors across multiple disciplines. Birth

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Settings in America: Outcomes, Quality, Access, and Choice reviews and evaluates maternal and newborn care in the United States, the epidemiology of social and clinical risks in pregnancy and childbirth, birth settings research, and access to

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and choice of birth settings.

The classic book on home birth.

**Stories of the experiences of parents
and midwives during the birth
process plus a technical manual for
midwives, nurses, and doctors.**

Includes information on prenatal

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care and nutrition, labor, delivery techniques, care of the new baby, and breast-feeding.

The breakthrough approach to a safer, easier, more comfortable birthing. HypnoBirthing® is a celebration of life, and does not need

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to be feared, in embracing a natural birth a mother will discover a closer connection with their pre-born baby and will build a better understanding of the baby as a conscious little person who can interact with you, even before birth. Marie Mongan

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explodes the myth of pain as a natural accompaniment to birth. Including techniques for relaxing the mind during birth allows the body to work. Using the HypnoBirthing® method will lead to a happy and comfortable pregnancy and provide

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**a life-changing experience for the life
of the new family.**

Fathering

Motherhood Reimagined

Childbirth

**The Painful Truth About Childbirth
and Modern Maternity Care**

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Reclaiming Birth

The Complete Guide

Impact of Birthing Practices on Breastfeeding

Immunization during pregnancy with currently recommended vaccines prevents infection in the mother, the

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unborn fetus, and the young infant, and there is an increasing focus from different stakeholders to use this approach for other infections of importance to protect these vulnerable groups. The aim of this Maternal Immunization book is to provide a contemporary overview of vaccines

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used in pregnancy (and the lactation period), with emphasis on aspects of importance for the target groups, namely, rationale for the use of vaccines in pregnancy, safety, immunogenicity (immunology), timing to vaccinate, repeat doses, protective effects in the mother, fetus, and infant,

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and public acceptance and implementation, of existing and of future vaccines. Provides an overview of a quickly evolving topic. This will benefit the reader who wishes to rapidly become informed and up-to-date with new developments in this field Suitable to a broad audience:

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scientific researchers, obstetricians, gynecologists, neonatologists, vaccinators, pediatricians, students, and industry. Maternal vaccination impacts a wide range of specialists
Allows health care professionals/researchers to gain insight into other aspects of

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vaccination in pregnancy outside of their specialism Is coauthored by specialists from multiple disciplines, providing a diverse view of the subject, increasing its interest and appeal Creates awareness of the current developments in this area of medicine and of the potential of maternal

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vaccination to improve the health of mothers and infants worldwide

If you only buy one pregnancy book, this should be the one! It's the most complete. It covers all aspects of childbearing, from conception through early infancy, and tells you what to expect. It offers detailed information,

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suggestions on decisions to make, and advice on steps to take to have a safe and satisfying experience. The Award-Winning Resource Recommended by Experts & Loved by Parents Parents love this book because it puts them in control by explaining a wide range of options, information, and questions to

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ask, so parents can find what works best for their health situation, personal goals, and priorities. Experts love this book because it's based on the latest medical research and recommendations from leading health organizations. It's practical—rooted in the real-life experiences of new

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families. The five authors bring a combined total of 150 years of experience working with expectant and new families as educators, nurses, counselors, doulas, physical therapists, and lactation consultants. They have attended hundreds of births, heard thousands of birth

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stories, and assisted innumerable new parents in adapting to their new lives. Not only that, the authors have a combined total of 12 children and 12 grandchildren. All of this experience allows them to write with compassion, understanding, and wisdom based on what really works in the real-world of

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parenting. The companion website offers even more details on select subjects, including lists of all the best resources on each topic and worksheets to guide parents' decision-making process. The website also includes a bonus chapter on pre-conception, which provides ways to

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improve your health and fertility before pregnancy begins.

