

Addio Tristezza Dalle Neuroscienze Un Nuovo Approccio Per Guarire Dalla Depressione Moderna

Addio tristezza! Dalle neuroscienze un nuovo approccio per guarire dalla «depressione moderna»Neuropsychology of CommunicationSpringer Science & Business Media

"This volume reviews indigenous ecotourism as a special type of nature-based tourism and examines the key principles of conservation and community benefits from indigenous-owned and operated ecotourism businesses or joint ventures. It compares indigenous ecotourism in developed and developing countries and provides global case studies of indigenous ecotourism projects in the Pacific Islands, Africa, Latin America and Southeast Asia. The book analyses key factors and constraints for sustainable development of Indigenous ecotourism and explores the growing links between biodiversity conservation, ecotourism and indigenous rights. It will appeal to practitioners, researchers and students in ecotourism and sustainable tourism, indigenous studies, conservation, natural resource management and community development."--BOOK JACKET.

This book explores the contributions of psychological, neuroscientific and philosophical perspectives to the design of contemporary cities. Pursuing an innovative and multidisciplinary approach, it addresses the need to re-launch knowledge and creativity as major cultural and institutional bases of human communities. Dwelling is a form of knowledge and re-invention of reality that involves both the tangible dimension of physical places and their mental representation. Findings in the neuroscientific field are increasingly opening stimulating perspectives on the design of spaces, and highlight how our ability to understand other people is strongly related to our corporeity. The first part of the book focuses on the contributions of various disciplines that deal with the spatial dimension, and explores the dovetailing roles that science and art can play from a multidisciplinary perspective. In turn, the second part formulates proposals on how to promote greater integration between the aesthetic and cultural dimension in spatial design. Given its scope, the book will benefit all scholars, academics and practitioners who are involved in the process of planning, designing and building places, and will foster an international exchange of research, case studies, and theoretical reflections to confront the challenges of designing conscious places and enable the development of communities.

Recent scientific studies have brought significant advances in the understanding of basic mental functions such as memory, dreams, identification, repression, which constitute the basis of the psychoanalytical theory. This book focuses on the possibility of interactions between psychoanalysis and neuroscience: emotions and the right hemisphere, serotonin and depression. It is a unique tool for professionals and students in these fields, and for operators of allied disciplines, such as psychology and psychotherapy.

Intervention with Aggressive Children

Conversations with Jorge Luis Borges

A Scientific Approach to Religion

A Multidisciplinary Approach to the Design of Contemporary City

Cybertherapy

The Science Behind What Makes Your Brain Unique

Overcoming PTSD with the New Psychology of Time Perspective Therapy

In this volume, the communicative and neuropsychological correlates of daily interactions are discussed. The predominant account on explaining the construction of meaning by humans is the inter-relational perspective, that postulates an intentional convergence of meaning arising as a consequence of the active exchanges between people. The neural correlates of communication were illustrated in the main topics of: a) language and language development; b) pragmatics and neuropragmatics of communication; c) neurocognition and the cognitive bases of intentions; d) nonverbal communication and emotion contribution to the communicative systems. New methodological approaches are considered, with particular attention to neuroimaging (such as PET and fMRI) and brain stimulation technique application to the clinical field.

Mental health services have changed completely in the UK, and the new edition of ABC of Mental Health has been thoroughly updated and revised to reflect this. Providing clear practical advice on how to recognise, diagnose and manage mental disorders successfully and safely, with sections on selecting drugs and psychological treatments, and improving compliance, ABC of Mental Health also covers mental health disorders, the mental health needs of vulnerable groups (such as the elderly, children, homeless and ethnic minorities) and the psychological treatments. Fully up to date with recent mental health legislation, this new edition is as comprehensive as it is invaluable. By covering the mental health needs of special groups, this ABC equips GPs, hospital doctors, nurses, counsellors and social workers with the day to day management of patients with mental health problems.

