

## Read Free Basic Water Rescue Reference Guide

# Basic Water Rescue Reference Guide

*Serves as an index to Eric reports [microform].*

*From the reviews: "...is a "must" for serious field novices, and for seasoned middle-career and senior practitioners in hydrogeology, mainly those people who answer a calling to offer honest and accurate hydrogeological approximations and findings. Any engineering geologist or groundwater geologist who claims capability as a "Hydrogeologist" should own this book and submit it to highlighting and page tabbing. Of course, the same goes for those who practice in karst terranes, as*

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*author LaMoreaux is one of the pioneers in this field, worldwide..." (Allen W. Hatheway)*  
*Water aerobics etc.*

*Basic Skills for Emergency Responders*

*Boating Information*

*Guide to the evaluation of educational experience in the Armed Service 76*

*Handbook for Public Playground Safety*

*The Food Safety Information Handbook*

*Annual Index*

The most comprehensive manual on how to kayak safely in a wide variety of sea environments--from inland waterways to ocean rock gardens, tide rips, surf zones, and the open ocean. Aimed at beginners

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through experienced kayakers, this book describes how to deal with hazards, not just avoid them, using real-life, extensively tested techniques proven to work. You'll learn fundamental skills for recovery and rescue, and master safe paddling techniques in ocean conditions. Numerous photos accompany step-by-step descriptions of the Eskimo roll, towing methods, self- and partner-rescues, backup strategies, and group dynamics. The second edition has a fresh chapter on fine-tuning your strokes, which will significantly increase kayaking fun and safety.

As the number of community pools

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and waterparks grows nationwide, participation in aquatic activities is also growing. Lifeguards must receive proper and effective training, and maintain their skills to ensure their ability to work effective with others as a part of a lifeguard team. This manual will supplement your in-service training to keep your knowledge and skills sharp.

The Cal/OSHA Pocket Guide for the Construction Industry is a handy guide for workers, employers, supervisors, and safety personnel. This latest 2011 edition is a quick field reference that summarizes selected safety standards from the California Code

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of Regulations. The major subject headings are alphabetized and cross-referenced within the text, and it has a detailed index. Spiral bound, 8.5 x 5.5"

The NSTA Ready-reference Guide to Safer Science

Aquatics

Monthly Catalog of United States Government Publications

Basic Water Rescue

Cal/OSHA Pocket Guide for the Construction Industry

Civil Engineer's Reference Book

***In one concise volume, you can learn—and master like a pro—all the ways to put up food in jars, from water-bath canning to***

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*pressure canning, from pickling to jam-making, and beyond! Whether you are a gardener, a fan of farmers' markets, or just someone who likes to browse the bountiful produce at the supermarket, canning and preserving are easy, fun, and affordable ways to enjoy fresh-grown foods all year long. This book provides all the information you need to know to get started today, including basic steps to canning foods safely and easily; recipes for preserving everything from*

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tomatoes and jams to soups, sauces, and other hearty meals; and tips on how to find the freshest local produce. Clear, easy-to-follow instructions with color photographs make this a must-have book. The recipes include lots of preparations, both savory and sweet, and they range from blue-ribbon classics like dilly beans, sweet gherkins, applesauce, strawberry jam, and sauerkraut to new creations like Lavender Apple Butter, Raspberry-Rhubarb Sauce, Green Tomato Chutney, and

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*Hibiscus Lime Jelly.* A special chapter introduces readers to jam- and jelly-making using Pomona's pectin, which requires little to no added sugar—thereby letting the natural sweetness of the fruit shine through beautifully. This comprehensive book teaches beginners how to get started and gives seasoned veterans new techniques and recipes to try. Discusses the history and techniques of swimming and diving, safety rescue techniques, and skills for a variety of aquatic



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*activities.*

*After an examination of fundamental theories as applied to civil engineering, authoritative coverage is included on design practice for certain materials and specific structures and applications. A particular feature is the incorporation of chapters on construction and site practice, including contract management and control.*

*Guitar Scales in Context  
Guide to Sources for  
Agricultural and  
Biological Research*

