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Coaching The Tiki Taka Style Of Play

Rondos develop a player's speed of thought, speed of play, individual and collective ball retention

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capabilities, footwork, agility, soccer problem solving skills, team work and ability to create a rhythm or tempo of play. These are essential and critical skills in the game of soccer. Watch a full

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11v11 game and see how many touches each player gets. Research indicates players will touch the ball 20-40 times in the course of a 90 minute game. Rondo can increase a player's skill level quickly because they

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are put in realistic game-like situations over and over again in a small time frame. A player can touch the ball twenty to forty times in a 5 minute period playing rondo. The touches in rondo are meaning full

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touches as well; they require players to find solutions to high pressure defending situations that are game related and virtually non-stop. “The Science of Rondo” is the ultimate book for coaches

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who want their teams to develop by using rondo training. The book includes my personal rondo-training curriculum that I use with my team. It contains rondo variations, progressions and transitions. I show you how

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to combine rondos with passing patterns, fitness exercises and game related possession drills. If you want to understand rondo and rondo training methods, than this book is for you. Enjoy. More than 6 years after his

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death David Halberstam remains one of this country's most respected journalists and revered authorities on American life and history in the years since WWII. A Pulitzer Prize-winner for his ground-

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breaking reporting on the Vietnam War, Halberstam wrote more than 20 books, almost all of them bestsellers. His work has stood the test of time and has become the standard by which all journalists

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measure themselves. Bill Belichick's thirty-one years in the NFL have been marked by amazing success--most recently with the New England Patriots. In this groundbreaking book, THE EDUCATION OF A COACH, David

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Halberstam explores the nuances of both the game and the man behind it. He uncovers what makes Bill Belichick tick both on and off the field.

After the hugely popular Volume 1, Volume 2 gives you

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another rare opportunity into Pep Guardiola's Training Sessions with 85 Practices taken directly from Pep's training sessions including: Technical Circuits, Passing, Rondos, Positional and Possession

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Games, Small to Large Sided Games at Manchester City, Bayern Munich and FC Barcelona.

This book gives you a rare opportunity to use Pep Guardiola's Practices and learn from one of the best

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coaches in the history of football. The 88 Attacking Combinations and Attacking Positional Patterns of Play included are taken direct from Pep Guardiola's training sessions at Manchester City, Bayern

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Munich and FC Barcelona.
The Education of a Coach
Complexity in Games Teaching
and Coaching
Progressions, Variations &
Transitions
The evolution of football
formations and plays

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The Barcelona Way
The Evolution of Winning
Soccer Tactics from Cruyff
to Guardiola

***This study examines the
role of modern sports in
constructing national***

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identities and the way leaders have exploited sports to achieve domestic and foreign policy goals. It focuses on the development of national sporting cultures in Great Britain

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and the United States, how the rest of Europe and the world adopted or rejected their games, and the impact of sports on politics.

Ronny Mintjens, linguist, teacher, and professional

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football coach, needed to find a way to really see the world, something deeper than mere tourism. Leaving the comfort and familiarity of his own European life, Mintjens decided to pursue

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his love of professional sports and exotic cultures all at once. He began coaching football at clubs all across Africa. Beginning in southern and then moving on to eastern

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Africa, Mintjens soon realized that there was more to professional football than simply training and winning matches. Trying to find ways to make a true mark

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on the game, Mintjens travelled from one club to the next. Each club, from Mount Kilimanjaro and the Serengeti Plains to Table Mountain and the Cape of Good Hope, held its own

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surprises and boasted its own strengths and weaknesses. In the end, each had its own lessons on the intricate weaving of African culture and heritage. Leave your life

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behind and dive into the exotic world of African sports with this fascinating tale of an ambitious foreigner and his deep journey to understand football as a way of life in

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the African football club. In this relatively unknown part of the world, football is certainly more than a game. 'Does culture create competitive advantage? Case closed in this

