

Dry A Memoir By Augusten Burroughs Recargastotales

Award-winning sociologist Arlene Stein takes us into the lives of four strangers who find themselves together in a sun-drenched surgeon's office, having traveled to Florida from across the United States in order to masculinize their chests. Ben, Lucas, Parker, and Nadia wish to feel more comfortable in their bodies; three of them are also taking testosterone so that others recognize them as male. Following them over the course of a year, Stein shows how members of this young transgender generation, along with other gender dissidents, are refashioning their identities and challenging others' conceptions of who they are. During a time of conservative resurgence, they do so despite great personal costs.

*First introduced to the world in her sons' now-classic memoirs—Augusten Burroughs's *Running with Scissors* and John Elder Robison's *Look Me in the Eye*—Margaret Robison now tells her own haunting and lyrical story. A poet and teacher by profession, Robison describes her Southern Gothic childhood, her marriage to a handsome, brilliant man who became a split-personality alcoholic and abusive husband, the challenges she faced raising two children while having psychotic breakdowns of her own, and her struggle to regain her sanity. Robison grew up in southern Georgia, where the façade of 1950s propriety masked all sorts of demons, including alcoholism, misogyny, repressed homosexuality, and suicide. She met her husband, John Robison, in college, and together they moved up north, where John embarked upon a successful academic career and Margaret brought up the children and worked on her art and poetry. Yet her husband's alcoholism and her collapse into psychosis, and the eventual disintegration of their marriage, took a tremendous toll on their family: Her older son, John Elder, moved out of the house when he was a teenager, and her younger son, Chris (who later renamed himself Augusten), never completed high school. When Margaret met Dr. Rodolph Turcotte, the therapist who was treating her husband, she felt understood for the first time and quickly fell under his idiosyncratic and, eventually, harmful influence. Robison writes movingly and honestly about her mental illness, her shortcomings as a parent, her difficult marriage, her traumatic relationship with Dr. Turcotte, and her two now-famous children, Augusten Burroughs and John Elder Robison, who have each written bestselling memoirs about their family. She also writes inspiringly about her hard-earned journey to sanity and clarity. An astonishing and enduring story, *The Long Journey Home* is a remarkable and ultimately uplifting account of a complicated, afflicted twentieth-century family.*

"Gut-splittingly funny...a deeply moving account of a boy's attempt to control his world with his own brand of magic." --People magazine, 4 stars. Tracey Ullman once described Eric Poole as "the best undiscovered writer I ever met." Now the world can enjoy his achingly honest wit and gift for capturing real life characters in this memoir about growing up in the 1970's with an obsessive-compulsive mother and a crush on Endora from Bewitched.

A memoir from a schoolteacher of growing up in the heart of the Midwest during the Great Depression describes her close family life on an Iowa farm during a time of

endless work and resourcefulness, with no tolerance for idleness or waste.

Remembering the Things I Drank to Forget

12 Smart Things to Do When the Booze and Drugs Are Gone

A Memoir of Addiction

Running with Scissors

A Novel

The Dream of Water

Now in paperback: Chip Kidd's introduction to graphic design for kids. "As a little boy, I had a dream that my father had taken me to the woods where there was a dead body. He buried it and told me I must never tell. It was the only thing we'd ever done together as father and son, and I promised not to tell. But unlike most dreams, the memory of this one never left me. And sometimes...I wasn't altogether sure about one thing: was it just a dream?" When Augusten Burroughs was small, his father was a shadowy presence in his life: a form on the stairs, a cough from the basement, a silent figure smoking a cigarette in the dark. As Augusten grew older, something sinister within his father began to unfurl. Something dark and secretive that could not be named. Betrayal after shocking betrayal ensued, and Augusten's childhood was over. The kind of father he wanted didn't exist for him. This father was distant, aloof, uninterested... And then the "games" began. With *A Wolf at the Table*, Augusten Burroughs makes a quantum leap into untapped emotional terrain: the radical pendulum swing between love and hate, the unspeakably terrifying relationship between father and son. Told with scorching honesty and penetrating insight, it is a story for anyone who has ever longed for unconditional love from a parent. Though harrowing and brutal, *A Wolf at the Table* will ultimately leave you buoyed with the profound joy of simply being alive. It's a memoir of stunning psychological cruelty and the redemptive power of hope.

