

Falling Upward A Spirituality For The Two Halves

The Twelve Steps of Alcoholics Anonymous is America's most significant and authentic contribution to the history of spirituality, says Richard Rohr. He makes a case that the Twelve Steps relate well to Christian teaching and can rescue people who are drowning in addiction and may not even realize it. To survive the tidal wave of compulsive behavior and addiction, Christians must learn to breathe under water and discover God's love and compassion. In this exploration of Twelve Step spirituality, Rohr identifies the Christian principles in the Twelve Steps, connecting The Big Book of Alcoholics Anonymous with the gospel. He draws on talks he has given for over twenty years to people in recovery and those who counsel and live with people with addictive behavior. Rohr offers encouragement for becoming interiorly alive and inspiration for making one's life manageable for dealing with the codependence and dysfunction (sin) rampant in our society.

NEW YORK TIMES BESTSELLER • From one of the world's most influential spiritual thinkers, a long-awaited book exploring what it means that Jesus was called "Christ," and how this forgotten truth can restore hope and meaning to our lives. "Anyone who strives to put their faith into action will find encouragement and inspiration in the pages of this book."—Melinda Gates In his decades as a globally recognized teacher, Richard Rohr has helped millions realize what is at stake in matters of faith and spirituality. Yet Rohr has never written on the most perennially talked about topic in Christianity: Jesus. Most know who Jesus was, but who was Christ? Is the word simply Jesus's last name? Too often, Rohr writes, our understandings have been limited by culture, religious debate, and the human tendency to put ourselves at the center.

Drawing on scripture, history, and spiritual practice, Rohr articulates a transformative view of Jesus Christ as a portrait of God’s constant, unfolding work in the world. “God loves things by becoming them,” he writes, and Jesus’s life was meant to declare that humanity has never been separate from God—except by its own negative choice. When we recover this fundamental truth, faith becomes less about proving Jesus was God, and more about learning to recognize the Creator’s presence all around us, and in everyone we meet. Thought-provoking, practical, and full of deep hope and vision, The Universal Christ is a landmark book from one of our most beloved spiritual writers, and an invitation to contemplate how God liberates and loves all that is. “We are indeed 'saved' by knowing and surrendering to this universal pattern of reality. Knowing the full pattern allows us to let go of our first order, trust the disorder, and, sometimes even hardest of all—to trust the new reorder. Three big leaps of faith for all of us, and each of a different character.” —from the introduction A universal pattern can be found in all societies and in fact in all of creation. We see it in the seasons of the year; the stories of Scripture; the life, death, and resurrection of Jesus; the rise and fall of civilizations; and even in our own lives. In this new version of one of his earlier books, Father Richard Rohr illuminates the way understanding and embracing this pattern can give us hope in difficult times and the courage to push through messiness and even great chaos to find a new way of being in the world. A framework for helping the reader to see the whole spiritual life, from beginners to experienced.

Naked Spirituality

The Gift of Contemplative Prayer

Three Supernatural Keys to Believe Again, Recapture Hope, Experience Freedom

The Search for Our True Self

The Wisdom Pattern

Every Thing Is Sacred

From Wild Man to Wise Man

AARP Falling Upward

In this world, one thing is certain: Everybody hurts. Suffering may take the form of tragedy, heartbreak, or addiction. Or it could be something more mundane (but no less real) like resentment, loneliness, or disappointment. But there's unfortunately no such thing as a painless life. In *Glorious Ruin*, best-selling author Tullian Tchividjian takes an honest and refreshing look at the reality of suffering, the ways we tie ourselves in knots trying to deal with it, and the comfort of the gospel for those who can't seem to fix themselves--or others. Now available in paperback, this is not so much a book about Why God allows suffering or even How we should approach suffering--it is a book about the tremendously liberating and gloriously counterintuitive truth of a God who suffers with you and for you. It is a book, in other words, about the kind of hope

that takes the shape of a cross.

