

## **A Counselor S Introduction To Neuroscience**

Designed for students who are taking a preliminary course in the counseling field, *Introduction to the Counseling Profession, 7th Edition*, provides a comprehensive overview of the history and foundational concepts of counseling, offering the most current and relevant breadth of coverage available from experts in their respective fields. This edition includes topics rarely discussed in introductory texts, such as self-care and self-growth and the use of technology in counseling, as well as a new chapter on crisis counseling. Chapters also reflect updates to the 2016 Council for the Accreditation of Counseling and Related Educational Programs (CACREP) standards, and a chapter on each CACREP specialization is included. Students will gain insight into the myriad issues that surround not only the process of counseling and its many populations but also the personal dynamics that have an impact on this process. Furthermore, a collection of supplemental resources is available online to benefit both instructors and students. Instructors will find PowerPoint slides and test banks to aid in conducting their courses, and students can access chapter summaries, exercises, and other tools to supplement their review of the material in the text.

This is the eBook of the printed book and may not include any media, website access codes, or print supplements that may come packaged with the bound book. Mark Gerig's *Foundations of Clinical Mental Health Counseling* gives readers a fresh perspective on today's clinical mental health counseling profession that is both practical and academically informed. Drawing on his experience as a counselor educator, practitioner, supervisor and manager in agency and behavioral health settings, as well as on his leadership positions in professional associations, the author shows readers what it truly means to be a relevant clinical mental health counselor who delivers effective treatment in an ever-changing contemporary context. With the goals of helping current and future counselors ensure that they are helpful to their clients, marketable to potential employers, and relevant voices in front of stakeholders or public policymakers, Dr. Gerig presents a well-informed description of pertinent settings, public policies, and trends. The new edition includes new applications, expanded information, and a wealth of new content.

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**Introduction to Multicultural Counseling for Helping Professionals** is the essential introductory text in the area of multicultural counseling. Providing a broad survey of counseling techniques for different ethnic, religious and social groups, it is at once thorough and easily understood. Beyond its topic-specific sections, **Introduction to Multicultural Counseling for Helping Professionals** also includes chapters on the theory and history of multicultural counseling, expanded cultural resources, and an appendix explaining its interrelationship with CACREP accreditation requirements. Now in its third edition, **Introduction to Multicultural Counseling for Helping Professionals** is updated and revised to reflect the changing landscape of the 21st century. It contains updated statistics on fluid demographics in the U.S., a stronger social-justice perspective throughout the text, and a new chapter on counseling undocumented immigrants. The text is supplemented with online materials, including updated PowerPoint slides with discussion questions and classroom activities, a testbank with new questions for each chapter, and a sample course syllabus, each of which is presented in an updated, more attractive layout.

**Advocacy, Leadership, and Intervention**

**An Introduction to Research in Counselling and Psychotherapy**

**Clinical Mental Health Counseling**

**Integration of Faith Professional Identity and Clinical Practice**

**Introduction to Counseling: Voices from the Field**

Introducing the basic principles of research theory and practice, this book is the ideal starter text for any counselling trainee or practitioner learning about the research process for the first time. Structured around common training topics, the book: - Explains why you need to do research at all: what it is, why it's important and its historical and philosophical context - Guides you through the confusing mass of research literature - Covers the ins and outs of actually doing research: practical and ethical issues - Helps you get the most out of research - how to evaluate the outcomes and use research to investigate the process of therapy. Written in a language familiar to first-year trainees and using a range of features to enhance learning, this accessible introduction will equip both trainees and qualified therapists with the essential nuts and bolts to understand research. John McLeod is Emeritus Professor of Counselling at the University of Abertay Dundee

and adjunct Professor at the University of Oslo, Norway. Organized around the latest CACREP standards, Introduction to Professional Counseling integrates key theoretical concepts with discussion of the practical aspects of the field. Drawing from their own experiences as counseling practitioners, editors Varunee Faii Sangganjanavanich and Cynthia A. Reynolds explore what it means to develop a professional counseling identity, emphasizing the importance of intentionality and reflection in practice. Numerous case studies and practice exercises in this innovative text further personalize the content for developing 21st century counselors. Introduction to Professional Counseling is part of the Counseling and Professional Identity Series, which targets specific competencies identified by CACREP (Council for Accreditation of Counseling and Related Programs).

