

## **Apprenticed To A Himalayan Master Sri M Mumtaz Ali**

*This is a book of inspirational stories of Swama Rama's experiences and lessons learned with the great teachers who guided his life including Mahatma Gandhi, Tagore and more.*

*A solitary woman. A foreign country. An unknown language. An impossible dream? No. With no mission board to support or guide her, and less than ten dollars in her pocket, Gladys Aylward left her home in England to answer God's call to take the message of the gospel to China. With the Sino-Japanese War waging around her, she struggled to bring the basics of life and the fullness of God to orphaned children. Time after time, God triumphed over impossible situations, and drew people to Himself. The Little Woman tells the story of one woman's determination to serve God at any cost. With God all things are possible! A true story of a determined missionary, Gladys Aylward : The Little Woman will challenge you to bold and expectant faith.*

*The book starts with two monks secretly observing a group of tribal people in a forested mountain. It appeared that the jungle dwellers were talking to something that was visible for them but invisible for everyone else. Any rational mind would reject their activities as hallucination, but the monks studied them and discovered the talks between an immortal and His secret disciples; the talks that revealed the mysteries of life and secrets of godly powers; the talks that examined the nature of Reality, Karma, Desire, Soul, Destiny, Death, Time, and Space; the talks that described the indescribable; the Immortal Talks. Contents: Prologue, The Alternate Mother, The Mermaid, Describing the Indescribable, The Strings of Time, Defeating Death, The Cursed Souls*

*This autobiography of an American yogi is the story of the training of a Western scholar by a unique Himalayan Master, one of the greatest yogis of the era.*

*Kundalini*

*Gladys Aylward*

*The Biography of Swami Rama*

*A Monk's Journey*

*Library Wars: Love & War, Vol. 1*

*Wisdom of the Rishis*

**WITH A BRAND NEW LOOK! ON FEBRUARY 22, 1980, KHORSHED AND RUMI BHAVNAGRI'S WORLD WAS SHATTERED. ONE MONTH LATER, A NEW ONE OPENED. Khorshed and Rumi Bhavnagri lost their sons, Vispi and Rato, in a tragic car crash. With both their sons gone, the couple felt they would not survive for long. They had lost all faith in God until a miraculous message from the Spirit World gave them hope and sent them on an incredible journey.**

**Apprenticed to a Himalayan Master A Yogi's Autobiography Penguin Random House India Private Limited**

**Seeing the radiant face of Ma Anandamayi and hearing her laughter you guess that she is an incarnation of Joy. Touched by the caress of Her glance you know that her heart is overflowing with love for all beings. Listening to Her teaching so simple and clear you understand that She is in possession of all Wisdom. But one cannot say whether it is Joy, Love or Wisdom that is the source of all this for with Her all there are inextricably and indissolubly mingled one could not exist without the others. The joy which Ma anandmayi lives is not that which we know in worldly life, where pleasure and pain, hope, regret and disillusionment, attraction and repulsion follow on each other's heels, born one of another. Nor is it an egocentric calm of stoic rigidity that erects around itself an rampart of indifference. Hers is an overflowing, irrepressible joy that expresses itself in gaiety, that knows no obstacles, because it is deeply rooted in the Absolute, beyond the dualities of good and evil, of 'I' and 'not-I', of pleasant and unpleasant, because its unshakable base is Love and Wisdom.**

**An ancient artefact lost in time is about to reveal itself..... The story begins with the murder of young Kalpa and two army men, Ariender and Jaiveer, getting accidentally involved with it. Ariender and Jaiveer begin a search for the killer ... but is the murder a result of routine enmity or is there a bigger plot behind the untimely death of this young woman?**

**Join Ariender and Jaiveer as they try to outsmart danger and death to find the truth behind a seemingly common murder. A search that leads them to an ancient story from the past, making them mere pawns on a large chessboard of greed, power and betrayal....**

**Advancing in Yoga**

**Finding Infinite Bliss and Power Within**

**Mystic Experiences with Himalayan Masters**

**Samadhi and Siddhi**

**The Path of Kundalini, the Chakras and the Siddhas**

**A Million Thoughts**

*In the sixth volume of manga visionary Osamu Tezuka's Buddha, the devil Mara possesses the bandit Ananda, half-brother of Devadatta, in an effort to eliminate the Buddha. A ruthless killer who is impervious to physical harm, Ananda will retain the devil's favor only if he spurns his love interest. When Ananda and his bandit buddy attack the Fire Shrine of the Brahmin brothers Kassapa, it is none other than the Awakened One who happens by. Buddha must confront his eternal enemy, Mara, before he can open the eyes of arrogant priests and hardened criminals.*

