

Dr Beckers Real Food For Healthy Dogs And Cats

There’s a reason why pets beg at your table—they want real food! Not the kibble manufactured by pet food companies, drained of nutrients. If we are dedicated to preparing healthy meals for ourselves in the comfort and safety of our own kitchens, shouldn’t we be doing the same for our pets? Dinner PAWSible is a collection of more than fifty cat and dog food recipes that will teach you how to whip up a fresh, balanced meal for your hungry critters. Written by a veterinarian certified in food therapy and an advocate for pet food safety, these recipes are also based on the National Research Council requirements for dogs and cats. Recipes for Dogs include: Turkey & Oats Lasagna Beef, Egg & Rice Chicken, Shrimp, and Veggies Salmon & Cabbage And more! Recipes for cats include: Turkey Meatloaf Turkey & Salmon Hash Steak & Eggs Fish Salad Gumbo And more! Debunk the myth that pet food companies are the only entities qualified to feed your pets. Instead, beat pet obesity, disease, and sickness by reaching into your pantry or refrigerator, turning on the stove, and starting to cook yourself! Making food at home will also decrease those exorbitant pet food bills. It’s time to go back to the table. Know exactly what your pet is eating and serve it a variety of real food that it deserves. Be a responsible pet parent by making your pet’s diet and pleasing its palate. Cooking for your pet is possible!

This third book from Dr. Ian Billinghurst was written to help pet owners either understand or expand their knowledge of evolutionary diets for both dogs and cats. It contains important background research from his first two books together with lots of new information. Experienced “BARFers” will benefit from a number of new suggested recipes and practical information to assist in the home production of BARF diets - now everyone can do the BARF diet for their pets!

Citing a rise in animal illnesses that are akin to human maladies, a guide to promoting animal health draws on evolutionary and species-specific insights to share recommendations for an animal companion’s nutritional, emotional and physical needs.

Decades of research have demonstrated that the parent-child dyad and the environment of the familyâ€”which includes all primary caregivers—are at the foundation of children’s well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child’s brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents’ lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger. Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. Parenting Matters identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents’ use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

The Barf Diet

The Forever Dog

Healthy Foods Your Family Will Enjoy

Simple Homemade Food

Easy, Nutritious Meals and Treats for Dogs

Real Food for Cats

100 Super Easy, Super Fast Recipes

A big, inside look at the shocking lack of regulation within the pet food industry, and how readers can dramatically improve the quality of their dogs’ lives through diet. What’s really going into commercial dog food? The answer is horrifying. Big Kibble is big business: \$75 billion globally. A handful of multi-national corporations dominate the industry and together own as many as 80% of all brands. This comes as a surprise to most people, but what’s even more shocking is how lax the regulations and guidelines are around these products. The guidelines—or lack thereof—for pet food allow producers to include ever-cheaper ingredients, and create ever-larger earnings. For example, “legal” ingredients in kibble include poultry feces, saw dust, expired food, and diseased meat, among other horrors. Many vets still don’t know that kibble is not the best food for dogs because Big Kibble funds the nutrition research. So far, these corporations have been able to cut corners and still market and promote feed-grade food as if it were healthful and beneficial—until now. Just as you are what you eat, so is your dog. Once you stop feeding your dog the junk that’s in kibble or cans, you have taken the first steps to improving your dog’s health, behavior and happiness. You know the unsavory side of Big Tobacco and Big Pharma. Now Shawn Buckley, Dr. Oscar Chavez, and Wendy Paris explain all you need to know about unsavory Big Kibble—and offer a brighter path forward for you and your pet.

Cooking for dogs according to traditional Chinese medicine food therapy including recipes. Go beyond kibble—and put your dog on a healthier diet with recipes for Fido’s Fishcakes, Bacon and Cream Cheese Muffins, and more! Home Cooking for Your Dog is the first holistic cookbook for dogs to include recipes for cooked meals, treats, and the raw food diet. User-friendly, chop-licking recipes like Fido’s Fishcakes, Potluck Polenta, and Peanut Butter and Coconut Cakes call for healthy ingredients you can find in your local grocery store (or may already have at home) to create balanced, nutritious meals for a healthier, happier dog. Included are nutrition information, cooking tips, and anecdotes from the author about her own four dogs to help you transition your dog to a homemade diet. Illustrated with a combination of irresistible color photographs of dogs and humorous line art, the book is a must-have for dog owners everywhere—and a portion of the proceeds will support animal rescue.