Superheroes have superpowers, abilities like strength or invisibility or flight. But did you know that ordinary kids have superpowers too? From dancing to reading to persistence and optimism, all of us have a superpower that makes us special and unique, a special ability that enables us to make a difference in the world. What's your superpower? With eighteen stories of kids with everyday superpowers, you'll discover that you're just like them.

Since Descartes famously proclaimed, "I think, therefore I am," science has often overlooked emotions as the source of a person's true being. Even modern neuroscience has tended, until recently, to concentrate on the cognitive aspects of brain function, disregarding emotions. This attitude began to change with the publication of Descartes' Error in 1995. Antonio Damasio—"one of the world's leading neuroscientists"—challenged traditional ideas about the connection between emotions and rationality. In this wondrously engaging book, Damasio takes the reader on a journey of scientific discovery through a series of case studies, demonstrating what many of us have long suspected: emotions are not a luxury. They are essential to rational thinking and to normal social behavior.

Descartes' Error

Poison. Nuova Ediz.

The Empathic Screen

Studies of Grief in Adult Life, Fourth Edition

Sadhana, a Way to God

Psychoanalytic Energy Psychotherapy

*Tourism and Indigenous Peoples is a unique text examining the role of indigenous societies in tourism and how they interact within the tourism nexus. Unlike other publications, this text focuses on the active role that indigenous peoples take in the industry, and uses international case studies and experiences to provide a global context to illustrate best practice and aid comparison. First published over ten years ago the editors, Butler and Hinch, have thoroughly revised and updated the text to bring together a new collection of contributions and case studies from recognised international authors and those with first hand experiences in this area. Divided into five main sections, the text looks at this topic under the following headings: * Involvement: Uses case studies to discuss and compare such as 'campfire' programmes in east Africa, and the employment of indigenous peoples as guides, amongst other cases. * Turbulence: Host guest relationships, conflicts on communities and contrasting strategies and results of tourism in indigenous villages in South Africa * Issues: Discusses issues such as authenticity, religious beliefs and managing indigenous tourism in a fragile environment * Progress: Looks at tourism education, tourism and cultural survival and examples of the policy and practice of indigenous tourism. * Conclusions: Five contributions from indigenous people on North America, Australasia and Europe to discuss implications and experiences. Each section uses international case studies from, for example, Australia, New Zealand, Nepal, Namibia, Thailand, Saudi Arabia and South America.*

Un racconto che commuove e toglie il fiato anche agli stomaci forti, opponendo al bullismo e alla forza bruta di due ragazzi stupidi e crudeli il riscatto della loro vittima. Peter Watson, adolescente disarmato e apparentemente più debole, sopravvivrà alla ferocia di due piccoli criminali perché è dotato di intelligenza e di insospettata forza d'animo che gli permetteranno perfino di volare lontano con le ali di un cigno... Il testo, in lingua originale, è arricchito da: • Glossari con la traduzione delle parole più interessanti o difficili; • Note su strutture della lingua, forme idiomatiche o familiari, registri espressivi, phrasal verbs...; • Reading Comprehension Exercises.

What is healing? What really determines it? How can we make it happen? It is increasingly clear that there is not just one single kind of medicine and that paths to healing flow through the integration of multiple pieces of knowledge and the combination of many perspectives. In light of the latest research into neurophysiology, psyche science and quantum physics, this book outlines the seven principles of the powerful interaction between psyche and body in healing processes, providing scientific answers to questions about the mechanisms which trigger it and identifying therapies that allow us to turn these internal switches on. This is demonstrated through reflections, examples, and real cases shared by the author, a psychiatrist and doctor who has completed several rigorous trainings but maintains an open mind and has been committed for more than 15 years to seek healing of serious illnesses in the psychosomatic unit by using therapeutic synergies that strengthen official care practices with innovative treatments, with her passionate work to painlessly repair suffering, with the patient, or rather the person, always and constantly at the centre.