*"Ram Dass lived a full life and then some. His final statement is thorough and, yes, enlightening." –Kirkus Reviews Perhaps no other teacher has sparked the fires of as many spiritual seekers in the West as Ram Dass. If you've ever embraced the phrase "be here now," practiced meditation or yoga, tried psychedelics, or supported anyone in a hospice, prison, or homeless center—then the story of Ram Dass is also part of your story. From his birth in 1931 to his luminous later years, Ram Dass saw his life as just one incarnation of many. This memoir puts us in the passenger seat with the one-time Harvard*

*psychologist and lifelong risk-taker Richard Alpert, who loved to take friends on wild rides on his Harley and test nearly every boundary—inner or outer—that came his way. Being Ram Dass shares his life's odyssey in intimate detail: how he struggled with issues of self-identity and sexuality in his youth, pioneered psychedelic research, and opened the doorways to Eastern spiritual practices. In 1967 he trekked to India and met his guru, Neem Karoli Baba. He returned with a perspective on spirituality and psychology that changed millions. Featuring 64 pages of color photographs, this intimate memoir chronicles the cultural and spiritual transformations Ram Dass experienced that resonate with us to this day, a journey from the mind to the heart, from the ego to the soul. Before, after, and along these waypoints, readers will encounter many other adventures and revelations—each ringing with the potential to awaken the universal, loving divine that links us to this beloved teacher and all of us to each other.*

*You don't have to be a monk to enter the ultimate realm of happiness! Yes, it's true. In his book Kundalini – An Untold Story, Himalayan ascetic Om Swami unveils the enigmatic story of kundalini, the formless aspect of the Goddess or your primordial energy. With workable steps for awakening this energy source, the author explains the esoteric and practical meaning of kundalini and the seven chakras in his usual humorous style. These riveting anecdotes are based on his personal experience gained from years of intense meditation. Take an awe-inspiring journey – something no other book on spirituality can offer – from the origins of kundalini all the way to Swami's own sadhana in the modern age. Om Swami is a mystic living in the Himalayan foothills. He has a bachelor's degree in business and an MBA from Sydney, Australia. Prior to his renunciation of this world, he founded and ran a multi-million dollar software company successfully. He is the bestselling author of A Fistful of Love.*

*From the stillness of the Himalayan peaks, Yogiraj brings to the thirsty and distressed a message of healing and peace. He reveals the secret oral traditions about life, immortality, and self-realization.*

*Mast - The Ecstatic*

*At the Eleventh Hour*

*Life and Teaching of the Masters of the Far East*

*A Key to Indian Spirituality*

*Immortal Talks*

*Touch the Top of the World*

This book revolves around the life experience and teachings of Mumtaz Ali. It deals with some of the deeper aspects of Hinduism and will be of great interest to students of Hinduism, contemporary religion and seekers for truth around the world.

This exciting and fascinating book chronicles Dr. Sant Dharamananda's real life experiences with the great Himalayan Masters. Explore the spirituality and ancient wisdom from the perspective of a practicing monk. Santiji's life has been filled with incredible mystic experiences that will open your mind to a wider world, and fill you with the optimism, love, and hope. Few words can sum up such an interesting and exhilarating life, and you'll find yourself turning each page in fascination and wonder.

"Advancing in Yoga" offers clear, useful and practical guidance on how to develop Kundalini, your potential power and consciousness and the chakras, the psychic energetic centers in your vital body. "Yoga" refers to union with the Self and the disciplines which result in it. The Yoga of the Siddhas deals with the awakening of kundalini and the chakras, and in so doing, expands your consciousness beyond the limits of ordinary human nature. Old habits and tendencies resist change. This book will help you to recognize and purify such conditioning effectively. Topics include development of the "Heart Witness," sadhana (yogic discipline), the bliss of the Self, freedom from negative tendencies, aspiration, Grace, each of the chakras, the perfection realized by the Siddhas even in the physical body, advice to initiates regarding the advanced kriyas. The author, Nityananda, has been teaching and practicing Babaji's Kriya Yoga for decades, and summarizes concisely and directly years of practical experience on the path. "Advancing in Yoga" is an essential aid for the advancement and transformation process of the committed Yoga student. It also includes instructions to accompany the Babaji's Kriya Yoga practice, and offers alternative techniques for Yoga students in general.