Note: This is the bound book only and does not include access to MyCounselingLab with Pearson eText. To order MyCounselingLab with Pearson eText packaged with the bound book, use ISBN 0134384776. Mark Gerig's Foundations of Clinical Mental Health Counseling gives readers a fresh perspective on today's clinical mental health counseling profession that is both practical and academically informed. Drawing on his experience as a counselor educator, practitioner, supervisor and manager in agency and behavioral health settings, as well as on his leadership positions in professional associations, the author shows readers what it truly means to be a relevant clinical mental health counselor who delivers effective treatment in an ever-changing contemporary context. With the goals of helping current and future counselors ensure that they are helpful to their clients, marketable to potential employers, and relevant voices in front of stakeholders or public policymakers, Dr. Gerig presents a well-informed description of pertinent settings, public policies, and trends. The new edition includes new applications, expanded information, and a wealth of new content. Also available with MyCounselingLab This title is also available with MyCounselingLab--an online homework, tutorial, and assessment program designed to work with the text to engage students and improve results. Within its structured environment, students see key concepts demonstrated through video clips, practice what they learn, test their understanding, and receive feedback to guide their learning and ensure they master key learning outcomes.

The sixth edition of this well thought of book retains its logical progression of topics, while introducing the latest technologies, concepts, and applications in the counselor's repertoire. As they have in previous editions, the authors present practical examples and

discussions of all of the major facets of counseling in a wide variety of counselors' work settings. They include a thorough treatment of techniques of assessment, including an overview of standardized testing and discussion of subjective approaches to appraisal & -- observation, self-reporting, and others. This book introduces future counselors to the technology they will encounter on their first assignments and familiarizes them with the type of equipment and tools to expect. It also includes coverage on the vital topics of program development/management and legal/ethical issues. For professionals in the field of counseling.

The World of the Counselor

An Introduction to Multicultural Counseling

Introduction to the Counseling Profession

Therapist as Life Coach: An Introduction for Counselors and Other Helping Professionals (Revised and Expanded)

Introduction to Professional School Counseling

***This student-centered overview of the counseling profession exposes you to real challenges faced by experienced practitioners and gives you an unparalleled look at what your professional future may hold.***

***INTRODUCTION TO COUNSELING, Seventh Edition covers what counseling is, as well as its history, theoretical orientations, applications, and professional issues. As you become engaged in the process of learning and applying counseling concepts, you'll examine the day-to-day realities of being a counselor, as well as your own motivation for choosing the profession. Finally, experiential and reflective exercises, integrated into every chapter, help you reflect on the material.***

***This book, Counselling and Therapy, aims to equip students, life skills teachers, counselors, psychologists, academics, and other health practitioners with the most practical counselling and therapy basic skills, different counselling approaches, and problem-based techniques to address psychosocial problems. In this edition of Counselling and Therapy the following contents were covered: Definitions of counselling and therapy Counselling principles and theories Gender-based violence Self-efficacy and self-esteem Basic counselling communication skills***

***A Counselor's Introduction to Neuroscience***Routledge

***"Nowhere is there more of a need for an understanding of multiculturalism than in the mental health profession."--BOOK JACKET.***

***"When client and counselor are from different cultural backgrounds, they tend to view things from disparate perspectives. Though a background in multiculturalism is required for program accreditation, most existing texts limit coverage to ethnicity, without the emphasis of broad concepts such as discrimination and acculturation, or coverage of gender, sexual orientation, disability, or aging issues. An Introduction to Multicultural Counseling is a primer designed to teach counseling students how to effectively deal with such discrepancies."--BOOK JACKET. "This book is essential for upper-level undergraduate and graduate students studying human services, psychology, counseling, and ethnic studies. It also serves***

***as a practical guide for providers of continuing education workshops for counselors, psychologists, teachers, and social workers."--BOOK JACKET.***

***Introduction to the Profession***

***An Introduction to the Profession of Counseling***

***Introduction to Pastoral Counseling***

***An Introduction to the Counseling Profession***

INTRODUCTION TO COUNSELING: VOICES FROM THE FIELD, Eighth Edition, provides students with a comprehensive overview of the counseling profession while encouraging them to examine the day-to-day realities of being a counselor and their motivation for choosing the profession. Coverage includes information on what counseling is as well as its history, theoretical orientations, applications, and professional issues. As students become engaged in the process of learning and applying counseling concepts, they get an unparalleled look at what their professional futures may hold. Voices from the Field sections in each chapter offer further insight into the real challenges faced by experienced practitioners, as well as the ways in which those challenges were resolved. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

This text provides students with an overview of the counseling profession, including information on what counseling is, the history of counseling, theoretical orientations, counseling applications and professional issues. The text's unique student-oriented focus engages students in exploring their motives for wanting to be a counselor. To help students learn about the realities of the field, Kottler includes "Voices from the Field" sections, which contain interviews with practicing counselors discussing the challenges they've faced and the ways they resolved those challenges. Experiential and reflective exercises, integrated into every chapter, help the student reflect on the material.