The Big Book of Superpowers

Corpus

Palliative Care in Neurology

The Coping Power Program

Sustainable Tourism in Island Destinations

The Origins of Attachment

Why Gods Persist

Explains the science behind the brain's opiate receptors and other evidence of the intimate connections between mind and body, and their meaning for the future of Western medicine

Prima Parte 1. Che cos'è un paesaggio sonoro? 2. Creare Paesaggi Sonori. Perché? 3. Da giorno vorrei fare il Sound Designer... 4. In presenza d'immagini. 5. Soundscape Composition. 6. Installazioni pi o meno fesso... 7. Ecologia acustica. 8. Estetica del paesaggio sonoro. Seconda parte Altri punti di vista sul paesaggio 1. Sabino Cannone 2. Darwin Chamber 3. Angelo Farina 4. Italo Lombardo 5. Francesco M. Scudato

Angelo Talocci 9. Andrea Valassina 10. Conclusioni

This workshop is focused on a school-based group intervention for children who have difficulty controlling their anger and aggressive behavior. Dr. Lochman describes the research supporting his group-based program for children with aggression problems. He and Dr. Boxmeyer give a session by session review of how to conduct Coping Power. They also demonstrate techniques for Coping Power.

described include teaching children how to identify feelings, solve problems, accomplish goals, and more. Lastly, Dr. Lochman describes how to implement the parent component of Coping Power.

Quarry is a pro in the murder business. When the man he works for becomes a target himself, Quarry is sent South to remove a traitor in the ranks. But in this wide-open city – with sin everywhere, and betrayal around every corner – Quarry must make the most dangerous choice of his deadly career: who to kill?

Tourism and Indigenous Peoples

Human

Christian Exercises in Eastern Form

Watch this Movie and Call Me in the Morning

A Martian Comes to Stay-Uninvited Ghosts

Phrenology, Or the Doctrine of the Mind

Learn to Delegate in 1 hour

A series of spiritual exercises which combine Eastern meditation techniques with Christian prayer is designed to aid in achieving inner peace

Asha Phillips writes as both a child psychotherapist and a mother, using case studies as well as informal anecdotes from family and friends as illustrations. She strips away the negative associations surrounding the word 'no' and celebrates change and setting limits as essential ingredients in development. In a new introduction, Asha Phillips explains why the idea of limits and boundaries have become ever more pertinent since the book was first published. Now with a new chapter on illness in the family, *Saying No can continue to build confidence and self-esteem in both children and parents.*

People like to talk. We know that talking to an attentive and thoughtful listener can be helpful in clarifying conscious and unconscious feelings, thoughts, and motivations. But is talk enough? The complex physiology of anxiety and traumatic stress reactions is often stubbornly persistent, despite therapeutic exploration in both conscious and unconscious areas of the mind. In the case of severe trauma, talking can stir up the emotions and associated bodily disturbance without providing any resolution - sometimes leaving clients feeling worse. The developing field of energy psychology offers an entirely new perspective and gamut of techniques for locating where these traumatic patterns are encoded. They are not in the mind - but in the energy system at the interface of psyche and soma. By addressing these realms concurrently, a powerful therapeutic synergy emerges that allows rapid and deep shifts in the patterns of distress that drive the psychosomatic system.

Neuroeconomics, neuromarketing, neuroaesthetics, and neurotheology are just a few of the novel disciplines that have been inspired by a combination of ancient knowledge along with recent discoveries about how the human brain works. This fascinating and thought provoking new book critically questions our love affair with brain imaging.

And of the Relations Between Its Manifestations and the Body

Infant Research and Adult Treatment

Mind and Places

Psychoanalysis and Neuroscience

Sustainable Development and Management

The swan

Why It's Important for You and Your Child

The loss of a loved one is one of the most painful experiences that most of us will ever have to face in our lives. This book recognises that there is no single solution to the problems of bereavement but that an understanding of grief can help the bereaved to realise that they are not alone in their experience. Long recognised as the most authoritative work of its kind, this new edition has been revised and extended to take into account recent research findings on both sides of the Atlantic. Parkes and Prigerson include additional information about the different circumstances of bereavement including traumatic losses, disasters, and complicated grief, as well as providing details on how social, religious, and cultural influences determine how we grieve. Bereavement provides guidance on preparing for the loss of a loved one, and coping after they have gone. It also discusses how to identify the minority in whom bereavement may lead to impairment of physical and/or mental health and how to ensure they get the help they need. This classic text will continue to be of value to the bereaved themselves, as well as the professionals and friends who seek to help and understand them.

