

Fighting With The Quarterstaff A Modern Study Of Renaissance Technique

In the latest addition to his Fighting Weapons series, Dwight McLemore does for the staff what he did earlier for the Bowie, tomahawk, and sword. The Fighting Staff is a modern illustrated guide to using one of man's oldest weapons. In keeping with his philosophy on fighting weapons, in this workbook McLemore does not attempt to duplicate methods from a specific period in the past. Rather, he offers an eclectic approach that borrows the most effective techniques from Asian and European martial arts throughout history. The Fighting Staff covers such essentials as footwork, grip, strikes, thrusts, blocks, and targetting. But its real value lies in the fighting concepts imparted, which serve as a language for advanced training. As always, your martial arts training is greatly enhanced by McLemore's beautifully executed drawings that take you step-by-step through 25 fighting drills for the martial arts staff. His use of frontal, side and overhead views, as well as his unique "floating staff" perspective, allows you to truly see how your actions correlate with those of your training partner (or opponent), as well as how and where your weapon moves. The training techniques taught in this book are not limited to the staff. They can also be used effectively with other weapons.

This book investigates the weapons, history and development of the English

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fighting system and some of the beliefs and social pressures that helped mould it. The second half examines various English fighting techniques drawn from historical texts and manuscripts including bare-fist fighting, broadsword, quarterstaff, bill, sword and buckler and sword and dagger.

A weapon, arm, or armament is any device used with intent to inflict damage or harm to living beings, structures, or systems. Weapons are used to increase the efficacy and efficiency of activities such as crime, law enforcement, self-defense, and warfare. In a broader context, weapons may be construed to include anything used to gain a strategic, material or mental advantage over an adversary. While just about any ordinary objects such as sticks, stones, cars, or pencils can be used as weapons, many are expressly designed for the purpose - ranging from simple implements such as clubs, swords and guns, and to complicated modern intercontinental ballistic missiles, biological and cyberweapons. This book has been written keeping in view the requirements of undergraduate and postgraduate students and research scholars in the area of weapons and warfare and Military history.

From the author of DEMONSOULED and THE GHOSTS, here is a new epic fantasy of high adventure, heroism, and daring deeds. A thousand years ago, the last grandson of Arthur Pendragon led the survivors of Britain through a magical gate to a new world, a world of magic and high elves, of orcs and kobolds and stranger, darker creatures. Now the descendants of the exiles rule a mighty kingdom, peaceful and prosperous under the rule of the High King. But a shadow

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threatens to devour the kingdom. RIDMARK ARBAN was once a Swordbearer, a knight of renown. Now he is a branded outcast, stripped of his sword, and despised as a traitor. But he alone sees the danger to come. CALLIANDE awakens in the darkness, her memories gone, and creatures of terrible power hunting her. For she alone holds the secret that can save the world...or destroy it utterly. The secret of the Frostborn.

Including the Rural and Domestic Recreations, May Games, Mummeries, Shows, Processions, Pageants. & Pompous Spectacles, from the Earliest Period to the Present Time

The Art and Science of Staff Fighting

1969 - Today

Scouts Master at Arms Activity Badge Syllabus for English Quarterstaff and Single Stick

From Ancient Times to the Present

After a blighted childhood, young Laura finds peace and purpose in the home of a midwife and healer. Later, she enrolls in Salerno's famed medical school—the first in the world to admit women. Laura and her adoptive mother hope that Laura can build a bridge between women's herbal healing and the new science of medicine developing in thirteenth century Italy. The hardest lessons are those of love; Laura falls hard for a fellow student who abandons her for a wealthy wife. Worse, her mother rejects her as "impure." Shattered,

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Laura devotes herself to her work, becoming a respected medico. But her heart is still bitter, and when she sees a chance for revenge, she grabs it—and takes for her own Bieta, the newborn daughter of a woman whose husband regularly raided the physician's garden for bitter herbs to satisfy his pregnant wife's cravings. Determined to protect her adored daughter from the ravages of the world, Laura isolates the young woman in a tower. Bieta, as determined as her mother, escapes, and finds adventure—and love—on the streets of Salerno. Bieta's betrayal of her mother's love comes at a terrible price as lives are ruined and families are torn apart. Laura's medical knowledge cannot heal her broken heart; only a great act of love can bring everyone forgiveness and peace. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