Introduction to Clinical Mental Health Counseling presents a broad overview of the field of clinical mental health and provides students with the knowledge and skills to successfully put theory into practice in real-world settings. Drawing from their experience as clinicians, authors Joshua C. Watson and Michael K. Schmit cover the foundations of clinical mental health counseling along with current issues, trends, and population-specific considerations. The text introduces students to emerging paradigms in the field such as mindfulness, behavioral medicine, neuroscience, recovery-oriented care, provider care, person-centered treatment planning, and holistic wellness, while emphasizing the importance of selecting evidence-based practices appropriate for specific clients, issues, and settings. Aligned with 2016 CACREP Standards and offering practical activities and case examples, the text will prepare future counselors for the realities of clinical practice.

Neukrug's comprehensive introductory text gives students an unparalleled look into the practicalities of the counseling profession, providing them with a broad overview of the field including a firm foundation in the skills, theories, and day-to-day realities of the job. Thorough and research based, the book presents the key concepts and material about the counseling profession with great clarity and insight, while keeping readers engaged through the many illustrative case examples and personal narratives. To ensure that students are thoroughly prepared to further their studies and careers, Neukrug has

structured around the eight core CACREP curriculum areas, while enhancing his discussion with insightful coverage of salient topics surrounding such important issues as specializations within counseling, finding a counseling job, and future trends in counseling.

An Art and Science Perspective

Introduction to Professional Counseling

People and Change

A Condensed Text

Becoming a Master Counselor

*This CACREP aligned text outlines core concepts of the counseling profession alongside hundreds of practical study questions and case studies for students and professors. Designed for use not just in class but also as a guide for students studying for national licensing exams and the CPCE, chapters cover areas including ethical and legal issues, theories of counseling, career development, multicultural and group counseling, special topics, and more. Hundreds of PowerPoint slides are included to assist professors with class preparation, and professors will also find study questions for each chapter and a sample final exam that easily be applied in online learning platforms. Written in a readable, concise format designed for adult learners, Introduction to Counseling is an essential resource that counseling students will want to keep long after graduation.*

*An introductory text designed to present students entering the field of counselling with a sense of the profession they are choosing. It covers history, major theories, techniques, and procedures used by counsellors. The book illustrates the diverse settings in which counsellors work. It also discusses ethical principles, legal guidelines, credentialing and training standards.*

*A Counseling Primer presents an introduction to the counseling profession that provides students with a foundation for success. This engaging and accessible text covers the core CACREP Standard of Professional Orientation with a comprehensive overview of the field. It: Anticipates the questions of beginning students with a series of chapters that ask who counselors (and clients) are, what counseling is, when and where it is practiced, and why counselors choose the profession. Introduces students to the basics of essential attending and listening skills. Challenges readers with case vignettes and discussion questions. Encourages self-reflection and offers skills for observation of others. Supports student learning with extensive pedagogical features and resources. Enhances the reading experience with a robust online instructor's manual. This engaging textbook is full of useful features to enhance the learning experience. Each chapter includes "points to ponder", case examples, an "in practice: what would you do?" vignette with discussion questions, and a chapter summary. A self-reflection journaling exercise, termed the TFAC Chart (Thoughts, Feelings, Actions, Context) reinforces the material from each chapter and facilitates student growth. A Counseling Primer: An Introduction to the Profession is accompanied by a rich array of*