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compelling analysis of sporting success. Read it.' - James Kerr, bestselling author of Legacy. In The Barcelona Way, sports psychologist Prof. Damian Hughes draws on exclusive

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insight into FCB as well as first-hand research from organizational psychology, to set out a method to create your own high-performance culture. At the heart of FCB's winning

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culture are a set of principles, epitomized by Pep Guardiola, Johan Cruyff, Lionel Messi and many other FCB legends, which govern how to nurture talent, prepare for

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change and provide the best environment to build a culture of sustained success. These principles: Big Picture, Arc of Change, Repetition, Cultural Architects, Authentic

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Leadership are at the heart of FCB's unprecedented domination of football, and are the key to developing high-performance cultures in any team-based organisation across every

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industry. The Barcelona Way is a hugely practical must-read that sets out a clear plan, based on the same principles, for you to create a culture of success and get the best of yourself

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and your team.

***Key to A Practical Course in
Interactive English
Grammar 9-10 The ebook
version does not contain
CD.***

The Politics and Culture of

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***Modern Sports
A Multi-Disciplinary
Perspective
FC Barcelona
Things That Smart Players
Do
Coaching the Tiki Taka***

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Style of Play

Dutch Academy Football Coaching (U12-13) - Technical and Tactical Practices from Top Dutch Coaches

The Spaniards ' approach to the

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beautiful game is not just a matter of radical short passing combinations, or very skilled players, or organized teams during the defensive phase. It is all that and much more. For many years, in Spain we have been strongly influenced by at least a dozen different football cultures and we

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have been lucky to learn from all of them, resulting in the creation of our own way of understanding the game. It would be better to say ‘ our own several ways of understanding the game ’ , because Spanish football includes Rafa Benítez, Julen Lopetegui, Pep Guardiola, Marcelino

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García-Toral, Ernesto Valverde, Roberto Martínez, Unai Emery, Luis Enrique at the same time... and many others whose coaching personality may be night and day, but who always keep three guidelines in common: passion for coaching, deep understanding of the game and

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excellence in professional performance. This book firstly analyses what we could call a ' hybrid ' tactical approach, one of those many ways of understanding the game, and later lays out another combined idea, this time looking at the grassroots level and the

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management of football academies, as a summary of the best practices of the Spanish elite clubs, above all in training methodologies.

From Cruyff's "Total Football" to the epic rivalry between Guardiola and Mourinho, a gripping chronicle of the rise and fall of Barcelona's dominance

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in world soccer. Barcelona's style of play--pressing and possessing--is the single biggest influence on modern soccer. In *The Barcelona Inheritance*, Jonathan Wilson reveals how and why this came to pass, offering a deep analysis of the evolution of soccer tactics and style. In the late 1990s,

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Johan Cruyff's Dream Team was disintegrating and the revolutionary manager had departed, but his style gave birth to a new generation of thinkers, including Pep Guardiola and José Mourinho. Today, their teams are first and second in the Premier League, marking the latest installment

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in a rivalry that can be traced back twenty-five years. The Barcelona Inheritance is a book about the tactics, the personalities, the friendships, and, in one case, an apocalyptic falling-out that continue to shape the game today.

With Attacking Soccer- Mastering the

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Modern Game every coach can set up training plans according to their needs with the help of numerous training modules compiled in a book with many illustrations.

This truly complete tactical coaching manual covers the Principles of Attack and Defense, Team Shape, Man-to-

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Man and Zonal Marking, Formations, Positions and Roles, Coaching Methods, Patterns of Play, Possession, Substitutions and more. Well written and full of clear and precise diagrams, this book is perfect for coaches at any level.

