

Foucault Sport And Exercise Power Knowledge And Transforming The Self

The sociology of sport is a core discipline within the academic study of sport. It helps us to understand what sport is and why it matters. Sociological knowledge, implicit or explicit, therefore underpins scholarly enquiry into sport in every aspect. The Routledge Handbook of the Sociology of Sport is a landmark publication that brings together the most important themes, theories and issues within the sociology of sport, tracing the contours of the discipline and surveying the state-of-the-art. Part One explores the main theories and analytical approaches that define contemporary sport sociology and introduces the most important methodological issues confronting researchers working in the social scientific study of sport. Part Two examines the connections and divisions between sociology and cognate disciplines within sport studies, including history, anthropology, economics, leisure

and tourism studies, philosophy, politics and psychology. Part Three investigates how the most important social divisions within sport, and in wider society, are addressed in sport sociology, including 'race', gender, class, sexuality and disability. Part Four explores a wide range of pressing contemporary issues associated with sport, including sport and the body, social problems associated with sport, sport places and settings, and the global aspects of sport. Written by a team of leading international sport scholars, including many of the most well-known, respected and innovative thinkers working in the discipline, the Routledge Handbook of the Sociology of Sport is an essential reference for any student, researcher or professional with an interest in sport. This edited collection includes articles which examine the complex relationships between sport, physical activity and public health. It reflects a current expansion in academic, policy and practice interest in sport and physical activity for public health. Our contributors discuss issues connected to the politics and policy of sport, physical activity and public health

by focusing on a range of theoretical themes including evidence and knowledge production, national policies and the political promotion of sport and physical activity for health, sports mega-events and public health, social diversity in community sport for health programming, education and training in physical education and fitness sectors, and critical perspectives on partnership working in sport and public health. Overall, the chapters reflect debate about the motivations of national and local government intervention in policy making on public health that includes the role of sport and / or physical activity, and explores the discussions about the impact that such policy decisions have on people and their communities. This book was originally published as a special issue of the International Journal of Sport Policy and Politics. The last two decades have witnessed a proliferation of qualitative research in sport and exercise. The Routledge Handbook of Qualitative Research in Sport and Exercise is the first book to offer an in-depth survey of established and emerging qualitative methods, from conceptual first principles

to practice and process. Written and edited by a team of world-leading researchers, and some of the best emerging talents, the book introduces a range of research traditions within which qualitative researchers work. It explores the different methods used to collect and analyse data, offering rationales for why each method might be chosen and guidance on how to employ each technique successfully. It also introduces important contemporary debates and goes further than any other book in exploring new methods, concepts, and future directions, such as sensory research, digital research, visual methods, and how qualitative research can generate impact. Cutting-edge, timely and comprehensive, the Routledge Handbook of Qualitative Research in Sport and Exercise is an essential reference for any student or scholar using qualitative methods in sport and exercise-related research. The fitness industry is experiencing a new boom characterized by the proliferation of interactive and customizable technology, from exercise-themed video games to smartphone apps to wearable fitness trackers. This new technology

presents the possibility of boundless self-tracking, generating highly personalized data for self-assessment and for sharing among friends. While this may be beneficial - for example, in encouraging physical activity - the new fitness boom also raises important questions about the very nature of our relationship with technology. This is the first book to examine these questions through a critical scholarly lens. Addressing key themes such as consumer experience, gamification, and surveillance, Fitness, Technology and Society argues that fitness technologies - by 'datafying' the body and daily experience - are turning fitness into a constant pursuit. The book explores the origins of contemporary fitness technologies, considers their implications for consumers, producers, and for society in general, and reflects on what they suggest about the future of fitness experience. Casting new light on theories of technology and the body, this is fascinating reading for all those interested in physical cultural studies, technology, and the sociology of sport. Power, Paradigms, and Reflexivity

***The Oxford Handbook Sport and Spectacle in the Ancient World
Critical perspectives***

Examining Sport Histories

Routledge Handbook of Physical Activity Policy and Practice

The Banff–Bow Valley in western Alberta is the heart of spiritual and economic life for the Nakoda peoples. While they were displaced from the region by the reserve system and the creation of Canada's first national park, in the twentieth century the Nakoda reasserted their presence in the valley through involvement in regional tourism economies and the Banff Indian Days sporting festivals. Drawing on extensive oral testimony from the Nakoda, supplemented by detailed analysis of archival and visual records, *Spirits of the Rockies* is a sophisticated account of the situation that these Indigenous communities encountered when they were denied access to the Banff National Park. Courtney W. Mason examines the power relations and racial discourses that dominated the eastern slopes of the Canadian Rocky Mountains and shows how the Nakoda strategically used the Banff Indian Days festivals to gain access to sacred lands and respond to colonial policies designed to repress their cultures.

