

## Ballet Beautiful

**Profiles the life and career of the professional ballerina, covering from when she began dance classes at age thirteen in an after-school community center through becoming the only African American soloist dancing with the American Ballet Theatre.**

**Learn how to thrive in intense, competitive environments with these secrets from one of America's premiere ballerinas--and get a sneak peek at what her life is really like. Ballet may look glamorous and effortless to audience members, but it requires grueling discipline. It's a competitive and physically and mentally demanding career that combines elite athleticism, artistry, and performance. Not only do dancers rehearse for six to eight hours a day before performing at night, but they also must make it all look easy! As a principal ballerina with New York City Ballet and a one-time Broadway star--not to mention a mother of three and an MBA student--Megan Fairchild is all too familiar with these challenges. In *The Ballerina Mindset*, she shares all the**

**wisdom she's learned from her nearly two-decade career, drawing upon her own experiences to show us how she learned to overcome challenges ranging from stage fright to negative feedback to a packed calendar to weight management--and how we can do the same. Inspiring, warm, and revelatory, The Ballerina Mindset is the perfect how-to guide for dancers, athletes, artists, and anyone struggling to stay sane in a high-pressure environment.**

**A pop-up and pull-tab book offers paintings of young ballerinas performing such techniques as splits, leaps, and a perfect pirouette**

**An A to Z celebration of the world of ballet, from the renowned American Ballet Theatre. A is for arabesque, B is for Baryshnikov, and C is for Coppélia in this beautifully illustrated, rhyming, alphabetic picture book, filled with ballet stars, dances, positions, and terminology. Written by the acclaimed author of A Is for Audra: Broadway's Leading Ladies from A to Z, the dazzling, creative wordplay forms a graceful pas de deux with the stylish, swooping lines and rich color of the sumptuous**

**illustrations. In partnership with the American Ballet Theatre, here is the perfect gift for any ballet fan, from children just starting ballet to adults who avidly follow this graceful artform.**

**Live Life Love Ballet**

**My First Dance**

**An Unlikely Ballerina**

**Exercises and Inspiration from the World of Ballet Beautiful**

**The Definitive Illustrated Story**

**Transform Your Body and Gain the Strength, Grace, and Focus of a Ballet Dancer**

*This unique journal and activity book offers little dancers the ideal way to record their progress and reinforce their lessons. Thirty charmingly illustrated pages are packed with practical checklists, inspiring tips, fill-in-the-blanks, and a dictionary of terms every ballet dancer should know. A special place to note dance class highlights and goals, this book offers families a keepsake treasure. Outlines a transformative approach to reshaping the body that draws on ballet traditions for weight loss, muscle toning, and elegant poise.*

*A stunning celebration of movement and dance in hundreds of breathtaking photographs by the creative team behind NYC Dance Project. The Art of Movement is an exquisite*

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collection of photographs by well-known dance photographers Ken Browar and Deborah Ory that capture the movement, flow, energy, and grace of many of the most accomplished dancers in the world. Featured are more than 70 dancers from companies including American Ballet Theatre, New York City Ballet, Alvin Ailey American Dance Theater, Martha Graham Dance Company, Boston Ballet, Royal Danish Ballet, The Royal Ballet, Abraham in Motion, and many more. Accompanying the photographs are intimate and inspiring words from the dancers, as well as from choreographers and artistic directors on what dance means to them.

In Sweden, hundreds of refugee children fall into a state that resembles sleep for months or years at a time. In Le Roy, a town in upstate New York, teenage girls develop involuntary twitches and seizures that spread like a contagion. In the U.S. Embassy in Cuba, employees experience headaches and memory loss after hearing strange noises during the night. These are only a few of the many suspected culture-bound psychosomatic syndromes—specific sets of symptoms that exist in a particular culture or environment—that affect people throughout the world. In *The Sleeping Beauties*, Dr. Suzanne O’Sullivan—an award-winning Irish neurologist—investigates psychosomatic disorders, traveling the world to visit communities suffering from these so-called mystery illnesses. From a derelict post-

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*Soviet mining town in Kazakhstan to the Mosquito Coast of Nicaragua to the heart of the María Mountains in Colombia, O'Sullivan records the remarkable stories of syndromes related to her by people from all walks of life. Riveting and often distressing, these case studies are recounted with compassion and humanity. In examining the complexity of psychogenic illness, O'Sullivan has written a book of both fascination and serious concern as these syndromes continue to proliferate around the globe.*

*Ballet Magic*

*The Joffrey Ballet School's Book of Ballet-Fit*

*The Crab Ballet*

*The Art of Movement*

*A History of Ballet*

*Ballerina Body*

"This book takes you through the collection gallery by gallery, illuminating the art and installations in each room"--From preface.

