

how we can connect to our inner longings and creative “shakti” energy to allow the transformative gifts and blessings of meditation to unfold. With playfulness and devotion—two key attitudes in sustaining a daily practice—she shares indispensable guidance for this voyage of self-discovery, including: How to tune in to your own “meditation channel,” a bandwidth of tranquillity, energy, and joy Why you don’t need a quiet mind to meditate How the force known as Kundalini can fuel your practice Connecting to your ever-present Inner Beloved to let go of conditioned ideas about yourself and make space for the True Self to come forth Ripening your practice beyond technique into the “sweet mysterious expanse of spontaneous meditation” More than 20 practices for bringing the peace and insight of meditation into your daily life “Remember: what you seek in meditation is your own Beloved, your own inner intelligence, your own Awareness, and your own Truth,” teaches Sally. Meditation for the Love of It points us back to our own intimate heart of hearts, our own deepest experience, and the bliss of existence itself. Contents Introduction: Awakening to Meditation Chapter One: The Lure of Meditation Chapter Two: How Do We Experience the Inner Self? Chapter Three: Preparing for Practice Chapter Four: Choosing the Right Doorway Chapter Five: Moving Inward: The Practice of Oneness Chapter Six: Working with the Mind, Part I: Navigating the Thought-Stream Chapter Seven: Working with the Mind, Part II: Liberating Your Thoughts Chapter Eight: Letting the Shakti Land Chapter Nine: Where Do You Find Yourself? A Road Map to the Meditation Journey Chapter Ten: Coming Out of Meditation: Contemplation, Recollection, and Journal Writing Chapter Eleven: The Daily Life of a Meditator: Holding Inner Attention Chapter Twelve: The Three-Week Breakthrough Program Chapter Thirteen: The Process of Ripening Epilogue: Let the Inner Dance Unfold Praise “This is the classic wisdom of the East, cast in a very personal and accessible form. It is authoritative and inspiring and will make you want to meditate for the highest reasons and in the most effective ways.”

—Andrew Weil, MD, author of Spontaneous Healing and Meditation for Optimum Health “A thoughtful, intuitive, and uncommonly well-written book, which can only be welcomed by all who follow the way of meditation.” —Peter Matthiessen, author of The Snow Leopard

“Sally Kempton is one of the great realized teachers on the meditation path, whose Integral understanding of life merges seamlessly with her mastery of meditation. She is a guide for our time.” —Ken Wilber, author of A Brief History of Everything “Love this book! I’m grateful to Sally for this how-to guide to the soul and am excited to deepen my own experience of meditation through her inspiration and guidance.” —Seane Corne, international yoga teacher and activist, cofounder of Off the Mat, Into the World

In this inspiring guide to achieving happiness and wellness in life, work, and relationships, a “go-to life coach for those in the know” (InStyle) reveals how to use astrology as a roadmap to success. For thousands of years, people have looked to the night sky for guidance. Yet these days it’s so easy to lose touch with the universe and the important direction it can provide. In The Signs, astrologer and life coach Carolyn Faulkner reveals how the ancient wisdom of the stars can empower you to get the most out of life. Faulkner’s method is not about nebulous predictions or fate. It’s about discovering the qualities, good and bad, associated with your natal chart—the position of the planets at the time of your birth—and using that knowledge to inform your decisions and relationships. Easy to use and designed as both an introduction for the cosmically curious and a deep dive for experienced spiritual seekers, this guide shows you how to interpret your chart, find balance, and reconnect with yourself. Consult The Signs to learn what to do when: • You’re an inflexible Taurus, resistant to change. (Create things. Even a home-cooked meal will heal you in wondrous ways.) • You live with an argumentative Aries. (Never fight fire with fire. Wait till your partner calms down to discuss your feelings.) • You have Capricorn influence. (Shed the need to conform. Structure is important, but it needs to be flexible enough to change as we grow.)

