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Coming Clean

Despite the widely accepted view that formal treatment and twelve-step groups are essential for overcoming dependencies on alcohol and drugs, each year large numbers of former addicts quietly recover on their own, without any formal treatment or participation in self-help groups at all. Coming Clean explores the untold stories of untreated addicts who have recovered from a lifestyle of excessive and compulsive substance use without professional assistance. Based on 46 in-depth interviews with formerly addicted individuals, this controversial volume examines their reasons for avoiding treatment, the strategies they employed to break away from their dependencies, the circumstances that facilitated untreated recovery, and the implications of recovery without treatment for treatment professionals as well as for prevention and drug policy. Because of the pervasive belief that addiction is a disease requiring formal intervention, few training programs for physicians, social workers, psychologists, and other health professionals explore the phenomenon of natural recovery from addiction. Coming Clean offers insights for treatment professionals of how recovery without treatment can work and how candidates for this approach can be identified. A detailed appendix outlines specific strategies which will be of interest to addicted individuals themselves who wish to attempt the process of recovery without treatment.

Life is messy. Kat Greene lives in New York City and attends fifth grade in the very progressive Village Humanity School. At the moment she has three major problems—dealing with her boy-crazy best friend, partnering with the overzealous Sam in the class production of Harriet the Spy, and coping with her mother's preoccupation with cleanliness, a symptom of her worsening obsessive-compulsive disorder. With nowhere to turn, Kat reaches out to the free-spirited psychologist, Olympia, at her new-age private school in New York’s Greenwich Village. Olympia encourages Kat to be honest. Eventually, Kat realizes that sometimes asking for help is the best way to clean up life’s messes.

My name is Liz, and I am the partner of an alcoholic. Coming Clean is a searingly honest memoir of loving an alcoholic – both through the heaviest drinking years and into recovery. When Liz Fraser's partner fell into a catastrophic vortex of depression and alcoholism, Liz found herself in a relentless hailstorm of lies, loneliness and fear, looking after their young child on her own, heartbroken, mentally shattered and with no idea what was happening or what to do. As she and her family moved between Cambridge, Venice and Oxford, she kept the often shocking truth entirely to herself for a long time, trying in vain to help her partner find a path to sobriety, until she herself finally broke from the trauma and started to speak out – only to find she was one of hundreds experiencing similar things, also living in silence and fear. Part diary, part travel journal and part love letter, Coming Clean is the true story of addiction of many kinds, mental collapse and heartbreak. Above all, it offers a voice of deep human compassion, strength and hope for recovery. I hope that in sharing this story it might change the way addiction is talked about and understood from both sides, encourage open, trusting and supportive dialogue between addicts and those their addiction affects, and provide some solace and help for those who need it – as I did.

Cat behaviorist and star of Animal Planet's hit television show "My Cat from Hell," Galaxy, a.k.a. "Cat Daddy," isn't what readers might expect for a cat expert. Yet his ability to connect with even the most troubled felines--not to mention their owners--is awe-inspiring.

Diary of a Painkiller Addict

COMING CLEAN ON UFOs & EXTRATERRESTRIALS PART 2

A Memoir

Dirty Girls Come Clean

An investigation into the policy effects of requiring firms to disclose information about their environmental performance. Coming Clean is the first book to investigate the process of information disclosure as a policy strategy for environmental protection. This process, which requires that firms disclose information about their environmental performance, is part of an approach to environmental protection that eschews the conventional command-and-control regulatory apparatus, which sometimes leads government and industry to focus on meeting only minimal standards. The authors of Coming Clean examine the effectiveness of information disclosure in achieving actual improvements in corporate environmental performance by analyzing data from the federal government's Toxics Release Inventory, or TRI, and drawing on an original set of survey data from corporations and federal, state, and local officials, among other sources. The authors find that TRI—probably the best-known example of information disclosure—has had a substantial effect over time on the environmental performance of industry. But, drawing on case studies from across the nation, they show that the improvement is not uniform: some facilities have been leaders while others have been laggards. The authors argue that information disclosure has an important role to play in environmental policy—but only as part of an integrated set of policy tools that includes conventional regulation.

An investigation into the policy effects of requiring firms to disclose information about their environmental performance.