Attacking Soccer

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Football Coaches, Players And
Formations Through The Ages

More Than a Game

Mapping the Pitch

The Barcelona Inheritance

Spanish Football: Much more than
"Tiki Taka"

René Meulensteen (UEFA

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Download Free Coaching The Tiki Taka Style Of Play

Pro Licence) spent 12 years at Manchester United and was Sir Alex Ferguson's First Team Coach during the most successful years in the club's history (2007-

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2013). René's expertise provides coaches of all levels a great insight into the key aspects and methods behind Manchester United's success when they won 1

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x UEFA Champions League (+2 Runner-up), 4 x Premier Leagues and 1 x League Cup all within 6 seasons. During this period, René was responsible for creating

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and coaching all of the first team training sessions. He kept a record of every single training session in organised folders, and these Technical and

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Tactical Practices and Sessions form the basis of this book (94 Practices included). This book provides a detailed blueprint of the successful structure and

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**organisation of
Manchester United, as
well as the Management,
Leadership, Principles,
Tactics and Philosophy of
Play of the greatest
British manager in**

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history, Sir Alex Ferguson. Find out how Manchester United produced such a High Speed of Play, created Waves of Attacks, and how they scored so many

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late goals using Scenario Training ("Fergie Time"). All of this content will provide you with a great understanding of the methods behind Manchester United's

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success, from the training pitch to match days. This is your chance to practice and apply René's exact Manchester United training sessions, enabling your team to

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**reproduce Alex
Ferguson's team's
fantastic attacking style.
MANCHESTER UNITED
PRACTICE / SESSION
TOPIC EXAMPLES: Build-
up Play Switching Play**

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**Forward Passes and Runs
to Break the Lines
Attacking Overloads
Crosses and Box Runs
Attacking Combination
Play Dominating 1v1
Situations and Finishing**

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**Defensive Shape,
Pressing and Recovery
Transition from Defence
to Attack (Counter
Attacks) "Fergie Time"
Scenario Training As well
as the first team training**

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sessions, this book also shows you René's Development Model, Coaching Philosophy, and the importance of Specific Technical Training (1v1s and

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Finishing). During his time at Manchester United, René was attributed to improving the individual technique and performances of Cristiano Ronaldo, Ryan

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Giggs, Ruud van Nistelrooy, Robin van Persie, Nani, and many others. The practices he used for individual or small group training are included in this book.

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The mark of a great coach is a constant desire to learn and grow. A hunger to use whatever can make them better. The best-selling author of Teach Like a Champion

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**and Reading
Reconsidered brings his
considerable knowledge
about the science of
classroom teaching to the
sports coaching world to
create championship**

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caliber coaches on the court and field. What great classroom teachers do is relevant to coaches in profound ways. After all, coaches are at their core teachers. Lemov

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knows that coaches face many of the same challenges found in the classroom, so the science of learning applies equally to them.

Unfortunately, coaches

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and organizations have a mixed level of understanding of the research and study of the science of learning. Sometimes coaches and organizations build their

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teaching on myths and platitudes more than science. Sometimes there isn't any science applied at all. While there are thousands of books and websites a coach can

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consult to better understand technical and tactical aspects of the game, there is nothing for a coach to consult that explicitly examines the teaching problems on

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**the field, the court, the
rink, and the diamond.
Until now. Intended to
offer lessons and
guidance that are
applicable to coaches of
any sporting endeavor**

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**including everyone from
parent volunteers to
professional coaches and
private trainers, Lemov
brings the powerful
science of learning to the
arena of sports coaching**

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**to create the next
generation of
championship caliber
coaches.**

**This book takes an
informal and entertaining
look at some of the most**

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**influential football
coaches and teams in the
game's history as well as
exploring some of the
origins of football's more
well-known formations
and the players who were**

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an integral part of them. By taking an informative yet informal and entertaining look at the history and evolution of football formations and tactics, the author

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identifies just a few of some of the pioneering figures in the early years of the game, people like Jack Hunter, the visionary coach of Blackburn Olympic who prepared his

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team for a crucial match by taking them to the seaside for a few days of “...hard running on the towns famous sands as well as a regular diet of oysters, and, very

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**strictly, no beer” and the
players of Queens Park
FC who conceived and
played tiki-taka football
over a century before Pep
Guardiola and his all
conquering Barcelona**

