

## Always Running Excerpt

In 1967, Kathrine Switzer was the first woman to officially run what was then the all male Boston Marathon, infuriating one of the event’s directors who attempted to violently eject her. In what would become an iconic sports image, Switzer escaped and finished the race. This was a watershed moment for the sport, as well as a significant event in women’s history. Including updates from the 2008 Summer Olympics, the paperback edition of *Marathon Woman* details the life of an incredible, pioneering athlete, and the lasting effect she’s had on women’s sports. Switzer’s energy and drive permeate the pages of this warm, witty memoir as she describes everything from the childhood events that inspired her to succeed to her big win in the 1974 New York City Marathon, and beyond. Program designed for struggling readers and provides direct reading and writing instruction using high interest literature.

Adapted from a work of the same title published in 2017 by Crown.

A former L.A. gang member describes his experiences in that world, recounting the sense of security and power found in a gang and the grim reality of violence and poverty

A Memoir of Life on the Run

The Color of Hate

The Adventures of an Accidental Prison Librarian

Talk Talk

Helping Students Motivate Themselves

Run the Mile You’re In

This revised version of Kaela Jubas’ award winning dissertation focuses on contemporary shopping practices, analyzing the ways concerned shoppers think about globalization, consumption, and their personal effect on the status quo. By using numerous examples from modern advertising, interviews with self-described “radical” shoppers, and selected quotes from scholars and experts, Jubas delves into questions of social justice, environmental awareness, and consumer identity -- all demonstrated by individual choices made at the checkout counter. Employing a variety of qualitative research techniques and complex and counterintuitive cultural theory, Jubas’s study will interest those in adult education, cultural studies, consumer research, and qualitative inquiry.

The undisputed classic of running novels and one of the most beloved sports books ever published, *Once a Runner* tells the story of an athlete’s dreams amid the turmoil of the 60s and the Vietnam war.

Inspired by the author’s experience as a collegiate champion, the novel follows Quenton Cassidy, a competitive runner at fictional Southeastern University whose lifelong dream is to run a four-minute mile. He is less than a second away when the turmoil of the Vietnam War era intrudes into the staid recesses of his school’s athletic department. After he becomes involved in an athletes’ protest, Cassidy is suspended from his track team. Under the tutelage of his friend and mentor, Bruce Denton, a graduate student and former Olympic gold medalist, Cassidy gives up his scholarship, his girlfriend, and possibly his future to withdraw to a monastic retreat in the countryside and begin training for the race of his life against the greatest miler in history. A rare insider’s account of the incredibly intense lives of elite distance runners, *Once a Runner* is an inspiring, funny, and spot-on tale of one individual’s quest to become a champion.

Take advantage of Chef’s highly customizable design to tackle specific automation issues that you can’t solve by simply using Chef’s tools, resources, and services out of the box. With this practical guide, you’ll examine the internal structure of this configuration management technology and learn where, how, and why to add custom code. Author Jon Cowie not only provides code snippets and practical advice for customizing Chef, but also helps you determine case by case whether it’s in your best interests to customize at all. If you have intermediate-to-advanced Chef experience, this book is indispensable. Explore Chef’s typical setups and why you’d want to customize them Learn the Ruby concepts needed to write customizations Customize the Chef run process and explore Chef’s internal classes Gain more insight into your Chef runs through handlers and Chef’s event stream Level up your Chef recipes by writing your own resources and providers Create and extend plugins for Knife—Chef’s command-line tool Interact with the Chef API to write scripts and reports Learn how to contribute customizations to the Chef community