International Perspectives on Key Issues in Sport and Exercise

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Psychology is a series of edited books, with a global focus, which reflect the state of art in areas of current and emerging interest in the study of sport and exercise psychology. Each volume in the series contributes to the better understanding of a key issue facing researchers and practitioners in sport psychology. This volume in the series focuses upon the sociocultural issues that challenge and often undermine participation, performance, and well-being in sports. Contributors address a number of important issues, such as exclusion, miscommunication, and ineffective practice in sport. The book extends the recent interest in culture within sport psychology by using a critical approach to highlight less mainstream sports such as martial arts, circus arts, extreme sports, and dance, and it will help sports participants and social scientists to gain an understanding of these marginalized sporting identities. By highlighting "subcultural" contexts, with their individual practices and values, it is hoped that the volume will promote the goal of achieving a more just, inclusive, and ethical sport psychology. The Psychology of Sub-Culture in Sport and Physical Activity will be ideal reading for sport and exercise academics and practitioners, advanced students of applied sport psychology, and related fields such as sport science, critical studies, sociology, cultural studies and social anthropology.

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Playing and watching sport can teach us a great deal about wider social issues. This book looks at how identities are constructed and reinforced in sport, exploring notions of race, class, sexuality and nationalism. With contributions from international experts, this book is key reading for students of sociology and sports studies.

The Routledge Handbook of Sport Communication is the only book to offer a fully comprehensive and in-depth survey of the contemporary discipline of sport communication. It explores communication within, through, and for sport in all its theoretical, conceptual, cultural, behavioral, practical and managerial aspects, tracing the contours of this expansive, transdisciplinary and international discipline and demonstrating that there are few aspects of contemporary sport that don't rely on effective communications. Including contributions from leading sport media and communications scholars and professionals from around the world, the book examines emerging (new and social) media, traditional (print, broadcast and screen) media, sociological themes in communication in sport, and management issues, at every level, from the interpersonal to communication within and between sport organisations and global institutions. Taking stock of current research, new ideas and key issues, this book is an essential reference for any advanced student, researcher or practitioner with an interest in sport communication, sport business, sport management,

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sport marketing, communication theory, journalism, or media studies.

Uniformly Discussed

Reasserting an Indigenous Presence in Banff National Park

Future Directions and Global Perspectives

Sport and Social Identities

Snowboarding Bodies in Theory and Practice

Routledge Handbook of Sports Coaching

Sport and physical activity are embedded in our education systems and in wider society. This book takes the broadest possible look at this topic, across every key discipline and on different continents, opening up important new directions for the future development of sport and physical activity education. The book examines education in sport coaching, sport management, PE teacher training, physical activity and health promotion, and the emerging discipline of outdoor studies, considering how trends such as globalisation, digitalisation, and privatisation are having a profound impact on education programs. It identifies some of the most important societal issues that must be addressed by sport and physical activity educators, including healthy lifestyles, inequality, intercultural aspects, human rights, and emerging technologies, and looks at how sport and physical activity education in Europe, North America, Latin America, Asia, and Australasia is evolving to meet these challenges. Designed to invite self-reflection, to provoke debate and to open up new cross-disciplinary and

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international perspectives within sports organisations and higher education institutions, this book is fascinating reading for advanced students, researchers, teachers, and policy makers with an interest in sport and physical activity. Physical activity, inactivity and their relationship to health are serious concerns for governments around the world. This is the first book to critically examine the policy and practice of physical activity from a multi-disciplinary, social-scientific perspective. Moving beyond the usual biophysical and epidemiological approaches, it defines and explores the key themes that are shaping the global physical activity debate. Unrivalled in its scale and scope, it presents the latest data on physical activity from around the world, including case studies from Europe, North and South America, Africa and Asia. Drawing on social, economic and behavioural sciences, it covers contexts from the global to the local and introduces the dominant ideas which inform the study of physical activity. Its 41 chapters examine the use of different forms of evidence in policymaking, the role of organisations in advocating physical activity, and the practical realities of public health interventions. The Routledge Handbook of Physical Activity Policy and Practice is a landmark publication for all students, academics, policymakers and practitioners interested in the social-scientific study of sport, exercise, physical activity and public health.