In times of crisis like the coronavirus pandemic has caused, we need all the recovery tools we can get. Smart sobriety means working on all the stuff our substances were covering up. Learn the attitudes and behaviors that are key to attaining and sustaining emotional sobriety and developing a deeper trust in the process of life. Dr. Allen Berger draws on the teachings of Bill W. and psychotherapy pioneers to offer us twelve hallmarks of emotional sobriety. These "right actions" help us develop the confidence to be accountable for our behavior, to practice asking for what we want and need, and to cultivate a deeper trust in the process of life. Dr. Berger's list of smart things includes understanding who you are and what's important to you learning not to take others' reactions personally trusting your inner compass Through practicing these twelve things, we find release from what Bill W.

described as an “absolute dependence on people or circumstances. Freed from the emotional immaturity that fueled our addictive personality and hurt ourselves and others, we can develop the tools to find strength from within and continue our successful journey of recovery.

The Tenth Anniversary Edition of the New York Times bestselling book that has sold over half a million copies in paperback. "I was addicted to "Bewitched" as a kid. I worshipped Darren Stevens the First. When he'd come home from work and Samantha would say, 'Darren, would you like me to fix you a drink?' He'd always rest his briefcase on the table below the mirror in the foyer, wipe his forehead with a monogrammed handkerchief and say, 'Better make it a double.'" (from Chapter Two) You may not know it, but you've met Augusten Burroughs. You've seen him on the street, in bars, on the subway, at restaurants: a twentysomething guy, nice suit, works in advertising. Regular. Ordinary. But when the ordinary person had two drinks, Augusten was circling the drain by having twelve; when the ordinary person went home at midnight, Augusten never went home at all. Loud, distracting ties, automated wake-up calls and cologne on the tongue could only hide so much for so long. At the request (well, it wasn't really a request) of his employers, Augusten lands in rehab, where his dreams of group therapy with Robert Downey Jr. are immediately dashed by grim reality of fluorescent lighting and paper hospital slippers. But when Augusten is forced to examine himself, something actually starts to click and that's when he finds himself in the worst trouble of all. Because when his thirty days are up, he has to return to his same drunken Manhattan life—and live it sober. What follows is a memoir that's as moving as it is funny, as heartbreaking as it is true. Dry is the story of love, loss, and Starbucks as a Higher Power.

Lit LP

The Radical Choice to Not Drink in a Culture Obsessed with Alcohol Intoxication and Its Aftermath

Dry

Transgender Men and the Remaking of Identity

A Hard-Drinking Life

From the number one New York Times bestselling author comes another stunning memoir that is tender, touching...and just a little spooky. "Here's a partial list of things I don't believe in: God. The Devil. Heaven. Hell. Bigfoot. Ancient Aliens. Past lives. Life after death. Vampires. Zombies. Reiki. Homeopathy. Rolfing. Reflexology. Note that 'witches' and 'witchcraft' are absent from this list. The thing is, I wouldn't believe in them, and I would privately ridicule any idiot who did, except for one thing: I am a witch." For as long as Augusten Burroughs could remember, he knew things he shouldn't have known. He manifested things that shouldn't have come to pass. And he

told exactly no one about this, save one person: his mother. His mother reassured him that it was all perfectly normal, that he was descended from a long line of witches, going back to the days of the early American colonies. And that this family tree was filled with witches. It was a bond that he and his mother shared--until the day she left him in the care of her psychiatrist to be raised in his family (but that's a whole other story). After that, Augusten was on his own. On his own to navigate the world of this tricky power; on his own to either use or misuse this gift. From the hilarious to the terrifying, *Toil & Trouble* is a chronicle of one man's journey to understand himself, to reconcile the powers he can wield with things with which he is helpless. There are very few things that are coincidences, as you will learn in *Toil & Trouble*. Ghosts are real, trees can want to kill you, beavers are the spawn of Satan, houses are alive, and in the end, love is the most powerful magic of all.

In this powerful, unforgettable memoir, acclaimed novelist Darin Strauss examines the far-reaching consequences of the tragic moment that has shadowed his whole life. In his last month of high school, he was behind the wheel of his dad's Oldsmobile, driving with friends, heading off to play mini-golf. Then: a classmate swerved in front of his car. The collision resulted in her death. With piercing insight and stark prose, Darin Strauss leads us on a deeply personal, immediate, and emotional journey—graduating high school, going away to college, starting his writing career, falling in love with his future wife, becoming a father. Along the way, he takes a hard look at loss and guilt, maturity and accountability, hope and, at last, acceptance. The result is a staggering, uplifting tour de force. Look for special features inside, including an interview with Colum McCann.