The Trinity is supposed to be the central, foundational doctrine of our entire Christian belief system, yet we're often told that we shouldn't attempt to understand it because it is a 'mystery'. Should we presume to try to breach this mystery? If we could, how would it transform our relationship with God and renew our lives? The word Trinity is not found in the New Testament—it wasn't until the third century that early Christian father Tertullian coined it—but the idea of Father, Son, and Holy Spirit was present in Jesus' life and teachings and from the very beginning of the Christian experience. In the pages of this book, internationally recognized teacher Richard Rohr circles around this most paradoxical idea as he explores the nature of God—circling around being an apt metaphor for this mystery we're trying to apprehend. Early Christians who came to be known as the 'Desert Mothers and Fathers' applied the Greek verb perichoresis to the mystery of the Trinity. The best translation of this odd-sounding word is dancing. Our

word choreography comes from the same root. Although these early Christians gave us some highly conceptualized thinking on the life of the Trinity, the best they could say, again and again, was, Whatever is going on in God is a flow—it's like a dance. But God is not a dancer—He is the dance itself. That idea might sound novel, but it is about as traditional as you can get. God is the dance itself, and He invites you to be a part of that dance. Are you ready to join in?

Centering Prayer and Inner Awakening is a complete guidebook for all who wish to know the practice of Centering Prayer.

“A rich, brilliant and important book: wonderfully readable and personal, filled with insight and wisdom, it invites us into practices that can transform our lives.” —Marcus J.

Borg, author of *Speaking Christian* “Brian McLaren is a bridge builder. In these simple yet profound spiritual practices he perfectly marries his evangelical heart and contemplative soul, and we are all richer for the union.”

—Cynthia Bourgeault, author of *Centering Prayer and The*

Wisdom Jesus In the same way he revitalized our faith in A New Kind of Christianity, church leader Brian McLaren reinvigorates our approach to spiritual fulfillment in Naked Spirituality—by tearing down the old dogmatic practices that hamper our spiritual growth, and leading us toward the meaningful spiritual practices that can help transform our lives.

A Spirituality For The Two Halves Of Life

Learning to See as the Mystics See

40 Practices and Reflections on the Universal Christ

A Spring Within Us

A Multi-Layered Approach

Centering Prayer and Inner Awakening

Everything Belongs

A Spirituality for the Two Halves of Life -- A Companion

Journal

Drawn from the Gospels, Jesus, Paul, and the great Christian contemplatives, this examination reveals how many of the hidden truths of Christianity have been misunderstood or lost and how to read them with the eyes of the mystics rather

than interpreting them through rational thought.

Dissolve the distractions of ego to find our authentic selves in God In his bestselling book Falling Upward, Richard Rohr talked about ego (or the False Self) and how it gets in the way of spiritual maturity. But if there's a False Self, is there also a True Self? What is it? How is it found? Why does it matter? And what does it have to do with the spiritual journey? This book likens True Self to a diamond, buried deep within us, formed under the intense pressure of our lives, that must be searched for, uncovered, separated from all the debris of ego that surrounds it. In a sense True Self must, like Jesus, be resurrected, and that process is not resuscitation but transformation. Shows how to navigate spiritually difficult terrain with clear vision and tools to uncover our True Selves Written by Father Richard Rohr, the bestselling author of Falling Upward Examines the fundamental issues of who we are and helps us on our path of spiritual maturity Immortal Diamond (whose title is taken from a line in a Gerard Manley Hopkins poem) explores the deepest questions of identity, spirituality, and meaning in Richard Rohr's inimitable style.

AARP Digital Editions offer you practical tips, proven solutions, and expert guidance.

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**A Spirituality for the Two Halves of Life
Spirituality and the Twelve Steps**

