

Focus Workbook Science 1

Introduce kids to real science. Foundational scientific concepts and terminology are made easy to understand. Year-long curriculum has 4 chapters each of 5 scientific disciplines (chemistry, biology, physics, geology, and astronomy). Full color textbook with many graphics to reinforce the concepts presented and make the book fun to read.

The Science Focus Second Edition is the complete science package for the

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teaching of the New South Wales Stage 4 and 5 Science Syllabus. The Science Focus Second Edition package retains the identified strengths of the highly successful First Edition and includes a number of new and exciting features, improvements and components. The innovative Teacher Edition with CD allows a teacher to approach the teaching and learning of Science with confidence as it includes pages from the student book with wrap around teacher notes including answers, hints, strategies and teaching and

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assessment advice.

Kew|ActiveMinds(TM)

Workbooks and Practice

Worksheets are immersive self-study tools that encourage and stimulate your child's mind, while at the same time letting them have fun learning! Each section is devoted to a specific task, with a structured format to avoid distractions and short enough problems to hold attention. Very easy to use and understand to teach your child with simple, clear lessons and easy to follow exercises presented in an interactive way. A fun and challenging approach to plant

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the seeds of eagerness to learn and to keep your child's mind sharp. Use daily, a page or two, to keep your child engaged, not taking too long so children don't get bored while building a child's capabilities and confidence! The Books a great addition to regular learning routines and a good method for parents to cope with distance learning.

BENEFITS Through completing questions we hope to enhance your child's comprehension, active use and development of: • REASONING • PROBLEM SOLVING • COMMUNICATION

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**• CONFIDENCE • MOTIVATION
EASY TO USE & ADDITIONAL
RESOURCES** *The books are designed to be easy to use, with sequentially numbered Questions and Answer Keys at the end of each Part to allow you to flip back and forth quickly. QR Codes for your smartphone take you to Parent Resources that provide additional support!* **BONUS CONTENT** **1. Success Tracking Sheets** - Recording sheets are included to help track a child's progress through the Book and for individual sections, to show how they progress over time. **2. Parts Quizzes** - Mixed

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question quizzes are included at the end of every Part to show how well your child has grasped the concepts throughout the material. 3. Downloadable Resources - You can use clear overlay sheets to preserve the practice worksheets and download additional Tracking Sheets as a means of cost-effective use of learning resources.

Sif Physics Ol Tb

Focus on Life Science

California

Focus Workbook

Focus on Earth Science -

California Edition

Focus (HBR Emotional

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Intelligence Series) ***Focus on Elementary Geology*** ***Student Textbook 3rd Edition*** ***(hardcover)***

Written by experienced NSW teachers, each student book is structured around key inquiry questions, and chapter content is organised according to syllabus outcomes. Student understanding is constantly checked as they progress through the book by:

- Question blocks - constantly review students' understanding of key concepts throughout each chapter
- Checkpoints - offer a range of question types to explore depth of understanding
- Chapter Reviews - review understanding, encourage students to reflect on what has

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been learnt and offer research projects Specially-commissioned step-by-step photography in the student book and video lab experiment demonstrations in the book were all carried out by an experienced science teacher, who has more than 20 years' experience in the Science classroom. Risk assessments for all experiments written by a NSW lab technician, are also included. The book is a cloud-based web-book available anywhere, anytime, on any device, navigated by topic or by 'page view'. assess is an indispensable online assessment tool, explicitly mapped to the NSW Syllabus for the Australian Curriculum that drives student progress through

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tailored instruction. As well as containing the student text and study tools, this ebook offers a Virtual Laboratory containing specially-commissioned Australian-made lab experiment videos, drag & drops and other interactives. Biology for grades 6 to 12 is designed to aid in the review and practice of biology topics such as matter and atoms, cells, classifying animals, genetics, plant and animal structures, human body systems, and ecological relationships. The book includes realistic diagrams and engaging activities to support practice in all areas of biology. The 100+ Series science books span grades 5 to 12. The activities in each book reinforce essential

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science skill practice in the areas of life science, physical science, and earth science. The books include engaging, grade-appropriate activities and clear thumbnail answer keys. Each book has 128 pages and 100 pages (or more) of reproducible content to help students review and reinforce essential skills in individual science topics. The series is aligned to current science standards.