HAYLEY LEITCH WAS JUST FOUR WHEN SHE FELT THE NEED TO JUMP HER FATHER'S FISHPOND. SMALL FOR HER AGE AND UNABLE TO SWIM, HAYLEY ALMOST DROWNED, BUT SHE COULDN'T STOP HERSELF.One compulsion followed another until soon Hayley was performing exhausting rituals and was plagued by intrusive thoughts every day. As she grew, Hayley became obsessed with germs. She washed her hands with neat bleach and scrubbed her house for hours on end.Her fear of contamination was so crippling it prevented her from holding her babies at birth because her illness required the blood to be wiped from them first. After Hayley cleaned her house for 18 hours solid on the eve of her wedding, her husband Robin pleaded with his wife to seek help. He suspected post-natal depression but he was wrong: Hayley was suffering with Obsessive Compulsive Disorder (OCD).The illness had blighted her life and almost driven her to suicide. In Coming Clean, Hayley describes her daily battle with this much misunderstood illness. Her story is honest and heart-breaking - Hayley knows she will never be 'cured' of OCD but explains how she eventually sought professional help. It not only saved her life, it brought her illness under control.By appearing on television, this remarkable young woman has brought the very taboo subject of OCD into the public arena. It's Hayley's wish to give hope to other OCD sufferers and allow them to lead a happier life.

DailyConfession.com was created as an outlet where people could confess their sins and unburden their souls in complete anonymity, as well as receive honest, compassionate responses from fellow Web users. As the Web site's popularity grew, visiting the site soon became a daily obsession for millions. Coming Clean comes directly from the Internet pages of DailyConfession.com. In this truly unique collection, author and webmaster Greg Fox has compiled the wildest and wackiest confessions and responses posted to the site. The confessions are organized into categories (loosely) based on the Ten Commandments, such as That Old Time Religion; Urges, Obsessions, and Fantasies; Stop, Thief!; Family Matters; and Liar, Liar! The confessions and responses included range from the serious and truly poignant - tales of true love, suicide, and spiritual waning - to the hilariously kooky - weird habits, alien abductions, and naked neighbors. Intensely entertaining, this book doesn't merely offer gratuitous voyeurism; it illuminates some intriguing - and surprisingly common - aspects of human nature. Those who dip into Coming Clean are bound to recognize themselves in the pages of this fascinating book.

Monkey Business Trio

Kat Greene Comes Clean

Superfund Problems Can be Solved--

Coming Clean - Living with OCD

The steamy conclusion of C. L. Parker’s Monkey Business Trio They have been rivals who fought until the bitter end and lovers who know every sensual inch of each other’s bodies. Now sports agents Cassidy Whalen and Shaw Matthews are about to become the one thing they never expected to be: parents. But this new dynamic to their relationship threatens to fizzle the sizzling desire that once held them in thrall to each other. If salvation is only a forbidden fantasy away, then Shaw and the woman he loves must embark on the adventure of their lives. Cassidy is aching to reignite their connection. In steamy assignations in strange places, she and Shaw live out their most intimate desires—and reveal their deepest secrets. But as Shaw works overtime to sign a superstar athlete, a corporate reshuffling could be a game-changer. Can Cassidy and Shaw save their relationship and have it all—a career, family, and passion that never quits? Coming Clean is intended for mature audiences. Praise for Coming Clean “Parker’s witty, insightful, and inventive Monkey Business Trio finale (after Getting Rough) packs an emotional punch as a couple in present-day San Diego grapple with being true to themselves and demystifying family legacies. . . . Spunky and charismatic characters and riveting banter make this hard-fought-for romance irresistible.”—Publishers Weekly “[In] the final installment of the Monkey Business trio . . . Parker puts obstacles in [the couple’s] way that propel the story into a compelling read.”—RT Book Reviews “Coming Clean provides a realistic, sometimes heartbreaking glimpse at the simultaneous frailty and strength in a relationship.”—Heroes and Heartbreakers “I cried, laughed, was hot and bothered, and I loved every bit of this installment. I couldn’t ask for a better ending to this trilogy.”—Under the Covers Book Blog “The ending was perfect!”—Fiction Fan Girls

"The intense competitive rivalry that began between sports agents Shaw Matthews and Cassidy Whalen and quickly transformed into a game of seduction and, eventually, night after night of unending passion, comes to a close in this emotional and fiery conclusion to the Monkey Business Trilogy"--

'A brave, heartfelt and extraordinary book' Corinne Sweet, author of Overcoming Addiction, psychologist and broadcaster What if the drugs that were meant to cure you slowly started to kill you? After falling dangerously ill with acute-on-chronic pancreatitis, Cathryn Kemp left hospital with a repeat prescription for fentanyl, a painkiller 100 times stronger than heroin. Within two years she was taking almost ten times the NHS maximum daily dose - all on prescription - and her life began to spiral out of control. Cathryn discovered she had just three months to live, unless she gave up the drug she clung to so desperately. After selling everything she owned and checking into rehab, Cathryn was told by the doctors that recovery was highly unlikely. Yet to everyone's amazement, she proved them wrong. Coming Clean is a poignant, vivid and honest memoir of a woman's struggle with, and subsequent victory over, her demons. It is a love story, a horror story, a survival story, and one that shows the very real dangers of the over-prescription of painkillers.

