

Baby On The Way Sears Childrens Library

An Entertaining, Enlightening Look at the Art of Raising Self-Reliant, Independent Children Based on One American Mom's Experiences in Germany When Sara Zaske moved from Oregon to Berlin with her husband and toddler, she knew the transition would be challenging, especially when she became pregnant with her second child. She was surprised to discover that German parents give their children a great deal of freedom—much more than Americans. In Berlin, kids walk to school by themselves, ride the subway alone, cut food with sharp knives, and even play with fire. German parents did not share her fears, and their children were thriving. Was she doing the opposite of what she intended, which was toraise capable children? Why was parenting culture so different in the States? Through her own family's often funny experiences as well as interviews with other parents, teachers, and experts, Zaske shares the many unexpected parenting lessons she learned from living in Germany. Achtung Baby reveals that today's Germans know something that American parents don't (or have perhaps forgotten) about raising kids with "selbständigkeit" (self-reliance), and provides practical examples American parents can use to give their own children the freedom they need to grow into responsible, independent adults.

Explains to prospective older siblings about a new baby's needs and demands, and suggests ways that they can participate in the new arrival's care.

Gives expectant parents an overview of the options available, offering up-to-the-minute advice on such matters as physical and emotional preparation, the father's role, avoiding a cesarean birth, and other information

A provocative look at the new, digital landscape of childhood and how to navigate it. In *The New Childhood*, Jordan Shapiro provides a hopeful counterpart to the fearful hand-wringing that has come to define our narrative around children and technology. Drawing on groundbreaking research in economics, psychology, philosophy, and education, *The New Childhood* shows how technology is guiding humanity toward a bright future in which our children will be able to create new, better models of global citizenship, connection, and community. Shapiro offers concrete, practical advice on how to parent and educate children effectively in a connected world, and provides tools and techniques for using technology to engage with kids and help them learn and grow. He compares this moment in time to other great technological revolutions in humanity's past and presents entertaining micro-histories of cultural fixtures: the sandbox, finger painting, the family dinner, and more. But most importantly, *The New Childhood* paints a timely, inspiring and positive picture of today's children, recognizing that they are poised to create a progressive, diverse, meaningful, and hyper-connected world that today's adults can only barely imagine.

HappyBaby

ON BECOMING BABY WISE - 25TH A

What to Expect the First Year

The Toddler Brain

Super Nutrition for Babies

Parenting Your High-Need Child from Birth to Five

Everything You Need to Know about Your Baby--from Birth to Age Two

The classic guide of the post-Dr. Spock generation has been revised to include the latest information on virtually every aspect of infant and baby care. THE BABY BOOK is unrivaled in its scope and authority, and presents a practical, contemporary approach to parenting that reflects the way we live today. Focusing on the essential needs of babies--eating, sleeping, development, health, and comfort--it addresses the questions of greatest concern to parents. The Seares acknowledge that there is no one way to parent a baby, and they offer the basic guidance and inspiration you need to develop the parenting style that best suits you and your child. THE BABY BOOK is a rich and invaluable resource that will help you get the most out of parenting--for your child, for yourself, and for your entire family.

Distinguished pediatrician Dr Robert Bucknam, M.D. and co-author Gary Ezzo are two of the world's leading experts on baby sleep and feeding patterns. Millions of new mothers across the globe are coming toward this new brand at an increasing pace as they find and share the life changing success they are achieving with their newborns. This updated Anniversary edition celebrates 25 years with Bucknam and Ezzo's groundbreaking approach which has found favor over six million parents in all 50 states and has been translated into 20 languages around the world. For 25 years, On Becoming Babywise has been the de facto newborn parenting manual for naturally synchronizing your baby's feeding time, waketime and nighttime sleep cycles, so the whole family can sleep through the night. In his 28th year as a licensed Pediatrician, Dr. Robert Bucknam, M.D. along with co-author Gary Ezzo, demonstrate how order and stability are mutual allies of every newborn's metabolism and how parents can take advantage of these biological propensities. In particular, they note how an infant's body responds to the influences of parental routine or the lack thereof. Early chapters start with explorations of everyday aspects of infant management such as the three basic elements of daytime activities for newborns: feeding time, waketime, and naptime. Practical discussions then focus on broad and niche topics including feeding philosophies, baby sleep problems, baby scheduling challenges, nap routines, sleep training multiples, baby sleeping props, Colic and Reflux and many other dimensions which impact breast feeding schedules, bottle feeding tips, and baby sleeping training. Five resource Appendixes provide additional reference material: 1) Taking care of baby and mom 2) A timeline of what to expect and when 3)Baby Sleep Training Problems and Solutions 4)Monitoring Your Baby's Growth 5) Healthy Baby Growth Charts On Becoming Babywise is more than an infant-management concept. It is a mindset for successful parenthood. It can help any parent develop a plan that meets both the needs of a new baby and of the entire family. These principles have worked for millions of parents and, when applied with common sense to your unique situation, can work wonderfully for you too! Recommended by doctors across the country.