Psychology and the Chakra System As a Path to the Self

A 49-card Deck and Guidebook

Oracle of the 7 Energies

Reclaiming Mind, Body & Spirit Through the Chakras

Born Knowing

Anthroposophical Leading Thoughts

Decode the Stars, Reframe Your Life

Highly sensitive people—or empaths—see life through the eyes of compassion and caring. They were born that way. As a result, they carry a tremendous amount of inner light. But they’re also the favored prey of “vampires” who feed off empaths’ energy and disrupt their lives on every level—physical, emotional, and financial. In Dodging Energy Vampires, Christiane Northrup, M.D., draws on the

latest research in this exciting new field, along with stories from her global community and her own life, to explore the phenomenon of energy vampires and show us how we can spot them, dodge their tactics, and take back our own energy. You'll delve into the dynamics of vampire-empath relationships and discover how vampires use others' energy to fuel their own dysfunctional lives. Once you recognize the patterns of behavior that mark these relationships, you'll be empowered to identify the vampires in your life too. In these pages, Dr. Northrup opens up a toolbox full of techniques you can use to leave these harmful relationships behind; heal from the darkness they've cast over your mind, body, and spirit; and let your own light shine. In the end, you may find yourself healthier, happier, wealthier, and more vibrant than you ever believed possible.

J Krishnamurti (1896-1986) was one of the most important spiritual leaders of his time. Discovered by the Theosophist as a boy in India, he was groomed by them as the new Messiah, a role he rejected when he set out independently on his own spiritual quest. Travelling the world, lecturing and teaching, he acquired an enormous following, including many eminent statesmen and intellectuals. As one of Krishnamurti's closest friends and devotees, Mary Lutyens is uniquely qualified to write his biography. Indeed, she has written three previous volumes on him, but only after his death in 1986 did she feel able to produce this book, bringing the life and philosophy of this fascinating and complex man into true perspective.

Revised edition of the groundbreaking New Age book that seamlessly merges Western psychology and science with spirituality, creating a compelling interpretation of the Eastern chakra system and its relevance for Westerners today. In *Eastern Body, Western Mind*, chakra authority Anodea Judith brought a fresh approach to the yoga-based Eastern chakra system, adapting it to the Western framework of Jungian psychology, somatic therapy, childhood developmental theory, and metaphysics and applying the chakra system to important modern social realities and issues such as addiction, codependence, family dynamics, sexuality, and personal empowerment. Arranged schematically, the book uses the inherent structure of the chakra system as a map upon which to chart our Western understanding of individual development. Each chapter focuses on a single chakra, starting with a description of its characteristics and then exploring its particular childhood developmental patterns, traumas and abuses, and how to heal and maintain balance.

Tecniche straordinarie per emanare energia, potenziare l'aura e armonizzare i chakra Avete mai sentito parlare della meditazione con i chakra e dell'armonia dei chakra? Conoscete l'importanza dell'equilibrio interiore e della meditazione? Vi sentite spossati, stressati, dormite poco e male? Allora dovete assolutamente provare questa guida, che vi insegnerà a rilasciare l'energia chiusa in voi risolvendo le ostruzioni dei chakra, che possono indebolirvi sia fisicamente che emozionalmente! In questo libro imparerete: ... Perché i chakra sono importanti... Cosa può bloccare un chakra... L'importanza dell'equilibrio interiore e della meditazione ... I diversi punti chakra e i loro effetti ... Tutti i vantaggi della meditazione coi chakra e della loro armonizzazione Fate del bene al vostro corpo e trovate il tempo e l'interesse per conoscere i vostri chakra I chakra sono importanti per la salute del corpo e hanno influenza positiva su eruzioni cutanee, ipertensione, diabete, insonnia, ADHD, influenza, spossatezza, debolezza, sovrappeso, e molto altro. Questa guida contiene tecniche e strategie provate e testate che vi aiutano ad addentrarvi nella meditazione coi chakra, e vi insegnano diversi modi per bilanciarli nella giusta armonia. Inoltre vi fornirà tutte le informazioni sui diversi tipi di chakra e i loro effetti. Contenuto della guida: - Cosa sono davvero i chakra- I punti chakra e le loro influenze- Altri vantaggi dell'equilibrio interiore e della meditazione - Perché i chakra sono importanti per il benessere psicofisico - Diverse tecniche per mettere in armonia i chakra - Come mantenersi in salute mentale ed emozionale - Tecniche di meditazione addizionali - e molto altro ... Come bonus ricevete anche consigli su come migliorare meditazione e peso-forma attraverso una dieta adeguata. Scaricate ora il libro a un prezzo scontato! L'offerta è valida solo per un breve periodo! Cliccate sull'icona del carrello e ricevete subito la vostra copia! Tags: chakra yoga, capire i chakra, chakra principianti, chakra italiano, essenze chakra, colori chakra, cura chakra, meditazione, meditazione chakra, guida chakra, aprire chakra, pulizia chakra, chakra significato, energia, relax, chakra del cuore, imparare meditazione, potere spirituale, consapevolezza, illuminazione, chakra radice

