

Balyakala Sakhi Summary

In The Novel There Is A Historical Romance, But Its Subtext Is A Political One Of Contemporary Significance. In The Novel There Is A Subplot With Subhadra At The Centre. Through What She Does Or What Happens To Her, C.V. Is Projecting A Futuristic Vision Of The New Woman In The Indian Context. The Conventional Image Of The Woman Is Replaced By An Imagined Figure That Was To Emerge On The Indian Scene. Another Unique Feature Of This Novel Is The Introduction, For The First Time, Of Untouchables, The Channans Of South Travancore. Hence Is Fiction Asserting Humanistic Values Over And Above The Taboos And Superstitions Of Yester-Years.

Increasingly possessed by a yearning to escape the ennuï of an indifferent marriage and the empty but comfortable lifestyle of a bureaucrat, Raghu decides to visit the small patch of ancestral property in his native village. The novel moves between the two worlds the past and the present with pungent, earthy humour and sharp insights.

Ann Marie reads fragments of her dead husband's unfinished book, and the many love letters he sent her, and in them the social and political events of the time. As she ponders over the writing and the years that the brilliant Jithendran squandered working for a toy company that makes drum-playing monkeys, the narrative gives way to the sweeping saga of a village by the river Periyar. Grappling with issues of equality, love, caste, religion and politics, Thachanakkara is a microcosm of twentieth-century Kerala. Told through the history of three generations of a feudal Nair family, this sprawling story is reminiscent of the craft of Gabriel Garcia Marquez's One Hundred Years of Solitude and has the scale of Sunil Gangopadhyay's Those Days. Manushyanu Oru Amukham is an artistic meditation on human existence and is a contemporary classic.

On the Banks of the Mayyazhi

"Me Grandad 'ad an Elephant!"

Review of the DoD-GEIS Influenza Programs

Tales of Athiranipp?dam

Pathummayude adu

A Field Guide

Naalukettu: The House Around the Courtyard is the story of a young boy, Appunni, set in a matrilineal Nair joint family (a taravad) in the author's native village, Kudallur. Fascinated with accounts of the prestigious Naalukettu taravad from which his mother was expelled, Appunni visits the house only to be despised and rejected by all. Appunni grows up to earn enough money and returns to buy his ancestral home, but his victory soon turns into ashes when his father's murderer turns out to be the same man who was the only sympathetic adult in Appunni's lonely teenage years.

Roman om den fattige fiskerbefolkning i Kerala på sydvestkysten af Indien

" A must-read for anyone interested in incorporating meditation into their lifestyle. " —Sanjay Gupta, MD, chief medical correspondent for CNN Heartfulness is an ideal, a spiritual way of living by and from the heart that is inclusive of all ideologies, beliefs, and religions. In this heart-centered book, a student in conversation with his teacher, Kamlesh D. Patel—affectionately known as Daaji, the fourth and current spiritual guide of the century-old Heartfulness tradition—present a unique method of meditation with the power to facilitate an immediate, tangible spiritual experience, irrespective of a person ’ s faith. Our modern, fast-paced world can be an overwhelming place. Every day, we ’ re bombarded with messages telling us that in order to be happy, fulfilled, and worthy, we must be better, do more, and accumulate as much material wealth as possible. Most of us move through our busy lives with our minds full of these ideas, multitasking as we strive to navigate the responsibilities and expectations we must meet just to make it through the day. But what if there is another way? What if, rather than letting the busyness of life overtake our minds, we learn to be helpful instead? Based on Daaji ’ s own combination of approaches and practices for the modern seeker—which draws from the teachings of Sahaj Marg, meaning " Natural Path " —Heartfulness is a contemporized version of the ancient Indian practice of Raja Yoga, a tradition that enables the practitioner to realize the higher Self within. While many books describe refined states of being, The Heartfulness Way goes further, providing a pragmatic course to experience those states for oneself, which, per the book ’ s guiding principle, is " greater than knowledge. " Heartfulness meditation consists of four elements—relaxation, meditation, cleaning, and prayer—and illuminates the ancient, defining feature of yogic transmission (or pranahuti), the utilization of divine energy for spiritual growth and transformation. Using the method, detailed practices, tips, and practical philosophy offered in this book, you ’ ll reach new levels of attainment and learn to live a life more deeply connected to the values of the Heartfulness way—with acceptance, humility, compassion, empathy, and love.