Revised and expanded: America's bestselling "baby bible" -- an encyclopedic guide to the first two years of your baby's life. The million-copy bestseller by "the man who remade motherhood" (TIME) has now been revised, expanded, and bought thoroughly up-to-date -- with the latest information on prenatal vitamins, breastfeeding practices, daycare, midwifery, hospital births, preventing and overcoming postpartum depression, and infant development. The Seares draw from their vast experience both as medical professionals and parents to provide comprehensive information on virtually every aspect of infant care. The Sears Baby Book focuses on the essential needs of babies -- eating, sleeping, development, health, and comfort -- as it addresses the questions of greatest concern to today's parents. The topics covered include: Preparing for a safe and healthy birth Bonding with your baby Feeding your baby Soothing your fussy baby Getting your baby to sleep Understanding your baby's development Treating common illnesses Babyproofing your home Understanding toddler behavior Dealing with temper tantrums Toilet training Working parenting First-aid procedures and much more Unrivaled in its scope and authority, The Sears Baby Book presents a practical, contemporary approach to parenting that reflects the way we live today. This is a rich and invaluable resource offering the basic guidance and inspiration you need to get the most out of parenting -- for you, your child, and for your entire family.

Elizabeth Pantley's breakthrough approach for a good night's sleep with no tears, enhanced with videos of the author answering parents' most asked questions! This enhanced eBook includes 14 exclusive videos by the author "At long last, I've found a book that I can hand to weary parents with the confidence that they can learn to help their baby sleep through the night--without the baby crying it out." --William Sears, M.D., Author of *The Baby Book* "When I followed the steps in this book, it only took a few nights to see a HUGE improvement. Now every night I'm getting more sleep than I've gotten in years! The best part is, there has been NO crying!" --Becky, mother of 13-month-old Melissa There are two schools of thought for encouraging babies to sleep through the night: the hotly debated Ferber technique of letting the baby "cry it out," or the grin-and-bear-it solution of getting up from dusk to dawn as often as necessary. If you don't believe in letting your baby cry it out, but desperately want to sleep, there is now a third option, presented in Elizabeth Pantley's sanity-saving book *The No-Cry Sleep Solution*. Elizabeth's successful solution has been tested and proven effective by scores of mothers and their babies from across the United States, Canada, and Europe. And now in response to weary parents asking for a little more guidance, Elizabeth has created fourteen brand-new videos exclusive to this enhanced eBook. Each of these three- to four-minute videos appears at the end of their specific chapter, summarizing what you have learned for quick recall or for those desperate moments when you've run out of ideas and need advice ASAP! Elizabeth gives you words of wisdom, tricks and tips, and soothing mantras, all that will help you get your baby sleeping. Tips from The No-Cry Sleep Solution: Uncover the stumbling blocks that prevent baby from sleeping through the night Determine--and work with--baby's biological sleep rhythms Create a customized, step-by-step plan to get baby to sleep through the night Use the Persistent Gentle Removal System to teach baby to fall asleep without breast-feeding, bottlefeeding, or using a pacifier The No-Cry Sleep Solution offers clearly explained, step-by-step ideas that steer your little ones toward a good night's sleep--all with no crying.