The New York Times says it “ranks with green juice and coconut water as the next magic potion in the eternal quest for perfect health.” ABC News calls it “the new juice craze.” Celebrities like Gwyneth Paltrow, Shalene Woodley, Salma Hayek, and Kobe Bryant are hooked on it. It’s bone broth—and it’s the core of New York Times bestseller Dr. Kellyann’s Bone Broth Diet. As a naturopathic physician and weight-loss specialist, Dr. Kellyann has helped thousands of patients achieve spectacular weight loss and more youthful-looking skin through her bone broth diet. Packed with fat-burning nutrients, skin-tightening collagen components, and gut-healing and anti-inflammatory properties, bone broth is the key to looking and feeling younger than ever before. In just 21 days, you, too, can unlock these miraculous results with Dr. Kellyann’s delicious bone broth recipes and groundbreaking mini-fasting plan. You’ll learn the science of why bone broth works and how to lose weight safely and easily—cravings and hunger pains not included. The simple and tasty recipes for beef, turkey, chicken, and fish bone broths are loaded with flavor and nutrients. Unlike other diet plans that involve serious preparation and cooking, the bone broth diet allows you to spend less time in the kitchen and more time enjoying your newfound vibrancy. With easy fitness routines and mindful meditation exercises, Dr. Kellyann’s Bone Broth Diet is your key to a healthier, happier, slimmer, and younger life.

Feed Your Best Friend Better

Dr. Pitcairn’s Complete Guide to Natural Health for Dogs & Cats (4th Edition)

Healthier Dog Food the ABC Way

Avian Nutritional Guide and Recipes for All Species

Yin & Yang Nutrition for Dogs

50 Vet-approved Recipes to Please the Canine Gastronomer

CANINE NUTRIGENOMICS

“The first comprehensive book to cover both raw and home-cooked diets specifically for dogs, written by an expert in dog food research and development”--Provided by publisher.

Home-Prepared Dog and Cat Diets, Second Edition provides an introduction to nutrition of the healthy dog and cat and an extensive discussion of medical disorders that can be managed in part through diet. Presenting easy-to-follow recipes that can be prepared at home, this new edition of Donald Strombeck’s classic handbook has been completely rewritten by new author Patricia A. Schenck to reflect the latest nutritional recommendations based on current research. New chapter topics include feeding the puppy and kitten; feeding the pregnant or lactating dog or cat; feeding the senior pet; feeding the performance dog; and the role of diet in pets with cancer. Diets are now listed together in a cookbook style for ease of use, and recipes are adjustable for any size dog or cat, allowing exact nutritional values to be calculated. Nutrient content for protein, fat, carbohydrate, and fiber have been provided for every diet, along with the nutrient density. A companion website features downloadable spreadsheets with complete nutritional breakdowns for each recipe. Useful for both veterinarians and pet owners alike, Home-Prepared Dog and Cat Diets, Second Edition is a unique handbook written by an expert in the field providing an introduction to the nutritional management of dogs and cats with easy-to-use recipes for home-prepared diets. Clarification: Calcium Carbonate We’ve had some questions from readers regarding the use of the term “calcium carbonate,” which is listed as an ingredient in a number of the diets found in this book, and therefore wanted to clarify what is meant by this ingredient. Baking soda comes in two forms: sodium bicarbonate and calcium carbonate. The sodium bicarbonate version is widely available as “baking soda” and is commonly used in baking, but none of the recipes in this book use it as an ingredient. The calcium carbonate version of baking soda is sometimes sold as “baking soda substitute” and sometimes referred to as simply “baking soda.” To avoid confusing sodium bicarbonate and calcium carbonate, any time the calcium carbonate type of baking soda has been used in a diet in this book, the ingredient includes the specific term “calcium carbonate.” There are several manufacturers of calcium carbonate baking soda; for example, Amazon carries the Ener-G Foods product baking soda substitute. Calcium carbonate can also be sold for garden use, so to avoid the use of the garden product in foods, the term “baking soda” was used in this book instead to indicate that readers should be sure to select a food-appropriate ingredient.