The Gift of Anger

Activate the Healing Power of Chakras with Everyday Rituals

A Guide to Healing Through the Human Energy Field : a New Paradigm for the Human Being in Health, Relationship, and Disease
Hundred languages of children
Without a Country
Creative, Sacred & Invincible

The Whole Truth About the Illuminati and the New World Order

The sages of Tantra taught that when we follow the path of Shakti, the sacred feminine principle personified by the goddesses of yoga, we awaken the full potential of our own inner energies. Kali, teaches Sally Kempton, may be both the most powerful—and misunderstood—goddess of all. Kali—her name means “Black One”—is the original Dark Goddess, whose hidden gift is ecstasy. She brings both fierceness and love, destruction and rebirth—and untamed courage and freedom for those willing to fully comprehend and embrace her many gifts. In this e-book, readers are invited to explore teachings, stories, meditations, prayers, poems, mantras, invocations, and rituals to align with this cosmic force of radical transformation. Program Highlights Kali as the Mirror of Our Own Inner State Kali the Blood Drinker The Two Faces of the Dark Goddess Kali and the Ego Kali's Fierce Forms Kali's Role in Spiritual Liberation Contemplation: The Felt Sense of Kali in Your Life The Tantric Kali: Deity of Heroes The Kali Woman: Archetype of Feminine Power, Sexuality, and Force A Kali Asana Practice A Contemplation on Kali's Audacity The Shadow Kali Kali as the Inner Voice of Destructive Rage Dialoguing with Kali (a guided practice) Kali as the Human Teacher A Visualization Practice for Offering Your Negative Tendencies to Kali's Fire Unlocking the Hidden Kali Meditation: Kali as the Great Void

Presentation Silence, the highest region of our soul. Of all languages, silence is that of perfection because it is the expression of our spirit that prompts us to review our life, to reflect on it and to learn from it. All this work of detachment, simplification and synthesis leads us to the true understanding of things, which is the essential goal of all spiritual practice. 'How wrong we are to think that silence denotes emptiness, nothingness, the absence of all activity or creation. In reality, there is more than one kind of silence: the silence of death and the silence of a higher degree of life. It is this silence, that of the higher degree of life, that concerns us here and that we must try to understand. This is not the silence of inertia; on the contrary, it is the stillness that surrounds a work of great intensity taking place in a climate of perfect harmony. Nor is it emptiness or absence; on the contrary, it is fullness, a fullness comparable to that experienced by two human beings who love each other very deeply and share something that cannot be expressed in words or gestures. Silence is a quality of the inner life.' Omraam Mikhaël Aïvanhov Table of contents 1 - Noise and Silence 2 - Achieving Inner Silence 3 - Leave Your Cares at the Door 4 - Make Your Meals an Exercise in Silence 5 - Silence, a Reservoir of Energies 6 - The Inhabitants of Silence 7 - Harmony, the Essential Condition for Inner Silence 8 - Silence, the Essential Condition for Thought 9 - The Quest for Silence is the Quest for the Centre 10 - Speech and the Logos 11 - A Master Speaks in Silence 12 - The Voice of Silence is the Voice of God 13 - The Revelations of a Starry Sky 14 - A Silent Room

Catalogo della mostra che da oltre trentacinque anni viaggia con successo in tutto il mondo. Il libro, costruito a più voci, attraverso una ricchissima e diversificata documentazione presenta l'evoluzione dell'esperienza pedagogica di Reggio Emilia e il pensiero di Loris Malaguzzi.

The recent explosion of knowledge in neuroscience has enormous implications for the practice of psychoanalysis, and The Mind-Brain Relationship offers an indispensable introduction to the seemingly unfamiliar, intimidating, and yet exciting and essential field of neuropsychology.

Awakening Shakti

Man's Eternal Quest

Creative Imagination in the Sufism of Ibn Arabi

The Astral Body and Other Astral Phenomena

Traditional Japanese Healing Techniques from the Founder of the Western Reiki System

Ecopsychology

An Empath's Guide to Evading Relationships That Drain You and Restoring Your Health and Power

This book is written in a simple and easy-to-understand language by scientist-biologist Dr. Vladimir Antonov. It covers the essential issues: what is God, the place of human being in the Evolution of the Universal Consciousness, principles of forming and correction of destiny, ways of attaining health and happiness, most effective methods of psychic self-regulation, about spiritual development and cognition of God.