A Theological and Experiential Introduction

The Future of Faith

Welcome, Holy Spirit

The Holy Longing

What They Do and Why We Need Them

The Manifold Beauty of Genesis One

See and celebrate the multilayered grandeur conveyed by the first chapter of Genesis The first chapter of the Bible's first book lays the foundation for all that follows about who God is and what God is like. Our technology-age fascination with the science of origins, however, can blind us to issues of great importance that don't address our culturally conditioned questions. Instead, Genesis One itself suggests the questions and answers that are most significant to human faith and flourishing. Geologist Gregg Davidson and theologian Ken Turner shine a spotlight on Genesis One as theologically rich literature first and foremost, exploring the layers of meaning that showcase various aspects of God's character: Song Analogy Polemic Covenant Temple Calendar Land Our very knowledge of God suffers when we fail to appreciate the Bible's ability to convey multilayered truth simultaneously. The Manifold Beauty of Genesis One offers readers the chance to cultivate an

openness to Scripture's richness and a deeper faith in the Creator. For forty years, James Finley's Merton's Palace of Nowhere has been the standard text for exploring, reflecting on, and understanding the rich vein of Thomas Merton's thought. Spiritual identity is the quest to know who we are, to find meaning, to overcome that sense of "Is this all there is?" Merton's message cuts to the heart of this universal quest, and Finley illuminates that message as no one else can. As a young man of eighteen, Finley left home for an unlikely destination: the Abbey of Gethsemani, where Thomas Merton lived as a contemplative. Finley stayed at the monastery for six maturing years and later wrote this Merton's Palace of Nowhere in order to share a taste of what he had learned on his spiritual journey under the guidance of one of the great religious figures of our time. At the heart of the quest for spiritual identity are Merton's illuminating insights—leading from an awareness of the false and illusory self to a realization of the true self. Dog-eared, tattered, underlined copies of this book are found on the bookshelves of retreat centers, parish libraries, and the homes of spiritual seekers everywhere. This anniversary edition brings a classic to a new generation and includes a new preface by

Finley.

How can we cultivate both fresh understanding and fresh experience of the Holy Spirit, no matter what our theological tradition? This much-needed master class on pneumatology from Gordon Smith encourages us to hold biblical convictions firmly but gracefully as the guiding principles of discernment and humility help us intentionally live Spirit-responsive lives day by day.

The Rise and Fall of Belief and the Coming Age of the Spirit There is an essential change taking place in what it means to be “religious” today. As religious people shift their focus to ethical guidelines and spiritual disciplines—not doctrine—we are seeing a universal trend away from hierarchical, regional, patriarchal, and institutional religion. Now, legendary Harvard scholar Harvey Cox offers a new interpretation of the history and future of religion, revealing how doctrines and dogma are giving way to new grassroots movements based in community, social justice, and spiritual experience. The Future of Faith is a major statement and a hopeful vision from one of the most revered theologians today.

A Call to Uncommon Courage

The Divine Dance

How We Took to the Air
Preparing for Christmas
Putting on the Mind of Christ
Just This

The Search for a Christian Spirituality
Reflections on Male Spirituality

Francis of Assisi is one of the most beloved of all saints. Both traditional and entirely revolutionary, he was a paradox. He was at once down to earth and reaching toward heaven, grounded in the rich history of the Church while moving toward a new understanding of the world beyond. Globally recognized as an ecumenical teacher, Richard Rohr started out—and remains—a Franciscan friar. The loving, inclusive life and preaching of Francis of Assisi make him a recognizable and beloved saint across many faith traditions. He was, as Rohr notes, “a master of ‘making room for it’ and letting go of that which was tired or empty.” Francis found an “alternative way” to follow Jesus, one that disregarded power and privilege and held fast to the narrow path of the Gospel. Rohr helps us look beyond the birdbath image of the saint to remind us of the long tradition founded on his revolutionary, radical, and life-changing embrace of the teachings of Jesus. Rohr draws on Scripture, insights from psychology, and literary and artistic references, to weave together an understanding of the tradition as first practiced by St. Francis. Rohr shows how his own innovative theology is firmly

grounded in the life and teaching of this great saint and provides a perspective on how his alternative path to the divine can deepen and enrich our spiritual lives. The audio edition of this book can be downloaded via Audible.

Diana Butler Bass, one of contemporary Christianity's leading trend-spotters, exposes how the failings of the church today are giving rise to a new "spiritual but not religious" movement. Using evidence from the latest national polls and from her own cutting-edge research, Bass, the visionary author of A People's History of Christianity, continues the conversation began in books like Brian D. McLaren's A New Kind of Christianity and Harvey Cox's The Future of Faith, examining the connections—and the divisions—between theology, practice, and community that Christians experience today. Bass's clearly worded, powerful, and probing Christianity After Religion is required reading for anyone invested in the future of Christianity.

