

# ***Artist Journal Workshop***

"Step-by-step photos, instruction and inspiration guide you through the edgy world of Tracy Bautista and her no-fear, anything-goes approach to making wall art, journals, artists' books and more."--Page 4 of cover.

Presents eighteen step-by-step projects, along with variation ideas, to create an array of altered books.

Breathe fresh air into your watercolors! Capture the wonders of nature! From crashing waves to sculptured deserts, from grand sunsets to humble wildflowers, from backyard discoveries to exotic getaways, the natural world offers inspiration enough for a lifetime! In this book, one of today's premier nature artists shows you how to make the most of it. Within an inviting, sketchbook-style format, you'll learn how to capture nature's treasures using watercolor pencils and paint. Inside you'll find:

- A chapter-by-chapter exploration of five diverse landscape themes: forests, water, meadows, mountains and deserts.
- 37 step-by-step demonstrations from two of Johnson's most beloved books, *Creating Nature in Watercolor* and *Watercolor Pencil Magic*.
- Johnson's favorite tips for capturing a variety of textures and subjects, including plants, trees, water, wildlife, rock formations, seasonal variations and more.
- A wealth of expert advice on gathering reference materials, assembling your own field kit, painting people in nature, and much more. Embark on a creative adventure as

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you experiment with new techniques, discover fresh subjects, and hone your powers of observation. Your resulting paintings and sketches will transport you to cherished moments and places worth remembering.

"In Pencil Art Workshop, artist and illustrator Matt Rota shows to achieve various techniques using graphite, and includes the work of an international gallery of artists for inspiration"--

1,000 Artist Journal Pages

Pencil Art Workshop

Drawing and Painting Beautiful Faces

Worship Journal Workshop

Visual Ammunition for the Art Addict

Draw Your Day

A World of Artist Journal Pages

***Did you love, love the quotes and coloring pages in the workbook and wished they were printed on one side only, so you could frame your beautiful creations to hang up in your home as inspiration? Now you can! Here's a coloring book with the quotes from the first workbook so you can sit, relax and just have fun! About the book which inspired the workshop: This emotionally supportive guide and resource is written in a non-***

***judgmental way, so you feel you and the author are sitting together while you gather your strength to overcome so many of life's issues. About On Becoming a Lemonade Maker and the Tamara: The author speaks from experience, having survived a physically and mentally abusive childhood which was spirit breaking. Tamara spent many years struggling with hidden depression and the negative self-talk that inner pain brings on. Tamara has used her skills as an Artist and Photographer to work through her deepest and most painful life issues, and now she shares what she learned with you! This book is the accumulation of all the hard-won lessons she learned, written and organized in a way she feels will help others. This book shares some of her difficult experiences as a way of gently illuminating certain points and to give hope that healing and happiness are possible! This is the Guide to Surviving Life! Testimonials: "I think the idea of the workbook is brilliant and I think people will find the content very helpful. It is certainly very 'on trend' with the doodling/colouring aspect." - Dorothy Berry-Lound, Managing Partner of HOST Policy Research, Reiki***

***Master and Artist, Italy I really like it a lot! Everything I have read has just been fun and easy to accomplish. I could really see myself doing this as a workshop in the schools and using it for therapeutic mindfulness, even individually! Leslie Rich, Family Advocate at Kern County Mental Health, United States “Diehn opens up a new dimension—the artist’s vision of visual memories. Consider this a superscript above all other entries.”—Booklist. “Encourages those who hesitate to start in on the pristine pages of a nicely bound blank book.... Lively and interesting illustrations make this a good selection for public library collections.”—Library Journal.***

***Create and swap mini works of art! The simple act of sharing 2½ x 3½ pieces of art, known as Artist Trading Cards, knows no boundaries and brings like-souls together like no other form of communication can. Unique statements, passionate emotions and favorite interests can all be expressed in these miniature works of art that are always traded, never sold. Artist Trading Cards Workshop will not only teach you how to create your own cards, combining one or more of the 25+ techniques***