Using visual ethnography, this book explores the many forms of pleasures that

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boys derive in and through the spaces and their bodies in physical education. Employing the works of Michel Foucault and Judith Butler, Gerdin examines how pleasure is connected to identity, schooling, and power relations, and demonstrates how discourses of sport, fitness, health and masculinity work together to produce a variety of pleasurable experiences. At the same time, the book provides a critique of such pleasurable experiences within physical education by illustrating how these pleasures can still, for some boys, quickly turn into displeasures and can be associated with exclusion, humiliation, bullying and homophobia. Boys, Bodies, and Physical Education argues that pleasure can both be seen as an educational and productive practice in physical education but also a constraint that both engenders and privileges some boys over others as well as (re)producing narrow and limited conceptions of masculinity and pleasures for all boys. This book works to problematize these pleasures and their articulations with gender, bodies, and spaces.

***'We can reach far more people through sport than we can through political or educational programmes. In that way, sport is more powerful than politics. We have only just started to use its potential to build up this country. We must continue to do so.'* – Nelson Mandela Nelson Mandela's statement reflects a widely held view that sport can contribute in unique and far-reaching ways to the delivery of important social outcomes. But is this really the case? Can sport**

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bring people from different backgrounds together, and in so doing act as a force for social transformation and change? In the language of policymakers and practitioners, can sport contribute to social inclusion or could it be argued that sport acts to marginalize and disadvantage some groups in society? In other words could sport reinforce, rather than challenge, social inequality? Focusing on youth sport as a touchstone sector of sport in society, this book examines the theoretical and empirical bases of arguments for the role of sport in social inclusion agendas. Authors are drawn from around the world and offer critical perspectives on assumptions underpinning the bold claims made about the power of sport. This book represents the most up-to-date and authoritative source of knowledge on inclusion and exclusion in youth sport. As such, it is essential reading for those who want to use sport to 'make a difference' in young people's lives. It is, therefore, recommended for students, researchers, policy makers and practitioners working in sports development, sports coaching, sport studies or physical education.

Disruption and Disorientation in Queer Community Sports

Volume 1: Theoretical and Methodological Concepts

Promises and Pitfalls

The Palgrave Handbook of Feminism and Sport, Leisure and Physical Education

Foucault, Sport and Exercise

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From Process to Product

Triathlons, such as the famously arduous Ironman Triathlon, and “ extreme ” mountain biking—hair-raising events held over exceedingly dangerous terrain—are prime examples of the new “ lifestyle sports ” that have grown in recent years from oddball pursuits, practiced by a handful of characters, into multi-million-dollar industries. In *Why Would Anyone Do That?* sociologist Stephen C. Poulson offers a fascinating exploration of these new and physically demanding sports, shedding light on why some people find them so compelling. Drawing on interviews with lifestyle sport competitors, on his own experience as a participant, on advertising for lifestyle sport equipment, and on editorial content of adventure sport magazines, Poulson addresses a wide range of issues. He notes that these sports are often described as “ authentic ” challenges which help keep athletes sane given the demands they confront in their day-to-day lives. But is it really beneficial to “ work ” so hard at “ play? ” Is the discipline required to do these sports really an expression of freedom, or do these sports actually impose extraordinary degrees of conformity upon these athletes? *Why Would Anyone Do That?* grapples with these questions, and more generally with whether lifestyle sport should always be considered “ good ” for people. Poulson also looks at what happens when a sport

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becomes a commodity—even a sport that may have begun as a reaction against corporate and professional sport—arguing that commodification inevitably plays a role in determining who plays, and also how and why the sport is played. It can even help provide the meaning that athletes assign to their participation in the sport. Finally, the book explores the intersections of race, class, and gender with respect to participation in lifestyle and endurance sports, noting in particular that there is a near complete absence of people of color in most of these contests. In addition, Poulson examines how concepts of masculinity in triathlons have changed as women ' s roles in this sport increase.

Over the last three decades sports coaching has evolved from a set of customary practices based largely on tradition and routine into a sophisticated, reflective and multi-disciplinary profession. In parallel with this, coach education and coaching studies within higher education have developed into a coherent and substantial field of scholarly enquiry with a rich and sophisticated research literature. The Routledge Handbook of Sports Coaching is the first book to survey the full depth and breadth of contemporary coaching studies, mapping the existing disciplinary territory and opening up important new areas of research. Bringing together many of the world ' s leading coaching

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scholars and practitioners working across the full range of psychological, social and pedagogical perspectives, the book helps to develop an understanding of sports coaching that reflects its complex, dynamic and messy reality. With more importance than ever before being attached to the role of the coach in developing and shaping the sporting experience for participants at all levels of sport, this book makes an important contribution to the professionalization of coaching and the development of coaching theory. It is important reading for all students, researchers and policy makers with an interest in this young and flourishing area.