The Focus On Elementary Geology Student Textbook, 3rd Edition introduces young students to the scientific discipline of geology. Students will explore geology in everyday life; the history of geology; tools used by geologists; rocks, minerals, and soil; the layers

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that make up Earth; volcanoes and earthquakes; the geosphere; the atmosphere; the hydrosphere; the biosphere and cycles; the geomagnetic field and the magnetosphere; how the different part of Earth work together; and more. The Focus On Elementary Geology Student Textbook, 3rd Edition has 12 full-color chapters, a glossary-index, and pronunciation guides. 114 pages. Grades K-4.

Earth and Environmental Science:
The Preliminary Course
Teacher edition
Resources in Education
Focus Groups in Social Research
Grade 4 Worksheets - Math
Multiplication, HomeSchool Ready
+3500 Question

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Focus on Middle School Geology Student Textbook (Hardcover) Discusses the best methods of learning, describing how rereading and rote repetition are counterproductive and how such techniques as self-testing, spaced retrieval, and finding additional layers of information in new material can enhance learning.

The importance of achieving focus goes well beyond your own productivity. Deep focus allows you to lead others successfully, find clarity amid uncertainty, and heighten your sense of professional fulfillment. Yet the forces that challenge sustained focus range from dingy phones to office politics to life's everyday worries. This book explains how to strengthen your ability to focus, manage your team's attention, and

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break the cycle of distraction. This volume includes the work of: Daniel Goleman Heidi Grant Amy Jen Su Rasmus Hougaard HOW TO BE HUMAN AT WORK. The HBR Emotional Intelligence Series features smart, essential reading on the human side of professional life from the pages of Harvard Business Review. Each book in the series offers proven research showing how our emotions impact our work lives, practical advice for managing difficult people and situations, and inspiring essays on what it means to tend to our emotional well-being at work. Uplifting and practical, these books describe the social skills that are critical for ambitious professionals to master. Focus is a rich, varied, carefully levelled course for upper secondary

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students. Specially designed to motivate older teens, it helps them to track their level and achieve the exam results they need. With its unique blended learning package, Focus is the flexible course that gets results. Exploring the Building Blocks of Science Book 1 Student Textbook (Softcover)

Sif Biology NI Theory Wb
Focus

Level 4:

Guide Reading and Study Workbook
Interactive Grammar for Students of
ESL

*Read the Wall Street Journal
Bestseller for "cultivating
intense focus" for fast,
powerful performance results
for achieving success and true
meaning in one's professional*

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life (Adam Grant, author of Give and Take). Deep work is the ability to focus without distraction on a cognitively demanding task. It's a skill that allows you to quickly master complicated information and produce better results in less time. Deep Work will make you better at what you do and provide the sense of true fulfillment that comes from craftsmanship. In short, deep work is like a super power in our increasingly competitive twenty-first century economy. And yet, most people have lost the ability to go deep—spending their days instead in a frantic blur of e-mail and social media,

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not even realizing there's a better way. In Deep Work, author and professor Cal Newport flips the narrative on impact in a connected age. Instead of arguing distraction is bad, he instead celebrates the power of its opposite. Dividing this book into two parts, he first makes the case that in almost any profession, cultivating a deep work ethic will produce massive benefits. He then presents a rigorous training regimen, presented as a series of four "rules," for transforming your mind and habits to support this skill. 1. Work Deeply 2. Embrace Boredom 3. Quit Social Media

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4. Drain the Shallows A mix of cultural criticism and actionable advice, Deep Work takes the reader on a journey through memorable stories- from Carl Jung building a stone tower in the woods to focus his mind, to a social media pioneer buying a round-trip business class ticket to Tokyo to write a book free from distraction in the air-and no-nonsense advice, such as the claim that most serious professionals should quit social media and that you should practice being bored. Deep Work is an indispensable guide to anyone seeking focused success in a distracted world. An Amazon

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Best Book of 2016 Pick in Business & Leadership Wall Street Journal Business Bestseller A Business Book of the Week at 800-CEO-READ In Focus, Psychologist and journalist Daniel Goleman, author of the #1 international bestseller Emotional Intelligence, offers a groundbreaking look at today's scarcest resource and the secret to high performance and fulfillment: attention. Combining cutting-edge research with practical findings, Focus delves into the science of attention in all its varieties, presenting a long overdue discussion of this little-

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noticed and under-rated mental asset. In an era of unstoppable distractions, Goleman persuasively argues that now more than ever we must learn to sharpen focus if we are to survive in a complex world. Goleman boils down attention research into a threesome: inner, other, and outer focus. Drawing on rich case studies from fields as diverse as competitive sports, education, the arts, and business, he shows why high-achievers need all three kinds of focus, and explains how those who rely on Smart Practices—mindfulness meditation, focused

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preparation and recovery, positive emotions and connections, and mental “prosthetics” that help them improve habits, add new skills, and sustain greatness—excel while others do not.