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players were even born. Mapping The Pitch also looks at some of the great international sides in the games history, including the Hungary team which so astonished

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and captivated the sporting world in the 1950's, not least because of the role played by and exceptional ability of a player very few people will have heard of today,

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Nándor Hidegkuti, one of the forerunners of the position that made players like Pele, Cruyff and Maradona so revered in the modern game. It also explores the

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**contemporary theme
within the game that sees
teams enter matches
with a mentality of
looking not to lose rather
than to win, a telling but
subtle difference**

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**between football today
and how it was half a
century and more ago,
one typified by an
emphasis on midfield
domination and
possession-one that is**

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not so dissimilar to the priorities teams adopted in mob football in the middle ages. "A rich and privileged team of the upper classes set to take on the working class,

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cloth capped men of the town that relied upon the cotton industry to house and feed its poor against the top-hatted and tailed men of the aristocracy. There's a big budget

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movie in there somewhere, one with, as it turns out, a happy ending."

Shedding new light on sport pedagogy and the teaching and coaching of

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games, this book shows how complexity theory can be used to improve team sport performance, coach education, and young player development. The book

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draws together insights from both the humanities and behavioural sciences, including psychology, philosophy, anthropology, sociology, history, and play theory

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into a new educational methodology for team sports. It shows how concepts from complexity theory underpin and inform team sport dynamics, including the

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uncontrolled nature of live human systems; the nature of complex systems and how this shapes student and young athlete learning; self-organization and its

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relation to decision-making in play; and mental self-regulation and motivation. It presents an innovative and sophisticated definition of sport

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**pedagogy that can help
teachers and coaches
deepen their
understanding of
teaching and learning in
team sports and help
them develop more**

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**motivated, more
effective, and more
creative athletes.**

**The Complete Guide to
Coaching Soccer Systems
and Tactics**

THE World Cup 2022 Book

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**Pep Guardiola's
Positional Grid
Team Training Exercises
Using the Positional Grid
How to Create a High-
Performance Culture
Advances in Coach**

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Education and Development

This book explores the historical development of coaching traditions across Europe, placing national approaches to coaching within their cultural and political

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context. Sports coaching is a social practice that has been shaped by its cultural context, resulting in different countries being characterized by different coaching traditions. By helping us to understand the history of

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coaching across Europe, this book allows us to better understand both the history of sport and the cultural and social history of Western European nations. Drawing on cutting-edge historical research by

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international scholars, the book presents studies of coaching cultures in France, Spain, Italy, the Netherlands, Sweden, Norway and the United Kingdom. It explores how sporting histories, cultural attitudes, and

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social contexts resulted in distinctive coaching heritages, which were further shaped through coach migration and the adoption of elements of other countries' coaching structures. This book explores these

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phenomena to provide critical evidence of the historical impact of culture on the development of sports coaching. The book offers insight into the characteristics of European coaching traditions. It will be fascinating reading for

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academics in sports history, sports and coaching studies, gender studies, and transnational studies, as well as those with an interest in British or European history and social and cultural history.

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Coaching the Tiki Taka Style of Play
Soccertutor.com Limited
'A wonderful overview of tactical development in European football' Matthew Syed, The Times
'A fascinating assessment of football in 2019'

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Observer

The Dutch Academy Football Coaching (U10-11) book contains a detailed outline of the Dutch training methodology for this age group. Topics include the basic principles, the age-

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specific characteristics, coaching methods, match days, training sessions, technical practices, moves to beat, positional games and formation specific small sided games. This book contains 66 practices as used in top

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academies in the Netherlands. There are technical and tactical practices for coaches at youth level wanting to develop their team to world leading, Dutch academy standards. - Henk Mariman - Former Club Brugge

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Academy Director and AFC -
Ajax Assistant Academy Director
- Han Berger - Chairman of the
Dutch Professional Coaches
(CBV) - Louis Coolen - Former
Zenit St. Petersburg Academy
Director

