



out of five different homes. He suffers shame and experiences resentment from those who feel that all foster kids are trouble and unworthy of being loved just because they are not part of a "real" family. Tears, laughter, devastation and hope create the journey of this little lost boy who searches desperately for just one thing -- the love of a family.

"The Story That Inspired the Major Motion Picture." The captivating story behind the bestselling single in the history of Christian music--and the man who wrote it MercyMe 's crossover hit, "I Can Only Imagine," has touched millions of people around the world. But few know about the pain, redemption, and healing that inspired it. Now Bart Millard, award-winning recording artist and lead singer of MercyMe, shares how his dad 's transformation from abusive father to man of God sparked a divine moment in music history. Go behind the scenes of Bart 's life--and the movie based on it--to discover how God repaired a broken family, prepared Bart for ministry through music, and wrote the words on his heart that would change his life forever. I Can Only Imagine is a front-row seat to witnessing God 's presence throughout Bart 's life. Whether falling in love with his childhood sweetheart or mourning his father 's death, founding MercyMe or flailing in the midst of its success, Bart continues to place his trust in God 's plans--plans that continue to surprise and surpass what Bart could have ever imagined.

Can I Say

Lit LP

Unbreakable

Vanderbilt

C ó mo descubr í mi fuerza a trav é s del amor y la p é rdida

How to Let Go of Your Pain and Move on with Life

The Coroner

Winner of the Graywolf Press Nonfiction Prize, a lyrical meditation on family, place, and inheritance Names for Light traverses time and memory to weigh three generations of a family's history against a painful inheritance of postcolonial violence and racism. In spare, lyric paragraphs framed by white space, Thirii Myo Kyaw Myint explores home, belonging, and identity by revisiting the cities in which her parents and grandparents lived. As she makes inquiries into their stories, she intertwines oral narratives with the official and mythic histories of Myanmar. But while her family's stories move into the present, her own story—that of a writer seeking to understand who she is—moves into the past, until both converge at the end of the book. Born in Myanmar and raised in Bangkok and San Jose, Myint finds that she does not have typical memories of arriving in the United States; instead, she is haunted by what she cannot remember. By the silences lingering around what is spoken. By a chain of deaths in her family line, especially that of her older brother as a child. For Myint, absence is felt as strongly as presence. And, as she comes to understand, naming those absences, finding words for the unsaid, means discovering how those who have come before have shaped her life. Names for Light is a moving chronicle of the passage of time, of the long shadow of colonialism, and of a writer coming into her own as she reckons with her family's legacy.

Describes the life and accomplishments of the Mexican singer, from her humble childhood and early career to her rise to fame in music and television, and her untimely death in a plane crash at age forty-three.

The anchorwoman on the top-rated Spanish television magazine reveals details about the life and tragic death of the Latin music superstar, including information about her murderer. Reissue.

How the saints, the sacraments, and psychiatry can help you break depression's grip and find happiness again Countless Christians—including scores of saints—have suffered profound, pervasive sorrow that modern psychiatrists call "depression." Then, as now, great faith and even fervent spiritual practices have generally failed to ease this wearying desolation of soul. In these pages, Catholic psychiatrist Aaron Kheriaty reviews the effective ways that have recently been devised to deal with this grave and sometimes deadly affliction — ways that are not only consistent with the teachings of the Church, but even rooted in many of those teachings. Extensive clinical experience treating patients with depression has shown Dr. Kheriaty that the confessional can't cure neuroses, nor can the couch forgive sin. Healing comes only when we integrate the legitimate discoveries of modern psychology and pharmacology with spiritual direction and the Sacraments, giving particular attention to the wisdom of the Church Fathers and the saints. Here, with the expert help of Dr. Kheriaty, you'll learn how to distinguish depression from similar-looking but fundamentally different mental states such as guilt, sloth, the darkness of sin, and the sublime desolation called "dark night of the soul" that is, in fact, a privileged spiritual trial sent to good souls as a special gift from God. You'll come to know how to identify the various types of depression and come to understand the interplay of their often manifold causes, biological, psychological, behavioral, cultural, and, yes, moral. Then you'll learn about exciting breakthroughs in pharmacological and other medical treatments, the benefits and limitations of psychotherapy, the critical place that spiritual direction must have in your healing, and the vital role that hope — Christian hope — can play in driving out depression.

The Rise and Fall of an American Dynasty

The Life and Times of an American Icon

The 21-Day Starter Kit for Taco, Tortilla, and Tequila Lovers

Learning to Stand After Life Has Knocked You Down

THE INSTANT NEW YORK TIMES BESTSELLER A raw, honest, and revealing co-memoir by Brie and Nikki Bella: twin sisters, WWE Hall of Fame inductees, and stars of the hit E! shows Total Bellas and Total Divas. As twins, the Bellas have always competed. Legend has it that Nikki drop-kicked Brie in the womb so that she could make her grand entrance first. But the rest of the world often treated them as identical and even interchangeable, so they decided to do something about it. After they made it into WWE, the Bellas accomplished so much together: bringing in young girls and women while building the Bella Army, helping the transition of female performers from Divas to Superstars, starring in Total Divas and Total Bellas, and founding companies like Birdiebee, Nicole + Brizee Beauty, and Bonita Bonita Wine. Though their early journey began with loss, abuse, and plenty of rough times, these challenges "shined the diamond." They resolved to be survivors and the heroes of their own stories, and to take control and responsibility for their lives. Eventually, they would come to show girls everywhere that they can do anything. The Bellas may be identical twins—but as individuals, they have proven themselves incomparable.

The #1 New York Times and #1 internationally bestselling author who is a shining example of what overcoming adversity really means now shares the lost chapter of his uplifting journey, which has touched the lives of millions. From A Child Called "It" to The Lost Boy, from A Man Named Dave to Help Yourself, Dave Pelzer 's inspirational books have helped countless others triumph over hardship and misfortune. In The Privilege of Youth, he shares the missing chapter of his life: as a boy on the threshold of adulthood. With sensitivity and insight, he recounts the relentless taunting he endured from bullies; but he also describes the thrill of making his first real friends—some of whom he still shares close relationships with today. He writes about the simple pleasures of exploring his neighborhood, while trying to forget the hell waiting for him at home. From high school to a world beyond the four walls that were his prison for so many years, The Privilege of Youth bravely and compassionately charts this crucial turning point in Dave Pelzer 's life and will inspire a whole new generation of readers.

Travis Barker 's soul-baring memoir chronicles the highlights and lowlights of the renowned drummer 's art and his life, including the harrowing plane crash that nearly killed him and his traumatic road to recovery—a fascinating never-before-told-in-full story of personal reinvention grounded in musical salvation and fatherhood. After breaking out as the acclaimed drummer of the multiplatinum punk band Blink-182, everything changed for Travis Barker. But the dark side of rock stardom took its toll: his marriage, chronicled for an MTV reality show, fell apart. Constant touring concealed a serious drug addiction. A reckoning did not truly come until he was forced to face mortality: His life nearly ended in a horrifying plane crash, and then his close friend, collaborator, and fellow crash survivor DJ AM died of an overdose. In this blunt, driving memoir, Barker ruminates on rock stardom, fatherhood, death, loss, and redemption, sharing stories shaped by decades ' worth of hard-earned insights. His pulsating memoir is as energetic as his acclaimed beats. It brings to a close the first chapters of a well-lived life, inspiring readers to follow the rhythms of their own hearts and find meaning in their lives.