Free Positive Discipline Training Manual

*How can parents who have taken their first step toward recovery begin to heal the frayed relationship with their children? Parenting and recovery experts Jane Nelsen, Riki Intner, and Lynn Lott help parents take charge of their lives and make positive changes to bring health and healing to the whole family. Parents in recovery learn, one step at a time, how to create order and consistency in their relationship with their children. Includes several example dialogs on how to talk to you kids about drugs at different ages. The book focuses on topics such as: * Start where you are and keep it simple * Build closeness and trust through emotional honesty * Connect with outside support groups * Break old patterns of co-dependence * Establish routines and structures * Set limits and follow through * Learn healthy communication skills*

"This is a teacher's compendium of the most important tools to foster hands-on learning and cooperation within the classroom, complete with the most up-to-date research on the Positive Discipline method"--

*Cribsheet meets The Sh!t No One Tells You in this no-holds-barred, judgment-free parenting guide that sets the record straight on every hot-button parenting topic by longtime journalist and founder of the viral #NoShameParenting movement. What if you could do more for your kids, by doing a whole lot less? Parenting today has become a competitive sport, and it seems that everyone is losing. From the very moment that little line turns blue, parents-to-be find themselves in a brave new world where every decision they make is fraught, every action they take is judged, and everything they do seems to be the wrong thing. Formula feed? Breast is best. Breastfeed in public? That’s indecent. Cry it out? You’re causing permanent harm to your child. Don’t sleep train? Your child will never learn to sleep on his or her own. Stay home? You’re setting a bad example for your kids. Go back to work? Don’t you love your kids more than your job? Lindsay Powers—former editor-in-chief of Yahoo! Parenting, creator of the #NoShameParenting movement, and mom of two—is here to help parents everywhere breathe a collective sigh of relief. This laugh-out-loud funny, accessible, and reassuring book sets the record straight on all of the insane conflicts that parents face—from having a glass of wine while pregnant to sleep training, childcare, feeding, and even sex after baby. Drawing on the latest research and delivered in a relatable, comforting voice, You Can’t F*ck Up Your Kids demonstrates that it is possible to take the stress out of parenting and sit back and enjoy the ride.*

From the celebrated Positive Discipline series comes a guide for teachers who wish to foster respect, civility, and engagement in the classroom. This new edition is updated with essential tools for the modern teacher.

Effective Classroom Management for Social, Emotional, and Academic Success

Successful Techniques for Educators

Parenting with Love and Logic

Positive Discipline

I Love You Rituals

Purposeful Parenting

Positive Discipline for Childcare Providers

Discover the Power of Positive Time-Out Time-out is one of the most popular disciplinary techniques used in homes and schools today. But instead of being the positive, motivating, experience it should be for children, it is often punitive, counterproductive, and damaging to their gentle psyches. In this book, bestselling parenting author Jane Nelsen shows you how to make time-out a positive learning experience for children. Inside, you'll dis teach children the art of self-discipline and instill such invaluable qualities as self-confidence and problem-solving skills. You'll also learn how to: ·Make time-out an encouraging experience ·Develop an attitude and action plan to avoid power struggles with children ·Empower children by involving them in the behavior changing process ·Understand the mistaken goals of negative behavior "Gives parents and teachers the encouragement and children handle their own behavior."—Sheryl Hausinger, M.D., Texas Children's Pediatric Associates and mother of three "Offers more than 50 ways that parents can set limits while still encouraging their kids. It should be in every doctor's waiting room."—Jody McVittie, M.D., family physician

From a popular parenting blogger and the author of Positive Parenting, an interactive guide for any parent who wants to foster emotional connection in place of yelling, nagging, and power struggles With more than one million Facebook followers for her Positive Parenting online community, Rebecca Eanes has become a trusted voice among parents who are looking for a better way -- hoping to dial down the drama, frustration, stress and re common in our hectic times. This inspiring and inviting guide walks readers through the process of charting a new path, toward greater emotional awareness, clear communication, and even joyful moments in parenting (remember those?). Filled with encouraging prompts and plenty of room to record your progress, this is a much-needed addition to the positive parenting shelf -- and a companion to some of the most popular parenting guides

