

Abnormal Psychology David Barlow 6th Edition

Balancing biological, psychological, social, and cultural approaches, this book's ground-breaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. Updated with leading-edge research findings, the eighth edition draws on the expertise of David H. Barlow, V. Mark Durand, and Stefan G. Hofmann, three internationally recognized experts in clinical psychology. In *ABNORMAL PSYCHOLOGY: AN INTEGRATIVE APPROACH*, the authors successfully blend sophisticated research with an accessible, engaging writing style. They go beyond simply describing different schools of thought on psychological disorders, exploring the interactions of the various forces that contribute to psychopathology. This comprehensive resource includes integrated case studies (95 percent from the authors' own files) and additional study tools. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. This Major Work provides a structured and comprehensive insight into the areas of psychopathology and abnormal psychology – topics that cover the causes and treatments of mental health problems. This is a notably interdisciplinary field that intersects a number of domains of psychological science including clinical psychology, child psychology, experimental psychology, social psychology and neuropsychology, as well as touching upon other areas of study, such as education. It also forms the knowledge base for professions such as

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clinical psychology and psychiatry. This collection's contents are structured thematically and each of the five volumes is dedicated to an important area of psychopathology or abnormal psychology. Additionally, each volume includes an introduction written by the work's acclaimed editor, Graham C. Davey, which maps out the volume's structure and highlights the significance of each article and the how the subject matter in that area has developed. Volume One: Conceptual Issues, Classification & Assessment Volume Two: Anxiety, Mood & Trauma-Related Disorders Volume Three: Psychosis & Personality Disorders Volume Four: Substance Dependency & Eating Disorders Volume Five: The Treatment of Psychopathology

The success of this best-selling text lies in the author's belief that a good text talks with, rather than at, its readers. Shaffer does an extraordinary job of anticipating students' interests, questions, and concerns while treating them as active participants in the process of learning about social and personality development. The Sixth edition of SOCIAL AND PERSONALITY DEVELOPMENT features clearly written, current coverage of social and personality development that aids students in discovering the causes, processes, and complexities that underlie developmental change. Students learn why biological and environmental factors, contextual factors such as cross-cultural, familial, neighborhood, school, and peer-group influences cause change in children. Shaffer also explores the approaches that researchers use to test their theories and answer important questions about developing children and adolescents. This book's effective coverage of field

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research stands out from other texts not only for its accuracy and currency, but because Shaffer consistently juxtaposes classic research with the latest breakthroughs in a way that helps students appreciate how knowledge builds on earlier findings. This edition features a much stronger emphasis on cultural influences on development. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Unlock the secrets to confident, skillful, and positive parenting with this strategy-filled guide from a top behavior expert. Parents of children with a range of challenging behaviors and special needs

Optimistic Parenting

Psychopathology & Abnormal Psychology

How to Understand People and Predict Their Behavior -- Anytime, Anyplace

Casebook in Abnormal Psychology

Hope and Help for You and Your Challenging Child

In its first edition, Richard Straub's text was acclaimed for its solid scientific approach, emphasis on critical thinking, real-world applications, exquisite anatomical art, and complete media/supplements package. The thoroughly updated new edition builds on those strengths to provide an even more effective introduction to the psychology behind why we get sick, how we stay well, how we react to illness, and how we relate to the health care system and health care providers.

Part of the Oxford Psychiatry Library series, this pocketbook provides a user-friendly introduction to the diagnosis, etiology, and treatment of patients with panic disorder.

