

Dr Christians Guide To You

Finally, TV's favourite doctor, Dr Christian, comes to the rescue of parents, boys and girls to answer all their questions about adolescence, sexuality and puberty. Leave it on the coffee table or sit down and go through it together - this ebook is a godsend for every family household with children under the age of 15.

Churches have made many converts but far too few real disciples. Many Christians struggle to take hold of basic biblical truth and live it out. We often take a painfully long time to mature. This is not because we lack resources or teaching, but because we struggle to connect with truth This is where the Freedom in Christ course comes in. It is specifically designed to help Christians take hold of who they are in Christ, resolve personal and spiritual conflicts through genuine repentance, and move on to maturity. This revised and updated edition of the popular course takes into account comments from the many who have used and reused it, and is accompanied by a completely new 3-disk DVD set. PRICE INCLUDES VAT

A topical listing of proverbs from the Bible - King James Version

What is truth? Who is God? Who is Jesus Christ? Who am I? What is the meaning of life and death? Answers to these questions can be found in Dr. Andrew Barber's book Fundamentals of Christianity: A Bible Study and Guide. In this book, Christian principles, ethics, doctrines, and beliefs are explored, examined, and explained using the Holy Bible as the authoritative source. This book will guide the reader through the fundamentals of the one true faith. Learn about God, his works, and his will and teach others. Grow in your knowledge and discover the mysteries revealed in God's Word, for there you will find the answers to your questions, problems, desires, and hopes. All topics, definitions, scriptures, and discussions have been derived directly from God's Word, the Holy Bible.

Embracing Doctrine for Life

The Christian Science Journal

Every Believer's Birth Right to Walk in the Supernatural

Fundamentals of Christianity: a Bible Study and Guide

How to Mend and Move on from Broken Relationships

Created on Purpose for Purpose

Biblically Sound

Dr Christian Jessen tells it like it is, in this upfront and unashamed companion to growing up. Coming to the rescue of parents, boys and girls, Dr Christian is ready to answer all their questions about adolescence, sexuality and puberty. In his assured, no-nonsense fashion, he allays the fears and uncertainties of growing youngsters (and helps parents find answers) about puberty, sex, personal and emotional health and body image. Addressing all those cringey questions parents squirm at answering, Dr Christian's sensible, light-hearted advice guides boys and girls on the path to be coming healthy, happy adults. Covering issues such as: puberty, diet, sex, sexuality, self-esteem/body image, personal health, emotional health and bullying.

How to steward your body well Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. (3 John 2) Are you caught in a tug-of-war between pursuing a healthier lifestyle and settling for average? Did you know that you can build a better you by making a series of simple daily choices? Join Dr. Bob DeMaria as he offers 35 years of professional medical expertise and solid Scriptural insight to help improve your health and transform your life in the comfort of your own home. In Dr. Bob's book, you will learn: 365 easy ways to change your diet, improve your sleep, and enhance your exercise Secrets to preventing (and dealing with) diabetes, cancer, IBS, gallstones, menopause, headaches, and more. This journey will equip you with priceless information, empower you to make necessary improvements, and enable you to be a good steward of the body God has given you.

Annie has many unanswered questions! Will she find her one and true love or will she be destined to stay single all her life and do a work for God?

Dr Christian's Guide to YouScholastic UK

Your Special Gift

A Closet Christian, Non-Christian, and Christmas Christian's Guide to Radically Rethinking God Stuff

The Pursuit of God

The Congregational magazine [formerly The London Christian instructor].