Lisa Smith was a bright, young lawyer at a prestigious firm in NYC in the early nineties when alcoholism started to take over her life. What was once a way of escaping her insecurity and negativity became a means of coping with the anxiety and stress of an impossible workload. *Girl Walks Out of a Bar* is Smith's darkly comic and wrenchingly honest story of her formative years, the decade of alcohol and drug abuse, divorce, and her road to recovery. Smith describes how her spiraling circumstances conspired with her predisposition to depression and self-medication, nurturing an environment ripe for addiction to flourish. *Girl Walks Out of a Bar* is a candid portrait of alcoholism through the lens of gritty New York realism. Beneath the façade of success lies the reality of addiction.

In 1990 author Kyoko Mori returned to her native Japan to visit the "landscape of my childhood." There--looking for the house in which her mother killed herself, running on land that was once water, and retracing childhood train trips to her grandparents' farm--she relived the memories and uncovered the secrets that unlocked her past. In *The Dream of Water*, a series of chapters that are themselves "small perfections," she leads us to the "larger happiness" of an autobiography that is also a work of art. Japan is the land Mori fled as a teenager, seeking to escape from her cold, abusive father and her manipulative stepmother. It is the country she spend her adult life putting behind her, but it is also her homeland. As she searches through familiar neighborhoods and on distant islands, she is constantly aware of the culture she abandoned and the one she has adopted. Pushed by the sights and sounds of contemporary Japan into her interior world of memory and dreams, she also looks out toward the daylight land of America. A personal journey of discovery that is also an exploration of national

difference, *The Dream of Water* explores intimate emotions that reveal profound cultural truths.

Sunshine Warm Sober

A Wolf at the Table

You Better Not Cry

Take Five: Four Favorite Essays Plus One Never-Been-Seen Essay

Lust & Wonder

A 30-Day, Alcohol-Free Challenge To Interrupt Your Habits and Help You Take Control

A collection of personal tales features the author's wry observations about such topics as eBay addiction, gay personal ads, and Santa Claus.

The hilarious first novel by the #1 bestselling author of *Running with Scissors*, *Dry*, *A Wolf at the Table*, and *You Better Not Cry*, *Sellelevision* is Augusten Burrough's darkly funny and vastly entertaining skewering of a very troubled home-shopping channel. Welcome to the world of *Sellelevision*, America's premier retail broadcasting network. When Max Andrews, the much loved and handsome (that is, lonely and gay) host of a "Toys for Tots" segment, accidentally exposes himself in front of millions of kids, *Sellelevision* faces its first big scandal. As Max struggles to find a new job in television, the popular and perky host Peggy Jean Smythe is receiving sinister emails from a stalker. Popping pills and drinking heavily, she fails to notice that her husband is spending a lot of time with the young babysitter who lives next door. Then there's Leigh, whose affair with married *Sellelevision* boss Howard Toast is going nowhere until she announces their relationship on air. A blistering satire of our overcharged, scandal-obsessed world, *Sellelevision* is "an absolute howl . . . wicked fun" (*New York Daily News*).

This bestselling memoir from a seasoned New York City reporter is "a vivid report of a journey to the edge of self-destruction" (*New York Times*). !--StartFragment-- As a child during the Depression and World War II, Pete Hamill learned early that drinking was an essential part of being a man, inseparable from the rituals of celebration, mourning, friendship, romance, and religion. Only later did he discover its ability to destroy any writer's most valuable tools: clarity, consciousness, memory. In *A Drinking Life*, Hamill explains how alcohol slowly became a part of his life, and how he ultimately left it behind. Along the way, he summons the mood of an America that is gone forever, with the bittersweet fondness of a lifelong New Yorker. !--EndFragment-- "Magnificent. *A Drinking Life* is about growing up and growing old, working and trying to work, within the culture of drink." --*Boston Globe*

A collection of personal writings features observations on such topics as a contest of wills with a deranged cleaning lady, the emotional side of killing a rodent in one's home, and the brief fame that accompanies starring in a commercial.

Career Theory and Practice

My Friend Leonard

A Memoir

Drinking

A Drinking Life

Drunkard

Fifteen million Americans a year are plagued with alcoholism. Five million of them are women. Many of them, like Caroline Knapp, started in their early teens and began to use alcohol as "liquid armor," a way to protect themselves against the difficult realities of life. In this extraordinarily candid and revealing memoir, Knapp offers important insights not only about alcoholism, but about life itself and how we learn to cope with it. It was love at first sight. The beads of moisture on a chilled bottle. The way the glasses clinked and the conversation flowed. Then it became obsession. The way she hid her bottles behind her lover's refrigerator. The way she slipped from the dinner table to the bathroom, from work to the bar. And then, like so many love stories, it fell apart. Drinking is Caroline Knapp's harrowing chronicle of her twenty-year love affair with alcohol.

