

Forgeng Medieval Art Of Swordsmanship

*Ever wonder how good you'd be with a sword? This book is for you. Do love movie sword fights? Learn how real sword fights work. Are you into stage combat? Add depth with historically accurate technique. You're a bad uncle looking for a present for your niece? Get her this book, though her parents might hate you. Or do you just like swords? If you've ever wanted to turn your sword dreams into reality, then this book is for you. Anyone can learn the medieval Art of the longsword. This book will give you a thorough grounding in the techniques and tactics from the 600-year-old manuscript *Il Fior di Battaglia*, and includes free access to additional resources such as videos and full-sized images, to help you translate the movements from page to real life. Sure, it's a 600-year old manuscript, but you know what? People who studied this manuscript lived. Why not stick with something that works? The *Medieval Longsword* covers everything you need to know from tools of the trade, to footwork, strikes and defences, to how to exploit your adversary's mistakes, and how to disarm your opponent. This complete and approachable guide to the Art of Arms provides a gateway to a world-wide community of likeminded people also practicing this historical martial art. Whether you're an absolute beginner or a competent fencer, this book by author and internationally renowned swordsman Guy Windsor will guide you towards mastery of this ancient Art.*

Download Free *Forgeng* Medieval Art Of Swordsmanship

English translation of one of the most significant medieval texts on fighting with swords.

Medieval Fighting with the German Masters Christian Henry Tobler presents a beautifully interpreted study of fighting techniques recorded in the mnemonic verse of the legendary German swordmaster, Johannes Liechtenauer. Johannes Liechtenauer was a 14th century German fencing master born in the mid 1300s. Some of Liechtenauer's teachings were preserved in rhyming couplets, possibly done so to prevent the uninitiated from learning the techniques he presented. Christian presents his interpretation in a style that is readable, translating the original and then providing a practical interpretation of each technique. At once bold and martially efficient, these classic techniques of swordsmanship have proven their enduring allure. In this second reissue of a classic work, Chivalry Bookshelf offers students of martial arts, of martial culture during the middle ages, fencing historians, reenactors and students of medieval history.

Jointly Published with the British Royal Armouries Medieval fighting has long been thought to be rough and untutored. Visions of men madly slashing to and fro and hoping for the best still dominate not only popular culture but modern histories of fencing as well. In recent years, the survival of more than 175 fighting treatises from the Middle Ages and Renaissance has provided a whole generation of enthusiasts, scholars, reenactors and stage choreographers with a wealth of new information.

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This text represents the earliest known text on swordsmanship anywhere in the world. Royal Armouries MS I.33 presents a system of combat that is sophisticated and demonstrates the diffusion of fighting arts beyond the military classes. Within the manuscripts richly illustrated full-color illustrations lie still-potent demonstrates of sword techniques, surprisingly shown by a Priest and Scholar. Most surprisingly, however, is the presence of a woman practicing in the text, the only one illustrated in any European fighting treatise. This full color facsimile & translation has been long-awaited and promises to become an important resource for years to come

A German Martial Arts Treatise of 1570

Favourite of Fortune

Medieval Armoured Combat

Medieval Combat

The Book of Horsemanship by Duarte I of Portugal

Royal Armouries MS I.33

Game of Thrones and the Medieval Art of War

No description available.

Swords and Swordsmen chronicles the major developments in the sword's design, manufacture and use from Ancient Egypt to the American Civil War. Author Mike Loades traces the history of the sword in war and the evolution of the private duel. The

book takes certain surviving swords as landmarks on this journey of discovery. Each can be linked to a specific individual, allowing each sword to be discussed in the social and military context of its time and forming the starting point for detours through other types of sword and contemporary developments in their design, manufacture and use. From Tutankhamun to General Custer, and including a chapter on the legendary samurai Uesugi Kenshin, this book charts the lives of warriors from many ages and cultures; men whose lives often depended on their skill with the sword. Illustrated with line drawings (many derived from old fight manuals) and dozens of photographs of surviving swords, Swords and Swordsmen celebrates these weapons as iconic works of art and powerful cultural symbols as well as examining the lethal practicality of their use.