COMING CLEAN, a discussion of typical heterosexual behaviors, doesn’t pretend that masculine and feminine miscommunications should be celebrated as multicultural differences or inter-species contact. In a society obsessed with sex but fraudulent about real exploration of its vagaries, Edwards and Stephen contend that most people think sex is dirty, that sexual excitement is based on taboo, and that most of us don’t believe decent people should do that stuff. Weary of sentimental self-help books that serve warmed-over romantic clichés and rationalize neo-Victorian voyeurism, the authors gaze at the reptilian spectacle of sexual congress and the nightmare of idiotic mind games between men and women. COMING CLEAN exposes the guilt, confusion, and self-loathing that people choke back when we remember what we did last night. In the wake of the sexual revolution and the erotophobic backlash, this book dispenses with self-deceiving nonsense about romance, force-fed to us all since birth. COMING CLEAN says sex is emotional and physical TNT. It’s a minefield. It’s a mess. And it’s funny.

Information Disclosure and Environmental Performance

COMING CLEAN ON UFOs & ET PART 6

some thoughts on having children in an age of environmental breakdown

Cat Daddy

A fascinating look at compulsive hoarding by a woman whose mother suffers from the disease. To be the child of a compulsive hoarder is to live in a permanent state of unease. Because if my mother is one of those crazy junk-house people, then what does that make me? When her divorced mother was diagnosed with cancer, New York City writer Jessie Sholl returned to her hometown of Minneapolis to help her prepare for her upcoming surgery and get her affairs in order. While a daunting task for any adult dealing with an aging parent, it’s compounded for Sholl by one lifelong, complex, and confounding truth: her mother is a compulsive hoarder. Dirty Secret is a daughter’s powerful memoir of confronting her mother’s disorder, of searching for the normalcy that was never hers as a child, and, finally, cleaning out the clutter of her mother’s home in the hopes of salvaging the true heart of their relationship—before it’s too late. Growing up, young Jessie knew her mother wasn’t like other mothers: chronically disorganized, she might forgo picking Jessie up from kindergarten to spend the afternoon thrift store shopping. Now, tracing the downward spiral in her mother’s hoarding behavior to the death of a long-time boyfriend, she bravely wades into a pathological sea of stuff: broken appliances, moldy cowboy boots, twenty identical pairs of graying bargain-bin sneakers, abandoned arts and crafts, newspapers, magazines, a dresser drawer crammed with discarded eyeglasses, shovelfuls of junk mail . . . the things that become a hoarder’s “treasures.” With candor, wit, and not a drop of sentimentality, Jessie Sholl explores the many personal and psychological ramifications of hoarding while telling an unforgettable mother-daughter tale.

Rob wants to be a DJ – more than anything. And when his older brother Adam lands him a gig at a local all-ages club filling in for DJ Sly, Rob is ecstatic. This could be his big break, and when he finds out that the girl of his dreams will be there that first night, it seems like it is all coming together. But things fall apart – Mary Jane overdoses on Ecstasy provided by Adam, and DJ Sly turns Adam in and implicates Rob. The brothers end up on the run, evading the police while trying to force DJ Sly to tell the truth about the brothers' part in the death and Sly's own role in supplying drugs at the club.

Six years ago, after reaching my own rock bottom, I decided to make a complete life transformation. This transformation included leaving my job as a bartender, selling my car, healing my substance abuse issues and becoming a full time artist, coach and podcast host. I went from depressed, insecure and purposeless to fully alive, healthy, confident, and passionately in love.I now share my story and the tools I've gathered through personal growth workshops, women's retreats, public speaking engagements, my podcast Coming Clean with Kylie Lewis, and now, this book.In these pages, I invite you to explore all of the ways in which you attempt to avoid, numb, or distract yourself from your truest feelings and distance yourself from love.Coming Clean is the process of releasing each of these tendencies in order to discover what lies beneath the barriers you have carefully constructed around your heart.This transformation requires you to allow your old personality to die so that you can transform into someone new. You will be asked to set down the weight of your past so that you can step forward into a lighter and brighter future. Eventually, you'll be met with the realization that you are the author of your life and therefore, you have the power to write a new story for yourself.

The writer and actress explore her childhood and youth, which was largely defined by her father's struggle with hoarding.