***demonstrated in step-by-step photos, it will also share the ins and outs of trading, finding and organizing card swaps and how to trade with others across the miles or even the continents. Discover ways to create colorful collage backgrounds, make cards from fabric, incorporate painting, stamping, phone book pages, tissue paper, string, stencils and much more—all is revealed in step-by-step photos, but that's not all. You'll also: Learn the ins and outs of trading—where to look, what to swap. Find creative ways to store the cards you'll soon be collecting. Be inspired by the cards from 60 talented contributors and over 200 beautiful cards. Become a part of the world-wide phenomenon that starts with Artist Trading Cards Workshop, and share a piece of yourself today! Create. Collect. Swap. Turn your doodles into a personal journal and into art, to boot! In the tradition of Keri Smith (Wreck This Journal, This Is Not a Book), Dawn DeVries Sokol has created a fun, easy artist's journal to get kids started with the basics. Doodle about your day; makes lists of your favorite things; write goals and daydream; try different mediums like pens, watercolors, and***

***found art; add in family photos or ticket stubs; use Xerox transfers; and much, much more to create a casual, playful, and often thoughtful journal of your life.***

***At a Journal Workshop***

***Personal Pages and Inspirations***

***Interactive Art Workshop***

***Create. Collect. Swap.***

***The Laws Guide to Nature Drawing and Journaling***

***Techniques, Ideas, and Inspiration for Drawing and Designing with Pencil***

***Art Journaling for Girls***

**Many people want to express themselves through visual journaling, but are stuck or intimidated with how to get started. This book breaks down the entire working process of journaling with step-by-step photos and instructions from start to finish.**

**A Year of Painting Intuitively! Stay inspired to create art throughout every season! In Intuitive Painting Workshop, you'll find a timely expressive exercise for each month, along with seasonal check-ins. In discovering how to paint intuitively, you will learn to surrender to your true visual voice as**

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**your personal process of making marks emerges. Using acrylic paint, ink, collage papers, stencils, watercolor, gel pens, paint markers and more, you'll be gently guided by twelve exercises, taking cues from the process, but carrying each in your own direction. • Explore monthly exercises, each offering you a new area of growth from setting intentions, to painting wildly, to getting know your animal totems and much more. • Receive suggestions for painting with a "beginner's mind" and a glossary of art terms will make following the step-by-step demonstrations clear and easy to understand. • Get further ideas from a monthly gallery of contributing artists who were students of this process, just like you! • Have a chance to assimilate your creative focus every few months with seasonal Check-In journaling prompts and ideas for reflection. Stay inspired month-by-month and season-to-season with Intuitive Painting Workshop!**

**Over 1,000 journal pages presented in one beautiful full-color book Journals offer their makers a safe place to dream, doodle, rant, and reinvent themselves. They offer viewers rich, visual inspiration. There is a fascination with these revealing and often beautiful pages of self-exploration and personal expression. Journals offer a tantalizing, voyeuristic view of an interior life. This would be the first book to offer examples of over 1000 journal pages in one eye-catching, visual format, and would attract a wide**

**swathe of artists who fully embrace or experiment with this medium. Journaling has seeped into popular culture in a big way and this collection provides a wide array of ideas, techniques and themes to inspire and inform mixed media and journaling enthusiasts.**

**Discover the Joy of Art Journaling An artist's journal is a powerful creative tool, offering you a safe place to experiment, explore, consider and improve. Artist's Journal Workshop provides all the guidance, structure and inspiration you need to create a meaningful art-journaling practice. Starting with the question, "What do you want from your journal?" you'll build a sound journaling concept that will serve your unique creative needs and give you the freedom to practice, play and develop as an artist. Featuring rich visual examples on every page, you'll receive continual guidance and inspiration from:**

- 27 international artists who share pages and advice from their own art journals**
- More than 25 hands-on exercises to help you personalize your journal while developing new ideas and techniques**
- Journal pages featuring travel sketching, nature studies and celebrations of daily life**
- Prompts for visually commemorating life events and milestones**
- Support for working through creative doubts and blocks**
- A range of artistic styles and perspectives to study and admire**
- Instruction for trying your hand at new methods and materials**

**This is the perfect opportunity for**

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**you to begin realizing your artistic potential--one page at a time. Begin the journey today!**