The debut cookbook by the creator of the wildly popular blog Damn Delicious proves that quick and easy doesn’t have to mean boring.Blogger Chungah Rhee has attracted millions of devoted fans with recipes that are undeniable ‘keepers’-each one so simple, so easy, and so flavor-packed, that you reach for them busy night after busy night. In Damn Delicious, she shares exclusive new recipes as well as her most beloved dishes, all designed to bring fun and excitement into everyday cooking. From five-ingredient Mini Deep Dish Pizzas to no-fuss Sheet Pan Steak & Veggies and 20-minute Spaghetti Carbonara, the recipes will help even the most inexperienced cooks spend less time in the kitchen and more time around the table.Packed with quickie breakfasts, 30-minute skillet sprints, and speedy takeout copycats, this cookbook is guaranteed to inspire readers to whip up fast, healthy, homemade meals that are truly ‘damn delicious!’

Lots of people enjoy making or buying treats for their pets, but wouldn’t it be wonderful to cook a real meal for the four-legged member of the household? Quirky yet practical, these cookbooks provide recipes that are nutritionally balanced and veterinarian-approved. They even include sections on “tandem” recipes - recipes for humans that, with slight modifications, can also be served to pets. REAL FOOD FOR CATS is The Cat Lover’s Cookbook, completely revised with new recipes, new information, and all-new illustrations.

How to Help Your Dog Live a Longer and Healthier Life

A Natural Approach to Wildly Healthy Pets

60 Healthy Dishes to Feed Your Pet Safely

Experiments and Observations on the Gastric Juice, and the Physiology of Digestion

The Unfinished Quest for the Meaning of Quantum Physics

Maximizing Health with Whole Foods, Not Drugs

Unlocking the Canine Ancestral Diet

homemade complete fresh food diet for dogs and cats

See **Spot Live Longer** combines the most recent nutritional science with easy-to-follow practical advice on how to help dogs live longer. Part One introduces the reader to a few of the many dogs and cats the authors have known whose lives have been transformed by fresh food diets. Part Two compares the radical difference between the natural diet of dogs, which includes a variety of high-protein raw foods, and the modern diet of dogs which includes only high-carbohydrate, highly processed and dry food. The authors discuss in detail the macronutrient (protein, carbohydrate, fat, water) and micronutrient (vitamins, minerals, antioxidants, enzymes) content of these diets, as well as the reasons that dogs can thrive on carrion and other high bacteria content foods. Part Three discusses the inevitable toxins and allergens in dry foods, especially those that use low quality grains, and how these substances may be major contributors to the cancer and allergy epidemic in dogs. Part Four shows the reader how easy it is to immediately help dogs live longer. The main emphasis is on how to improve the dog’s diet, even using foods that would normally be thrown away. Also discussed are: avoidance of toxins (especially those close to the ground toxins that humans often don’t see); the importance of proper exercise; and keeping dogs lean. The appendices provide detailed information about dry dog food recipes and costs, give advice on how to select dry food, discuss the question of missing hybrid vigor (and Steve’s Charlee Bear? dogs), and explore possible origins of health problems.

With over 24 million pets throughout Australian homes, PET COOKBOOK has been developed and written by 4 Ingredients best selling author Kim McCosker. Containing recipes that homemade, human grade and allergy aware it will be the EASIEST Pet Cookbook you have ever owned. Not only will you feel better making the food that nourishes your beloved pet, so will your pet. PET COOKBOOK caters for dogs and cats, with recipes and ideas for birds, guinea pigs, fish and chickens as well. Recent statistics from the Australian Veterinary Association showed in 2016, 1 in 20 people own a dog, with 1 in every 25 owning a cat in Australia Pets are a BIG part of Australian homes and a huge part of families. PET COOKBOOK is a nurturing book that is suitable for the entire family to be more widely informed of good habits for pets and become more aware of what they are eating. PET COOKBOOK contains easy homemade meals and treats like Mex 4 Rex, KittyCake and Budgie Bites, are for our pets to love as much as the whole family loves them.With over 24 million pets throughout Australian homes, PET COOKBOOK has been developed and written by 4 Ingredients best selling author Kim McCosker. Containing recipes that homemade, human grade and allergy aware it will be the EASIEST Pet Cookbook you have ever owned. Not only will you feel better making the food that nourishes your beloved pet, so will your pet. PET COOKBOOK caters for dogs and cats, with recipes and ideas for birds, guinea pigs, fish and chickens as well. Recent statistics from the Australian Veterinary Association showed in 2016, 1 in 20 people own a dog, with 1 in every 25 owning a cat in Australia Pets are a BIG part of Australian homes and a huge part of families. PET COOKBOOK is a nurturing book that is suitable for the entire family to be more widely informed of good habits for pets and become more aware of what they are eating. PET COOKBOOK contains easy homemade meals and treats like Mex 4 Rex, KittyCake and Budgie Bites, are for our pets to love as much as the whole family loves them.

