

Commando Dad Basic Training How To Be An Elite Dad

In your hand is an indispensable pocket-sized training manual for new dads. Written by ex-Commando and father of three, Neil Sinclair, this no-nonsense guide will teach you how to: • Prepare base camp for your baby trooper's arrival • Survive the first 24 hours • Establish feeding/sleeping routines And much, much more. Let training commence!

Appel: A Canadian in the French Foreign Legion is the first-hand account of the author's six years as a professional soldier during the 1990s, and his experience in the Legion's elite Groupe des Commandos Parachutistes (GCP).

Joel Struthers recounts the dangers and demands of military life, from the rigours of recruitment and operational training in the rugged mountains of France, to face-to-face combat in the grasslands of some of Africa's most troubled nations. Told through the eyes of a soldier, and interspersed with humorous anecdotes, Appel is a fascinating story that debunks myths about the French Foreign Legion and shows it more accurately as a professional arm of the French military. Struthers provides insight into the rigorous discipline that the Legion instills in its young recruits, - who trade their identities as individuals for a life of adventure and a role in a unified fighting force whose motto is "Honour and Loyalty." Foreword by Col. Benoit Desmeulles, former commanding officer of the Legions 2e Régiment Étranger Parachutistes.

The perfect Father's Day gift for new dads and expecting fathers! A punderful resource of the funniest dad jokes that every dad needs in their arsenal! With over 500 brand new jokes on a range of topics to get dads ready to embarrass their children—and most importantly—embarrass them early, this laugh-out-loud book is a hilarious title perfect for baby showers and Father's Day! Dad Jokes for New Dads is a special edition joke book for new dads and soon-to-be fathers that celebrates dads with a full arsenal of dad jokes and "helpful" pro tips to help new dads get by! The perfect gift from any kid, wife, or partner to celebrate and prepare the new dad in their life! Includes knee-slappers like: Q: What did the big beer name its baby? A: Micro brew. I wrote a book about birds once. My publisher said it flew off the shelves! Dad Pro Tip #1: If the baby starts to spit up, turn it toward someone else.

The 'Devil's Brigade' was the name given to US/Canadian special forces in World War II, who saw action in the Aleutian Islands, Italy and the south of France. This account was co-written by a brigade veteran and includes profiles of many of his comrades in this famously rugged unit.

A Canadian With the Royal Marine Commandos

Basic Training: How to Be an Elite Dad Or Carer from Birth to Three Years

What to Expect in the First Year and Beyond

Oh Crap! Potty Training

A Man's Guide to Having a Baby

Oh Boy, You're Having a Girl

50 Amazing Science Projects You Can Perform on Your Kid

Rally the troops - it's time for adventure! Ex-Commando and dad of three Neil Sinclair follows his bestselling parenting manual *Commando Dad: Basic Training* with this book bursting with ideas for getting active with your kids. Suitable for children aged 4 and up, this fully illustrated field guide is packed with dozens of missions for you and your troops to enjoy, including: Make a rope swing Navigate by the stars Build a natural lean-to shelter Make indoor rain Learn to tie knots All with expert advice and carefully drafted mission briefs to make sure you get the most out of your time together. Discover the tried-and-tested *Commando Dad* approach to parenting and teach your young troopers to be the best they can be!

One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

An indispensable survival manual for men entering the trenches of fatherhood, *Be Prepared* is loaded with one-of-a-kind insights, MacGyver-esque tips and tricks, and no-nonsense advice for mastering the first year as a dad. Finally, a book that teaches men all the things they really need to know about fatherhood...including how to: -Change a baby at a packed sports stadium -Create a decoy drawer full of old wallets, remote controls, and cell phones to throw baby off the scent of your real gear -Stay awake (or at least upright) at work -Babyproof a hotel room in four minutes flat -Construct an emergency diaper out of a towel, a sock, and duct tape Packed with helpful diagrams and detailed instructions, and delivered with a wry sense of humor, *Be Prepared* is the ultimate guide for sleep-deprived, applesauce-covered fathers everywhere.

Attention! In your hand is an indispensable training manual for new recruits to fatherhood. Written by ex-Commando and dad of three, Neil Sinclair, this manual will teach you, in no-nonsense terms, how to:

- Survive the first 24 hours
- Prepare and Plan to Prevent Poor Parental Performance
- Maintain morale in the ranks
- Feed, clothe, transport and entertain your troops
- Transport the troops successfully

on manoeuvres • Increase your flash to bang' time and 'square away' tasks along the way. And much, much more. Let Training Commence.