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Goalkeeper Training Program -
120 Drills to Produce Top Class
Goalkeepers

Dutch Academy Football
Coaching (U10-11) - Technical
and Tactical Practices from Top

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Dutch Coaches

Spanish Academy Soccer

Coaching - 120 Practices from
the Coaches of Real Madrid,
Atlético Madrid and Athletic
Bilbao

Total Football - A graphic history

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of the world's most iconic soccer
tactics

European Conference, ECML
PKDD 2020, Ghent, Belgium,
September 14–18, 2020,
Proceedings, Part V

You've never seen football formations

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and tactic explored like they are in Total Football ever before. A must-have for football experts! A goalkeeper, two defenders and eight attackers - it's no surprise that in the 1950s under this popular formation scores like 9-3 were common. So what changed? Total Football tells the

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evolution of football tactics: from the birth of Total Football in the Netherlands to the dominance of tiki taka in Spain and Brazil, each chapter explores an iconic tactic. Innovative graphics alongside expert text guide you through the manager decisions that developed new formations, the

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pure talent of players that defined each playing style and the matches that propelled the winning tactic to legendary status. Sanjeev Shetty explores how each tactic works, how they came to dominate and how opponents worked to find a way to beat them. From Pele to Messi, Cruyff

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to Mourinho, Total Football explores the tactics that made the legends, giving you a new understanding of how the beautiful game is played. Through the years a wealth of information has been accumulated in soccer. Experiential and science-based knowledge abounds in the

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sport. Yet the scientific information has not been sufficiently disseminated to those who would benefit most from it. Soccer Science fills the void with the best and most up-to-date research in the sport. With editor Tony Strudwick and a who ' s-who list of international experts on the sport, Soccer Science

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offers you an unprecedented wealth of advanced yet accessible information on biomechanics, physiology, psychology, skill acquisition and coaching, tactical approaches and performance and match analysis. It is simply the most significant and comprehensive published work on the

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sport.

This book highlights the latest advances in coach education and development through collaborative research co-ordinated by the English Football Association, the only national governing body of sport to run a coaching research programme.

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Advances in Coach Education and Development presents the first set of studies generated by this programme that display how research has informed policy and practice within the FA. Divided into three parts, each investigates an aspect of this programme such as the FA 's coaching

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education and development provision, its commitment to developing the developer, and how its coaches put their knowledge into practice. Each chapter includes sections that examine current issues, suggest considerations for other governing bodies and pose key questions including: What can

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other governing bodies learn from the FA 's programme? What is the best way to capture and compare different coaching systems? How can other organisations optimise success within their coach education and development programmes? How can future research continue to unpack

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and understand the complex role of coach educators? Bringing together a unique set of studies covering every level of football, from elite to grassroots, this book is essential reading for any serious sports coaching student, researcher or coach educator.

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THE World Cup 2022 Book is a fun, informative look at the soccer World Cup. Here you will read summaries of each of the 32 teams competing for the cup, including their team history, current coach, their strategies and tactics on the field, and their top players to watch. The World Cup

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superstars are all presented, evaluated, and scored. The analyses of the teams and their predicted performance in Qatar will guide you through the many matches. After scanning the QR code, you will have additional bonus material on the leading scorers from past World Cups

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and background information on FIFA and Qatar; you will discover the interesting role corner kicks play in matches and which are the "top flopping" teams; and those interested in esports will find a brief bonus section on FIFAe. With this book, prepare to enjoy and follow one of the

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biggest global sporting events, the
2022 FIFA World Cup.

Everything You Need to Know About
the Soccer World Cup

Play the Catalan

Key to A Practical Course in
Interactive English Grammar 9-10

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More Than a Club

Pep Guardiola - 88 Attacking Combinations and Positional Patterns of Play Direct from Pep's Training Sessions

This book provides analysis of Simeone, Guardiola,

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Klopp, Mourinho and Ranieri's tactics. Michail Tsokaktsidis is a UEFA 'A' licence coach and has used this analysis to produce 23 full sessions (98 practices) including transition games,

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game situations and small sided games.

