

American Ways A Guide For Foreigners In The United States Gary Althen

This beloved bestseller—over 180,000 copies sold—has helped caregivers worldwide keep themselves emotionally, psychologically, spiritually, and physically healthy in the face of the sometimes overwhelming traumas they confront every day. A longtime trauma worker, Laura van Dernoot Lipsky offers a deep and empathetic survey of the often- unrecognized toll taken on those working to make the world a better place. We may feel tired, cynical, or numb or like we can never do enough. These, and other symptoms, affect us individually and collectively, sapping the energy and effectiveness we so desperately need if we are to benefit humankind, other living things, and the planet itself. In Trauma Stewardship, we are called to meet these challenges in an intentional way. Lipsky offers a variety of simple and profound practices, drawn from modern psychology and a range of spiritual traditions, that enable us to look carefully at our reactions and motivations and discover new sources of energy and renewal. She includes interviews with successful trauma stewards from different walks of life and even uses New Yorker cartoons to illustrate her points. “We can do meaningful work in a way that works for us and for those we serve,” Lipsky writes. “Taking care of ourselves while taking care of others allows us to contribute to our societies with such impact that we will leave a legacy informed by our deepest wisdom and greatest gifts instead of burdened by our struggles and despair.”

This unique book paints a revealing picture of America and its people for those foreigners who will benefit from a better understanding of America. It will also inform Americans who want to learn more about the U.S. and how it compares to other countries around the world. World traveler and teacher Lance Johnson studies cultural differences and the difficulties foreigners have understanding crazy America, as some call it. Foreigners might come to the U.S. to work for American employers, to open branch offices or factories for their homeland employers, to start their own businesses, or go to school. Others might work for American organizations in their homelands or have American teachers there. An understanding of American culture and language will contribute to their success. As the title suggests, this book is for “foreigners.” Dictionaries say they are people who are not citizens of a country. For this book they are defined as anyone who is not sufficiently familiar with American culture to achieve success. This includes the multitudes of foreign-born, naturalized citizens who have lived in the U.S. for years and still struggle with the ways and the language. A foreigner could also be a first-generation American whose immigrant parents did not fully acculturate to American culture and they now pay the price in mainstream U.S. There are lots of other examples, too. **FORMAT** Each of the 26 chapters’ brush strokes contributes to the final painting of what America is all about. The chapters are grouped into four books. (An all-in-one book is also available.) • **Book 1 (A to G) - America’s Heritage.** This defines the historical background of why America and its people became who and what they are today. • **Book 2 (H to T, this book) - America’s Culture.** This section describes everyday life in America, ranging from customs and etiquette, to what’s on the minds of Americans, to education. Practical advice is provided for the one million foreign applicants who seek and gain admission to U.S. colleges and universities each year. Pointers are provided on the cultural differences students should expect, and how to get the most from their education once enrolled. • **Book 3 (U to X) - America’s Business.** This explains the complex business environment, operations, and people-related customs and why the U.S. is an economic juggernaut. Information is provided for starting a business of your own in the U.S. as well as how to increase the chances of your getting hired by an American firm in the U.S. or abroad. • **Book 4 (Y to Z) - America’s Language.** These chapters discuss practical ways to improve English grammar, speech, writing, communication skills, and reducing accents. Common English grammar and speech errors made by foreigners are identified and simple tips are provided for overcoming them. **ENDORSEMENTS** “I congratulate you on writing this timely work. This will promote better mutual understanding between America and Asia.” - Tommy Koh, Singapore Ambassador to the U.N. and U.S. “Your book covers a broad range of topics that I am sure many...will find very useful.” - Clark T. Randt, Jr., U.S. Ambassador to China. “I greatly appreciate your efforts in sharing with other people your opinion and experience on the exchanges between different peoples and cultures. It is so important for us to better understand each other while striving to build a better world for all.” - Zhou Wenzhong, China Ambassador to U.S. “I found this book refreshingly different from the general run of Sarah Kim in this genre.” - Mohammad Vazeeruddin, India journalist. “The A to Z chapters are nicely written and...the language is simple and lucid.” - Jay Gajjar, India language professor. “I love this book’s generous use of helpful hints. I highly recommend it for anyone who wants to learn more about America like I did.” - Sarah Kim, Korean American business owner.

