

Alcoholics Anonymous Big Book First Edition

Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Living Sober is an extremely informative book which does not offer a plan for getting sober but does offer us sound advice about how to stay sober. Basic, essential information from Alcoholics Anonymous. As the book states, "Anyone can get sober. . .the trick is to live sober."

Alcoholics Anonymous has served as a lifeline to millions worldwide. This special edition contains new, powerful, and inspiring personal stories for 2007.

In this thoroughly researched and groundbreaking biography of Bill Wilson, cofounder of Alcoholics Anonymous, acclaimed author Susan Cheever creates a remarkably human portrait of a man whose life and work both influenced and saved the lives of millions of people. Drawn from personal letters and diaries, records in a variety of archives, and hundreds of interviews, this definitive biography is the first fully documented account of Bill Wilson's life story. Alcoholics Anonymous is a worldwide organization that since 1935 has helped people break free from the destructive influence of intoxicating and addictive substances. This great wave of comfort and help that has

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covered the world had its beginning in one man, born shortly before the start of the twentieth century. Utilizing exhaustive research, Cheever traces Bill Wilson's life beginning with his birth in a small town in Vermont, where, following the breakup of his parents' marriage, he was raised primarily by his grandparents. Handsome and intelligent, with a wit and charm that both women and men responded to, he seemed at the outset to be capable of achieving anything he wanted. Wilson, however, also suffered from deep-seated insecurity, and once he was away from the provincial Vermont town, he found that alcohol helped relieve his self-doubts and brought out the charm and wit that had made him a favorite in school. "Help" eventually turned to dependence, and years after his first beer -- consumed at a Newport, Rhode Island, dinner party -- Bill Wilson finally had to come to terms with the fact that, while he loved the way alcohol made him feel, his life was spiraling out of control. Through a painful process of trial and error, using a blend of experiences, ideas, and medical knowledge gained through several hospitalizations, he was able to stop drinking. A few months later, when he met Dr. Robert Smith of Akron, Ohio, and was able to help him stop drinking also, Alcoholics Anonymous was born. Each man found in the other the support he needed to overcome the hold alcohol had on them. Together they discovered the power they had to help other alcoholics. Success

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did not come overnight, however, and as Cheever compellingly relates, Wilson had many struggles in a life fraught with controversies, including experiments with LSD and an unconventional fifty-three-year marriage. As one of the most influential and important thinkers of the twentieth century, Bill Wilson changed the way our society deals with addiction, and his ideas in turn have benefited countless individuals and their families. His life was complex, and in Susan Cheever's fascinating biography, he emerges as a man of great passion and courage; it is a story fully told for the first time.

A biography, with recollections of early A.A. in the Midwest.

The Little Red Book

Alcoholics Anonymous, Fourth Edition

The Original Text of the Life-Changing Landmark, Deluxe Edition

When Man Listens

A Simple Program

Extraordinary Confessions from Ordinary Lives

Emotional Sobriety

ALCOHOLICS ANONYMOUS: The Story of How Many Thousands of Men and Women Have Recovered from Alcoholism (also known as the BIG BOOK) describes how to recover from alcoholism. The author is a founder of Alcoholics Anonymous (AA), Bill W. and Dr. Bob. It is the originator of the seminal "twelve-step method" widely used to attempt to treat many addictions, from alcoholism and heroin addiction to

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marijuana addiction, as well as overeating, sex addiction, gambling addiction, and family members of alcoholics, with a strong spiritual and social emphasis. Alcoholics Anonymous (or the 'Big Book' as it is commonly called). It is the first text written about the experiences of the founders of the AA movement.

The definitive history of writing and producing the "Big Book" of Alcoholics Anonymous, told through extensive access to the group's archives. Alcoholics Anonymous is arguably the most significant self-help book published in the twentieth century. Released in 1939, the "Big Book," as it's commonly known, has sold an estimated 37 million copies, been translated into seventy languages, and spawned numerous recovery communities around the world while remaining a vibrant plan for recovery from addiction in all its forms for millions of people. While there are many books about A.A. history, most rely on anecdotal stories told well after the fact by Bill Wilson and other early members—accounts that have proved to be woefully inaccurate at times. Writing the Big Book brings exhaustive research, academic discipline, and informed insight to the subject not seen since Ernest Kurtz's *Not-God*, published forty years ago. Focusing primarily on the eighteen months from October 1937, when a book was first proposed, and April 1939 when Alcoholics Anonymous was published, Schaberg's history is based on eleven years of research into the wealth of 1930s documents currently preserved in several A.A. archives. Woven together into an exciting narrative, these real-time documents tell an almost week-by-week story of how the book was created, providing more than a few unexpected turns and surprising departures from the hallowed stories that have been so widely

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circulated about early A.A. history. Fast-paced, engaging, and contrary, Writing the Big Book presents a vivid picture of how early A.A. operated and grew and reveals many previously unreported details about the colorful cast of characters who were responsible for making that group so successful.