Caroline had her first drink at fourteen. She drank through her years at an Ivy League college, and through an award-winning career as an editor and columnist. Publicly she was a dutiful daughter, a sophisticated professional. Privately she was drinking herself into oblivion. This startlingly honest memoir lays bare the secrecy, family myths, and destructive relationships that go hand in hand with drinking. And it is, above all, a love story for our times—full of passion and heartbreak, betrayal and desire—a triumph over the pain and deception that mark an alcoholic life. Praise for *Drinking* "Quietly moving . . . Caroline Knapp dazzles us with her heady description of alcohol's allure and its devastating hold."—Los Angeles Times Book Review "Filled with hard-won wisdom . . . [a] perceptive and revealing book."—San Francisco Chronicle "Eloquent . . . a remarkable exercise in self-discovery."—The New York Times "Drinking not only describes triumph; it is one."—Newsweek

A NEW YORK TIMES BESTSELLER For Sarah Hepola, alcohol was "the gasoline of all adventure." She spent her evenings at cocktail parties and dark bars where she proudly stayed till last call. Drinking felt like freedom, part of her birthright as a strong, enlightened twenty-first-century woman. But there was a price. She often blacked out, waking up with a blank space where four hours should be. Mornings became detective work on her own life. What did I say last night? How did I meet that guy? She apologized for things she couldn't remember doing, as though she were cleaning up after an evil twin. Publicly, she covered her shame with self-deprecating jokes, and her career flourished, but as the blackouts accumulated, she could no longer avoid a sinking truth. The fuel she thought she needed was draining her spirit instead. A memoir of unblinking honesty and poignant, laugh-out-loud humor, *BLACKOUT* is the story of a woman stumbling into a new kind of adventure--the sober life she never wanted. Shining a light into her blackouts, she discovers the person she buried, as well as the confidence, intimacy, and creativity she once believed came only from a bottle. Her tale will resonate with anyone who has been forced to reinvent or struggled in the face of necessary change. It's about giving up the thing you cherish most--but getting yourself back in

return. *Includes Reading Group Guide*

DryA MemoirPicador

From the number-one bestselling author of *Running with Scissors* and *Dry* comes *TAKE FIVE*, a mini collection of true stories that give voice to the thoughts that we all have but dare not mention—stories that shine a flashlight into both dark and hilarious places. *TAKE FIVE*

includes the following four favorite previously-published essays plus one brand-new, never-been-published essay by Augusten Burroughs: --MINT THRESHOLD --UNCLEAR SAILING --COMMERICAL BREAK --DEBBIE'S REQUIREMENTS --SWAN SONG (new!)

My Fair Junkie

Unbound

The Recovering

A 12-Step Guide to Recovery for Misfits, Freaks, and Weirdos

A Guide To the Big Book's Design for Living

This Is How

Unique in the way it links five major career development and choice theories to a fictional case client, this user-friendly text is ideal for counselors engaged in helping clients make wise career choices. Thoroughly updated, the Third Edition of *Career Theory and Practice* takes a multicultural approach as it blends theory, practical examples, and specific cases, helping readers apply a wide range of career development theories to counseling clients.

"Triumphant, moving, and wildly entertaining. This is an unabashed and completely relatable account of getting clean and getting a life."—Steve Geng, author of *Thick as Thieves* The single glass of wine with dinner . . . the cold beer on a hot day . . . the champagne flute raised in a toast . . . what I'd drink if Hunter S. Thompson wanted to get wasted with me . . . these are my fantasies lately. Too bad I've gone sober. When Sacha Z. Scoblic was drinking, she was a rock star; the days were rough and the nights filled with laughter and blackouts. Then she gave it up. She had to. Here are her adventures in an utterly and maddeningly sober world—and how she discovered that nothing is as odd and fantastic as life without a drink in hand. . . "A gripping, inspiring tale that picks up where most sobriety memoirs leave off . . . This is a story for anyone trying to enact meaningful change in their lives."—Emma McLaughlin and Nicola Kraus, #1 New York Times-bestselling coauthors of *The Nanny Diaries* "Hilarious and heartbreaking, *Unwasted* is a traveler's guide to the perilous, wondrous land of sobriety. Scoblic's scorched, sweet prose is the work of a writer at the top of her form."—Jennifer Finney Boylan, New York Times-bestselling author of *She's Not There* "Scoblic's testament to life on the wagon is pertinent and raffish, marked by considerable candor and humor. A dryly witty, spirited memoir."—Kirkus Reviews