Gazing Into Glory

The Christian Evangelist

Bible Study Guides and Copywork Book - (St. Matthew, St. Mark, St. Luke, St. John and the Book of Acts) - Memorize the Bible: Bible Study Guides and Copywork Book - (St. Matthew, St. Mark, St. Luke, St. John and the Book of Acts) - Memorize the Bible

Initially it was not my intention to write a book, I was just looking for answers. Answers to questions I had after my involvement as an infantry paratrooper with the 101st Airborne during the Vietnam War. And my life after death experience after I was stung by Giant Black Wasps went into anaphylactic shock and flat lined. I suffered a cardiac arrest and complete repertory failure. I was later able to relate procedures the medical staff used to resuscitate me while I was dead. I don't have to wonder about life after death, I know. Things To Come will give the reader a thorough understanding of what the Bible says and what Christianity means for a believer. The book is divided into two sections: The Covenants, covers God's Covenants, His chosen people and God's will for mankind. The Holy Spirit, whom the Father sent to us after Christ's assentation, details the twelve current ministries of the Holy Spirit in our lives. The Prince of Darkness explains Satan's role in everyday life. Satan is not omnipresent so he cannot possibly involve himself in the daily affairs of eight billion people. God's Providential involvement in everyday life is revealed in the 4th chapter. The Tribulation and the Rapture addresses the final eventual battle between good and evil; Christianity and Islam. The final chapter The Alpha and the Omega specifies the personal relationship a believer has with Christ. Things To Come is a very good book for anyone that desires a deep understanding of Scripture and either does not have the time for daily reading of Scripture or finds the Bible hard to understand. A word about PTS (PTSD), there is no D, PTS is not a disorder. PTS is natural reaction of stress experienced after a person is exposed to a traumatic event. Many people suffer from PTS, it can be the result of a rape, an assault, the loss of a spouse, a child, a sibling, witnessing a horrific event or an accident. What makes PTS different for soldiers is that they are subject to frequent traumatic events over a long period of time. People respond differently to traumatic events, some are more resilient than others. Frequency, duration, and the extreme nature of the event all play a role in recovery. A major component of PTS is the moral dissonance we experience. The event can completely destroy our belief system, the ideas we held that made sense of the world we live in. At any point in time we have a summation of what we know and the experiences we have gone through. Events and information change how we see the world and in effect change who we are. A traumatic event can be so life changing that we are in effect a different person and after a traumatic event, the new you. In order to recover from PTS, it is imperative we reconstruct a new belief system that encompasses our new reality and the new you. In Just War, I (Tom Newman) recount the events that destroyed my worldview and fundamentally changed the person I was. The Company I was with in Vietnam experienced a 97 percent casualties and fatalities. Within my first 30 days in country we had a friendly fire incident that killed eleven and severely wounded nineteen of my fellow troopers. I also witnessed the aftermath of the regular assassination of four year old children. Additionally, when we retook the city of Hue we found the shallow graves of 2,800: judges, doctors, clergy, policeman, and politicians, anyone that could organize resistance against the communists. It was a very long process for me to make sense of my new realities and the new me. My other book: A Brief History of the Bible' Things To Come, is the information I needed to reconstruct a new worldview bases on my experiences and the new person I had become. If you want to get your life back after suffering from PTS, it is imperative you find a new worldview for the new you.

Your teenage years see many changes to your body and your lifestyle. In his usual frank and straightforward fashion, Dr Christian tackles all your worries about growing up stress-free and healthy.

"New York Times bestselling author and senior fellow at the Discovery Institute brings together the trending topic of intermittent fasting with the ancient Christian tradition of fasting for spiritual awakening"--

Gazing Into Glory reveals the Lord's intent for spiritual manifestations to become your normal Christian experience. This book rests on solid biblical support and is built on modern-day, real-life supernatural experiences. You too will discover the true essence of the glory of God. There has been a growing hunger and passion in the hearts of God's people-- birthed by the Holy Spirit-- to more fully walk in the spirit and access in a more specific way all that the Word indicates is yours. You are encouraged to use Gazing Into Glory as a roadmap as you journey into the lifestyle and mindset that God destined for you to enjoy. By expounding upon the power and benefits of the Glory of God, the scriptural manifestations of God's glory become more than parables-- they embrace you. Walking in the supernatural is not promised only to a select mystical few. The experience belongs to all believers who choose to pursue the promises of God for themselves--it belongs to you.