A Story of Faith

Dirty Secret

A Novel

A Daughter Comes Clean About Her Mother's Compulsive Hoarding

Michael Brune, executive director of Rainforest Action Network (RAN), shows us how we, as motivated citizens, can kick our own fossil-fuel habit and pressure policymakers and corporations to change their energy priorities. His vivid reports remind us of the economic, environmental, moral, and public-health costs of fossil-fuel dependence, and how our government and international banks are complicit. Bru also describes the most promising developments in renewables, biofuels, and efficient design, and offers an inspiring vision of the clean energy future within our reach. Under Brune's leadership, RAN has had stunning success in getting corporations to green their business practices, and his activist skills and passion are at the heart of this book. Overflowing with pragmatic and well-tested advice, Coming C rooted in the author's faith that Americans acting together can create profound change.--From publisher description.

Coming CleanA Story of FaithZondervan

We live in a world where many live by the "what have you done for me lately?" philosophy. Love, care, and concern is based on what a person has done for them, who that person is, or for what they can get out of a situation. We are self-centered in our love as a society. Against this kind of love comes unconditional love. It is the kind of love that expresses itself to everyone, no matter who they are, no matte they have done, and expects nothing in return. When Jesus Christ walked the earth as the God/man this was the kind of love he exhibited to others. His death on the cross is God's ultimate expression of unconditional love. As we live Christian lives, the call is upon us to practice unconditional love just as God does. This generation desperately needs to experience genuine, unselfish, Godly love. In UNCONDITIONAL, the author chronicles his journey seeking to practice unconditional love, sometimes successfully, sometimes struggling. May his journey inspire the reader to be God's example of His unconditional love.This is a reproduction of a book published before 1923. This book may have occasional imperfections such as missing or blurred pages, poor pictures, errant marks, etc. that were either p of the original artifact, or were introduced by the scanning process. We believe this work is culturally important, and despite the imperfections, have elected to bring it back into print as part of our continuing commitment to the preservation of printed works worldwide. We appreciate your understanding of the imperfections in the preservation process, and hope you enjoy this valuable book.Sometime in the early 1990's, I started writing on a "typewriter", that's what I said, a "typewriter". I don't know why I began writing, nobody asked me to write and I never considered writing as something I'd just do, but there I was clumsily, slowly but creatively pecking away. Writing down thoughts, ideas, streets, characters, chatter, dialogue and actions that actually made me laugh and or reflect. After some months had passed, I had finished my first complete story, which I never read again. But instead I threw it in a drawer unedited and unread by anyone. I began to write another story, which I eventually finished and again tossed it into another drawer, unedited and unread. Almost right away I wrote a play and again tossed it into another drawer. Talking about your closet writer! I continued to write short stories about events and relationships unplanned or outlined, letting the characters, times and places drive my way through each chronicle while piling story on top of story in my desk drawer. So what was it? Why did I continue to write? Hell, because I got off on it. I wasn't trying to make a name for myself as an "author" or try to become rich, but it was just for the time I spend alone in my writer's closet with not a soul around to tell me what to do or where to go, how things should be done, or the heartache of the world we live in. I have determined that if nobody reads a word, writing is just something I like to do. Now, we've finally come to this, Chronicles of a Nappi Head. ENJOYDo you know the secrets behind your church doors?Tori Braswell is a young and aspiring career woman who fell downon her luck in love. She meets a man who changes her life forever.He is her lover as well as her friend, but the problem is he is also herPastor. The adulterous affair becomes their biggest secret and theirworse nightmare.When a life changing event in the Pastor's family tests his relationshipwith Tori, she decides to move on and meets Clayton Garrison theperfect man. He is handsome, kind and single; but when he learns thesecr Tori's affair with her Pastor, it strains their relationship.A fatal accident occurs and a life is lost; another is hanging betweenlife and death, and someone is left waiting.In this book, I do not intend to write in detail about the sisal plant and its husbandry as such account in thoroughly discussed in the book titled Sisal by G. Lock and others. This book will only carry full history as regards to when and how sisal came to Tanzania and its post independence development. It will also discuss how the industry was managed by both German and British Colonial regimes with emphasis on how sisal cutters were recruited within the country and deplorable conditions of their employment-which might lead one to suspect that the recruitment exercise was somehow another form of modern slavery in modern times when Brit Greeks, and Asian nationals were managing sisal estates during the British colonial rule.The rain, which had sputtered across the landscape for a fortnight, had ceased. A brief spell of warmth and sunshine had bathed the gardens all morning, bringing the world into summer bloom.I have learned that creative activity can only take place when an inner voice compels one to write or compose. James Baldwin that there were days when the muses simply were not speaking to him; therefore he could not write. I agree with that. The poems in this collection came to me as a result of things that