"A compelling read, sad and wistful and breathtakingly forthright."—Chicago Magazine

Chicago Sun-Times columnist Neil Steinberg loved his job, his wife, and his two young sons. But he also loved to drink. *Drunkard* is an unflinchingly honest account of one man's descent into alcoholism and his ambivalent struggle to embrace sobriety. Sentenced to an outpatient rehab program, Steinberg discovers that twenty-eight days of therapy cannot reverse the toll taken by decades of hard drinking. As Steinberg claws his way through recovery, grieves the loss of the drink, and tries to shore up his faltering marriage, he is confronted by the greatest test he has ever faced, and finds himself in the process. Steinberg's gripping memoir is a frank and often painfully funny account of the stark-yet-common realities of a disease that affects millions.

You've eaten too much candy at Christmas...but have you ever eaten the face off a six-footstuffed Santa? You've seen gingerbread houses...but have you ever made your own gingerbread tenement? You've woken up with a hangover...but have you ever woken up

next to Kris Kringle himself? Augusten Burroughs has, and in this caustically funny, nostalgic, poignant, and moving collection he recounts Christmases past and present—as only he could. With gimlet-eyed wit and illuminated prose, Augusten shows how the holidays bring out the worst in us and sometimes, just sometimes, the very, very best.

Possible Side Effects

Half a Life

Quit Like a Woman

Girl Walks Out of a Bar

Toil & Trouble

Choosing Emotional Sobriety through Self-Awareness and Right Action

Perhaps the most unconventional and literally breathtaking father-son story you'll ever read, *My Friend Leonard* pulls you immediately and deeply into a relationship as unusual as it is inspiring. The father figure is Leonard, the high-living, recovering coke addict "West Coast Director of a large Italian-American finance firm" (read: mobster) who helped to keep James Frey clean in *A Million Little Pieces*. The son is, of course, James, damaged perhaps beyond repair by years of crack and alcohol addiction—and by more than a few cruel tricks of fate. James embarks on his post-rehab existence in Chicago emotionally devastated, broke, and afraid to get close to other people. But then Leonard comes back into his life, and everything changes. Leonard offers his "son" lucrative—if illegal and slightly dangerous—employment. He teaches James to enjoy life, sober, for the first time. He instructs him in the art of "living boldly," pushes him to pursue his passion for writing, and provides a watchful and supportive veil of protection under which James can get his life together. Both Leonard's and James's careers flourish...but then Leonard vanishes. When the reasons behind his mysterious absence are revealed, the book opens up in unexpected emotional ways. *My Friend Leonard* showcases a brilliant and energetic young writer rising to important new challenges—displaying surprising warmth, humor, and maturity—without losing his intensity. This book proves that one of the most provocative literary voices of his generation is also one of the most emphatically human.

The long-awaited sequel to *THE UNEXPECTED JOY OF BEING SOBER* - the Sunday Times bestseller 'Exquisite' - Fearn Cotton 'A paean to the longer-term pleasures of staying booze-free' - The Guardian 'The kind of book that changes lives, and very possibly saves them' - The Lancet Psychiatry 'A reflective, raw and riveting read. A beautiful book on what it takes to root for yourself' - Emma Gannon, Ctrl Alt Delete 'No other author writes about sober living with as much warmth or emotional range as Catherine Gray. Her deep insight into the subtle psychologies of drinking, and of life, means that everything she writes is both utterly relatable and stretches our minds. Hers is a rare wisdom.' - Dr Richard Piper, CEO, Alcohol Change UK What's it like to give up drinking forever? We know now that being teetotal for one, three, even twelve months brings surprising joys and a recharged body... but nothing has been written about going years deep into being alcohol-free. As Catherine Gray, author of runaway bestseller *The Unexpected Joy of Being Sober*, streaks towards a decade sober, she explores this uncharted territory in her trademark funny, disruptive and warm way. This is a must-read for anyone sober-curious, whether they've put down the bottle yet or not. Praise for *The Unexpected Joy of Being Sober*: 'Fascinating' - Bryony Gordon 'Truthful, modern and real' - Stylist 'Brave, witty and brilliantly written' - Marie Claire 'Gray's tale of going sober is uplifting and inspiring' - Evening Standard 'Not remotely preachy' - Sunday Times 'Jaunty, shrewd and convincing' - Sunday Telegraph 'Admirably honest, light, bubbly and remarkably rarely annoying' - Guardian 'An empathetic, warm and hilarious tale from a hugely likeable human' - The Lancet Psychiatry