THE BIBLE FOR EVERY COUPLE
PREPARING FOR THE BIRTH OF A
BABY When it was first introduced
more than thirty years ago, the
Lamaze method was a revolutionary
childbirth technique. Since that time, it

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has made pregnancy and childbirth easier for millions of women, lessening their dependence on pain medications before and after birth. Elisabeth Bing's classic book on the Lamaze method guides women through the physical and psychological challenges of pregnancy. Six Practical Lessons for

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an Easier Childbirth details the changes a woman can expect in her body during pregnancy, labor, and delivery and provides a complete program of exercises for increased muscular control and relaxation during childbirth. This guidebook also emphasizes the partner's supportive

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role in the Lamaze method, both in preparation and in the delivery room. This newly revised edition includes an expanded program with new photographs of exercises for every pregnant woman. Elisabeth Bing also provides more information on what to expect in the hospital, including

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updated information on cesarean births and the medications commonly prescribed during delivery. Filled with vital information and reassurance, Six Practical Lessons for an Easier Childbirth will make expectant couples better prepared than ever for this joyous, rewarding experience.

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Midwifery & Women's Health

Childbirth Education

Black Women, Pregnancy, and
Childbirth

Birth Settings in America

Participation in Labor and Birth

The Classic Book on the Lamaze
Method

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Your Baby, Your Way

Pediatric First Aid and CPR

Knowledge from the very start.

Bringing a child into the world is the most momentous time of one's life.

Now parents can have the most up-to-date information on what to

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expect from the nine months of pregnancy and the entire process of childbirth. Written by an experienced OB-GYN and mother, with a reassuring tone, the latest edition of The Complete Idiot's Guide® to Pregnancy and

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Childbirth includes: ?A new focus on "green" pregnancies and childbirth ?The latest information on screenings, guidelines for vaccination, and more ? "Daddy Alert" sidebars provided throughout to include the father during

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pregnancy and childbirth

The childbirth Educator; Expectant
Parents; Supportive Strategies for
Childbirth; Promoting Wellness;
The Classroom Experience;
Professional Practice
With Mindful Birthing, Nancy

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Bardacke, nurse-midwife and mindfulness teacher, lays out her innovative program for pregnancy, childbirth, and beyond. Drawing on groundbreaking research in neuroscience, mindfulness meditation, and mind/body

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medicine, Bardacke offers practices that will help you find calm and ease during this life-changing time, providing lifelong skills for healthy living and wise parenting. **SOME OF THE BENEFITS OF MINDFUL BIRTHING:** Increases confidence

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and decreases fear of childbirth
Taps into deep inner resources for
working with pain Improves couple
communication, connection, and
cooperation Provides stress-
reducing skills for greater joy and
wellbeing

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What you need to know to have the best birth experience for you.

Drawing upon her thirty-plus years of experience, Ina May Gaskin, the nation's leading midwife, shares the benefits and joys of natural childbirth by showing women how

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to trust in the ancient wisdom of their bodies for a healthy and fulfilling birthing experience. Based on the female-centered Midwifery Model of Care, Ina May's Guide to Natural Childbirth gives expectant mothers comprehensive information

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on everything from the all-important mind-body connection to how to give birth without technological intervention. Filled with inspiring birth stories and practical advice, this invaluable resource includes:

- Reducing the pain of labor without

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drugs--and the miraculous roles touch and massage play • What really happens during labor • Orgasmic birth--making birth pleasurable • Episiotomy--is it really necessary? • Common methods of inducing labor--and

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which to avoid at all costs • Tips for maximizing your chances of an unmedicated labor and birth • How to avoid postpartum bleeding--and depression • The risks of anesthesia and cesareans--what your doctor doesn't necessarily tell

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you • The best ways to work with doctors and/or birth care providers • How to create a safe, comfortable environment for birth in any setting, including a hospital • And much more Ina May's Guide to Natural Childbirth takes the fear out of

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childbirth by restoring women's
faith in their own natural power to
give birth with more ease, less pain,
and less medical intervention.