This comprehensive reader presents an accessible overview of recent brain research and contains valuable insights into how students learn and how we should teach them. It includes articles from the top thinkers in both the brain science and K-12 education fields, such as Joseph LeDoux, Howard Gardner, Sally Shaywitz, and John Bransford.

This rich and varied volume offers myriad perspectives on the brain, mind, and education, and features twenty-six chapters in seven primary areas of interest: An overview of the brain The brain-based learning debate Memory, cognition, and intelligence Emotional and social foundations The arts When the brain works differently How have we thought "the body"? How can we think it anew? The body of mortal creatures, the body politic, the body of letters and of laws, the "mystical body of Christ"—all these (and others) are incorporated in the word Corpus, the title and topic of Jean-Luc Nancy's masterwork. Corpus is a work of literary force at once phenomenological, sociological, theological, and philosophical in its multiple orientations and approaches. In thirty-six brief sections, Nancy offers us at once an encyclopedia and a polemical program—reviewing classical takes on the “corpus” from Plato, Aristotle, and Saint Paul to Descartes, Hegel, Husserl, and Freud, while demonstrating that the mutations (technological, biological, and political) of our own culture have given rise to the need for a new understanding of the body. He not only tells the story of this cultural change but also explores the promise and responsibilities that such a new understanding entails. The long-awaited English translation is a bold, brava rendering. To the title essay are added five closely related recent pieces—including a commentary by Antonia Birnbaum—dedicated in large part to the legacy of the “mind-body problem” formulated by Descartes and the challenge it poses to rethinking the ancient problems of the corpus. The last and most poignant of these essays is “The Intruder,” Nancy’s philosophical meditation on his heart transplant. The book also serves as the opening move in Nancy’s larger project called “The deconstruction of Christianity.”

As Bowlby himself points out in his introduction to this seminal childcare book, to be a successful parent means a lot of very hard work. Giving time and attention to children means sacrificing other interests and activities, but for many people today these are unwelcome truths. Bowlby's work showed that the early interactions between infant and caregiver have a profound impact on an infant's social, emotional, and intellectual growth. Controversial yet powerfully influential to this day, this classic collection of Bowlby's lectures offers important guidelines for child rearing based on the crucial role of early relationships.

Molecules of Emotion

Bereavement

Addio tristezza! Dalle neuroscienze un nuovo approccio per guarire dalla «depressione moderna»

The Jossey-Bass Reader on the Brain and Learning

Why You Feel the Way You Feel

Epic Continent

A Secure Base

Selected as one of NPR's Best Books of 2019 Selected by National Geographic as one of 12 "great books for travelers" "The prose is colourful and vigorous ... Jubber's journeying has indeed been epic, in scale and in ambition. In this thoughtful travelogue he has woven together colourful ancient and modern threads into a European tapestry that combines the sombre and the sparkling' Spectator "A genuine epic" wanderlust Award-winning travel writer Nicholas Jubber journeys across Europe exploring Europe's epic poems, from the Odyssey to Beowulf, the Song of Roland to theNibelungenlied, and their impact on European identity in these turbulent times. These are the stories that made Europe. Journeying from Turkey to Iceland, award-winning travel writer Nicholas Jubber takes us on a fascinating adventure through our continent's most enduring epic poems to learn how they were shaped by their times, and how they have since shaped us. The great European epics were all inspired by moments of seismic change: The Odyssey tells of the aftermath of the Trojan War, the primal conflict from which much of European civilisation was spawned. The Song of the Nibelungen tracks the collapse of a Germanic kingdom on the edge of the Roman Empire. Both the French Song of Roland and the Serbian Kosovo Cycleemerged from devastating conflicts between Christian and Muslim powers. Beowulf, the only surviving Old English epic, and the great Icelandic Saga of Burnt Njal, respond to times of great religious struggle – the shift from paganism to Christianity. These stories have stirred passions ever since they were composed, motivating armies and revolutionaries, and they continue to do so today. Reaching back into the ancient and medieval eras in which these defining works were produced, and investigating their continuing influence today, Epic Continent explores how matters of honour, fundamentalism, fate, nationhood, sex, class and politics have preoccupied the people of Europe across the millennia. In these tales soaked in blood and fire, Nicholas Jubber discovers how the world of gods and emperors, dragons and water-maidens, knights and princesses made our own: their deep impact on European identity, and their resonance in our turbulent times.