Academic research on the Paralympics and disability sport is growing. University courses, governing bodies, and sporting organisations are also witnessing a rise of interest in disabled sport. This book is therefore timely and of importance. Written by leading scholars, it addresses a variety of topics in relation to the Paralympics and disability sport. These include: the sociology of Paralympic sport; sport coaching at recreational and elite level; sport history and exercise rehabilitation; exercise participation; and future directions for disability sport research. Throughout the book, disability sport is both celebrated and critically examined. Critical questions are raised, and practical suggestions offered, about being a Paralympian, coaching athletes with a

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disability, and exercise as a form of rehabilitation. Empirical evidence is drawn from different people and various sports. These range from autoethnographic stories from a former Paralympian, to interviews with disability sport administrators, to observations of and interviews with coaches of athletes in the sports of adapted water skiing, para-swimming, and wheelchair basketball, rugby and tennis. The book will be of interest to sociologists of sport, sport coaches, sport and exercise psychologists, disability scholars, qualitative researchers, and disability sporting organisations. This book was published as a special issue of *Qualitative Research in Sport, Exercise and Health*.

Dance has become increasingly visible within contemporary culture: just think of reality TV shows featuring this art form. This shift brings the ballet body into renewed focus. Historically both celebrated and critiqued for its thin, flexible, and highly feminized aesthetic, the ballet body now takes on new and complex meanings at the intersections of performance art, popular culture, and fitness. *The Evolving Feminine Ballet Body* provides a local perspective to enrich the broader cultural narratives of ballet through historical, socio-cultural, political, and artistic lenses, redefining what many consider to be “high art.” Scholars in gender studies, folklore, popular culture, and cultural studies will be interested in this collection, as well as those involved in the dance world.

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Contributors: Kelsie Acton, Marianne I. Clark, Kate Z. Davies, Lindsay Eales, Pirkko Markula, Carolyn Millar, Jodie Vandekerkhove

Working Out Desire

Spirits of the Rockies

Sport, Physical Activity and Public Health

Why Would Anyone Do That?

Inclusion and Exclusion Through Youth Sport

Routledge Handbook of Qualitative Research in Sport and Exercise

Since their emergence in the 1960s, lifestyle sports (also referred to as action sport, extreme sports, adventure sports) have experienced unprecedented growth both in terms of participation and in their increased visibility across public and private space. This book seeks to explore the changing representation and consumption of lifestyle sport in the twenty-first century. The essays, which cover a range of sports, and geographical contexts (including Brazil, Europe, North America and Australasia) focus on three themes. First, essays scrutinise aspects of the commercialisation process and impact of the media, reviewing and reconsidering theoretical frameworks to understand these processes. The scholars here emphasise the need to move beyond simplistic understandings of commercialisation as co-option and resistance, to capture the complexity and messiness of the process, and of the relationships between the cultural industries, participants and

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consumers. The second theme examines gender identity and representations, exploring the potential of lifestyle sport to be a politically transformative space in relation to gender, sexuality and 'race'. The last theme explores new theoretical directions in research on lifestyle sport, including insights from philosophy, sociology and cultural geography. The themes the monograph addresses are wide reaching, and centrally concerned with the changing meaning of sport and sporting identity in the twenty-first century. This book was previously published as a Special Issue of *Sport in Society*. In the decade or more since publication of the first edition of *Understanding Sport*, both sport and wider global society have undergone profound change. In this fully updated, revised and expanded edition of their classic textbook, John Horne, Alan Tomlinson, Garry Whannel and Kath Woodward offer a critical and reflective introduction to the relationship between sport and contemporary society and explain how sport remains an important agent and symptom of socio-cultural change. Fully integrating historical, sociological, political and cultural analysis, the book covers every key topic in the study of sport and society, including: debate, interpretation and theory sport and the media sport and the body sport and politics commercialization globalization. Retaining the accessibility and scholarly rigour for which *Understanding Sport* has always been renowned, this new edition includes entirely new chapters on global transformations, sports mega-events and sites, sporting bodies and governance, as well as a succinct guide

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to researching sport. With review and seminar questions included in every chapter, plus concise, helpful guides to further reading, *Understanding Sport* remains an essential textbook for all courses on sport and society, the sociology of sport, sport and social theory, or social issues in sport.

This Handbook presents innovative research on sport and spectacle in ancient Greece and Rome, exploring historical perspectives, contest forms, and civic and social aspects such as class, spaces, health, gender, and sexuality. Greek and Roman topics are interwoven to simulate contest-like tensions and complementarities between the two cultures.