Choosing the right diet for your parrot is crucial to its overall health... The right diet can have a massive impact on your bird’s overall health and improve their quality of life significantly. This book takes you through various topics with the most up-to-date information on avian nutrition and points out some important facts that every parrot owner should be aware of. Dr Karen Becker, DVM, explains the importance of feeding your pet bird a species-appropriate diet, and why it is best to closely mimic a bird’s native diet and include an abundance of fresh, live, whole foods. Dr Jamie Abete, DVM, helps you understand why some veterinarians can be reluctant to recommend fresh foods. She walks you through the dietary needs of certain species of birds such as macaws, lorikeets and lories, eclectus, as well as explaining what it is to keep your parrot’s gut bacteria in balance and the effects of supplementation with probiotics. Dr Stephanie Lamb, DVM, explains the importance of protein in your bird’s diet, and how feather disorders are linked to a parrot’s inappropriate diet. She describes the essentials of plant oils, why different vitamins and minerals are required in a bird’s diet to ensure adequate health and longevity, and helps you understand the implications for any deficiencies and excess. Learn more about feeding fruits to your birds. Discover the nutrition profiles of parrot-safe nuts, grains, seeds, legumes and edible flowers in a handy nutrition list. Power up your bird’s bowl with soaked and sprouted seeds and grains, and discover how to grow your own microgreens. All this is complemented with over 30 wholesome recipes that are both quick and easy to make, so you don’t have to spend too much time in the kitchen. Preparing, deliciously healthy foods for your bird has never been easier!

Homemade Cat Food

Dr. Kellyann’s Bone Broth Diet

Real Food for Dogs

The Royal Treatment

The Truth About Manufactured Dog and Cat Food

Real Food for Dogs & Cats

A Cookbook of Nutritious, Homemade Meals for Cats and Dogs

DIV The life and thought of a forceful figure in Israel’s religious and political life *Idi*

Concerns the case of Alexis St. Martin, whose relations with Beaumont are summarized in the introduction.

The untold story of the heretical thinkers who dared to question the nature of our quantum universe Every physicist agrees quantum mechanics is among humanity’s finest scientific achievements. But ask what it means, and the result will be a brawl. For a century, most physicists have followed Niels Bohr’s Copenhagen interpretation and dismissed questions about the reality underlying quantum physics as meaningless. A mishmash of solipsism and poor reasoning, Copenhagen endured, as Bohr’s students vigorously protected his legacy, and the physics community favored practical experiments over philosophical arguments. As a result, questioning the status quo long meant professional ruin. And yet, from the 1920s to today, physicists like John Bell, David Bohm, and Hugh Everett persisted in seeking the true meaning of quantum mechanics. What Is Real? is the gripping story of this battle of ideas and the courageous scientists who dared to stand up for truth.

Highlighting the dangers of modern pet food—how it is unbalanced, creates addiction, and often contains ingredients that can literally poison your pet, this book destroys the myths propagated by pet food companies that human food is bad for pets, and that natural food diets are unsafe. Three veterinarians share their experience and scientific evidence, providing an in-depth appraisal of the pet food industry and what people are feeding to their cats and dogs. This revolutionary book teaches how to read pet food labels and what ingredients to avoid, how to save on pet bills by preventing diet-related disease in pets, why veterinarians are often ignorant of the health effects of manufactured pet food, how a change in diet can cure many diet-related illnesses, and why organic farming practices and suppliers can be the best choice for pets. Armed with this information, people will be able to provide a better and healthier life for their animals.