A Brief History of the Bible

The Work of Christ

Dr. Bob's Guide to Optimal Health

Christian Faith and Life

A Practical Guide on the Christ Centered Victorious Living

When God Unfolds the Rose

Walking Through Anger

Discover a compassion-based method for defusing conflict and creating better relationships in every area of your life. How do you respond to anger—in yourself or others? Do you fight fire with fire, or run for cover? Dr. Christian Conte created “Yield Theory” as a way to meet conflict without aggression or submissiveness through the practice of compassionate listening, de-escalation, and genuine communication. With Walking Through Anger, he teaches you this revolutionary model for dealing with anger and inflamed emotions in an increasingly divisive world. Combining Buddhist wisdom, neuroscience, and Dr. Conte’s hands-on experience as one of today’s top anger management therapists, he offers powerful tools for resolving conflict in a way that promotes deeper connection and understanding. Yield Theory is a form of radical self-compassion that lets you circumvent the brain’s fight-or-flight responses in yourself and the person you’re talking to. With an accessible style and practical guidance, Dr. Conte takes you through the seven steps of this potent method: acceptance, authenticity, conscious education, creativity, elimination of shame, mindfulness, and non-attachment. “Although Yield Theory has proven to be an effective tool for therapists and counselors,” says Dr. Conte, “it’s ultimately a way of life. In my experience, anyone from career criminals to parents can learn this approach to transform the way we understand each other—and our true Selves.”

We all have great intentions when it comes to raising our children. We want them to succeed, and above all to surrender their lives to the lordship of Christ. As a father of four boys and a twenty-five-year veteran of school administration, I understand these goals. I also understand the busyness of daily life how days merge into weeks as hurried lifestyles spin out of control, leaving us wondering how our toddlers became teenagers. This book introduces you to a simple, biblically based plan for raising servant-leaders for Christ. Whether your child is eighteen months or eighteen years old, this book will guide you through the process of preparation for the race that awaits him in this world. We will walk through specific and practical things you can do to build a family plan. Being deliberate and focusing on creating depth in your child's faith is the first step to preparing him or her to run with the horses "If you have run with footmen and they have tired you out, then how can you compete with horses? If you fall down in a land of peace, how will you do in the thicket of the Jordan?" (Jeremiah 12:5).

Be a major part of your child's transformation in just six weeks! Mom, what greater joy could there be for you as a parent than watching your child grow up with strong values, character and good etiquette? For years parents have searched for charm schools and etiquette training to give their children poise and grace hoping that what their kids learn will stick with them and they will come away with a sparkle and a shine. The problem is that these schools and training are only one dimensional. Today, you as a home school parent and teacher have a delightful opportunity to teach your own children and teens character and etiquette with the poise and grace of Christ, as you guide them through a six week study with Gods Best Is Your Child, A Home School Moms Teachers Guide To Etiquette and Character Studies. Your Teachers Guide is specifically designed to collaborate with the students Gods Best Is Me work book offering you inventive and creative ideas to make your classes fun and exciting. This book has all the information you will need with many creative ideas to help you be a great success! You will have so much fun teaching your kids character and etiquette, poise and grace under the guide lines of the Bible with 25 exciting, plus elective topics carefully chosen for their personal development. You will have the freedom to create your own environment, design your own programs including praise and worship music with staging, role playing and etiquette games. Teaching and educating your child or several other children Gods Best Is Me with this well planned collaborative Teachers Guide is nothing less than Amazing Joy! Get ready for a brand new adventure in your Life!

Erlandson articulates the growing frustration that many people have with Christianity and shows how a church is not needed to create a challenging and life-changing new path based on the simple call to love God and love one's neighbor.