Scholars working in the academic field of sport studies have long debated the relationship between sport and gender. Modern sport forms, along with many related activities, have been shown to have historically supported ideals of male superiority, by largely excluding women and/or celebrating only men's athletic achievements. While the growth of women's sport throughout the 20th and 21st centuries has extinguished the notion of female frailty, revealing that women can embody athletic qualities previously thought exclusive to men, the continuation of sex segregation in many settings has left something of a discursive 'back door' through which ideals of male athletic superiority can escape unscathed, retaining their influence over wider cultural belief systems. However, sex-integrated sport potentially offers a radical departure from such beliefs, as it challenges us to reject assumptions of male superiority, entertaining very different visions of sex

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difference and gender relations to those typically constructed through traditional models of physical culture. This comprehensive collection offers a diverse range of international case studies that reaffirm the contemporary relevance of sex integration debates, and also articulate the possibility of sport acting as a legitimate space for political struggle, resistance and change. This book was originally published as a special issue of *Sport in Society*.

Qualitative Research Methods in Sport, Exercise and Health

International Perspectives

The Evolving Feminine Ballet Body

Routledge Handbook of Sport Communication

Ethnographies in Sport and Exercise Research

Education in Sport and Physical Activity

Michel Foucault's work profoundly influences the way we think about society, in particular how we understand social power, the self, and the body. This book gives an innovative and entirely new analysis of his later works making it a one-stop guide for students, exploring how Foucauldian theory can inform our understanding of the body, domination, identity and freedom as experienced through sport and exercise. Divided into three themed parts, this book considers: Foucault's ideas and key debates Foucault's theories to explore power relations, the body, identity and

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the construction of social practices in sport and exercise how individuals make sense of the social forces surrounding them, considering physical activity, fitness and sport practices as expressions of freedom and sites for social change. Accessible and clear, including useful case studies helping to bring the theory to real-life, Foucault, Sport and Exercise considers cultures and experiences in sports, exercise and fitness, coaching and health promotion. In addition to presenting established Foucauldian perspectives and debates, this text also provides innovative discussion of how Foucault's later work can inform the study and understanding of sport and the physically active body.

This book provides the first in-depth analysis of the global phenomenon of snowboarding culture. Adopting an interdisciplinary approach, it offers key insights into the sport, lifestyle, industry, media, gender relations, travel, and physical experience of snowboarding, in both historical and contemporary contexts.

Foucault, Sport and Exercise Power, Knowledge and Transforming the Self
Routledge

This handbook provides an original, comprehensive and unparalleled overview of feminist scholarship in sport, leisure and physical education. It captures the complexities of past, current and future developments in feminism while highlighting its theoretical, methodological and empirical applications. It also

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critically engages with policy and practice issues for women and girls taking part in sport and leisure pursuits and in physical education provision. The Palgrave Handbook of Feminism and Sport, Leisure and Physical Education is international in scope and includes the work of established and emerging feminist scholars. It will be of interest to students and scholars across a range of disciplines, including sociology, gender studies, sport sciences, and sports business and management. The Routledge International Encyclopedia of Sport and Exercise Psychology Sex Integration in Sport and Physical Culture

A socio-cultural analysis

Sports Media

The Other Journal: Sport

The Psychology of Sub-Culture in Sport and Physical Activity

Queer community sports leagues, by their sheer numbers, are changing the energy and space of school gyms and community recreational spaces. Some leagues are well-established – having been in existence for over twenty-five years – whereas others are relatively new, but their collective presence tells stories about the shifting dynamics of queer communities in Canada. Who's Coming Out to Play considers the potential of queer community sports to disrupt notions of the embodiment of gender and community, while maintaining an awareness of numerous factors that limit this potential. Exploring queer teams and leagues

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of varying sizes and from various locations, this book focuses on leagues that have previously identified as women's or lesbian and are now becoming trans and genderqueer inclusive. Queer community leagues are based in a commitment to community building, prioritizing fun, socializing, and inclusivity over competing or winning. As a result of these commitments, these spaces and the people who come to play in them reflect new ways of being in and with bodies, different ways of embodying gender, and new or different forms of engagement – notably distinct "rules of play" – within sporting arenas. Who's Coming Out to Play paints a vivid picture of the lived experiences of queer bodies in queer sporting spaces, exploring both the possibilities and the continued problems they face.