The project that captured a nation's imagination. The instructions were simple, but the results were extraordinary. "You are invited to anonymously contribute a secret to a group art project. Your secret can be a regret, fear, betrayal, desire, confession, or childhood humiliation. Reveal anything -- as long as it is true and you have never shared it with anyone before. Be brief. Be legible. Be creative." It all began with an idea Frank Warren had for a community art project. He began handing out postcards to strangers and leaving them in public places -- asking people to write down a secret they had never told anyone and mail it to him, anonymously. The response was overwhelming. The secrets were both provocative and profound, and the cards themselves were works of art -- carefully and creatively constructed by hand. Addictively compelling, the cards reveal our deepest fears, desires, regrets, and obsessions. Frank calls them "graphic haiku," beautiful, elegant, and small in structure but powerfully emotional. As Frank began posting the cards on his website, PostSecret took on a life of its own, becoming much more than a simple art project. It has grown into a global phenomenon, exposing our individual aspirations, fantasies, and frailties -- our common humanity. Every day dozens of postcards still make their way to Frank, with postmarks from around the world, touching on every aspect of human experience. This extraordinary collection brings together the most powerful,

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personal, and beautifully intimate secrets Frank Warren has received -- and brilliantly illuminates that human emotions can be unique and universal at the same time.

Finally! The book that thousands of alcoholics have been waiting for! An updated version of the "Big Book of Alcoholics Anonymous." This edited revision of the old, basic text is reader-friendly and carries the exact same message as the 1939 version of "Alcoholics Anonymous." It's written in a style that's friendly to readers of any gender, race, or spiritual path. Until now, Bill Wilson's 1939 book has never been edited for modern readers. This book is for: Women who object to the sexist language in the original Big Book. The EZ Big Book is gender neutral. All partners of alcoholics, including gays and lesbians. The EZ Big Book makes no assumption about the genders or marital status of partners. Alcoholics at all reading levels. The language is reader-friendly and journalistic in tone. Readers of any faith, including agnostics. The spiritual references in the book are all-encompassing. Non-English speakers. Readers for whom English is a second language buy the EZ Big Book because the writing is simple and direct. About the Author The author is a retired science and nature writer with double-digit of sobriety. Her last years of drinking took her to emergency rooms several times and finally to rehab.

By member request: stories from the first three editions of the Big Book

PostSecret

My Name Is Bill

An Address

A brief history of a unique movement

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Removing Character Defects - Steps Six and Seven

Writing the Big Book

Twelve Steps to recovery.

A fascinating, account of the discovery and program of Alcoholics Anonymous, Not God contains anecdotes and excerpts from the diaries, correspondence, and occasional memoirs of AA's early figures. The most complete history of A.A. ever written. Not God contains anecdotes and excerpts from the diaries, correspondence, and occasional memoirs of AA's early figures. A fascinating, fast-moving, and authoritative account of the discovery and development of the program and fellowship that we know today as Alcoholics Anonymous. A.A. co-founder Bill W. tells the story of the growth of Alcoholics Anonymous from its make-or-break beginnings in New York and Akron in the early 1930s to its spread across the country and overseas in the years that followed. A wealth of personal accounts and anecdotes portray the dramatic power of the A.A. Twelve Step program of recovery — unique not only in its approach to treating alcoholism but also in its spiritual impact and social influence. Bill recounts the evolution of the Twelve Steps, the Twelve Traditions, and the Twelve Concepts for World Service — those principles and practices that protect and preserve the Three Legacies of Recovery, Unity and Service — and how in 1955 the responsibility for these were passed on by the founding members to the Fellowship (A.A.'s membership is large). In closing chapters of Alcoholics Anonymous Comes of Age, early "friends of A.A.," including the influential Dr. Silkworth and Father Ed Dowling, share their

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perspectives. Includes 16 pages of archival photographs. For those interested in the history of A.A. and how it has withstood the test of time, Alcoholics Anonymous Comes of Age offers on the growth of this ground-breaking movement. Alcoholics Anonymous Comes of Age has been approved by the General Service Conference.