A Month-by-month Guide

Women's Feelings & Needs After Childbirth: A Support and Resource Guide

The Baby Sleep Book

What Baby Needs

The Birth Book

A Commonsense Guide to Understanding and Nurturing Your Baby

The Portable Pediatrician

THE #1 TRUE CRIME BESTSELLER. Serial killings, child abductions, organised crime hits and domestic murders. This is the memoir of a homicide detective. WINNER OF 2021 DANGER PRIZE FOR NON-FICTION Here I am: tall and broad, shaved head, had my nose broken three times fighting. Black suit, white shirt, the big city homicide detective. I've led investigations into serial killings, child abductions, organised crime hits and domestic murders. But beneath the suit, I've got an Om symbol in the shape of a Buddha tattooed on my right bicep. It balances the tattoo on my left ribs: Better to die on your feet than live on your knees. That's how I choose to live my life. As a cop, I got paid to catch killers and I learned what doing it can cost you. It cost me marriages and friendships. It cost me my reputation. They tell you not to let a case get personal, but I think it has to. Each one has taken a piece of me and added a piece, until there's only pieces. I catch killers - it's what I do. It's who I am. Gary Jubelin was one of Australia's most celebrated detectives, leading investigations into the disappearance of preschooler William Tyrrell, the serial killing of three Aboriginal children in Bowraville and the brutal gangland murder of Terry Falcomer. During his 34-year career, Detective Chief Inspector Jubelin also ran the crime scene following the Lindt Cafe siege, investigated the death of Caroline Byrne and recovered the body of Matthew Leveson. Jubelin retired from the force in 2019. This is his story.

From the creators of the acclaimed Sears Parenting Library comes a handbook that gives kids the tools to make their own wise food choices. Includes quick and easy recipes. Full color.

Part of a two-book debut of the Sears Children's Library picture books, this title provides helpful information for young children expecting a new brother and sister. Full color.

Everything you need to know about getting your baby or toddler to sleep -- from America's foremost baby and childcare experts. Babies don't automatically know how to sleep through the night; they need to be taught. The Sears family has learned from decades of pediatric practice, bolstered by their own parenting experiences, that different babies have different nighttime temperaments -- and, of course, different families have different lifestyles. Instead of espousing the kind of "one method fits all" approach advocated in other baby sleep guides, the Sears family explains how you can create a sleep plan that suits the needs of your entire family. With a sharp focus on the practical tools and techniques, *The Baby Sleep Book* covers such topics as: The Facts of infant sleep vs. adult sleep Figuring out when, where, and how your child sleeps best Fail-safe methods for soothing a crying infant How to make night nursing easier, and how to stop Nightime faltering tips Whether co-sleeping makes sense for you Nap-time strategies that work Medical and physical causes of night waking Sleep habits in special situations such as traveling, teething, and illness

Everything You Need to Know About Your Child's Health

The Pregnancy Book

An American Mom on the German Art of Raising Self-Reliant Children

Everything You Need to Know About Your Premature Baby from Birth to Age One

The Sears Baby Book

Achtung Baby

I Catch Killers

This total child care book offers Christian- centered, medically authoritative advice on every aspect of parenting, from choosing an obstetrician to disciplining teenagers. As parents of eight children, William and Martha Sears draw on thirty years of practical and professional experience, resulting in a valuable reference book no family should be without.

You Can Go to the Potty clearly introduces the basic steps of toilet learning in a natural, non-pressured way. Written by the authors of the acclaimed Sears Parenting Library, it features reassuring text and lively, full-color illustrations.

A guide by two pediatricians who have raised eight children together discusses self-esteem, spanking, divorce, single parenting, travel, and baby-sitting, and offers advice on how to prevent, as well as stop, problem behavior. Tour.

Reproduction of the original: How to Listen to Music by Henry Edward Krehbil

Our Coasts and Oceans in the Climate Crisis

Everything You Need to Know About Your Baby from Birth to Age Two

The Premature Baby Book

Eat Healthy, Feel Great

Everything You Need to Know to Have a Safe and Satisfying Birth

The New Way to Calm Crying and Help Your Newborn Baby Sleep Longer

Offers new mothers professional guidance on home health care, postpartum depression, breast-feeding problems, work options, and similar issues.