Stuck

A Home School Mom's Teacher's Guide in Etiquette & Character for Children & Teens

A Theological Contemplation on Prayer

The Gospels and Acts Book 2

Hidden Mountain, Secret Garden

A Step-By-Step Guide To Help You

Things to Come

Studying doctrine for the Christian often feels like watching a construction crew build a foundation. There seems to be a great amount of activity, but the results don't appear visible. Just like the foundation is essential for the stability of a building, studying theology is crucial to the long-term stability of the believer.The goal of this study is to provide you with the basics of biblical doctrine to make sure your foundation is sound. At times this will feel like the difficult work of laying an unseen foundation for a building. At other times, however, it will feel like we are soaring to great heights as we explore the breadth and length and height and depth of our faith. During the course of this study, we will consider the questions: Why study theology? Who is God? Who am I? What is the church? Where do I go when I die? Why do other people believe differently?

The Steps to Freedom in Christ is a comprehensive process that will help you resolve your personal and spiritual conflicts in Christ. Experience daily victory over sin and doubt and reclaim the promise of freedom that Christ offers to all who call on His name.

“The work of Jesus reveals to us who He is. The work and the person may be distinguished but never separated.”—Dr. R. C. Sproul Most Christians recognize the importance of Christ's death and resurrection. But how many of us understand the theological significance of Jesus' actions before and after the Crucifixion? In The Work of Christ, Dr. R. C. Sproul looks at every aspect of Jesus' life and work, addressing such life-changing topics as:Why Jesus' baptism is relevant for our salvationThe similarities and differences between the temptation of the first Adam and the temptation of Jesus, the “second Adam”How God uses song to celebrate his redemptive actsWhy the Last Supper marks the beginning of a greater exodus than that of the Old TestamentHow Jesus' death and resurrection are grounded in the eternal covenant among the persons of the TrinityWhy Jesus' ascension makes a difference in our lives todayWhat we know and don't know about Jesus' returnMoving from Jesus' existence from before creation through His incarnation, boyhood, adulthood, death, resurrection, and return, Dr. Sproul guides you to a deeper understanding of God's beautiful promise and purpose behind the works of Christ's life.

Do you know that you were well thought out in the mind of God? Do you know you were not a by-chance product? Do you know you have a God purpose? Created On Purpose For Purpose holds the keys that will unlock all the answers and equip you to walk out your God purpose! Everyone has a sense that they were born for a purpose. But there is something more than just a purpose. The God purpose was designed specifically for you, and it's your responsibility to live out this assignment! From her own experience in discovering her God purpose, author Lisa Singh has outlined the steps to take to discover your God purpose. This easy-to-read guide will instruct you to explore why God designed a special purpose for you and how you can come to understand it. Once you know your place in the world, you can begin to live your purpose and thereby bless not only yourself, but the world you live in. Realize who you are and learn practical applications for victorious, fulfilling living. Whether studying alone or in a small Bible study, you'll find the tools you need to find your God purpose and start living your life the way it was intended to be lived—on purpose!

Hope Returns

What the Events of Jesus' Life Mean for You

Here Comes Heaven!

Dr Christian's Guide to Growing Up Online (Hashtag: Awkward)

Third Edition

God's Best Is Your Child

Eat, Fast, Feast

The Gospels and Acts are composed of writings from St. Matthew, St. Mark, St. Luke, St. John and the Book of Acts. The purpose of which is to give you the spiritual lens that will enable you to see clearly what you fail to see using your physical lens. As you read this collection, try to see the three spiritual themes to it. Get a copy today.

Dustin is a seventeen-year-old young man who finds out that his girlfriend, Sandy

Here is a masterly study of the inner life by a heart thirsting after God, eager to grasp at least the outskirts of His ways, the abyss of His love for sinners, and the height of His unapproachable majesty - and it was written by a busy pastor in Chicago! Here is a book for every pastor, missionary, and devout Christian. It deals with the deep things of God and the riches of His grace. Above all, it has the keynote of sincerity and humility.

This work is an invitation and guide for young people to bring the realm of Heaven to earth. As children discover their identity through the revelation of the Father's love, they are released to fulfill their Royal Mission: to demonstrate the Kingdom of God by living a life of miracles. Each chapter explains and identifies the inheritance that God's sons and daughters possess, such as the Father's love, the anointing and indwelling of the Holy Spirit, faith, prayer, and the keys of power and authority. This book is not only a companion for the "Journey", but also provides a meeting place for children to encounter God's presence that will transform their hearts and lives.