Modernism and After : a Seminar

Encyclopedia of Indian Cinema

Joseph Mundasseri

Three Stories of Muslim Life in South India

A Novel

The House Around the Courtyard

He Had Eventful Experiences In A Prison And An Asylum. He Travelled With Sufis And Sanyasis And Did Odd Jobs. At The End Of It, Basheer Has A Bagful Of Stories. Coming From The Man Who Alerted The Map Of Malayalam Fiction Five Decades Ago, This Volume Of Short Stories Is Bound To Be An Unforgettable Experience.

It is the spring of 1939 in the age of anxiety. In months Europe will be Hitler's. And Badenheim, a resort town vaguely in the orbit of Vienna, is preparing for its summer season. The vacationers arrive as they always have, a sampling of Jewish middleclass life: the impresario Dr. Pappenheim, his musicians, and their conductor; the gay Frau Tsauberblit; the historian Dr. Fussholdt and his much younger wife; the 'readers,' twins whose passion for Rilke is featured on their program; a child prodigy; a commercial traveler; a rabbi. The list waxes as the summer wanes. To receive them in the town are the pharmacist and his worried wife, the hotelier and his large staff, the pastry shop owner and his irritable baker. Sally and Gertie (two quite respectable prostitutes), and, mysteriously, the bland inspectors from the "Sanitation Department." The story unfolds as matter-of-factly as a Chekhov play. The characters on stage are so deeply held by their defensive daily trivia that they manage to misconstrue every signal of their fate. Finally, de facto prisoners in their familiar resort, the vacationers, now increased by the forced crowding-in of other Jews hardly on vacation, take on the lineaments of undefined disaster. The text builds a sense of foreboding in which each human detail is so persuasive, so right in its fidelity to the terrible evasions of the time, that it leaves the reader transformed by what he and the author know must happen to Badenheim's people. Badenheim 1939 owes everything to its author's astonishing capacity to recreate the energies and confusions of innocent and uncomprehending victims who, always loyal to civility and social graces, fail to even dimly see thecruel terms of their imminent fate.

A Major Activity Of The Sahitya Akademi Is The Preparation Of An Encyclopaedia Of Indian Literature. The Venture, Covering Twenty-Two Languages Of India. Is The First Of Its Kind. Written In English, The Encyclopaedia Gives A Comprehensive Idea Of The Growth And Development Of Indian Literature. The Entries On Authors, Books And General Topics Have Been Tabulated By The Concerned Advisory Boards And Finalised By A Steering Committee. Hundreds Of Writers All Over The Country Contributed Articles On Various Topics. The Encyclopaedia, Planned As A Six-Volume Project, Has Been Brought Out. The Sahitya Akademi Embarked Upon This Project In Right Earnest In 1984. The Efforts Of The Highly Skilled And Professional Editorial Staff Started Showing Results And The First Volume Was Brought Out In 1987. The Second Volume Was Brought Out In 1988, The Third In 1989, The Fourth In 1991, The Fifth In 1992, And The Sixth Volume In 1994. All The Six Volumes Together Include Approximately 7500 Entries On Various Topics, Literary Trends And Movements, Eminent Authors And Significant Works. The First Three Volume Were Edited By Prof. Amaresh Datta, Fourth And Fifth Volume By Mohan Lal And Sixth Volume By Shri K.C.Dutt.

Indian Poetry

Strengthening Global Surveillance and Response

Heart-Based Meditations for Spiritual Transformation

A Practical Guide to Your Physical and Emotional Health Based on Ayurvedic and Yogic Wisdom

Death

The Blissful Sleep, Greater Focus, Limitless Presence, and Deep Connection Awaiting Us All on the Other Side of Alcohol

‘An epic novel’—Outlook When twenty-two-year-old Chetna Grddha Mullick is appointed the first woman executioner in India, assistant and successor to her father, her life explodes under the harsh lights of television cameras. When the day of the execution arrives, will she bring herself to take a life?

Why do certain foods harm some people and help others? How come the results of a weight loss programme varies from individual to individual? And why do some people fall sick more often than others? The science of Ayurveda holds answers to these questions and many more. Its scriptures took a holistic approach to health by combining our lifestyle with our natural tendencies (which vary from one person to another). This groundbreaking new work from Om Swami combines the yogic view of food as sattvic, rajasic and tamasic with Ayurvedic perspective, and further relates it to the modern view of foods as acidic and alkaline. This is also the first time that Ayurvedic prakriti (vata, pitta and kapha) has been discussed in the context of yogic prakriti (sattvic, rajasic and tamasic) in a truly cohesive fashion.The Wellness Sense extracts the essence of Ayurveda, yoga and tantra to combine it with modern medicine in this simple, step-by-step handbook on how to take better care of yourself.Accessibly written, deeply researched and distilled from Om Swami's own lived experience, The Wellness Sense puts your health and happiness in your hands.