First published in 1570, Joachim Meyer's The Art of Combat is among the most important texts in the rich corpus of German martial arts treatises of the Middle Ages and Renaissance. Meyer is unique in offering full recommendations on how to

train for various weapons forms. He divides his book into five parts by weapon types: longsword; dusack (a practice weapon analogous to a sabre); rapier; dagger; and staff weapons. For each weapon, Meyer lays out the principles of its use and the vocabulary of techniques, and then describes a range of specific 'devices', attack combinations for use in combat. This rational approach, along with Meyer's famous and profuse woodcut illustrations, make this a crucial source for understanding the history and techniques of medieval and Renaissance martial arts. In the first ever English translation of this important work, Jeffrey Forging has sought to improve accessibility of the text. His Introduction is the first substantial account to be published in English of the German Fechtbuch corpus, and the Glossary likewise is the first of its kind to be published in English.

An indispensable resource on daily life in medieval England

Medieval Art of Sword and Shield

A Training Manual

The Sword in the Age of Chivalry

***The Illustrated Book Of Rapiers And Cut And Thrust Swords
And Their Use***

From Medieval Manuscript to Modern Practice

Secrets of German Medieval Swordsmanship

Experience the medieval world firsthand in this indispensable hands-on resource, and examine life as it was actually lived. The first book on medieval England to arise out of the living history movement, this volume allows readers to understand-and, if possible, recreate-what life was like for ordinary people in the days of Geoffrey Chaucer. Readers will learn not only what types of games medieval Britons played, what clothes they wore, or what food they ate, but actual rules for games, clothing patterns, and recipes. Written with impeccable detail, this volume examines all aspects of life in medieval England, down to basic fundamentals like nutrition, waste management, and table manners.

Parallel situations and quoted material from *The Canterbury Tales* draw direct connections to Chaucer's work. Student researchers will benefit from a multitude of resources, including primary source sidebars, a chapter on online resources and digital research, information on medieval reenactments, a timeline of events, a glossary of terms, numerous illustrations, and a comprehensive print and nonprint bibliography of accessible sources. Supporting the world history

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curriculum and offering an interactive supplement to literature curricula, this volume is a must-have for students and interested readers. Detailed and meticulous, this volume examines all aspects of life in medieval England, down to basic fundamentals like nutrition, waste management, and table manners. Readers will explore, seasons, holidays and holy days, the prevalence and normalcy of death, the average workday, crafts and trade, decorating practices, and recreational activities like archery and falconry. Parallel situations and quoted material from *The Canterbury Tales* also draw direct connections to Chaucer's work.

This sixteenth-century German guide to sword fighting and combat training is a crucial source for understanding medieval swordplay techniques. Following his translation of Joachim Meyer's *The Art of Combat*, Jeffrey L. Forging was alerted to an earlier version of Meyer's text, discovered in Lund University Library in Sweden. The manuscript, produced in Strasbourg around 1568, is illustrated with thirty watercolor images and seven ink diagrams. The text covers combat with the longsword (hand-and-a-half sword), dusack (a one-handed practice weapon comparable to a sabre), and rapier. The manuscript's theoretical discussion of guards sheds significant light on this key feature of the historical practice, not just in relation to Meyer but in relation to medieval combat

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systems in general. The Art of Sword Combat also offers an extensive repertoire of training drills for both the dusack and the rapier, a feature largely lacking in treatises of the period and critical to modern reconstructions of the practice. Forgeng's translation also includes a biography of Meyer, much of which has only recently come to light, as well as technical terminology and other essential information for understanding and contextualizing the work.

Royal Armouries MS I.33 Companion Deciphering the martial techniques in RA MS I.33 can be difficult. Paul Wagner & Stephen Hand of the Stoccata School of Defence, Sydney, have studied the manuscript for five years, working to unlock its intriguing secrets. What emerges is a complex system of civilian sword and buckler combat (including wrestling). All of the I.33 techniques are presented here with clear text are presented with more than 400 photographic illustrations, a complet martial arts system useful for historical martial artists, reenactors, SCA combatants, or any student of medieval military history. Alone or as a companion to Dr. Jeffrey Forgeng's Medieval Art of Swordsmanship, this book is sure to become a swordsmanship and martial arts classic.

This study concerns the importance of the sword in Anglo-Saxon and Viking society, with reference to surviving swords and literary sources, especially Beowulf.