In the tradition of *Blackout* and *Permanent Midnight*, a darkly funny and revealing debut memoir of

one woman's twenty-year battle with sex, drugs, and alcohol addiction, and what happens when she finally emerges on the other side. Growing up in Beverly Hills, Amy Dresner had it all: a top-notch private school education, the most expensive summer camps, and even a weekly clothing allowance. But at 24, she started dabbling in meth in San Francisco and unleashed a fiendish addiction monster. Soon, if you could snort it, smoke it, or have sex with, she did. Smart and charming, with Daddy's money to fall back on, she sort of managed to keep it all together. But on Christmas Eve 2011 all of that changed when, high on Oxycontin, she stupidly "brandished" a bread knife on her husband and was promptly arrested for "felony domestic violence with a deadly weapon." Within months, she found herself in the psych ward--and then penniless, divorced, and looking at 240 hours of court-ordered community service. For two years, assigned to a Hollywood Boulevard "chain gang," she swept up syringes (and worse) as she bounced from rehabs to halfway houses, all while struggling with sobriety, sex addiction, and starting over in her forties. In the tradition of Orange Is the New Black and Jerry Stahl's Permanent Midnight, Amy Dresner's My Fair Junkie is an insightful, darkly funny, and shamelessly honest memoir of one woman's battle with all forms of addiction, hitting rock bottom, and forging a path to a life worth living.

The author of "Running with Scissors" delves into new territory with his most personal and unexpected memoir yet. "A Wolf at the Table" is the story of Burroughs' relationship with his father, his stunning psychological cruelty, and the redemptive power of hope.

A Love Story

Four Favorite Essays Plus One Never-Been-Seen Essay

Hard Times and High Spirits on an Iowa Farm During the Great Depression

One Boy's Magical Triumph over Alienation and Shag Carpeting

As Needed for Pain

A Memoir of My Father

The author traces the story of his relationship with his father, in a psychological charged tale that evaluates such themes as the line between love and hate and longing for unconditional love.

In the vein of Mary Karr's Lit, Augusten Burroughs' Dry and Sarah Hepola's Black As Needed for Pain is a raw and riveting—and often wryly funny—addiction memoir from one of New York media's most accomplished editors which explores his never-before-told story of opioid addiction and the drastic impact it had on his life and career. Peres wasn't born to be a media insider. As an awkward, magic-obsessed adolescent, nothing was further from his reality than the catwalks of Paris or the hallways of magazine publishers. A gifted writer and shrewd cultural observer, Peres eventually made the leap—even when it meant he had to fake a sense of belonging in a new world of fashion designers, celebrities, and some of media's biggest names. But he had a secret: opiates. Peres's career as an editor at W magazine and Details is well known, but little known about his private life as a high-functioning drug addict. In As Needed for Pain Peres lays bare for the first time the extent of his drug use—at one point a 60-year habit. By turns humorous and gripping, Peres's story is a cautionary coming-of-age story filled with unforgettable characters and breathtaking brushes with disaster. But the heart of the book is his journey from outsider to insecure insider, what it took to get there, and how he found his way back from a killing addiction. As Needed for Pain offers a glimpse into New York media's past—a time when print magazines mattered—an

rarefied world of wealth, power, and influence. It is also a brilliant, shocking dissection of a life teetering on the edge of destruction, and what it took to pull back from it. An advertising executive remembers his childhood with his eccentric foster family and his early adulthood experiences of trying to establish an independent life for himself. Author of *Running with Scissors*. Reader's Guide available. Reprint.

Draws on the author's roller-coaster experiences with limited opportunities, successes, and failures while offering darkly whimsical, no-holds-barred advice on surviving everything from riding elevators and gaining weight to finishing drinks and finding love. By the author of *Running With Scissors*. 350,000 first printing.

True Stories

Get Up

A Program For You

Go: A Kidd's Guide to Graphic Design

The Alcohol Experiment: Expanded Edition

Little Heathens

"Barbara Sapergia has one foot on the prairie and one foot in the future. *Dry* is a literate and thoughtful speculation about the local costs of global warming, and the persistence of our human connection to the place we call home." Candace Jane Dorsey, from the bookjacket.