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*Technical Skills for  
Adventure Programming  
A Bibliography, 1977 : a  
Subject Bibliography from  
Highway Safety Literature  
An Informational Guide  
Integrating Economic and  
Safety Perspectives*

The Maritime Engineering Reference Book is a one-stop source for engineers involved in marine engineering and naval architecture. In this essential reference, Anthony F. Molland has brought together the work of a number of the world's leading writers in the field to create an inclusive volume for a wide audience of marine engineers, naval architects and those involved

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in marine operations, insurance and other related fields. Coverage ranges from the basics to more advanced topics in ship design, construction and operation. All the key areas are covered, including ship flotation and stability, ship structures, propulsion, seakeeping and maneuvering. The marine environment and maritime safety are explored as well as new technologies, such as computer aided ship design and remotely operated vehicles (ROVs). Facts, figures and data from world-leading experts makes this an invaluable ready-reference for those involved in the field of maritime engineering. Professor A.F. Molland, BSc, MSc, PhD, CEng, FRINA. is Emeritus

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Professor of Ship Design at the University of Southampton, UK. He has lectured ship design and operation for many years. He has carried out extensive research and published widely on ship design and various aspects of ship hydrodynamics. \* A comprehensive overview from best-selling authors including Bryan Barrass, Rawson and Tupper, and David Eyres \* Covers basic and advanced material on marine engineering and Naval Architecture topics \* Have key facts, figures and data to hand in one complete reference book  
If you're looking for a book that will improve your knowledge and technical instruction skills in land, water, and snow and ice sports and

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activities, this is it Technical Skills for Adventure Programming: A Curriculum Guide is an all-in-one resource, based on current methods, that will guide you in becoming a skilled adventure instructor in the classroom and in the field. This book includes

- comprehensive units with lesson plans for 12 popular outdoor adventure activities;
- 7 to 15 progressive, pedagogically sound lesson plans for each unit, featuring foundational teaching methods, experiential learning activities, and assessment strategies for adventure technical skills;
- a CD-ROM with printable lesson plans and supporting materials for each unit that make it easy to print only

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what you will need in the field; and  
-an overview of the teaching process as it relates to adventure-based activities, including discussions of adventure education theory, learning styles, experiential learning and teaching, and outdoor teaching tips and considerations.

Edited by nationally known outdoor adventure educators, this book allows you to tap into the knowledge and expertise of skilled instructors who present progressive technical skills for these activities:

- Backpacking
  - Canoeing
  - Caving
  - Ice climbing
  - Mountain biking
  - Mountaineering
  - Nordic skiing
  - Rafting
  - Rock climbing
  - Sea kayaking
  - Snowshoeing
  - Whitewater kayaking
- Throughout

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the guide, the expert instructors share insights, best practices, and field-tested lesson plans that help you teach essential skills to new outdoor and adventure enthusiasts. Lesson plans include a topic overview, equipment information, basic skill instruction, Leave No Trace practices, and safety considerations. You'll also find outcomes and assessment protocols for each lesson as well as information on modifying some of the activities to include people with disabilities. The format of the lessons provides you with the flexibility to select and use the plans and assessment strategies appropriate for your group's ages, ability levels, time constraints, and

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settings. Both a classroom and field-friendly guide, *Technical Skills for Adventure Programming: A Curriculum Guide* supports common practices and standards of the Wilderness Education Association, Outward Bound, Leave No Trace, the American Mountain Guide Association, the American Canoe Association, and the National Association for Sport and Physical Education. And it will prepare those with experience to confidently teach a dozen popular land-based, water-based, and winter activities.

*Exam Prep: Technical Rescue-High Angle* is designed to thoroughly prepare you for a Technical Rescue certification, promotion, or training



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examination by including the same type of multiple-choice questions you are likely to encounter on the actual exam. To help improve examination scores, this preparation guide follows Performance Training Systems, Inc.'s Systematic Approach to Examination Preparation. Exam Prep: Technical Rescue-High Angle is written by fire personnel explicitly for fire personnel, and all content has been verified with the latest reference materials and by a technical review committee. Your exam performance will improve after using this system!