The metamorphosis of Mumtaz Ali Khan into Sri 'M', a yogi with profound knowledge of the Upanishads and deep personal insights, born of first hand experiences with higher levels of consciousness is indeed a fascinating story. He traveled to snow clad Himalayas at 19 where he met and lived for several years with a real yogi, Babaji.

Walking with a Himalayan Master

The Homecoming and Other Stories

If Truth Be Told: A Monk's Memoir

A Journey to the Himalayan Valley of the Amartya Masters

Being Ram Dass

Fourteen Lessons in Yogi Philosophy and Oriental Occultism

*At the Eleventh Hour is more than just a biography about the accomplishments of Himalayan master Swami Rama and an overview of the profound system of yogic knowledge he brought to the West.*

*This book tells the story of Swamiji through the eyes of Pandit Rajmani Tigunait, PhD, his devoted student and successor as the spiritual head of the Himalayan Institute. As you read Pandit Tigunait's account of life with his master, you will gain insight into the guru-disciple relationships Swami Rama had both with his master and with his own students. This book serves as a guide to some of the more esoteric practices of tantra not commonly known or understood in the West. It brings you to holy places in India, to the source of the Himalayan Tradition, revealing why these sacred sites are important and how to go about visiting them. The wisdom in these stories penetrates beyond the power of words. Discover the legacy of a true Himalayan master and the nature of the yogic wisdom he shared.*

*Purchase your copy of At the Eleventh Hour today!*

*This book, a sequel to the bestseller Autobiography of an Avadhoota, covers memorable experiences of Avadhoota Nandananda's childhood and his later life as a sanyasi (renunciate monk), Guru, Avadhoota and a social worker. The reader travels with him as he determinedly journeys through the vicissitudes of his early life, climbing the lofty peaks of the Himalayas to Gyanganj, the land of the*

*Avadhootas, sharing his overflowing joy in serving fellow human beings and eventually finding his successor. It outlines the multifaceted life of Avadhoota Nandananda through his memories as an Avadhoota with a vision, a sadhaka (spiritual practitioner) with a mission, a dreaming social activist with great love for the world, a guru with experiences to share, and a human being who only wanted to see his fellow beings live in eternal harmony and mutual love. Welcome to the journey of a lifetime that takes us through the mind and life of a simple man, a staunch spiritualist, a man of uncanny tenacity and conviction, a super human, a complete disciple who never asked his Master "WHY?". The exceptional story of a living master, Avadhoota Nandananda. The Man. The Vulnerability. The Tenacity. The Determination. The Grace. The Purpose. The Miseries. The Masters! "A Masterpiece beyond definitions! The journey of a thinking man into the unthinkable realms of true spirituality, guided by his powerful guru, chiseled through unforgiving lifestyles in the toughest terrains of Himalayas, to great heights of superconscious existence! A modern-day epic. A must-read indeed" - Mohanji*  
*An honest and straightforward account of Om Swami's life, one of the foremost spiritual leaders of India.*

*Clear, concise and easy-to-follow instructions cover all the basics of sitting postures, breathing, relaxation and using a mantra..*

*The Little Woman*

*Immortal Self*

*Autobiography of an Avadhoota - Part II*

*On Meditation*

*An American's Odyssey*

*The Laws of the Spirit World*

What happens when a lifelong disciple finds out a dark secret about his guru? Can a thief ever reform his ways? How do you solve a murder with no witnesses? Padma Bhushan awardee and bestselling author Sri M sees the world in a different light. He sees the good, the bad and sometimes the supernatural. From horror stories to tales that will shock you out of your wits and pull at your heartstrings, there is something for everyone in this eclectic collection. In his quintessential no-holds barred style, Sri M's *The Homecoming and Other Stories* urges you to delve deep into the human spirit and get a glimpse of why people do the things they do.

