

Download Free Cascade Alpine Guide Climbing High Routes

Cascade Alpine Guide Climbing High Routes

This popular climbing guidebook for the Cascades includes 100 routes, displayed in overlays on photographs.

A guide to the best alpine rock climbs in the Sierra Nevada Mountains of California. Lavishly illustrated with maps, topos and photographs
An outstanding mountaineer's

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informative portraits of thirty-five great and representative North American peaks--including Mounts McKinley and St. Helens, Pike's Peak, Ship Rock, and Mount Whitney

Exit 38 Rock Climbing Guide

The Good, the Great, and the Awesome Olympic Mountains

Cascade Alpine Guide, Vol. 2; Stevens Pass to Rainy Pass

Climbing and High Routes, Stevens Pass to Rainy Pass

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* For climbers who know the basics and are ready to venture at higher altitudes* Written by longtime guides and climbing instructors certified by the American Mountain Guide Association (AMGA)* Teaches situational thinking and learning as well as techniqueThis intermediate-level guide addresses tools, skills, and techniques used in alpine terrain including rock, snow, ice, and glaciers at moderate altitude - approximately 5000 meters (16,000 feet) and lower. The technical protection systems are covered, of course. But 30 years of alpine climbing experience has convinced the authors

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that mastery - and safety - lie in the far more difficult task of knowing exactly which techniques to use, where and when. Therefore, they teach step-by-step decision-making skills, providing scenarios, checklists, and self-posed questions to inform the decision process. Alpine Climbing assumes some prior knowledge, primarily in rock climbing skills and techniques. Basic knots, belaying, rappelling, building rock anchors, leading, placing rock protection, and movement skills on rock: variations of these skills that are of particular value in the alpine environment are addressed in this

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book.

Rock Climbing and Alpine Climbing guidebook to peaks and routes in the Cascade Mountains of Washington and British Columbia.

* A classic of mountaineering literature *
Beckey's name is synonymous with mountaineering in Alaska, Canada and the western US * Peppered with personal anecdotes and unique photographs This biography of Alaska's Mount McKinley presents a complete history of one of the world's great mountains. Author and famed mountaineer Fred Beckey starts with McKinley's geology and covers early human history, from native

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associations with Denali to the influx of Russian fur traders and American prospectors. The mountaineering history of McKinley follows, with a look at the gold seekers and surveyors who were among the first to map the region. Beckey examines the efforts of those who raced to be first on McKinley's summit and details the first complete ascent by Hudson Stuck in 1913. The chronology continues with profiles of notable summit attempts, including those of the author himself. Also included is information about the challenges and logistics of climbing Mount McKinley, with information on planning,

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permits, suggested routes, and what to expect. Personal anecdotes and previously unpublished photographs make this volume a must-have for historians and climbers everywhere.

Climbing & High Routes, 3rd Edition

Backcountry Ski & Snowboard Routes Washington

Alpine Climbing

Cascade Alpine Guide: Stevens Pass to Rainy Pass

Oregon High

CLICK HERE to download a sample route from Backcountry Ski & Snowboard Washington Ski and

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snowboard adventures can be found year-round when you know where to look — start here! * Only Mountaineers Books offers guidebooks for backcountry ski routes in Washington, and this is the newest and best available! *Backcountry skiing is one of the fastest growing winter sports * Written by the authors of the bestselling instructional text on the sport, Backcountry Skiing Washington's Cascades, Olympics, and Mount Rainier are prime destinations for backcountry ski and snowboard adventure, and no one is better qualified to write this guidebook than Martin Volken and his team at Pro Guiding Service,

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based in the Cascade foothills. The all-new guidebook includes 80 routes throughout the state — plus one in British Columbia! — Ideal for intermediate to expert skiers or snowboarders. It features routes ranging from accessible day trips suitable for relative beginners to more challenging multiday traverses. It's a guide to the very best routes available to skiers and boarders throughout the state. Each route includes the following elements: * Starting elevation and high point * Elevation gain and loss * Route distance * Time required * Recommended skill and fitness levels * Best season to ski * Maps and permits info * Driving

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directions, from nearest major town or junction * Detailed route description * Backcountry Ski & Snowboard Routes: Washington also includes an introduction by legendary Northwest skier Lowell Skoog.