America's foremost baby and childcare experts, William Sears M.D. and Martha Sears, R.N., explain the benefits -- for both you and your child -- of connecting with your baby early. Would you and your baby both sleep better if you shared a bed? How old is too old for breastfeeding? What is a father's role in nurturing a newborn? How does early attachment foster a child's eventual independence? Dr. Bill and Martha Sears -- the doctor-and-nurse, husband-and-wife team who coined the term "attachment parenting" -- answer these and many more questions in this practical, inspiring guide. Attachment parenting is a style of parenting that encourages a strong early attachment, and advocates parental responsiveness to babies' dependency needs. The Attachment Parenting Book clearly explains the six "Baby B's" that form the basis of this popular parenting style: Bonding, Breastfeeding, Babywearing, Bedding close to baby, Belief in the language value of baby's cry, and Beware of baby trainers. Here's all the information you need to achieve your most important goals as a new parent: to know your child, to help your child feel right, and to enjoy parenting.

A fully revised edition of the Dr. Sears guide to breastfeeding, a perennial favorite of parents for nearly two decades From pediatric experts Martha Sears, R.N., and William Sears, M.D., a comprehensive, reassuring, authoritative information on: How to get started breastfeeding, with illustrated tips for latching on Increasing your milk supply Breastfeeding when working away from home Pumps and other technology associated with breastfeeding Making sure your nursing baby gets optimum nutrition, including the most recent information about the importance of omega-3 fatty acids and "milk-oriented microbiota" Nutrition and fitness for moms Nighttime breastfeeding Breastfeeding and fertility Toddler nursing and weaning Special circumstances And much more... Breastfeeding contributes to nurturing a smarter and healthier baby, and a healthier and more intuitive mommy. Isn't that what every child needs, and every parent wants?

Renowned pediatrician and bestselling author Dr. Robert Sears teams up with HappyBaby, the organic baby food company, in this invaluable guide to green parenting. HappyBaby shows new parents the healthiest, most eco-friendly way to raise their babies and protect them from environmental toxins. HappyBaby proves that green parenting is not only the very best approach when it comes to baby's health and happiness, it's remarkably easy to do—good for parents, good for the environment, and good for your precious child. How to Raise Your Kids Free of Gender Stereotypes

You Can Go to the Potty

Foreword by William Sears, M.D.

SuperBaby

Making the Right Decision for Your Child

Nurture the Skills Today that Will Shape Your Child's Tomorrow

Raising Kids to Thrive in a Connected World

What if, despite the best of intentions, we are raising our children to succeed in a world that no longer exists? The Toddler Brain helps parents recognize the connection that exists between their own parenting behaviors and their child's ability to acquire valuable twenty-first-century skills. Dr. Laura A. Jana draws on studies and stories from pediatrics, neuroscience, social science, and childcare, as well as the world of business and innovation to show parents how to equip their children with seven key skills. Dr. Jana explores the importance of play and curiosity, imagination and empathy, and strategically strengthening children's neural connections in their first five years.

A new new addition to the Sears Parenting Library is a comprehensive, authoritative, and reassuring guide for parents of premature babies. 20 line drawings & photos.

A thought-provoking combination of practical parenting information and scientific analysis, *Our Babies, Ourselves* is the first book to explore why we raise our children the way we do--and to suggest that we reconsider our culture's traditional views on parenting. New parents are faced with innumerable decisions to make regarding the best way to care for their baby, and, naturally, they often turn for guidance to friends and family members who have already raised children. But as scientists are discovering, much of the trusted advice that has been passed down through generations needs to be carefully reexamined. In this ground-breaking book, anthropologist Meredith Small reveals her remarkable findings in the new science of ethnopediatrics. Professor Small joins pediatricians, child-development researchers, and anthropologists across the country who are studying to what extent the way we parent our infants is based on biological needs and to what extent it is based on culture--and how sometimes what is culturally dictated may not be what's best for babies. Should an infant be encouraged to sleep alone? Is breast-feeding better than bottle-feeding, or is that just a myth of the nineties? How much time should pass before a mother picks up her crying child? And how important is it really to a baby's development to talk and sing to him or her? These are but a few of the important questions Small addresses, and the answers not only are surprising, but may even change the way we raise our children.