Completely updated to report the latest research in child development and learning, Positive Discipline for Preschoolers will teach you how to use methods to raise a child who is responsible, respectful, and resourceful. Caring for young children is one of the most challenging tasks an adult will ever face. No matter how much you love your child, there will be moments filled with frustration, anger, and even desperation. There will also be que old deliberately lie to me? Why won't my three-year-old listen to me? Should I ever spank my preschooler when she is disobedient? Over the years, millions of parents just like you have come to trust the Positive Discipline series and its commonsense approach to child-rearing. This revised and updated third edition includes information from the latest research on neurobiology, diet and exercise, gender differences and behavior, the importa parenting, and new approaches to parenting in the age of mass media. In addition, this book offers new information on reducing anxiety and helping children feel safe in troubled times. You'll also find practical solutions for how to: - Avoid the power struggles that often come with mastering sleeping, eating, and potty training - See misbehavior as an opportunity to teach nonpunitive discipline—not punishment - Instill valuable social skills and outside the home by using methods that teach important life skills - Employ family and class meetings to tackle behavorial challenges - And much, much more!

TODAY 55% OFF FOR BOOKSTORES ! NOW at 33.95 instead of 42.95 Your customers want to be the best parents they can be, but some stages can be really unpredictable, like the teenage years or the toddler tantrums. Here parents can discover all about POSITIVE PARENTING, with strategies for peaceful and guilt-free approaches to discipline, and practical examples to raise happy confident children. Your customers will thank you f times do parents wonder if the decisions they make every day are the right ones, or what is happening inside their little children's minds? Positive Parenting opens up a new outlook into the child's world and makes these wonderful years even more special. Among other things, here is what the reader will discover among the pages of Positive Parenting: - Temperament and behavior - Positive Discipline - How to stimulate good behavior - Ty calm and effective discipline - How to be a better parent And much more... Buy it NOW and let your customers and let your customers dive in to the answers in this amazing book!

An Interactive Guide for Strengthening Emotional Connection

A Judgment-Free Guide to Stress-Free Parenting

Positive Discipline Tools for Teachers

Positive Discipline for Single Parents, Revised and Updated 2nd Edition

Peaceful Parent, Happy Kids

A Practical and Effective Plan for Every Preschool and Daycare Program

Positive Discipline for Parenting in Recovery

Over 900,000 copies sold! Who uses love and logic in their parenting? Parents, counselors, and teachers around the globe—even Bill and Melinda Gates have found the philosophy of Parenting with Love and Logic an important guide when raising their three children. Learn how to reel in your own emotions while teaching your children responsibility, establishing boundaries, and growing their character. Establish healthy control through easy-to-implement steps without anger, threats, nagging, or power struggles. Trusted by generations of parents, counselors, and teachers to lovingly raise responsible children, Parenting with Love and Logic includes solutions for dozens of specific topics like tantrums, managing screen time, and getting ready for school, all indexed for easy reference. Updated to help parents make important family decisions about the use of technology, including mobile phones and social media.

With the increasing pressure to excel at parenting, work, and personal relationships, it's easy to feel stressed and dissatisfied. This targeted Positive Discipline guide gives parents the tools to parent effectively without sacrificing their well-being or giving up on their life goals. Instead of creating unachievable expectations, you will instead learn to play to your strengths at work and at home. You'll integrate your seemingly disparate areas of life and use Positive Discipline to make the most out of your time, energy and relationships. By helping you get to the bottom of the underlying causes of misbehavior, busy parents will also be able to avoid pampering and keep permissive and punitive parenting at bay. Instead of feeling fragmented and guilty, you'll have the presence of mind to explore what works best for you and your family. Attitude is key – we'll help you feel confident in your parenting abilities and your professional choices, making your children more likely to adopt an attitude of self-reliance and cooperation. Armed with communication strategies and tips for self-reflection, moms (and dads!) won't have to feel guilty about leaving their child with a sitter during the day, or leaving work early to go to a soccer game.