With over 1 million copies sold worldwide and translated into 29 languages, Dr. Alex Loyd's international bestselling book is a life-changing program that uses energy medicine to heal mental and physical challenges. The Healing Code is your healing kit for life—to recover from the issues you know about, and repair the ones you don't. The book also includes: The Seven Secrets of life, health, and prosperity The 10-second Instant Impact technique for defusing daily stress The Heart Issues Finder, the only test that identifies your source issues in a succinct personalized report Dr. Alex Loyd discovered how to activate a physical function built into the body that consistently and predictably removes the source of 95% of all illness and disease. His findings were validated by tests and by the thousands of people from all over the world who have used The Healing Code's system to heal virtually any physical, emotional, or relational issue. His testing also revealed that

there is a "Universal Healing Code" that will heal most issues for most people. In this book you will get that Universal Healing Code, which takes only minutes to do.

Discover ten vital and extraordinary life lessons from one of the most important and influential philosophers and peace activists of the twentieth century—Mahatma Gandhi—in this poignant and timely exploration of the true path from anger to peace, as recounted by Gandhi's grandson, Arun Gandhi. In the current troubled climate, in our country and in the world, these lessons are needed more than ever before. "We should not be ashamed of anger. It's a very good and a very powerful thing that motivates us. But what we need to be ashamed of is the way we abuse it." —Mahatma Gandhi Arun Gandhi was just twelve years old when his parents dropped him off at Sevagram, his grandfather's famous ashram. To Arun, the man who fought for India's independence and was the country's beloved preeminent philosopher and leader was simply a family member. He lived there for two years under his grandfather's wing until Gandhi's assassination. While each chapter contains a singular, timeless lesson, *The Gift of Anger* also takes you along with Arun on a moving journey of self-discovery as he learns to overcome his own struggle to express his emotions and harness the power of anger to bring about good. He learns to see the world through new eyes under the tutelage of his beloved grandfather and provides a rare, three-dimensional portrait of this icon for the ages. The ten vital life lessons strike a universal chord about self-discovery, identity, dealing with anger, depression, loneliness, friendship, and family—perfect for anyone searching for a way to effecting healing change in a fractured world.

In this first volume of the collected talks and essays of Paramahansa Yogananda, readers will journey through some little-known and seldom-explained aspects of meditation, life after death, healing, and the power of the mind.

How to Experience Out-Of-Body Travel

The Mystery of the Aleph

Dodging Energy Vampires

The Path of Silence

Molecules of Emotion

Tecniche Straordinarie per Emanare Energia, Potenziare l'aura e Armonizzare I Chakra

Tibetan medicine is a rarified field with few publications in English; it is also one of the most comprehensive of alternative therapies, addressing body, mind, and spirit. Written for intermediate-level practitioners, *Essentials of Tibetan Traditional Medicine* brings this important healing tradition to Western practitioners. The book begins by summarizing the basics behind Tibetan medical theory and its methods of diagnosis. The second part of the book presents the core concepts of wind, bile, phlegm, dark phlegm, epidemic fever, heat, and cold, along with their corresponding nosologies, differential diagnoses, and treatments. The third section covers therapeutics, with an emphasis on medicinals—the mainstay of contemporary practice. A chapter on therapeutic strategies discusses unclear diagnosis and other challenging clinical situations. Other chapters explore the crucial components of lifestyle and diet. Each herb and animal product used in Tibetan medicine is profiled on its own page, with its Tibetan, common, and botanical names; its key properties and clinical uses; its known pharmacological properties; and a simple illustration. This useful handbook concludes with a description and indepth analysis of some 60 frequently used formulas.

Selected essays on such topics as freedom, responsibility, anxiety, and psychotherapy probe the problems faced by contemporary man. Embrace the timeless teachings of the chakra system for peace of mind, better physical health, and a sense of alignment, fulfillment, and purpose. The key to optimal health and well-being is within us, in powerful energy centers called chakras.

Ancient cultures understood the sacred healing power of chakras and that self-care aligned with nature. In *Chakras & Self-Care*, you'll engage in a series of meditative exercises that activate and balance each of your seven main chakras. Reiki master and wellness expert Ambi Kavanagh also offers daily and seasonal rituals to show us that true prevention not only comes from the ways we care for our bodies, but the ways we spend our energy. *Chakras & Self-Care* features:

- Affirmation, visualization, and activation exercises to align and balance each chakra for improved energetic flow
- A comprehensive guide to the seven main chakras plus astrological and elemental correspondences and goddess archetypes
- Essential oil blend recipes and sacred stones to open and support each chakra
- Daily rituals to recharge and restore your mental, emotional, physical, and spiritual health
- Seasonal energy rituals to reconnect with nature's rhythms and lunar cycles

Learn how to awaken your own psychic abilities as you read John Holland's fascinating story. Born Knowing is John's first book. In an open and candid way, he explains how he dealt with his conflict of coming to terms with, and finally accepting, his rare ability as a spirit messenger who helps people connect with those who have passed on.