“The thirst to be boundless is not created by you; it is just life longing for itself.”  
Sadhguru This is the extraordinary story of Sadhguru—a young agnostic who turned yogi, a wild motorcyclist who turned mystic, a sceptic who turned spiritual guide. Pulsating with his razor-sharp intelligence, bracing wit and modern-day vocabulary, the book empowers you to explore your spiritual self and could well change your life. It seeks to re-create the life journey of a man who combines rationality with mysticism, irreverence with compassion, ancient wisdom with a provocatively contemporary outlook and a deep knowledge of the self with a contagious love of life. Described as ‘a profound mystic, visionary humanitarian and prominent spiritual leader of our times’, he is equally at home in a satsangh in rural Tamil Nadu as at the World Economic Forum in Davos. In his early years, Jaggi Vasudev (or Sadhguru as he is now known) was a chronic truant, a boisterous prankster, and later a lover of motorbikes and fast cars. It is evident that the same urgency, passion and vitality echo in his spiritual pursuits to this day, from his creation of the historic Dhyanalinga—the mission of three lifetimes—to his approach as a guru. In Sadhguru's view, faith and reason, spirituality and science, the sacred and the material, cannot be divided into easy binaries. He sees people as ‘spiritual beings dabbling with the material rather than the reverse’, and liberation as the fundamental longing in every form of life. Truth for him is a living experience instead of a destination, a conclusion, or a matter of metaphysical speculation. The possibility of self-realization, he strongly believes, is available to all. Drawing upon extended conversations with Sadhguru, interviews with Isha colleagues and fellow meditators, poet Arundhati Subramaniam presents an evocative portrait of a contemporary mystic and guru—a man who seems to pack the intensity and adventure of several lifetimes into a single one.

In today's challenging and busy world, don't you wish you knew how to quieten your mind and focus on yourself? In *On Meditation*, renowned spiritual leader, Sri M, answers all your questions on the practice and benefits of meditation. With his knowledge of all the various schools of practice and the ancient texts, he breaks down the complicated practice into a simple and easy method that any working man or woman, young or old, can practise in their everyday lives.

The incredible bestselling book from the author of *No Barriers* and *The Adversity Advantage* Erik Weihenmayer was born with retinoscheses, a degenerative eye disorder that would leave him blind by the age of thirteen. But Erik was determined to rise above this devastating disability and lead a fulfilling and exciting life. In this poignant and inspiring memoir, he shares his struggle to push past the limits imposed on him by his visual impairment—and by a seeing world. He speaks movingly of the role his family played in his battle to break through the barriers of blindness: the mother who prayed for the miracle that would restore her son's sight and the father who encouraged him to strive for that distant mountaintop. And he tells the story of his dream to climb the world's Seven Summits, and how he is turning that dream into astonishing reality (something fewer than a hundred mountaineers have done). From the snow-capped summit of McKinley to the towering peaks of Aconcagua and Kilimanjaro to the ultimate challenge, Mount Everest, this is a story about daring to dream in the face of impossible odds. It is about finding the courage to reach for that ultimate summit, and transforming your life into something truly miraculous. "An inspiration to other blind people and plenty of us folks who can see just fine."  
Jon Krakauer, New York Times bestselling author of *Into Thin Air*

*The Three Upanishads: Ishavasya, Kena & Mandukya*

*From a Mountain In Tibet*

*A Blind Man's Journey to Climb Farther than the Eye Can See: My Story*

*Living with the Himalayan Masters*

*Midnights with the Mystic*

In this tell-all autobiography, Sri M writes about his fascinating journey as a young man from the southern coast of India to the mystical Himalayan Mountains. At the age of nineteen and a half, he felt an irresistible urge to go to the Himalayas in quest for his great Master. He finally met his Master at the Vyasa Cave, beyond the Badrinath shrine. After spending three and half years with his Master, wandering freely across the length and breadth of the Himalayan ranges, he was instructed to go back to live in the plains and lead a normal life. He started working for a living, fulfilled his social commitments and prepared himself to teach others all that he had learned and experienced. This book reveals the spiritual journey of a young lad from Kerala, who by his sincerity and dedication evolved into a living yogi. Sri M shares his knowledge of the Upanishads and spiritual insights born out

of first hand experiences in his autobiography. Apprenticed to a Himalayan Master will make for an engaging and riveting read for those interested in the life and teachings of Sri M.

Karl Marx spoke about the have and the have nots. A third kind always existed in Bharat (ancient India) since time immemorial and continues to this day - those who could have anything but wanted nothing. The M?sts. Remaining always in inner ecstasy and living in complete freedom and abandon, they walk the earth to remind you of your lost glory. To go within. To be in ecstasy within yourself. To be You. To be a M?st. Learn about these amazing M?sts and the grand Tradition that they represent, through the fascinating life of Atmananda Chaitanya. Atmananda is not just a person. He is a wake-up call. This book may awaken people from the illusions of activities into the lap of beingness, totality and completion. This is the story of a possible journey of an ordinary man from a unit to the Universe. He is everybody. He is everything. He is YOU.