Dr. Becker’s Real Food for Healthy Dogs & Cats

Parenting Matters

The Definitive Guide to Homemade Meals

Home-Prepared Dog and Cat Diets

Supporting Parents of Children Ages 0-8

Pet Cookbook

The Dog Diet Answer Book

Homemade Cat Food For Beginners! Your Complete Guide To Making Delicious Raw & Natural Cat Food Are You Ready To Learn All About Homemade Cat Food? If So You’ve Come To The Right Place... Here’s A Preview Of What This Book Contains... An Introduction to Homemade Cat Food So, What Should You Be Feeding Your Cat? The Basic Recipes for Your Cats Recipes for Casseroles, Soups, and Stews Fish Meals for Cats Recipes for Kibbles, Nibblers, and Other Treats And Much, Much More! Order Your Copy Now And Let’s Get Making!

#1 New York Times Bestseller In this pathbreaking guide, two of the world’s most popular and trusted pet care advocates reveal new science to teach us how to delay aging and provide a long, happy, healthy life for our canine companions. Like their human counterparts, dogs have been getting sicker and dying prematurely over the past few decades. Why? Scientists are beginning to understand that the chronic diseases afflicting humans—cancer, obesity, diabetes, organ degeneration, and autoimmune disorders—also beset canines. As a result, our beloved companions are vexed with preventable health problems throughout much of their lives and suffer shorter life spans. Because our pets can’t make health and lifestyle decisions for themselves, it’s up to pet parents to make smart, science-backed choices for lasting vitality and health. The Forever Dog gives us the practical, proven tools to protect our loyal four-legged companions. Rodney Habib and Karen Becker, DVM, globetrotter (pre-pandemic) to galvanize the best wisdom from top geneticists, microbiologists, and longevity researchers; they also interviewed people whose dogs have lived into their 20s and even 30s. The result is this unprecedented and comprehensive guide, filled with surprising information, invaluable advice, and inspiring stories about dogs and the people who love them. The Forever Dog prescriptive plan focuses on diet and nutrition, movement, environmental exposures, and stress reduction, and can be tailored to the genetic predisposition of particular breeds or mixes. The authors discuss various types of food—including what the commercial manufacturers don’t want us to know—and offer recipes, easy solutions, and tips for making sure our dogs obtain the nutrients they need. Habib and Dr. Becker also explore how external factors we often don’t think about can greatly affect a dog’s overall health and wellbeing, from everyday insults to the body and its physiology, to the role our own lifestyles and our vets’ choices play. Indeed, the health equation works both ways and can travel “up the leash.” Medical breakthroughs have expanded our choices for canine health—if you know what they are. This definitive dog-care guide empowers us with the knowledge we need to make wise choices, and to keep our dogs healthy and happy for years to come.

Featuring such options as Puppy Pesto, Bacon Yappetizers and Mutt Loaf, a cookbook by the creator of the “DogFoodDude” blog provides natural-foods recipes for dogs based on the nutritional guidelines of veterinary manuals.

Includes tips for pet owners to diagnose common dog health problems and adjust diets accordingly. Contains home remedies for common ailments and recipes for homecooked meals and treats.

Feeding Dogs Dry Or Raw? The Science Behind The Debate

Bread Beckers' Recipe Collection

Big Kibble

Dr. Becker's Real Food for Healthy Dogs and Cats

How to Make Delicious Raw and Natural Meals Your Feline Friend Will Love!