A thoughtfully and individually designed fun notebook / journal for daily use. Ideal gift for a friend or family member, use for research, work or play. Paperback notebook with 120 lined pages 6" x 9".

Notebook: Use it for taking notes in school, work, at meetings, seminars, workshops, online research. Journal: Express your gratitude, thoughts and

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dreams, relieving stress and promoting relaxation. Hobbies: Keep up to date with all your latest hobbies by keeping all your notes in one place. Activities: Log all your activities on a daily or weekly basis. To Do List: Keep notes of all your upcoming important tasks. Creativity: Use it for completing daily writing prompts, stories, poems and songs And so much more: Use your imagination! Only available via Amazon (c) Inspirational Media Publishing 2019 [www.inspirational.media](http://www.inspirational.media)

When the tide is out, the curtain is up on this clever tale of an underwater, watercolor ballet featuring dancing crabs and all of their aquatic friends Welcome. Enter. Sit right there. The Crab Ballet is about to begin! This spectacular seaside show, starring dancing crabs, an aquatic corps de ballet, and a cast of French ballet terms, is sure to delight ballet dancers of all stripes.

Watch the dancers as they leap, spin, and kick their way through this beautiful pop-up book. Inspired by the eccentric and innovative Bauhaus Triadic Ballet, this gorgeous book explores colours, shapes, patterns, and movements in a visually stunning and enthralling way. With bold artwork rendered in Lesley Barnes' striking style and playful text by Gabby

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Dawnay, this special pop-up book will appeal to all ages.

B Is for Ballet: A Dance Alphabet  
(American Ballet Theatre)  
Ballet For Life

Belinda and the "Boring" Ballet Class (HC)  
The Isabella Stewart Gardner Museum  
The Nutcracker

**"Don't expect just tulle and toe shoes. In this fascinating insider's tale, NYCB dancer Pazcoguin reveals her world. . . . A striking debut." —People Award-winning New York City Ballet soloist Georgina Pazcoguin, aka the Rogue Ballerina, gives readers a backstage tour of the real world of elite ballet—the gritty, hilarious, sometimes shocking truth you don't see from the orchestra circle. In this love letter to the art of dance and the sport that has been her livelihood, NYCB's first Asian American female soloist Georgina Pazcoguin lays bare her unfiltered story of leaving small-town Pennsylvania for New York City and training amid the unique demands of being a hybrid professional athlete/artist, all before finishing high school. She pitches us into the fascinating, whirling shoes of dancers in one of the most revered ballet companies in the world with an unapologetic sense of humor about the cutthroat, survival-of-the-**

**fittest mentality at NYCB. Some swan dives are literal: even in the ballet, there are plenty of face-plants, backstage fights, late-night parties, and raucous company bonding sessions. Rocked by scandal in the wake of the #MeToo movement, NYCB sits at an inflection point, inching toward progress in a strictly traditional culture, and Pazcoquin doesn't shy away from ballet's dark side. She continues to be one of the few dancers openly speaking up against the sexual harassment, mental abuse, and racism that in the past went unrecognized or was tacitly accepted as par for the course—all of which she has painfully experienced firsthand. Tying together Pazcoquin's fight for equality in the ballet with her infectious and deeply moving passion for her craft, Swan Dive is a page-turning, one-of-a-kind account that guarantees you'll never view a ballerina or a ballet the same way again.**

**Ballet-inspired fitness for every woman! You don't have to be a professional ballerina to look like one! With Mary Helen Bowers' Ballet Beautiful, forget beating yourself up in the gym and suffering through starvation diets for some unattainable goal. You can achieve your ideal body and develop the strength, grace, and elegance of a dancer by following Mary Helen's proven program--one that's got everyone from celebrities to busy**

**moms to executives raving! Ballet Beautiful is a fitness method that blends the artistry and athleticism of ballet with an easy, accessible eating plan that works for every body - and absolutely no dance experience is required. Created by professional ballerina Mary Helen Bowers, this transformative approach to fitness and health will reshape your body and your mind! Ballet Beautiful's three-fold approach is not an extreme workout nor is it a radical diet for an overnight fix; it's a roadmap to achieving and maintaining your ideal health, shape and size--all with the elegance and strength of a ballerina. Part One of the book introduces the program's empowering mindset, the key to supporting and guiding you through lasting change. Part Two, the Ballet Beautiful Method, consists of challenging, effective, and fun workouts that sculpt and tone sleek ballet muscles and build beautiful posture. Whether you have a full hour or only 15 minutes, you can tailor the program to your own schedule and needs. Part Three shares the Ballet Beautiful Lifestyle, a healthy, balanced approach to nutrition. With meal plans, shopping tips and quick but delicious daily recipes that will satisfy and nourish your entire body, it's a stress-free, diet-free plan that will help keep you feeling as strong and**