Discover the positive prescription for curing sleepless nights and fussy babies. Recommended by doctors across the country. - Back cover.

The Complete Guide to a Good Night's Rest for the Whole Family

The Fussy Baby Book

Our Babies, Ourselves

The Attachment Parenting Book

The Happiest Baby on the Block

Everything You Need to Know about Your Baby from Birth to Age Two

America's bestselling "baby bible" -- an encyclopedic guide to the first two years of your baby's life. The million-copy bestseller by "the man who remade motherhood" (TIME) has now been revised, expanded, and bought thoroughly up-to-date -- with the latest information on everything from diapering to day care, from midwifery to hospital birthing rooms, from postpartum nutrition to infant development. The Seares draw from their vast experience both as medical professionals and pas parents to provide comprehensive information on virtually every aspect of infant care. Working for the first time with their sons Dr. Bob and Dr. Jim, both pediatric specialists in their own right, the Seares have produced a completely updated guide that is unrivaled in its scope and authority. The Baby Book focuses on the essential needs of babies -- eating, sleeping, development, health, and comfort -- as it addresses the questions of greatest concern to today's parents. The topics covered include: preparing for a safe and healthy birth bonding with your baby Feeding your fussy baby getting your baby to sleep understanding your baby's development treating common illnesses babyproofing your home understanding toddler behavior dealing with temper tantrums toilet training working parenting first-aid procedures and much more Unrivaled in its scope and authority, The Sears Baby Book presents a practical, contemporary approach to parenting that reflects the way we live today. This is a rich and invaluable resource offering the basic guidance and inspiration you need to get the most out of parenting -- for your child, for yourself, and for your entire family.

Some things about babies, happily, will never change. They still arrive warm, cuddly, soft, and smelling impossibly sweet. But how moms and dads care for their brand-new bundles of baby joy has changed--and now, so has the new-baby bible. Announcing the completely revised third edition of *What to Expect the First Year*. With over 10.5 million copies in print, *First Year* is the world's best-selling, best-loved guide to the instructions that babies don't come with, but should. And now, it's better than ever. Every parent who takes the time to read *What to Expect the First Year* will find it easier-to-read, faster-to-flip-through, and new-family-friendlier than ever--packed with even more practical tips, realistic advice, and reliable, accessible information than before. Illustrations are new, too. Among the changes: Baby care fundamentals--crib and sleep safety, feeding, vitamin supplements--are revised to reflect the most recent guidelines. Breastfeeding gets more coverage, too, from getting started to keeping it going (with nutrition, communication, baby-led weaning, and green parenting). From cloth diapers to non-toxic furniture). An all-new chapter on buying for baby helps parents navigate through today's dizzying gamut of baby products, nursery items, and gear. Also new: tips on preparing homemade baby food, the latest recommendations on starting solids, research on the impact of screen time (TVs, tablets, apps, computers), and "For Parents" boxes that focus on moms and dad's needs. Throughout, topics are organized more in line with the way parents actually live.

Discover the positive prescription for curing sleepless nights and fussy babies. Recommended by doctors across the country. - Back cover.
Imagine you are up at three o'clock in the morning with a sick child. Wouldn't it be nice to have expert advice readily at hand to help get you through the night? Encyclopedic in scope, The Portable Pediatrician features timely and practical information on every childhood illness and emergency, including when to call the doctor, what reassuring signs can help you know your child is okay, how to treat your child at home, and much more -- all in a convenient A-to-Z format. Among the scores of topics covered: teething; disorders: fever; hip pain; warts; allergies; obesity; seizures; Asperger's Syndrome; bronchitis; masturbation; sunburns; pneumonia; speech delay; lice; vomiting; asthma; sleep problems; and more. The Seares' guide parents and caregivers from a child's infancy through the teen years, teaching them what to expect at regular checkups as well as how to boost a child's well-being, devise a family health plan, work effectively with their pediatrician, and more. Distinguished by the Seares' trademark calm, authoritative style, this is a complete, up-to-date reference for parents and caregivers. Includes: a complete A-Z list of pediatric concerns, illnesses, and emergencies; a searchable database, growth charts; a portable medicine cabinet; helpful advice about pediatric checkups; and more.