The Autobiography of the Most Lethal Sniper in U.S. Military History

Wearing the Green Beret

8 Powerful Steps to Experiencing God's Best for You

A Dad's Survival Guide to Raising Daughters

Advice for Raw Recruits: From pregnancy to birth

Easy Recipes for Busy Dads

Fatherhood

The #1 New York Times bestselling memoir of U.S. Navy Seal Chris Kyle, and the source for Clint Eastwood's blockbuster, Academy-Award nominated movie. "An amazingly detailed account of fighting in Iraq--a humanizing, brave story that's extremely readable." — PATRICIA CORNWELL, New York Times Book Review "Jaw-dropping...Undeniably riveting." — RICHARD ROEPER, Chicago Sun-Times From 1999 to 2009, U.S. Navy SEAL Chris Kyle recorded the most career sniper kills in United States military history. His fellow American warriors, whom he protected with deadly precision from rooftops and stealth positions during the Iraq War, called him "The Legend"; meanwhile, the enemy feared him so much they named him al-Shaitan ("the devil") and placed a bounty on his head. Kyle, who was tragically killed in 2013, writes honestly about the pain of war—including the deaths of two close SEAL teammates—and in moving first-person passages throughout, his wife, Taya, speaks openly about the strains of war on their family, as well as on Chris. Gripping and unforgettable, Kyle's masterful account of his extraordinary battlefield experiences ranks as one of the great war memoirs of all time.

3 Day Potty Training is a fun and easy-to-follow guide for potty training even the most stubborn child just 3 days. Not just for pee and poop but for day and night too! Lora's method is all about training the child to learn their own body signs. If the parent is having to do all the work, then the child isn't truly trained, but with Lora's method your child will learn when their body is telling them that they need to use the potty and they will communicate that need to you.

With the authenticity of Jarhead and Bravo Two Zero and the straight-up narrative of Contact Charlie, this military memoir describes what really goes on in the training of an elite soldier and his tours in Afghanistan. In 2004, Jake Olafsen signed up for the Royal Marines Commandos. He left everything behind at home in Canada on the basis of a spur-of-the-moment decision. The Royal Marines have the toughest and longest basic training of any infantry unit in the world. For Olafsen, this meant eight months of wet and cold in England and Wales. It was hell, but he came out with the four Commando qualities that the corps look for: courage, determination, unselfishness, cheerfulness in the face of adversity. Olafsen went on to serve for four years as a Commando in the Royal Marines, an elite military unit based in the United Kingdom. He went to Afghanistan twice: in 2006, he went to confront the Taliban in Helmand Province for six months, and in 2007, he was sent to do it all over again. His story is filled with good experiences, like the sense of accomplishment, patriotism, and camaraderie, and the opportunity to travel the world. But all good things come at a price. The sacrifices he made for the Corps are significant; he has killed the enemy and he has buried his friends. And in telling his story, Olafsen hopes that he can make sense of it all. This is an honest, gutsy story about the mud and the blood, the triumphs and the tragedies. From the Hardcover edition.

Rules for Raising Little Girls "As the father of a daughter, I wish I'd read this very funny book sooner, if only to know that it's OK for a grown man to wear a tutu." - Dave Barry "Required reading for any parent who doesn't know pants from leggings." - Dan Zevin, author of Dan Gets a Minivan: Life at the Intersection of Dude and Dad It's easy to imagine how you'd raise a boy--all the golf outings, lawnmower lessons, and Little League championships you'd attend--but playing dad to a little princess

may take some education. In *Oh Boy, You're Having a Girl*, Brian, a father of three girls, shares his tactics for surviving this new and glittery world. From baby dolls and bedtime rituals to potty training and dance recitals, he leads you through all the trials and tribulations you'll face as you're raising your daughter. He'll also show you how to navigate your way through tough situations, like making sure that she doesn't start dating until she's fifty. Complete with commandments for restroom trips and properly participating in a tea party, *Oh Boy, You're Having a Girl* will brace you for all those hours playing house--and psych you up for the awesomeness of raising a daughter who has you lovingly wrapped around her little finger. "Somehow, Brian Klems has taken one of the most traumatic situations known to a father--having a daughter--and made it into something so completely hilarious you'll laugh until you've got oxygen deprivation!" - W. Bruce Cameron, author of *8 Simple Rules for Dating My Teenage Daughter*