**Fire Up Your Creativity with Spontaneous Art, Wild Writing, and Inventive Thinking**

**A Mixed-Media Portrait Workshop**

**1000+ Artworks | 230 Artists | 30 Countries**

**Journals, Scrapbooks & Albums Made Simply Beautiful**

**Draw Your World**

**The Art Journal Workshop**

*An instructive guide to creating an illustrated journal based on artist and Instagram sensation Samantha Dion Baker's unique creative process, featuring information on materials, creative inspiration and instruction, prompts, and helpful tips and tricks. Samantha Dion Baker is a widely admired and followed artist on Instagram, where she shares her "sketch journal," an illustrated daily record of her life, drawn in a fresh, modern style. In Draw Your Day, Baker guides you through her inspirational practice and provides guidance for starting your own. Part instructional guide and part encouraging manifesto about how making*

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*art--even art that's not museum-worthy--can make your life more mindful and meaningful, Draw Your Day is ideal for both seasoned artists looking for fresh inspiration, as well as aspiring artists who need a friendly nudge to get started.*

*For aspiring illustrators, students, or anyone who loves to draw, this workbook helps to build up drawing skills, confidence, and an attention-grabbing portfolio. Illustrator extraordinaire Mary Kate McDevitt brings her years of industry expertise to tips of the trade, plus tons of strengthening exercises including 12 step-by-step assignments to illustrate commercially compelling products--like a greeting card, product packaging, a magazine editorial, and more. Full of encouragement and guidance and presented in a practical lay-flat binding, Illustration Workshop is the ultimate creative tool for today's indie illustration zeitgeist.*

*Interactive Art Workshop guides you step-by-step through the creation of more than 20 projects, each with a unique interactive element ranging from paper wheels that magically change images as they are turned, to fully functioning pull tabs, to flapping doors and slide puzzles. A gallery of inspirational examples from a wide variety of*

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*talented contributors (including Claudine Hellmuth) follow each tutorial. The author and contributing artists go beyond moving parts to include techniques that also engage the senses of touch, smell and sound for an overall sensory experience. You will be moved to create art that moves, both literally and figuratively.*

*Our favorite freewheelin' scribe Dan Price's inaugural collection of vagabond musings, HOW TO MAKE A JOURNAL OF YOUR LIFE, was such a hit that we could hardly wait to bring out THE MOONLIGHT CHRONICLES. Dan's Moonlight Chronicles zines have long been a cult favorite of art, travel writing, and outdoor enthusiasts. This full-color book version picks up where the zines left off, following Dan as he ambles through the cafes, alleyways, and skyscrapers of New York City; hits the trail for a five-day hike in Hell's Canyon; and wanders through the Sierras, in the footsteps of kindred soul John Muir. Dan's spirited language and charming pictures remind you of the small joys of life and the fact that happiness abounds, just waiting to be discovered along the highways and byways of America.*

*Paint Mojo - A Mixed-Media Workshop  
Quotes and Coloring!*

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*Exploring Techniques and Materials for Creating Fashion and Decor Items from Artfully Altered Fabric*

*Artist's Sketchbook*

*Find Your Style, Practice Drawing Skills, and Build a Stellar Portfolio*  
*Journal Sparks*

*Artists Journals Sketchbooks*

"Step by step, the reader is brought to art journaling in a method that makes even a novice want to pick up a paint brush and begin making art that expresses your soul."—Diana Gonzalez, Brooklyn Crafting Examiner "Back when I was the managing editor of Art Journaling, I remember when Traci Bunkers' journals arrived on my desk. I spent hours pouring through them, wondering to myself, 'How does she do this?' With Traci's new book, *The Art Journal Workshop*, you get to see exactly how."—Christine Olivarez, Somerset Studio Many people want to express themselves through visual journaling, but are stuck or intimidated with how to get started, what to write, or how to move beyond gluing down a few images or putting some paint on the paper. With beautiful illustrations, *The Art Journal Workshop* breaks down the entire working process of journaling with step-by-step photos and instructions from start to finish. You'll learn how to use different media such as paint, photographs, and collage, while following journaling prompts and exercises to help you dig deeper and enrich the journaling process and experience. Traci Bunkers discusses the benefits of visual journaling, and walks you through battling a creative funk when you're feeling down or uninspired. Additionally, *The Art Journal Workshop* comes with a DVD-ROM to play on your PC or Mac which shows the

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author creating six visual journal pages from the book, start to finish, through time-lapse video clips. This visual guide enhances the information in the book, showing her work progress in a way that goes beyond what can be captured in still photographs or through text.