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De Arte Gladiatoria Dimicandi

Illustrated Methods And Techniques

The Medieval Longsword

The Knightly Art of Battle

Daily Life in Chaucer's England

The 1450 Fencing Manuscript from New Haven

Daily Life in Chaucer's England, 2nd Edition

This volume offers an intriguing look into the world of late medieval martial arts, from wrestling to swordsmanship and to the subtle tricks that could be employed when jousted on horseback. Using exceptional pen drawings (with gold leaf highlights) the book features some of the most interesting abstracts from Fior di Battaglia (The Flower of Battle), a manuscript by the renowned Italian fencing master Fiore dei Liberi depicting the knightly arts of fighting. The copy in the collection of the J. Paul Getty Museum, created in the early 15th-century, is the finest and most complete manuscript to survive. Offering detailed visual documentation of Fiore's techniques coupled with the author's genius for explaining sophisticated methods of offense and defence, the manuscript provides a comprehensive record of the skills by which men lived and died in the Middle Ages. Looks at life in England at the time of Chaucer, exploring housing, food, and entertainment

The Medieval Art of Swordsmanship A Facsimile and Translation of Europe's Oldest

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Personal Combat Treatise, Royal Armouries MS I.33

The Codex Wallerstein is one of the best known of the late medieval fencing treatises in existence. Though perhaps not as widely known as Talhoffer 1467 or Flos Duellatorum it is just as important to students of the Western martial arts. Originally written in Middle High German during the late 14th and early 15th centuries, the Codex Wallerstein has long been available to scholars in microfilm format from Augustusburg University. Now with the publication of this book, the text and drawings are available to scholars and martial artists in the original Middle High German, as well as in Modern German and English translations. The translations were provided by Grzegorz Zabinski, with assistance from Bartłomiej Walczak, two of the most esteemed interpreters of medieval combat in the world. The codex offers a series of fundamental counters to common attacks, using the longsword, falchion and dagger, as well as the complete system of wrestling techniques. In this work the reader will find a great deal of instruction on thrusting at or closing in against an opponent, expanding Master Johannes Liechtenauer's art of longsword combat. For martial artists, medievalists, historians or anyone with an interest in historical arm self-defense, Codex Wallerstein is sure to become an invaluable reference.

Sigmund Ringeck's Knightly Arts Of Combat

The Combat System of Royal Armouries MS I. 33

Transmission and Tradition of Martial Arts in Europe (14th-17th Centuries)

Its Archaeology and Literature

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Captain John Quilliam, Trafalgar Hero

Codex Wallerstein

Medieval Combat in Colour

The lessons of influential 15th-century fencing master Sigmund Ringeck are brought to life once again by David Lindholm and Peter Svärd, the duo behind Sigmund Ringeck's *Knightly Art of the Longsword*. This lavishly illustrated companion to *Longsword* examines Ringeck's instruction on fighting with the sword and buckler, fighting in armor with longsword and spear, and wrestling. These disciplines and more are fully explained both by Ringeck's text (offered in the original old German as well as the authors' English translation) and detailed captions for the step-by-step illustrations. The timeless works of Ringeck, who is best known for his interpretations of the teachings of grand master Johannes Liechtenauer, offer a rare opportunity to experience a firsthand account of this important period in the development of the Western martial arts. This book will be treasured by aficionados of the medieval arts of combat for generations to come. Foreword by John Clements.

Hans Talhoffer's professional fencing manual of 1467 illustrates the intricacies of the medieval art of fighting, covering both the 'judicial duel' (an officially sanctioned fight to resolve a legal dispute) and personal combat. Combatants in

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the Middle Ages used footwork, avoidance, and the ability to judge and manipulate timing and distance to exploit and enhance the sword's inherent cutting and thrusting capabilities. These skills were supplemented with techniques for grappling, wrestling, kicking and throwing the opponent, as well as disarming him by seizing his weapon. Every attack contained a defence and every defence a counter-attack. Talhoffer reveals the techniques for wrestling, unarmoured fighting with the long sword, pole-axe, dagger, sword and buckler, and mounted combat. This unparalleled guide to medieval combat, illustrated with 268 contemporary images, provides a glimpse of real people fighting with skill, sophistication and ruthlessness. This is one of the most popular and influential manuals of its kind.

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This is the most thorough work ever about historical swordsmanship. It is both a general reference and an instructional guide for advanced and beginning sword enthusiasts, students of military history and martial artists. Includes rare historical info and 100 original drawings.