How To Be A Philosopher

The First-Time Parent's Guide to Potty Training

The Truth

The Wonder Weeks: A Stress-Free Guide to Your Baby's Behavior (6th Edition)

A Practical Handbook for New Dads

American Sniper

Commando Dad: Forest School Adventures

Written by ex-Commando and dad of three Neil Sinclair, this no-nonsense manual is a must-have for every man about to embark on his greatest mission: fatherhood. With straightforward and practical advice for all new recruits, from early reconnaissance right up to the deployment date, learn how to: Ø Prepare for your baby trooper's arrival Ø Manage your Commanding Officer (i.e., the mum-to-be) in all terrains Ø Pack your Deployment Kit list (i.e., the hospital bag) ... and much more Let the mission begin! www.commandodad.com

Babies can be a joy—and hard work. Now, they can also be a 50-in-1 science project kit! This fascinating and hands-on guide shows you how to re-create landmark scientific studies on cognitive, motor, language, and behavioral development—using your own bundle of joy as the research subject. Simple, engaging, and fun for both baby and parent, each project sheds light on how your baby is acquiring new skills—everything from recognizing faces, voices, and shapes to understanding new words, learning to walk, and even distinguishing between right and wrong. Whether your little research subject is a newborn, a few months old, or a toddler, these simple, surprising projects will help you see the world through your baby's eyes—and discover ways to strengthen newly acquired skills during your everyday interactions.

"The Soft Bigotry of Low Expectations" are 13 short stories featuring a Condo Commando, a Stranger on a Pay Phone, a Ballbuster, a Distasteful Revenge, a Massage Nazi, a Certified Psychic Tour Guide, a Tattoo Boy and Sweaty Beer! Seen from

the eyes of young Sam Giamatti, "The Soft Bigotry of Low Expectations" presents this individual's rite of passage from proposed happiness to the nectar found in sweaty beer. These 13 tales range from gross to funny; with a few jabs poked at religion, sex and politics. "The Soft Bigotry of Low Expectations" is deliberately controversial and funny like "Saturday Night Live" used to be.

Commando Dad Raw Recruits is a must-have manual for all dads-to-be. It demystifies pregnancy and childbirth; provides the essential back-up information men need to support their partners and prepares them for the radical changes to their life that a new BT (baby trooper) will inevitably bring. It is packed with straightforward advice, guidance, clear diagrams, advice and tips. This accessible guide is loosely based on the British Army's Basic Battle Skills - and has a light-hearted military flavour throughout. With Commando Dad's rules and specially adapted military phrases such as: 'deployment date' (due date); 'BT' (baby trooper); 'CO' (Commanding Officer - the person in charge - or, in this context, the mum-to-be), 'Deployment Kit List' (the essential kit needed for the birth) and 'Sensory Overload' (used to explain the situation when you get so overwhelmed with new information being thrown at you that it impacts your ability to act effectively) - this a fun but ultimately useful book for every man about to embark on his greatest ever mission: fatherhood. www.commandodad.com

Commando Dad: A Basic Training Manual for the First Three Years of Fatherhood

Dad's Guide to Baby's First Year For Dummies

13 Tales Featuring a Condo Commando, a Psychic, Some Tatoos, a Nazi Massage Therapist and Sweaty Beer

Dad Jokes for New Dads

A Canadian in the French Foreign Legion

Be Prepared

A Novel About the History of Philosophy

For most men, discovering you're about to be a father comes with a LOT of questions, A Man's Guide to Having a Baby will answer them and many more, guiding you through what it takes to become a reliable, supportive partner and amazing father.