The Life and Death of Krishnamurti

Hands of Light

The Healing Code

Psychology and the Human Dilemma

Charge and the Energy Body

Mathematics, the Kabbalah, and the Search for Infinity

Essentials of Tibetan Traditional Medicine

Journeys into the work of Georg Cantor, a Russian-born German mathematician, who developed set theory and the concept of infinite numbers, but was condemned by his peers and spent many years in an asylum.

Use the power of life force to live your highest potential. We all know what it's like to have a "charge" about something. It's a feeling of excitement, fear, sexual arousal, or irritation. But what we don't currently know is how to use charge for the behaviors we want to create. Charge is a word for the basic life force running through us. This force is crucial if we are to meet the challenges of difficult situations, heal past wounds and traumas, and manage the stress of modern life. Even more, it is essential for understanding how to master your own life force and become all you can be. This book makes an important contribution to the growing field of Energy Medicine, by looking at charge as the interface between mind and body, and the missing ingredient in Mind-Body healing. It brings the reader into a deep intimacy with their own life force, as well as an understanding of how charge runs their relationships, their children, their clients, and patients. It examines how we can become "overcharged" or "undercharged" and how to bring about balance through practices of charging and discharging. Each chapter gives simple exercises to put these principles into practice. World-renowned teacher, somatic therapist, best-selling author, and advanced yoga teacher, Anodea Judith, Ph.D., addresses all this and more in her groundbreaking book on mastering the life force. Taken from her decades of teaching on the subject and her doctoral work in Mind-Body medicine, this book contributes something entirely new to the literature on healing self and others.

"Leading thoughts" and letters for members of the Anthroposophical Society (CW 26) "The leading thoughts here given are meant to open up subjects for study and discussion. Points of contact with them will be found in countless places in the anthroposophic books and lecture courses, so that the subjects thus opened up can be enlarged upon and the discussions in the groups centered around them." --Rudolf Steiner This key volume contains Rudolf Steiner's "leading thoughts," or guiding principles, and related letters to members of the Anthroposophical Society. Using brief, aphoristic statements, Steiner succinctly presents his spiritual science as a modern path of knowledge, accompanied by "letters" that expand and contextualize the guiding thought. These 185 thoughts constitute invaluable, clear summaries of Steiner's fundamental ideas--indeed, they contain the whole of Anthroposophy. They are intended not as doctrine, but to stimulate and focus one's study and discussion of spiritual science. "Anthroposophy is a path of knowledge to guide the Spiritual in the human being to the Spiritual in the universe.... "Anthroposophy communicates knowledge that is gained in a spiritual way.... "There are those who believe that with the limits of knowledge derived from sense perception the limits of all insight are given. Yet if they would carefully observe how they become conscious of these limits, they would find in the very consciousness of the limits the faculties to transcend them." --Rudolf Steiner This volume is a translation of Anthroposophische Leitsätze, Der Erkenntnisweg der Anthroposophie--Das Michael-Mysterium (GA 26).

Techniques for healing, utilising the seven energy centres of ancient medicine.

Miracles

Shambhala

Meditation for the Love of It

Chakras & Self-Care

Chakra

And Other Lessons from My Grandfather Mahatma Gandhi

Why You Feel the Way You Feel

From the international bestselling author of Last Train to Istanbul comes a novel based on true events that explores the depths of pride, devotion, and persistence as four generations of a family struggle to forge their destinies. As Hitler's reign of terror begins to loom large over Germany, Gerhard and Elsa Schliemann--like other German Jews--must flee with their children in search of sanctuary. But life elsewhere in Europe offers few opportunities for medical professor Gerhard and his fellow scientists. Then they discover an unexpected haven in Turkey, where universities and hospitals welcome them as valuable assets. But despite embracing their adopted land, personal and political troubles persist. Military coups bring unrest and uncertainty to the country, intermarriage challenges the cultural identity of Gerhard and Elsa's descendants, and anti-Semitism once again threatens their future in the place they call home. From World War II to the age of social media, one family's generations find their way through love and loss, sacrifice and salvation, tragedy and triumph--with knowledge hard won and passion heartfelt.