Help your child learn self-discipline, cooperation, and responsibility! When a child misbehaves, the situation can quickly escalate into an uphill battle of yelling, tears, and resistance--on both sides. But what if you could avoid all that? Conscious parenting is about being present with your child and taking the time to understand the reasons and motivations behind behaviors. This relationship-centered approached means that you respect your child's point of view as you both learn how to create a mutually-beneficially set of behavioral rules. By practicing this mindful method, you can support your child emotionally and help nurture important social development. Parent coach Jennifer Costa teaches you how to: Communicate openly with your child about proper behavior Build a supportive home environment Determine your child's behavioral triggers Learn strategies that will help your child feel calm Teach your child long-term coping skills Discipline your child without embracing anger With The Conscious Parent's Guide to Positive Discipline, you will learn to create a calm and mindful atmosphere for the whole family, while helping your child feel competent, successful, and healthy.

"Jane Nelsen, author of the successful Positive Discipline series, has now compiled a toolkit for parents to teach their children creative cooperation and self-discipline, with success stories from parents worldwide"--

If I Have to Tell You One More Time...

Peaceful Guilt-Free Strategies for Discipline and Development of Happy Confident Children

For Their Early Years--Raising Children Who are Responsible, Respectful, and Resourceful

Positive Time-Out

Six Steps to Bring Out the Best in Your Kids

Toddler Discipline: Guilt-Free Parenting + Positive Discipline: From Infant to Toddler

Sophia's Anger Wheel of Choice

It’s every educator’s worst fear: losing control of the classroom. Regain the focus of challenging and resistant students with this practical resource on classroom management, discipline, and motivation. The dedicated authors re-examine the root causes of student misbehavior and offer a range of easy-to-implement instructions and activities—along with real-world stories of these strate

For twenty-five years, Positive Discipline has been the gold standard reference for grown-ups working with children. Now Jane Nelsen, distinguished psychologist, educator, and mother of seven, has written a revised and expanded edition. The key to positive discipline is not punishment, she tells us, but mutual respect. Nelsen coaches parents and teachers to be both firm and kind, so that any child–from a three-year-old toddler to a rebellious teenager–can learn creative cooperation and self-discipline with no loss of dignity. Inside you’ll discover how to • bridge communication gaps • defuse power struggles • avoid the dangers of praise • enforce your message of love • build on strengths, not weaknesses • hold children accountable with their self-respect intact • teach children not what to think but how to think • win cooperation at home and at school • meet the special challenge of teen misbehavior “It is not easy to improve a classic book, but Jane Nelson has done so in this revised edition. Packed with updated examples that are clear and specific, Positive Discipline shows parents exactly how to focus on solutions while being kind and firm. If you want to enrich your relationship with your children, this is the book for you.” –Sal Severe, author of How to Behave So Your Children Will, Too! Millions of children have already benefited from the counsel in this wise and warmhearted book, which features dozens of true stories of positive discipline in action. Give your child the tools he or she needs for a well-adjusted life with this proven treasure trove of practical advice.

Alphabetically organized for easy access, a comprehensive parenting manual offers parents advice on hundreds of parenting problems, such as temper tantrums, sibling rivalry, ADD, shyness, eating problems, bedtime hassles, and school problems. Original. 15,000 first printing.

An updated edition of the parenting classic explains why children misbehave; discusses class and family meetings, mutual respect, and responsibility; and tells how parents and teachers can be more understanding and supportive. Original. 50,000 first printing.

Positive Discipline for Teenagers

A Teacher's A-Z Guide : Hundreds of Solutions for Every Possible Classroom Behavior Problem

The 49 Most Effective Methods to Stop Power Struggles, Build Communication, and Raise Empowered, Capable Kids

Developing Mutual Respect, Cooperation, and Responsibility in Your Classroom

A Mindful Approach for Building a Healthy, Respectful Relationship with Your Child

Positive Discipline for Children with Special Needs

1001 Solutions to Everyday Parenting Problems

Helps teachers and parents support their children with special needs, as they cope with their unique challenges, while also teaching the children the values and discipline they need to lead happy and fulfilling lives.