Everything a new parent needs to know about their baby's 10 magical "leaps"—and when to expect them—in a new, modern sixth edition of The Wonder Weeks The Wonder Weeks answers the question, "Why is my baby cranky, clingy, and crying?" with helpful guidance. Maybe they're experiencing a leap in brain development, after which new skills are mastered, discoveries are made, and perceptions evolve. Fussy behavior might signal that great progress is underway! Better yet, these phases occur on similar schedules for most babies—as explained and mapped out in this book—so parents can

anticipate the “stormy weeks” that precede the “sunny weeks.” Based on decades of research, this fully revised sixth edition covers the first 20 months of a baby’s life and includes: The top 10 things to know and remember about a leap Fun games to support brain development Fill-in-the-blank checklists to help better understand personality and behavior traits Science-based explanations about sleep Fresh insight and recent commentary from new parents who’ve used The Wonder Weeks Anchor moments to keep new parents sane, especially when they are exhausted and discouraged With 2 million+ books sold, and 4 million+ downloads of the corresponding app, The Wonder Weeks has struck a chord. Join the phenomenon that has been embraced by celebrities, social media influencers, and parents worldwide.

“A gloriously good writer...Ranger Games is both surprising and moving...A memorable, novelistic account.”—Jennifer Senior, *New York Times* Intricate, heartrending, and morally urgent, *Ranger Games* is a crime story like no other Alex Blum was a good kid, a popular high school hockey star from a tight-knit Colorado family. He had one goal in life: endure a brutally difficult selection program, become a U.S. Army Ranger, and fight terrorists for his country. He poured everything into achieving his dream. In the first hours of his final leave before deployment to Iraq, Alex was supposed to fly home to see his family and beloved girlfriend. Instead, he got into his car with two fellow soldiers and two strangers, drove to a local bank in Tacoma, and committed armed robbery... The question that haunted the entire Blum family was: Why? Why would he ruin his life in such a spectacularly foolish way? At first, Alex insisted he thought the robbery was just another exercise in the famously daunting Ranger program. His attorney presented a case based on the theory that the Ranger indoctrination mirrored that of a cult. In the midst of his own personal crisis, and in the hopes of helping both Alex and his splintering family cope, Ben Blum, Alex’s first cousin, delved into these mysteries, growing closer to Alex in the process. As he probed further, Ben began to question not only Alex, but the influence of his superior, Luke Elliot Sommer, the man who planned the robbery. A charismatic combat veteran, Sommer’s manipulative tendencies combined with a magnetic personality pulled Ben into a relationship that put his loyalties to the test.

Rally the troops - let's head outdoors Ex-Commando, proud dad of three and bestselling author of *Commando Dad: Basic Training*, Neil Sinclair is back with this briefing on how to inspire and entertain your kids in the great outdoors. Suitable for children aged 3 to 13, this illustrated field guide is loaded with dozens of activities, games and crafts for you and your troops to enjoy, including: Build a shelter in the woods Learn to tie knots Make a hotel for creepy crawlies Get creative with leaf printing Share campfire stories These Forest School mission briefs will make sure your squad learns valuable skills, stays safe and has a lot of fun. Embrace the tried-and-tested *Commando Dad* approach to parenting and embark on some unforgettable outdoor adventures.

A Story of Soldiers, Family and an Inexplicable Crime

Everything Modern Parents Need to Know to Do It Once and Do It Right

The Secret War in Afghanistan

The Soft Bigotry of Low Expectations

Ranger Games

The Essential First Year

Embarrass Your Kids Early!

Be the coolest, smartest dad with this fully illustrated, step-by-step guide to 156 things a dad needs to know from conception through baby’s first year. For dads who are excited to be involved with their new baby, but might not quite know where to start, *Show Dad How* is an ideal resource. From practical to playful, 156 awesome things

every new father needs to know—one step at a time. In a series of nearly wordless, highly informative, often hilariously illustrated, step-by-step activities, dads-to-be learn how to do dozens of useful (and fascinating and important and sometimes surprisingly fun) tasks, including: - Preparing to impregnate - Recognizing the signs of pregnancy - Childproofing a home - Delivering a baby in the subway - Handling diaper disasters - Making bath time fun - Inventing a fairy tale - Mixing formula the right way - Making baby laugh -And much, more more Presented in the bold visual style of the award-winning Show Me How series, drawing on the best of information technology and graphic-novel communication, this is an innovative reference book that can and will be enjoyed as a work of art and as a quirky, thoughtful gift. Packed with useful hands-on tutorials, Show Dad How is a real-life resource that can turn dad into an expert in any situation, from the bedroom to the kitchen to the playground.

