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Samhita

Ancient Indian Surgery Based On Susruta Samhita

Based on the ancient healing tradition from India that dates back thousands of years, The Complete Book of Ayurvedic Home Remedies offers natural alternatives to conventional medicines and treatments with practical advice and easy-to-follow instructions. Dr. Vasant Lad, a leading authority

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in this field, has created an invaluable guide to treating common ailments and chronic problems with strategies tailored to your personal needs based on your dosha. Dr. Lad first explains the principles behind the science of Ayurveda, exploring the physical and psychological characteristics of each of the three doshas, or mind-body types--vata, pitta, and kapha. Once you have determined which type or

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combination of types you are, Dr. Lad helps you to begin your journey to the ultimate "state of balance" and well-being. Dr. Lad explains why certain imbalances often result in illness and shows you how to restore your body to natural order. You'll learn which traditional Ayurvedic remedies--herbal teas and formulas, essential oils, meditation, yoga--offer relief from a variety of conditions, such as cold and flu

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symptoms, headaches, toothaches, sore throats, high cholesterol, vision problems, anxiety, and depression. Dr. Lad also shows you how to use diet and specific Ayurvedic techniques to prevent future illness and to promote body consciousness and healthy living. The Complete Book of Ayurvedic Home Remedies enables us all to experience the benefits of Ayurveda's healing properties that have

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been refined over thousands of years. All of the herbs, foods, and oils Dr. Lad recommends can be found in local health food stores or through mail-order catalogs. Complete with an extensive glossary and resource list, this is the definitive guide to natural, safe, and effective remedies, everyday keys to a lifetime of vitality and well-being.

Since antiquity, big mammals have inspired fear as well as fantasy

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among humans. Not only do megafauna pervade the domains of religion, art, literature, and folklore, it is also now widely acknowledged that they can serve as important, if not always adequate, indices of environmental quality. In this book, Shibani Bose looks into eras bygone in order to chronicle the journeys of three mega mammals, the rhinoceros, elephant, and tiger, across millennia in early north India.

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Carefully sifting through archaeological evidence and literary records in Sanskrit, Pali, Prakrit, and classical Western accounts, Bose documents the presence of these big mammals in diverse cultural contexts, from hunter-gatherer societies to the first urban civilization of India and beyond. This work aims to reconstruct human interactions with these mega species through time while trying to understand the

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larger ecology of ancient India. This book is especially well-timed as the conservation of our megafaunal heritage is a major concern for biologists, ecologists, and conservationists. It underlines the need to historicize human interactions with these mega mammals with the contention that awareness regarding their past is critical for their future. For scholars of ancient Indian religions, the wandering mendicants who

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left home and family for a celibate life and the search for liberation represent an enigma. The Vedic religion, centered on the married household, had no place for such a figure. Much has been written about the Indian ascetic but hardly any scholarly attention has been paid to the married householder with wife and children, generally referred to in Sanskrit as g.rhastha "the stay-at-home." The institution of the

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householder is viewed implicitly as posing little historical problems with regard to its origin or meaning. This volume problematizes the figure of the householder within ancient Indian culture and religion. It shows that the term g.rhastha is a neologism and is understandable only in its opposition to the ascetic who goes away from home (pravrajita). Through a thorough and comprehensive analysis

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of a wide range of inscriptions and texts, ranging from the Vedas, Dharmasastras, Epics, and belle lettres to Buddhist and Jain texts and texts on governance and erotics, this volume analyses the meanings, functions, and roles of the householder from the earliest times until about the fifth century CE. The central finding of these studies is that the householder bearing the name g.rhastha is not simply a married man with a family but

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someone dedicated to the same or similar goals as an ascetic while remaining at home and performing the economic and ritual duties incumbent on him. The g.rhastha is thus not a generic householder, for whom there are many other Sanskrit terms, but a religiously charged concept that is intended as a full-fledged and even superior alternative to the concept of a religious renouncer.

Exercise Physiology

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**Based on Sūtra-Sthāna of
Suśruta Saṁhitā Chapters
24 to 40**

**Ophthalmic and
otorhinolaryngological
considerations in
ancient Indian surgery
The Gentleman's
Magazine, and Historical
Chronicle, for the Year**

...