What would you like your life to be? Ira Progoff's Intensive Journal Process combines one of the oldest methods of self-exploration and expression--keeping a journal--with a structured format that enables you to get to know the inner core of your life on ever-deeper levels and gain a fuller perspective on where you are. The Intensive Journal Process also empowers you to take the action necessary to change the course of your life and unlock your hidden creative potential. This rich, insightful work is a treasure for all those involved in self-inquiry, artistic creation, and spiritual renewal.

From the New York Times bestselling author of *Steal Like an Artist* and *Show Your Work!* comes an interactive journal and all-in-one logbook to get your creative juices flowing, and keep a record of your ideas and discoveries. The *Steal Like an Artist Journal* is the next step in your artistic journey. It combines Austin Kleon's unique and compelling ideas with the physical quality that makes journals like Moleskines so enormously popular. Page after page of ideas, prompts, quotes, and exercises are like a daily course in creativity. There are lists to fill in—Ten Things I Want to Learn, Ten Things I Probably Think About More Than the Average Person. Challenges to take. Illustrated creative exercises—Make a Mixtape (for someone who doesn't know you) and Fill in the Speech Balloons. Pro and con charts—What Excites You?/What Drains You? The journal has an elastic band for place-marking and a special pocket in the back—a “swipe file” to store bits and pieces of inspiration. Because if you want to steal like an artist, you need a place to keep your loot.

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By nature, art journaling is a private activity. But when Dawn Sokol's first book, 1000 Artist Journal Pages, broke the fourth wall and shared the work of artists all over North America and parts of Europe, it created a ripple of inspiration throughout the art journaling community. In this much-anticipated follow-up, Sokol features more than 1,000 new, captivating pages, this time—by popular demand—from artists across the globe. Lists of techniques and materials used for each page, plus behind-the-scenes interviews, give readers a glimpse inside the minds of new and established artists, making this a stimulating compilation sure to inspire beginners and seasoned art journalers alike.

Collage Unleashed

Break Through, Explore, and Make it Your Own

Illustration Workshop

A Notebook for Creative Kleptomaniacs

An Inspiring Guide to Keeping a Sketch Journal

A Wandering Artist's Journal

Painting Nature in Watercolor with Cathy Johnson

*"An approachable and inspiring guide to sketching and painting the world around you including nature drawing, urban sketching, travel drawing, drawing from memory or photos, and sketch journaling"--*

*Grab your pen and seize the day! Make art a part of your everyday life, and everyday life a part of your art. Vast opportunities and great joy await you as you learn sketching "on the spot"--be it in your own backyard, amid the bustle of a*

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*busy market, on a hike or wherever you happen to find yourself. Cathy Johnson leads you on this thrilling expedition as you explore ways to turn everyday sights and experiences into a cache of visual memories. She and other artists have opened their sketchbooks to share their favorite subjects, ranging from nature's paraphernalia to aging buildings, crashing waves and beloved pets. You will travel the world through sketches and stories, through deserts and deep woods, cities and small towns. Along the way, you'll pick up helpful tips and clever, on-location improvisations for making your sketching sessions pleasurable, safe and productive. • Chapters focus on sketching subjects close to home, on travels, in nature, in urban settings and from everyday life. • 10+ artists share favorite sketches, tips and techniques. • 15+ demos reveal on-the-spot sketches as they come together. • Includes expert advice on getting the best results from a range of mediums, including graphite, ink, colored pencil, watercolor and gouache. The Artist's Sketchbook is pure delight, full of passion and possibility, ideas and inspirations. You'll learn ways to be prepared, simplify, still your inner critic, embrace the here and now, and in doing so, discover wonders you never thought to look for.*

*Break free of your comfort zone, sharpen your perception, and find happiness in play. Paint Mojo is not about replicating particular techniques; it is about play and*