**healthy as you look.**

**A chic and informative guide to the Ballet Beautiful method, featuring dance-inspired exercises, wellness tips, and lifestyle advice that help readers achieve ballerina confidence and self-esteem. After a career with the New York City Ballet, Mary Helen Bowers created Ballet Beautiful, a fitness and lifestyle program inspired by ballet's artistry and athleticism. Designed to give anyone a ballerina body, Bowers's targeted exercises tone and lengthen muscles, develop good posture, and teach grace in movement. Since launching in 2008, Bowers and her training have been sought after by celebrities and models (Alexa Chung, Liv Tyler, and Miranda Kerr, to name a few), as well as thousands of women across the globe through their streaming service. This book delves into the Ballet Beautiful universe, showing readers how to attain a ballerina's lean and powerful physique and graceful poise via exercises, posture lessons, wellness tips, and fashion and beauty advice that can be effortlessly incorporated into everyday routines. The book features original images by the legendary photographers Inez and Vinoodh coupled with technical photographs illustrating the Ballet Beautiful workout and lifestyle. A refreshing antidote to traditional fitness programs and restrictive diets, this**

**book is a stylish and instructional guide to transforming your body and life through ballet.**

**Out of each of those feathered skins rose a beautiful maiden dressed all in white, with long legs and supple arms and hair the color of corn shimmering in the moonlight.**

**My Ballet Journal**

**Fancy Nancy and the Mermaid Ballet**

**Bright Burning Stars**

**How to Protect Your Mental Health While Striving for Excellence**

**10 Ballet Dancers**

**The Ballerina Mindset**

*'Here is something special. This is the story of very talented person, who in real life hide her light under bushel. Here we are lift up bushel and see the talent. Miss Maiya may seem strict when she teach the little meerpups of Meerkovo but she is actually full of beauty and artistry.'* After years of practice, Maiya is finally ready for her debut in the world famous 'Romeo and Juliet' ballet. She is very nervous, but will her meerkat brilliance - with the help of the handsome dancer Aleksandrovich Orlovski - win through? Also available: Aleksandr and the Mysterious Knightkat, Bogdan and the Big Race, Sergei's Space Adventure, Vassily the King of Rock, Yakov Saves Christmas

**NATIONAL BESTSELLER** For more than four hundred years, the art of ballet has stood at the center of Western civilization. Its traditions serve as

***a record of our past. Lavishly illustrated and beautifully told, Apollo's Angels—the first cultural history of ballet ever written—is a groundbreaking work. From ballet's origins in the Renaissance and the codification of its basic steps and positions under France's Louis XIV (himself an avid dancer), the art form wound its way through the courts of Europe, from Paris and Milan to Vienna and St. Petersburg. In the twentieth century, émigré dancers taught their art to a generation in the United States and in Western Europe, setting off a new and radical transformation of dance. Jennifer Homans, a historian, critic, and former professional ballerina, wields a knowledge of dance born of dedicated practice. Her admiration and love for the ballet, as Entertainment Weekly notes, brings "a dancer's grace and sure-footed agility to the page." NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE NEW YORK TIMES BOOK REVIEW • LOS ANGELES TIMES • SAN FRANCISCO CHRONICLE • PUBLISHERS WEEKLY***

***The world-renowned Joffrey Ballet School makes the art and joy of ballet available to everyone. Let Dena Simone Moss and Allison Kyle Leopold teach you everything you need to know to get in shape, beautifully sculpt your body, and truly appreciate the art of ballet. They'll let you in on all their secrets, including: -A demystifying explanation of ballet terms and positions -Tips on finding the right instructor and studio-and feeling comfortable once you're there -Hints on ballet attire-including finding,***

***choosing, and tying pointe shoes -An exhaustive directory of where to find ballet publications, audio and videotapes, books, dance wear, schools, and studios. Perfect for the beginner and the veteran balletomane, The Joffrey Ballet School's Ballet-Fit offers an inside glimpse into the mysterious and beautiful world of ballet.***

***Ballet Beautiful Transform Your Body and Gain the Strength, Grace, and Focus of a Ballet Dancer Da Capo Lifelong Books***

***Swan Dive***

***Bunheads***

***Celestial Bodies***

***Ballet***

***Ballet School***

***The World Of Ballet Beautiful: Novel About Ballet Dancer***

It's a special day. The children practice their ballet. But something is odd. Let's count down from 10 to 1 to find the surprise before the class is done.