A stunning four-color biography of Congresswoman Alexandria Ocasio-Cortez in the bestselling tradition of Notorious RBG and Pelosi that explores her explosive rise and impact on the future of American culture and politics. The candidate was young—twenty-eight years old, a child of Puerto Rico, the Bronx, and Yorktown Heights. She was working as a waitress and bartender. She was completely unknown, and taking on a ten-term incumbent in a city famous for protecting its political institutions. “Women like me aren’t supposed to run for office,” Alexandria Ocasio-Cortez said in a video launching her campaign, the camera following her as she hastily pulled her hair into a bun. But she did. And in perhaps the most stunning upset in recent memory, she won. At twenty-nine, she was sworn in as the youngest member of the 116th Congress and became the youngest woman to serve as a representative in United States history. Before long, Ocasio-Cortez had earned her own shorthand title—AOC—and was one of the most talked-about public figures (loved and loathed) in the world. Her natural ability to connect with everyday people through the social media feeds grew her following into the multimillions. Every statement she made, every tweet and Instagram Live, went viral, and her term had barely begun before people were speculating that she could one day be president. The question seemed to be on everyone’s mind: How did this woman come from nowhere to acquire such influence, and so fast? Now, in *Take Up Space*, that question is answered through a kaleidoscopic biography by the editors of *New York* magazine that features the riveting account of her rise by Lisa Miller, an essay by Rebecca Traister that explains why she is an unprecedented figure in American politics, and multiform explorations (reportage, comic, history, analysis, photography) of AOC’s outsized impact on American culture and politics. Throughout, AOC is revealed in all her power and vulnerability, and understood in the context of the fast-changing America that made her possible—and perhaps even inevitable.

What Consumers Learn about Identity, Globalization, and Social Change

A Memoir Anthology

Stories from a South African Childhood

Customizing Chef

Love the Process, Get Faster, Run Longer

Running the Books

The Far Away Brothers

Journey with Olympian Ryan Hall as he reflects on the joys and trials of the running life and, along the way, shows you how his faith has helped him win in his workouts, races, and overall mindset. Ryan Hall is an Olympic athlete and American record holder in the half marathon (59:43). But as a kid, Ryan hated running. He wanted nothing to do with the sport until one day, he felt compelled to run the 15 miles around his neighborhood lake. He was hooked. Starting that day, Ryan felt a God-given purpose in running. He knew he could, and would, race with the best runners in the world and that his talent was a gift to serve others. These two truths launched Ryan’s 20-year athletic career and guided him through epic failures and exceptional breakthroughs to competing at the highest level. Now a coach, speaker, and nonprofit partner, Ryan shares the powerful faith behind his athletic achievements and the lessons he learned that helped him push past limits, make space for relationships that enrich life on and off the running trails, and cultivate a positive mindset. Lessons such as: Learning how to focus on your purpose and say no to distractions Select and strive for the right goals--goals for the heart and the body How to deal with defeat and disappointment How to endure immense pain and build resilience Running as if you’ve already won Ryan’s story is one of encouragement and inspiration for readers of any age and level of running ability--or none at all. It’s a story that shows that you, too, can change your outlook, see God’s hand in your life, and run the race that really matters.

Recounts the author’s experiences with the reclusive Tarahumara Indians, whose techniques allow them to run long distances with ease, and describes his training for a fifty-mile race with the tribe and a number of ultramarathoners.

Presenting key psychology concepts within the context of personal narratives and essays (over 60), this reader challenges students to explore the intrinsic relationships between introductory psychological principles and real-world experiences.

Is your daily run starting to drag you down? Has running become a chore rather than the delight it once was? Then *The Happy Runner* is the answer for you. Authors David and Megan Roche believe that you can’t reach your running potential without consistency and joyful daily adventures that lead to long-term health and happiness. Guided by their personal experiences and coaching expertise, they point out the mental and emotional factors that will help you learn exactly how to become a happy runner and achieve your personal best.

What I Talk About When I Talk About Running

Tell Me Lies Excerpt

Chicano and Chicana Experiences of the War

No Way Home

The Comfort Book

Run and Hide

Simple Mercies

Give your students the tools they need to motivate themselves with tips from award-winning educator Larry Ferlazzo. A comprehensive outline of common classroom challenges, this book presents immediately applicable steps and lesson plans for all teachers looking to help students motivate themselves. With coverage of brain-based learning, classroom management, and using technology, these strategies can be easily incorporated into any curriculum. Learn to implement solutions to the following challenges: How do you motivate students? How do you help students see the importance of personal responsibility? How do you deal with a student who is being disruptive in class? How do you regain control of an out-of-control class? And more! Blogger and educator Larry Ferlazzo has worked to combine literacy development with short and rigorous classroom lessons on topics such as self-control, personal responsibility, brain growth, and perseverance. He uses many “on-the-spot” interventions designed to engage students and connect with their personal interests. Use these practical, research-based ideas to ensure all of your students are intrinsically motivated to learn!