A groundbreaking guide to raising responsible, capable, happy kids Based on the latest research on brain development and extensive clinical experience with parents, Dr. Laura Markham’s approach is as simple as it is effective. Her message: Fostering emotional connection with your child creates real and lasting change. When you have that vital connection, you don’t need to threaten, nag, plead, bribe—or even punish. This remarkable guide will help parents better understand their own emotions—and get them in check—so they can parent with healthy limits, empathy, and clear communication to raise a self-disciplined child. Step-by-step examples give solutions and kid-tested phrasing for parents of toddlers right through the elementary years. If you’re tired of power struggles, tantrums, and searching for the right “consequence,” look no further. You’re about to discover the practical tools you need to transform your parenting in a positive, proven way.

Positive DisciplineThe Classic Guide to Helping Children Develop Self-Discipline, Responsibility, Cooperation, and Problem-Solving SkillsBallantine Books

"This is a must-read for every family that yearns to create peace and harmony.” --Shefali Tsabary, Ph.D., New York Times bestselling author of The Conscious Parent Tired of yelling and nagging? True family connection is possible--and this essential guide shows us how. Popular parenting blogger Rebecca Eanes believes that parenting advice should be about more than just getting kids to behave. Struggling to maintain a meaningful connection with her two little ones and frustrated by the lack of emotionally aware books for parents, she began to share her own insights with readers online. Her following has grown into a thriving community--hundreds of thousands strong. In this eagerly anticipated guide, Eanes shares her hard-won wisdom for overcoming limiting thought patterns and recognizing emotional triggers, as well as advice for connecting with kids at each stage, from infancy to adolescence. This heartfelt, insightful advice comes not from an "expert," but from a learning, evolving parent. Filled with practical, solution-oriented advice, this is an empowering guide for any parent who longs to end the yelling, power struggles, and downward spiral of acting out, punishment, resentment, and shame--and instead foster an emotional connection that helps kids learn self-discipline, feel confident, and create lasting, loving bonds.

And Over 50 Ways to Avoid Power Struggles in the Home and the Classroom

Preparing an Environment That Fosters Respect, Kindness and Responsibility

Nurturing Harmony, Respect, and Joy in Your New Family

Raising and Teaching All Children to Become Resilient, Responsible, and Respectful

Power Struggles

Positive Discipline for Today's Busy (and Overwhelmed) Parent

Positive Discipline A-Z

Nelsen's popular Positive Discipline philosophy is used in hundreds of schools as a foundation for fostering cooperation, problem-solving skills, and mutual respect in children. In this latest edition, teachers learn how to create and maintain an atmosphere where learning can take place--and where students and teachers can work together to solve problems.

A Positive, Proven Approach to Single Parenting! As a single parent in our complex world, you face the challenge of doing alone a job that was meant for two people. In addition, self-doubt and guilt may dampen the joy you experience raising your child. What do you do? Over the years, millions of parents just like you have come to trust Jane Nelsen's classic POSITIVE DISCIPLINE series for its consistant, commonsense approach to child rearing. In this completely revised and updated edition of Positive Discipline for Single Parents you'll learn how to succeed as a single parent in the most important job of your life: raising a child who is responsible, respectful, and resourceful. Inside this reassuring book, you'll discover how to: ·Identify potential problems and develop skills to prevent them ·Budget time each week for family activities ·Create a respectful coparenting relationship with your former spouse ·Use nonpunitive methods to help your children make wise decisions about their behavior ·And much, much more! "Provides very important information for single parents, especially in today's violent society. Used as a resource, it can help parents deal with discipline issues in a positive way and in turn help their children become responsible citizens."—Judye Foy, international vice president, Community Relations, Parents Without Partners "Another great resource for both single parents and therapists . . . practical and enjoyable to read. A must for your parenting library."—Stephen Sprinkel, marriage and family therapist

Outlines practical parenting strategies from the toddler years through preadolescence that focus on productive and peaceful disciplinary methods while promoting positive neural connections.

The celebrated Positive Discipline brand of parenting books presents the revised and updated third edition of their readable and practical guide to communicating boundaries to very young children and solving early discipline problems to set children up for success. Over the years millions of parents have used the amazingly effective strategies of Positive Discipline to raise happy, well-behaved, and successful children. Research has shown that the first three years in a child's life are a critical moment in their development, and that behavior patterns instilled during that time can have profound implications for the rest of a child's life. Hundreds of thousands of parents have already used the advice in Positive Discipline: The First Three Years to help set effective boundaries, forge strong foundations for healthy communication, and lay the groundwork for happy and respectful relationships with their young children. Now this classic title has been revised and updated to reflect the latest neuroscientific research and developments in positive discipline parenting techniques.