profoundly affected me at the time. Thus, producing words in my mind that had to be put on paper. I particularly recall the day the Carolina wren pushed me to write The Carolina Wren Came Calling. My Lord What a Morning was composed after a memorable trip to Washington, DC and He Walked Away From Me, after the death of my partner. Life does change rapidly so set sail and enjoy. I have discovered through out my years in the ministry, that many pastors were having difficulty counseling their members. Basically because people do not only deal with the problems of mans sinful nature, but they also deal with psycholog problems, that could be generic in their make up. Then there are the generational curses that may not have been broken. This is why I believe, that pastors need to be equipped to counsel the whole man, and to assess mental disorders from sinful nature behavior. The answer to problems and remedies used today show that the consumption of medicines is quite popular. However complete wholeness throu word of God should be as popular. The bible states in proverbs 24:6 (Amp), for by wise counsel you can wage your war and in an abundance of counselors there is victory and safety.This book is dedicated to all the victims who died on September 11, 2001. In addition to the 2, 750 people who died in Manhattan, 184 individuals died at the Pentagon in Washington D.C., and 40 victims died in Shanksville, Pennsylvania. May we never forget them and may we hold their memories in our hearts forever.I am a retired Senior Design Engineer living in warm, sunny San Diego, California. I find writing a very relaxing hobby as well as a way to put down my thoughts and events of the day. I also enjoy writing rhyming children's tales of magical wonder and enchantment, hopefully someday soon to have published. I especially enjoy putting on paper my childhood days living in an orphanage and three foster homes. Each problem is a small bit of my life as a child, and I have written a book of my younger days up to the age of 21, when I started my drive to San Diego from New York City on a cold winter's night. Best drive I have made. Life is good no matter how bad it may seem. Enjoy it to the fullest.My hobbies are; reading, writing, RC model boats, building them, sailing them, electronic tinkering, computers, digital photography of sunsets, and being a "health food" fanatic.This story is about sex drugs hookers, pimps con people and Corrupted polices. A young man named Jessie Lee Johnson goes north to find a better world. Found his self in the middle of this life. Jessie never heard of a hooker or a pimp until he go to Chicago. Jessie fell into that life witch was a perfect fit. Jessie said all he did was be himself that was stay a gentleman. Women reach out to him for help but would not change there World. Jessie Made money decided to go back home and help the poor people.This is one of eight volumes on the Declaration of Independence. These last four contain only about 25 extended essays each. Rolwing examines the major writers on our Basic Charter, most of whom repudiate it. He focuses on their manifold criticisms and rejections, reveals their multiple distortions and misunderstandings, rebukes their self-contradictions and inconsistencies, and pities their general theo-phobia. He argues that while America was Founded almost completely by Protestant Christians (the only two "deists" were not even "deists"), what was Founded was formally only a philosophical product, not a faith based or Christian one, although the philosophy had been more Catholic than Protestant. Rolwing makes a great deal of American history, law, ethics, politics, philosophy, and theology easily accessible to the average reader. Each 5 minute essay can give you a high for the whole day."Certainly the Declaration is worth many an hour explai and defending it. Mr. Rolwing seeks to make the problems brought up about the document capable of being understood by both scholar and ordinary citizen."A Season in Prison" is a unique contribution to prison literature. It is subtle and often poetic. More importantly, it shows how one man redirected. His rage into love and imagination as the most enduring and effective tools of survival.Fasting is a means treat incurable diseases of the present time.Fasting is an operation without using surgical knife, is a victory to ourselves to rejuvenate our cells, to enhance resistance system etc...Meditation is also a means for people to live happily and peacefully or Medication is a way to live happily, to pass away peacefully. The world is more peaceful and happier as we are in a day of fasting and meditation.TIEN THIEN CONG helps everyone live healthily, happily, peacefully, and freely at passing away.Special thanks to the folks that supported me throughout thecreation of this book. I could not have gotten through it withouta lot of help. Patty Tidd, John's special lady was a big supporter.Thanks to Bob Shipley and Summer Foovay for your editing eyes.Brent Martin and his family helped me decide on a title for thebook so they deserve thanks as well. Without the patience of mydear husband, Gregg, I would never had been able to accomplisha finished product. Thanks to everyone for your help.This is a thoughtful and intricate novel (by my father) that raises questions not only about the potential of cyber terrorism but about America's role in the world. It tells the story of two aging computer experts who are forced out of retirement to try to combat an attack on America's computerized financial infrastructure. The terrorists have an unusual demand--that the United States establish a Department of Peace. There are moments of drama, humor and levity, and ultimately the story is critical of aspects of both Islamic fundamentalism and of the kind of dogmatic, tone-deaf American foreign policy that has characterized the Bush administration.The Ferrari Vendetta is a well written suspense\ action packed novel. The author, Richard Jay, piques the interest of the reader with his colorful and descriptive writing style. He keeps the reader intrigued with the plot and it's a Can't put it down novel.