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*spontaneity. Tracy Verdugo gives encouragement to overcome fear of doing something wrong in painting. There are no mistakes--only opportunities to grow. Incorporating various media (including pastels, acrylic paints, ink, collage and more), this book is filled with exercises, self exploration and practical techniques. They include creation of a personal symbols library, using a grid to break down composition, and drawing on life experiences as prompts. In addition to Tracy's art, 15 talented contributors--Erin Faith Allen, Seth Apter, Orly Avineri, Lisa Sonara Bearn, Jessica Brogan, Juliette Crane, Kecia Deveney, Louise Gale, Jess Greene, e'Layne Koenigsberg, Laurie Mika, Peter Perez, Jesse Reno, Mary Beth Shaw, Roxanne Evans Stout, and Judy Wise--share lessons, exercises, tips and inspiration.*

*Using words, drawing, collage, and observation-based list-making, award-winning author Emily K. Neuburger highlights the many paths into journaling. Her 60 interactive writing prompts and art how-tos help you to expand your imagination and stimulate your creativity. Every spread invites a new approach to filling a page, from making a visual map of a day-in-my-life to turning random splotches into quirky characters for a playful story. ?It's the perfect companion to all those blank books and an ideal launchpad to explore creative self-expression and develop an imaginative voice — for anyone ages 10 to 100! Teachers' Choice*

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*Award Winner Mom's Choice Awards Winner Foreword INDIES Gold Award*

*Winner National Parenting Product Awards Winner*

*Paper Art Workshop: Handmade Gifts*

*Taken from the Love Art Journal Workshop!*

*An Art Journal Workshop Conducted in a Day Treatment Program*

*The Decorated Page*

*A How-To Book of Journaling for the Artist and Non-Artist Alike*

*Altered Books Workshop*

*Stylish Ideas for Journals, Stationery, and More*

The Worship Journal Workshop book has 106 full color 8 1/2"x11" pages to assist you in your journaling journey. Large print, 18 point type makes reading easy for any age. The beginning of the book describes 11 types of journal pages and the second half of the book has 14 how-to projects for the artist and non-artist alike. The artist, Tricia Jacobs, includes many photographs and examples from her own personal journals. An excerpt from the introduction on page 3 of the book: "Journaling, to me, encompasses a wide variety of formats. I use journaling as a form of worship. It requires and calls me to action; writing,

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drawing, gluing, painting, assembling, seeing, collecting, feeling, printing, and most importantly, praising. You won't find the word "journaling" in a standard dictionary. It should be! Journaling is the act of using a paper-filled book for what you are called to do at that moment, create! Use this book, "Worship Journal Workshop- A How to Book of Journaling for the Artist and Non-Artist Alike" as a jumping off point, to inspire you, to call you to create. So, enjoy the project, and let's journal now! Go, and be inspired." This book is written from a Christian perspective and contains Biblical quotations.

A Mixed-Media Guide to Unleashing Your Creativity. Join artist Megan Wells on a visual adventure as you learn to make everything from vibrant painted pages to beautiful hand-lettered calendars. Experiment with mixed media techniques, sketch beauty around you, and draw eye-catching planner pages that document your daily life. Try dot journaling and fancy lettering. It doesn't matter if you're a total beginner or a seasoned artist--art journaling offers everyone a chance to silence perfectionism and embrace the creative experience. 160 pages. 7-1/2 wide x 9-1/2 high (19 cm wide x 24.8 cm high). Hardcover.

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Rights: World.

Junk Journal Workshop is Book 2 in the Journal Workshop series. This book contains over 100 pages and 6 chapters. There are many projects included in this book to get you started on your junk journal journey, ranging from beginner to more complex. They are; miniature watercolor paintings, brief overview of digital painting, drying and trimming your paintings, using paper punches, creating a jars and insects journal page, how to draw bees and fireflies (easy), how to print on different paper types, a sea life journal page, hello city page, houses page, templates for envelopes and pockets, tags, drying leaves, decoupage, and a list of products used on the projects. Artist and author Tricia Jacobs describes it as, "A junk journal is an extreme version of an art journal. It pushes the definition of journal over the edge, into a different realm of storytelling. Every junk journal is unique. Most often the focus is collection, inspiration, and three dimensional design. Remember: create, experiment, be you. There is no wrong way to create a junk journal." -Artist Tricia Jacobs, author of the "Journal Workshop" Series for Kindle and in Print on Amazon. This book is

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written from a Christian perspective and contains Biblical quotations.

Artists will learn to capture those fleeting moments of inspiration and beauty that compel them to create.