Luis J. Rodriguez writes about race, culture, identity, and belonging and what these all mean and should mean (but often fail to) in the volatile climate of our nation. His passion and wisdom inspire us with the message that we must come together if we are to move forward. As he writes in the preface, “Like millions of Americans, I’m demanding a new vision, a qualitatively different direction, for this country. One for the shared well-being of everyone. One with beauty, healing, poetry, imagination, and truth.” The pieces in *From Our Land to Our Land* capture that same fantastic energy and wisdom and will spark conversation and inspiration.

"Pankaj Mishra transforms a visceral, intimate story of one man’s humble origins into a kaleidoscopic portrait of a society bedazzled by power and wealth—what it means on a human level, and what it costs. *Run and Hide* is a spectacular, illuminating work of fiction." —Jennifer Egan, author of *Manhattan Beach* Growing up in a small railway town, Arun always dreamed of escape. His acceptance to the prestigious Indian Institute of Technology, enabled through great sacrifice by his low-caste parents, is seemingly his golden ticket out of a life plagued by everyday cruelties and deprivations. At the predominantly male campus, he meets two students from similar backgrounds. Unlike Arun—scarred by his childhood, and an uneasy interloper among go-getters—they possess the sheer will and confidence to break through merciless social barriers. The alumni of IIT eventually go on to become the financial wizards of their generation, working hard and playing hard from East Hampton to Tuscany—the beneficiaries of unprecedented financial and sexual freedom. But while his friends play out Gatsby-style fantasies, Arun fails to leverage his elite education for social capital. He decides to pursue the writerly life, retreating to a small village in the Himalayas with his aging mother. Arun’s modest idyll is one day disrupted by the arrival of a young woman named Alia, who is writing an exposé of his former classmates. Alia, beautiful and sophisticated, draws Arun back to the prospering world where he must be someone else if he is to belong. When he is implicated in a terrible act of violence committed by his closest friend from IIT, Arun will have to reckon with the person he has become.

*Run and Hide* is Pankaj Mishra’s powerful story of achieving material progress at great moral and emotional cost. It is also the story of a changing country and global order, and the inequities of class and gender that map onto our most intimate relationships.

8 starred reviews · Goodreads Choice Awards Best of the Best · William C. Morris Award Winner · National Book Award Longlist · Printz Honor Book · Coretta Scott King Honor Book · #1 New York Times Bestseller! "Absolutely riveting!" —Jason Reynolds "Stunning." —John Green "This story is necessary. This story is important." —Kirkus (starred review) "Heartbreakingly topical." —Publishers Weekly (starred review) "A marvel of verisimilitude." —Booklist (starred review) "A powerful, in-your-face novel." —Horn Book (starred review) Sixteen-year-old Starr Carter moves between two worlds: the poor neighborhood where she lives and the fancy suburban prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Khalil was unarmed. Soon afterward, his death is a national headline. Some are calling him a thug, maybe even a drug dealer and a gangbanger. Protesters are taking to the streets in Khalil’s name. Some cops and the local drug lord try to intimidate Starr and her family. What everyone wants to know is: what really went down that night? And the only person alive who can answer that is Starr. But what Starr does—or does not—say could upend her community. It could also endanger her life. Want more of Garden Heights? Catch *Maverick* and *Seven’s* story in

*Concrete Rose*, Angie Thomas’s powerful prequel to *The Hate U Give*.