Birth Partner 5th Edition

Birthing from Within

Maternal Immunization

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Mindful Birthing

Pinocchio, the Tale of a Puppet
Pregnancy, Childbirth, Postpartum,
and Newborn Care

Tapping Your Body's Natural
Energy for Pregnancy, Birth, and
Parenting

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**"Originally published as The
business of baby."**

**At the age of thirty-nine, Sarah
Kowalski heard her biological
clock ticking, loudly. A single
woman harboring a deep
ambivalence about motherhood,
Kowalski needed to decide once**

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and for all: Did she want a baby or not? More importantly, with no partner on the horizon, did she want to have a baby alone? Once she revised her idea of motherhood—from an experience she would share with a partner to a journey she would embark upon

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alone—the answer came up a resounding Yes. After exploring her options, Kowalski chose to conceive using a sperm donor, but her plan stopped short when a doctor declared her infertile. How far would she go to make motherhood a reality? Kowalski

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catapulted herself into a diligent regimen of herbs, Qigong, meditation, acupuncture, and more, in a quest to improve her chances of conception. Along the way, she delved deep into spiritual healing practices, facing down demons of self-doubt and

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**self-hatred, ultimately
discovering an unconventional
path to parenthood. In the end, to
become a mother, Kowalski did
everything she said she would
never do. And she wouldn't
change a thing. A story of
personal triumph and**

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unconditional love, Motherhood Reimagined reveals what happens when we release what's expected and embrace what's possible. This guide provides a full range of updated, evidence-based norms and standards that will enable health care providers to give high

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quality care during pregnancy, delivery and in the postpartum period, considering the needs of the mother and her newborn baby. All recommendations are for skilled attendants working at the primary level of health care, either at the facility or in the

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community. They apply to all women attending antenatal care, in delivery, postpartum or post abortion care, or who come for emergency care, and to all newborns at birth and during the first week of life (or later) for routine and emergency care. This

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guide is a guide for clinical decision-making. It facilitates the collection; analysis, classification and use of relevant information by suggesting key questions, essential observations and/or examinations, and recommending appropriate research-based

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interventions. It promotes the early detection of complications and the initiation of early and appropriate treatment, including time referral, if necessary.

Correct use of this guide should help reduce high maternal and perinatal mortality and morbidity

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rates prevalent in many parts of the developing world, thereby making pregnancy and childbirth safer.

A guide to childbirth from the perspective of a doula covers such topics as lamaze, pain medications, labor techniques,

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cesareans, and birth plans.

**Stress-Free Advice for a Healthy
Pregnancy and Birth**

A Guide for Essential Practice

**Taking Charge of Your
Pregnancy, Childbirth, and
Parenting Decisions for a**

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Happier, Healthier Family

Early Infant Death

Mothering from Your Center

Secrets Every Pregnant Woman

Should Know

*Available for the first time in full
color, the up-to-date and*

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*authoritative pregnancy guide
that has sold 1.5 million
copies--by recognizing that "one
size fits all" doesn't apply to
maternity care Parents love this
book because it puts them in
control; experts love it because*

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it's based on the latest medical research and recommendations from leading health organizations. Pregnancy, Childbirth, and the Newborn provides the information and guidance you need to make

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informed decisions about having a safe and satisfying pregnancy, birth, and postpartum period--decisions that reflect your preferences, priorities, and values. Unlike pregnancy guides that can overwhelm and alarm by

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telling you up front all the things that can possibly go wrong, this book first describes normal, healthy processes, their typical variations, and the usual care practices for monitoring them. Only then does it cover possible

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complications and the care practices and procedures for resolving them. Throughout, the presentation is crystal-clear, the tone is reassuring, and the voice is empowering. And the language is inclusive, reflecting

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today's various family configurations such as single-parent families, blended families formed by second marriages, families with gay and lesbian parents, and families formed by open adoption or surrogacy.

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From sensible nutrition advice to realistic birth plans, from birth doulas when desired to cesareans when needed, from reducing stress during pregnancy to caring for yourself as well as your baby after birth,

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this pregnancy guide speaks to today's parents-to-be like no other.

*For a Safe and Healthy Birth...
Your Way! Giving Birth with
Confidence will help take the
mystery out of having a baby and*

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help you better understand how your body works during pregnancy and childbirth, giving you the confidence to make decisions that best ensure the safety and health of you and your baby. Giving Birth with

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Confidence is the first and only pregnancy and childbirth guide written by Lamaze International, the leading childbirth education organization in North America. Written with a respectful, positive tone, the full version of this book

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presents:

- Information to help you choose your maternity care provider and place of birth
- Practical strategies to help you work effectively with your care provider
- Information on how pregnancy and birth progress

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*naturally • Steps you can take to
alleviate fear and manage pain
during labor • The best available
medical evidence to help you
make informed decisions
Previously titled The Official
Lamaze Guide, this 3rd edition*

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has updated information on:

- *How vaginal birth, keeping mother and baby together, and breastfeeding help to build the baby's microbiome.*
- *How hormones naturally start and regulate labor and release*

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endorphins to help alleviate pain.