Dr Becker's Real Food for Healthy Dogs and Cats

Lose Up to 15 Pounds, 4 Inches--and You Wrinkles!--in Just 21 Days

In this groundbreaking health and lifestyle guide, Darin Olien—superfoods expert, nutritionist, creator of Shakeology, and co-host of the Netflix docuseries Down to Earth with Zac Efron—provides the key to understanding and utilizing five life forces, the sole factors that determine whether or not we will be healthy, fit, and free of illness. In Superlife, Darin Olien provides us with an entirely new way of thinking about health and wellbeing by identifying what he calls the life forces: Quality Nutrition, Hydration, Detoxification, Oxygenation, and Alkalization. Olien demonstrates in great detail how to maintain these processes, thereby allowing our bodies to do the rest. He tells us how we can maintain healthy weight, prevent even the most serious of diseases, and feel great. He explains that all of this is possible without any of the restrictive or gimmicky diet plans that never work in the long term. Olien has traveled the world, exploring the health properties of foods that have sustained indigenous cultures for centuries. Putting his research into practice, he has created a unique and precise formula for our bodies’ potential. He also includes a “How-to-eat” user’s guide with a shopping list, advice on “what to throw away,” a guide to creating a healthy, balanced diet plan, and advice on how to use supplements effectively. Written in Olien’s engaging conversational style, Superlife is a one-of-a-kind comprehensive look at dieting and nutrition, a timeless and essential guide to maintaining the human body and maximizing its potential.

Real Food for Dogs and Cats is for every pet lover who wants to ensure their cat or dog has the best chance of a long and healthy life. This no-nonsense guide to natural and balanced pet nutrition has simple, practical and effective ways to keep pets in top condition. Dr Clare Middle combines a wealth of experience with sound science in this easy-to-use book. This is a must for all pet owners, breeders, veterinarians and animal health professionals wanting to feed dogs and cats the natural way.

As a holistic veterinarian and scientist, Dr. Gary Richter helps dog and cat owners to navigate the thicket of treatment options and separate the fact from the fiction. He wants us to use what actually works, not just what Western science or alternative medicine say “should” work. This multifaceted approach to health is known as integrative medicine. Dr. Richter examines traditional medicine from many cultures alongside modern health techniques, describing the best of complementary care and the best of conventional veterinary medicine. Every treatment he recommends has the backing of scientific research or years of successful outcomes in his clinical practice. After explaining the treatment, he offers specific recommendations for an integrative approach to common diseases, including allergies, skin conditions, diabetes, heart disease, and cancer. A holistic approach to health includes nutrition, as it sets up the foundation for your pet’s health. Dr. Richter cuts through the hype in the pet-food world and explains how to choose the best commercial foods and supplements, and even includes both raw and cooked dog- and cat-food recipes for general diet as well as to treat specific needs. He also explains how we can use the right foods and supplements to “hack” the body’s processes, including the immune system.

Nutrigenomics is the new science of how diet affects gene expression at the cellular level, creating vibrant health or chronic disease. Optimum health begins in the cells—and this book shows you how to achieve it for your dog!

A Parrot’s Healthy Dining - Go Raw!

SuperLife

The 5 Simple Fixes That Will Make You Healthy, Fit, and Eternally Awesome

Surprising New Science to Help Your Canine Companion Live Younger, Healthier, and Longer

Breakthrough Nutrition and Integrative Care for Dogs and Cats

Dinner PAWSible

What Is Real?

“In these pages, Kymthy Schultze has provided an excellent nutritional text to help us build a healthier life for our animal friends.— Dr. Stephen R. Blake, Jr., D.V.M. “[This book is] an excellent starting point for us all. Its pages are filled with helpful hints, good advice and most important, logic and common sense.”— Dr. Bruce W. Cagle, D.V.M.

For more than 30 years, Dr. Pitcairn’s Complete Guide to Natural Health for Dogs & Cats has been the go-to resource for health-conscious animal lovers. This fourth edition is updated with the latest information in natural pet health, including groundbreaking research on the benefits of vegan diets for pets, as well as nutritionally complete recipes to give your pets optimal health that you can also enjoy, making home prepared diets easier than ever. The Pitcairns also discuss behavior issues, general nutrition, and a more humane approach to caring for pets. The Pitcairns have long been the trusted name in holistic veterinary care and continue to be at the forefront of natural pet health. Written with the same compassion and conviction, the fourth edition of Natural

Health for Dogs & Cats will help you give your beloved animals the healthiest, happiest life.