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"Human sensory and perceptual experience is emphasized, and neuroscientific underpinnings of experience introduced. Chapters are written by experts in each of the sensory systems and integrate current findings in active areas of research. The text provides comprehensive treatment of higher perceptual functions (attention, music, language). Sensory systems including vision, audition, spatial orientation, the vestibular system, taste, and olfaction"--

Through a thoughtful and accurate balance of developmental, clinical-diagnostic, and experimental approaches to child and adolescent psychopathology, Eric Mash and David Wolfe ' s **ABNORMAL CHILD PSYCHOLOGY** remains the most authoritative, scholarly, and comprehensive book in its market. Accessible to a broad range of readers, the book traces the developmental course of each disorder and shows how biological, psychological, and sociocultural factors interact with a child ' s environment. Case histories, case examples, and first-person accounts are at the heart of the text, illustrating the categorical and dimensional approaches used to describe disorders and bringing life to the theories discussed. The authors also consistently illustrate how troubled children behave in their natural settings: homes, schools, and communities. Up-to-date and forward-looking, the text covers the DSM-IV-TR and dimensional approaches to classification as well as evidence-based assessment and treatment, contemporary research, and the latest theories related to the predominantly inattentive ADHD subtype, early-onset and the developmental propensity model of

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conduct disorder, the triple vulnerability model of anxiety, the tripartite model in children, depression, and autism. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Handbook of Assessment and Treatment Planning for Psychological Disorders, Third Edition

Reading People

Learn Faster, Work Smarter

A Guide To Treatments that Work

ABNORMAL PSYCHOLOGY, 6TH.

Fully integrating the DSM-5, Durand, Barlow, and Hofmann describe abnormal psychology through their standard-setting integrative approach -- the most modern, scientifically valid method for studying the subject. Through this approach, students learn that psychological disorders are rarely caused by a single influence, but rooted in the interaction among multiple factors: biological, psychological, cultural, social, familial, and even political. A conversational writing style, consistent pedagogy, and real case profiles provide a realistic context for the scientific findings. This eighth edition highlights groundbreaking updates to research findings and the latest innovations in the treatment of mental disorders. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Contemporary research on major emotional disorders emphasizes their commonalities rather than their differences. This research continues to lend support

for a unified transdiagnostic approach to treatment of these disorders that considers their commonalities and is applicable to a range of emotional problems. Unified Protocol for Transdiagnostic Treatment of Emotional Disorders provides an alternative to disorder-specific treatments of various emotional disorders, designed to be applicable to the wide range of anxiety and other disorders with strong emotional components. The Therapist Guide and accompanying client Workbook present an eight-module therapy program that puts substantial emphasis on emotion-focused approaches, helping clients confront and experience challenging emotions while teaching them how to regulate those emotions. Expanded considerably in this second edition, the volume provides guidance on using the Unified Protocol (UP) to address problems not only with anxiety, but also with depression, eating disorders, non-suicidal self-injury, substance use, and anger. Treatment procedures have been further elucidated and more guidance is provided to practitioners on how to present key treatment concepts. Chapters brand new to this updated edition introduce functional assessment and describe how to provide the UP in a group format, while patient materials have been revised, streamlined, and made more user-friendly.

NEW YORK TIMES BESTSELLER • “Your eyes will be opened as mine have been by these tips from America’s leading people-readers.”—Chris Matthews
How can you “hear between the lines” to detect a lie? When is intuition the best guide to making important decisions? What are the tell-tale signs of romantic attraction? Jo-Ellan Dimitrius—America’s

leading behavioral expert—shows us how to spot the critical clues to a person's integrity, work habits, and sexual interests, and to interpret these signs with accuracy and precision. In this phenomenal guide—now revised and updated—Dimitrius shows us how to read a person like a book. By decoding the hidden messages in appearance, tone of voice, facial expression, and personal habits, she applies the secrets of her extraordinary courtroom success to the everyday situations we all face at work, at home, and in relationships. New material includes:

- **How to read people in the age of terror: what to watch for during air travel and trips abroad, and vital information regarding student behaviors in the Columbine High School and Virginia Tech shootings**
- **What to look for on the Internet: how to decipher behavioral patterns found in and altered by e-mail, text and instant messaging, and on sites like MySpace**
- **Facts on body language and health: how chronic illnesses such as Asperger syndrome and Parkinson's disease influence the way people are perceived, and essential tips on how to counter these misperceptions**
- **Fascinating new case studies: how body-reading techniques impacted jury selection and verdicts in major trial battles, including the Enron case**

Whether your focus is friendship or marriage, career or family, romance or professional success, Reading People gives you the skills you need to make sound, swift decisions and reap the benefits of razor-sharp insight.