An indispensable training manual for new recruits to fatherhood—written by an ex-Commando and dad of three. Commando Dad provides clear and logical advice on all the practicalities of becoming a new father and offers simple, helpful instruction for all obstacles along the way. Neil Sinclair teach prospective fathers, in no-nonsense terms, how to survive the first twenty-four hours; how to Prepare and Plan to Prevent Poor Parental Performance; how to maintain morale in the ranks; how to feed, clothe, transport, and entertain your troops; how to transport the troops successfully on maneuvers; how to increase your “flash to bang” time and “square away” tasks along the way.

There are lots of books about parenthood. But if you look closely most of them are about motherhood. Fathers get brief paragraphs about needing the odd cuddle themselves and being helpful for carrying the heavier elements of baby kit, but that's it. Fatherhood - The Truth, on the other hand, is a shed-friendly man's guide to the whole scary, life-changing business. One that looks beyond the happy-clappy cliches into the fiery hell of night feeds and projectile vomiting. 'Shit happens' will suddenly start to make sense as a phrase. Providing crucial information and insight on every aspect of parenting with pitch-perfect humour, it takes the dad-to-be on a white-knuckle ride from conception to the first birthday that also considers the emotional truths and selfish imperatives that fathers are usually asked to bury out of sight. A personally informed journey, Fatherhood - The Truth also touches all the crucial practical bases to make it a one-stop, know-it-all manual for the father-to-be.

Neil Sinclair is back with this briefing on how to inspire and entertain your kids in the great outdoors. Suitable for children aged 3 to 13, this illustrated field guide is loaded with dozens of activities, games and crafts for you and your troops to enjoy, including: Build a shelter in the woods & share campfire stories Learn to tie knots Make a hotel for creepy crawlies These Forest School mission briefs will make sure your squad learns valuable skills, stays safe and has a lot of fun.

The Men Who Stare at Goats

Get Active with Your Kids

Sophie's World

A Guide to Pregnancy and Birth for Dads-to-Be

Jihad!

Exceptional Life, The

Commando Dad

This essential guide to pregnancy offers everything the expecting father needs to know in the run-up to the birth, or "deployment day." Packaged like an army training manual

and written in guy-friendly, no-nonsense military speak, it presents month-by-month overviews of the baby's development, the lowdown on pregnancy symptoms, tips for supporting the mom-to-be, a guide to prenatal care, and what to expect during labor and beyond. With expert advice, easy-to-follow information, and commentary from other first-time fathers, it's the go-to reference for the dad-to-be who wants to prepare himself—mentally, physically, and emotionally—for the arrival of his new recruit.

Potty train your child confidently, quickly, and successfully—even as a first-time parent! Are you nervous about potty training? Worried that you don't know enough to see it through to the end? Concerned that you don't have enough time to devote to it? This positive, practical, easy-to-follow guide is here to help. By approaching potty training with a proven program, first-time tips and tricks, the right tools, and a confident mindset, you can cross dirty diapers off your endless to-do list and celebrate your child's transition to the toilet. Here's everything you need to know to get your child out of diapers once and for all! The First-Time Parent's Guide to Potty Training features:

- An easy, step-by-step, 3-day program for ditching diapers, including nap and nighttime training, day care strategies, and on-the-go potty training
- Troubleshooting advice for accidents, backsliding, temper tantrums, and more
- Guidance for your child if they're anxious, willful, or simply reluctant

You can potty train your child, and this book will guide you and cheer you on every step of the way.

Bizarre military history: In 1979, a crack commando unit was established by the most gifted minds within the U.S. Army. Defying all known laws of physics and accepted military practice, they believed that a soldier could adopt the cloak of invisibility, pass cleanly through walls, and—perhaps most chillingly—kill goats just by staring at them. They were the First Earth Battalion, entrusted with defending America from all known adversaries. And they really weren't joking. What's more, they're back—and they're fighting the War on Terror. An uproarious exploration of American military paranoia: With investigations ranging from the mysterious "Goat Lab," to Uri Geller's covert psychic work with the CIA, to the increasingly bizarre role played by a succession of U.S. presidents, this might just be the funniest, most unsettling book you will ever read—if only

because it is all true and is still happening today. When it comes to the unknown territory of having a baby, moms-to-be have nearly unending resources to plan and execute a healthy pregnancy and navigate those first months and years as a parent with confidence. New dads? Not so much. They want to get in the game too, but, says Super Bowl champion Benjamin Watson, "I could find clearer direction for putting together a baby swing than for taking care of a newborn child." The New Dad's Playbook is every man's game plan to being the best partner and the best father, from pre-season (preparing for fatherhood) to Super Bowl (birth) to post-season (after baby is home). It helps men understand what their wives are going through physically and emotionally during and after pregnancy, allowing them to support their most important teammate. It tells men what to expect when their baby is home--and what to do when the unexpected happens. This tell-it-like-it-is book will take men from just winging it to winning it.