Iku Kasahara has dreamed of joining the Library Forces ever since one of its soldiers stepped in to protect her favorite book from being confiscated in a bookstore when she was younger. But now that she's finally a recruit, she's finding her dream job to be a bit of a nightmare. Especially since her hard-hearted drill instructor seems to have it in for her! -- VIZ Media

SRI M WAS BORN in Trivandrum Kerala in 1949. At the age of nine he had a strange encounter in the backyard of his house. Under the jackfruit tree he saw a matted-haired yogi. The yogi blessed him saying 'you will get to know our connection in time' and walked away. After this incident the mind of the young boy, born of Deccani Muslim parents, turned towards Vedanta and the great Indian tradition of yoga that led to deep contemplation. Meeting many known and unknown sages and yogis as if by design, Sri M at the age of 19 left home and went off to the Himalayas. There, at the Vyasa Guha beyond Badrinath, he met the great yogi Sri Maheshwaranath Babaji belonging to the Nath sampradaya. As an apprentice to this great being, his mind underwent a profound transformation.

Travelling with this bare-footed yogi, he had many wonderful experiences. A detailed account of his almost unbelievable experiences from childhood to the present can be found in Sri M's autobiography, Apprenticed to a Himalayan Master: A yogi's Autobiography. On the instructions of his master, he returned to the plains and lived incognito for a long time. Meanwhile, he got married and has two children who are themselves grownup and married now. Sri M wears no grand robes, has no special hair style, is often found wearing jeans and T-shirt or dhothi and white shirt. He lives in Madanapalle, travels around the world conducting retreats and giving talks on yoga, Upanishads, Sufi teachings - in short, inner core of the religious traditions of most religions including the Jewish, the Christian, Buddhist and so on. He calls himself a practising yogi. Sri M heads the Satsang Foundation which runs the Satsang Vidyalaya - a free school for the underprivileged and an IIC-ICSC boarding school called Peepal Grove School, a rural school in a remote village 20 kms from Madanapalle and a Swasthya Kendra - a free medical service for the poor. The Satsang Foundation has recently initiated the MYTHRI programme involving large scale re-forestation and is in the process of setting up a modern hospital to cater to the needy on the outskirts of Bangalore.

A Little Guide to Freedom and Bliss

The Journey Continues

Autobiography of an Avadhoota - Part I

Jewel in the Lotus

Deeper Aspects of Hinduism

Life and Teaching of ?r? ?nandamay? M?

**'Brilliant and riveting. This book shows us that freedom is a choice we can all make' Gelong Thubten, author of A Monk's Guide to Happiness 'A fascinating story of an incredible life, told with unflinching honesty' Dr John Sellars author of Lessons in Stoicism**

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**Lama Yeshe didn't see a car until he was fifteen years old. In his quiet village, he and other children ran through fields with yaks and mastiffs. The rhythm of life was anchored by the pastoral cycles. The arrival of Chinese army cars in 1959 changed everything. In the wake of the deadly Tibetan Uprising, he escaped to India through the Himalayas as a refugee. One of only 13 survivors out of 300 travellers, he spent the next few years in America, experiencing the excesses of the Woodstock generation before reforming in Europe. Now in his seventies and a leading monk at the Samye Ling monastery in Scotland - the first Buddhist centre in the West - Lama Yeshe casts a hopeful**

look back at his momentous life. From his learnings on self-compassion and discipline to his trials and tribulations with loss and failure, his poignant story mirrors our own struggles. Written with erudition and humour, *From a Mountain in Tibet* shines a light on how the most desperate of situations can help us to uncover vital life lessons and attain lasting peace and contentment.

2010 Reprint of 1924 Edition. In 1924 Spalding published this first and most important volume of *Life and Teaching of the Masters of the Far East*. It describes the travels to India and Tibet of a research party of eleven scientists in 1894. During their trip they claim to have made contact with "the Great Masters of the Himalayas," immortal beings with whom they lived and studied, gaining a fascinating insight into their lives and spiritual message. This close contact enabled them to witness many of the spiritual principles evinced by these Great Masters translated into their everyday lives, which could be described as 'miracles'. Such examples are walking on water, or manifesting bread to feed the hungry party. These books have remained consistently popular with spiritual seekers, those interested in the philosophy of the East and those who enjoy a good story because of their accessible nature and easy-to-follow format. However, despite most of the action taking place in India, the Great Masters make it clear that the greatest embodiment of the Enlightened state is that of the Christ (as personified by Jesus): "The Masters accept that Buddha represents the Way to Enlightenment, but they clearly set forth that Christ IS Enlightenment, or a state of consciousness for which we are all seeking - the Christ light of every individual; therefore, the light of every child born into the world."