It's a bad time to be a superhero. When the world turned its back on metahumans, the golden age of superheroes came crashing down. But now a mysterious supercriminal is making one final bid for power, and with no one else left to protect the world, ex-hero Spook must risk everything to take him down. There will be no reprieve, no negotiation. War is coming. Put on the mask. There's work to be done. Chris Strange presents a stunning, no-holds-barred superhero adventure that will lure you in and knock you out. This is

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the novel superhero fans have been waiting for.

The oldest and most respected martial arts title in the industry, this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self-defense in the world - including techniques and strategies. In addition, Black Belt produces and markets over 75 martial arts-oriented books and videos including many about the works of Bruce Lee, the best-known marital arts figure in the world. First published in 1890 with Chapters on Quarter-Staff, Bayonet, Cudgel, Shillalah, Walking-Stick, Umbrella, and Other Weapons of Self-Defence.

The Dragon Reborn

A Superhero Novel

English Martial Arts

The Art of Sword Fighting in Earnest

Cold Steel

Exotic Combat Systems from All Cultures

"Simplicity is the shortest distance between two points." — Bruce Lee, The Tao of Jeet Kune Do The Art and Science of Stick Fighting is a unique, non-style specific, approach to fighting with the short stick. Its curriculum is streamlined and divided into nine logical stages of training that allow the reader to quickly and methodically learn and

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develop the skills needed for competitive fighting and self-defense with the stick. In Asian martial arts, the bo-staff has long been recognized as a potent weapon. In Europe, the staff also has a distinguished history. For centuries starting before the Middle Ages, it was the weapon of choice for farmers, herders, and middle-class travellers. During the Renaissance, the staff was included in the curriculum of Europe's finest fighting masters, including Jacob Sutor, Joachim Meyer, George Silver and Joseph Swetnam. Aside from these great masters, who can forget Robin Hood and his band of merry men, whose use of the staff was to cause such havoc for the Sherriff of Nottingham? With the resurgence of interest in European martial arts, David Lindholm presents a synthesis of techniques preserved in the historical record, a useful guide for both novice and experienced combatant, including translations of the most important texts, analysis, and photographic interpretation of each technique. - Publisher.

Combined for the first time in one volume are the first three books of the internationally bestselling FROSTBORN saga - FROSTBORN: THE GRAY KNIGHT, FROSTBORN: THE EIGHTFOLD KNIFE, FROSTBORN: THE UNDYING WIZARD, and the prequel novel FROSTBORN: THE FIRST QUEST. RIDMARK ARBAN was once a Swordbearer, a knight of renown. Now he is a branded outcast, stripped of his sword, and despised as a traitor. But he alone sees the danger to come, and undertakes

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the dangerous quest to stop the return of the Frostborn.

Dark Future is a science fiction sourcebook that gives players a chance to step into a possible future where America has fallen and immoral corporations have divided up a once great nation. The cities of the new "corporate-nations" are divided further into large gated communities that shelter the wealthy and powerful behind high tech and heavily armed security. Meanwhile the poor are cast out into "other-cities", lawless ghettos where gangs, crime and violence are a way of life. It contains 276 pages with 9 classes, 27 prestige classes, as well as new skills and skill uses, feats, original psychic powers, unique equipment, firearms and complete new rules for cybernetic augmentation and cybernetic systems. The book also contains a world description of the powers that be: international corporations, merciless gangs, military research facilities, fanatical religious sects and tyrannical government bodies.