Commando Dad: New Recruits

Commando Dad New Recruits

The Devil's Brigade

3 Day Potty Training

Commando Dad: Mission Adventure

Experimenting with Babies

Pocket Commando Dad

The British have never fought against the Soviet army, right? Wrong. In 1980, Ronald Reagan and Margaret Thatcher had taken over the leadership of the West and the Soviets has invaded Afghanistan; the most crucial battle of the cold war was about to begin. In the high mountain passes of the north-west Frontier and the Hindu Kush, the CIA and its Western allies saw an opportunity to bring the mighty Soviet to its knees. Their weapon: the Islamic guerrillas of the Afghan Mujahideen. Their agent: Tom Carew, the first Western agent to link up with the Mujahideen, led a series of daring initiatives inside Afghanistan. His account covers in extraordinary and revealing detail combat action against the Soviet Spetsnaz and Afghan mercenaries; reconnaissance missions leading to the installation of the first West-sponsored training camp for the Mujahideen in Pakistan; and Carew's attempt to hijack an aircraft during a covert arms-buying mission. During these operations, the author was accepted and befriended by the fundamentalist Mujahideen and

became as close to them as any European infidel could ever get. In many ways he was a latter-day Lawrence of Arabia. Tom Carew later rejoined his unit. Wry, perceptive and sensitive, Jihad! is a fast-paced account of combat espionage and high adventure, against the backdrop of the last truly wild and lawless country on Earth. It sheds unprecedented light on the sharp edge of the cold war and the conduct of special operations in the modern era. In your hand is an indispensable pocket-sized training manual for new dads. Written by ex-Commando and father of three, Neil Sinclair, this no-nonsense guide will teach you how to: * Prepare base camp for your baby trooper's arrival* Survive the first 24 hours* Establish feeding/sleeping routines And much, much more. Let training commence! "The book presents eight issues that hold people back such as guilt, shame, fear, anger, and isolation and helps readers give them, replacing them with positives such as hope, love, trust, forgiveness, connection and community"--Provided by publisher.

Swapping his beret for a chef's hat, Neil Sinclair, author of the bestselling Commando Dad: Basic Training, is back. Bursting with simple, healthy recipes, his cookbook will help you master the kitchen basics and prepare meals the family will love. Let the cooking adventures commence!

The Sergeants Major of the Army

Appel

How to Ditch Diapers Fast (and for Good!)

Show Dad How

Everything a new dad needs to know about pregnancy and caring for a newborn

Commando Dad: Basic Training

You read the pregnancy books, the nine months flew by without a hitch, the birth was brilliant and your healthy baby arrived on schedule. Job done, right? Often, the birth of your baby can feel like the end of the journey but really the adventure has only just begun. If you look down at you-junior, heart swelling with pride, then think 'What now?', this book is for you. In this essential guide for new dads, Rob Kemp - the bestselling author of The Expectant Dad's Survival Guide - reveals what to expect in the first 18 months, arming you with the tools you need to be a fantastic dad. Covering everything from how to bond with your baby and support his development to practical issues, such as how to manage your working arrangements and finances, this book gives new dads the confidence, skills and knowledge to enjoy fatherhood - and do a brilliant job of it. Entertaining, informative, and packed full of expert advice, The New Dad's

Survival Guide is the go-to guide for modern, hands-on dads.