Qualitative forms of inquiry are a dynamic and exciting area within contemporary research in sport, exercise and health. Students and researchers at all levels are now expected to understand qualitative approaches and be able to employ them in their work. In this comprehensive and in-depth introductory text, Andrew C. Sparkes and Brett Smith take the reader on a journey through the entire qualitative research process that begins with the conceptualization of ideas and the planning of a study, moves through the phases of data collection and analysis, and then explains how findings might be represented in various ways to different audiences. Ethical issues are also explored in detail, as well as the ways that the goodness of qualitative research might be judged by its consumers. The book is based on the view that researchers need to make principled, informed and strategic decisions about what,

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why, when, and how to use qualitative forms of inquiry. The nature of qualitative research is explained in terms of both its core assumptions and what practitioners actually do in the field when they collect data and subject it to analysis. Each chapter is vividly illustrated with cases and examples from published research, to demonstrate different qualitative approaches in action and their relative strengths and weaknesses. The book also extends the boundaries of qualitative research by exploring innovative contemporary methodologies and novel ways to report research findings. Qualitative Research Methods in Sport, Exercise and Health is essential reading for any student, researcher or professional who wishes to understand this form of inquiry and to engage in a research project within a sport, exercise or health context.

The Routledge International Encyclopedia of Sport and Exercise Psychology integrates the topics of motor control, physical education, exercise, adventure, performance in sports, and the performing arts, in several important ways and contexts, drawing upon diverse cultural perspectives. More than 90 overarching topics have been systematically developed by internationally renowned experts in theory, research, and practice. Each contribution delves into a thematic area with more nuanced vocabulary. The terminology drawn upon integrates traditional discourse and emerging topic matter into a state-of-the-art two-volume set.

Volume 1: Theoretical and Methodological Concepts is comprised of theoretical topic matter, spanning theories and terminology from psychology contextualized to sport and physical

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activity, sport psychology-focused theories, and expansive discussions related to philosophy of science and methodology. Volume 2: Applied and Practical Measures draws upon practical concepts that bridge theory and research and practice. Broader issues that extend beyond sport and physical activity participants are embedded within the entries, intended to augment physical, mental, and social well-being. This expansive encyclopedia is a must-have resource for all professionals, scholars, and students in the fields of sport psychology and sport science.

Community-based research has recently gained attention within the sport and exercise sciences. When seeking to understand community based research methodologies, one finds a diversity of approaches spanning a breadth of ontological views and equally diverse methodological approaches. Though little is known about community-based sport, exercise and physical activity research, these foci are beginning to gain scholarly attention, in part through the emerging sport for development and peace literature. This book features a conceptual introduction and eight pioneering examples of community-based research from North American, European, and Oceanic scholars. The topic matter reveals scholarship undertaken in relation to health, physical activity, youth sport, and elite sport, exemplifying work with mainstream and marginalized populations. This book, perhaps the first compilation of community-based research relating to sport, exercise and health, will be of interest to sociologists of sport, sport and exercise psychology scholars, sport management

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scholars, qualitative researchers, health scholars and practitioners, sport for development organizations, and research ready communities seeking to engage in localized research projects. This book was published as a special issue of Qualitative Research in Sport, Exercise and Health.

Lifestyle Sport in the Twenty-First Century

Understanding Sport

The Consumption and Representation of Lifestyle Sports

Amusing Ourselves to Life

Boys, Bodies, and Physical Education

Women, Sport, and Self-Making in Istanbul

Working Out Desire examines spor meraki as an object of desire shared by a broad and diverse group of Istanbulite women. Sehlikoglu follows the latest anthropological scholarship that defines desire beyond the moment it is felt, experienced, or even yearned for, and as something that is formed through a series of social and historical makings. She traces Istanbulite women's ever-increasing interest in exercise not merely to an interest in sport, but also to an interest in establishing a new self—one that

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attempts to escape from conventional feminine duties—and an investment in forming a more agentive, desiring, self. Working Out Desire develops a multilayered analysis of how women use spor meraki to take themselves out of the domestic zone physically, emotionally, and also imaginatively. Sehlikoglu pushes back against the conventional boundaries of scholarly interest in Muslim women as pious subjects. Instead, it places women's desiring subjectivity at its center and traces women's agentive aspirations in the way they bend the norms which are embedded in the multiple patriarchal ideologies (i.e. nationalism, religion, aesthetics) which operate on their selves. Working out Desire presents the ways in which women's changing habits, leisure, and self-formation in the Muslim world and the Middle East are connected to their agentive capacities to shift and transform their conditions and socio-cultural capabilities.