Novel based on social themes.

Voices ; The Walls

Stories from the Young People at the Heart of the Climate Crisis

A Daily and Yearly Guide to Noteworthy Events in World Literature from 1450 to the Present

Naalukettu

Kunju Karyangalude Odeythampuran

Emotion & Relationships (2 Books in 1)

The Legends of KhasakPenguin UK

This carefully selected collection of Vaikom Muhammad Basheer s short stories are characterised by a variety in theme and tone. He has enshrined in them every kind of experience from the pangs of hunger and sex to the rapture of mystic vision. Its range includes stark realistic pictures of the material world as well as the realm of fantasy haunted by ghosts and pickpockets, on the fancies of childhood and on the disillusionments of adult life with an intense sense of the tragedy of life and at the same time an irrepressible sense of humour.

Includes entries for important literary events

The Legends of Khasak

The Origin and Fate of the Universe

Knit India Through Literature: The South

Goat Days

Calendar of Literary Facts

Roots

A gripping standalone thriller by the New York Times bestselling author of the Rizzoli & Isles series INTERNATIONAL THRILLER WRITERS AWARD FINALIST • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY LOS ANGELES TIMES AND SUSPENSE MAGAZINE In a shadowy antiques shop in Rome, violinist Julia Ansdell happens upon a curious piece of music—the Incendio waltz—and is immediately entranced by its unusual composition. Full of passion, torment, and chilling beauty, and seemingly unknown to the world, the waltz, its mournful minor key, its feverish arpeggios, appear to dance with a strange life of their own. Julia is determined to master the complex work and make its melody heard. Back home in Boston, from the moment Julia’s bow moves across the strings, drawing the waltz’s fiery notes into the air, something strange is stirred—and Julia’s world comes under threat. The music has a terrifying and inexplicable effect on her young daughter, who seems violently transformed. Convinced that the hypnotic strains of Incendio are weaving a malevolent spell, Julia sets out to discover the man and the meaning behind the score. Her quest beckons Julia to the ancient city of Venice, where she uncovers a dark, decades-old secret involving a dangerously powerful family that will stop at nothing to keep Julia from bringing the truth to light. Praise for Playing with Fire “Compelling . . . I defy you to read the first chapter and not singe your fingers reading the rest.”—David Baldacci “One of the best and most original thrillers of the year.”—Providence Journal “[A] novel brimming with emotion, literary description, and psychological suspense.”—The Huffington Post “Will make readers drop everything to immerse themselves in its propulsive dual narrative.”—Los Angeles Times

Would life be better without alcohol? It's the nagging question more and more of us are finding harder to ignore, whether we have a "problem" with alcohol or not. After all, we yoga. We green juice. We meditate. We self-care. And yet, come the end of a long work day, the start of a weekend, an awkward social situation, we drink. One glass of wine turns into two turns into a bottle. In the face of how we care for ourselves otherwise, it's hard to avoid how alcohol really makes us feel... terrible. How different would our lives be if we stopped drinking on autopilot? If we stopped drinking altogether? Really different, it turns out. Really better. Frank, funny, and always judgment free, Sober Curious is a bold guide to choosing to live hangover-free, from Ruby Warrington, one of the leading voices of the new sobriety movement.

Drawing on research, expert interviews, and personal narrative, Sober Curious is a radical take down of the myths that keep so many of us drinking. Inspiring, timely, and blame free, Sober Curious is both conversation starter and handbook—essential reading that empowers readers to transform their relationship with alcohol, so we can lead our most fulfilling lives.

First Published in 1999. Routledge is an imprint of Taylor & Francis, an informa company.