When her husband uses some inheritance money to buy a World War II Sherman tank, Sophie, finding this the straw that finally breaks their marriage, starts over in a world full of uncertainty where she finds self-acceptance and love in the place she least expects it. Original.

Corporate Environmental Reporting : Opening Up for Sustainable Development

The Best and Worst of DailyConfession.com

A true story of love, addiction and recovery

Overcoming Addiction Without Treatment

At 14, Leonard Ottone became a ward of the state. At 28 he learned how to read and write from fellow inmates at Pentridge Prison. During years of therapy he gained insight into his addictions and criminal behaviour. And now he is coming clean to readers of this raw and brutal account of redemption

Coming Clean is the startlingly frank story of former Great Britain rugby league player, the late Terry Newton. Notorious as the first ever athlete to test positive for taking the banned drug Human Growth Hormone, Terry explains what drove a star player to end a glittering career in such a cloud of controversy.

Coming Clean: some thoughts on having children in an age of environmental breakdown

An Entertainment Weekly, Millions, and LitHub Most-Anticipated Book of 2020 pick *A Rumpus and Electric Literature Most-Anticipated Debut of 2020 pick* *A Ms. Magazine Top Feminist Book Coming Out in 2020* *A BookRiot Best Book Club Pick of 2020* *A Celadon Books Most-Anticipated Novel of 2020* *A Lily Top Book to Read by Women in 2020 Selection* *A Buzz Magazine Top New Book of the New Decade* *A She Reads Most-Anticipated Historical Fiction Pick of 2020* A transporting debut novel that reveals the ways in which a Jamaican family forms and fractures over generations, in the tradition of Homegoing by Yaa Gyasi. Stanford Solomon has a shocking, thirty-year-old secret. And it’s about to change the lives of everyone around him. Stanford Solomon is actually Abel Paisley, a man who faked his own death and stole the identity of his best friend. And now, nearing the end of his life, Stanford is about to meet his firstborn daughter, Irene Paisley, a home health aide who has unwittingly shown up for her first day of work to tend to the father she thought was dead. These Ghosts Are Family revolves around the consequences of Abel’s decision and tells the story of the Paisley family from colonial Jamaica to present day Harlem. There is Vera, whose widowhood forced her into the role of single mother. There are two daughters and a granddaughter who have never known they are related. And there are others, like the house boy who loved Vera, whose lives might have taken different courses if not for Abel Paisley’s actions. These Ghosts Are Family explores the ways each character wrestles with their ghosts and struggles to forge independent identities outside of the family and their trauma. The result is an engrossing portrait of a family and individuals caught in the sweep of history, slavery, migration, and the more personal dramas of infidelity, lost love, and regret. This electric and luminous family saga announces the arrival of a new American talent.

COMING CLEAN

What the World's Most Incorrigible Cat Taught Me about Life, Love, and Coming Clean

Coming Clean

Stop Searching + Start Living

Christianity Today Book Award Winner; ECPA Award Finalist Boldly honest, powerfully told, deeply moving - this is a story about finding yourself. Seth Haines' memoir holds up a mirror to all of our stories to show the peace that is possible when we release our addictions and receive the healing presence of God. Seth Haines was in the hospital with his wife, planning funeral songs for their not-yet two-year-old, when he made a very conscious decision: this was the last day he wanted to feel. That evening, he asked his sister to smuggle in a bottle of gin and gave in to addiction. But whether or not you've ever had a drop to drink in your life, this book is for all who have sought ways to stop their pain. Like Seth, we're all seeking balms for the anxiety of what sometimes seems to be an absent, unresponsive God - whether it's through people-pleasing, social media likes, shopping, the internet, food, career highs, or even good works and elite theology. Too often we attempt to escape our anxiety through addiction - any old addiction. But it often leaves us feeling even more empty than before. In Coming Clean, Seth Haines writes a raw account of his first 90 days of sobriety, illuminating how to face the pain we'd rather avoid, and even more importantly, how an abiding God meets us in that pain. Seth shows us that true wholeness is found in facing our pain and anxieties with the tenacity and tenderness of Jesus, and only through Christ's passion can we truly come clean.

Chart-topping comedian Rodney Carrington offers up his first book helping of the Texas-sized, down-home humor that has sold out his comedy tour across the nation.