Proverbs for Parenting

The Sanctified Life

A Christmas Play in One Act

Dr Christian's Guide to Growing Up (new Edition)

A Kid's Guide to God's Supernatural Power

A Preteen Primer to the Facts of Life

Finding Memphis

Dr Christian's Guide to Growing Up Online' takes a social-media style tour through such wide-ranging topics as health, puberty, anxiety, gender, sexuality, stress, grief and any difficult questions in between.

Properly, while I endeavor to expound the principles of Christian social justice, I shall also endeavor to show you how these principles can be applied. And just as properly, it will be my hope to bestir you to action-Christian action, American action-for faith without good works is dead. Thus, at the outset, while I am deeply grateful to everyone of you for, the heroic sacrifices you have made, and v

make, to keep me on the air over this independent chain of radio stations, may I ask you for one more favor today-the favor of a prayer to the Holy Ghost. I beseech all of you to ask the spirit of understanding to fill me with prudence: and the spirit of fortitude to give me strength and courage to carry on the battle against the hidden powers of darkness-perhaps not quite so hidden today as y

May I also suggest that you will ask your little children who are ignorant of the causes of poverty, wretchedness and exploitation-may I suggest that you ask these innocent children to whisper a prayer for one who fully recognizes how unworthy he is but who fully realizes what a golden opportunity God has given to him to be an instrument for good. You are anxious to know what topics I sha

discuss during the insuing year. Roundly speaking, it is my hope that these addresses will be concerned chiefly with Christian social justice. While my ultimate objective is to help more and more men to save their immortal souls, I recognize how difficult it is for man to practice Christian virtue, to live a holy life in peace and contentment, when he and a great group of his fellowmen are denied un

an equitable share in the goods and wealth of this world-goods and wealth which our common Father in heaven bestowed upon all men for all men to use and enjoy-goods and wealth, which, alas, have been concentrated in the hands of a few to the detriment of the many because an un-Christian species of social injustice was foisted upon us in the past few centuries and because, as a result o

an alien philosophy of social injustice, under the name either of Communism or Nazilsm, is endeavoring to win our allegiance today. Fearlessly, Christian social justice challenges these several systems for the attention and the support, in this instance, of the American public-a public composed of persons who, despite their many faults and shortcomings, will never surrender the heritage of

Bethlehem, of Pilate's hall, of Calvary Hill or of the Easter morning sepulchre from whose empty depths there echo and re-echo the immortal words, HI am the Resurrection and the Life." Fortified with these precious heritages it is our hope to carry on a campaign of instruction and inspiration even though we find ourselves opposed by the rugged individualists on the right and by the unchristly

radicals on the left. It is our hope to convert a zealous band of followers into a group of active Christians-. Christians who, by the sincerity of their lives and the logic of their doctrines shall win millions of followers who are convinced that there is no way other than Christ's way for saving America and restoring prosperity and peace for all. My friends, at the outset, permit me to clarify the fun

doctrine of Christian social justice-the doctrine that differentiates it from every other plan of life proposed for man to follow. It is this: Christ came on earth not only to redeem and save individuals but also to establish an absolutely new social order. Recognizing the chaotic condition of society in His own time; aware of the universal slavery practiced virtually by every nation; and conscious of th

spiritual darkness which had encompassed every kingdom, empire, republic and tribe, our Saviour well understood that man, left to his natural abilities, was unable to acquire peace and prosperity in this world and save his immortal soul in the hereafter.