Discover how reading the Bible can change your life. The Bible is meant to be about transformation, not merely information. In Things Hidden, Richard Rohr invites you to experience Scripture as spirituality—as a living text that can breathe new life into your relationship with God and change your way of seeing the world. Diving deep into topics like morality, power, and wisdom, Rohr paints a picture of a biblical God who is grace-filled and abundant, and who calls us to be fully alive. Things Hidden will invigorate your relationship with the Bible and leave you feeling nourished, hopeful, and better able to embody a Christ-centered spirituality.

"Drawing from his work as global activist, pastor, and public theologian, McLaren challenges readers to stop worrying, waiting, and indulging in nostalgia, and instead, to embrace the powerful new understandings that are reshaping the church. In [this book], he explores three profound shifts that define the change"--Dust jacket flap.

A Life with God in 12 Simple Words

Daily Meditations for Advent

Radical Grace

The Breaking of the Outer Man and the Release of the Spirit

Living Radical Discipleship

The Art of Joy

How the World's Largest Religion Is Seeking a Better Way to Be Christian

Daily Meditations

The author invites readers to be faithful, to turn to God, to reform their hearts and lives and to call their culture and Church to radical transformation, in a collection of 408 meditations that spans two decades and combines reflections from the author's popular lectures and published and unpublished writings. Reprint.

Many, if not most, people and institutions remain in 'the first half of life' forever, preoccupied with establishing their identity, climbing, achieving, and performing. If you knew there was a further journey, wouldn't you choose to do the 'first half' quite differently?

The further journey involves challenges, mistakes, loss of control, even 'necessary suffering' because that is how we grow. This message of falling down and in fact moving up is the most counterintuitive message in most of the world religions, including and most especially Christianity. We grow spiritually much more by doing it wrong than by doing it right. The Companion Journal helps those who have (and those who have not) read Falling Upward to engage more deeply with the questions the book raises. Using a blend of quotes, questions for individual and group reflection, stories, and suggestions for spiritual practices, it provides a wise guide for deepening the spiritual journey - at any time of life.

****Kirkus Best Books of the Year (2013)**** ****Time Magazine 10 Top Nonfiction Books of 2013**** ****The New Republic Best Books of 2013**** In this heart-lifting chronicle, Richard Holmes, author of the best-selling *The Age of Wonder*, follows the pioneer generation of balloon aeronauts, the daring and enigmatic men and women who risked their lives to take to the air (or fall into the sky). Why they did it, what their contemporaries thought of them, and how their flights revealed the secrets of our planet is a compelling adventure that only Holmes could tell. His accounts of the early Anglo-French balloon rivalries, the crazy firework flights of the beautiful Sophie Blanchard, the long-distance voyages of the American entrepreneur John Wise and French

photographer *Felix Nadar* are dramatic and exhilarating. *Holmes* documents as well the balloons used to observe the horrors of modern battle during the Civil War (including a flight taken by *George Armstrong Custer*); the legendary tale of at least sixty-seven manned balloons that escaped from *Paris* (the first successful civilian airlift in history) during the *Prussian* siege of 1870-71; the high-altitude exploits of *James Glaisher* (who rose) seven miles above the earth without oxygen, helping to establish the new science of meteorology); and how *Mary Shelley*, *Edgar Allan Poe*, and *Jules Verne* felt the imaginative impact of flight and allowed it to soar in their work. A seamless fusion of history, art, science, biography, and the metaphysics of flights, *Falling Upwards* explores the interplay between technology and imagination. And through the strange allure of these great balloonists, it offers a masterly portrait of human endeavor, recklessness, and vision. (With 24 pages of color illustrations, and black-and-white illustrations throughout.)

Yes, and...is an excellent daily prayer resource for fans of *Richard Rohr's* work, and those who are looking for an alternate way to live out their faith--a way centered in the open-minded search for spiritual relevance of a transforming nature. This perennial book features daily meditations, each written by *Rohr* and adapted or excerpted from his many written and recorded works.