Two Teenage Immigrants Making a Life in America

The First Three Chapters

From Our Land to Our Land

The Topical Excerpt Library

What Women Runners Can Teach Us All About Living Younger, Longer

Once a Runner

The Book Thief

*Always Running**LA Vida Loca : Gang Days in L. A.**Turtleback Books*

**#1 NEW YORK TIMES BESTSELLER • More than one million copies sold!** A “brilliant” (*Lupita Nyong’o, Time*), “poignant” (*Entertainment Weekly*), “soul-nourishing” (*USA Today*) memoir about coming of age during the twilight of apartheid “Noah’s childhood stories are told with all the hilarity and intellect that characterizes his comedy, while illuminating a dark and brutal period in South Africa’s history that must never be forgotten.”—*Esquire* Winner of the Thurber Prize for American Humor and an NAACP Image Award • Named one of the best books of the year by *The New York Time, USA Today, San Francisco Chronicle, NPR, Esquire, Newsday, and Booklist* Trevor Noah’s unlikely path from apartheid South Africa to the desk of *The Daily Show* began with a criminal act: his birth. Trevor was born to a white Swiss father and a black Xhosa mother at a time when such a union was punishable by five years in prison. Living proof of his parents’ indiscretion, Trevor was kept mostly indoors for the earliest years of his life, bound by the extreme and often absurd measures his mother took to hide him from a government that could, at any moment, steal him away. Finally liberated by the end of South Africa’s tyrannical white rule, Trevor and his mother set forth on a grand adventure, living openly and freely and embracing the opportunities won by a centuries-long struggle. Born a Crime is the story of a mischievous young boy who grows into a restless young man as he struggles to find himself in a world where he was never supposed to exist. It is also the story of that young man’s relationship with his fearless, rebellious, and fervently religious mother—his teammate, a woman determined to save her son from the cycle of poverty, violence, and abuse that would ultimately threaten her own life. The stories collected here are by turns hilarious, dramatic, and deeply affecting. Whether subsisting on caterpillars for dinner during hard times, being thrown from a moving car during an attempted kidnapping, or just trying to survive the life-and-death pitfalls of dating in high school, Trevor illuminates his curious world with an incisive wit and unflinching honesty. His stories weave together to form a moving and searingly funny portrait of a boy making his way through a damaged world in a dangerous time, armed only with a keen sense of humor and a mother’s unconventional, unconditional love.

In this “brave and heartbreaking novel that digs its claws into you and doesn’t let go, long after you’ve finished it” (Anna Todd, *New York Times* bestselling author) from the #1 *New York Times* bestselling author of *All Your Perfects*, a workaholic with a too-good-to-be-true romance can’t stop thinking about her first love. Lily hasn’t always had it easy, but that’s never stopped her from working hard for the life she wants. She’s come a long way from the small town where she grew up—she graduated from college, moved to Boston, and started her own business. And when she feels a spark with a gorgeous neurosurgeon named Ryle Kincaid, everything in Lily’s life seems too good to be true. Ryle is assertive, stubborn, maybe even a little arrogant. He’s also sensitive, brilliant, and has a total soft spot for Lily. And the way he looks in scrubs certainly doesn’t hurt. Lily can’t get him out of her head. But Ryle’s complete aversion to relationships is disturbing. Even as Lily finds herself becoming the exception to his “no dating” rule, she can’t help but wonder what made him that way in the first place. As questions about her new relationship overwhelm her, so do thoughts of Atlas Corrigan—her first love and a link to the past she left behind. He was her kindred spirit, her protector. When Atlas suddenly reappears, everything Lily has built with Ryle is threatened. An honest, evocative, and tender novel, *It Ends with Us* is “a glorious and touching read, a forever keeper. The kind of book that gets handed down” (*USA TODAY*).

**GET HOOKED ON THE MOST ADDICTING NOVEL OF THE SUMMER—READ THIS EXCLUSIVE EXCERPT!** A thrilling, sexy coming-of-age story exploring toxic love, ruthless ambition, and shocking betrayal, *Tell Me Lies* is about that one person who still haunts you—the other one. The wrong one. The one you couldn’t let go of. The one you’ll never forget. Lucy Albright is far from her Long Island upbringing when she arrives on the campus of her small California college, and happy to be hundreds of miles from her mother, whom she’s never forgiven for an act of betrayal in her early teen years. Quickly grasping at her fresh start, Lucy embraces college life and all it has to offer—new friends, wild parties, stimulating classes. And then she meets Stephen DeMarco. Charming. Attractive. Complicated. Devastating. Confident and cocksure, Stephen sees something in Lucy that no one else has, and she’s quickly seduced by this vision of herself, and the sense of possibility that his attention brings her. Meanwhile, Stephen is determined to forget an incident buried in his past that, if exposed, could ruin him, and his single-minded drive for success extends to winning, and keeping, Lucy’s heart. Lucy knows there’s something about Stephen that isn’t to be trusted. Stephen knows Lucy can’t tear herself away. And their addicting entanglement will have consequences they never could have imagined. Alternating between Lucy’s and Stephen’s voices, *Tell Me Lies* follows their connection through college and post-college life in New York City. With the psychological insight and biting wit of *Luckiest Girl Alive*, and the yearning ambitions and desires of *Sweetbitter*, this keenly intelligent and staggeringly resonant novel chronicles the exhilaration and dilemmas of young adulthood, and the difficulty of letting go, even when you know you should.