Additional Pages for Love Art Journal Workbook

Watercolor Workshop

Create Your Own Artist's Journal

Exercises and Techniques for Sketching on the Spot

Learn to Paint in 100 Experiments

Techniques, Prompts and Inspiration for a Year of Painting

The Steal Like an Artist Journal

*Learn to paint gorgeous contemporary art by practicing watercolor technique directly in this instructional sketchbook. Through 100 different experiments, artist Sasha Prood teaches you traditional techniques like wet-on-dry, wet-on-wet, and flat washes, and also encourages you to play with the paint through colorful ombres, unique bloom textures, and added elements like salt and sponging. Each experiment is accompanied by Sasha's beautifully painted examples and space to practice your skills on the thick pages of the sketchbook. Sasha makes watercolors accessible by setting you up to paint a*

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*series of practice swatches before attempting to make final art and she emphasizes experimentation with color and technique so that you can learn to enjoy and embrace all the unique qualities of watercolor.*

*YOUR MISSION: &#xA0;&#xA0;Discover the tactical secret of self expression—the art journal &#xA0;&#xA0;Harness the artistic explosion ticking in your head, just looking for a creative way to detonate. Prepare to be bombarded with ideas, techniques and suggestions as you allow your creativity to take hold. The Journal Fodder Junkies are on a mission, ready to arm you with all that you need to explore artistic ways of recording your life and thoughts. Part sketchbook, part diary, part notebook, part dream journal, part daily planner, part to-do list and part doodle pad, the art journal is different things to different people. Whatever it is for you, the Journal Junkies Workshop contains all the covert inspiration and know-how you'll need to get started. Uncover your own path, your own voice, your own style. Inside you'll find:*

*&#xA0;&#xA0; Basic information on the supplies and materials you'll need to start your journal experience &#xA0;&#xA0; Step-by-step presentation of techniques using water colors, acrylic paint, image transfers and more &#xA0;&#xA0; Chapter-by-chapter demonstration that follows the Junkies' techniques as they layer a page, taking it from blank canvas to dynamic*

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*document & break; & break; Ideas on how to get started writing in your journal, covering both what to write and inventive ways of writing it & break; & break; Gallery spreads taken straight from the authors' journals that give you a unique opportunity to peer inside the heads of two experienced art journalists & break; & break; Grab a journal and begin basic training today with Eric Scott and David Modler to become a Journal Fodder Junkie!*

*Artist's Journal Workshop Creating Your Life in Words and Pictures Penguin "A multifaceted approach to creating unique works of art--step by step"--Cover.*

*Artist Trading Card Workshop*

*A Multifaceted Approach to Creating Unique Works of Art-step by Step 37 Step-by-Step Demonstrations Using Watercolor Pencil and Paint*

*Exploring and Creating Personal Pages*

*Creating Your Life in Words and Pictures*

*Set Your Mixed Media in Motion*

*The Complete Fabric Artist's Workshop*

Exquisite paper-based gifts that everyone will love. Giving handmade gifts is always in style! And these personalized gifts are more meaningful than most store-bought items, especially in today's world of homogeneous merchandise. Crafters

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have delved into a celebration of personalized work and this book offers a wide range of beautiful paper-based projects to help them expand their creative skills. Projects include luggage tags, a travel frame, a travel journal, collage under glass (paper weight), custom stationery items, book plates, personalized pens and tabs, a kitchen journal, tags and labels for food gifts, collage plates, paper art produce and more. This inspiring new book is the first in a series of volumes targeted to the large and growing paper arts/memory/book making audience. Each book in the series, including Celebrating Baby, features sophisticated techniques and paper art projects for stylish crafters. Celebrating popular craft themes, from babies to home to gift giving to crafts for parties and entertaining, Handmade Gifts features projects that are contemporary, artistic and stylish, and that utilize the latest trends and techniques in paper arts. Giving handmade gifts is always in style! And these personalized gifts are more meaningful than most store-bought items, especially in today's world of homogeneous merchandise. Crafters have delved into a celebration of personalized work and this book offers a wide range of beautiful paper-based projects to help them expand their creative skills. Projects include luggage tags, a travel frame, a travel journal, collage under glass (paper weight), custom stationery items, book plates, personalized pens and tabs, a kitchen journal, tags and labels for food gifts, collage plates, paper art produce and more. This inspiring new book is the first in a series of volumes targeted to the large and growing paper arts/memory/book making audience. Each book in the series, including Celebrating Baby, features sophisticated techniques and

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paper art projects for stylish crafters. Celebrating popular craft themes, from babies to home to gift giving to crafts for parties and entertaining, Handmade Gifts features projects that are contemporary, artistic and stylish, and that utilize the latest trends and techniques in paper arts.