A 75th anniversary e-book version of the most important and practical self-help book ever written, Alcoholics Anonymous. Here is a special deluxe edition of a book that has changed millions of lives and launched the modern recovery movement: Alcoholics Anonymous. This edition not only reproduces the original 1939 text of Alcoholics Anonymous, but a special bonus features the complete 1941 Saturday Evening Post article "Alcoholics Anonymous" by journalist Jack Alexander, which, at the time, did as much as the book itself to introduce millions of seekers to AA's program. Alcoholics Anonymous has touched and transformed myriad lives, and finally appears in a volume that honors its posterity and impact.

Alcoholics Anonymous - Big Book

The Golden Book of Resentments

A History of Alcoholics Anonymous

Living Sober Trade Edition

Sobriety and Beyond / [Father John Doe]

A Biography, with Recollections of Early A.A. in the Midwest

Alcoholics Anonymous First Edition Reprint

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The Good Book and the Big Book: A.A.'s Roots in the Bible is the most popular of Dick B.'s 42 titles. It traces the precise A.A. Big Book and 12 Step language that came from the Bible.

Christians and AAs alike acclaim this title's thorough review of early A.A. sources showing the Bible's role in A.A.'s recovery ideas. This book demonstrates how God helps alcoholics recover if they want His help.

The basic text for Alcoholics Anonymous.

Known as the "Big Book," the basic text of Alcoholics Anonymous has helped millions of people worldwide get and stay sober since the first edition appeared in 1939. Opening chapters articulate A.A.'s program of recovery from alcoholism – the original Twelve Steps – and recount the personal histories of A.A.'s co-founders, Bill W. and Dr. Bob. In the pages that follow, more than 40 A.A. members share how they stopped drinking and found a new healthier and more serene way of life through the Fellowship of Alcoholics Anonymous. Whether reading passages at meetings, reading privately for personal reflection, or working with a sponsor, the Big Book can be a source of inspiration, guidance and comfort on the journey to recovery. This Fourth Edition of

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Alcoholics Anonymous has been approved by the General Service Conference.

2016 Reprint of 1939 Edition. Full facsimile of the original edition, not reproduced with Optical Recognition Software.

Alcoholics Anonymous was founded in 1935 by Bill Wilson and Dr. Bob Smith, who developed the organization's twelve-step program. In 1939, they published this volume, which sets forth the cornerstone concepts of recovery and relates stories of those who have overcome alcoholism. Informally known as "The Big Book," it has gone through numerous editions, and as a lifeline to millions worldwide, it is the most widely used resource for recovering alcoholics. Later editions added more personal stories. Our edition reprints the first edition of 1939, which got the enterprise started.

Experience, Strength and Hope

The Original 1939 Edition

Alcoholics Anonymous

1939 First Edition

Dr. Bob and the Good Oldtimers

The Story of how Many Thousands of Men and Women Have Recovered

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from Alcoholism

Ebby

Designed as an aid for the study of the book, Alcoholics Anonymous, The Little Red Book contains many helpful topics for discussion meetings. This is the original study guide to the Big Book, Alcoholics Anonymous. Filled with practical information for those first days of sober living, this little book: offers newcomers advice about the program, how long it takes, and what to look for in a sponsorprovides in-depth discussions of each of the Twelve Steps and related character defectsposes common questions about AA and helping others, identifying where to find answers in the Big Bookfeatures non-sexist language.

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Many thousands have benefited from "The Big Book" and its simple but profound explanation of the doctrines behind Alcoholics Anonymous,

which was founded in 1935 by Bill Wilson and Dr. Bob Smith. This original 1939 edition outlines the famous 12 steps, and offers counsel for those who wish to join the program but doubt the existence of a higher power. It also contains encouraging personal stories, in which AA members relate their experiences with alcohol and how they found the path to sobriety. "The Big Book" has gone through numerous editions and remains the most widely used resource for recovering alcoholics. Only this original 1939 edition includes all 29 stories of the program's pioneers, which share the details of their full journey, including initial recovery, sometimes followed by relapse and eventual success. This edition also features the key to the solution claimed by Bill Wilson: a vital spiritual experience that allows followers to rediscover, or discover, God. This realistic portrayal of the program as offered by its founders has been lost in subsequent editions of the work, and is presented here to serve as a reminder that success comes in many forms.