*A Hidden Tribe, Superathletes, and the Greatest Race the World Has Never Seen*

*Take Up Space*

*Voices and Perspectives*

*A Novel*

*Reading and Writing Sourcebook*

*A Memoir*

*Marathon Woman*

**#1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE’S 100 BEST YA BOOKS OF ALL TIME** *The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can’t resist-books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. “The kind of book that can be life-changing.” —*The New York Times* “Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank.” —*USA Today* **DON’T MISS BRIDGE OF CLAY, MARKUS ZUSAK’S FIRST NOVEL SINCE THE BOOK THIEF.***

*The struggle of three brothers to stay together after their parent’s death and their quest for identity among the conflicting values of their adolescent society. Even after achieving our most lofty goals, we are sometimes left confused by the emptiness we feel. We check the boxes. We fill our calendars. We get the promotion. We buy the bigger house. Yet there is still an unquenchable longing deep within us. Simple Mercies: How the Works of Mercy Bring Peace and Fulfillment offers an alternative. You can be the person God created you to be by loving and serving others through the works of mercy. By doing so, we are assured the peace and fulfillment that doesn’t come from the world, but from love of God and neighbor. With her accessible, everyday approach to life, writer, mom, and volunteer, Lara C. Patangan helps us realize that our everyday compassion makes a difference in exponential ways and that mercy always matters. Practicing mercy isn’t a passive way of renewal; rather, engaging in transformative acts of service empowers us to fulfill our purpose to love and serve God, and to love our neighbor as ourselves. ABOUT THE AUTHOR Lara C. Patangan earned her undergraduate degree in public relations from the University of Florida. She has written for a variety of news publications and Catholic blogs. Previously she worked in fundraising for various nonprofits, including a domestic violence shelter, an AIDS service organization, and Children’s Hospital of New Orleans. She lives in Jacksonville, Florida, with her husband and their two sons.*

**""In this wondrous and richly detailed coming of age story, Tyler Wetherall follows the breadcrumbs of her childhood to discover a family home that is unlike any other." --Katy Lederer, author of *Poker Face* Tyler had lived in fifteen houses and five countries by the time she was nine. She didn't think this was strange until Scotland Yard showed up in her bucolic English village, and she discovered her family had been living a lie. Her father was a fugitive and their family name was an alias. They had been living in California back in 1983 when the Feds originally caught up with her dad; it was the same year Tyler was born. Her parents decided to go on the run with the three young children, and they spent the next few years traveling across Europe, assuming different identities, living in a series of beautiful places, from Portugal to Tuscany, paid for with drug money. Now her dad had fled once more, except this time he didn't take her with him. Despite the danger involved, for the following two years he flew Tyler and her siblings out to see him in secret wherever he was in hiding, until on her 12th birthday Scotland Yard followed Tyler to the Caribbean island of Saint Lucia, where her father was eventually captured. It was over the summers spent visiting her dad in prison in California, as she grew into an increasingly self-destructive teenager, that he told her the truth about his criminal life. He had been a pot smuggler in the seventies, and his organization had b[r]ought in marijuana worth nearly a half billion dollars from Thailand. In this emotionally detailed and carefully wrought memoir about growing up as a fugitive's daughter, Tyler Wetherall pieces together the story of her parents' past, which ultimately helps her understand her own" --**