Palliative care is the duty of every neurologist: however, to date, this has not been a standard feature of neurological practice or training. This book helps define a new field, namely palliative care in neurology. It brings together all necessary information for neurologists caring for a patient with advance disease.

Many of the world's islands are dependent on tourism as their main source of income. It is therefore imperative that these destinations are managed for long-term viability. The natural appeal of a destination is typically one of its main tourism related assets, yet the natural environment is also the feature most directly threatened by potential overexploitation. Sustainable Tourism in Island Destinations builds on existing literature in the subject by providing innovative discussions and practical management structures through the use of the authors' various island project work. An original feature is the focus on islands which are part of larger nations, rather than just on island sovereign states. Through an illustrated case study approach, the book focuses on the successes and challenges islands face in achieving sustainable tourism. The authors put forward innovative mechanisms such as multi-stakeholder partnerships and incentive-driven non-regulatory approaches as ways that the sustainability agenda can move forward in destinations that face specific challenges due to their geography and historic development. The case studies – from Canada, St Kitts, Honduras, China, Indonesia, Spain, Tanzania and Thailand – provide the foundation which suggests that alternative approaches to tourism development are possible if they retain sustainability as a priority.

What happened along the evolutionary trail that made humans so unique? In his accessible style, Michael Gazzaniga pinpoints the change that made us thinking, sentient humans different from our predecessors. He explores what makes human brains special, the importance of language and art in defining the human condition, the nature of human consciousness, and even artificial intelligence.

Neuropsychology of Communication

Essay on the Cerebral Cortex

How to Grow an Unshakable Core of Calm, Strength, and Happiness

Saying No

Quarry's Choice

The Seven Principles of the New Integrated Medicine

impara l'inglese con Roald Dahl

Why do people go to the movies? What does it mean to watch a movie? To what extent is the perceived fictional nature of movies different from our daily perception of the real world? We live in a time where the power of images has strongly invaded our everyday life, and we need new instruments and methods to better understand our relationship with the virtual worlds we inhabit every day. Taking cinema as the beginning of our relationship with the world of moving images, and cognitive neuroscience as a paradigm to understand how the images engage us, The Empathic Screen develops a new theory of film experience, exploring our brain-body interaction when engaging with and watching a film. In this book, film theory and neuroscience meet to shed new light on cinema masterpieces, such as The Shining, The Silence of the Lambs, and Toy Story, and explore the great directors from the classical period to the present. Taking a radical new approach to understanding the cinema, the book will be fascinating reading for cognitive scientists, neuroscientists, psychologists, philosophers, and film and media scholars.

Offers plot summaries and comments on movies with healing themes, from "About Last Night" and "Baby Boom" to "Terms of Endearment" and "Wall Street"

The Origins of Attachment: Infant Research and Adult Treatment addresses the origins of attachment in mother–infant face-to-face communication. New patterns of relational disturbance in infancy are described. These aspects of communication are out of conscious awareness.