NEW YORK TIMES BESTSELLER • "An unflinching examination of how our drinking culture hurts women and a gorgeous memoir of how one woman healed herself."—Glennon Doyle, #1 New York Times bestselling author of *Untamed* "You don't know how much you need this book, or maybe you do. Either way, it will save your life."—Melissa Hartwig Urban, Whole30 co-founder and CEO The founder of the first female-focused recovery program offers a groundbreaking look at alcohol and a radical new path to sobriety. We live in a world obsessed with drinking. We drink at baby showers and work events, brunch and book club, graduations and funerals. Yet no one ever questions alcohol's ubiquity—in fact, the only thing ever questioned is why someone doesn't drink. It is a qualifier for belonging and if you don't imbibe, you are considered an anomaly. As a society, we are obsessed with health and wellness, yet we uphold alcohol as some kind of magic elixir, though it is anything but. When Holly Whitaker decided to seek help after one too many benders, she embarked on a journey that led not only to her own sobriety, but revealed the insidious role alcohol plays in our society and in the lives of women in particular. What's more, she could not ignore the ways that alcohol companies were targeting women, just as the tobacco industry had successfully done generations before. Fueled by her own emerging feminism, she also realized that the predominant systems of recovery are archaic, patriarchal, and ineffective for the unique needs of women and other historically

oppressed people—who don't need to lose their egos and surrender to a male concept of God, as the tenets of Alcoholics Anonymous state, but who need to cultivate a deeper understanding of their own identities and take control of their lives. When Holly found an alternate way out of her own addiction, she felt a calling to create a sober community with resources for anyone questioning their relationship with drinking, so that they might find their way as well. Her resultant feminine-centric recovery program focuses on getting at the root causes that lead people to overindulge and provides the tools necessary to break the cycle of addiction, showing us what is possible when we remove alcohol and destroy our belief system around it. Written in a relatable voice that is honest and witty, *Quit Like a Woman* is at once a groundbreaking look at drinking culture and a road map to cutting out alcohol in order to live our best lives without the crutch of intoxication. You will never look at drinking the same way again.

The instant New York Times bestseller *Lust*: 1. intense sexual desire or appetite 2. a passionate or overmastering desire or craving 3. ardent enthusiasm; zest; relish. *Wonder*: 1. something strange and surprising; a cause of surprise, astonishment, or admiration 2. the emotion excited by what is strange and surprising; a feeling of surprised or puzzled interest, sometimes tinged with admiration 3. a miraculous deed or event; remarkable phenomenon From the beloved #1 New York Times bestselling author comes an intimate look at the driving forces in one man's life. With Augusten's unique and singular observations and his own unabashed way of detailing both the horrific and the humorous, *Lust and Wonder* is a hilariously frank memoir that his legions of fans have been waiting for. His story began in *Running with Scissors*, endured through *Dry*, and continues with this memoir, the capstone to the life of Augusten Burroughs. Funny, sweet, alarming, and ultimately, moving and tender, *Lust & Wonder* is an experience of a book that will resonate with anyone who has loved and lost and loved again. The *Liars' Club* brought to vivid, indelible life Mary Karr's hardscrabble Texas childhood. *Cherry*, her account of her adolescence, "continued to set the literary standard for making the personal universal" (*Entertainment Weekly*). Now *Lit* follows the self-professed blackbelt sinner's descent into the inferno of alcoholism and madness—and to her astonishing resurrection. Karr's longing for a solid family seems secure when her marriage to a handsome, Shakespeare-quoting blueblood poet produces a son they adore. But she can't outrun her apocalyptic past. She drinks herself into the same numbness that nearly devoured her charismatic but troubled mother, reaching the brink of suicide.

A hair-raising stint in "The Mental Marriott," with an oddball tribe of gurus and saviors, awakens her to the possibility of joy and leads her to an unlikely faith. Not since Saint Augustine cried, "Give me chastity, Lord—but not yet!" has a conversion story rung with such dark hilarity. Lit is about getting drunk and getting sober; becoming a mother by letting go of a mother; learning to write by learning to live. Written with Karr's relentless honesty, unflinching self-scrutiny, and irreverent, lacerating humor, it is a truly electrifying story of how to grow up—as only Mary Karr can tell it.

Magical Thinking

A Memoir of Getting Dirty and Staying Clean

Where's My Wand?