In straightforward text complemented by step-by-step illustrations, dozens of exercises lead the hand and mind through creating accurate reproductions of plants and animals as well as landscapes, skies, and more. Laws provides clear, practical advice for every step of the process for artists at every level, from the basics of choosing supplies to advanced techniques.

Additional pages to Journal, color, doodle and make art... so you can grow and make inner connections! Continue where you left off in the "Love" Art Journal Workshop! This Series has been designed to work with the book "On Becoming a Lemonade Maker" by Tamara Kulish as a companion piece to help you explore the lessons and the inner knowledge you are building! About the book which inspired the workshop: This emotionally supportive guide and resource is written in a non-judgmental way, so you feel you and the author are sitting together while you gather your strength to overcome so many of life's issues. About Tamara: The author speaks from experience, having survived a physically and mentally abusive childhood which was spirit breaking. Tamara spent many years struggling with hidden depression and the negative self-talk that inner pain brings on. Tamara has used her skills as an Artist and Photographer to work through her deepest and most painful life issues, and now she shares what she learned with you! This

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book is the accumulation of all the hard-won lessons she learned, written and organized in a way she feels will help others. This book shares some of her difficult experiences as a way of gently illuminating certain points and to give hope that healing and happiness are possible! This is the Guide to Surviving Life! Testimonials: "I think the idea of the workbook is brilliant and I think people will find the content very helpful. It is certainly very 'on trend' with the doodling/colouring aspect." - Dorothy Berry-Lound, Managing Partner of HOST Policy Research, Reiki Master and Artist, Italy I really like it a lot! Everything I have read has just been fun and easy to accomplish. I could really see myself doing this as a workshop in the schools and using it for therapeutic mindfulness, even individually! L. Rich, United States

The Complete Fabric Artist's Workshop is a comprehensive source of all the newest and most popular fiber art techniques! It is a compilation of the best of Fabric Art Projects (Creative Publishing international, 2009) and Fabric Art Workshop (Creative Publishing international, 2007). This technique-driven book explores a wide range of new possibilities and materials available to fabric and journal artists. Each unique technique is presented with brilliant photography and step-by-step instructions. Experiments lead to discoveries. Amaze yourself with exciting fabrics you can fashion, using everyday products and the newest materials on the market. Then turn your works of art into a journal, a quilt, a wall hanging, a garment—whatever you desire. The Complete Fabric Artist's Workshop teaches techniques for altering the character and color of fabric to create truly

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personal pieces. Watch spontaneous designs develop when you try lasagna painting, monoprinting, splash and puddle, and other unique techniques. Burn your silk, rust your cottons, and distress your felt. For each technique, Susan has designed a project that makes the most of your newly crafted fabric. Fuse Angelina fibers into a colorful collage to wrap around plain jars or vases. Send your friends one-of-a-kind fabric postcards made with painted fusible web. Give the dining room cozy ambience with gossamer silk candle covers and monoprinted placemats. Go to work in style with your brayer-printed lunch bag and a quilted, painted folder briefcase. Accessorize an outfit with a designer necklace made of unique fabric beads or drape your neck with a to-die-for rust-dyed scarf. Whether you are an accomplished fabric artist or a novice who's eager to learn, you'll find The Complete Fabric Artist's Workshop extremely helpful and inspiring.

Doodle Diary

Creative Layering Techniques for Personal Expression

Intuitive Painting Workshop

Investment in Picture Making

Saved, Found, Created Items

Art Journaling

Mixed Media Workshop

An inspiring, mixed media workbook on how to draw and paint beautiful, fashion illustration-style faces.

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Junk Journal Workshop

Artist's Journal Workshop

How to Sketch and Paint Your Remarkable Life

The Moonlight Chronicles

Continue Where You Left Off in the Love Art Journal Workshop!

The Journal Junkies Workshop

Writing to Access the Power of the Unconscious and Evoke Creative Ability