First comprehensive account of the 19th-century exploration and survey of the northern Cascades Ice climbing continues to grow more popular every year. Advances in equipment and technique have helped make the sport accessible to a wide variety of outdoor enthusiasts. How to Ice Climb! is the most complete and up-to-date reference available on the

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sport. Sean Isaac and Tim Banfield provide essential information for beginners and valuable tips for experts. Starting with an overview of the history of ice climbing, the authors move on to cover equipment selection, approach strategies, avalanche safety, hazard management, movement skills, anchor systems, overhanging ice, mixed climbing, and more. All facets of ice climbing are thoroughly examined and explained. Full color photos complement the text to make How to Ice Climb! the most complete resource available. LOOK INSIDE FOR: Expert advice Tricks and techniques Full color photos Inspiration and

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motivation

Washington's 100 Highest Peaks: Routes For Hikers, Scramblers, And Climbers

Cascade Alpine Guide: Rainy Pass to Fraser River Climbing and High Routes. Columbia River to Stevens Pass

Cascade Alpine Guide: Rainy Pass to Fraser Pass

**** Cascades climbing routes -- the guidebooks relied on for more than 25 years * Northwest climbing legend Fred Beckey has summited and explored***

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hundreds of Cascade peaks * Hand-drawn maps and photos with route overlays, as well as approach information Volume II in the classic Cascade Alpine Guide series features expert information on more than 300 climbing and high routes in the Cascades. This volume covers the middle of the Cascade Range, from the foothills east of Puget Sound to Lake Chelan. You'll find geographical, historical, and geological overviews of the majestic mid-Cascade region, plus

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important tips on safety and backcountry usage. Legendary author/climber Fred Beckey includes technical and grade information for each route to make clear exactly what type of climb you are embarking upon.

CLICK HERE to download a sample from Washington Scrambles Scrambles are for people who need to be on a mountain top, but don't need a rope to get there! • An out-of-print guidebook completely redone and brought back by reader

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demand • 80 challenging, but non-technical, ascents in Washington, plus 5 traverses Alpine scrambling is a form of nontechnical mountaineering that falls somewhere between high altitude hiking and rock climbing. Ropes and other aids typically are not needed. This new, fully revised second edition features 85 routes, including 25 all-new scrambles not in the first edition, as well as a new chapter covering five high-alpine traverses in the North Cascades. All

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routes are displayed on maps, many of which indicate alternative routes to the primary way up. Keep stats? Then you'll also appreciate the all-new "scramble statistics" table.

Fred Beckey's 100 Favorite North American Climbs is the magnum opus of the greatest American climber of the past century. Fred's intimate, detailed knowledge of the mountains and climbs he chronicles here create an unparalleled guidebook and must-have for every

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climber's bookshelf - as well as a great read for any armchair adventurer. Filled with hand-drawn climbing topos, photos, narrative description, side notes and 40 extra climbs of note in each of the eight geographical regions. This is the guide for every climber's bookshelf.

Climbing and High Routes, Columbia River to Stevens Pass

Cascade Alpine Guide: Columbia River to Stevens Pass

Range of Glaciers

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***Leadership Lessons from Mount Everest and Other Extreme Environments
Columbia River to Stevens Pass
Summit Routes takes you to the apex of Washington's 100 highest peaks. From easier trail routes to true wilderness experiences, from just beyond the pass to the top of Mount Rainier, this guide shows the way with detailed approach and route descriptions, photos with route overlays, and itineraries that group peaks into multiday outings.***

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Whether you are a hiker or an experienced climber, Summit Routes will get you into the mountains and on top of the world.

The long-awaited revision of Fred Beckey's comprehensive and indispensable climbing guide is here at last. The first volume in the classic Cascade Alpine Guide series, Columbia River to Stevens Pass features expert information on more than 300 climbing and high routes, including Mount

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Rainier. Here you'll find geographical, historical, and geological overviews of the majestic North Cascades region, plus important tips on safety and backcountry usage and enough technical and grade information to make clear exactly what type of route you are embarking upon. The new, third edition is thoroughly revised and updated with new maps and photos, plus all the most recent resource materials. Without a doubt, this exhaustive resource should be a staple

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in every serious mountaineer's collection.

**** Fred Beckey is synonymous with Cascades climbing and is said to have completed more first ascents than any other climber in history * Includes detailed appendix of all Beckey's ascents from 1936-1968 This book documents more than three decades of adventure in the peaks of the North Cascades. In this absorbing memoir, climbing legend Fred Beckey shares his unique experiences,***

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from achieving personal triumphs to facing the challenges of nature. It's a must for every mountaineering enthusiast's bookshelf!

Cascades Rock

Challenge of the North Cascades

The Essential Guide

Fifty Classic Climbs of North America

Ice Crown of North America

Detailed narratives profile fifty challenging climbs in premier mountaineering areas, describing the physical features and surroundings of the Alaskan

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ranges, the Rockies, the Bugaboos, the Washington Cascade, and the Sierra Nevada

Comprehensive climbing approach, route guides to Washington's Cascades.