A practical guide to letting go of the character defects that get in the way of true and joyful recovery. Resentment. Fear. Self-Pity. Intolerance. Anger. As Bill P. explains, these are the "rocks" that can sink recovery- or at the least, block further progress. Based on the principles behind Steps Six

and Seven, Drop the Rock combines personal stories, practical advice, and powerful insights to help readers move forward in recovery. The second edition features additional stories and a reference section.

The Story of How More Than One Hundred Men Have Recovered from Alcoholism

The Greatest Thing in the World

A Biography of Mrs. Marty Mann

Everyone Can Listen to God

A Contemporary Translation of the Book Alcoholics Anonymous

The Original Working Manuscript of Alcoholics Anonymous

Twenty-Four Hours a Day

This is both a fascinating history of the formative years of Alcoholics Anonymous, as well as the bitter-sweet tale of the troubled man Bill W. always referred to as "my sponsor." In 1934, Ebby Thatcher called an old drinking buddy to tell him about the happiness he was finding in sobriety. His friend's name was Bill Wilson, and this book is the story of their life-long friendship. It is both a fascinating history of the formative years of Alcoholics Anonymous, as well as the bitter-sweet tale

of the troubled man Bill W. always referred to as "my sponsor." "Deeply informative and moving, a valuable contribution to the history of A.A. A 'must' reading for anyone interested in one of the more fascinating chapters in A.A.'s history."--Nell Wing, Retired A.A. Archivist and Bill Wilson's Secretary

The first and only modernization of the "bible" of Alcoholics Anonymous, A Simple Program provides an accessible, gender-equal translation for today's readers while maintaining the book's complete core text, which serves as the basis of all 12-step programs.

The Book That Started It All Hardcover

In addition to being a recovered alcoholic, Dick B. has been an ardent Bible student, especially for the last 22 years of his recovery. It was always his objective to learn the Biblical roots of A.A. of which A.A. Cofounder Dr. Bob spoke so often. Dick wanted to locate and define those roots. And, after many years of digging, he was able to write this first of several books on A.A.'s roots in the Bible, the Book of James, the Sermon on the

Mount, and 1 Corinthians 13. Each year of continued research has unearthed more and more facts about early AA. and the Bible. And the facts begin with this Good Book work.

The Creation of A.A.

Same Message-Simple Language

Alcoholics Anonymous Comes of Age,

The Next Frontier : Selected Stories from the AA Grapevine

Twelve Steps and Twelve Traditions Trade Edition

Daily Reflections

The Good Book and the Big Book

Co-founder Bill W. was keenly aware of the importance of personal stories, writing, "The story section of the Big Book ... is our principal means of identifying with the reader outside of A.A., it is the written equivalent of hearing speakers at an A.A. meeting; it is our show window of the results." Experience, Strength and Hope offers back to the A.A. Fellowship the candor, wisdom and wit of 56 members whose stories are no longer available in the fourth edition of Alcoholics Anonymous. With each edition, new

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stories were added to reflect A.A.'s changing membership, while others had to be dropped. Numerous requests from A.A. members led to the publication of this book, where now can be found such classics as "A Feminine Victory," written by one of A.A.'s very first female members, and "The Car Smasher," by "A.A. Number 3" – third after the co-founders themselves. A.A. membership continues to grow and change, but the voices contained here will never be outdated. From poignant accounts of sorrow and loss to more raucous tales laced with deprecating humor, this collection of stories offer today's A.A. members the timeless gift of experience, strength and hope. Experience, Strength and Hope has been approved by the General Service Conference of Alcoholics Anonymous.