Are You STUCK in a Broken Relationship?We've all been stuck: stuck in traffic, stuck in the mud,stuck in the middle...But getting stuck in a broken relationship is one of the worst places to be stuck. It leaves you hurt and confused: not knowing what to do next. If that's where you find yourself today, then STUCK may be the book to help you get unstuck. A Practical Guide to Broken Relationships

Remy Diederich goes beyond anger management and provides his readers with practical, spiritual insight into how to overcome anger. He offers helpful analysis of the question, What is anger? and then carefully suggests approaches, often step-by-step, to help you navigate the process of letting go of your anger and getting your life back on track.A Bible-based Approach on How to ForgiveF. Remy

Diederich's writing is rich in biblical thought and counsel but not simplistic in its application or blind to the realities of human weakness. Issues of anger management, grief, boundaries, and how to forgive are carefully looked at from a spiritual perspective. He also includes a special section on how to forgive yourself.A Compassion, Realistic Approach to Reconciliation While encouraging

reconciliation, the author is also aware that reconciliation is not always possible and offers alternatives. Because of STUCK's helpful "how-to" nature, you will want to highlight key thoughts and return to them again and again. What will you learn from STUCK? The answer to the question: what is anger? Seven reasons why those closest to you often tick you off How to take control of your anger

let it work for you Seven reasons you stay stuck in broken relationships Why grieving is so important after you lose a relationship A practical guide on how to forgive others How to help others forgive you and achieve reconciliation How to forgive yourself How to move on from your past and reclaim your life If you are "stuck" in a broken relationship, do yourself a favor and read this book. It co

just the thing you need to help you get unstuck and move on with your life. Still not sure? Go back to the top of this page and check out the "Look Inside The Book" feature to take a glance at how this book can help you "Mend and Move on From Broken Relationships"

Having "the talk" can sometimes be an awkward experience for both parent and child. Even so, I didn't want to wait until my children's hormones kicked in, and I didn't want to be caught off guard when they had questions, but most of all, I didn't want them growing up with misconceptions concerning sex. I wanted my children to be informed about the facts of life, yet without being too sexual

explicit in the process, because some of the facts weren't good such as pornography, diseases, and predators, but these subjects needed to be addressed as well. As a result, I told them what I have written in Your Special Gift, by using the analogy of a gift, a lock, and a key to define commonly used sexual terms, and to caution them about possible consequences, and to warn them of potential

predators. I also used Scripture as the basis of defining true love. The simplicity of the gift analogy opens the door of communication between parent and child in an effective straightforward, and yet sensitive way, so that any question concerning sex can be answered by using this method. Your Special Gift is well-suited for children in the 8-to-12 year-old range.

A 10-week, life-changing, discipleship course

Dr Christian's Guide to You

Dr Christian's Guide to Dealing with the Tricky Stuff

the christian's penny magazine: a weekly miscellany

Rescuing God from Christianity

A New Design for Confronting Conflict in an Emotionally Charged World

"Hidden Mountain Secret Garden: a theological contemplation on prayer" helps the reader discover the riches of mental prayer in the Catholic Tradition. In fact, the images of the "Hidden Mountain" and the "Secret Garden" are ancient metaphors for contemplative prayer, a kind of prayer that begins and ends in faith. This book is especially for those whose prayer is a

search for the loving eyes of One who has conquered death. This kind of prayer beholds the wonder of Christ's living but hidden presence in one's highest thoughts and most noble aspirations as well as in one's instinctual urges and deepest longings. The ecstasy of this kind of prayer extends beyond even the vast unexplored horizons of the human heart and opens to an

immensity of such excessive mercy that all else is forgotten -- and only love remains. The whole world needs this love: it is the secret garden, the hidden mountain, the inexhaustible riches only prayer knows and an excess of grace only prayer can make known. This is why Blessed John Paul II told the Church not to be afraid to open wide the doors of our hearts to