supplementary materials that are made available to qualifying adopters and their students completely free of charge. Our online resources are hosted on the Moodle course management system. Instructor Resources include: A sample course syllabus Chapter-by-chapter PowerPoint lecture slides Chapter-by-chapter Instructor Notes, including chapter summary, learning objectives, and instructions for suggested in-class activities and assignments An interactive test bank for each chapter (including multiple choice, true or false, and essay question formats). The tests and notes are available for download by instructors in a variety of useful formats, to suit your needs. Student Materials include: TFAC (Thoughts, Feelings, Actions, and Context) Journaling forms for self-reflection Class handouts for assigned and optional review activities Introduction to Professional School Counseling: Advocacy, Leadership, and Intervention is a comprehensive introduction to the field for school counselors in training, one that provides special focus on the topics most relevant to the school counselor's role and offers specific strategies for practical application and implementation. In addition to thorough coverage of the ASCA National Model (2012), readers will find thoughtful discussions of the effects of trends and legislation, including the Every Student Succeeds Act (ESSA), Response to Intervention (RtI), and School-Wide Positive Behavioral Intervention and Support (SWPBIS). The text also provides a readers with an understanding of how school counselors assume counseling orientations within the specific context of an educational setting. Each chapter is intensely application oriented, with an equal emphasis both on research and on using data to design and improve school counselors' functioning in school systems. Available for free download for each chapter: PowerPoint slides, a testbank of 20 multiple-choice questions, and short-answer, essay, and discussion questions.

Introduction to Therapeutic Counseling

The World of the Counselor: An Introduction to the Counseling Profession

Introduction to Crisis and Trauma Counseling

Contemporary Issues

A Counselor's Introduction to Neuroscience

**Introduction to the Counseling Profession is a comprehensive overview of the history and foundational concepts of counseling, offering the most current and relevant breadth of coverage available. Students will gain insight into the myriad issues that surround not only the process of counseling and its many populations but also the personal dynamics that have an impact on this process. The contributed-author format provides state-of-the-art information from experts in their respective fields while maintaining a consistent structure and message. This edition has been brought in line with the 2009 Council for the Accreditation of Counseling and Related Educational Programs (CACREP) standards and includes chapters on each of the CACREP specializations. Topics rarely treated in other introductory texts are addressed, such as research and writing in counseling, technology and counseling, and self-care and growth. This edition includes new pedagogical features such as sidebars and more case studies to expand on key**

*topics, as well as new chapters on: Cross-Cultural Counseling Self-Care and Self-Growth Individual Counseling Diagnosis and Treatment Planning Addictions Counseling Student Affairs and College Counseling A collection of supplemental resources are available online to benefit both instructors and students. Instructors will find PowerPoint slides and test banks to aid in conducting their courses, and students can access chapter summaries, exercises, and other tools to supplement their review of the material in the text. These materials can be accessed at <http://www.routledgebehavioralhealth.com/cw/Capuzzi>*

*Introduction to Counseling by Michael Scott Nystul provides an overview of counseling and the helping professions from the perspective of art and science—the science of counseling that generates a knowledge base proven to promote competency and efficacy in the practitioner, and the art of using this knowledge base to build skills that can be applied sensitively to clients in a multicultural society. The Fifth Edition has been organized into three sections: (1) an overview of counseling and the counseling process, (2) multicultural counseling and counseling theories, and (3) special approaches and settings. It continues to address key topics and issues, including gender, culture, and sexual orientation, and offers ways to integrate multiculturalism into all aspects of counseling, rather than view it as a separate entity. Highlighting emerging trends and changes in ethical codes, as well as reflecting the latest updates to the Diagnostic Statistical Manual (DSM-5), the book successfully illustrates the importance of art and science to modern-day counseling.*

*As the need for mental health services increases dramatically, the need for competent, effective counselors has risen in tandem. Clinical Mental Health Counseling: An Introduction to the Profession and Practice provides future counselors with a clear, focused orientation to the field. The text helps readers understand the evolution of the role of the mental health counselor and the value served by those within the profession. The book's primary focus is on fostering the development of the reader's professional identity as a clinical mental health counselor. Section I of the text reviews the history and foundation of the profession and highlights the factors that make mental health counseling unique among mental health professionals. In Section II, readers are introduced to the theories and models that guide mental health counselors' practice in case conceptualization and treatment formulation. Section III examines the various roles, settings, and populations served by clinical mental health counselors. The final section discusses those elements that come together to make clinical mental health counseling a profession. Clinical Mental Health Counseling is designed to align with contemporary CACREP competency standards and features coverage of best practices, current laws and regulations, and the impact of technology on practice delivery. The book is ideal for foundational courses in clinical mental health counseling.*