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Winner of the Pulitzer prize in 1974 and the culmination of a life’s work, The Denial of Death is Ernest Becker’s brilliant and impassioned answer to the ‘why’ of human existence. In bold contrast to the predominant Freudian school of thought, Becker tackles the problem of the vital lie - man’s refusal to acknowledge his own mortality. The book argues that human civilisation is a defense against the knowledge that we are mortal beings. Becker states that humans live in both the physical world and a symbolic world of meaning, which is where our ‘immortality project’ resides. We create in order to become immortal - to become part of something we believe will last forever. In this way we hope to give our lives meaning.In The Denial of Death, Becker sheds new light on the nature of humanity and issues a call to life and its living that still resonates decades after it was written.

THE NEW SCIENCE OF FEEDING YOUR DOG FOR OPTIMUM HEALTH

The Complete Nutrition Guide to Help Your Dog Live a Happier, Healthier, and Longer Life

The Denial of Death

50 Vet-approved Recipes to Please the Feline Gastronomer

Rav Kook

Easy Dog Food Recipes

A Practical Guide to Feeding Your Pet a Balanced, Natural Diet

Ancestors and canine cousins of our dogs didn’t eat “krunchy kibble” or “meat ‘n gravy in a can.” They ate what they found or caught... and it wasn’t cooked or “enriched” either! It was high in protein, with balanced fats, and usually included a few fruits, vegetables and grasses. Steve Brown, an expert on canine nutrition, shows how you can bring the benefits of the canine ancestral diet to your dog by feeding him differently as little as just one day a week. And no, you won’t need to lead a pack of dogs on a hunting expedition! Just follow Steve’s well-researched and easy to follow ABCs to make improvements to whatever your dog currently eats. BONUS! Raw food or home prepared feeders will learn how to balance nutrients more precisely, especially fats, for optimum health. A dog diet to get wild about! • Learn about the latest research on the importance of protein and healthy fats in your dog’s diet. • Find out why commercial foods can’t include these fragile-but-crucial nutrients, and how you can make sure your dogs gets them. • Just one day a week, or more frequently

if you desire, follow this “user’s” bodies’ potential. He also includes a “How-to-eat” user’s guide with a shopping list, advice on “what to throw away,” a guide to creating a healthy, balanced diet plan, and advice on how to use supplements effectively. Written in Olien’s engaging conversational style, Superlife is a one-of-a-kind comprehensive look at dieting and nutrition, a timeless and essential guide to maintaining the human body and maximizing its potential. Real Food for Dogs and Cats is for every pet lover who wants to ensure their cat or dog has the best chance of a long and healthy life. This no-nonsense guide to natural and balanced pet nutrition has simple, practical and effective ways to keep pets in top condition. Dr Clare Middle combines a wealth of experience with sound science in this easy-to-use book. This is a must for all pet owners, breeders, veterinarians and animal health professionals wanting to feed dogs and cats the natural way. As a holistic veterinarian and scientist, Dr. Gary Richter helps dog and cat owners to navigate the thicket of treatment options and separate the fact from the fiction. He wants us to use what actually works, not just what Western science or alternative medicine say “should” work. This multifaceted approach to health is known as integrative medicine. Dr. Richter examines traditional medicine from many cultures alongside modern health techniques, describing the best of complementary care and the best of conventional veterinary medicine. Every treatment he recommends has the backing of scientific research or years of successful outcomes in his clinical practice. After explaining the treatment, he offers specific recommendations for an integrative approach to common diseases, including allergies, skin conditions, diabetes, heart disease, and cancer. A holistic approach to health includes nutrition, as it sets up the foundation for your pet’s health. Dr. Richter cuts through the hype in the pet-food world and explains how to choose the best commercial foods and supplements, and even includes both raw and cooked dog- and cat-food recipes for general diet as well as to treat specific needs. He also explains how we can use the right foods and supplements to “hack” the body’s processes, including the immune system.

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“In these pages, Kymthy Schultze has provided an excellent nutritional text to help us build a healthier life for our animal friends.— Dr. Stephen R. Blake, Jr., D.V.M. “[This book is] an excellent starting point for us all. Its pages are filled with helpful hints, good advice and most important, logic and common sense.”— Dr. Bruce W. Cagle, D.V.M.