The Real Giants of Soccer Coaching is a collection of the curated thoughts of nearly 30 top soccer coaches from around the globe. In

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this book, you will gain access to the depth and breadth of experience from some of the best coaches across all areas of the beautiful game: from grassroots to premier

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leagues and everything in between. You will learn theoretical details about tactical periodization, positional play, and the science of motor learning. You will also learn from

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Youth National Team coaches, NCAA National Championship winning coaches, and First Division coaches from top European clubs. This book is a resource that can direct

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your coaching education over and around the perilous pitfalls that often consume most coaches. After reading this book, you will have gained the experience, knowledge, and wisdom of

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some of the best coaches across all areas of the game. You don't have to go your coaching path alone. Take this book and bring the wisdom of these top coaches with you to help navigate

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every corner, turn, and hazard along your way to becoming a great coach. The 5-volume proceedings, LNAI 12457 until 12461 constitutes the refereed proceedings of the European

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Conference on Machine Learning and Knowledge Discovery in Databases, ECML PKDD 2020, which was held during September 14-18, 2020. The conference was planned to take place in

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Ghent, Belgium, but had to change to an online format due to the COVID-19 pandemic. The 232 full papers and 10 demo papers presented in this volume were carefully reviewed and

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selected for inclusion in the proceedings. The volumes are organized in topical sections as follows: Part I: Pattern Mining; clustering; privacy and fairness; (social) network analysis and

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computational social science; dimensionality reduction and autoencoders; domain adaptation; sketching, sampling, and binary projections; graphical models and causality;

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(spatio-) temporal data and recurrent neural networks; collaborative filtering and matrix completion. Part II: deep learning optimization and theory; active learning; adversarial learning;

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federated learning; Kernel methods and online learning; partial label learning; reinforcement learning; transfer and multi-task learning; Bayesian optimization and few-shot

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*learning. Part III:
Combinatorial optimization;
large-scale optimization and
differential privacy; boosting
and ensemble methods;
Bayesian methods;
architecture of neural*

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networks; graph neural networks; Gaussian processes; computer vision and image processing; natural language processing; bioinformatics. Part IV: applied data

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*science: recommendation;
applied data science:
anomaly detection; applied
data science: Web mining;
applied data science:
transportation; applied data
science: activity recognition;*

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applied data science: hardware and manufacturing; applied data science: spatiotemporal data. Part V: applied data science: social good; applied data science: healthcare;

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applied data science: e-commerce and finance; applied data science: computational social science; applied data science: sports; demo track. Jed Davies outlines in detail

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the Tiki-Taka football philosophy popularised by Barcelona and Spain and shows you, the coach, how to implement this style of play. Davies has studied the methods used at FC

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Barcelona, Liverpool FC, Swansea City FC, Villarreal CF and AFC Ajax who have all developed possession based philosophies as a way of controlling and winning games. Part 1 explores the

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development theory that requires an understanding before you are able to produce the Tiki-Taka style of football, this includes:

Establishing a Football

Philosophy, Identifying Local

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Talent and Purposeful Training. Part 2 looks at the Tiki-Taka philosophy and how it can be developed through purpose designed training sessions. 50 practices are provided from

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professional clubs including FC Barcelona, AFC Ajax, Athletic Bilbao and Liverpool FC. Part 3 looks at the influential figures in the evolution of Tiki-Taka with chapters on Rinus Michels

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('The Father of Football'), Johan Cruyff and Pep Guardiola among others. Part 4 looks at the Tactical Theory and provides a blueprint of how to play with the Tiki-Taka brand of

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football. It analyses positional systems, game realistic situations and solves tactical problems such as when the opposition are sitting in a deep low block ('Parking the Bus'), all

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using the advice provided from professional coaches who have been involved in the implementation of the Tiki-Taka philosophy.