In clear language and with numerous examples, this book describes the basic characteristics of American culture: values, style of communication, patterns of thinking, customary behaviours, and underlines how they are different from the ways of other cultures. It then shows how these characteristics are reflected in the many aspects of American life which the foreigner encounters (including politics, social relations, personal hygiene, public behaviour, studying and business). The book also offers concrete suggestions on how to learn more about American culture and how to respond most effectively to the Americans one meets. What happens when Americans lose their jobs? In American Made, an illuminating story of ruin and reinvention, Pulitzer Prize-winning journalist Farah Stockman gives an up-close look at the profound role work plays in our sense of identity and belonging, as she follows three workers whose lives unravel when the factory they have dedicated so much to closes down. “With humor, breathtaking honesty, and a historian’s satellite view, American Made illuminates the fault lines ripping America apart.”—Beth Macy, author of Factory Man and Dopesick Shannon, Wally, and John built their lives around their place of work. Shannon, a white single mother, became the first woman to run the dangerous furnaces at the Rexnord manufacturing plant in Indianapolis, Indiana, and was proud of producing one of the world’s top brands of steel bearings. Wally, a black man known for his initiative and kindness, was promoted to chairman of efficiency, one of the most coveted posts on the factory floor, and dreamed of starting his own barbecue business one day. John, a white machine operator, came from a multigenerational union family and clashed with a work environment that was increasingly hostile to organized labor. The Rexnord factory had served as one of the economic engines for the surrounding community. When it closed, hundreds of people lost their jobs. What had life been like for Shannon, Wally, and John, before the plant shut down? And what became of them after the jobs moved to Mexico and Texas? American Made is the story of a community struggling to reinvent itself. It is also a story about race, class, and American values, and how jobs serve as a bedrock of people’s lives and drive powerful social justice movements. This revealing book shines a light on a crucial political moment, when joblessness and anxiety about the future of work have made themselves heard at a national level. Most of all, American Made is a story about people: who we consider to be one of us and how the dignity of work lies at the heart of who we are.

How Invisible Government Policies Undermine American Democracy

Trauma Stewardship

American Cultural Patterns

American Politics and the Vietnam War

A New Origin Story

1492-Present

The Essential Guide to Customs & Culture

The Negro Motorist Green Book

The widely popular phenomenon of hygge gets a warm American twist with this gifty, illustrated guide from bestselling Danish-American author Stephanie Pedersen. With their overscheduled lifestyles, Americans can’t always find time for the people and things they love. Enter American Cozy, which uses the Danish phenomenon of hygge—comfort, togetherness, and well-being—to bring coziness and ease to readers’ homes, work, and lives. Filled with charming four-color illustrations, it explores organization and home décor, entertaining, cooking, creating a happier, more productive work life, de-cluttering, and slowing down. The first study of the war’s domestic politics. The war ultimately destroyed the presidency of Lyndon Johnson and indirectly forced the resignation of Richard Nixon.

Do you know that your answers to just a handful of questions can predict the zip code of where you grew up? Speaking American offers a visual atlas of the American vernacular—who says what, and where they say it—revealing the history of our nation, our regions, and the language that divides and unites us. Dialect #1 has been named one of the National Book Critics Circle Award for Nonfiction Winner of the Stowe Prize Winner of 2022 Hillman Prize for Book Journalism PEW Research Center 2022 John Kenneth Galbraith Award for Nonfiction Finalist A New York Times 10 Best Books of 2021 A Time 10 Best Nonfiction Books of 2021 Named a Best Book of 2021 by The New York Times The Washington Post, The Boston Globe, The Economist Smithsonian, Esquire, Entropy, The Christian Science Monitor, WBEZ’s Nerdist Podcast, TeenVogue, GoodReads, SheReads, BookPage, Publishers Weekly, Kirkus, Fathom Magazine, the New York Public Library, and the Chicago Public Library One of GO’s 50 Best Books of Literary Journalism of the 21st Century Longlisted for the National Book Award Los Angeles Times, Best Nonfiction Gift One of President Obama’s Favorite Books of 2021 This compelling #1 New York Times bestseller examines the legacy of slavery in America—and how both history and memory continue to shape our everyday lives. Beginning in his hometown of New Orleans, Clint Smith leads the reader on an unforgettable tour of monuments and landmarks—those that are honest about the past and those that are not—that offer an intergenerational history of how slavery has been central in shaping our nation’s collective history, and ourselves. It is the story of the Monticello Plantation in Virginia, the estate where Thomas Jefferson wrote letters espousing the urgent need for liberty while enslaving more than four hundred people. It is the story of the Whitney Plantation, one of the only former plantations devoted to preserving the experience of the enslaved people whose lives and work sustained it. It is the story of Angola, a former plantation-turned-maximum-security prison in Louisiana that is filled with Black men who work across the 18,000-acre land for virtually no pay. And it is the story of Blandford Cemetery, the final resting place of tens of thousands of Confederate soldiers. A deeply researched and transporting exploration of the legacy of slavery and its imprint on centuries of American history, How the World Is Passed illustrates how some of our country’s most essential stories are hidden in plain view—whether in places we might drive by on our way to work, holidays such as Juneteenth, or entire neighborhoods like downtown Manhattan, where the brutal history of the trade in enslaved men, women, and children has been deeply imprinted. Informed by scholarship and brought to life by the story of people living today, Smith’s debut work of nonfiction is a landmark of reflection and insight that offers a new understanding of the hopeful role that memory and history can play in making sense of our country and how it has come to be.