*In 2006, U.S. News and World Report listed coaching as one of the 10 top growing professions. The first edition of Therapist as Life Coach, published in 2002, anticipated this trend, and since its publication it has become a standard for therapists who wish to transition or expand their practices into life coaching. Pat Williams and Deborah C. Davis have finally revised their classic practice-building book for today's therapists and future coaches. Every chapter in this second edition has been updated and rewritten, reflecting the growth of the coaching field and its increasing appeal to not only therapists, but all helping professionals. The book begins by exploring the history of the coaching movement and shows*



*how society is hungry for life coaches. The second part of the book explains in detail the differences and similarities between coaching and therapy, discusses the coaching relationship, and considers some of the skills therapists will need to learn and unlearn in order to reclaim their joyfulness about their work. Professional transition tools such as developing and marketing your practice and honing your coaching skills are discussed at length in Part Three. The final section moves beyond basic life coaching to introduce coaching specialties such as corporate coaching, offers self-care strategies for life coaches, and peeks into the future of life coaching. There is new material throughout, including an overview of recent coaching developments, updated liability concerns, new business opportunities, and a new section on the research about coaching. Coaching gives practitioners the opportunity to break free of managed care and excessive reliance on the insurance industry and to work with a wide range of clients—specifically, those who are not suffering from mental illness but, rather, seeking to maximize their life potential. This book will help you enter this lucrative and personally enriching world with the skills and knowledge you need to build a successful coaching practice.*

*Voices from the Field*

*An Introduction to the Profession*

*An Orientation to the Profession*

*Introduction to Multicultural Counseling for Helping Professionals*

*A Case Study Approach*

**Introduction to Family Counseling: A Case Study Approach** presents basic knowledge about family counseling and applies various theoretical models to a case example looking at one nuclear family, along with its extended family members, that readers follow throughout the text. Judy Esposito and Abbi Hattem's multi-generational family is constructed from their experiences as professors and family therapists to exemplify the concepts and theories of family counseling. Beyond the theories of family counseling, students learn about the family life cycle and various tools for assessing families as well as the history of family counseling. Ethical issues relevant to family counseling are also included along with transcripts from hypothetical family counseling sessions throughout the book. In addition, the book focuses on working with diverse families and takes special care to emphasize multicultural issues.

This text focuses on what counseling is and how we know what we know about changing behavior without including historical theories.

How to capitalize on change -- as a key feature of modern living - - is the central theme of this work. Incorporating the major theoretical advances psychology has made during the last thirty years, *People and Change* describes how clinical levels of psychological difficulty can develop and how problems such as phobias, depression, shyness, marital and sexual disharmony, obsessions, and over-indulgence are treated. Although a psychology text, *People and Change* offers an unusually broad

scope. The text acknowledges the interplay of somatic vulnerabilities, environmental influences, large individual differences, and various other factors that can be involved in the complex stress process that leads to bad habits. The ability of the individual to adapt to change through self-knowledge is stressed throughout this important book.

This book is a comprehensive introduction to the profession for school counselors in training, providing special focus on the topics most relevant to the school counselor's role and offers specific strategies for practical application and implementation. In addition to the thorough coverage of the 4th edition of the ASCA National Model, readers will find thoughtful discussions of the effects of trends and legislation, including the Every Student Succeeds Act (ESSA), multi-tiered systems of support (MTSS), and school-wide positive behavioral interventions and supports (SWPBIS). The text also provides readers with understanding of how school counselors assume a counseling orientation within the specific context of an educational setting. Each chapter is application oriented, with an equal emphasis both on research and on using data to design and improve school counselors' functioning in school systems. Complementing this book is the companion website, which includes PowerPoints, templates and handouts, annotated website links and video links for students, and a test bank and discussion questions for instructors. This book is essential reading for all school counselors in training as it provides a comprehensive look at the profession and explores topics that are most relevant to the role of school counselor.