Using cases from the authors' files or from case files of other working clinicians, CASEBOOK IN ABNORMAL PSYCHOLOGY, International Edition portrays the rich and arresting nature of disorders manifested in real

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people. Cases illustrate every major DSM-IV category, followed by a therapy outcome section that tells the "rest of the story" of what happened to these clients. Using an integrative approach, the authors emphasize the multiple causes of disorders and incorporate developmental and cultural issues in each case. Complex cases are presented without a diagnosis, so students can come up with a diagnosis on their own. This Fourth Edition includes a new case on body dysmorphic disorder as well as two new cases without a diagnosis.

Health Psychology

Essentials of Understanding Abnormal Behavior

Doing Psychology Experiments

Five Volumes

Power Up Your Mind

Case Studies in Abnormal Psychology presents a broad range of cases drawn from the clinical experience of authors Kenneth N. Levy, Kristen M. Kelly, and William J. Ray to take readers beyond theory into real-life situations. The authors take a holistic approach by including multiple perspectives and considerations, apart from those of just the patient. Each chapter follows a consistent format: Presenting Problems and Client Description; Diagnosis and Case Formulation; Course of Treatment; Outcome and Prognosis/Treatment Follow-up; and Discussion Questions. Providing empirically supported treatments and long-term follow-up in many case studies gives students a deeper understanding of each psychopathology and the effects of treatment over time.

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ABNORMAL PSYCHOLOGY: AN INTEGRATIVE APPROACH, Eighth Edition, is the perfect text to help you succeed in your abnormal psychology course! The authors -- all internationally recognized experts in the field -- show you how psychological disorders are rooted in multiple factors: biological, psychological, cultural, social, familial, and even political. You can test your understanding of topics with the text's built-in concept checks and chapter quizzes.

This unique workbook was written for the undergraduate Personality course where professors are looking for activities to help students learn and apply personality theories to real-life examples. The workbook is geared toward personality courses that are theories-based, as opposed to research-based. Because the cases explored are those based on normal behavior (as opposed to abnormal behavior), this workbook is especially useful. While most personality texts present the major concepts of personality theories, they don't help students apply the theories they have learned or to use the theories to understand other examples on their own. This workbook will help students do just that and is the perfect complement to any Personality text. An Introduction to Modern CBT provides an easily accessible introduction to modern theoretical cognitive behavioral therapy models. The text outlines the different techniques, their success in improving specific psychiatric disorders, and important

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new developments in the field. • Provides an easy-to-read introduction into modern Cognitive Behavioral Therapy approaches with specific case examples and hands-on treatment techniques • Discusses the theoretical models of CBT, outlines the different techniques that have been shown to be successful in improving specific psychiatric disorders, and describes important new developments in the field • Offers useful guidance for therapists in training and is an invaluable reference tool for experienced clinicians

An Integrative Approach - Test Bank
Therapist Guide
Unified Protocol for Transdiagnostic Treatment of Emotional Disorders

Sensation & Perception

What are the causes of mental health problems? What are the best treatments for mental health problems? How do the experiences of people with mental health problems compare with the academic models of disorders? Building on the success of the first edition, this textbook has been extensively updated to include the latest research and therapeutic approaches as well as developments in clinical practice. This book now contains:

**Expanded coverage of the aetiology of conditions
Assessment of the DSM-IV diagnostic criteria
Analysis of cross-cultural issues
Case studies that include patient perspectives
A new chapter on somatoform disorders
Improved pedagogy such as research boxes and thinking about features that encourage readers to think critically about what they are learning
The book maintains the structure of the first edition with two main sections: the first introduces and critically evaluates the conceptual models of mental health problems and their**

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treatment; the second contains in-depth analyses of a variety of disorders such as schizophrenia, trauma-related conditions and addictions. In the second section, chapters are now restructured to give a comprehensive aetiology of the disorder as well as analysis of treatments for the condition. Each disorder is viewed from psychological, social, and biological perspectives and different intervention types are investigated. Abnormal and Clinical Psychology provides the most comprehensive European alternative to the long-established US texts for undergraduates in this field.