Axel Honneth

A Historical Guide to North American Mountaineering

Enemies of the State

Suggestions to Medical Authors and A.M.A. Style Book

The Submerged State

How Y’all, Youse, and You Guys Talk: A Visual Guide

Secret Native American Pathways

What Foreigners Need to Know About America from a to Z

An award-winning journalist traces her 2009 immersion into the national food system to explore issues about how working-class Americans can afford to eat as they should, describing how she worked as a farm laborer, Wal-Mart grocery clerk and Applebee’s expediter while living within the means of each job. 25,000 first printing.

American WaysA Guide For Foreigners in the United States

Written as a guide for people who already have a basic understanding of English and want to improve their ability to speak the way it is spoken in the United States.

We commonly think of society as made of and by humans, but with the proliferation of machine learning and AI technologies, this is clearly no longer the case. Billions of automated systems tacitly contribute to the social construction of reality by drawing algorithmic distinctions between the visible and the invisible, the relevant and the irrelevant, the likely and the unlikely - on and beyond platforms. Drawing on the work of Pierre Bourdieu, this book develops an original sociology of algorithms as social agents, actively participating in social life. Through a wide range of examples, Massimo Airoidi shows how society shapes algorithmic code, and how this culture in the code guides the practical behaviour of the code in the culture, shaping society in turn. The ‘machine habitus’ is the generative mechanism at work throughout myriad of feedback loops linking humans with artificial social agents, in the context of digital infrastructures and pre-digital social structures. Machine Habitus will be of great interest to students and scholars in sociology, media and cultural studies, science and technology studies and information technology, and to anyone interested in the growing role of algorithms and AI in our social and cultural life.

1940 Edition

How to Understand Crazy American Culture, People, Government, Business, Language and More

Machine Habitus

USA - Culture Smart!

Military Culture and the Political Utility of Force

The 1619 Project

An Introduction to American Culture Teacher’s Manual

An Everyday Guide to Caring for Self While Caring for Others

This new edition, which is being reissued in a more artistic format and with many additional illustrations, updates the original text and adds a chapter showing what progress has been made in the ecological management of landscapes over the past decade. --BOOK JACKET. A fully revised edition of the seminal classic. The classic study was originally written by Edward Stewart in 1972 and has become a seminal work in the field of intercultural relations. In this edition, Stewart and Milton J. Bennett have greatly expanded the analysis of American cultural patterns by introducing new cross-cultural comparisons. Drawing on recent research on value systems, perception psychology, cultural anthropology, and intercultural communication. Beginning with a discussion of the issues relative to contact between people of different cultures, the authors examine the nature of cultural assumptions and values as a framework for cross-cultural analysis. They then analyze the human perceptual process, consider the influence of language on culture, and discuss nonverbal behavior. Central to the book is an analysis of American culture constructed along four dimensions: form of activity, form of social relations, perceptions of the world, and perception of the self. American cultural traits are isolated, analyzed, and compared with parallel characteristics of other cultures. Finally, the cultural dimensions of communication and their implications for cross-cultural interaction are examined.

Complete with a state-by-state analysis of the ways in which the class action rules differ from the Federal Rule of Civil Procedure 23, this comprehensive guide provides practitioners with an understanding of the intricacies of a class action lawsuit. Multiple authors contributed to the book, mainly 12 top litigators at the premiere law firm Fulbright and Jaworski, LLP.

Do you feel overwhelmed by all the stuff in your home? Is your home office a messy file drawer of papers? Do you want to get organized, but you do not know where to start? This book will help you look at your stuff differently and put you on the right track to get organized and stay organized, so you can better enjoy life. We will consider the real value of our possessions. Is ‘real value’ a dollar amount? Or the usefulness of the item? Or how it makes you feel? There are many ways to consider an item’s value, none of them right or wrong. Everything is relative in terms of what is really important to you, whether it be your time, your space, or your stuff.