The Atlas of Disappearing Places

Becoming a Father

How Biology and Culture Shape the Way We Parent

The Organic Guide to Baby's First 24 Months

The Classic Reference Guide Utilized by Over 1,000,000 Parents Worldwide. Book one

The Discipline Book

The Vaccine Book

"Parents of fussy or difficult children, take heart. best-selling childcare experts William and Martha Sears have written a book just for you. Drawing on more than twenty years of paediatric practice and their experiences with their own high-need children, they provide: Creative ways to soothe a fussy baby: Information on medical causes of infant fussiness--from infections to food sensitivities: Effective ways of coping with common high-need personality traits and behaviour: Proven strategies for discipline--getting connected to your child early, providing structure, setting limits, knowing when to say yes and when to say no: Tips on learning how to talk and listen. Real-life stories and advice from parents of high-need children In *The Fussy Baby Book* Dr. William and Martha Sears acknowledge the difficulties you face but show you how responsive parenting can turn these challenges into advantages for both you and your child. The Seares prove that difficult children can provide the most rewarding parenting experiences of all". -Publisher's description.

A beautiful and engaging guide to global warming's impacts around the world "The direction in which our planet is headed isn't a good one, and most of us don't know how to change it. The bad news is that we will experience great loss. The good news is that we already have what we need to build a better future." —from the introduction Our planet is in peril. Seas are rising, oceans are acidifying, ice is melting, coasts are flooding, species are dying, and communities are disappearing. Despite these dire circumstances, most of us don't have a clear sense of how the interconnected crises in our ocean are affecting the climate system, food webs, coastal cities, and biodiversity, and which solutions can help us co-create a better future. Through a rich combination of place-based storytelling, clear explanations of climate science and policy, and beautifully rendered maps that use a unique ink-on-dried-seaweed technique, *The Atlas of Disappearing Places* depicts twenty locations across the globe, from Shanghai and Antarctica to Houston and the Cook Islands. The authors describe four climate change impacts—changing chemistry, warming waters, strengthening storms, and rising seas—using the metaphor of the ocean as a body to draw parallels between natural systems and human systems. Each chapter paints a portrait of an existential threat in a particular place, detailing what will be lost if we do not take bold action now. Weaving together contemporary stories and speculative 'future histories' for each place, this work considers both the serious consequences if we continue to pursue business as usual, and what we can do—from government policies to grassroots activism—to write a different, more hopeful story. A beautiful work of art and an indispensable resource to learn more about the devastating consequences of the climate crisis—as well as possibilities for individual and collective action—*The Atlas of Disappearing Places* will engage and inspire readers on the most pressing issue of our time. Locations include: Houston, Texas Shanghai, China Hamburg, Germany San Juan, Puerto Rico New York City, New York Pisco, Peru Kisite, Kenya Kure Atoll, Hawaii Camden, Maine The Cook Islands San Francisco, California Norfolk, Virginia B'n Tre, Vietnam Ise, Japan Gravesend, United Kingdom

A guide that helps parents focus on their children's unique strengths and inclinations rather than on gendered stereotypes to more effectively bring out the best in their individual children. For parents of infants to middle schoolers, Reliance on Gendered Stereotypes Negatively Impacts Kids Studies on gender and child development show that, on average, parents talk less to baby boys and are less likely to use numbers when speaking to little girls. And when speaking to, and interacting with, gender-code children, segregated them by their presumed interests. Our social dependence on these norms has far-reaching effects, such as leading girls to dislike math or increasing aggression in boys. In this practical guide, developmental psychologist (and mother of two) Christa Spears Brown uses science-based research to show how over-dependence on gender can limit kids, making it harder for them to develop into unique individuals. With a humorous, fresh, and accessible perspective, *Parenting Beyond Pink & Blue* addresses all the issues that contemporary parents should consider—from gender-segregated birthday parties and schools to sports, sexualization, and emotional intelligence. This guide empowers parents to help kids break out of pink and blue boxes to become their authentic selves.