**A Worldwide History
Illustrations on
Ayurvedic Surgery and
Pharmaceutics
Asceticism and Healing
in Ancient India
*This is the original Chinese
edition of the Ben cao gang***

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mu. Compiled in the second half of the sixteenth century by a team led by the physician Li Shizhen (1518-1593) on the basis of previously published books and contemporary knowledge, the Ben cao gang mu is considered the largest encyclopedia of natural history in a long tradition of Chinese materia medica works. Its description of almost 1,900 pharmaceutically used natural and man-made substances marks the apex of the development of premodern Chinese pharmaceutical knowledge. This resource brings the unique theories and traditions

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of Ayurveda alive so that they are accessible to the complementary health practitioner of today. This book offers a clear, accessible and yet detailed guide to Ayurvedic herbalism. It encompasses a brief history of the growth of Ayurveda, a discussion of its fundamental principles, treatment strategies as well as the energetic approach of traditional Ayurvedic herbal pharmacy and pharmacology. Here, at last, is the massively updated and augmented second edition of this landmark encyclopedia. It contains approximately 1000

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entries dealing in depth with the history of the scientific, technological and medical accomplishments of cultures outside of the United States and Europe. The entries consist of fully updated articles together with hundreds of entirely new topics. This unique reference work includes intercultural articles on broad topics such as mathematics and astronomy as well as thoughtful philosophical articles on concepts and ideas related to the study of non-Western Science, such as rationality, objectivity, and method. You'll also find

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**material on religion and
science, East and West, and
magic and science.**

**based on Śālākya-tantra
portion of Uttara-Tantra of
Suśruta saṁhitā**

**With a Treatise on Planta
Cosmetica**

**Science of Medicine and
Surgery in Buddhist India**

**Mega Mammals in Ancient
India**

**Based on the Timeless Wisdom
of India's 5,000-Year-Old**

Medical System

Against Dharma

**The Geopolitical Orbits of
Ancient India**

What is knowledge? How
does it differ from mere

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belief? Do you need to be able to justify a claim in order to count as knowing it? How can we know that the outer world is real and not a dream? Questions like these are ancient ones, and the branch of philosophy dedicated to answering them - epistemology - has been active for thousands of years. In this thought-provoking Very Short Introduction, Jennifer Nagel considers these classic questions alongside new puzzles

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arising from recent discoveries about humanity, language, and the mind. Nagel explains the formation of major historical theories of knowledge, and shows how contemporary philosophers have developed new ways of understanding knowledge, using ideas from logic, linguistics, and psychology. Covering topics ranging from relativism and the problem of scepticism to the trustworthiness of internet sources, Nagel

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examines how progress has been made in understanding knowledge, using everyday examples to explain the key issues and debates ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective,

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new ideas, and
enthusiasm to make
interesting and
challenging topics
highly readable.

Describes medical
techniques such as brain
surgery, splints, taking
a pulse, forceps, and
sanitation in ancient
civilizations including
the Stone Age, Egypt,
Greece, China, India,
and Rome.

This book presents a
complete and accessible
description of the
history of early India.
It starts by discussing

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the origins and growth of civilizations, empires, and religions. It also deals with the geographical, ecological, and linguistic backgrounds, and looks at specific cultures of the Neolithic, Chalcolithic, and Vedic periods, as well as at the Harappan civilization. In addition, the rise of Jainism and Buddhism, Magadha and the beginning of territorial states, and the period of Mauryas, Central

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Asian countries, Satvahanas, Guptas, and Harshavardhana are also analysed. Next, it stresses varna system, urbanization, commerce and trade, developments in science and philosophy, and cultural legacy. Finally, the process of transition from ancient to medieval India and the origin of the Aryan culture has also been examined. Index & appendices, etc

The Geographical Frames of the Ancient Indian Dynasties

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Operative Considerations
in Ancient Indian
Surgery, Based on
Su'sruta Saṃhitā,
Cikitsā-sthāna, Chapters
1-23

Ayurvedic Medicine
Dissent in the Ancient
Indian Sciences of Sex
and Politics

Based on Suśruta
Saṃ hitā, Cikitsā-
sthāna, Chapters 24 to
40

based on Śālākya-Tantra
portion of Uttara-Tantra
of Suśruta Saṃhitā

***Toxicological
considerations in ancient***

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*Indian surgery based on
Kalpa-sthāna of Suśruta
Samhitā Toxicological
Considerations in Ancient
Indian Surgery Based on
Kalpa-sthāna of Suśruta
Samhitā Non-operative
Considerations in Ancient
Indian Surgery Based on
Suśruta Samhitā, Cikitsā-
sthāna, Chapters 24 to
40 Operative Considerations
in Ancient Indian Surgery,
Based on Suśruta Samhitā,
Cikitsā-sthāna, Chapters
1-23 Non-operative
Considerations in Ancient
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Sūtra-Sthāna of Suśruta
Samhitā Chapters 24 to*