Exceptional America

A Reckoning with the History of Slavery Across America

English the American Way: A Fun Guide to English Language 2nd Edition

A Cross-Cultural Perspective

How the Word Is Passed

The Radical Right in America from FDR to Trump

A People’s History of the United States

A Guide for Foreigners in the United States

Since its original landmark publication in 1980, A People’s History of the United States has been chronicling American history from the bottom up, throwing out the official version of history taught in schools -- with its emphasis on great men in high places -- to focus on the street, the home, and the workplace. Known for its lively, clear prose as well as its scholarly research, A People’s History is the only volume to tell America’s story from the point of view of -- and in the words of -- America’s women, factory workers, African-Americans, Native Americans, the working poor, and immigrant laborers. As historian Howard Zinn has said, many of the country’s greatest battles -- the fights for a fair wage, an eight-hour workday, child-labor laws, health and safety standards, universal suffrage, women’s rights, racial equality -- were carried out at the grassroots level, against bloody resistance. Covering Christopher Columbus’s arrival through President Clinton’s first term, People’s History of the United States, which was nominated for the American Book Award in 1991, features insightful analysis of the most important events in our history. Revised, updated, and featuring a new after, word by the author, this special twentieth anniversary edition continues Zinn’s important contribution to a complete and balanced understanding of American history.

When Patrick Buchanan took the stage at the Republican National Convention in 1992 and proclaimed, “There is a religious war going on for the soul of our country,” his audience knew what he was talking about: the culture wars, which had raged throughout the previous decade and would continue until the century’s end, pitting conservative and religious Americans against their liberal, secular fellow citizens. It was an era marked by polarization and posturing fueled by deep-rooted anger and insecurity. Buchanan’s fiery speech marked a high point in the culture wars, but as Andrew Hartman shows in this richly analytical history, their roots lay farther back, in the tumult of the 1960s—and their significance is much greater than generally assumed. Far more than a mere sideshow or shouting match, the culture wars, Hartman argues, were the very public face of America’s struggle over the unprecedented social changes of the period, as the cluster of social norms that had long governed American life began to give way to a new openness to different ideas, identities, and articulations of what it meant to be an American. The hot-button issues like abortion, affirmative action, art, censorship, feminism, and homosexuality that dominated politics in the period were symptoms of the larger struggle, as conservative Americans slowly began to acknowledge—initially through rejection—many fundamental transformations of American life. As an ever-more partisan but also an ever-more diverse and accepting America continues to find its way in a changing world, A War for the Soul of America reminds us of how we got here, and what all the shouting has really been about.

Drawing on literature, art, film, theatre, music and much more, American Cultural Studies is an interdisciplinary introduction to American culture for those taking American Studies. This textbook: * introduces the full range and variety of American culture including issues of race, gender and youth * provides a truly interdisciplinary methodology * suggests and discusses a variety of approaches to study * highlights American distinctiveness * draws on literature, art, film, theatre, architecture, music and more * challenges orthodox paradigms of American Studies. This is a fast-expanding subject area, and Campbell and Kean’s book will certainly be a staple part of any cultural studies student’s reading diet.

This book explores the cultural history and future prospects of the so-callednew American way of war. In recent decades, American military culture has become increasingly dominated by a vision ofimmaculate destruction which reached its apogee with the fall of Baghdad in 2003. Operation Iraqi Freedom was hailed as the triumphphant validat!

The American Way of Eating Through a Screen Darkly

American Cultural Studies

A Cultural Guide to the United States of America

A Search for Environmental Harmony

A Guide for Newcomers

Ways to the Sky

Ways to the sky charts the evolution of alpine climbing in the United States, Canada and Mexico, from the evidence of ancient native ascents to the latest cutting-edge climbs. Andy Selters highlights key personalities - from exploratory climbers like John Muir and Lt. August Kautz to technical maestros such as Mark Twight and Marko Prezelj - on the most demanding mountain routes. He then points readers to the mountains where they can experience firsthand many of these historically significant routes.

With his insightful and wide-ranging theory of recognition, AxelHonneth has decisively reshaped the Frankfurt School tradition ofcritical social theory. Combining insights from philosophy,sociology, psychology, history, political economy, and culturalcritique, Honneth’s work proposes nothing less than anaccount of the moral infrastructure of human sociality and itsrelation to the perils and promise of contemporary sociallife. This book provides an accessible and timely introduction to his thought. Christopher Zurn offers a multi-faceted theory of recognition and itsrelation to identity, morality, activism, and movement politics. Honneth’s theory is a broad intellectual context, encompassing classic socialtheorists such as Kant, Hegel, Marx, Freud, Dewey, Adorno andHabermas, as well as contemporary trends in social theory andpolitical philosophy. Treating the full range of Honneth’s corpus, including his major new work on social freedom anddemocratic ethical life, this book is the most up-to-date guideavailable. Axel Honneth will be invaluable to students and scholarsworking across the humanities and social sciences, as well as anyone seeking a clear guide to the work of one of the mostinfluential theorists writing today.