For more than 30 years, Dr. Pitcairn’s Complete Guide to Natural Health for Dogs & Cats has been the go-to resource for health-conscious animal lovers. This fourth edition is updated with the latest information in natural pet health, including groundbreaking research on the benefits of vegan diets for pets, as well as nutritionally complete recipes to give your pets optimal health that you can also enjoy, making home prepared diets easier than ever. The Pitcairns also discuss behavior issues, general nutrition, and a more humane approach to caring for pets. The Pitcairns have long been the trusted name in holistic veterinary care and continue to be at the forefront of natural pet health. Written with the same compassion and conviction, the fourth edition of Natural Health for Dogs & Cats will help you give your beloved animals the healthiest, happiest life. Dr Becker’s Real Food for Healthy Dogs and CatsSimple Homemade FoodDr. Becker’s Real Food for Healthy Dogs and CatsSimple Homemade FoodDr. Becker’s Real Food for Healthy Dogs & CatsSimple Homemade FoodDr. Becker’s Real Food for Healthy Dogs and CatsSimple Homemade Food

Winner of the Pulitzer prize in 1974 and the culmination of a life’s work, The Denial of Death is Ernest Becker’s brilliant and impassioned answer to the ‘why’ of human existence. In bold contrast to the predominant Freudian school of thought, Becker tackles the problem of the vital lie - man’s refusal to acknowledge his own mortality. The book argues that human civilisation is a defense against the knowledge that we are mortal beings. Becker states that humans live in both the physical world and a symbolic world of meaning, which is where our ‘immortality project’ resides. We create in order to become immortal - to become part of something we believe will last forever. In this way we hope to give our lives meaning.In The Denial of Death, Becker sheds new light on the nature of humanity and issues a call to life and its living that still resonates decades after it was written.

THE NEW SCIENCE OF FEEDING YOUR DOG FOR OPTIMUM HEALTH

The Complete Nutrition Guide to Help Your Dog Live a Happier, Healthier, and Longer Life

The Denial of Death

50 Vet-approved Recipes to Please the Feline Gastronomer

Rav Kook

Easy Dog Food Recipes

A Practical Guide to Feeding Your Pet a Balanced, Natural Diet

Ancestors and canine cousins of our dogs didn’t eat “krunchy kibble” or “meat ‘n gravy in a can.” They ate what they found or caught... and it wasn’t cooked or “enriched” either! It was high in protein, with balanced fats, and usually included a few fruits, vegetables and grasses. Steve Brown, an expert on canine nutrition, shows how you can bring the benefits of the canine ancestral diet to your dog by feeding him differently as little as just one day a week. And no, you won’t need to lead a pack of dogs on a hunting expedition! Just follow Steve’s well-researched and easy to follow ABCs to make improvements to whatever your dog currently eats. BONUS! Raw food or home prepared feeders will learn how to balance nutrients more precisely, especially fats, for optimum health. A dog diet to get wild about! • Learn about the latest research on the importance of protein and healthy fats in your dog’s diet. • Find out why commercial foods can’t include these fragile-but-crucial nutrients, and how you can make sure your dogs gets them. • Just one day a week, or more frequently

if you desire, follow this “user’s” bodies’ potential. He also includes a “How-to-eat” user’s guide with a shopping list, advice on “what to throw away,” a guide to creating a healthy, balanced diet plan, and advice on how to use supplements effectively. Written in Olien’s engaging conversational style, Superlife is a one-of-a-kind comprehensive look at dieting and nutrition, a timeless and essential guide to maintaining the human body and maximizing its potential. Real Food for Dogs and Cats is for every pet lover who wants to ensure their cat or dog has the best chance of a long and healthy life. This no-nonsense guide to natural and balanced pet nutrition has simple, practical and effective ways to keep pets in top condition. Dr Clare Middle combines a wealth of experience with sound science in this easy-to-use book. This is a must for all pet owners, breeders, veterinarians and animal health professionals wanting to feed dogs and cats the natural way.

As a holistic veterinarian and scientist, Dr. Gary Richter helps dog and cat owners to navigate the thicket of treatment options and separate the fact from the fiction. He wants us to use what actually works, not just what Western science or alternative medicine say

Home Cooking for Your Dog
Natural Nutrition for Dogs and Cats
Not Fit for a Dog!
75 Holistic Recipes for a Healthier Dog
Damn Delicious