Renaissance Swordsmanship

Sword and Buckler Fighting, Wrestling, and Fighting in Armor

A Facsimile and Translation of Europe's Oldest Personal Combat Treatise, Royal Armouries MS I.33

Pietro Monte's Collectanea

Forging the Sword

The Art of Sword Combat

Records of the Medieval Sword

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One of the most important teachers of historical swordsmanship, Stephen Hand has delivered what may well be his Magnum Opus, a detailed study in text and photographs of his best form, the swordsmanship of the 16th century English swordmaster, George Silver. In nearly 800 photographs, Mr. Hand explores the depth of Silver's technique, presenting for the student a clear and concise path to fighting with the single-handed sword. These techniques are from the same period as William Shakespeare, and it is even supposed that Silver had something to do with the staging of swordsmanship in Shakespeare's plays. So these techniques should have special interest to those involved in swordplay on the stage. Students of fencing history, members of the SCA, LARPS, or students of Renaissance history will also find this first-ever exploration of Silver's amazingly effective techniques supremely valuable.

British authority on medieval weapons surveys European arms and armor from the Bronze Age to the time of triumph of gunpowder.

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First full translation of an important treatise on chivalric horsemanship.

From the author of Renaissance Swordsmanship comes the most comprehensive and historically accurate view ever of the lost fighting arts of Medieval knights, warriors and men-at-arms. Based on years of extensive training and research in the use of European swords, it contains highly effective fighting techniques for the sword, sword & shield, long-sword, great-sword, pole-arm and more. And with more than 200 illustrations and rare historical documents, it is a scholarly reference as well as a hands-on training guide for martial artists of all levels.

The Flower of Battle

The Arms, Armour and Fighting Techniques of a Fifteenth-century Soldier

The Archaeology of Weapons

Sigmund Ringeck's Commentaries on Johannes Liechtenauer's Verse

English Swordsmanship

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A Medieval Fighting Book from the Fifteenth Century on the Longsword, Falchion, Dagger, and Wrestling
The True Fight of George Silver. Single sword

The Royal Navy of Nelson 's time was not short of heroes, nor of outstanding achievements, but even in this crowded field the career of Captain John Quilliam stands out – so often the right man in the right place at the right time, he was justly described by a contemporary as ‘ the favourite of fortune ’ . Born on the Isle of Man 250 years ago, Quilliam has until now evaded detailed study of his extraordinary life. Indeed, while celebrated as a Manx hero, in the wider world beyond the Island one of the most important men on the quarter deck of HMS Victory at the Battle of Trafalgar remains largely unrecognised. Trafalgar, however, was not even the high point of Quilliam ' s professional journey. From the lowest rung of the ladder in the dockyard at Portsmouth he climbed to become Victory ' s First Lieutenant, having already survived two of the bloodiest sea-battles of the era at Camperdown and Copenhagen. In the process he won a share in undreamed of wealth through the seizure of one of the largest hauls of Spanish gold ever taken by the Georgian navy. Promoted Post-Captain, Quilliam reached the apogee of his profession, commanding frigates in the Baltic and on the Newfoundland station in the War of 1812. There, in a bizarre twist worthy of a

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novel by O ' Brian or Forester, he defeated an accusation of shirking an engagement with the American super-frigate President in a Court Martial brought by his own First Lieutenant. This first full biography of a far-from-ordinary naval officer is itself an unusual collaboration between three writers, each interested in different aspects of Quilliam ' s career, but united by a belief that it deserves a wider audience.

The "Gladiatoria" group of German fencing manuscripts are several editions of a treatise on armoured foot combat, specifically aimed at duel fighting. Gloriously-illustrated, and replete with substantial commentary, these works are some of the greatest achievements in the corpus of late medieval fight books. These works have both tremendous artistic merit and incalculable historical value. In this remarkable full colour volume, authors Dierk Hagedorn and Bartomiej Walczak elegantly present their work on the copy of this treatise now in the Yale Center for British Art, including a reproduction of the manuscript, a full transcription, and translations into English. The work includes a foreword by Sydney Anglo which explains how the work shows a highly sophisticated pedagogical system of movement and applauds the editors for presenting the material in a clear and practical way. Additional essays discuss other aspects of the manuscript - including a tale of Dierk Hagedorn's adventures tracking down the manuscript.