Why did Donald Trump follow Barack Obama into the White House? Why is America so polarized? And how does American exceptionalism explain these social changes? In this provocative book, Mugambji Jout describes why Americans are far more divided than other Westerners over basic issues, including wealth inequality, health care, climate change, evolution, gender roles, abortion, gay rights, sex, gun control, mass incarceration, the death penalty, torture, human rights, and war. Raised in Paris by a French mother and Kenyan father, Jout then lived in the Bible Belt, Manhattan, and beyond. Drawing inspiration from Alexis de Tocqueville, he wields his multicultural sensibility to parse how the intense polarization of U.S. conservatives and liberals has become a key dimension of American exceptionalism—an idea widely misunderstood as American superiority. While exceptionalism once was a source of strength, it may now spell decline, as unique features of U.S. history, politics, law, culture, religion, and race relations foster grave conflicts. They also shed light on the intriguing ideological evolution of American conservatism, which long predated Trumpism. Anti-intellectualism, conspiracy-mongering, a visceral suspicion of government, and Christian fundamentalism are far more common in America than the rest of the Western world—Europe, Canada, Australia, and New Zealand. Exceptional America dissects the American soul, in all of its peculiar, clashing, and striking manifestations.

Thomas E. Mails draws upon his extensive knowledge of Native American history and ceremony to present ways of applying Native teachings to today’s lifestyles.

Undercover at Walmart, Applebee’s, Farm Fields and the Dinner Table

What Happens to People When Work Disappears

Toward a Sociology of Algorithms

Popular Culture, Public Diplomacy, and America’s Image Abroad

American Ways, Third Edition

Real Value New Ways to Think About Your Time, Your Space & Your Stuff

An Oral History as Told by Jon Stewart, the Correspondents, Staff and Guests

A Guide to Inner Peace

Greater racial diversity is good news for America’s future Race is once again a contentious topic in America, as shown by the divisive rise of Donald Trump and the activism of groups like Black Lives Matter. Yet Diversity Explosion argues that the current period of profound racial change will lead to a less-divided nation than today’s older whites or younger minorities fear. Prominent demographer William Frey sees America’s emerging diversity boom as good news for a country that would otherwise face declining growth and rapid aging for many years to come. In the new edition of this popular Brookings Press offering, Frey draws from the lessons of the 2016 presidential election and new statistics to paint an illuminating picture of where America’s racial demography is headed—and what that means for the nation’s future. Using the U.S. Census, national surveys, and related sources, Frey tells how the rapidly growing “new minorities”—Hispanics, Asians, and multiracial Americans—along with blacks and other groups, are transforming and reinvigorating the nation’s demographic landscape. He discusses their impact on generational change, regional shifts of major racial groups, neighborhood segregation, interracial marriage, and presidential politics. Diversity Explosion is an accessible, richly illustrated overview of how unprecedented racial change is remaking the United States once again. It is an essential guide for political strategists, marketers, investors, educators, policymakers, and anyone who wants to understand the magnitude, potential, and promise of the new national melting pot in the twenty-first century.

Culture Smart! provides essential information on attitudes, beliefs and behavior in different countries, ensuring that you arrive at your destination aware of basic manners, common courtesies, and sensitive issues. These concise guides tell you what to expect, how to behave, and how to establish a rapport with your hosts. This inside knowledge will enable you to steer clear of embarrassing gaffes and mistakes, feel confident in unfamiliar situations, and develop trust, friendships, and successful business relationships. Culture Smart! offers illuminating insights into the culture and society of a particular country. It will help you to turn your visit—whether on business or for pleasure—into a memorable and enriching experience. Contents include * customs, values, and traditions * historical, religious, and political background * life at home * leisure, social, and cultural life * eating and drinking * do’s, don’ts, and taboos * business practices * communication, spoken and unspoken “Culture Smart has come to the rescue of hapless travellers.” Sunday Times Travel “... the perfect introduction to the weird, wonderful and downright odd quirks and oddities of various countries.” Global Travel “... full of fascinating—as well as common-sense—tips to help you avoid embarrassing faux pas.” Observer “... as useful as they are entertaining.” Eatsyjet Magazine “... offer glimpses into the psyche of a faraway world.” New York Times