There is an increasing divergence of focus group practice between social researchers and commercial market researchers. This book addresses the key issues and practical requirements of the social researcher, namely: the kinds of social research issues for which focus groups are most and least suitable; optimum group size and composition; and the designing

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of focusing exercises, facilitation and appropriate analysis. The authors use examples, drawn from their own focus groups research experience, and provide exercises for further study. They address the three main components of composition, conduct and analysis in focus group research and also acknowledge the increasing impact the Internet has had on social research by cover

*Reading and Note Taking Guide
Level B
Home Science Form 1
Singapore Math Book B Grade
K
Level 5:*

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Campbell Biology in Focus
Focus Understanding Sequence
The Focus On Middle School
Biology Student Textbook
gives young students a strong
foundation in the scientific
discipline of biology. Students
will learn about taxonomy, cell
structure and types of cells,
photosynthesis, plant
structure and life cycles,
single-celled organisms and
how they move and eat, the
life cycle of the frog, the life
cycle of the butterfly, and
ecosystems. The Focus On
Middle School Biology Student
Textbook contains 10 full-
color chapters. Grades 5-8.

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NEW YORK TIMES
BESTSELLER • Our ability to pay attention is collapsing. From the New York Times bestselling author of *Chasing the Scream* and *Lost Connections* comes a groundbreaking examination of why this is happening—and how to get our attention back. “The book the world needs in order to win the war on distraction.”—Adam Grant, author of *Think Again* “Read this book to save your mind.”—Susan Cain, author of *Quiet In the United States*, teenagers can focus on one task for only sixty-five

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seconds at a time, and office workers average only three minutes. Like so many of us, Johann Hari was finding that constantly switching from device to device and tab to tab was a diminishing and depressing way to live. He tried all sorts of self-help solutions—even abandoning his phone for three months—but nothing seemed to work. So Hari went on an epic journey across the world to interview the leading experts on human attention—and he discovered that everything we think we know about this crisis is

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wrong. We think our inability to focus is a personal failure to exert enough willpower over our devices. The truth is even more disturbing: our focus has been stolen by powerful external forces that have left us uniquely vulnerable to corporations determined to raid our attention for profit. Hari found that there are twelve deep causes of this crisis, from the decline of mind-wandering to rising pollution, all of which have robbed some of our attention. In *Stolen Focus*, he introduces readers to Silicon Valley dissidents who learned to

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hack human attention, and veterinarians who diagnose dogs with ADHD. He explores a favela in Rio de Janeiro where everyone lost their attention in a particularly surreal way, and an office in New Zealand that discovered a remarkable technique to restore workers' productivity. Crucially, Hari learned how we can reclaim our focus—as individuals, and as a society—if we are determined to fight for it. *Stolen Focus* will transform the debate about attention and finally show us how to get it back.

Overhaul your approach to

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concentration and productivity using strategic, science-proven methods to save hours a day and achieve twice as much. Your current focus and productivity tactics might be “adequate.” But they will never be great or reach their potential if you don’t understand how your psychology and physiology work together to affect your focus. Short circuit your brain into instant focus. The Science of Powerful Focus looks at focus in a revolutionary new way, and sheds light on studies both new and old that lead to the path of massive

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productivity and conquering of goals. It is a holistic view of how focus can be tackled from every angle of a person's life. Other books will tell you to simply ditch your phone, stop multi-tasking, and sleep more. Is that really helpful information, or is it just common sense? Here, even the concept of focus is re-defined, and you will learn a plethora of actionable ways to integrate science into your daily life. Clear your mind, sit, and grind. Peter Hollins has studied psychology and peak human performance for over a dozen years and is a

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bestselling author. He has worked with dozens of individuals to unlock their potential and path towards success. His writing draws on his academic, coaching, and research experience. Defeat distractions and get "into the zone" on command. •Master the foundations of discipline and willpower. •Set goals that inevitable. •The biological basis behind procrastination. •Managing energy, your circadian rhythm, and nature's schedule. Stop procrastinating and do more in half the time. •How to effectively "singletask." •How

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to prime your mental engine.