*Essence of the Upanishads - A Key to Indian Spirituality* (Revised edition of *Dialogue with Death*, with new series preface and introduction - 19 new pages from transcripts of Easwaran's talks) Easwaran shows how the Katha Upanishad can help us understand our lives today Easwaran takes one of India's classic wisdom texts, the Katha Upanishad, and explains how it embraces all the key ideas of Indian spirituality within the context of a powerful mythic quest - the story of a young hero who ventures into the land of death in search of immortality. Illustrating the insights of the Katha through analogies and everyday examples, Easwaran shows how these ancient teachings help us gain a deeper understanding of our world and ourselves today.

In the summer of 2006, Aaravindha Himadra traveled deep into the interior of the Himalayan Mountains to a secret valley where he lived among the Amartya Masters—the reclusive keepers of an ancient lineage of spiritual mysticism. To answer their invitation, he endured a daunting trek across rugged, remote mountains, where he eventually came to their protected valley home, a place where our world's most profound spiritual truths still exist in wholeness. *Immortal Self* is a riveting account of Aaravindha's remarkable journey and his visit to this sacred land. Divulged here for the first time are the teachings of a legendary and secluded spiritual tradition—truths that transcend the illusion of our accepted reality and offer a beacon of hope for all seekers. Here is a transformative story that will invite you to challenge your preconceptions, open your heart, and receive the wisdom that your soul has always known: "When the last obstruction to the truth of our existence falls, but one power remains—the power of Supreme Love."

*In Danger Remember Me*

*Sadhguru, More Than a Life*

*Wings to Freedom*

*Buddha, Volume 6: Ananda*

**SHUNYA**

***A Sequel to Apprenticed to a Himalayan Master***

"With the elegance of simplicity, this book takes you on an exploration of consciousness, that will shift you to a higher reality." —Deepak Chopra Constructed around a series of late night conversations around a camp fire between Cheryl Simone and Sadhguru Vasudev on an Island in the middle of a Western North Carolina lake near her mountain home, *Midnights with the Mystic* is the most thorough exposition of the teachings of India's most sought after mystic. Sadhguru challenges us to embrace the possibility that to each of us is available a higher realm of reality, a peak of consciousness; an entrée into the realm of freedom and bliss. Simone, an Atlanta real estate developer, was the typical baby boomer in search of an authentic spiritual experience. Professionally successful, yet spiritually arid, she discovered a way into what she was looking for in the teachings of Sadhguru. Concrete and down-to-earth, *Midnights with the Mystic* both provides readers with an introduction to profound spiritual teaching and a personal glimpse of a charismatic guru.

This book presents the incredible journey of Avadhoota Nandananda as he transforms from an inquisitive, young man to one who achieves the highest spiritual awakening under the guidance of his spiritual Master. He takes the plunge into the relatively anonymous world of pure spirituality beyond all comfort zones and emotions that an average human being can never imagine. Join us on Nandananda's

journey to the unfathomable, unimaginable and unthinkable as he travels across the length and breadth of India overcoming all odds to finally reach Gyanganj (Shambala), the causal layer of earth and the world of Avadhootas located somewhere in Tibet. Walking without money, without shelter, without even any clear destination as a wandering monk surrendered completely to his spiritual Master, he elevates his awareness and establishes himself completely and firmly in the path of Avadhootas. Upon receiving the highest spiritual knowledge, he returns and dedicates his life to serving humanity. Welcome to the journey of a lifetime that takes us through the mind and life of a simple man, a staunch spiritualist, a man of uncanny tenacity and conviction, a super human, a complete disciple who never asked his Master "WHY?". The exceptional story of a living master, Avadhoota Nandananda. The Man. The Vulnerability. The Tenacity. The Determination. The Grace. The Purpose. The Miseries. The Masters! "A Masterpiece beyond definitions! The journey of a thinking man into the unthinkable realms of true spirituality, guided by his powerful guru, chiseled through unforgiving lifestyles in the toughest terrains of Himalayas, to great heights of super conscious existence! A modern day epic. A must read indeed" - Mohanji

Life and teachings of Baba Lokenath Brahmachari, 1731-1890, a Himalayan yogi.

A Yogi's Autobiography

Yogiraj Shri Shri Lahiri Mahashay

Essence of the Upanishads

Meditation and Its Practice

An untold story

The Summits of God-life