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"Benefit from the experience of one of the most accomplished experts in the field. A must-read for beginners and advanced practitioners alike." - Roland Warzecha, DIMICATOR

The warriors, knights and duellists of old depended on their skill at arms for their lives. You can learn their techniques and tactics too. From renowned swordsman and teacher Guy Windsor comes an indispensable resource for anyone interested in martial arts, swordsmanship, and history. Through this book Guy will teach you how to train your mind and body to become an expert in historical martial arts. It includes the seven principles of mastery, considers the ethics of martial arts, and goes into detail about the process of recreating historical martial arts from written sources. On the practical side, Guy explains how to develop your skills, and lays out the path for students to become teachers, covering the basics of safe training, looking after your body, and even starting your own training group and teaching basic classes. An accessible, motivating read that includes many suggestions for further study, including courses, books and other resources, this book sets out to answer every question about historical martial arts you may have. Note that this is not a training manual for a specific style: it provides the foundations for every style. Your journey starts here. You decide where it ends.

George R.R. Martin ' s A Song of Ice and Fire novels and HBO ' s Game of Thrones

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series depict a medieval world at war. But how accurate are they? The author, an historian and medieval martial arts expert, examines in detail how authentically Martin ' s fictional world reflects the arms and armor, fighting techniques and siege warfare of the Middle Ages. Along the way, he explores the concept of “ medievalism ” —modern pop culture ' s idea of the Middle Ages.

The True Story of a Legendary Black Warrior in Feudal Japan

The Sword in Anglo-Saxon England

The Theory and Practice of Historical Martial Arts

Late Medieval and Early Modern Fight Books

A Fifteenth-Century Manual of Swordfighting and Close-Quarter Combat

Fighting with the German Longsword

The Art of Combat

THE SPIRIT OF THE ANCIENT CHAMPION, SORAHB, WAS REBORN INTO THE BODY OF A DEGHAN YOUTH. There is not much time left on the Hrum's self-imposed limit -- only a few months. If in that time they don't take all of Farsala, then the Farsalans will regain their independence. Ceaselessly, Soraya, Kavi, and Jiaan work to keep control of what little land remains free from Hrum rule: parts of the countryside, the badlands, and the walled city of Mazad. They have many people helping them, but there is still one important piece missing: a sword that is able to withstand the Hrum's watersteel. In the end Farsala will fall if it can't win

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in battle. But one thing none of these young heroes can foresee is the growing desperation of the Hrum leaders. It will lead some to break their own laws and sacred pacts and will reveal truths to Kavi, Soraya, and Jiaan about the nature of war, the nature of human beings, and -- most importantly -- the nature of themselves. Hilari Bell builds the action and intrigue to a crescendo in the final installment of this critically acclaimed trilogy.

An extensive and thorough study of the origins, development and usage of the glamorous two-edged knightly sword of the European middle ages, with a complete typology. Spanning the period from the great migrations to the Renaissance, this book presents a selection from a very large body of photographs and research and gives a full and detailed record of the swords of that turbulent time.

Recorded over six centuries ago, the teachings of the 14th-century Master-at-Arms Johannes Liechtenauer have been given new life by a world-wide community of modern swordsmen and women, fascinated by the elegance, efficiency and depth of his unique martial art. Christian Henry Tobler was one of the pioneers in reviving the medieval Master's art, creating the first, published syllabus for training with the two-handed longsword back in 2004. This fully rewritten, revised and expanded edition brings to bear a decade of refinement, creating a definitive, "how to" guide for students. Beginning with a short historical overview of the art, Mr. Tobler teaches stance, footwork, methods for gripping the sword, and step-by-step instructions for executing the core techniques of the Liechtenauer tradition.

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Additional chapters introduce students to wrestling, spear and armoured combat; demonstrating the art's depth and breadth. Heavily photo-illustrated, the book also makes use of decision-trees and training drills to aid in learning. Used as a complete, self-contained course, or a primer for studying the original medieval works themselves, this unique book will be invaluable to martial artists, reenactors, medieval historians, or anyone who has ever wondered "how did knights fight?"

The Flower of Battle is Colin Hatcher's translation of Fiore dei Liberi's art of combat from the early 15th century. The work included high-resolution images and English text laid out in the manner of the original.

Jousting in Medieval and Renaissance Iberia

Medieval Swordsmanship

Arms and Armor from Prehistory to the Age of Chivalry

SIGMUND RINGECK`S KNIGHTLY ART OF THE LONGSWORD

A 1568 German Treatise on Swordmanship

MS Ludwig Xv13

Swords and Swordsmen

"[A] remarkable how-to . . . offers freeze-frame instructions on medieval martial arts using swords, shields, poleaxes, daggers and wrestling" (Publishers Weekly).