FOREWORD BY LEGENDARY DUKE BASKETBALL

COACH MIKE KRZYZEWSKI *On the Edge is an engaging leadership manual that provides concrete insights garnered from various extreme environments ranging from Mt Everest to the South Pole. By reflecting on the lessons learned from her various expeditions, author Alison Levine makes the case that the leadership principles that apply in extreme adventure sport also apply in today's extreme business environments. Both settings require you to*

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be able to make crucial decisions on the spot when the conditions around you are far from perfect. Your survival -and the survival of your team-depend on it. Featuring a Foreword from legendary Duke University basketball coach Mike Krzyzewski who knows all about leadership, On the Edge provides a framework to help people scale whatever big peaks they aspire to climb-be they literal or figurative-by offering practical, humorous, and often unorthodox advice about how to grow as a leader.

On the Edge

Mount McKinley

A Climbing Guide

Mountains of North America

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Techniques to Take You Higher

Panther Gorge explores the history one of the most remote regions in New York's Adirondack High Peak region. Two thousand feet deep and riddled with sheer cliffs, the chasm lies between Mts. Marcy and Haystack, the state's first and third highest points. A surprisingly rich history begins on a pathless landscape and includes visits by the earliest Adirondack pioneers including surveyor Verplanck Colvin, guides O.S. Phelps and Jim Goodwin, author Alfred B. Street, and a host of others. Panther Gorge also documents the author's explorations into the region during the period from 2009-2018 to pioneer new rock and ice climbs. Detailed narratives, over 170 color photographs, maps, and route plates allow the reader to vicariously experience one of the most mysterious places in the Adirondack high country.

Describes the routes to eighteen volcanoes on peaks such as Mount

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Shasta, Mount Rainier, and Mount Hood

Details 49 ascent routes, features 5 maps and 75 photos. Includes notes on natural history.

Washington Scrambles

Fred Beckey's 100 Favorite North American Climbs

Selected Climbs in the Cascades Vol 1, 2nd Ed.

Climbing Washington's Mountains

Summit Routes

Fred Beckey's 100 Favorite North American Climbs is the culmination of a 70-year career of first ascents and features compelling writing about the mountains and mountain life. Includes

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route tips, natural history, and climbing lore. Filled with hand-drawn climbing topos, photos, narrative description, side notes and 40 extra climbs of note in each of the eight geographical regions.

This select guide includes detailed, easy to follow directions to climbing 100 of Washington's most visible, historically significant, and interesting mountains with summits over 5,000 feet. From introductory level off-

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trail summit hikes and scrambles to multi-pitch alpine rock and high volcano climbs, this guide is suitable for beginning scramblers and alpine rock climbers as well as more experienced climbers. Blending all types of climbing at all levels of difficulty, you'll find routes to popular scrambling peaks such as Mount Si, classic alpine rock peaks such as Prusik Peak, and to big volcanoes including Mount Rainier. Fully revised

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and updated, this book has been praised by scramblers, alpine rock climbers, volcano climbers, and trip leaders alike as being an accurate, user-friendly guide with superb, easy-to-follow route descriptions and drawings, to the summits of the mountains that people actually want to climb.

The godfather of North Cascades climbing updates the third of his seminal guides to this wild range. Included are 10 new topos, updated

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maps, over 100 photographs (75 with route overlays), route information and driving directions. Hikers, scramblers, serious climbers and Northwest rescue organizations, alike, have relied on Fred Beckey's Cascade Alpine Guides for decades to lead them through this wild mountain range. In addition to their comprehensiveness, the books provide a rare combination of aerial photos with route overlays, three-dimensional illustrated maps and climbing topos. The

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section of the North Cascades covered in this volume is roughly a pie-shaped area bounded by Hwy 97 and the Columbia River to the east, Lake Chelan to the west, and Hwy 20 to the north. Except for glaciers and some year-round snow fields, it's mostly dry, lonesome, open country, with beautiful granite spires jutting to the sky.

*Climbing the Cascade Volcanoes
100 Classic Summit Routes to
Washington's Cascade and Olympic*

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Mountains

Multipitch Climbs of All Grades

Climbing Mount Rainier

**A Climbing Guide to Nine Cascade
Volcanoes**

Columbia River to Stevens Pass**The Mountaineers Books**
Key to exploring these challenging peaks is this classic climber's guide to the Olympics. Here are detailed route descriptions for the hard basalt lava peaks of Constance and The Brothers, the high-angle faces of The Needles and Sawtooth Ridge, the hard sandstone and vast glaciers of Mt. Olympus, and hundreds of other mountains large

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and small. The text also provides general information on the mountains and all access routes, plus winter travel information, ski and snowshoe routes, and high alpine traverses.

The only climbing guide devoted to Washington's Olympic National Park--now completely updated and expanded with more than thirty percent additional new material.

Panther Gorge

How to Ice Climb!

*The Guidebook to the Top 40 High Sierra Rock Climbs
Classic Cascade Climbs*

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Climber's Guide to the Olympic Mountains