Sea Kayaking Safety and Rescue  
Field Methods for Geologists and Hydrogeologists

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Nuclear Science Abstracts  
Basic Aquarium Setup and  
Maintenance

American Red Cross Lifeguarding  
Manual

A Curriculum Guide

This title is part of UC Press's Voices Revived program, which commemorates University of California Press's mission to seek out and cultivate the brightest minds and give them voice, reach, and impact. Drawing on a backlist dating to 1893, Voices Revived makes high-quality, peer-reviewed scholarship accessible once again using print-on-demand technology. This title was originally published in 1981.

"Attention all emergency

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responders and trainers with public service responsibility for water safety and rescue - this book is for you! This complete, up-to-date source book is a must for any water rescue curriculum. An essential resource for the professional rescuer, it is also a user-friendly reference for the weekend water recreationist, including demographics, causes, and scenarios of water-related accidents; up-to-date rescue information on new and improved techniques; preventive strategies; personal safety and survival of the rescuer; medical transportation techniques; and fundamental responses to aquatic accident."--BOOK JACKET.Title

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For beginning aquatic fancier looking to start out right with fish, *Freshwater Aquariums* by David Alderton is the ideal primer. A vertebrate that breathe primarily by means of gills and swim by means of fins is the author's lead-in to the first chapter called "What are Fish?" Alderton builds the reader's confidence by providing solid information about what fish are anatomically speaking, how they evolved, how they breathe, how they move, where they live, and how they behave. The new fancier's aquarium begins in chapter two with instructions on setting up the

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tank, including selecting the right size, figuring out how many fish, setting the tank, equipment, substrate, heating, lighting, filtrations, plants, water chemistry, assembly, and more. Choosing the freshwater fishes that appeal to the reader is the subject of "Introducing the Categories of Fish," which schools readers in seven categories: Cyprinids (e.g., goldfish, minnows, and barbs), Characins (e.g., tetras), Cichlids (e.g., oscars, angelfish, and discus), Anabantoids (gouramis, bettas/Siamese fighting fish, and paradise fish), Toothcarps (guppies, swordtails, platies, black mollies, and killifish), Catfish, and others (loaches and Chinese algae eaters). The purchasing,

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maintenance, and feeding of fish are described in considerable details, and the author gives a basic overview of breeding and keeping fish healthy as well.

Resources, glossary, and index conclude the book.

The 1984 Guide to the Evaluation of Educational Experiences in the Armed Services

Roundabouts

The Complete Reference Guide for Aquatic Fitness Professionals

Dad's Guide to Baby's First Year For Dummies

A Reference Guide to the Kriegsmarine 1935-1945

Federal Register

TRB's National

Cooperative Highway

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Research Program (NCHRP) Report 672: Roundabouts: An Informational Guide - Second Edition explores the planning, design, construction, maintenance, and operation of roundabouts. The report also addresses issues that may be useful in helping to explain the trade-offs associated with roundabouts. This report updates the U.S. Federal Highway Administration's Roundabouts: An Informational Guide,

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based on experience gained in the United States since that guide was published in 2000. Exotic Fruits Reference Guide is the ultimate, most complete reference work on exotic fruits from around the world. The book focuses on exotic fruit origin, botanical aspects, cultivation and harvest, physiology and biochemistry, chemical composition and nutritional value, including phenolics and antioxidant compounds.



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This guide is in four-color and contains images of the fruits, in addition to their regional names and geographical locations. Harvest and post-harvest conservation, as well as the potential for industrialization, are also presented as a way of stimulating interest in consumption and large scale production. Covers exotic fruits found all over the world, described by a team of global contributors Provides quick and easy

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access to botanical information, biochemistry, fruit processing and nutritional value  
Features four-color images throughout for each fruit, along with its regional name and geographical location  
Serves as a useful reference for researchers, industrial practitioners and students  
Your comprehensive, practical guide to dadhood Your new baby is nothing short of a

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miracle—and it's no wonder you want to keep your bundle of joy safe and sound through every stage of their first year. Dad's Guide to Baby's First Year For Dummies takes the guesswork out of being your baby's primary caregiver, giving you sound instruction and helpful advice on looking after your baby, the essential gear you'll need to baby-proof your home, practical solutions to common parenting

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challenges, and so much more. Whether it's due to a fledgling economy or a simple sign of modern times, more and more men are staying at home with the kids while their breadwinning wives or partners deal with rush hour traffic.