A Nineteenth-Century Treatise on Boxing, Kicking, Grappling, and Fencing with the Cane and Quarterstaff

Frostborn Omnibus One

Book Three of 'The Wheel of Time'

The Complete Poems

Black Belt

Complete Instructional Guide

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-- A "sleeper" worldbook that has just continued to sell and sell. -- Martial arts are applicable to every sort of campaign...fantasy, SF, or modern! -- Detailed discussions of over 50 different fighting styles.

Enslaved by a war-dragon of Babel, young Will evacuates to the Tower of Babel where he meets the confidence trickster, Nat Whilk, and becomes a hero to the homeless living in the tunnels under the city. As he rises from an underling to a politician, Will f

This book aims to bring to life a picture of a bygone era, a time when ' the cane was king ' , simulating an age which the only film, theatre, literature and imagination can recreate. In this way, I wish to educate further the student, collector, historian and researcher in how the cane played such an important role in fashion.

When Senenmut answers the summons to interview for the tutor for the Egyptian queen ' s daughter, he sees an opportunity to make a name for himself and earn titles and importance. He succeeds beyond his wildest dreams, becoming second in importance to the pharaoh. However, his very success causes failure, and he suffers a fate worse than death. His son Yahmose also succeeds to second in importance, but has to leave Egypt, resulting in the First Exodus. Then, he must return.

From Senenmut and Yahmose to the First Exodus

Medieval Military Combat

Shillelagh

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The Devil Wives of Li Fong

The Art and Science of Stick Fighting

Sold for Endless Rue

A concise and entertaining explanation of how other accounts, and popular culture such as films, have misrepresented medieval warfare. We don't know how medieval soldiers fought. Did they just walk forward in their armor smashing each other with their maces and poleaxes for hours on end, as depicted on film and in programs such as Game of Thrones? They could not have done so. It is impossible to fight in such a manner for more than several minutes as exhaustion becomes a preventative factor. Indeed, we know more of how the Roman and Greek armies fought than we do of the 1300 to 1550 period. So how did medieval soldiers in the War of the Roses, and in the infantry sections of battles such as Agincourt and Towton, carry out their grim work? Medieval Military Combat shows, for the first time, the techniques of such battles. It also breaks new ground in establishing medieval battle numbers as highly exaggerated, and that we need to look again at the accounts of actions such as the famous Battle of Towton, which this work uses as a basic for its overall study.

This book stands apart from other staff training manuals. While most titles focus on forms and twirling, The Art and Science of Staff Fighting emphasizes the dynamics of combat. The author draws on thirty years of martial experience, presenting the best of both Eastern and Western traditions.

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For centuries the Irish have been associated with a stick weapon called the Shillelagh. And for generations of Irishmen, the Shillelagh was a badge of honor - a symbol of their courage, their martial prowess and their willingness to fight for their rights and their honor. In modern popular culture, the Shillelagh has acquired a less appealing image, one that attempts to declaw the Irish through negative racial stereotypes of the Victorian era, which depict the Irish as harmless club-weilding Leprecauns or drunken, half-witted brawlers. John Hurley's illuminating study forever alters our view of this much maligned and misunderstood cultural icon by revealing the true martial arts culture of the Irish people, its history, evolution and decline and the resulting effects on the Shillelagh - the most powerful and controversial of Irish icons.

No man is happier than Li Fong -- until he discovers his lovely wives are really serpent-demons! Long and long ago, before the foreign devils came, old China was a land of ancient culture and strange magic. There, Li Fong, a student of apothecary, seems the luckiest of men. By what has to be happy chance, he has been led to take two charming and quite wealthy ladies as his wives. How could he know that his loving and beloved Mei Ling and Meilan are really spirit-demons? Or that the great snake that comes to his aid is really Mei Ling in her natural form? But the wicked Taoist magician Chang Lu knows the truth and plots evil for Li Fong and his wives. Nor can the magic of Mei Ling prevail, though she struggles to protect her husband and gain true humanity for herself. In the end, she can only summon the beautiful and terrible dragons to her aid!