Written by German fencing master Hans Talhoffer in 1467,

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this book illustrates the intricacies of the medieval art of fighting, covering both the "judicial duel" (an officially sanctioned fight to resolve a legal dispute) and personal combat. Combatants in the Middle Ages used footwork, avoidance, and the ability to judge and manipulate timing and distance to exploit and enhance the sword's inherent cutting and thrusting capabilities. These skills were supplemented with techniques for grappling, wrestling, kicking and throwing the opponent, as well as disarming him by seizing his weapon. Every attack contained a defense and every defense a counterattack. Talhoffer reveals the techniques for wrestling, unarmored fighting with the long sword, poleaxe, dagger, sword and buckler, and mounted combat. This unparalleled guide to medieval combat, illustrated with 268 contemporary images, provides a glimpse of real people fighting with skill, sophistication and ruthlessness. This is one of the most popular and influential manuals of its kind. "This superb treatise, amply illustrated, provides valuable insight into the real

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world of medieval combat. Magnificent!" –Books Monthly

In *From Medieval Manuscript to Modern Practice*, renowned historical swordsman Guy Windsor demystifies one of the greatest martial arts books of all time, Fiore dei Liberi's *Il Fior di Battaglia* (The Flower of Battle). In the late 14th century dei Liberi, an Italian knightly combat master, wrote *Il Fior di Battaglia* (The Flower of Battle). This magnificent, illustrated manuscript described how to fight on foot and on horseback, in armour and without, with sword, spear, pollax, dagger, or with no weapon at all. Windsor spent the last twenty years studying Fiore's work and creating a modern practice of historical swordsmanship from it. In this book, Windsor takes you through all of Fiore's longsword techniques on foot without armour. Each technique (or "play") is shown with the drawing from the treatise, Windsor's transcription and translation of the text, his commentary on how it fits into the system and works in practice, and a link to a video of the technique in action. The book also contains a detailed introduction describing

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Fiore's life and times, and extensive discussion of the contexts in which Fiore's art belongs. From Medieval Manuscript to Modern Practice is essential reading for all martial artists and historians of the medieval and early Renaissance.

A comprehensive history and typology of the European knightly sword from c.1050 to c.1550, that draws on evidence from literature and art as well as from archaeology.

First translation into English of a wide-ranging military treatise from the late middle ages.

African Samurai

The Medieval Art of Swordsmanship

The Art of Swordsmanship

The Longsword Techniques of Fiore Dei Liberi

The Art of Swordsmanship by Hans Lecküchner

Late Medieval and Early Modern Fight Books offers insights into the cultural and historical transmission and practices of martial arts, based on interdisciplinary research on the corpus of the Fight Books (Fechtbücher) in 14th- to 17th-century Europe.

Warrior. Samurai. Legend. “A readable, compassionate account of an extraordinary life.” —The Washington Post The remarkable life of history’s first foreign-born samurai, and his astonishing journey from Northeast Africa to the heights of Japanese society. When Yasuke arrived in Japan in the late 1500s, he had already traveled much of the known world. Kidnapped as a child, he had ended up a servant and bodyguard to the head of the Jesuits in Asia, with whom he traversed India and China learning multiple languages as he went. His arrival in Kyoto, however, literally caused a riot. Most Japanese people had never seen an African man before, and many of them saw him as the embodiment of the black-skinned (in local tradition) Buddha. Among those who were drawn to his presence was Lord Nobunaga, head of the most powerful clan in Japan, who made Yasuke a samurai in his court. Soon, he was learning the traditions of Japan’s martial arts and ascending the upper echelons of Japanese society. In the four hundred years since, Yasuke has been known in Japan largely as a legendary, perhaps mythical figure. Now African Samurai presents the never-before-told biography of this unique figure of the sixteenth century, one whose travels between countries, cultures and classes offers a new

perspective on race in world history and a vivid portrait of life in medieval Japan.

Ringeck's invaluable 15th-century compilation of the lessons of German fencing master Johannes Liechtenauer is given new life by two modern students of the sword. The original text is presented with extensive interpretations and detailed, instructive drawings to capture the medieval swordsman's art.