Funny, fresh and packed with razor sharp wit, Kevin Elyot's landmark drama questions the nature of fidelity and the limits of love.

"If you think you have a drinking problem, you probably do. If you think you can handle it without any outside help, you're probably wrong. In fact, I'll bet you've tried. And still have a problem." Thus begins Tom Gunn's Coming Clean, a handbook disguised as a memoir, a small book with a big message, a book that cuts through the excuses and puts a spotlight on the path to recovery. In this, Gunn is an expert-a well-practiced substance abuser from the age of fifteen who spent more than twenty years living in a self-induced fog before confronting his disease. He's been sober now for almost thirty years and has stories to tell. While readers will learn something about Tom Gunn, they will learn more about themselves Gunn, trained as a lawyer, became a super-salesman and served as head of international sales for one of the world's largest aerospace companies and as president of a helicopter company. For too many years, he avoided getting straight and thought he was doing just fine. As he writes, "I always was very good at my job in spite of the fact that I was using. After I came clean, I was very good at my job. I always thought that booze and pills made me super creative, helping me write speeches and position papers and marketing plans and I was on top of the world! Truth was, I was very good at faking it. Call it, style over substance. It was not until I got sober that I learned how creative I really could be." Advance praise for Coming Clean: "In more than three decades specializing in the assessment and treatment of addiction, I've read many books written by and for substance abusers. Some are technical, some anecdotal, some 'conversational, ' and each makes a contribution in one way or another-but I've never before read a book that so effectively targets men and women who know they have a problem, but are not yet comfortable with the idea of doing something about it." Ronald B. Dicker, PhD, Licensed Clinical Psychologist, St. Louis, Missouri.

Breaking America's Addiction to Oil and Coal

Coming clean : Superfund problems can be solved-- .

A Handbook

The True Story of a Cocaine Drug Lord and His Unexpected Encounter

Read the Authors' Op-Ed on the Seattle Post-Intelligencer Sin No More offers a vivid examination of some of the most morally and politically disputed issues of our time: abortion, gay rights, assisted suicide, stem cell research, and legalized gambling. These are moral values issues, all of which are hotly, sometimes violently, contested in America. The authors cover these issues in depth, looking at the nature of efforts to initiate reforms, to define constituencies, to mobilize resources, to frame debates, and to shape public opinion—all in an effort to achieve social change, create, or re-write legislation. Of the issues under scrutiny only legalized gambling has managed to achieve widespread acceptance despite moral qualms from some. Sin No More seeks to show what these laws and attitudes tell us about Americans’ approach to law and morality, and about our changing conceptions of sin, crime and illegality. Running through each chapter is a central tension: that American attitudes and laws toward these victimless crimes are going through a process of normalization. Despite conservative rhetoric the authors argue that the tide is turning on each of these issues, with all moving toward acceptance, or decriminalization, in society. Each issue is at a different point in terms of this acceptance, and each has traveled different roads to achieve their current status.

Rob wants to be a DJ—more than anything. And when his older brother Adam lands him a gig at a local all-ages club filling in for DJ Sly, Rob is ecstatic. This could be his big break, and when he finds out that the girl of his dreams will be there that first night, it seems like it is all coming together. But things fall apart—Mary Jane overdoses on Ecstasy provided by Adam, and DJ Sly turns Adam in and implicates Rob. The brothers end up on the run, evading the police while trying to force DJ Sly to tell the truth about the brothers' part in the death and Sly's own role in supplying drugs at the club.

Rob wants to be a DJ, but when a girl overdoses during his first gig and his brother is implicated, Rob realizes he could lose everything.

In the writing of Coming Clean, over fifteen years, I had several titles in mind, but God gave me Coming Clean. When arrested by the police, you're taken to an interrogation room, and an officer comes into the room. He tells you to come clean. Well, using heroin for twenty-seven years, I was able to elude the law, but I wasn't able to elude God. God sat me down and said to me, “Come clean." A further confirmation that God picks the title is when I went to a local art school, and I told the class of my mental idea for the cover of the book, and what I needed was for them to use their artistic talents to put my mental picture on paper. About twenty-five students submitted their work. The first drawing I saw I knew it was the one that I'll use. You see, I snorted heroin for that twenty-seven years. If you notice, the word clean is coming from my nose. The student was not aware of this. I had not told her. God has been with me throughout this process step-by-step.