Playing with Fire

The Wellness Sense

Indulekha

Chemmeen

Short Stories

Sober Curious

This Anthology Of Papers Presented At A Seminar Organised By The Sahitya Akademi In March 1988, Takes Stock Of The Indian Poetry Of The Five Decades After Independence, Raises Basic Conceptual Questions, Examines Paradigm Shifts And Interrogates The Established Canons By Foregrounding Marginalised Voices. The Papers Examine The Growth Of Modern Sensibility In Indian Poetry In Specific Linguistic Contexts, Relates It To General Cultural Issues And Examines Post-Colonial Avant-Grade Trends Including The Feminist And The Dalit Movements. The Papers Are Collected Under Three Heads: yModernism In Retrospecty Examines The Historical, Political And Aesthetic Aspects Of Modernism;yAfter Modernism: Articulating Resistancey Takes A Close Look At The Alternative Trends That Challenge The Status-Quoist Mainstream Poetry;yPoetry As Discourse: Some General Issuesy Takes Up Some General Issues Concerning The Present And Future Of Poetry, Including The Problems Of The Translation Of Poetry. K. Satchidanandan Who Has Edited This Volume Is A Pioneer Of Modern Poetry And Criticism In Malayalam With 18 Collections Of Poetry, Two Plays, 15 Collections Of Critical Articles And Interviews And 15 Collections Of Translated Poetry.. He Now Heads The Sahitya Akademi, The Indian National Academy Of Letters

The influenza pandemics of 1918, 1957, and 1968 offer a warning to the world about the potential dangers of the influenza virus. In 2006, after a series of cases and clusters of the highly pathogenic H5N1 avian virus made clear the threat of a possible pandemic, the U.S. Congress allocated \$39 million to the Department of Defense Global Emerging Infections Surveillance and Response System (DoD-GEIS) to increase and improve its worldwide influenza surveillance network through upgrades to its domestic and overseas laboratories' capabilities. An Institute of Medicine (IOM) committee was subsequently formed to evaluate the effectiveness of these laboratory-based programs in relation to the supplemental funding, and the report that follows details the committee's findings. The committee that prepared this report, the Committee for the Assessment of DoD-GEIS Influenza Surveillance and Response Programs, was convened at the request of DoD-GEIS management to evaluate the execution of the fiscal year 2006 supplemental funding for avian influenza/ pandemic influenza (AI/PI) surveillance and response. The committee was tasked with evaluating the DoD-GEIS AI/PI surveillance program for the worth of each funded project's contribution to a comprehensive AI/PI surveillance program; the adequacy of the program in view of the evolving epidemiologic factors; responsiveness to the intent of Congress as expressed in Sec. 74B, H.R.1815, Pandemic Avian Flu Preparedness; consistency with the DoD and national plans; and coordination of efforts with CDC, WHO, and local governments. Review of the DoD-GEIS Influenza Programs: Strengthening Global Surveillance and Response reviews the development of conclusions and recommendations with long-term, program-level relevance as well as conclusions and recommendations regarding the improvement of specific DoD-GEIS projects.

Perhaps the only novel to have been reprinted nearly every year for over a hundred years, Indulekha (1889) is widely held to be the first Malayalam novel. Often called an 'accidental' and 'flawed' work, at its core lies a love story. The setting of the novel is the Nair community of Kerala, which had for centuries practised polyandrous matriliney, a most unusual form of inheritance through the woman whom both property and authority flavoured. It gives us glimpses of prevalent social practices much debated amongst a people already under colonial pressure to change their ways of life. Written by a Nair, Indulekha is not a grandiose outpouring but the author's effort to achieve certain

social goals: firstly, to create a novel much like those of the English authors he had read, and secondly, to illustrate Nair society at that time, both of which met with success. The novel influenced the deliberations of the Malabar Marriage Commission which it predated, and of which Chandum enon was a member. This novel will appeal to general readers interested in Indian writings in translation. Students of literature, history and culture, political and legal theory, and gender studies, will also find it useful.

Marthanda Varma

The Theory of Everything

Influence of English on Malayalam Novels

Agnisakshi

The Heartfulness Way

Across the planet, the futures of young people hang in the balance as they face the harsh realities of the environmental crisis. This urgent book chronicles the lives of the diverse young people on the frontlines of the environmental crisis around the world, amplifying the stories of those living at the heart of the crisis. Advocating for the protection of both people and the planet, Bella restores the beating heart to global environmental issues, from air pollution, to deforestation and overconsumption by telling the stories of those most directly affected. Transporting us from the humming bounty of Ecuador’s Choco Rainforest and the graceful arcs of the Himalayan Mountains, to the windswept plains and vibrant vistas of life in Altiplano, Bella speaks to young activists from around the world including Dara McAnulty, Afroz Shah and Artemisa Xakriaba and vividly brings the crisis to life. Bella’s manifestos for change will inspire you to rediscover the wonders and wilds of nature, listen to different perspectives and, ultimately, change the way you think about our planet in crisis. This is your chance to hear the urgent stories of an endangered species too often overlooked- the children of the Anthropocene.