- Maternity-care practices that can disrupt the body's normal functioning.*
- The latest recommendations on lifestyle issues like alcohol, vitamins, and caffeine.*
- Room sharing and*

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cosleeping: the controversy, recommendations, and safety guidelines. • Out-of-hospital births are on the rise: New research and advice on planned home birth, including ACOG's revised guidelines, which support

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women's choices and promote seamless transfer to hospital, if needed. • The importance of avoiding unnecessary caesareans for mother and child. Includes the new ACOG guidelines on inductions and

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active labor. • The research in support of the Lamaze International's "Six Healthy Birth Practices," which are: • Let labor begin on its own. • Walk, move around, and change positions throughout labor. • Bring a loved

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one, friend, or doula for continuous support. • Avoid interventions that aren't medically necessary. • Avoid giving birth on your back and follow your body's urges to push. • Keep mother and baby

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*together—it's best for mother,
baby, and breastfeeding.*

*Birth as every woman would like
it to be • Recommended by
Lamaze International as one of
the top ten books for pregnant
women and their families •*

Where To Download A Center For Childbirth And Parenting Education

Includes a 45-minute DVD of six live gentle births • More than 32,000 copies sold of the original edition New parents are faced with a myriad of choices about pregnancy, labor, and birth. In Gentle Birth Choices Barbara

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Harper, renowned childbirth advocate, nurse, former midwife, and mother of three, helps to clarify these choices and shows how to plan a meaningful, family-centered birth experience. She dispels medical myths and

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reimagines birth without fear, pain, or violence. Harper explains the numerous gentle birth choices available, including giving birth in an independent birth center, at home, or in a hospital birthing room; finding a

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primary caregiver who shares your philosophy of birth; and deciding how to best use current technologies. She also provides practical advice for couples wishing to explore the option of using a doula or water during

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labor and birth to avoid the unwanted effects of drugs and epidurals. The Gentle Birth Choices DVD blends interviews with midwives and physicians and six actual births that illustrate the options of water

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birth, home birth, and vaginal birth after a prior Cesarean section. The DVD clearly reveals the strength of women during childbirth and the healthy and happy outcome of women exercising gentle birth choices. It

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is a powerful instructional tool, not only for expectant parents, but also for midwives, hospitals, birth centers, and doctors.

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seventy years, prepares you for drug and surgery-free childbirth and puts you in control by providing the tools to navigate evidence-based care. Certified childbirth educator Susan McCutcheon, one of Dr.

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Bradley's first students, now makes this natural approach to childbirth more accessible than ever. You will learn:

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of laboring • How to involve your partner as a birth coach and a fully engaged participant • What's driving the induction epidemic and how to avoid an unnecessary induction • What's driving the cesarean surgery

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epidemic and how to reduce your risk • How to get the information you need to make informed decisions about your birth “The Bradley Method’s simple objective, through relaxation, breathing, and visualization, is a

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birth free of the interventions frequently offered to women in the different stages of childbirth: fetal monitors, drug-induced labor, anesthesia, episiotomy, and Caesarean section. (Its) other defining feature, the

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husband's active participation in the delivery, is critical to this overall goal of an intervention-free birth.”—Mothering The Recognitions Pregnancy, Childbirth, and the Newborn

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fitness, managing stress, sleep, choosing the right healthcare provider, birthing choices, the transition into parenthood, engaging personal stories, and more. Overflowing with the most up-to-date information, digestible and

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doable tips, and advice for every worry--and written in the Seares' trademark reassuring tone that makes their books long-term bestsellers--THE HEALTHY PREGNANCY BOOK is the must-have resource to fit the greater

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demands of today's savvy parents. Please note that the content of this book primarily consists of articles available from Wikipedia or other free sources online. Pages: 44. Chapters: All My Babies, Asynclitic birth, Barbara Vernon, Birthing

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center, Bradley method of natural
childbirth, Cervical effacement,
Childbirth Connection, David
Vernon (writer), Daybreak in Udi,
Doula, Eucharius Rosslin, Granny
woman, Gurgle, Home birth,
International Midwives' Day, John

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Burns (surgeon), John Maubray,
Michel Odent, Midwifery in Maya
society, Monthly nurse, Neonatal
heel prick, New Space for Women's
Health, Nitrous oxide and oxygen,
Nurse midwife, Pinard horn, Sheila
Kitzinger, The Forgotten Frontier,

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Traditional birth attendant, Vaginal birth after caesarean, Water birth, William Cumin (obstetrician).