How Suffering Sets You Free

Inspired by John Stott

Eager to Love

Glorious Ruin

Falling Upwards

Spiritual Literacy

Things Hidden

Scripture as Spirituality

*Could your past disappointment be the source of your present trouble? Many people are living aimless lives, suffering from depression, anxiety, doubt, cynicism, and fear because of disappointments they have experienced in the past. You may even be affected without realizing it--completely unaware that events that happened long ago are still simmering in the background. But you can find the strength to change the course. In *The Art of Joy* Tracey Armstrong skillfully uses the biblical stories of Sarah, the wife of Abraham, and King David, who both defeated pain and disappointment, to demonstrate not only how to cope with hurt but also overcome it. Now is the time to break the chains of disappointment and experience a dramatic shift in your perspective. Your eyes will open to: The fact that God has destined you to win despite difficult circumstances The telltale signs of unrecognized disappointment and the steps necessary to walk in freedom and purpose God's eternal forces of faith, hope, and love and how they are available to you now as a part of His promise*

Just This is a collection of brief and evocative meditations and practices. It invites us to cultivate

*the gift of waking up to the beauty of reality in all its glorious ordinariness. With his signature blend of contemplation, theology and pastoral sensitivity, Fr Richard Rohr creates a spaciousness for the soul to grow into a kind of seeing – one that goes far beyond merely looking, to recognizing and thus appreciating. This is the heart of contemplation, the centerpiece of any inner dialogue that frees us from the traps of our perceptions and preoccupations. The contemplative mind does not tell us what to see; it teaches us how to see what we behold. Praise for Richard Rohr's *The Divine Dance*: 'A beautiful choreography for a life well-lived.' Bono, U2*

Ronald Rolheiser makes sense of what is frequently a misunderstood word: spirituality. In posing the question "What is spirituality?" Father Rolheiser gets quickly to the heart of common difficulties with the subject, and shows through compelling anecdotes and personal examples how to channel that restlessness, that deep desire, into a healthy spirituality. This book is for those searching to understand what Christian spirituality means and how to apply it to their own lives. Rolheiser explains the nonnegotiables--the importance of community worship, the imperatives surrounding social action, the centrality of the Incarnation, the sustenance of the spiritual life--and how spirituality necessarily impacts every aspect of human experience. At the core of this readable, deeply revealing book is an explanation of God and the Church in a world that more often than not doubts the credibility of both.

*A revised and updated edition of the author's earlier best-seller, *The Wild Man's Journey: Reflections on Male Spirituality* adds three chapters that discuss John the Baptist, Saint Paul*

and grief. Original.

How to Finally, Really Grow Up

Falling Upward

The Great Spiritual Migration

Daily Meditations by Richard Rohr

Finding Meaning in the Second Half of Life

Yes, And...

Breathing Under Water

Order, Disorder, Reorder

What does it really mean to be a grown up in today 's world? We assume that once we "get it together" with the right job, marry the right person, have children, and buy a home, all is settled and well. But adulthood presents varying levels of growth, and is rarely the respite of stability we expected. Turbulent emotional shifts can take place anywhere between the age of thirty-five and seventy when we question the choices we 've made, realize our limitations, and feel stuck– commonly known as the "midlife crisis." Jungian psycho-analyst James Hollis believes it is only in the second half of life that we can truly come to know who we are and thus create a life that has meaning. In *Finding Meaning in the Second Half of Life*, Hollis explores the ways we can grow and evolve to fully become ourselves when the traditional roles of adulthood aren 't quite working for us, revealing a new way of uncovering and embracing our authentic selves. Offering wisdom to anyone facing a career that no longer seems fulfilling, a long-term relationship that has shifted, or family transitions that raise issues of aging and mortality,

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Finding Meaning in the Second Half of Life provides a reassuring message and a crucial bridge across this critical passage of adult development.

Using the lens of popular culture, Heroes explores the ways that our perceptions of heroism and villainy affect the way people behave in heroic and villainous ways. Allison and Goethals use psychology to explore how these important concepts shape our lives and our world.