NEW YORK TIMES BESTSELLER The complete, uncensored history of the award-winning The Daily Show with Jon Stewart, as told by its correspondents, writers, and host. For almost seventeen years, The Daily Show with Jon Stewart brilliantly redefined the borders between television comedy, political satire, and opinionated news coverage. It launched the careers of some of today’s most significant comedians, highlighted the hypocrisies of the powerful, and garnered 23 Emmys. Now the show’s behind-the-scenes gags, controversies, and camaraderie will be chronicled by the players themselves, from legendary host Jon Stewart to the star cast members and writers—including Samantha Bee, Stephen Colbert, John Oliver, and Steve Carell - plus some of The Daily Show’s most prominent guests and adversaries: John and Cindy McCain, Glenn Beck, Tucker Carlson, and many more. This oral history takes the reader behind the curtain for all the show’s highlights, from its origins as Comedy Central’s underdog late-night program to Trevor Noah’s succession, rising from a scrappy jester in the 24-hour political news cycle to become part of the beating heart of politics—a trusted source for not only comedy but also commentary, with a reputation for calling bullshit and an ability to effect real change in the world. Through years of incisive election coverage, passionate debates with President Obama and Hillary Clinton, feuds with Bill O’Reilly and Fox, and provocative takes on Wall Street and racism, The Daily Show has been a cultural touchstone. Now, for the first time, the people behind the show’s seminal moments come together to share their memories of the last-minute rewrites, improvisations, pranks, romances, blow-ups, and moments of Zen both on and off the set of one of America’s most groundbreaking shows.

REA’s English the American Way: A Fun ESL Guide to Language and Culture in the U.S. with Embedded Audio & Mp3 Download Helps English Language Learners Improve Their Skills A fun guide to everything American for the English language learner! Authored by seasoned ESL instructors, this handy guidebook is perfect for people who already have a good grasp of English, but want to improve how they speak the language as it is spoken in the United States. Written in a lighthearted and easy-to-follow style, this book is a great resource for people of all ages and all nationalities. Each unit introduces commonly used phrases, vocabulary, and verbs, and offers sample dialogs to illustrate everyday American life. Sentence completions, quizzes, tips, and illustrations make learning fun. Individual units cover topics essential to the mosaic of American life: making friends, basic skills, driving, dining out, dealing with money, home life, emergency situations, doctor visits, handling a job interview, and more. To improve your pronunciation, listen to the embedded audio that accompanies this e-book or download the Mp3. The audio contains all the dialogues and pronunciation pointers found in the book so you can listen along and practice your speaking skills as you read. The dialogues are read by native speakers and are a great way to work on accent reduction. If you’re looking for a fun and easy way to improve your English language skills, this is the book for you!

The New American Way of War

The Daily Show (The Book)

American Nations

What Divides Americans from the World and from Each Other

American Manners and Customs-1

A History of the Eleven Rival Regional Cultures of North America

American Cozy

Speaking American

#1 NEW YORK TIMES BESTSELLER “A dramatic expansion of a groundbreaking work of journalism, The 1619 Project: A New Origin Story offers a profoundly revealing vision of the American past and present. ONE OF THE BEST BOOKS OF THE YEAR: The Washington Post, NPR, Esquire, Marie Claire, Electric Lit, Ms. magazine, Kirkus Reviews, Booklist In late August 1619, a ship arrived in the British colony of Jamestown in the twenty-first century. Thirty enslaved people from Africa. Their arrival led to the barbaric and unprecedented system of American chattel slavery that would last for the next 250 years. This is sometimes referred to as the country’s original sin, but it is more than that: It is the source of so much that still defines the United States. The New York Times Magazine’s award-winning “1619 Project” issue reframed our understanding of American history by placing slavery and its continuing legacy at the center of our national narrative. This new book substantially expands on that work, weaving together eighteen essays that explore the legacy of slavery in present-day America with thirty-six poems and works of fiction that illuminate key moments of oppression, struggle, and resistance. The essays show how the inheritance of 1619 reaches into every part of contemporary American society, from politics, music, diet, traffic, and citizenship to capitalism, religion, and our democracy itself. This is a book that speaks directly to our current moment, contextualizing the systems of race and caste within which we operate today. It reveals long-glossed-over truths about our nation’s founding and construction—and the way that the legacy of slavery did not end with emancipation, but continues to shape contemporary American life. Featuring contributions from: Leslie Alexander • Michelle Alexander • Carol Anderson • Joshua Bennett • Reginald Dwayne Betts • Jamelle Bouie • Andrea Butler • Matthew Desmond • Rita Dove • Camille T. Dungy • Cornelius Eady • Eve L. Ewing • Nikky Finlay • Vivee Francis • Yaa Gyasi • Forrest Hamer • Terrance Hayes • Kimberly Anne Henderson • Jason Interlandi • Honorée Fanonne Jeffers • Barry Jenkins • Teyahmi Jess • Martha S. Jones • Robert Jones, Jr. • A. Van Jordan • Brian X. Kendi • Eddie Kendrick • Yusef Komunyakaa • Kevin M. Kruse • Kiese Laymon • Tyrinae Love • Jasmine Mans • Terry McMillan • Tiana Miles • Wesley Morris • Khalil Gibran Muhammad • Lynn Nottage • ZZ Packer • Gregory Pardes • Darryl Pinckney • Claudia Rankine • Jason Reynolds • Dorothy Roberts • Tim Seibles • Eve Schockey • Clint Smith • Patricia Smith • Tracy K. Smith • Bryan Stevenson • Nafissa Thompson-Spires • Natasha Trethewey • Linda Villarosa • Jesmyn Ward