They provide clinicians with new ways of thinking about infancy, and about nonverbal communication in adult treatment. Utilizing an extraordinarily detailed microanalysis of videotaped mother–infant interactions at 4 months, Beatrice Beebe, Frank Lachmann, and their research collaborators provide a more fine-grained and precise description of the process of attachment transmission. Second-by-second microanalysis operates like a social microscope and reveals more than can be grasped with the naked eye. The book explores how, alongside linguistic content, the bodily aspect of communication is an essential component of the capacity to communicate and understand emotion. The moment-to-moment self- and interactive processes of relatedness documented in infant research form the bedrock of adult face-to-face communication and provide the background fabric for the verbal narrative in the foreground. The Origins of Attachment is illustrated throughout with several case vignettes of adult treatment. Discussions by Carolyn Clement, Malcolm Slavin and E. Joyce Klein, Estelle Shane, Alexandra Harrison and Stephen Seligman show how the research can be used by practicing clinicians. This book details aspects of bodily communication between mothers and infants that will provide useful analogies for therapists of adults. It will be essential reading for psychoanalysts, psychotherapists and graduate students. Collaborators Joseph Jaffe, Sara Markese, Karen A. Buck, Henian Chen, Patricia Cohen, Lorraine Bahrick, Howard Andrews, Stanley Feldstein Discussants Carolyn Clement, Malcolm Slavin, E. Joyce Klein, Estelle Shane, Alexandra Harrison, Stephen Seligman

In his landmark book, The Time Paradox, internationally known psychologist Philip Zimbardo showed that we can transform the way we think about our past, present, and future to attain greater success in work and in life. Now, in The Time Cure, Zimbardo has teamed with clinicians Richard and Rosemary Sword to reveal a groundbreaking approach that helps those living with post-traumatic stress disorder (PTSD) to shift their time perspectives and move beyond the traumatic past toward a more positive future. Time Perspective Therapy switches the focus from past to present, from negative to positive, clearing the pathway for the best yet to come: the future. It helps PTSD sufferers pull their feet out of the quicksand of past traumas and step firmly on the solid ground of the present, allowing them to take a step forward into a brighter future. Rather than viewing PTSD as a mental illness the authors see it as a mental injury—a normal reaction to traumatic events—and offer those suffering from PTSD the healing balm of hope. The Time Cure lays out the step-by-step process of Time Perspective Therapy, which has proven effective for a wide range of individuals, from veterans to survivors of abuse, accidents, assault, and neglect. Rooted in psychological research, the book also includes a wealth of vivid and inspiring stories from real-life PTSD sufferers—effective for individuals seeking self-help, their loved ones, therapists and counselors, or anyone who wants to move forward to a brighter future.

Cinema and Neuroscience

The Time Cure

Internet and Virtual Reality as Assessment and Rehabilitation Tools for Clinical Psychology and Neuroscience

The Anatomy of Healing

Neuromania

The Motion Picture Prescription

Creare Paesaggi Sonori – Edizione Integrale

The goal of this book is to analyze the processes by which cybertherapy applications will contribute to the delivery of state-of-the-art health services. Particular attention is given to the clinical use of virtual reality technology.

These days it's hard to count on the world outside. So it's vital to grow strengths inside like grit, gratitude, and compassion—and to lastng well-being in a changing world. True resilience is much more than enduring terrible conditions. We need resilience every day to raise a family, work at a job, cope with stress, deal with health problems, navigate issues with others, heal from old pain, and simply keep on going. With his trademark blend of neuroscience, mindfulness, and positive psychology, New York Times bestselling author Dr. Rick Hanson shows you how to develop twelve vital inner strengths hardwired into your own nervous system. Then no matter what life throws at you, you'll be able to feel less stressed, pursue opportunities with confidence, and stay calm and centered in the face of adversity. This practical guide is full of concrete suggestions, experiential practices, personal examples, and insights into the brain. It includes effective ways to interact with others and to repair and deepen important relationships. Warm, encouraging, and down-to-earth, Dr. Hanson's step-by-step approach is grounded in the science of positive neuroplasticity. He explains how to overcome the brain's negativity bias, release painful thoughts and feelings, and replace them with self-compassion, self-worth, joy, and inner peace.

On the Limits of Brain Science

Emotion, Reason, and the Human Brain

ABC of Mental Health

Resilient

Indigenous Ecotourism

Adventures in the Great Stories of Europe