**The Happy Runner**

**The Glass Castle**

**Myths and Stories of the Wild Woman Archetype**

**The Seven Husbands of Evelyn Hugo**

**Psychology in Context**

**Relieve Stress and Anxiety, Fight Depression, and Live Happier**

**The Politics of Shopping**

Showcasing over sixty short stories, poems, speeches, and articles, Aztlán and Viet Nam is the first anthology of Mexican American writings about the U.S. war in Southeast Asia. The words are startlingly frank, moving, and immensely powerful, as they call to our attention an important and neglected part of U.S. history. Gathered from many little-known sources, the works reflect both the soldiers' experience and the antiwar movement at home. Taken together, they illustrate the contradictions faced by the traditionally patriotic Mexican American community, and show us the war and the grassroots opposition to it from a new perspective—one that goes beyond the familiar dichotomy of black and white America. George Mariscal offers critical introductions and provides historical background by identifying specific issues which have not been widely discussed in relation to the war, noting, for example, the potential for Chicano soldiers to recognize their own ethnic and class identities in those of the Vietnamese people. Drawing upon interviews with key participants in the National Chicano Moratorium Committee, Mariscal analyzes the antiwar movement, the Catholic Church, traditional Mexican American groups, and an emerging feminist consciousness among Chicanas. Also included are personal accounts: Norma Elia Cantú's remembrance of her brother who died in combat, Bárbara Renaud González's evocative poem about Chicanas on the homefront, Alberto Rios's and Naomi Helena Quiñonez's moving poetry about the Wall, and the recollections of Abelardo Delgado and others on the August 29, 1970 Moratorium.

From the #1 New York Times bestselling author of *milk and honey* and *the sun and her flowers* comes her greatly anticipated third collection of poetry. *rupi kaur* constantly embraces growth, and in *home body*, she walks readers through a reflective and intimate journey visiting the past, the present, and the potential of the self. *home body* is a collection of raw, honest conversations with oneself – reminding readers to fill up on love, acceptance, community, family, and embrace change. illustrated by the author, themes of nature and nurture, light and dark, rest here. i dive into the well of my body and end up in another world everything i need already exists in me there’s no need to look anywhere else – home  
NEW YORK TIMES BESTSELLER “If you’re looking for a book to take on holiday this summer, *The Seven Husbands of Evelyn Hugo* has got all the glitz and glamour to make it a perfect beach read.”  
–*Bustle* From the New York Times bestselling author of *Daisy Jones & the Six*—an entrancing and “wildly addictive journey of a reclusive Hollywood starlet” (*PopSugar*) as she reflects on her relentless rise to the top and the risks she took, the loves she lost, and the long-held secrets the public could never imagine. Aging and reclusive Hollywood movie icon Evelyn Hugo is finally ready to tell the truth about her glamorous and scandalous life. But when she chooses unknown magazine reporter Monique Grant for the job, no one is more astounded than Monique herself. Why her? Why now? Monique is not exactly on top of the world. Her husband has left her, and her professional life is going nowhere. Regardless of why Evelyn has selected her to write her biography, Monique is determined to use this opportunity to jumpstart her career. Summoned to Evelyn’s luxurious apartment, Monique listens in fascination as the actress tells her story. From making her way to Los Angeles in the 1950s to her decision to leave show business in the ‘80s, and, of course, the seven husbands along the way, Evelyn unspools a tale of ruthless ambition, unexpected friendship, and a great forbidden love. Monique begins to feel a very real connection to the legendary star, but as Evelyn’s story near its conclusion, it becomes clear that her life intersects with Monique’s own in tragic and irreversible ways. “Heartbreaking, yet beautiful” (*Jamie Blynn, Us Weekly*), *The Seven Husbands of Evelyn Hugo* is “Tinseltown drama at its finest” (*Redbook*): a mesmerizing journey through the splendor of old Hollywood into the harsh realities of the present day as two women struggle with what it means—and what it costs—to face the truth.

Nonfiction storytelling is at its best in this anthology of excerpts from memoirs by thirty authors--some eminent, some less well known--who grew up tough and talented in working-class America. Their stories, selected from literary memoirs published between 1982 and 2014, cover episodes from childhood to young adulthood within a spectrum of life-changing experiences. Although diverse ethnically, racially, geographically, and in sexual orientation, these writers share a youthful precocity and determination to find opportunity where little appeared to exist. All of these perspectives are explored within the larger context of economic insecurity--a needed perspective in this time of growing inequality. These memoirists grew up in families that led "hardscrabble" lives in which struggle and strenuous effort were the norm. Their stories offer insight on the realities of class in America, as well as inspiration and hope.