“Straight up, parent tested, and funny to boot, Jamie gives you all the information you need.” —Amber Dusick, author of Parenting: Illustrated with Crappy Pictures A proven six-step plan to help you toilet train your preschooler quickly and successfully, from potty-training expert, Pied Piper of Poop, and social worker Jamie Glowacki. Worried about potty training? Let Jamie Glowacki, potty-training expert, show you how it's done. Her 6-step, proven process to get your toddler out of diapers and onto the toilet has already worked for tens of thousands of kids and their parents. Here's the good news: your child is probably ready to be potty trained EARLIER than you think (ideally, between 20–30 months), and it can be done FASTER than you expect (most kids get the basics in a few days—but Jamie's got you covered even if it takes a little longer). If you've ever said to yourself: ** How do I know if my kid is ready? ** Why won't my child poop in the potty? ** How do I avoid “potty power struggles”? ** How can I get their daycare provider on board? ** My kid was doing so well—why is he regressing? ** And what about nighttime?! Oh Crap! Potty Training can solve all of these (and other) common issues. This isn't theory, you're not bribing with candy, and there are no gimmicks. This is real-world, from-the-trenches potty training information—all the questions and all the ANSWERS you need to do it once and be done with diapers for good.

Commando Dad: Basic Training How to be an Elite Dad or Carer, From Birth to Three Years Summersdale Publishers LTD - ROW

Dad's Guide to Baby's First Year is a comprehensive and practical guide to For Dummies dad hood, with advice on topics ranging from conception to looking after your baby, connecting with your little one and helping your child develop and grow. --Publisher.

The New Dad's Playbook

Gearing Up for the Biggest Game of Your Life

or How to Be Almost Certain that Almost Nothing is Certain

Raw Recruits

Get Outdoors with Your Kids

The New Dad's Survival Guide

Advice for New Recruits to Fatherhood: From Birth to 12 Months

As many of us become parents at a later stage, when our adult lives are well established, the arrival of a baby brings an unpredictability that can be hard to cope with. Those who are used to managing their time in the workplace can be tempted to try to manage their infant in the same way. So-called "controlled crying" has been recommended by many recent childcare guides, but parents should be aware of the high cost of such methods to their baby. In The Essential First Year Penelope Leach shows parents how they can reach a harmonious balance between their baby's needs and their own. While babies and their needs have not changed, our lifestyles have, and Penelope Leach has written the perfect manual for busy 21st century parents, which spans from pregnancy to the child's first birthday. The book is a gentle, but timely reminder that the

fundamental purpose of having children is to share happiness. The happier a baby is, the more parents will enjoy being with him or her; being responsive to one's baby does not mean that it has to be at personal expense - the happiness of parents and baby is inextricably intertwined. The Essential First Year is not just full of sensible, practical advice, it is backed by more than ten years of new research into infant development, especially in brain growth, which now confirms, for instance, just how much fathers matter to their infant's progress, how girls' and boys' brains are different at birth (and develop differently) and how helping a baby to be calm, contented, amused, and interested leads to optimum development of body and brain. Using such information, Penelope Leach shows parents how to deal with problems as well as how to prevent them. Every parent wants to do the best for their baby and for the child that the baby will become. The Essential First Year gives parents the knowledge and the tools to nurture and care for every aspect of their infant's life - to meet the baby's physical needs, to stimulate their intellectual development and ensure their emotional well-being - and most importantly, The Essential First Year helps parents to simply enjoy being parents.

The male equivalent of WHAT TO EXPECT WHEN YOU'RE EXPECTING for today's engaged, thoughtful, and totally supportive first-time fathers, written by ex-commando, father of three, and author of COMMANDO DAD Neil Sinclair. The book looks and reads like a basic training military manual and is full of practical advice on everything from prenatal care to the changes the mother experiences in each trimester.

Do life's big questions perplex you? This book, now available in paperback, will give you answers to some of them while revealing that others have no answer. A humorous but informed instruction manual to questions philosophers have been asking and attempting to answer for centuries, How to Be A Philosopher will help you: • Think, talk, argue and persuade like a philosopher. • Win every argument by tying people in philosophical knots. • Ask questions and raise doubts about things most people take for granted. • Realise that almost nothing is certain. • Get the absolute final word on that question about a falling tree. A practical guide to philosophising, the book explains philosophical ideas with examples drawn from such great works as Family Guy, Monty Python's Flying Circus, The Matrix and Red Dwarf. The book also argues that learning to philosophise will help you think more clearly and honestly about your own life. The book even gives practical advice on how to make a living from philosophy!

Basic Training - Advice for New Recruits to Fatherhood

The Commando Dad Cookbook

How to be an Elite Dad or Carer, From Birth to Three Years