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The Sports and Pastimes of the People of England

History of Weapons in Modern Times

Broad-Sword and Single-Stick (Illustrated Edition)

The Stone War

English Master of Defence

The Art of Fencing with the Sabre

Darren Marcus is a young man preparing for a life as a dedicated monk of Andraste, when a revelation about his true origins is revealed to him. He must travel back to his homeland, fight the evil that has taken over, and fulfill his destiny. Through his journey, he will make enemies and friends, experience joys and loss, and find his prince within.

RIDMARK ARBAN is the Gray Knight, banished and outcast from the High King's realm. Yet Ridmark alone sees the danger. The dread Frostborn shall return, and unless Ridmark can warn the realm, the Frostborn will entomb the world in ice forever. CALLIANDE wields mighty magic. Yet her memory is gone, her past forgotten. But her foes remember, and they are coming for her. GAVIN is the son of the praefectus of the village of Aranaeus, and men and women and children are disappearing from their homes as shadowy, bestial shapes prowl through the forest. Yet no one will heed Gavin's warnings of other creatures stirring in the darkness. Creatures that

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feast upon the souls of their victims...

The Wheel of Time is now an original series on Prime Video, starring Rosamund Pike as Moiraine! In The Dragon Reborn, the third novel in Robert Jordan's #1 New York Times bestselling epic fantasy series, The Wheel of Time®, Rand al'Thor undertakes a journey to prove himself worthy of being the Champion of Light. Winter has stopped the war—almost—yet men are dying, calling out for the Dragon. But where is he? Rand al'Thor has been proclaimed the Dragon Reborn. Traveling to the great fortress known as the Stone of Tear, he plans to find the sword Callandor, which can only be wielded by the Champion of Light, and discover if he truly is destined to battle The Dark One. Following Rand, Moiraine and their friends battle Darkhounds on the hunt, hoping they reach the Heart of the Stone in time for the next great test awaiting the Dragon Reborn. Since its debut in 1990, The Wheel of Time® by Robert Jordan has captivated millions of readers around the globe with its scope, originality, and compelling characters. The last six books in series were all instant #1 New York Times bestsellers, and The Eye of the World was named one of America's best-loved novels by PBS's The Great American Read. The Wheel of Time® New Spring: The Novel #1 The Eye of the World #2 The Great Hunt #3 The Dragon Reborn #4 The Shadow Rising #5 The

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Fires of Heaven #6 Lord of Chaos #7 A Crown of Swords #8 The Path of Daggers #9 Winter's Heart #10 Crossroads of Twilight #11 Knife of Dreams By Robert Jordan and Brandon Sanderson #12 The Gathering Storm #13 Towers of Midnight #14 A Memory of Light By Robert Jordan and Teresa Patterson The World of Robert Jordan's The Wheel of Time By Robert Jordan, Harriet McDougal, Alan Romanczuk, and Maria Simons The Wheel of Time Companion By Robert Jordan and Amy Romanczuk Patterns of the Wheel: Coloring Art Based on Robert Jordan's The Wheel of Time At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

Contains essays concerning various sports or sports topics, from acrobatics to yachting, giving both American and international coverage Encyclopedia of World Sport

The Irish Fighting Stick

The Prince Within

The Art of Sword Combat

A History of Contemporary Stage Combat

A Visual History of Walking Sticks and Canes

Fighting with the Quarterstaff A Modern Study of Renaissance Technique Chivalry Books
This 19th-century self-defense manual—written by a master swordsman—will appeal to

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and martial artists as well as fans of Victorian-era culture, steampunk, and American history. Colonel Thomas Hoyer Monstery was a master swordsman who participated in more than 100 duels, fought under twelve flags, battled gangsters, and was constantly involved in the conflicts and upheavals of his time. In the 1870s, he began writing his magnum opus—newspaper articles that are now collected here for the first time in *Self-Defense for Gentlemen and Ladies*. In this book, Colonel Monstery presents a unique look into the Victorian-era fighting world. He describes styles such as British “purring” (shin-kicking), Welsh jump-kicking, and American rough-and-tumble fighting, in addition to providing illustrated instruction in the art of gentlemanly self-defense with a cane, staff, or one’s bare hands. Rare drawings and photographs from the period illuminate Monstery’s world, while an extensive glossary of terms and an introductory biography of Colonel Monstery—including fascinating details of his many duels as well as his groundbreaking devotion to teaching and self-defense skills to women—update his text to make it accessible and useful to gentlemen and ladies of any era.