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Uttara-Tantra of Suśruta
samhitāMedical &
Psychiatric Considerations
in Ancient Indian
SurgeryBased on Kāya-
cikitsā Tantra Or Internal
Medicine (ch. 39-59) &
Bhūta-vidyā Tantra (mānasa
Roga) Or Psychiatry (ch.
60-62) of Uttara-tantra of
Susruta SamhitāPaediatric
& gynaecological
considerations & aphorisms
in ancient Indian
surgerybased on chapters

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27-38 & 63-66 of Uttara-
tantra of Susruta
samhita Ophthalmic and
otorhinolaryngological
considerations in ancient
Indian surgery based on
Śālākya-Tantra portion of
Uttara-Tantra of Suśruta
Samhitā Sausruti An English
Translation of the
Sushruta Samhita Based on
Original Sanskrit
Text Index & appendices,
etc The Surgical
Instruments of the
Hindus With a Comparative
Study of the Surgical
Instruments of the Greek,
Roman, Arab and the Modern
European [!]

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*Surgeons Studies in the
Medicine of Ancient
India Part I. Osteology, Or
The Bones of the Human
Body India's Ancient
Past Oxford University
Press*

*Exercise Physiology
Sanjeev Kumar, an Oral and
Maxillofacial Surgeon
(OMFS) with wide
experience in the field,
has attempted to chronicle
the growth of this
speciality in India to
fill a void in the history
of Indian medical
sciences. While a lot of
literature is available on
ancient Indian medical*

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practices, including Ayurveda, very little seems to have been written about the development of Oral & Maxillofacial Surgery in India.

Searching for information from archives, existing history books and personal interactions with professionals in the field, he has penned this book for posterity to recognize the role of Indian professionals in the world of OMFS. The book traces the origins of this special field of surgery to procedures developed by practitioners

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*of general surgery,
medicine and dentistry. It
highlights contributions
of pioneers who helped
nurture OMFS as a
speciality in India and
weaves information from
widely differing sources
into a coherent and
continuous narrative
through its various stages
of development.*

Chinese Edition

Medical & Psychiatric

*Considerations in Ancient
Indian Surgery*

*The Source Book of Plastic
Surgery*

*Principles of Surgical
Practice*

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Grhastha

*based on Kalpa-sthāna of
Suśruta Saṁhitā*

*The Complete Book of
Ayurvedic Home Remedies*

*This work is aimed at MRCS
candidates sitting the viva
examination which takes place at
the end of their training period. It
covers: applied surgical anatomy
and operative surgery; applied
physiology and critical care; and
clinical pathology and principles of
surgery.*

*This Book Has Gleaned Various
Cosmetic Formulations Contained
In A Wide Body Of Literature On
Subjects As Diverse As Dharma
(Religion), The Art Of Love And*

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Sambhita

Health Sciences. Condition Good.

The history of medicine and surgery is well documented, but this volume offers the first specific exploration of the treatment of and attitudes towards children with injuries and birth defects through the ages.

Popular thought holds that children in ancient times with birth defects faced a short life of abandonment or neglect. Examination of written records from ancient Egypt, India, Greece, and Islam, however, shows that physicians and surgeons have attempted to find remedies to cure ailing youths from the beginning of recorded medical history. These essays document the origins of children's surgery, chronicle the

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Samhita

history of children's surgery into modern times, and explore the treatment of the most common visceral birth defects. With contributing authors offering perspectives from a variety of cultures, this extraordinary collection will interest not only medical professionals, but also historians and others in the child care field.

*An English Translation of the
Sushruta Samhita Based on
Original Sanskrit Text
Part I. Osteology, Or The Bones of
the Human Body
Toxicological Considerations in
Ancient Indian Surgery
Medicine in the Buddhist Monastery*

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Sambhita

***The Principles of Traditional
Practice***

***Rhinos, Tigers, and Elephants
Knowledge: A Very Short
Introduction***

*Ancient Indian treatise on the
ayurvedic system of Hindu
medicine.*

*The rich Indian medical
tradition is usually traced back
to Sanskrit sources, the
earliest of which cannot much
antedate the common era. In
this book Kenneth Zysk shows
that Buddhist scriptures some
centuries older than this
contain abundant information
about medical practice, and
are our earliest evidence for a
rational approach to medicine*

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in India. He argues that Buddhism and the medical tradition were mutually supportive: that Buddhist monks and people associated with them contributed to the development of medicine, while their skills as physical as well as spiritual healers enhanced their reputation and popular support. Drawing on a wide range of textual, archaeological, and secondary sources, Zysk first presents an overview of the history of Indian Medicine in its religious context. He then examines primary literature from the Pali Buddhist Canon and from the Sanskrit treatises of Bhela,

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Caraka, and susruta. By close comparison of these two bodies of literature Zysk convincingly shows how the theories delineated in the medical classics actually became practice.