The manual consists of the story of Dr. Hayashi including unpublished photos and main exercises of the Hayashi Reiki system.

Explains the science behind the brain's opiate receptors and other evidence of the intimate connections between mind and body, and their meaning for the future of Western medicine

Cosa sono i chakra e come possiamo potenziarli per trarne un beneficio? Questo e molto di più impareremo in questa guida. Tecniche straordinarie per emanare energia, potenziare l'aura e armonizzare i chakra. Avete mai sentito parlare della meditazione con i chakra e dell'armonia dei chakra? Conoscete l'importanza dell'equilibrio interiore e della meditazione? Vi sentite spossati, stressati, dormite poco e male? Imparerete come rilasciare l'energia chiusa in voi risolvendo le ostruzioni dei chakra, che possono indebolirvi sia fisicamente che emozionalmente! In questo libro imparerete:... Perché i chakra sono importanti... Cosa può bloccare un chakra... L'importanza dell'equilibrio interiore e della meditazione... I diversi punti chakra e i loro effetti... Tutti i vantaggi della meditazione coi chakra e della loro armonizzazione E non solo c'è molto di più... I chakra sono importanti per la salute del corpo e hanno influenza positiva su eruzioni cutanee, ipertensione, diabete, insonnia, ADHD, influenza, spossatezza, debolezza, sovrappeso, e molto altro. Inoltre, vi fornirà tutte le informazioni sui diversi tipi di chakra e i loro effetti.

Adventures Beyond the Body

Eastern Body, Western Mind

The Sevenfold Journey

The Mystical Qabalah

The Signs

Confessions of an Illuminati, Volume I

The Mind-Brain Relationship

According to esoteric teachings we have an energy body of lighter, less dense material that is connected to our physical bodies. Those who can see it call it the aura and can sometimes tell the state of a person's health by the way it appears. Those who use its energy refer to the force as prana, chi, vital force, orgone or a number of other names. There are seven energy points, called chakras, where this energy collects in the etheric body. Working with the chakras and these spiritual energies can play a big part in the psychic development and enlightenment of those sensitive enough to work on these levels. This book shows you how. Subjects include a chapter on each chakra center; also Prana, or Vitality; Force-Centres, Kundalini, Healing, Mediumship, Birth, Death, Mesmerism, Magnetisation of Objects, Ectoplasm, and more.

A penetrating analysis of the life and doctrines of the Spanish-born Arab theologian. Originally published in 1969. The Princeton Legacy Library uses the latest print-on-demand technology to again make available previously out-of-print books from the distinguished backlist of Princeton University Press. These editions preserve the original texts of these important books while presenting them in durable paperback and hardcover editions. The goal of the Princeton Legacy Library is to vastly increase access to the rich scholarly heritage found in the thousands of books published by Princeton University Press since its founding in 1905.

Nonostante lo sviluppo di una definizione matematica e rigorosa del continuo attraverso i lavori di Cantor e lo sviluppo teoria degli insiemi a fine '800, la continuità del tempo rimane un problema per la filosofia contemporanea. Questo vale soprattutto per quelle teorie che accentuano la natura dinamica del tempo e del cambiamento, come la teoria A del tempo e in particolare il presentismo. Come è possibile pensare il tempo come continuo e perciò come esteso, se esso è, in quanto dinamico, in eterno divenire? Come possiamo concepire la continuità del tempo in contrapposizione alla continuità dello spazio? Attraverso un'analisi di diverse concezioni del continuo nella storia della filosofia così, il presente volume intende esplorare diverse risposte a tali domande.

With this powerful book, bestselling author Stuart Wilde shows you that to create miracles, you have to be very clear about what it is you want. By being forthright and acting as if you have already obtained the object or condition that you desire, you create such a powerful energy that the Universal Law gives you whatever you are seeking.

CHAKRA; Scopri le Tecniche per Risvegliare I Chakra e Trovare la Strada Della Felicità Emanando Energia Positiva

The Etheric Double

Awakening to Kali

A Medium's Journey-- Accepting and Embracing My Spiritual Gifts

Enjoying Your Own Deepest Experience

An introduction to out-of-body travel which describes the author's various astral journeys, and offers step-by-step instructions for embarking on voyages through new dimensions and worlds beyond everyday life.