Contents
Colonel Thomas Hoyer Monstery: The Unknown American Martial Arts Master
I. Introduction. II. The Logic of Boxing. III. Standing and Striking. IV. Advancing to Strike and Feinting. V. Simple Parries in Boxing. VI. Parries with Returns. VII. Effective or Counter Parries in Boxing. VIII. Offence and Defense by Evasions. IX. Trips, and Back-Falls. X. Rules for a Set-to with Gloves. XI. Observations on Natural Weapons. XII. The Use of the Cane. XIII. The Use of the Cane (continued). XIV. The Use of the Staff. XV. Use of the Staff (continued). Appendix: Monstery's Rules for Contests of Sparring and

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Glossary

Big Stick Combat The Complete Guide To Weapon Use And Self-Defense - Learn How To Use The Cane, Long Stick And Baseball Bat Stick fighting has been around for at least 3000 years, probably longer. Its origins are buried deep in the past and myths in south-east Asia say that it was delivered directly from the gods. This book traces those forms of stick fighting in Europe, in Japan, in India, Malaysia, China, and Indonesia that have been developed as sports rather than as ways of inflicting pain. Anyone with an interest in how stick fighting developed to be what it is today will find something of value in this. Here is a preview of what you'll find. The history of stick fighting and its origins in human conflict Stick fighting as training for fighting for social purposes (including courtship) Quarterstaff fighting Kendo Arnis in the Philippines Silat Indian martial arts including Silambang and Gatka

Please note that the content of this book primarily consists of articles available from Wikipedia or other free sources online. Pages: 32. Chapters: Quarterstaff, Nguni stick fighting, Eskrima, Jogo do Pau, Canne de combat, B, Silambam, Freestyle nunchaku, Singlestick, Bataireac, Doce Pares, Lathi, Kilos Paru Paro, Makila, Juego del Palo, The Cane as a Weapon, An Maide Mear, An Maide Bata, B jutsu, Tahtib, Pierre Vigny, Tambo, Bajan stick licking, Baton fra, Nangun, El Juego del Garrote, Tanj jutsu. Excerpt: Eskrima, Arnis and Kali refer to a class of Filipino martial arts that emphasize weapon-based fighting with sticks, blades and improvised weapons. Although training starts with weapons, empty hand techniques, trapping and joint destruction are core parts of these arts as the weapon is considered merely an extension of the hand.

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body. Eskrima and Arnis are the most common among the many names often used in the Philippines today to refer to these arts. The teaching of the basic skills in Eskrima are traditionally simplified. With limited time to teach intricate moves, only techniques that are proven effective in battle and could easily be taught en masse were used. This allowed generally not professional soldiers, a measure of protection against other villages, as well as foreign invaders. This philosophy of simplicity is still used today and is the underlying basis of eskrima. Because of this approach, eskrima and the Filipino martial arts in general are often mistakenly considered to be "simple." However, this refers only to its systematization, not its effectiveness. To the contrary, beyond the basic skills lies a very complex structure and a skillset that takes years to master. For the purpose of simplification, Eskrima shall be referred to the interchangeable terms of Arnis and Kali for the rest of the article. For all other purposes, Eskrima, arnis and kali all refer to the same family of Filipino weapon-based martial...