Emotion “One can make any emotion into a creative force in one’s life.” – Sadhguru It’s not just poetic license that allows us to refer to emotions as “juicy”. In a literal sense also, emotions are a chemical cocktail that course through our bodies. But while we have no problems with pleasant emotions, unpleasant emotions are the source of much angst in our lives. In Emotion: The Juice of Life, Sadhguru looks at the gamut of human emotions and how to turn them into stepping stones rather than stumbling blocks. Relationships “If you enhance yourself into a very beautiful state, everyone will want to hold a relationship with you.” – Sadhguru Human beings constantly make and break relationships. Unfortunately, relationships can make and break human beings too. Why are relationships such a circus for most of us? What is this primal urge within us that demands a bond – physical, mental, or emotional – with another? And how do we keep this bond from turning into bondage? These are the fundamental questions that Relationships: Bond or Bondage looks at as Sadhguru shares with us the keys to forming lasting and joyful relationships, whether they are with husband or wife, family and friends, at work, or with the very existence itself.

Sadhguru is a yogi and profound mystic of our times. An absolute clarity of perception places him in a unique space in not only matters spiritual but in business, environmental and international affairs, and opens a new door on all that he touches.

The only novel of one of Keralaas leading women writers, Lalithambika Antharjanam’s Agnisakshi is a telling account of a woman’s life glowing as though purified in the “fire of sacrifice”. Set against the history of Kerala, and life, customs, habits, and culture of the Namboodiri community,along with the fervent cries of the Indian National Freedom struggle, the characters act out their unforgettable roles: Tethi, the dazzling but disappointed bride who renounces worldly life; Unni Namboodiri, whose adherence to the Vedic way of life destroys his personal happiness; and Thankam,Unni’s Nair cousin and the mighty Aphan Namboodirias daughter, seeking her own liberation from the past.True to the lyrical and emotional tone of the original, Vasanthi Sankaranarayanan’s translation offers a moving portrait of upper-class, upper-caste Kerala society just before and after Independence.

Malayalam Literary Survey

The Children of the Anthropocene

An Inside Story

The Poison of Love

Trees of Delhi

Hangwoman

A restlessness born of guilt and despair leads Ravi to embark on a journey that ends in the remote village of Khasak in the picturesque Palghat countryside in Kerala. A land from the past, potent with dreams and legends, enfolds the traveller in a powerful and unsettling embrace. Ravi is bewitched and entranced as everything around him—the villagers; their children whom he teaches in a makeshift school; the elders who see him as a threat; the toddy-tappers; the shamans—takes on the quality of myth. And then reality, painful and threatening, begins to intrude on the sojourner’s resting place and Ravi begins to understand that there is no escape from the relentless dictates of karma... Often poetic and dark, always complex and rich, The Legends of Khasak, O.V. Vijayan’s much-acclaimed first novel, translated into English by the author, is an extraordinary achievement

Najeeb’s dearest wish is to work in the Gulf and earn enough money to send back home. He achieves his dream only to be propelled by a series of incidents, grim and absurd, into a slave-like existence herding goats in the middle of the Saudi desert. Memories of the lush, verdant landscape of his village and of his loving family haunt Najeeb whose only solace is the companionship of goats. In the end, the lonely young man contrives a hazardous scheme to escape his desert prison. Goat Days was published to acclaim in Malayalam and became a bestseller. One of the brilliant new talents of Malayalam literature, Benyamin’s vry and tender telling transforms this strange and bitter comedy of Najeeb’s life in the desert into a universal tale of loneliness and alienation.

Death is a taboo in most societies in the world. But what if we have got this completely wrong? What if death was not the catastrophe it is made out to be but an essential aspect of life, rife with spiritual possibilities for transcendence? For the first time, someone is saying just that. n this unique treatise-like exposition, Sadhguru dwells extensively upon his inner experience as he expounds on more profound aspects of death that are rarely spoken about. From a practical standpoint, he elaborates on what preparations one can make for one’s death, how best we can assist someone who is dying and how we can continue to support their journey even after death. Whether a believer or not, a devotee or an agnostic, an accomplished seeker or a simpleton, this is truly a book for all those who shall die!

Encyclopaedia of Indian Literature

A-Devo

Manjaveyil Maranangal

A Preface to Man

Poovan Banana and the Other Stories

An English Translation of Vaikom Muhammad Basheer’s Balyakalaskahi