“A compulsively readable story. I was breathless and battling tears up until the very last stunning turns onstage and beyond. A dazzling, heart-wrenching debut.” —Nova Ren Suma, #1 New York Times bestselling author of *The Walls Around Us* Would you die for the Prize? Best friends Marine Duval and Kate Sanders have trained since childhood at the Paris Opera Ballet School, where they've forged an inseparable bond through shared stories of family tragedies and a powerful love for dance. When the body of a student is found in the dorms just before the start of their final year, Marine and Kate begin to ask

themselves how far they would go for the ultimate prize: to be named the one girl who will join the Opera's prestigious corps de ballet. Would they cheat? Seduce the most talented boy in the school, dubbed the Demigod, hoping his magic will make them shine, too? Would they risk death for it? Neither girl is sure. But then Kate gets closer to the Demigod, even as Marine has begun to capture his heart. And as selection day draws near, the competition—for the Prize, for the Demigod—becomes fiercer, and Marine and Kate realize they have everything to lose, including each other. *Bright Burning Stars* is a stunning, propulsive story about girls at their physical and emotional extremes, the gutting power of first love, and what it means to fight for your dreams.

*Belinda and the 'Boring' Ballet Class (HC)* By: Dani Tucci-Juraga Illustrated By: Nanad Antle Proceeds from the purchase this book are donated as a scholarship to children who wish to dance.

In her first picture book since the bestselling and award-winning *Firebird*, Misty Copeland tells the story of a young Misty discovering her love for dance through the ballet of *Coppelia*. On her first day of class Misty is absolutely captivated by the narrative of the story and entranced by the dance. Nervous, yet excited, Misty decides to audition for one of the lead roles. As she prepares for the audition and, eventually, the performance, Misty learns to lean on her newfound friends for inspiration and rely on her own can-do spirit to dance her very best. Featuring themes of teamwork, friendship, dedication, and hard work, children everywhere will be inspired to reach for their dreams in Misty's exciting new picture book series, *Bunheads*.

Ballerina

Apollo's Angels

Ballet for Life

And Other Stories of Mystery Illness

How to Look at Ballet

Bauhaus Ballet

From New York Times bestselling and award-winning author and American Ballet Theatre principal dancer Misty Copeland comes an illustrated nonfiction collection celebrating dancers of color who have influenced her on and off the stage. As a young girl living in a motel with her mother and her five siblings, Misty Copeland didn't have a lot of exposure to ballet or prominent dancers. She was sixteen when she saw a black ballerina on a magazine cover for the first time. The experience emboldened Misty and told her that she wasn't alone—and her dream wasn't impossible. In the years since, Misty has only learned more about the trailblazing women who made her own success possible by pushing back against repression and racism with their talent and tenacity. Misty brings these women's stories to a new generation of readers and gives them the recognition they deserve. With an introduction from Misty about the legacy these women have had on dance and on her career itself, this book delves into the lives and careers of women of color who fundamentally changed the landscape of American

ballet from the early 20th century to today. Throughout her history, the ballerina has been perceived as the embodiment of beauty and perfection—the feminine ideal. But the reality is another story. From the earliest ballerinas in the 17th century, who often led double lives as concubines, through the poverty of the corps de ballet dancers in the 1800 ' s and the anorexic and bulimic ballerinas of George Balanchine, starvation and exploitation have plagued ballerinas throughout history. Using the stories of great dancers such as Anna Pavlova, Isadora Duncan, Suzanne Farrell, Gelsey Kirkland, and Evelyn Hart, Deirdre Kelly exposes the true rigors for women in ballet. She rounds her critique with examples of how the world of ballet is slowly evolving for the better. But to ensure that this most graceful of dance forms survives into the future, she says that the time has come to rethink ballet, to position the ballerina at its center and accord her the respect she deserves.