Written for graduate students and professionals in the fields of midwifery, women ' s health, and public health, this book explores the

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freestanding birth center model in the United States from its conception by pioneering midwives and others in the early 1970s to the present day. Compared to the hospital-based birth model, the freestanding birth center offers a

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well-documented, healthier, more cost-effective, and more humane way to care for women and newborns, consistent with the goals of the Affordable Care Act. This rapidly expanding model of care has many positive implications for

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high-quality, individualized care and birth outcomes across the United States. Written by U.S. leaders in midwifery, Freestanding Birth Centers: Innovation, Evidence, Optimal Outcomes offers a comprehensive guide to the

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evolving role of birth centers, clinical and cost outcomes, regulatory and legal issues, provider and accreditation issues, and the future of the birth center model. Woven throughout the text are descriptions of "exemplar" birth

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centers representing diverse geographical, business, and service models. These cases illustrate the possibilities for expansion and replication of this model of care.

Key Features Provides a thorough history of the birth center

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movement from its inception through future expansion of the model Serves as an essential resource with up-to-date evidence on clinical and cost outcomes Includes case studies linking the unique service focus of individual

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birth centers to the associated
sections of the book Provides
practical and comprehensive
coverage of all issues involved in
running a U.S. birth center
Updated With New Material
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Proceedings of the Second
Motherhood Symposium of the
Women's Studies Research Center,
University of Wisconsin-Madison,
Madison, Wisconsin, April 9 and 10,
1981

Training the Mind, Body, and Heart

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Giving Birth with Confidence

***This text examines the research
and evidence connecting birth***

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***practices to breastfeeding
outcomes. It takes an in-depth
look at the post-birth
experiences of the mother and
baby, using the baby s health as
the vehicle and the intact mother-
baby dyad as the model to
address birth practices that***

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affect breastfeeding. The Second Edition has been completely revised to include new information on infant outcomes, including epidural anesthesia and Cesarean surgery, clinical strategies for helping the mother and baby recover from birth

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injuries, medications and complications, and information on Baby-Friendly Hospital Initiatives with a Mother-Friendly Module."

The book Jonathan Franzen dubbed the "ur-text of postwar fiction" and the "first great

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cultural critique, which, even if Heller and Pynchon hadn't read it while composing Catch-22 and V., managed to anticipate the spirit of both"—The Recognitions is a masterwork about art and forgery, and the increasingly thin line between the counterfeit and

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the fake. Gaddis anticipates by almost half a century the crisis of reality that we currently face, where the real and the virtual are combining in alarming ways, and the sources of legitimacy and power are often obscure to us. The evaluation of reproductive,

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maternal, newborn, and child health (RMNCH) by the Disease Control Priorities, Third Edition (DCP3) focuses on maternal conditions, childhood illness, and malnutrition. Specifically, the chapters address acute illness and undernutrition in children,

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principally under age 5. It also covers maternal mortality, morbidity, stillbirth, and influences to pregnancy and pre-pregnancy. Volume 3 focuses on developments since the publication of DCP2 and will also include the transition to older

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childhood, in particular, the overlap and commonality with the child development volume. The DCP3 evaluation of these conditions produced three key findings: 1. There is significant difficulty in measuring the burden of key conditions such as

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unintended pregnancy, unsafe abortion, nonsexually transmitted infections, infertility, and violence against women. 2. Investments in the continuum of care can have significant returns for improved and equitable access, health, poverty, and

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health systems. 3. There is a large difference in how RMNCH conditions affect different income groups; investments in RMNCH can lessen the disparity in terms of both health and financial risk.

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Birthing Justice

Month by Month, Everything You

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Easier Childbirth

The Doula Guide to Birth