Whatever the reason you've decided to take on the role of Mr. Mom, *Dad's Guide to Baby's First Year For Dummies* offers all the friendly guidance and trusted tips you need to be a fantastic full-time

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parent. Look after your baby and teach children great skills Help your partner through pregnancy, birth, and beyond Follow the habits of highly successful dads Be a hands-on, stay-at-home dad If you're a proud papa-to-be, Dad's Guide to Baby's First Year For Dummies ensures all your bases are covered, so you can spend less time fretting about fatherhood and more time cherishing your wee one.

The Maritime Engineering

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Reference Book

The Practical Reference Guide

The Book Thief

Hitler's Navy

Safety Risk Management

Final Report

***\* Useful to engineers in any industry \* Extensive references provided throughout \****

***Comprehensive range of topics covered \* Written with practical situations in mind A plant engineer is responsible for a wide range of industrial activities, and may work in any industry. The breadth of knowledge required by such professionals is so wide that previous books addressing plant***

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*engineering have either been limited to certain subjects or cursory in their treatment of topics. The Plant Engineer's Reference Book is the first volume to offer complete coverage of subjects of interest to the plant engineer. This reference work provides a primary source of information for the plant engineer. Subjects include selection of a suitable site for a factory and provision of basic facilities (including boilers, electrical systems, water, HVAC systems, pumping systems and floors and finishes). Detailed chapters deal with basic issues such as lubrication, corrosion, energy conservation, maintenance and*

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*materials handling as well as environmental considerations, insurance matters and financial concerns. The authors chosen to contribute to the book are experts in their various fields. The Editor has experience of a wide range of operations in the UK, other European countries, the USA, and elsewhere in the world. Produced with the backing of the Institution of Plant Engineers, this work is the primary source of information for plant engineers in any industry worldwide.*

*Guitar Scales in Context Guitar Scales in Context goes further than every other scale dictionary available: it provides you with*



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*backing tracks and licks for every one of the essential 18 scales and modes that it covers. With over 50 backing tracks included, each scale is analysed, discussed and shown in the five most commonly used patterns. Each scale shape is given with a corresponding chord, triad and arpeggio pattern to help you build and memorise the scale, both physically and aurally. Each scale has an extensive information page giving examples of its use and a description of its unique character. Finally, so you can experience how each scale sounds and feels, three live-recorded example licks are given so you can instantly put the scales into musical context. Guitar*

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*Scales in Context is essential reading and practical application for anyone wanting to develop their fretboard skills, music theory and aural awareness. Scales Covered Include: The Major Scale The Dorian Mode The Phrygian Mode The Lydian Mode The Mixolydian Mode The Aeolian Mode The Locrian Mode The Minor Pentatonic (Blues) Scale The Major Pentatonic (Blues) Scale The Melodic Minor Mode The Lydian Dominant Mode The Altered Scale The Harmonic Minor Scale The Phrygian Dominant Mode The Mixolydian Bebop Scale The Dorian Bebop Scale The Half Whole Diminished Scale The Whole*

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*Tone Scale Scroll up to buy Guitar Scales in Context now.*

*Rescue activities must start as soon as possible after attack in order to accomplish the rescue of the greatest number of people before hazards such as fire, impending building collapse, rising water, nuclear radiation, etc., restrict rescue operations.*

*Water Rescue*

*The Ultimate Guide to Preserving and Canning*

*Decision-makers' Guide in Water Supply Management*

*Technical Reports of the National Highway Traffic Safety Administration*

*A Guide to Ship Design,*

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### *Construction and Operation Basic Rescue Course, Instructor's Guide*

Within the area of safety, different perspectives exist on how to provide an adequate basis for managing risk. Safety experts emphasize the cautionary principle, stating that in the face of uncertainty, caution should be the dominant standard. On the other hand, relying on economic assessment often leads to decisions made using expected values to optimize return on investment. Safety Risk Management: Integrating Economic and Safety Perspectives aims to illuminate this dichotomy while debating important questions. For