The Phantom of the Opera is a novel by French writer Gaston Leroux. Christine Daaé travels with her father, a famous fiddler, throughout Europe, and plays folk and religious music. When Christine was six years old, her mother died and her father was taken to rural France by a patron, Professor Valerius. While Christine was a child, her father told her many stories about the "Angel of Music", who is the personification of musical inspiration. Christine

meets and befriends the young Raoul, Viscount of Chagny. One of Christine and Raoul's favourite stories is one of Little Lotte, a girl who is visited by the Angel of Music and possesses a heavenly voice. Christine now lives with "Mamma" Valerius, the elderly widow of her father's benefactor. She eventually is given a position in the chorus at the Paris Opera House (Palais Garnier). She begins hearing a beautiful, unearthly voice which sings to her and speaks to her. She believes this must be the Angel of Music and asks him if he is. The Voice agrees and offers to teach her "a little bit of heaven's music". The Voice, however, belongs to Erik, a physically deformed and mentally disturbed musical genius who was one of the architects who took part in the construction of the opera house. He is in love with Christine.

The celebrated ballerina and role model shares the secrets of how to reshape your body and achieve a lean, strong physique and glowing health. Misty Copeland believes "There has been a shift in recent years in which women no longer desire the bare bones of a runway model. Standards have changed: what women do want is a long, toned, powerful body with excellent posture." In other words, the body of a ballerina. In her first health and fitness book, Misty will show women how to get healthier and stronger and how to reshape their bodies to be lean and flexible with: Step-by-step advice Meal

## Read Free Ballet Beautiful

plans focusing on healthy fats Workout routines

Words of inspiration, including excerpts from

Misty's personal journal

Ballet for Life: the World of Ballet Beautiful

Black Ballerinas

Dancing and Eating Your Way to a Leaner, Stronger,  
and More Graceful You

Sex, Scandal, and Suffering Behind the Symbol of  
Perfection

Beautiful Paperback Notebook / Journal For Ballet  
Dancers with 120 Lined Pages

Maiya in the Beautiful Ballet

With daily life as we know it on hold, you may not be able to get your ballet fix from hanging out in the studio or going to the theater. But these long days spent at home are just begging to be spent neck-deep in a pile of good books. Whether you're looking for inspiration for the upcoming season or trying to brush up on your dance history, you can never go wrong with an excellent book on ballet. Rising ballet star Dena Lindgren's dream career is knocked off its axis when a puzzling onstage fall results in a crushing diagnosis: a brain tumor. Complications from the extraction surgery kick off a long and difficult recovery, prompting

the company's artistic director, Anders Gunst, to shift his attention to an overshadowed company dancer -- Dena's older sister, Rebecca, with whom Anders once shared a special relationship. Comment avoir le corps tonique, élancé et gracieux d'une danseuse sans avoir à subir l'entraînement rigoureux des corps de ballet professionnels. Il est possible de tendre vers cet objectif grâce aux exercices que vous trouverez dans ce livre : -Des exercices ciblés sur les zones sensibles que sont les jambes, les fesses et le ventre -Des exercices pour améliorer sa posture -Des programmes nutritionnels adaptés et équilibrés -Résultats visibles en 2 semaines : un corps plus ferme, plus délié, une perte de poids notable, un physique transformé !

Welcome to your first day at ballet school! Put on your ballet shoes and let's master your basics with author and New York City Ballet principal Ashley Bouder. Learn five basic lessons, then visit the costume room, before putting on your very own show of Sleeping Beauty at the end. There's no admissions policy to our Ballet School.

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Whether you are already learning ballet, or thinking about starting, this class is for you. Learn your pliés, first positions, jetés, pirouettes, and grand battements. But what happens if you fall? How do you stretch and look after your body? What do you eat to keep going through rehearsals? How do you get ready for class? No worries—it's all answered in this book from professional ballerina Ashley Bouder. Then go on to learn the characters and interpretations of Sleeping Beauty—taught in an inclusive way so anyone can dance the parts they want to. A helpful glossary at the back provides a review of ballet terms and how to pronounce them. Tutus are optional.

A distinguished dance critic offers an enchanting introduction to the art of ballet. As much as we may enjoy Swan Lake or The Nutcracker, for many of us ballet is a foreign language. It communicates through movement, not words, and its history lies almost entirely abroad—in Russia, Italy, and France. In *Celestial Bodies*, dance critic Laura Jacobs makes the foreign

familiar, providing a lively, poetic, and uniquely accessible introduction to the world of classical dance. Combining history, interviews with dancers, technical definitions, descriptions of performances, and personal stories, Jacobs offers an intimate and passionate guide to watching ballet and understanding the central elements of choreography. Beautifully written and elegantly illustrated with original drawings, *Celestial Bodies* is essential reading for all lovers of this magnificent art form.