In analyzing the various principles of Alcoholics Anonymous we now come to one which has come up for more discussion, and which is at the bottom of more difficulties than any of all the ones listed. This principle is: "THE DANGER OF RESENTMENT–SELF PITY" In the alcoholic, "frustration begot

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resentment, resentment begot self-pity, self-pity begot drinking, and drinking begot frustration, and frustration begot resentment, and resentment begot self-pity," and on and on and on—in an unending cycle, until faced with the three-pronged choice: sobriety or insanity or death. And then we chose sobriety in A.A. And we learned the principle that: If the alcoholic repeated any PART of the cycle, the ENTIRE cycle would repeat ITSELF, "in toto." We learned through the above principle that to the alcoholic, resentment and self-pity would always remain his number one twin-enemy—no matter how long sober. And this means that, if he permits himself to indulge in resentment or self-pity too frequently or for too prolonged periods of time, he will automatically set off the compulsion to drink. In short: AN ALCOHOLIC CANNOT TOLERATE RESENTMENT. If he does, there automatically will begin the old pattern: "stinking-thinking; drinking-thinking; drinking." And so also will it be with any part of the cycle above: If the alcoholic takes a drink, he will automatically and ultimately become full of

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resentments, etc. etc. We do not know why this happens, but we do know from long, long experience that it does happen. This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

2011 Reprint of 1954 Edition. Richard Walker, the author of this work, is the second most popular Twelve Step recovery

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author in total sales, after Bill Wilson. Walker has helped untold numbers of alcoholics through his writings. "Twenty-Four Hours a Day" is a book of meditation, thought, and prayer that is soul inspiring, spiritually uplifting, and filled with sage words of wisdom. While geared toward members of Alcoholics Anonymous to help them in their daily program of recovery, the book has much to offer any individual who is working on self-improvement and personal growth, and who is searching for spiritual uplifting and guidance. The book is divided into the 365 days of the calendar year, offering a thought, meditation, and related short prayer on each day. Much of the material is based on the Big Book and other A.A. literature. A classic work.

Daily Meditations for Recovering Addicts
The First Lady of Alcoholics Anonymous
A New Pair of Glasses

Al-Anon Faces Alcoholism
Just for Today

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The official "Big Book" from Alcoholic Anonymous

This is a book of reflections by A.A. members for A.A. members. It was first published in 1990 to fulfill a long-felt need within the Fellowship for a collection of reflections that moves through the calendar year--one day at a time. Each page contains a reflection on a quotation from A.A. Conference-approved literature, such as Alcoholics Anonymous, Twelve Steps and Twelve Traditions, As Bill Sees It and other books. These reflections were submitted by members of the A.A. Fellowship who were not professional writers, nor did they speak for A.A. but only for themselves, from their own experiences in sobriety. Thus the book offers sharing, day by day, from a broad cross section of members, which focuses on the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service. Daily Reflections has proved to be a popular book that aids individuals in their practice of daily meditation and provides inspiration to group discussions even as it presents an introduction for some to A.A. literature as a whole.

Alcoholics Anonymous
The Story of how Many Thousands of Men and Women Have Recovered from Alcoholism

The twelve steps and Twelve traditions reprinted for adaptation by permission of AA World Services, Inc.--T.p. verso.

Includes How to listen to God / by John E. Batterson (pages 63-72) and The seven-day mental diet / by Emmet Fox (pages 73-91).

A Book of Reflections by A.A. Members for A.A. Members

The Man Who Sponsored Bill W.

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The EZ Big Book of Alcoholics Anonymous

A.A.'s Roots in the Bible

Big Book

Not God

Bill Wilson--His Life and the Creation of Alcoholics Anonymous

A Biography of Mrs Marty Mann Softcover

An extraordinary reproduction of the original working manuscript of the Big Book of Alcoholics Anonymous, with an introduction and notes by a panel of celebrated AA historians. The many changes that were made in black, green, and red on each page are shown. An extraordinary reproduction of the original working manuscript of Alcoholics Anonymous, with essays and notes by a panel of celebrated AA historians. The Book That Started It All offers fresh insights into the history and foundation of the revolutionary Alcoholics Anonymous program. Reproduced in this elegant gift edition with essays and notes by a panel of celebrated AA historians, the original working manuscript is the missing link in our understanding of what transpired

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between AA founder Bill Wilson's first draft of Alcoholics Anonymous and the first published edition. In January 1939, Wilson and other AA founders distributed 400 copies of his typescript to everyone they could think of "who might be concerned with the problem of alcoholism," to test out the program. As the loan copies were returned, suggestions for revision were considered and written out in colored pencil on one master copy that was eventually submitted for publication. The many changes made in black, green, and red on page after page are shown here in their original form, revealing the opinions, debates, and discussions that went into making the Big Book.

Drop the Rock

Alcoholics Anonymous Comes of Age

The Book That Started It All

By the Anonymous Press

The Big Book

The Good Book and The Big Book