Balancing biological, psychological, social, and cultural approaches, David Barlow and V. Mark Durand's groundbreaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. In this Sixth Edition of their proven **ABNORMAL PSYCHOLOGY: AN INTEGRATIVE APPROACH**, Barlow and Durand successfully blend sophisticated research and an accessible writing style with the most widely recognized method of discussing psychopathology. Going beyond simply describing different schools of thought on psychological disorders, the authors explore the interactions of the various forces that contribute to psychopathology. A conversational writing style, consistent pedagogical elements, integrated case studies (95 percent from the authors' own files), video clips of clients, and additional study tools make this text the most complete learning resource available. For instructors, an Instructor's Resource Manual, Test Bank, and a wide selection of videos are available to use when teaching the course. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Abnormal Psychology: The Science and Treatment of Psychological Disorders consists of a balance and blending of research and clinical application, the use of paradigms as an organizing principle, and involving the learner in the kinds of

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real-world problem solving engaged in by clinicians and scientists. Students learn that psychopathology is best understood by considering multiple perspectives and that these varying perspectives provide the clearest accounting of the causes of these disorders as well as the best possible treatments. This authoritative clinical reference and text--now revised and updated with 50% new content--presents the assessment tools and strategies that every evidence-based psychotherapy practitioner needs. Unlike most assessment texts, the volume is organized around specific clinical problems. It explains how to select and use the best measures to assess clients' symptoms, generate diagnoses, plan appropriate treatments, and monitor progress. Clinician- and student-friendly features include tables comparing and contrasting relevant measures, sample forms, and case examples. Every chapter addresses considerations for primary and managed care settings. New to This Edition

- *Chapters on new topics: assessment of well-being and transdiagnostic assessment.
- *New chapters on core topics: eating disorders, personality disorders, and insomnia.
- *Updated throughout with DSM-5 diagnostic changes, new and updated instruments, current research, and increased attention to transdiagnostic concerns.
- *Expanded coverage of obsessive-compulsive and related disorders. See also *Clinical Handbook of Psychological Disorders, Sixth Edition*, edited by David H. Barlow, which presents evidence-based treatments step by step.

Perspectives

An Integrative Approach (with APA Card)

Abnormal Psychology

A Step-by-Step Treatment Manual

Oxford Handbook of Anxiety and Related Disorders

Grounded in cutting-edge scientific research, this book presents innovative ways to explore and work with emotions in psychotherapy.

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Preeminent clinician-researcher Stefan G. Hofmann accessibly explains how emotions operate, what influences them, and how they can cause distress. He presents strategies that can significantly improve existing evidence-based treatments and promote positive affect and happiness. Clinicians are guided to help clients with any diagnosis gain emotional awareness and use emotion regulation techniques, mindfulness-based practices, and other effective strategies. "In Practice" sidebars highlight specific clinical issues and offer illustrative case vignettes.

Abnormal Psychology: An Integrative Approach
Cengage Learning

This handbook reviews research and clinical developments through synthetic chapters written by experts from various fields of study and clinical backgrounds. It discusses each of the main anxiety disorders and examines diagnostic criteria, prevalence rates, comorbidity, and clinical issues. A fully revised and updated edition of this unique and authoritative reference The award-winning A Guide to Treatments that Work , published in 1998, was the first book to assemble the numerous advances in both clinical psychology and psychiatry into one accessible volume. It immediately established itself as an indispensable reference for all mental health practitioners. Now in a fully updated edition, A Guide to Treatments that Work, Second Edition brings together, once