“The idea of ‘The Green Book’ is to love the Motorist and ‘Tourist a Guide not only of the Hotels and Tourist Homes in all of the large cities, but other classifications that will be found useful wherever he may be. Also facts and information that the Negro Motorist can use and depend upon. There are thousands of places that the public doesn’t know about and aren’t listed. Perhaps you know of some? If so send in their names and addresses and the kind of business, so that we might pass it along to the rest of your fellow Motorists. You will find it handy on your travels, whether at home or in some other state, and is up to date. Each year we are compiling new lists as some of these places move, or go out of business and new business places are started giving added employment to members of our race. An exhaustive advice book for foreign visitors to the U.S. seeking to understand the motivations, attitudes, and actions of Americans.

“NEW YORK TIMES BESTSELLER “The single most important explanation, and the fullest explanation, of how Donald Trump became president of the United States . . . nothing less than the most important book that I have read this year.”—Lawrence O’Donnell How did we get here? In this sweeping, eloquent history of America, Kurt Andersen shows that what’s happening in our country today—this post-factual, “fake news” moment we’re all living through—is not something new, but rather the ultimate expression of our national character. America was founded by wishful thinkers, by hucksters and their suckers. Fantasy is deeply embedded in our DNA. Over the course of five centuries—from the Salem witch trials to Scientology to the Satanic Panic of the 1980s, from P. T. Barnum to Hollywood and the anything-goes, wild-and-crazy sixties, from conspiracy theories to our fetish for guns and obsession with extraterrestrials—our love of the fantastic has made America exceptional in a way that we’ve never fully acknowledged. From the start, our ultra-individualism was attached to epic dreams and epic fantasies—every citizen was free to believe absolutely anything, or to pretend to be absolutely anything. And that’s why our country is so uniquely susceptible to a Christopher Hitchens, Andersen explores whether the great American experiment in liberty has gone off the rails. Fantasyland could not appear at a more perfect moment. If you want to understand Donald Trump and the culture of twenty-first-century America, if you want to know how the lines between reality and illusion have become dangerously blurred, you must read this book. **NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE SAN FRANCISCO CHRONICLE** “This is a blockbuster of a book. Take a deep breath and dive in.”—Tom Brokaw “[An] absorbing, must-read polemic . . . a provocative new study of America’s cultural history.”—Newsday “Compelling and totally unmythical.”—The Village Voice “A frighteningly convincing and sometimes uproarious picture of a country in steep, perhaps terminal decline that would have the founding fathers weeping into their beards.”—The Guardian “This is an important book—the indispensable book—for understanding America in the age of Trump.”—Walter Isaacson, #1 New York Times bestselling author of Leonardo da Vinci

A History of the Culture Wars

The Essential Guide to Native American Healing

At the Yawwag’s Edge

With a Guide to Abbreviation of Bibliographic References ; for the Guidance of Authors, Editors, Compositors, and Proofreaders

Black Theology, Hermeneutics, and African/American Ways of Telling the Story

English the American Way: A Fun ESL Guide to Language and Culture in the U.S. (with Embedded Audio & MP3)

How America Went Haywire: A 500-Year History

A Practitioner’s Guide to Class Actions

For thousands of years, Native medicine was the only medicine on the North American continent. It is America’s original holistic medicine, a powerful means of healing the body, balancing the emotions, and renewing the spirit. Medicine men and women prescribe prayers, dances, songs, herbal mixtures, counseling, and many other remedies individual but the family and the community as well. The goal of healing is both wellness and wisdom. Written by a master of alternative healing practices, Honoring the Medicine gathers together an unparalleled abundance of information about every aspect of Native American medicine and a healing philosophy that connects each of us with plants, animals, the earth. Inside you will discover - The power of the Four Winds—the psychological and spiritual qualities that contribute to harmony and health - Native American Values—including wisdom from the Wolf and the importance of commitment and cooperation - The Vision Quest—searching for the Great Spirit’s guidance and life lessons - Ritual practices that may be observed by women during menstruation - Massage techniques, energy therapies, and the need for touch - The benefits of ancient purification ceremonies, such as the Sweat Lodge - Tips on finding and gathering healing plants—the wonders of herbs - The purpose of smudging, fasting, and chanting - Their effectiveness - Complete with true stories of miraculous healings. This unique book will benefit everyone who is committed to improving his or her quality of life. - If you have the courage to look within and without - Kenneth Cohen tells us, “you may find that you also have an indigenous soul.”