*Kafka on the Shore*

*Coming of Age in a Hardscrabble World*

...consisting of Sermons, Editorials, Addresses, Poems, Excerpts from Many Sources; what the Great Thinkers of this Era Have Thought and Said on this Subject

*Running Is My Therapy*

*Finding God in Every Step*

*Home Body*

*Women who Run with the Wolves*

From award-winning author Paul Yoon comes a “spellbinding” (*The Washington Post*) novel about three kids orphaned in 1960s Laos—and how their destinies are entwined across decades, anointed by Hernan Diaz as “one of those rare novels that stays with us to become a standard with which we measure other books.” Alisak, Prany, and Noi—three orphans united by devastating loss—must do what is necessary to survive the perilous landscape of 1960s Laos. When they take shelter in a bombed out field hospital, they meet Vang, a doctor dedicated to helping the wounded at all costs. Soon the teens are serving as motorcycle couriers, delicately navigating their bikes across the fields filled with unexploded bombs, beneath the indiscriminate barrage from the sky. In a world where the landscape and the roads have turned into an ocean of bombs, we follow their grueling days of rescuing civilians and searching for medical supplies, until Vang secures their evacuation on the last helicopters leaving the country. It’s a move with irrevocable consequences—and sets them on disparate and treacherous paths across the world. Spanning decades, this “richly layered” (*The New York Times Book Review, Editors’ Choice*) book weaves together storylines laced with beauty and cruelty. Paul Yoon’s “greatest skill lies in crafting subtle moments that underline the strange and specific sadness inherent to trauma” (*Time*) and this book is a breathtaking historical feat and a fierce study of the powers of hope, perseverance, and grace.

Kidnapped as a teenage girl, Ma has been locked inside a purpose built room in her captor’s garden for seven years. Her five year old son, Jack, has no concept of the world outside and happily exists inside Room with the help of Ma’s games and his vivid imagination where objects like Rug, Lamp and TV are his only friends. But for Ma the time has come to escape and face their biggest challenge to date: the world outside Room.

Avi Steinberg is stumped. After defecting from yeshiva to attend Harvard, he has nothing but a senior thesis on Bugs Bunny to show for himself. While his friends and classmates advance in the world, Steinberg remains stuck at a crossroads, his “romantic” existence as a freelance obituary writer no longer cutting it. Seeking direction (and dental insurance) Steinberg takes a job running the library counter at a Boston prison. He is quickly drawn into the community of outcasts that forms among his bookshelves—an assortment of quirky regulars, including con men, pimps, minor prophets, even ghosts—all searching for the perfect book and a connection to the outside world. Steinberg recounts their daily dramas with heartbreak and humor in this one-of-a-kind memoir—a piercing exploration of prison culture and an entertaining tale of one young man’s earnest attempt to find his place in the world.

Dana sits in a courtroom with her legs shackled as a long list of charges is read out, many of them dangerous. But the panic that grips her is not because she has been caught. She knows there has been a terrible mistake - she didn't commit any of these crimes. As Dana and her lover Bridger set out to clear her name and find the person who is living a blameless life of criminal excess at her expense, they begin to test the life they have built together to its limits.

*Always Running*

*How the Works of Mercy Bring Peace and Fulfillment*

*Room*

*Aztlán and Viet Nam*

*Essays, Journeys, and Imaginings from a Native Xicanx Writer*

*Practical Answers to Classroom Challenges*

*The Unprecedented AOC*

*From the best-selling author of *The Wind-Up Bird Chronicle* and *After Dark*, a rich and revelatory memoir about writing and running, and the integral impact both have made on his life. In 1982, having sold his jazz bar to devote himself to writing, Haruki Murakami began running to keep fit. A year later, he'd completed a solo course from Athens to Marathon, and now, after dozens of such races, not to mention triathlons and a slew of critically acclaimed books, he reflects upon the influence the sport has had on his life and—even more important—on his writing. Equal parts training log, travelogue, and reminiscence, this revealing memoir covers his four-month preparation for the 2005 New York City Marathon and includes settings ranging from Tokyo's Jingu Gaien gardens, where he once shared the course with an Olympian, to the Charles River in Boston among young women who outpace him. Through this marvellous lens of sport emerges a cornucopia of memories and insights: the eureka moment when he decided to become a writer, his greatest triumphs and disappointments, his passion for vintage LPs, and the experience, after the age of fifty, of seeing his race times improve and then fall back. By turns funny and sobering, playful and philosophical, *What I Talk About When I Talk About Running* is both for fans of this masterful yet guardedly private writer and for the exploding population of athletes who find similar satisfaction in distance running.*