Included: Guardiola, Cruyff and Van Gaal's Positional

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*Systems Ball Circulation
Transition Phases Collective
Pressing (inc.Barca's 6
Second Rule) Creating Goal
Scoring Opportunities
Tactical Solutions/Variations
Individual Player Roles &*

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Responsibilities

From research to practice

René Meulensteen & Man

Utd Methods of Success

(2007-2013) - René's

Coaching Philosophy and

Training Sessions (94

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*Practices), Sir Alex
Ferguson's Management,
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*The Science of Rondo
Zonal Marking: The Making
of Modern European*

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Football

Machine Learning and

Knowledge Discovery in

Databases. Applied Data

Science and Demo Track

Junior Graphic

Presents the history of FC

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Barcelona, profiles the team's most successful coaches and players, and discusses the various championship titles the club has earned.

Grandmaster Nigel Davies

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presents a major study of the Catalan, providing a reliable and dynamic repertoire for White and covering the main plans for both sides.

In this book, you'll learn how

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to use Tactical Periodization to train your players at the correct intensity for each day of the week, making sure they are always prepared tactically, mentally and physically for competitive

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matches. Your players (and team) will react quicker, be sharper, and make better decisions in all tactical situations.

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by Football.com. Named a Top 5 Book of the Year by the NSCAA Soccer Journal! Soccer iQ is the first book for soccer PLAYERS! In a world saturated with books about how to coach soccer, Dan

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Blank finally gives players a book on how to think it.

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provides simple, connect-the-dots solutions to help players solve their soccer problems. Soccer IQ is soccer's first text book for players; an almanac of smarter soccer decisions intended to flatten

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out the learning curve. It covers everything from hunting rebounds to the value of the toe-ball; from playing in the rain to the world's dumbest foul. Blank tells his story from the

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familiar and humorous voice of a coach who has endured years of stress at the hands of his players. Written in plain-spoken language, Soccer IQ is an easy read and a quick-fix to the most

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every coach would be a lot happier." Mark Francis - Head Coach University of Kansas "Dan Blank has just written soccer's first definitive text book." Colin Carmichael - Head Coach

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Insights and Wisdom from
the Game's Greatest
Coaches

Mastering the Modern Game
*The current discourse of
globalization is*

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overwhelmingly centred upon the interconnectedness, or connectivity, of the contemporary world; to the great neglect of the issues of global culture

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*and global
consciousness. With
contemporary worldwide
culture increasingly
characterized by such
themes as astronomy,
cosmology, space travel*

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and exploration, there is an increasing disjuncture between academic concern with connectivity, on the one hand, and culture and consciousness of the

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place of planet earth in the cosmos as a whole, on the other. This book addresses this deficiency from a variety of closely related perspectives,

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presenting studies of religion, science, sport, international organizations, global resistance movements and migrations and developments in East

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Asia. It brings together the latest theoretical empirical work from scholars in the US, UK, Australia, Japan, China and Israel on the significance of culture

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and global consciousness. As such, Global Culture: Consciousness and Connectivity will be of great interest to scholars across and

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beyond the social sciences working in the areas of global studies, cultural studies, social theory, the sociology of religion and related issues.

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Maarten Arts (UEFA A Coaching Licence) has many years of coaching experience at the elite level all around the world and has created a full blueprint of 120

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Drills to produce top class goalkeepers. This training program has proved to create better, all round goalkeepers at every level, from juniors up to top-level

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international goalkeepers. This book shows you how to develop goalkeepers with specific drills, but it will also inspire you to create your own drills

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in the image of this program. Included with each drill, there are detailed coaching points which are essential to develop goalkeepers in the best way. This book

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focuses on the fundamental technical skills needed to become a top class goalkeeper and includes chapters "Drills with Outfield Players" and "Goalkeeper

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Games" to show you how to use these skills in situations similar to a match. Each of the 12 chapters in this book includes 10 Drills on a specific goalkeeping