**The Barefoot Book of Ballet Stories**

**Life in Motion**

**The Phantom of the Opera**

**No Ballet Shoes In Syria**

**A Companion Guide and History**

**Dancershoes**

Get the strong, toned and graceful figure of a dancer - without the rigorous training! Mary Helen Bowers has helped tone and sculpt the bodies of a whole host of celebrities, including Natalie Portman for her role in *Black Swan*, plus Liv Tyler, Zooey Deschanel and Helena Christensen. Now, in this fantastic fitness guide, she reveals her exercise, diet and lifestyle plan for transforming your whole body. - Achieve the long, toned and powerful body shape of a dancer - Target trouble areas, such as legs, bum and tummy - Get a dancer's beautiful posture and elegance - Lose weight and turn fat into

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muscle - Radically transform your physique - Noticeable results in just 14 days

This DK visual guide to ballet history goes beyond other ballet books, with beautiful photography that captures famous dancers and key stories. Discover more than 70 of the most famous ballet dances, from The Nutcracker and Swan Lake to The Rite of Spring. Learn the stories behind renowned companies such as The Royal Ballet and the Bolshoi Ballet. Explore the lives and achievements of dancers across the centuries, such as Margot Fonteyn, Carlos Acosta, and Darcey Bussell. Meet composers and choreographers, from Pyotr Ilyich Tchaikovsky to Matthew Bourne. From its origins at court and the first national ballet companies, to the contemporary scene and extraordinary venues that stage the productions, this book covers an impressive history of ballet and provides an invaluable overview of the subject. Filled with rarely seen photographs covering all the key figures, pieces, and performances, and compelling facts about each dance--the sources they draw from, their production history, and their reception over time--Ballet: The Definitive Illustrated Story is an essential gift for all ballet enthusiasts.

"For the first time, this beloved holiday story is told based on George Balanchine's quintessential production. The storyline mimics the choreography of the famous ballet and the illustrations are inspired by the backdrops and scenery from the actual New York City Ballet production"--

Aya is eleven years old and has just arrived in Britain with her mum and baby brother, seeking asylum from war in Syria. When Aya stumbles across a local ballet class, the formidable dance teacher spots her exceptional talent and believes that Aya has the potential to earn a prestigious ballet scholarship. But at the same time, Aya and her family must fight to be allowed to remain in the country, to make a home for themselves, and to find Aya's father - separated from the rest

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of the family during the journey from Syria. With beautiful, captivating writing, wonderfully authentic ballet detail, and an important message championing the rights of refugees, this is classic storytelling - filled with warmth, hope and humanity.

Ballet Beautiful

My Journey to Our Legacy

The Sleeping Beauties

The Making of a Rogue Ballerina

**\*NOW A HIT TV SERIES ON DISNEY JUNIOR\* From the dazzling bestselling duo Jane O'Connor and Robin Preiss Glasser comes a fancy, frilly ballet story with a lot of heart. Young ballerinas and Fancy Nancy fans will shout encore! Fancy Nancy is ready for the spotlight! Fancy Nancy and her best friend, Bree, couldn't be more excited about their upcoming dance show. After all, it's all about mermaids, and who knows how to be a fancy, glamorous mermaid better than Fancy Nancy herself? But when another ballerina wins the coveted role of the mermaid, Nancy is stuck playing a dreary, dull tree. Can Nancy bring fancy flair to her role, even though it isn't the one she wanted? And when disaster strikes right before the big ballet, who will step into the spotlight? Perfect for fans of the Eloise and Olivia books. Ooh la la! Fancy Nancy is starring in her own fabulous TV show on Disney Junior. READ THE BOOKS THAT STARTED IT ALL! Fancy Nancy Fancy Nancy and the Posh Puppy Fancy Nancy: Bonjour, Butterfly Fancy Nancy: Splendiferous Christmas Fancy Nancy and the Fabulous Fashion Boutique Fancy Nancy and the**

**Mermaid Ballet Fancy Nancy: Fanciest Doll in the Universe Fancy Nancy and the Wedding of the Century Fancy Nancy 10th Anniversary Edition Fancy Nancy: Saturday Night Sleepover Fancy Nancy: Oodles of Kittens**

**"A First Book for Young Dance Fans!" Plie, releve, jete, BALLE! Share your love of classical dance with little ones. From the five basic positions to simple first steps to performance time, this charming book introduces the basic elements of ballet. Beautiful photographs of a diverse cast of young dancers capture all the elegant and dynamic moves in action. "**