For over two and a half millennia Āyurveda was the mainstream healthcare programme in the Indian subcontinent. However, what was once seen as indispensable, is now often officially described as 'alternative medicine'.

Moreover, there seems to be a lack of proper understanding of the specific culture from which Āyurveda emerged. This

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is because existing works on the subject have mostly been mere compilations of Āyurvedic practices and focused on classical texts. This book studies the stages of development in the system of Āyurveda and its practice from proto-historic times until British colonization. Using original Pāli and Sanskrit works, archaeological artefacts, as well as oft-neglected medieval epigraphic documents, M.R. Raghava Varier highlights how centuries of privileging Western knowledge has resulted in the sidelining of indigenous learning—a

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process that accelerated with the advent of colonialism. Further, he makes use of Jain and Buddhist sources to question the assumption that Āyurveda is a purely Hindu or Brahmanical system, thus providing a historiographical frame for conceptually establishing the notion of Āyurveda.

Su-ruta samhita

Ayurvedic Inheritance

Children's Surgery

Based on Kāya-cikitsā Tantra

Or Internal Medicine (ch.

39-59) & Bhūta-vidyā Tantra

(mānasa Roga) Or Psychiatry

(ch. 60-62) of Uttara-tantra of

Susruta Samhitā

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*Paediatric and Gynaecological
Considerations and Aphorisms
in Ancient Indian Surgery
Studies in the Medicine of
Ancient India*

*The Hindú System of Medicine
According to Suśruta*

On Hinduism is a penetrating analysis of many of the most crucial and contested issues in Hinduism, from the Vedas to the present day. In a series of 63 connected essays, it discusses Hindu concepts of polytheism, death, gender, art, contemporary puritanism, non-violence, and much more.

In ancient India, learning spanned four quarters of one's life. Learning was sought from the teacher, from one's individual effort, from fellow students and in the last quarter, from the school of life itself. This book belongs to the third quarter for

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students of Ayurveda regardless of their background in medicine, science, or humanities. Apart from topics in the eight branches of Ayurveda, the book also deals with Ayurvedic Biology which seeks to study the concepts and procedures of Ayurveda with the tools of modern biology.

An esteemed scholar of Hinduism presents a groundbreaking interpretation of ancient Indian texts and their historic influence on subversive resistance. Ancient Hindu texts speak of the three aims of human life: dharma, artha, and kama. Translated, these might be called religion, politics, and pleasure, and each is held to be an essential requirement of a full life. Balance among the three is a goal not always met, however, and dharma has historically taken precedence over the other two qualities in Hindu life. Here, historian of religions Wendy Doniger offers a spirited

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and close reading of ancient Indian writings, unpacking a long but unrecognized history of opposition against dharma. Doniger argues that scientific disciplines (shastras) have offered lively and continuous criticism of dharma, or religion, over many centuries. She chronicles the tradition of veiled subversion, uncovers connections to key moments of resistance and voices of dissent throughout Indian history, and offers insights into the Indian theocracy's subversion of science by religion today.

The Surgical Instruments of the Hindus

Herbal Cosmetics in Ancient India

On Hinduism

Non-operative Considerations in Ancient
Indian Surgery

Ancient Medicine

The Ben Cao Gang Mu

based on chapters 27-38 & 63-66 of Uttara-
tantra of Susruta samhita

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How did different parts of the Indian subcontinent interact throughout its ancient history? This book presents a new approach for understanding the political history of ancient India. It underlines how politics was enacted in various geographical orbits that kept interacting throughout the period without any fixed boundary or 'divide'. Dilip K. Chakrabarti closely examines the focal geographical points along which ancient Indian dynasties tried to expand their political power and interact with other contemporary dynasties. The author highlights the range of geographical possibilities of the regional power centres of various periods in ancient India. He also underlines the extent to which they operated within that frame. The Geopolitical Orbits of Ancient India argues that the web of inter-regional interaction was not limited to a particular

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set of regions but had a pan-Indian ramification. None of the regions could therefore thrive in political isolation. It underscores that regions in ancient Indian history never had any immutable historical shape or identity but were fluid, both in their interactions and outlines.

Pioneers of a versatile specialty
Encyclopaedia of the History of Science,
Technology, and Medicine in Non-
Western Cultures

Toxicological considerations in ancient
Indian surgery

The Householder in Ancient Indian
Religious Culture

A Reader's Companion, published by
Manipal Universal Press

Oral & Maxillofacial Surgery in India

A Brief History of Ayurveda