The Long Journey Home

Stories for Christmas

My Lush Sobriety

You can't beat the basics in times of trouble. During the the coronavirus pandemic, take a fresh look at the twelve steps, and the Big Book's wisdom for healing and hope. A Program for You leads each of us--newcomer or old-timer--to a deeper understanding of recovery as a way of life. A Program for You clears our way for discovering positive, powerful answers to these questions. In the years since 1939, the Big Book, Alcoholics Anonymous, has guided millions in their search for a design for healthy living free of addictive behaviors. Now, two program old-timers share their years of intensive study of the Big Book, revealing the vitality of its message for those of us reading it today. This celebration of the basic text of Twelve Step recovery breathes new life into the Big Book's timeless wisdom. Thoroughly annotated line and page, written with down-to-earth humor and simplicity, and providing a contemporary context for understanding, A Program for You helps us experience the same path of renewal that Bill W. and the first on hundred AA members did. A (Former) Skeptic's Guide to the 12-Step Program Knowledge from a personal journey. Experiences with addiction vastly differ, but something can be learned from everyone's journey—especially those who achieve sobriety. Author Bucky Sinister penned this book because he had something to share from his own journey, a realization that completely changed his outlook on recovery. This smart and snide book is his testament to the effectiveness of the 12-Step Program, a path to recovery that he never expected to go down (and work). A tough-love approach to recovery. As a poet, author, and comedian, Sinister doesn't hold back from speaking the truth in this book. He speaks bluntly about addiction and his own struggles with it. Sinister appeals to those who are turned off by the usual recovery self-helps. He talks straight to readers who struggle to buy into the effectiveness of the 12-Step Program—particularly those like Sinister, an atheist, who have problems with the "higher power" concept intertwined with the program. A different kind of "self-help". Sinister's book presents itself as self-help, but don't expect it to

have the same tone as others you've read. The book is full of Sinister's comedic touch, colorful language, and stories from "scumbags" that contain life-saving wisdom. An unabashed testimony to Sinister's personal journey to sobriety and those of others, this recovery book is sure to educate, entertain, and inspire. Read Bucky Sinister's *Get Up: A 12-Step Guide to Recovery for Misfits, Freaks, and Weirdos* and find... • A different outlook on the 12-Step Program • Raw and honest stories of addiction and staying sober • A source of both light laughter and cutting wisdom for those on the path to recovery Readers of books such as *The Unexpected Joy of Being Sober*; *Recovery: Freedom from Our Addictions*; and *Staying Sober Without God* will find further guidance and inspiration in *Get Up*, which should be the next book for you.

Now including an excerpt from *Lust & Wonder*, a new memoir coming in March 2016. *Running with Scissors* is the true story of a boy whose mother (a poet with delusions of Anne Sexton) gave him away to be raised by her psychiatrist, a dead-ringer for Santa and a lunatic in the bargain. Suddenly, at age twelve, Augusten Burroughs found himself living in a dilapidated Victorian in perfect squalor. The doctor's bizarre family, a few patients, and a pedophile living in the backyard shed completed the tableau. Here, there were no rules, there was no school. The Christmas tree stayed up until summer, and Valium was eaten like Pez. And when things got dull, there was always the vintage electroshock therapy machine under the stairs.... *Running with Scissors* is at turns foul and harrowing, compelling and maniacally funny. But above all, it chronicles an ordinary boy's survival under the most extraordinary circumstances.

Now complete with daily prompts to reflect on each day of a month-long, alcohol-free plan, the author of *This Naked Mind* helps readers challenge their thinking, find clarity, and form new habits. Changing your habits can be hard without the right tools. This is especially true for alcohol because habits are, by definition, subconscious thought processes. Through her methodical research of the latest neuroscience and her own journey, Annie Grace has cracked the code on habit change by addressing the specific ways habits form. This unique and unprecedented method has now helped thousands redefine their relationship to drinking painlessly and without misery. In *The Alcohol Experiment*, Annie offers a judgment-free action plan for anyone who's ever wondered what life without alcohol is like. The rules are simple: Abstain from drinking for 30 days and just see how you feel. Annie arms her readers with the science-backed information to address the cultural and emotional conditioning we experience around alcohol. The result is a mindful approach that puts you back in control and permanently stops cravings. With a chapter and journal prompt devoted to each day of the experiment, Annie presents wisdom, tested strategies, and thought-provoking information to supplement the plan and support your step-by-step success as you learn what feels good for you. It's your body, your mind, and your choice.

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