Self-Defense for Gentlemen and Ladies

Future Lost: A Cybernetic Sci-Fi Role Playing Game

Martin at Oxford

Don't Be a Hero

The Complete Guide to Weapon Use and Self-Defense - Learn How to Use Cane, Long Staff

Baseball Bat

Fighting with the Quarterstaff

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“Guy has the rare talent of making this material accessible” -Neal Stephenson (from his Foreword to Swordfighting) “Guy Windsor's greatest gift to WMA/HEMA is his marvellous ability to translate period language into a meaningful experience for modern WMA/HEMA practitioners and he has once more shown his ability to do exactly that.” - Adam (review of Veni Vadi Vici) NOTE: THIS EDITION DOES NOT INCLUDE A FACSIMILE OF THE MANUSCRIPT From the late fifteenth century comes a detailed manuscript on knightly combat, written by Philippo Vadi. Dedicated to one of the most famous Italian condottiere of the age, Guidobaldo, Duke of Urbino, this book covers the theory of combat with the longsword, as well as dozens of techniques of the sword, the spear, the pollax, and the dagger. The Art of Sword Fighting in Earnest includes a detailed introduction, setting Vadi and his combat style in their historical context, a complete translation of the manuscript, and a detailed commentary from the perspective of the practising martial artist. Please note it does not include a facsimile of the manuscript, but that may be downloaded from a link provided in the text. This volume is the second edition of Dr. Windsor’s earlier work, Veni Vadi Vici, updating the translation and the introduction. This is essential reading for any practitioner of knightly combat, academic historian, or enthusiast for the quattrocento period of Italian history.

John Tietjen loves New York City like life itself. But while he's out of town at a conference, confused reports come out of the city. Millions of refugees are streaming out, each bearing contradictory tales of fire, earthquake, explosions, collapse. Making his perilous way back, he gathers a few survivors and establishes a shelter. But the full nature of the catastrophe is still unclear. "[Robins] writes with rare conviction."--The New York Times At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

This sixteenth-century German guide to sword fighting and combat training is a crucial source for

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understanding medieval swordplay techniques. Following his translation of Joachim Meyer's The Art of Combat, Jeffrey L. Forgeng was alerted to an earlier version of Meyer's text, discovered in Lund University Library in Sweden. The manuscript, produced in Strasbourg around 1568, is illustrated with thirty watercolor images and seven ink diagrams. The text covers combat with the longsword (hand-and-a-half sword), dusack (a one-handed practice weapon comparable to a sabre), and rapier. The manuscript's theoretical discussion of guards sheds significant light on this key feature of the historical practice, not just in relation to Meyer but in relation to medieval combat systems in general. The Art of Sword Combat also offers an extensive repertoire of training drills for both the dusack and the rapier, a feature largely lacking in treatises of the period and critical to modern reconstructions of the practice. Forgeng's translation also includes a biography of Meyer, much of which has only recently come to light, as well as technical terminology and other essential information for understanding and contextualizing the work.

DIVThis 1889 classic by a pioneer of modern fencing offers both technical and historical views of the art of the sabre. Topics include a variety of different strokes and parries, and associated weapons. 55 illustrations. /div

Frostborn: The Eightfold Knife (Frostborn #2)

GURPS Martial Arts

A Fantasy of China

A Modern Study of Renaissance Technique

Frostborn: The Gray Knight (Frostborn #1)

Philippo Vadi's De Arte Gladiatoria Dimicandi

A History of Contemporary Stage Combat chronicles the development of

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stage combat from the origins of the Society of British Fight Directors in 1969 to the modern day. Featuring interviews with some of the pioneers of this art form, the book analyzes how stage combat developed in response to the needs of the industry and the changing social mores in the United States, United Kingdom, Canada, the European Continent, Australia, and New Zealand. It also explores the quality of theatrical weaponry, as well as outcropping of stage combat such as intimacy design and theatrical jousting. A History of Contemporary Stage Combat is an excellent resource for actors, directors, stage combatants, theatre historians, and anyone with a love of action on stage and film.

Quarter-staff : a Practical Manual

A 1568 German Treatise on Swordmanship

Battle Tactics and Fighting Techniques of the Wars of the Roses

Big Stick Combat

Quarterstaff, Nguni Stick Fighting, Eskrima, Jogo Do Pau, Canne de Combat, Bo, Silambam, Freestyle Nunchaku, Singlestick, Bataireacht, Stick Fighting