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**Clinical Naturopathic Medicine  
is a foundation clinical text  
integrating the holistic  
traditional principles of**

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**naturopathic philosophy with the scientific rigour of evidence-based medicine (EBM) to support contemporary practices and principles. The text addresses all systems of the body and**

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**their related common conditions, with clear, accessible directions outlining how a practitioner can understand health from a naturopathic perspective and apply naturopathic medicines**

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**to treat patients individually. These treatments include herbal medicine, nutritional medicine and lifestyle recommendations. All chapters are structured by system and then by condition, so readers**

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**are easily able to navigate the content by chapter and heading structure. The content is designed for naturopathic practitioners and students (both undergraduate and postgraduate levels) and for**

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**medical and allied health professionals with an interest in integrative naturopathic medicine. detailed coverage of naturopathic treatments provides readers with a solid understanding of the major**

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**therapeutic modalities used within naturopathic medicine each system is reviewed from both naturopathic and mainstream medical perspectives to correlate the variations and synergies of**

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**treatment only clinically efficacious and evidence-based treatments have been included information is rigorously researched (over 7500 references) from both traditional texts and recent**



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**research papers the content skilfully bridges traditional practice and EBM to support confident practitioners within the current health care system Piper is the representative genus of family Piperaceae.**

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**Piper species are pan-tropical in distribution and found in both the hemispheres. As the king of all spices, black pepper, *Piper nigrum*, led to the global expeditions culminating in the discovery of**

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**India and the new world. Piper species have been reported to possess various pharmacological activities such as insecticidal, antibacterial, anti-inflammatory, antiplatelet,**

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**anti-hypertensive, antithyroid, antitumor activities and hepatoprotective properties. Botanical authentication of the plants of Piper species is difficult because of the morphological similarity**

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**among the species. This book describes ultra-performance liquid chromatography coupled with triple quadrupole electrospray tandem mass spectrometry in multiple reactions monitoring (MRM)**

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**mode to study the quantitative variation of thirteen bioactive markers in different plant parts of ten Piper species. Features: Collection of Ayurvedic features and scientific evidence of the most**

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**important medicinal plants of Piper species. Describes chemical signatures for identification of Piper species. Provides easy-to-use analytical procedure for quality control of Piper species and its**

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chart. 50 evidence-based monographs, including 7 new herbs Rational guidance to phytotherapeutic strategies in the consulting room New appendices provide useful information on topics such as herbal actions, dosage in children and reading and interpreting



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Depression is a poorly used term and is often not diagnosed when it should be, or diagnosed and treated when it

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shouldn't. Clinicians face a wide range of presentations, and the challenge of delineating true depression from normal human responses to difficult situations; they then have to decide the best course of treatment. 'Fast Facts: Depression' will help health

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professionals to navigate the complexities of diagnosing and managing this common condition. It provides concise and clear descriptions of the features, identification and management of depression as well as the wider context of cause, prevention,

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and cost. The 4th edition of 'Fast Facts: Depression' has been fully updated using the DSM-5 diagnostic criteria and the latest recommendations from research reviews and clinical practice guidelines, and includes a new chapter on depression in women. It is ideal for

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healthcare professionals working in primary care and specialist medical centers, and is ideal for anyone who wants to better understand depression as both an international public health problem and a common clinical mental health disorder. Contents: □ Overview □

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to individual patient problems. Anatomy and physiology content in each body system overview chapter provides basic information for understanding the body system and its disorders, and appears along with Focused Assessment boxes

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highlighting the key tasks of data collection for each body system.

Assignment Considerations, discussed in Chapter 1 and highlighted in feature boxes, address situations in which the RN delegates tasks to the LPN/LVN, or the LPN/LVN assigns tasks to nurse

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assistants, per the individual state nurse practice act. Gerontologic nursing presented throughout in the context of specific disorders with Elder Care Points boxes that address the unique medical-surgical care issues that affect older adults. Safety Alert boxes call out

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specific dangers to patients and teach you to identify and implement safe clinical care. Evidence-based Practice icons highlight current references to research in nursing and medical practice. Patient Teaching boxes provide step-by-step instructions and

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health care standards, including QSEN competencies, hypertension, diabetes, and hypoglycemia, to relate national standards to LPN/LVN practice.

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“Top Doc” for a nominal fee. Some payers offer incentives to patients who chose to be treated at “Centers of Excellence” or similar facilities; the definition of “Excellence” may be unclear. There is little consensus on how to

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measure quality, how to incorporate patient and procedure factors and achieve accurate risk adjustment, and how to define value of care. Regardless of these challenges, regulatory efforts in the US, as well as numerous

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international efforts, make quality assessment and quality reporting an important part of physician behaviour. Physician and facility reimbursement for procedures are often tied to quality metrics. Spine procedures are costly, elective,

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