Christ and it is why He told the young people of the world to be proud to proclaim the Gospel of the Lord. For those brave souls who have faithfully open their hearts to the Lord through this discipline of this kind of prayer, every Christian owes you a debt of gratitude. For those who want to join them, this work encourages you along the way -- for the journey you endeavor

is at once the most perilous, the most heart-rending and the most wonderful adventure this world has ever known. "Dr. Anthony Lilles has authored an introduction to prayer that is inspiring and encouraging. For those desiring to pray this is a resource that is full of practical advice - written simply and attractively. This book bears the mark of a man - husband, father and

teacher - who is not only imbued with the wisdom of the Saints, but who has also, through his own prayer, learned how all of us can, through prayer, foster faith in and love for Jesus and his Gospel." THOMAS G. WEINANDY, O.F.M., CAP. Executive Director for the Secretariat for Doctrine United States Conference of Catholic Bishops This is a wonderful book. I've

taught spiritual theology many years and I wish I had had this text use. In fact, I wish I had written this book. It is scriptural, patristic, historical, theological, mystical, experiential and user friendly. Dr. Lilles takes us through the spiritual journey of prayer, citing Fathers and doctors, saints and even sinners to guide us on our Christian way toward contemplation. Weaving

many themes into a harmonious whole, he opens up the life of contemplation for all Christians, our baptismal birthright in a way that is accessible and attractive. This is a book one will read more than once. FR. GILES DIMOCK, O.P., S.T.D University Parish of St. Thomas Aquinas At the University of Virginia In this book we find the real meat of the new evangelization.

The church in America will not be renewed by "facts about Jesus" but only through one's choice to let Christ reach the heart and change it from within. It is an ancient message received by only few: Do not be afraid of letting go of what now defines you. Let Christ tell you who you are. Dr. Lilles is one of the ablest guides to lead us through to such a choice. Will I stay with

knowledge about Jesus or will I enter the garden of prayer and finally come to know Him!! Do not be afraid to be loved, read this book. DEACON JAMES KEATING, PH.D, Institute for Priestly Formation, Omaha, NE

On the heels of her mother's death, Hope Logan reluctantly returned to her grandparents' home place in search of a journal that revealed explosive crimes and atrocities of the past that had haunted her grandma for nearly sixty-five years. Bitterness, unforgiveness, and anger consumed her as she set out to solve the mystery that surrounded her grandma's life. The dark

evil secret that was contained in the journal only deepened her resentment of God. Because of her quest, she came in contact with many strong believers, especially a handsome young pastor and three senior citizens. In that small town in the foothills of the mountains of North Carolina, Hope's bitterness, unforgiveness, and anger slowly began to fade in the light of the

strong faith of the young pastor and three senior citizens. She discovered the true meaning of faith and hope in Christ in the midst of adversity. Carolyn Digh Griffin, a native North Carolinian, resides in Waxhaw, North Carolina, with her husband, Hoyle. She is retired from Union County Public Schools where she was an Administrative Assistant to the Assistant

Superintendent. She has two daughters and four grandchildren who also reside in the Old North State.

When I first became a believer I had a difficult time living for the Lord because there was so much I did not understand. I did not realize that I was a three part being and that when I gave my life to Jesus only one part of me experience immediate change, my spirit. According to our Lord Jesus that which is born of the Spirit is spirit. (John 3:1-6) However nothing

happened with my mind nor my flesh. And I learned that I was responsible to get my mind renewed with the Word and bring my body under subjection with the help of the Holy Spirit. (Romans 12: 1-2) Because I did not first understand these things I struggled. And there are many believers who are struggling in the walk with the Lord today. Perhaps you are one of them.

When I was taught what really happens at the new birth and how to grow spiritually things changed and I began to experience change in my walk. I was encouraged by another minister to write a book which would share with others concerning how to grow in Christ, renew their minds to God's will and ways, how to meditate in the Word and how to bring their bodies

under subjection and get past ungodly fleshy lusts which war against the soul. This minister felt it was very important to share what I had learned after thirty years of walking with the Master. This book was my attempt to do just that. I don't claim to know everything about living for the Lord. We are all still learning and growing. But perhaps you will find the key to your

victory here. "How to Live The Christian Life Successfully..... Victoriously," A practical guide on living for Christ. Get your copy today and learn how to overcome as a believer. Available as a paperback and in kindle format.

Freedom in Christ Course Leader's Guide

Manifesting Your God Purpose

The Christian Century

That Stupid Christmas Play

Am I an Antisemite?

Herald of Gospel Liberty

Running with the Horses