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again, a distinguished group of psychiatrists and clinical psychologists to take stock of which treatments and interventions actually work, which don't, and what still remains beyond the scope of our current knowledge. The new edition has been extensively revised to take account of recent drug developments and advances in psychotherapeutic interventions. Incorporating a wealth of new information, these eminent researchers and clinicians thoroughly review all available outcome data and clinical trials and provide detailed specification of methods and procedures to ensure effective treatment for each major DSM-IV disorder. As an interdisciplinary work that integrates information from both clinical psychology and psychiatry, this new edition will continue to serve as an essential volume for practitioners of every kind: psychiatrists, psychologists, clinical social workers, counselors, and mental health consultants.

Abnormal Psychology: An Integrative Approach
Panic Disorder and Agoraphobia
Clinical Handbook of Psychological Disorders,
Fourth Edition
Statistics for the Behavioral and Social
Sciences

Social and Personality Development

Balancing biological, psychological, social, and cultural approaches, the Fourth Canadian Edition of Abnormal Psychology's groundbreaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. The author team--now including

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Dr. Martin Lalumière continues to blend sophisticated research and an accessible writing style with the most widely recognized method of discussing psychopathology. Going beyond simply describing different schools of thought on psychological disorders, the authors explore the interactions of the various forces that contribute to psychopathology. A conversational writing style, consistent pedagogical elements, integrated case studies, and superior coverage of the DSM-5 (with insights from author David Barlow, an Advisor to the DSM-5 task force) help lead students to an unparalleled appreciation for the current state of what is a multidimensional and compelling clinical science. Shows how everyone has the capacity to succeed and how most use only a small portion of their talents. This popular text gives students a comprehensive and readable introduction to contemporary issues in learning and behaviour, while providing balanced coverage of classical and instrumental conditioning. With over 75,000 copies sold, this clinical guide and widely adopted text presents authoritative guidelines for treating frequently encountered adult disorders. The Handbook is unique in its focus on evidence-based practice and its attention to the most pressing question asked by students and practitioners—“How do I do it?” Leading clinical researchers provide essential background knowledge on each problem, describe the conceptual and empirical bases of their respective approaches, and illustrate the nuts and bolts of evidence-based assessment and intervention.

**Psychological Solutions to Mental Health Problems
Holism, Diversity, and Strengths
From Science to Practice
A Brief Course**

An Integrative Approach

ESSENTIALS OF UNDERSTANDING ABNORMAL BEHAVIOR, 3rd Edition offers the same

multidimensional focus, multicultural emphasis, topical coverage, and engaging style as its comprehensive counterpart -- UNDERSTANDING ABNORMAL BEHAVIOR -- in a condensed, student-friendly format. Updated to reflect DSM-5 and the newest scientific, psychological, multicultural, and psychiatric research, the text introduces and integrates the Multipath Model of Mental Disorders to explain how biological, psychological, social, and sociocultural factors interact to cause mental disorders. A focus on resilience highlights prevention and recovery from the symptoms of various disorders, and the book also continues its emphasis on the multicultural, sociocultural, and diversity aspects of abnormal psychology. The authors present material in a lively and engaging manner, connecting topics to real-world case studies, current events, and issues of particular importance and relevance to college students.

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CULTURE AND PSYCHOLOGY, 6th Edition

illustrates how and why culture influences mental processes and behaviors in humans, and is relevant for anyone interacting with people from different cultures. Incorporating current

research that highlights the relationship between culture and psychology, the authors' use a cross-cultural framework that gives students the tools necessary for evaluating many psychological processes and principles from a cultural perspective. In addition, the text encourages students to question traditionally held beliefs and theories and their relevance to different cultural groups today, and to apply what they learn to their own lives. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Even if you have no background in experimentation, this clear, straightforward book can help you design, execute, interpret, and report simple experiments in psychology. David W. Martin's unique blend of informality, humor, and solid scholarship have made this concise book a popular choice for methods courses in psychology. Doing Psychology Experiments guides you through the experimentation process in an easy-to-follow, step-by-step manner. Decision-making aspects of research are emphasized, and the logic behind research procedures is fully explained.