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*technique or topic: 1.
CATCHING 2. FALLING 3.
DIVING 4. PUNCHING 5.
PARRYING 6. HIGH BALLS
7. ONE V ONE 8.
TECHNICAL SKILLS WITH
THE FEET 9. FOOTWORK 10.*

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*DISTRIBUTION 11. DRILLS
WITH OUTFIELD PLAYERS*

12. GOALKEEPER GAMES

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*Coach (2018 - Present)
Al Wahda (Abu Dhabi)
Head Goalkeeping Coach
(2017 - 2018) Wadi Degla
FC (Egypt) Head
Goalkeeping Coach (2015
- 2017) Lierse SK*

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*(Belgium) Goalkeeping
Coach (2014 - 2015)
Saudi Arabia National
Team Goalkeeping Coach
(2013 - 2014) Umm Salal
(Qatar) Goalkeeping
Coach (2010 - 2013) FC*

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*Utrecht Goalkeeping
Coach (1998 - 2009) "I
wish you all great
success in your careers
and I hope the drills in
this book will help make
your goalkeepers TOP*

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Class." - Maarteen Arts
The positional grid is like a cognitive road map for players when in possession. Depending on where the ball is located, players are

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responsible to fill a specific a location in the positional grid. The end result is that a team shape or structure will develop in possession, resulting in

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a positional soccer style of play. However, the game of soccer has unlimited ever changing situations and variables, so there will always be freedom within

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the provided positional structure to make adaptations. The positional soccer grid divides the training pitch into 20 sections, basically five vertical

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rows and four cross-field sections. The widest channels are referred to as the low option areas, because there are limited passing opportunities

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that can made from out wide. The widest areas are utilized often to draw the defense out, moving them from side to side to open up spaced in between the defenders

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or on the far side. The next space that borders the wide channel is called a "half space". The half space is a dangerous area because penetrating balls and

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shots on goal can be taken from this position. Guardiola often liked his most dangerous players like Robben or Messi to receive the ball in the

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half spaces. How many goals have we seen those two players create by cutting inside and shooting to the far post! The next space is the large space on top

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of the 18-yard box, this space is considered the most dangerous area on the soccer field. This large box is so dangerous because more goals are created from

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this area than anywhere else. However, quick 1-touch play is critical in this area to be effective, with the largest concentration of defenders located in

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this space. Of course players like Messi are invaluable in areas like this, as they can make the impossible happen, changing the game. The positional grid offers a

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structure and provides cues for players, letting them know to adjust their position depending in which zone the ball is in, they must know when to fill

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an empty zone when it has been vacated, or to move into a zone to create superiority of numbers. A general rule of thumb is that no more than three players will

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be in a horizontal line, and not more than two in a vertical line, this helps give the player on the ball two-three passing options. The entire game can be

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taught using the grid, from build-up play to the attacking third.

When using the grid to teach positional soccer there are many ways to utilize it. One way is

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to set-up trainings that require players to operate inside the positional grid, adhering to specific conditions, but still allowing a degree

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tactical freedom while encouraging problem solving. An example of this would be requiring five shorter passes on one side of the field before a long pass can

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be made, switching the field to the far wide player. The next type of training can use the grid as more of specific road map that must be strictly adhered to. An

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example of this would be working on playing the ball out of the back. Each player will be assigned a specific part of the grid to be in, as a standard way of

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operating out of the back is established. The other beneficial aspect of using the positional grid is that it organizes space on the field in a realistic way

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for players. When players train tactics in specific game realistic spaces, their soccer awareness, tactical sense and soccer IQ benefit. Training in the

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positional grid helps players better judge distance, space and time in relationship to carrying out the desired tactics. I recommend training with the grid

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and then removing the grid at the end, so that spatial relationship is further reinforced.

FC Barcelona are the greatest football team in the world, the

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greatest for a generation and possibly the greatest of all time. This is the inside story of how the team came to redefine how the game is played, told by

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