**Introduction to Counseling and Guidance**

**Counseling and Therapy**

**Introduction to Clinical Mental Health Counseling**

**Sixth Edition**

**An Introduction To Counseling and Stress Management**

*An in-depth look at who pastoral caregivers are, what they do, and how and why they do it*  
*This comprehensive graduate-level text prepares readers to handle the problems and responsibilities they'll face as professional school counselors, preschool through high school. It covers a wide range of topics in-depth, including: effective interventions for racism and bullying, the continuing score gap between ethnic groups, a school counselor's leadership role in implementing school-based action research, a model for advocating on behalf of, and providing services to children with disabilities. The book is packed with real life examples and case descriptions: it provides strategies for preventing and responding to social and emotional problems, improving educational outcomes, and helping children score at optimum levels on high-stakes tests.*

*Neukrug's comprehensive introductory text gives students an unparalleled look into the practicalities of the counseling profession by providing a broad overview of the field, including a firm foundation in the skills, theories, and day-to-day realities of the job. Thorough and*

*research-based, the book presents the key concepts and material about the counseling profession with clarity and insight, while keeping readers engaged through illustrative case examples and personal narratives. To ensure that students are thoroughly prepared to further their studies and careers, Neukrug has structured the book around the eight core CACREP curriculum areas, while enhancing the discussion with coverage of salient topics such as specializations within counseling, finding a counseling job, and future trends in counseling. The fifth edition has numerous changes, including updated references, new information on DSM-5, updates about the current status of CACREP accreditation, and revised information to reflect the new ACA ethics code. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.*

*A Counselor's Introduction to Neuroscience is a guidebook to neurobiology that is customized for counselors' unique goals and requirements. Drawing on years of experience, not only in the lab, but in the counselor's chair, the authors unravel the complexities of neuroscience and present an easily understood volume that is an essential companion for any counselor who wishes to expand his or her understanding of the human brain, how it works, and how it creates our identities.*

*Introduction to Counseling*

*Foundations for Clinical Mental Health Counseling*

*A Counseling Primer*

*Introduction to Family Counseling*

*Introduction to School Counseling*

A Counseling Primer, second edition, introduces students to the profession of counseling, reviews its training curriculum, discusses current professional standards, and presents basic counseling skills. The text is designed to answer students' most commonly asked questions around the who, what, where, when, why, and how of counseling. Updated and aligned with the eight 2016 CACREP core areas, the second edition includes new chapters by experts from seven entry-level specialty areas, including school counseling, career counseling, and mental health counseling. The book also contains useful features to enhance the learning experience, including case examples, class handouts and activities, a sample syllabus, discussion questions, and more. A variety of online resources including instructor's manual, PowerPoint slides, tests, class activities, and student supplements are also available for download. In a comprehensive and accessible format, A Counseling Primer, second edition, provides students with a succinct, up-to-date picture of the counseling profession and the tools they need to make their contribution to the field.

"Now more than ever, this text is needed. The authors do a wonderful job of tackling the topics most critical in counseling trauma survivors. The resilience-based perspective and the focus on prevention is refreshing and reinforces the idea that people are survivors who are able to thrive even in the darkest and most difficult of times. This book is essential reading for all counselors." –Victoria E. Kress, PhD, Youngstown State University "This book provides an exceptional review of the contemporary sociopolitical issues, historical perspectives, and clinical skills critical to effective crisis and trauma healing. Incorporating issues of power, privilege, culture, ecological context, and relational dynamics affords a unique perspective and makes this resource a must for anyone working in the area of trauma and crisis." –Frederic P. Bemak, EdD, Professor Emeritus, George Mason University, Founder and Director, Counselors

**Without Borders** This introductory text integrates evidence-based models and best practices with relational-cultural theory, which is responsive to the many forms of traumatic stress and tragedies that clients experience. It is a unique contribution that emphasizes the power of the connections counselors form with clients and communities in crisis and the means by which counselors can intervene, inspire growth, and promote healing during times of tragedy and loss. Readers will gain vital skills as they learn real-life approaches to crisis work with diverse populations in a variety of settings, including individuals, families, communities, students, military personnel, violence survivors, and clients who are suicidal. The authors provide strength-based, trauma-informed applications of cognitive behavioral therapy, behavioral therapy, neurofeedback, mindfulness, and creative practices. In addition, each chapter contains compelling case examples, multiple-choice and essay questions, and key topic discussion prompts to guide student learning and promote classroom discussion. \*Requests for digital versions from ACA can be found on [www.wiley.com](http://www.wiley.com). \*To purchase print copies, please visit the ACA website \*Reproduction requests for material from books published by ACA should be directed to [permissions@counseling.org](mailto:permissions@counseling.org) Thelma Duffey, PhD, is professor and chair in the Department of Counseling at the University of Texas at San Antonio. Shane Haberstroh, EdD, is associate professor of counseling in the Department of Educational Psychology at Northern Arizona University.

An Introduction to the Profession and Practice  
Theory, Research, and Practice