Advent is not about a sentimental waiting for the Baby Jesus --Richard Rohr Advent is a time to focus our expectation and anticipation on the adult Christ, the Cosmic Christ, who challenges us to empty ourselves, to lose ourselves, to surrender. Preparing for Christmas offers daily meditations, prayers, Scripture readings, and questions for reflection for each day of Advent.

"A fresh way of thinking about spirituality that grows throughout life. In Falling Upward, Fr. Richard Rohr seeks to help readers understand the tasks of the two halves of life and to show them that those who have fallen, failed, or "gone down" are the only ones who understand "up." Most of us tend to think of the second half of life as largely about getting old, dealing with health issues, and letting go of life, but the whole thesis of this book is exactly the opposite.? What looks like falling down can largely be experienced as "falling upward."? In fact, it is not a loss but somehow actually a gain, as we have all seen with elders who?have come to their fullness.?? Explains why the second half of life can and should be full of spiritual richness Offers a new view of how spiritual growth happens loss is gain Richard Rohr is a regular contributing writer for Sojourners and Tikkun magazines This important book explores the counterintuitive message that we grow spiritually much more by doing wrong than by doing right."--

The Trinity and your transformation

Merton's Palace of Nowhere

The Alternative Way of Francis of Assisi

A Book of Daily Meditations

A Companion Journal

Christianity After Religion

How a Forgotten Reality Can Change Everything We See, Hope For, and Believe

Prompts And Practices For Contemplation

The Companion Journal helps those who have (and have not) read Falling Upward to engage more deeply with the questions the book raises. Using a blend of quotes, questions for individual and group reflection, stories, and suggestions for spiritual practices, it provides a wise guide for deepening the spiritual journey - at any time of life.

John Stott's legacy of faithful Christian discipleship continues to impact Christians on every continent and in every sphere of life. This book pays homage to that legacy and to Stott's unwavering commitment to Christ's transformative Lordship over all facets of existence, especially those we may find particularly convenient to ignore. In this collection of essays, integral mission scholars and practitioners from around the

world – many of whom knew John Stott personally and worked with him extensively – reflect on several of the concerns that developed and deepened over the course of Stott's life, reminding us that Christian obedience must include caring for God's creation, engaging in social action and advocacy, and supporting church leadership of the Majority World. Living Radical Discipleship calls us to repentance, to recommitment, and to wholehearted discipleship.

A former Catholic monk encourages individuals to seek the difficult path to salvation themselves without relying on the Church.

Using Zen parables and personal experiences, Rohr leads readers beyond the techniques of prayer to a place where they can receive the gift of contemplation--and know that everything belongs.

The Naked Now

The End of Church and the Birth of a New Spiritual Awakening
Immortal Diamond

Heroes

Reading the Sacred in Everyday Life

The Inner Work of Christian Spirituality

The Time Is Now

Falling Upward A Spirituality for the Two Halves of Life

Beloved nun and social activist Joan Chittister, who appeared on Oprah's Super Soul Sunday, offers a soul-stirring and inspiring guide that speaks to all who feel disillusioned and dissatisfied with the power-hungry institutions and systems of this world. Joan Chittister has been a passionate voice for women's rights for over 50 years. Called "one of the most well-known and trusted contemporary spiritual authors" by Publishers Weekly, this rabble-rousing force of nature for social justice and fervent proponent of personal faith and spiritual fulfillment draws on the wisdom of prophets--both ancient and modern--to help us confront the societal forces that oppress and silence the sacred voices among us. Pairing scriptural insights with stirring narratives of the truth-tellers that came before us, Sister Joan offers a compelling vision for readers to combat complacency and to propel ourselves toward creating a world of justice, freedom, peace, and empowerment. For the weary, the cranky, and the fearful, Sister Joan's energizing message invites us to participate in a vision

for a world greater than the one we find ourselves in today. This is spirituality in action, this is practical and powerful activism for our times.

A treasury of inspirational readings, accompanied by personal reflections and meditations, features works by Helen Keller, Barbara Kingsolver, Thomas Aquinas, and others on such themes as nature, relationships, creativity, and work

The Universal Christ