*An instant New York Times Bestseller! The new uplifting book from Matt Haig, the #1 New York Times bestselling author of *The Midnight Library*, for anyone in search of hope, looking for a path to a more meaningful life, or in need of a little encouragement. Named by *The Washington Post* as one of the best feel-good books of 2021. “It is a strange paradox, that many of the clearest, most comforting life lessons are learnt while we are at our lowest. But then we never think about food more than when we are hungry and we never think about life rafts more than when we are thrown overboard.” *THE COMFORT BOOK* is Haig's life raft: it's a collection of notes, lists, and stories written over a span of several years that originally served as gentle reminders to Haig's future self that things are not always as dark as they may seem. Incorporating a diverse array of sources from across the world, history, science, and his own experiences, Haig offers warmth and reassurance, reminding us to slow down and appreciate the beauty and unpredictability of existence.*

*A lifelong runner's groundbreaking guide to fighting depression and anxiety, one run at a time Everyone knows that running builds stronger muscles and a healthier heart. In *Running Is My Therapy*, longtime runner Scott Douglas shows how endurance running is also the best form of exercise to develop a healthier brain. A natural antidepressant, running reinforces the benefits of therapy and triggers lasting, positive physiological changes. In fact, some doctors now “prescribe” a running regimen as part of their first-line treatment plan for depression. Marshaling expert advice and a growing body of research, Douglas explains how we can all use running to improve mental health—and live happier.*

*A Jungian analyst explores the feminine psyche through stories of “wild women”--the mythological archetype of the strong, primitive woman*

*Born a Crime*

*Older, Faster, Stronger*

*Born to Run*

*Running the Race to Revolutionize Women's Sports*

*It Ends with Us*

*The Hate U Give*

*Run Me to Earth*

**Journalist Walls grew up with parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic, brilliant man who, when sober, captured his children's imagination, teaching them how to embrace life fearlessly. Rose Mary painted and wrote and couldn't stand the responsibility of providing for her family. When the money ran out, the Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to leave home. Yet Walls describes her parents with deep affection in this tale of unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.**

**The Color of Hate By: Randall S. King** The Color of Hate was written to put a face to hatred, bigotry, and the emotional toll it takes on a person’s life. Author Randall King also brings to light the childhood emotional trauma that such bigotry can and will do to a person’s lifelong mentality and to the people around them, namely their families. His scars run deep and have been present, unfortunately, throughout his life. The primary objective is to bring additional light to a problem still hidden in the dark. A problem that persists within our government, schools, and day-to-day interactions. The darkness must see light in order for people to clearly see. May this book be the final and brightest light to this issue.

**Kafka on the Shore** displays one of the world’s great storytellers at the peak of his powers. Here we meet a teenage boy, Kafka Tamura, who is on the run, and Nakata, an aging simpleton who is drawn to Kafka for reasons that he cannot fathom. As their paths converge, acclaimed author Haruki Murakami enfolds readers in a world where cats talk, fish fall from the sky, and spirits slip out of their bodies to make love or commit murder, in what is a truly remarkable journey.

One part personal quest to discover running greatness after age 50, one part investigation into what the women's running boom can teach athletes about becoming fitter, stronger, and faster as we age, *Older, Faster, Stronger* is an engrossing narrative sure to inspire women of all ages. A former overweight smoker turned marathoner, Margaret Webb runs with elite older women, follows a high-performance training plan devised by experts, and examines research that shows how endurance training can stall aging. She then tests herself against the world's best older runners at the world masters games in Torino, Italy. Millions of women have taken up running in recent decades—the first generation of women to train in great numbers. Women are qualifying for the Olympic marathon in their 50s, running 100-mile ultra marathons in their 60s, completing Ironmans in their 80s, competing for world masters records in their 90s. What are the secrets of these ageless wonders? How do they get stronger and faster long after their "athletic prime"? Is there an evolutionary reason women can maintain endurance into advanced years? Webb immerses herself in these questions as she as she trains to see just how fast she can get after 50.

**The Outsiders**

**LA Vida Loca : Gang Days in L. A.**