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example, is 'safety always first?' Additionally, in many risk environments only partial knowledge is available and limited emphasis may be mistakenly given to uncertainty. Risk management deals with balancing the dilemma inherent in exploring opportunities on the one hand, and avoiding losses, accidents, and disasters, on the other. Safety Risk Management: Integrating Economic and Safety Perspectives comprises a collection of work in this field with special focus given to situations with the potential for substantial reward but also with the possibility of immense losses and extreme consequences. This book aims to contribute to clarifying the problem

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by proposing an appropriate basis for managing risk to meet related practical challenges. The book consists of two parts: chapters covering fundamental concepts and approaches; and, chapters illustrating applications of these fundamental principles.

The German Navy, both before the War and throughout the years of fighting, was heavily outnumbered by the navies of Great Britain and the United States; nonetheless, it proved to be serious thorn in the sides of its adversaries. The U-boat war in the North Atlantic threatened the very liberation of Europe, while the major warships posed a constant threat to the Allied shipping lanes. This important

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reference book is an indispensable guide to the ships, organisation, command and rank structure, and leaders of the Kriegsmarine, and helps explain why it was such a potent force. A detailed text, augmented by photos, maps and diagrams, studies the German Navy from the Treaty of Versailles to the collapse of the U-boat offensive and the demise of the Third Reich. After covering the background organisation and naval bases, the author gives detailed descriptions of all the classes of ship from the battleships to motor torpedo boats and minesweepers. The officers and sailors are covered along with their uniforms and awards and insignia. Biographies of

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notable personalities and a chronology of the main naval events are included, as well as appendices and a select bibliography. Based on the author's 1979 title *The German Navy in World War Two*, this is a classic work of reference for a new generation of readers.

As a science educator, you know the importance of using the best safety practices to protect your students physically during hands-on science instruction. But do you also know how to protect yourself legally even in aging facilities and crowded labs? Learn the regulations and how to apply them with this clear, easy-to-use guide to both safety practices and legal standards. The



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NSTA Ready-Reference Guide to Safer Science is a compendium of 39 "Scope on Safety" columns from Science Scope, NSTA's member journal for middle schools. Major sections cover safety practices and legal standards, on subjects as diverse as asbestos, ergonomics, and bloodborne pathogens, and instructional safety, including the challenges of occupancy loads, field trips, and safer science for special-needs students. Each section is divided into four parts: general science, chemistry, physical science, and biology. An appendix includes the NSTA position statements related to safer practices and resources and referenes from all the columns. But

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especially intriguing is the section devoted to questions teachers ask. Is it safe to allow backpacks, open-toe shoes, and long synthetic nails in the lab? Are microwave ovens safe to use for heating liquids for experiments? Can ether be safely used to anesthetize fruit flies in a lab? With this book on your shelf, you can quickly find out.

Plant Engineer's Reference Book  
From mild to wild, the essential guide for beginners through experts  
Monthly Catalogue, United States  
Public Documents  
Exotic Fruits Reference Guide  
1977 supplement

**#1 NEW YORK TIMES BESTSELLER**  
• **ONE OF TIME MAGAZINE'S 100**

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### *BEST YA BOOKS OF ALL TIME*

*The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen*

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books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. "The kind of book that can be life-changing." –*The New York Times* "Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank." –*USA Today*

**DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.**

*Basic Water Rescue* Swimming and Water Safety St. Louis,

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*Mo. ; Toronto : Mosby  
Lifeline*

*Outbreaks of E. Coli and Salmonella from eating tainted meat or chicken and Mad Cow Disease have consumers and the media focused on food safety-related topics. This handbook aimed at students as well as consumers is an excellent starting point for locating both print and electronic resources with timely information about food safety issues, organizations and associations, and careers in the field.*

*American Red Cross Water Safety Instructor's Manual  
Research in Education*

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*Swimming and Water Safety Journal*

*Resources in Education*

*Foolproof Techniques, Expert Guidance, and 110 Recipes from Traditional to Modern*