“This book establishes a new standard. The focus on ‘holism, diversity, and strengths’ sets a fresh direction for the field that will inspire today’s counselors. Distinct from other texts both in terms of style and ease of use, Career Counseling

provides a practical model that connects theory, practice, and resources in hopeful and affirming ways, while offering readers new skills and insights.” —Rich Feller, PhD University Distinguished Teaching Scholar, Colorado State University Past President, National Career Development Association “Gysbers, Heppner, and Johnston have continued their excellent contributions to the field with this 4th edition. Their approach is highly practical for counselors in helping diverse clients prepare for and manage the changing workplace and economy. I enthusiastically recommend this book as a must-have resource for counseling professionals and as a textbook for graduate counseling programs.” —Kenneth F. Hughey, PhD Kansas State University “We invite all students, professionals, and researchers to read this volume to enrich their practice, research, and the values by which they should be inspired to persist in being active agents of change in the world.” —Laura Nota, PhD, and the Larios Vocational Psychology Team University of Padova, Italy The latest edition of this bestseller will help both counselors-in-training and experienced clinicians update and expand their existing knowledge and skills in career counseling with clients of all ages and circumstances. Significant attention is placed on expanding the career options and empowering the life choices of women; men; racial and ethnic minorities; gay, lesbian, bisexual, and

transgender clients; clients from diverse socioeconomic backgrounds; and individuals with disabilities. Additional topics discussed include traditional and postmodern career theories and approaches, forming a productive alliance with the client, effective use of assessment inventories and instruments, helping clients respond to changes in the workplace and family life, working with resistant clients, developing client action plans, and bringing closure to the counseling process. A new chapter titled “Using Social Media in Career Counseling” rounds out this exceptional book. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

An Introduction to Modern CBT

Personality Theories Workbook

Clinical Handbook of Psychological Disorders, Sixth Edition

Culture and Psychology

Abnormal and Clinical Psychology

The Canadian experts speak: Dozois, Abnormal Psychology 5e with MySearchLab, now in full-psychedelic colour! Abnormal Psychology: Perspectives exemplifies its subtitle by cohesively presenting the numerous individual perspectives of its expert contributors. It presents the differing psychological perspectives by discussing various relevant

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paradigms with emphasis on the conceptual approaches and therapeutic interventions that have garnered the most empirical support in research literature. As a ground-up Canadian text, it features indigenous case studies, legal and ethical issues, prevention programs, and ground-breaking research, as well as the history of abnormal psychology in this country. The new edition features a new full-colour interior, coverage of the DSM-5 including a disorder-by-disorder comparison with the DSM-IV, three new Canadian contributors, and a new chapter on Sexual Gender Identity Disorder. The organization, level, and features of each chapter have also been standardized to resulting in a more consistent, unified student experience. Now in a revised and expanded sixth edition, this is the leading text on evidence-based treatments for frequently encountered mental health problems. David H. Barlow has assembled preeminent experts to present their respective approaches in step-by-step detail, including extended case examples. Each chapter provides state-of-the-art information on the disorder at hand, explains the conceptual and empirical bases of intervention, and addresses the most pressing question asked by students and practitioners--"How do I do it?" Concise chapter introductions from Barlow highlight the unique features of each treatment and enhance the book's utility for teaching and training. New to This Edition *Existing

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*chapters thoroughly revised to incorporate the latest empirical findings and clinical practices. *Chapter on “process-based therapy,” a new third-wave approach for social anxiety. *Chapter on transdiagnostic treatment of self-injurious thoughts and behaviors. *Chapter on chronic pain.*

A BioPsychoSocial Approach

Career Counseling

Abnormal Child Psychology

Case Studies in Abnormal Psychology

Abnormal Psychology + Mindtap Psychology, 1

Term 6 Months Printed Access Card, Enhanced