- To-do lists, priority lists, don't do lists, and all you need to keep you accountable and on track. Master your focus, master your life.

Stolen Focus

Student book

Earth & Environmental

Science in Focus Year 12

Focus on Science

Math in Focus

Focus on Physical Science

California Edition

The Science Focus Second Edition is the complete science package for the teaching of the New South Wales Stage 4 and 5 Science

Syllabus. The Science Focus Second

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Edition package retains the identified strengths of the highly successful First Edition and includes a number of new and exciting features, improvements and components.

Provides many approaches to help students learn science: direct instruction from the teacher, textbooks and supplementary materials for reading, and laboratory investigations and experiments to perform. It also provides for the regular teaching and practice of reading and vocabulary skills students need to use a science textbook successfully. Fully revised and updated. Provides complete coverage of the Stage 4

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and Stage 5 Science Syllabus and addresses all the learning outcomes in the domains of knowledge, understanding and skills. Each chapter of the student book addresses at least one prescribed focus area in detail.

Biology

Sif Biology N1 Practical Wb

The Hidden Driver of Excellence

Deep Work

*23 Methods for More Productivity,
More Discipline, Less*

Procrastination, and Less Stress

Sif Biology O1 Practical Wb

Focus builds an overall framework for understanding the organization of the English language and helps students recognize the inseparable relationship

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between form, meaning, and use. The Workbook is designed primarily to supplement the Student's Book, but can be used as a useful source of information and practice on its own. The exercises are intended for individual work outside of class or for use as part of class discussions and activities. Each chapter, which corresponds to a chapter in the textbook, includes focused exercises that allow students to concentrate on one particular structure, integrative exercises where structures from previous sections or chapters are “spiraled” in with new structures, practice with prepositions, and editing exercises.

Earth and Environmental Science is a comprehensive course text for HSC

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Earth and Environmental Science students. It is specifically designed to meet the requirements of the Preliminary Earth and Environmental Science course in NSW and build a solid foundation of knowledge and understanding for the Year 12 HSC course. Students undertaking other courses in Biology and Environmental Science will find the text of value. The text provides a detailed coverage of both global and Australian systems and issues arising from the interaction between humans and the environments they inhabit. It covers the four core modules of the Preliminary course: Planet Earth and its Environment, The Local Environment, Water Issues and The Dynamic Earth. A feature of the text is that related issues are cross

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referenced in the text. Each chapter features a set of clearly stated knowledge, understanding and skills outcomes related to the content of the chapter.

Science Focus 1 Heinemann
Focus on Middle School Biology
Student Textbook (Hardcover)
1

Rules for Focused Success in a
Distracted World
Science Focus 1
Science Focus One

The Focus On Middle School Geology Student Textbook introduces young students to the scientific discipline of geology. Students will

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learn about the many branches of geology; the steps in the scientific method; tools and equipment used by geologists; rocks, minerals, and soils—how they are formed and what they are made of; the various layers inside Earth and how they function; the dynamic Earth—plate tectonics and the formation of mountains, volcanoes, and earthquakes; the atmosphere—its layers and composition; the hydrosphere, including

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the hydrologic cycle, oceans, freshwater, and human interactions; the biosphere—its cycles and ecosystems; magnetism, Earth's magnetic field, and the magnetosphere; Earth as a system and Earth System Science; and more. The Focus On Middle School Geology Student Textbook has ten full color chapters with many illustrations and includes a glossary and pronunciation guide at the back of the book. Grades 5–8.

Revised edition of:

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Campbell biology in
focus / Lisa A. Urry,
Michael L. Cain, Steven
A. Wasserman, Peter V.
Minorsky, Jane B. Reece.
Second edition. [2016].
Oxford Insight Science
10

Science Focus

Make It Stick

Includes Timing &

Scoring, Answer Keys,

Knowledgebase Support

Level C

Enfoque en Las Ciencias

Físicas