FEATURING: Adam Joyce, Lincoln Harvey, Marcia W. Mount Shoop, Margot Starbuck, and Tim Suttle **PLUS:** Let's Dance:

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*Zumba and the Imago Dei of Beautiful Black Bodies * Commercial Participation: Modern Sports Fandom and Sacramental Ontology * The Work of Play * Lines and Lines Athwart Lines * Singing with Losers --AND MORE . . . The ancient Olympic games were held every four years at the temple of Zeus. They were a major cultural and religious event that doubled as a contest between rivaling nation-states. Certain strands of mythology even suggest that Heracles, the strongest of mortal men, organized the event and built the Olympic stadium in honor of his father, Zeus. Today, few athletes devote their efforts to the honor of Zeus, but there remains a certain religiosity at work in sport's place within Western culture. Fame, fortune, and honor; character and fair play; skill and artistic perfection also remain at stake, just in new ways. As Marcia W. Mount Shoop explains in her interview with Jessica Coblentz, sports still "tap into our most primal existential needs for vitality, for purpose, for creativity, for connection and community, and for work and play," and in*

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this, our twenty-fifth issue of The Other Journal, we dive into these characteristics of sport, starting literally with Jennifer Stewart Fueston's poem "A Swim" and then continuing on to the ancient Greek stadium at Nemea. Our contributors consider the ethics, commodification, and embodiment of particular events, as well as the personal and cultural stories which weave in and out of sport. They do the hard work of conscientious fandom at football games; walk us through baseball liturgies; and take us to the windy courts of Philo, Illinois, where noted author David Foster Wallace was an outdoor tennis savant. They show us how to fly and then how to lose. And they invite us to dance, "to let our bodies taste the salt of our sweat, hear the pant of exhalation, and feel the perspiration on our skin, for it is in these very possibilities," argues John B. White, "that we relate to God, others, and self." The issue features essays and reviews by Jeff Appel, Andrew Arndt, Ben Bishop, Jen Grabarczyk-Turner, Lincoln Harvey, Jonathan Hiskes, Adam Joyce, Lakisha R. Lockhart-Rusch, Benj Petroelje, Justin

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Randall Phillips, Heather L. Reid, Margot Starbuck, Tim Suttle, and John B. White; an interview by Jessica Coblentz with Marcia W. Mount Shoop; creative nonfiction by Brett Beasley, Meghan Florian, and Katie Karnehm-Esh; poetry by Bethany Bowman, Catherine Thiel Lee, and Jennifer Stewart Fueston; and art by Allen Forrest, Gerald Lopez, and Abigail Platter.

Exercise promotion has become an increasingly important and visible part of public health campaigns. Studies have demonstrated that women have higher levels of obesity and are generally less physically active than men. While significant quantitative research has increased our knowledge of women's exercise patterns, these studies have revealed only some of the complex issues related to women's health, the body and physical activity. This volume fills this gap by examining women's contradictory experiences of their bodies, health and exercise...

Looking toward a future with increasingly hybridized media offerings, Sports Media: Transformation, Integration,

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Consumption examines sports media scholarship and its role in facilitating understanding of the increasingly complex world of sports media. Acknowledging that consumer demand for sports media content has influenced nearly every major technology innovation of the past several decades, chapters included herein assess existing scholarship while posing important future questions about the role sports media will play in the daily lives of sports fans worldwide.

Contributions from well-known scholars are supplemented by work from younger researchers doing new work in this area. Developed for the Broadcast Education Association's Electronic Media Research series, this volume will be required reading for graduate and undergraduate students in media, communication, sociology, marketing, and sports management, and will serve as a valuable reference for future research in sports media.

Research Methods in Sports Coaching

Who's Coming Out to Play

Routledge Handbook of the Sociology of Sport

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Power, Knowledge and Transforming the Self Sportswomen's Apparel in the United States Women and Exercise

This volume presents a collection of essays that explore the relationship between sporting clothing and gender. Drawing on uniform and sports apparel as a means of exploring the socio-sexual politics of contemporary US society, the contributions analyse the historical, political-economic, socio-cultural and sport-specific dimensions of gendered clothing in sport. Part of a two-volume series (the other discussing this phenomenon in a global context), contributors cover topics such as WNBA uniform politics, military promotion, female sportscaster clothing, magazine depictions, plus-size exercise apparel, FloJo, the Skirt Chaser 5k race, and the socio-politics of the LPGA, CrossFit, roller derby, rock climbing, and more. As the first single compendium to discuss American sportswomen's apparel, this collection will be of interest to practitioners and scholars of sports history, the sociology of sport, and gender/media studies.