Baby on the WayLittle, Brown Books for Young Readers

Everything You Need to Know About Nursing Your Child from Birth Through Weaning

Parenting Beyond Pink & Blue

How to Nurture & Enjoy Your Family

Everything You Need to Know to Have a Better-behaved Child--from Birth to Age Ten

The Baby Book

Mothering the New Mother

12 Ways to Give Your Child a Head Start in the First 3 Years

The "baby bible" of the post-Dr. Spock generation, already embraced by hundreds of thousands of American parents, has now been revised, expanded, and brought thoroughly up-to-date -- with the latest information on everything from diapering to day care, from midwifery to hospital birthing rooms, from postpartum nutrition to infant development. Dr. Bill and Martha Sears draw from their vast experience both as medical professionals and as the parents of eight children to provide comprehensive information on virtually every aspect of infant care. Working for the first time with their sons Dr. Bob and Dr. Jim, both pediatric specialists in their own right, the Seares have produced a completely updated guide that is unrivaled in its scope and authority. The Baby Book focuses on the essential needs of babies -- eating, sleeping, development, health, and comfort -- as it addresses the questions of greatest concern to today's parents. The Baby Book presents a practical, contemporary approach to parenting that reflects the way we live today. The Seares acknowledge that there is no one way to parent a baby, and they offer the basic guidance and inspiration you need to develop the parenting style that best suits you and your child. The Baby Book is a rich and invaluable resource that will help you get the most out of parenting -- for your child, for yourself, and for your entire family. Book jacket.

"Thousands of parents, from regular moms and dads to Hollywood superstars, have come to baby expert Dr. Harvey Karp to learn his remarkable techniques for soothing babies and increasing sleep. Now his landmark book--fully revised and updated with the latest insights into infant sleep, bedsharing, breastfeeding, swaddling, and SIDS risk--can teach you too!"--Back cover.

There is a better way to feed your baby. Super Nutrition for Babies gives parents the latest science-verified nutritional recommendations for feeding their child. Based on a program used at one of the largest holistic practices in the country, this book provides information on all aspects of nutrition and feeding, including introducing meat in a child's diet, healthier alternatives to dairy and soy, starting solid foods, establishing a regular eating schedule, dealing with picky eating, and the best foods for every age and stage so your baby gets the best nutrition to minimize illness and optimize sleep, digestion, and brain development.

Presents advice for new parents on taking full advantage of the early development years of a child's life, providing tips to maximize an infant's mental and emotional growth.

The Baby Book, Revised Edition

The Complete Book of Christian Parenting and Child Care

The No-Cry Sleep Solution Enhanced Ebook

How to Bring Out the Best in Your High Need Child

On Becoming Baby Wise

How to Listen to Music

Baby on the Way

Covers topics ranging from the emotional effects of pregnancy and bodily changes to fetal development and what to expect during delivery

The Vaccine Book offers parents a fair, impartial, fact-based resource from the most trusted name in pediatrics. Dr. Bob devotes each chapter in the book to a disease/vaccine pair and offers a comprehensive discussion of what the disease is, how common or rare it is, how serious or harmless it is, the ingredients of the vaccine, and any possible side effects from the vaccine. This completely revised edition offers: Updated information on each vaccine and disease More detail on vaccines' side effects Expanded discussions of combination

vaccines A new section on adult vaccines Additional options for alternative vaccine schedules A guide to Canadian vaccinations The Vaccine Book provides exactly the information parents want and need as they make their way through the vaccination maze.

When a family brings a new baby home, there are many changes. Older siblings may find it hard to understand the needs of the new baby, as well as the demands placed on mom and dad. Based on the attachment-parenting theories of the foremost authorities on parenting and childcare, William Sears, M.D., and Martha Sears, R.N., this book clearly explains baby's needs. The text emphasizes how siblings can be helpers to both baby and parents, while forging their own relationships with "their baby," and outlines the positive aspects of being an older girl or boy. Here is a warm, insightful book that will help the whole family joyously and lovingly welcome the newest member into their lives.

The Breastfeeding Book

The Right Way to Feed Your Baby for Optimal Health

The Life and Many Deaths of a Homicide Detective

The New Childhood