“How the vulgarization of American popular culture has distorted the image of the United States for millions of people around the world.”—Francis Fukuyama New York Times bestselling author What does the world admire most about America? Science, technology, higher education, consumer goods—but not, it seems, freedom and democratic global retreat, for reasons ranging from ill-conceived foreign policy to the financial crisis and the sophisticated propaganda of modern authoritarians. Another reason, explored for the first time in this pathbreaking book, is the distorted picture of freedom and democracy found in America’s cultural exports. In interviews with thoughtful observers Bayles heard many objections to the violence and vulgarity pervading today’s popular culture. But she also heard a deeper complaint: namely, that America no longer shares the best of itself. Tracing this change to the end of the Cold War, Bayles shows how public diplomacy was scaled back, and in-your-face entertainment became America. This book focuses on the present and recent past, but its perspective is deeply rooted in American history, culture, religion, and political thought. At its heart is an affirmation of a certain ethos—of hope for human freedom tempered with prudence about human nature—that is truly the aspect of America most admired by others. And its a call to help chart a positive path for the future. “An extremely intelligent mix of reporting, analysis, and policy prescription.”—Robert Asahina, author of Just Americans “Informative, witty, and thought-provoking.”—Peter L. Berger, author of Invitation to Sociology

The rise of the alt-right alongside Donald Trump’s candidacy may be seem unprecedented events in the history of the United States, but D. J. Mulloy shows us that the radical right has been a long and active part of the American political culture during the twentieth century. From the German-American Bund to the modern militia movement, D. J.

interested in examining the roots of the radical right in the U.S.—in all its many varied forms—going back to the days of the Great Depression, the New Deal and the extraordinary political achievements of Franklin D. Roosevelt. Enemies of the State offers an informative and highly readable introduction to some of the key developments and history including: the fear of the Communist subversion of American society in the aftermath of the Second World War; the rise of the civil rights movement and the “white backlash” this elicited; the apparent decline of liberalism and the ascendancy of conservatism during the economic malaise of the 1970s; Ronald Reagan’s triumphant political comeback; the Great Recession of 2007-08 and subsequent election of President Obama.

• A New Republic Best Book of the Year • The Globalist Top Books of the Year • Winner of the Maine Literary Award for Non-fiction • Particularly relevant in understanding who voted for who in this presidential election year, this is an endlessly fascinating look at American regionalism and the eleven “nations” that continue to shape North America. Award-winning Journalist and historian Colin Woodard, North America is made up of eleven distinct nations, each with its own unique historical roots. In American Nations he takes readers on a journey through the history of our fractured continent, offering a revolutionary and revelatory take on American identity, and how the conflicts between them continue to mold our future. From the Deep South to the Far West, to Yankeedom to El Norte, Woodard (author of American Character: A History of the Epic Struggle Between Individual Liberty and the Common Good) reveals how each region continues to uphold its distinguishing ideals and identities today, with results that can be seen in the 2012 Congressional or on the county-by-county election maps of any hotly contested election in our history.

Honoring the Medicine

A War for the Soul of America

American Ways

Tribal Talk

Diversity Explosion

An Introduction to American Culture

Fantasyland

Redesigning the American Lawn

“Keep your government hands off my Medicare!” Such comments spotlight a central question animating Suzanne Mettler’s provocative and timely book: why are many Americans unaware of government social benefits and so hostile to them in principle, even though they receive them? The Obama administration has been roundly criticized for its inability to convey how much it has accomplished for ordinary citizens. Mettler argues that this difficulty is not merely a failure of communication; rather it is endemic to the formidable presence of the “submerged state.” In recent decades, federal policymakers have increasingly shunned the outright disbursing of benefits to individuals and families and favored instead less visible and more indirect incentives and subsidies, from tax breaks to payments for services to private companies. These submerged policies, Mettler shows, obscure the role of government and exaggerate that of the market. As a result, citizens are unaware not only of the benefits they receive, but of the massive advantages given to powerful interests, such as insurance companies and the financial industry. Neither do they realize that the policies of the submerged state shower their largest benefits on the most affluent Americans, exacerbating inequality. Mettler analyzes three Obama reforms—student aid, tax relief, and health care—to reveal the submerged state and its consequences, demonstrating how structurally difficult it is to enact policy reforms and even to obtain public recognition for achieving them. She concludes with recommendations for reform to help make hidden policies more visible and governance more comprehensible to all Americans. The sad truth is that many American citizens do not know how major social programs work—or even whether they benefit from them. Suzanne Mettler’s important new book will bring government policies back to the surface and encourage citizens to reclaim their voice in the political process.

How New Racial Demographics are Remaking America

American Made

Hygge-Inspired Ways to Create Comfort and Happiness