This book examines how women athletes were represented in international media coverage during the 2004 Olympic Games. Through feminist theorizing and qualitative textual analysis, the contributors discuss

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sexualization, nationalism, success, failure and the [in]visibility of women athletes in newspaper reporting in Asia, Europe and the USA.

Ethnography has become an important method for researching and interpreting the social world, not least in the field of sport and exercise studies. *Ethnographies in Sport and Exercise Research* is the first book to provide a contemporary overview of the current state of ethnographic research and its application within sport and exercise, introducing and explaining a range of well-established and emerging ethnographic approaches. Featuring a heavyweight line-up of sport and exercise researchers, the book is divided into three parts. The first considers the methodological and theoretical aspects of ethnographic research, including: a history of ethnography in sport and exercise research the definition of the ethnographic field methods of gathering ethnographic data methods of representing ethnographic research. In the second part of the book, a series of chapter-length case studies, spanning sports from boxing to fell running and themes from gender to fandom, demonstrate the challenges and rewards of ethnographic research in the context of sport and exercise, helping students and researchers to develop a solid understanding of qualitative research at both a theoretical and a practical

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level. The final part of the book considers future directions for ethnographic research, including an evaluation of its place in the expanding field of study in sport management. A comprehensive assessment of the statement of ethnographic research in sport, *Ethnographies in Sport and Exercise Research* is invaluable reading for any research methods course taken as part of a degree programme in sport and exercise, and a useful reference for all active researchers.

This book explores the ways in which post-modernist and post-structural approaches can enrich the study of the sporting past. Throughout the chapters, the internationally respected authors draw from their own vast experiences within the study of sport history to collectively promote post-modernism and post-structuralism as forms of social theory that can guide the future of sport historical research. The book demonstrates how sport studies scholars might be more adventurous in their thinking, research, and writing.

The Pedagogies of Cultural Studies

Community based research in sport, exercise and health science

Foucault, Sports and Exercise

Problematizing Identity, Schooling, and Power Relations through a

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Pleasure Lens

Transformation, Integration, Consumption

Paralympics and Disability Sport

Research Methods in Sports Coaching is a key resource for any student, researcher or practitioner wishing to undertake research into sports coaching. It takes the reader through each phase of the research process, from identifying valuable research questions, to data collection and analyses, to the presentation and dissemination of research findings. It is the only book to focus on the particular challenges and techniques of sports coaching research, with each chapter including examples, cases and scenarios from the real world of sports coaching. The book introduces and explores important philosophical, theoretical and practical considerations in conducting coaching research, including contextual discussions about why it's important to do sports coaching research, how to judge the quality of coaching research, and how sports coaching research might meet the needs of coaching practitioners. Written by a team of leading international scholars and researchers from the UK, US, Canada and Australia, and bridging the gap between theory and practice, this book is an essential course text for any research methods course taken as part of a degree programme in sports coaching or coach education. This volume provides an exploration of the manifold ways pedagogy is enacted in cultural studies practice. Pedagogy in the book comes to stand as far more than simply the "art of teaching"; contributors explore how pedagogy defines and shapes their practice as

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cultural studies scholars. Chapters variously highlight the role of pedagogy in cultural studies practice, including formal, classroom situations where cultural studies is deployed to teach as part of degree or coursework programs, but importantly also as something removed from the formal classroom, as situated within the research act via public engagement or through social activism as a public pedagogy. In so doing, the book chart a course for understanding cultural studies as an active and engaged discipline interested in understanding cultural flows and production as sites of learning and exchange.

Exercise for women is a heavily-laden social and embodied experience. While exercise promotion has become an increasingly visible part of health campaigns, obesity among women is rising, and studies indicate that women are generally less physically active than men. Women's (lack of) exercise, therefore, has become a public concern, and physiological and psychological research has attempted to develop more effective exercise programs aimed at women. Yet women have a complex relationship with embodiment and physical activity that is difficult for quantitative scientific approaches to explore. This book addresses this neglect by providing a much-needed feminist, qualitative social analysis of women and exercise. The contributors, drawn from across Europe and North America, investigate the ways women experience exercise within the context of the global fitness industry. All the authors take a specifically feminist perspective in their analysis of the fit, feminine body, exploring media images and the global branding of fitness products, the relationship between exercise and fat, the construction of physical activity

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within health discourse, and the lived experience of the exercising body. The collection explores the diversity of women's experiences of exercise in relation to age, ethnicity and body size. The book is essential for anyone interested in health promotion, sport and exercise or the social and cultural study of gender and embodiment.

Olympic Women and the Media

The Body, Health and Consumerism

Fitness, Technology and Society