Come Clean

Breaking Pornography's Hold on You

One Man's Struggle to Overcome a Life of Addiction and Crime

Is it really possible to come clean once pornography has gained control of your life? In CCEFs Coming Clean: Breaking Pornographys Hold on You, biblical counseling expert David Powlison invites you to learn from a man called Bob, who experienced Christs deliverance from pornography after more than 25 years. In this interview, Bob explains how God helped him to recognize his sin and repent from it, enabling him to now consistently experience the joy of choosing purity. Walking through his journey and practical steps toward freedomincluding repentance, prayer, counsel, and accountabilityBobs story provides a face of hope for all who are fighting to come clean.

You are not alone. The sexual addictions of pornography and masturbation are not just men ’ s issues. They ’ re women ’ s issues, too. Research shows that 25% of Christian women are addicted to pornography. But 70% of these women will never admit their struggle. In Dirty Girls Come Clean, Crystal Renaud aims to change these statistics and help you gain freedom from sexual addiction. Why This Book? So often, ministries and tools for overcoming these sexual addictions are more accessible to men than they are to women. Even if these ministries and tools were accessible to women, they may not be as effective in giving freedom because women turn to pornography for different reasons than men do. Women need a resource crafted specifically for them. A Trusted Source Crystal, founder of Dirty Girls Ministries and AACC certified counselor, comes clean first. Her story of addiction to pornography began when she was 10 years old and continued and intensified for eight years. During this time of sexual addiction, Crystal deceived and withdrew. She came to know shame intimately, and she thought she was alone in her struggle. After coming clean about her sexual addiction, Crystal also includes stories of other women who have come clean about theirs. A Plan for Freedom Crystal is determined to help women come clean and, by God ’ s grace and power, get free. Addressing both the sexual addictions themselves as well as underlying issues that cause them, Crystal provides a plan for freedom using the acronym SCARS. S—Surrender: Trusting the Healer C—Confession: Out of the Darkness A—Accountability: Restoring Our Character R—Responsibility: Owning My Part of the Story S—Sharing: God Never Wastes an Experience In addition to her plan for freedom from sexual addiction, Crystal provides other resources such as: personal inventories, the twelve steps of sexaholics anonymous, online accountability programs, other books, and links to recovery groups. Join Crystal and many others who have claimed freedom from sexual addiction. Now is your time to come clean and be free. “ With the recent release of Crystal ’ s book Dirty Girls Come Clean women now have the tools they need to fight a battle that many assume only ensnares men. I can only imagine what kind of hope and encouragement this book is going to offer women who have believed for years, decades, that they were the only ones struggling and there was no hope for them. ” -Book review by Marsha Fisher on porntopurity.com An Excerpt from the First Chapter: This book is for you, the woman who feels alone in addiction to pornography. I don ’ t believe in coincidences. This book is in your hands because God wants to speak some truth to you, and, for whatever reason, He ’ s chosen to use this book to do so. The dark cloud of this addiction is far-reaching. Pornography addiction knows no path other than one of destruction, isolation, and suffocation. Pornography addiction knows no creed. Pornography addiction knows no gender. We are all sexual beings. If not, you and I would not be living on this earth. So to believe that pornography can only be a man ’ s problem is not only false, but it is an ignorant lie that comes from the enemy. The enemy, Satan, deceived Even in the garden of Eden by convincing her that if she ate the forbidden fruit, she would be like God. She in turn offered Adam the fruit, he took some, and as a result of their disobedience, they were expelled from the beautiful garden where they had enjoyed perfect fellowship with God. Satan ’ s goal was to destroy. And the enemy has been trying to destroy women ever since. From the first bite of forbidden fruit to pornography addiction, the enemy will use whatever he can to deceive us and keep us ineffective for use in the kingdom of God. May you find comfort in knowing that not only are you not alone in your struggle, but there is hope for breaking the stronghold of this addiction. And that hope comes from Jesus. I write this book from a Christian point of view because it is my personal belief that Jesus is the reason I stand free from pornography today. But as I said, pornography addiction knows no creed. Pornography affects everyone. So it is my hope that the steps provided throughout this book will be beneficial to all women, from all walks of life. You were created for so much more than this life you ’ ve been living. Life is to be lived abundantly. It is time to come on out from behind the bushes. Life is waiting.

Chris was once one of Australia ’ s most wanted men following his escape from Queensland ’ s notorious Boggo Road maximum security prison in 1988. After 20 years of crime, drugs & prisons, Chris has spent the last 20 years working in the area of social welfare assisting others to turn their lives around. Chris now runs his own business delivering motivational and life-skills training programs. This book is a must read for anyone who has made big mistakes in their lives and feels that they can never put things right. From 20 years of crime, drugs and prisons to 20 years of social welfare work assisting others to overcome their barriers in life.

These Ghosts Are Family