Positive Parenting

Empowering Your Teens and Yourself Through Kind and Firm Parenting

Positive Discipline in the Classroom

Positive Discipline for Children With Special Needs

No-drama Discipline

How to Stop Yelling and Start Connecting

The Classic Guide to Helping Children Develop Self-Discipline, Responsibility, Cooperation, and Problem-Solving Skills

Positive Parenting for Those Important Teen Years Adolescence is often a time of great stress and turmoil—not only for kids going through it, but for you, their parents as well. During the teen years, kids aggressively begin to explore a new sense of freedom, which often leads to feelings of resentment and powerlessness for parents who increasingly are excluded from their children's lives. This revised edition of Positive Discipline for Teenagers shows you how to break the destructive cycle of guilt and blame and work toward greater understanding and communication with your adolescents. Inside, you'll: ·Find out how to encourage your teen and yourself ·Grow to understand how your teen still needs you, but in different ways ·Learn how to get to know who your teen really is ·Discover how to develop sound judgment without being judgmental ·Learn how to use follow-through—the only surefire way to get chores done Over the years, millions of parents have come to trust the classic Positive Discipline series for its consistent, commmonsense approach to child rearing. Inside, you'll discover proven, effective methods for working with your teens. Over 1 million Positive Discipline books sold! "I highly recommend this book to parents, teachers, and all others who work with young people. It is one of the best books I have seen on helping adults and adolescents turn their conflict into friendship. Remarkably, it shows how to accomplish this while helping young people develop courage, confidence, responsibility, cooperation, self-respect, and trust. I urge you to read it." —H. Stephen Glenn, Ph.D., coauthor of Raising Self-Reliant Children in a Self-Indulgent World.

This story is about helping children create an Anger Wheel of Choice. It teaches children that feelings are always okay, but what they do is not always okay. An Anger Wheel of Choice will give children healthy ways to deal with their feelings of anger.

Draws on the author's Positive Parenting Solutions online course to explain how to correct negative behaviors in children, introducing the psychological theories of Alfred Adler on using empowerment to promote healthy child development.

Be the Best Parent for Your Child Direct your children onto the right path, and when they are older, they will not leave it. Proverbs 22:6, NLT How you parent directly impacts who your children are and who they will become. No one is naturally born a good parent. It takes hard work, determination, and passionate intention to raise our kids right. In the end, we can either parent on purpose or idly sit back and allow everything else in the world to shape our children into the men and women they will become. In Purposeful Parenting, author Jean Barnes gives you six essential practices for successfully raising your kids. Learn how to: Show your children that you truly love them Use discipline to maintain life and freedom Recognize the purpose and passions in your childs heart Help your child build good character Empower your child to be responsible Persevere through difficult times and never give up You can be the parent youve always wanted to bethe parent God wants and your kids need, the parent with a purpose. Your life at home with your kids can be calmer, clearer, healthier, and happier today, starting right now. Ðr. Jill Hubbard, New Life Live Radio

Teaching Parenting the Positive Discipline Way

Nurturing Cooperation, Respect, and Joy in Your Single-Parent Family

Positive Discipline: The First Three Years, Revised and Updated Edition

Positive Discipline in the Montessori Classroom

Teaching Children Responsibility

The Conscious Parent's Guide to Positive Discipline

Over 2 Million Positive Discipline Books Sold! A Positive Approach To Helping Children With Special Needs Realize Their Potential Every child deserves to lead a happy and fulfilling life. For parents and teachers of children with special needs, helping their child to not only negotiate daily challenges, but to live fulfilling, meaningful lives, can be the most difficult challenge they will face. Over the years, millions of parents and teachers have come to trust Jane Nelsen’s classic Positive Discipline series for its consistent, commonsense approach to childrearing. Now, the bestselling series addresses the specific challenges that parents and teachers of children with special needs face, and offers them straightforward advice for supporting them in positive ways. In these pages are practical solutions to challenges such as: Learning to look beyond diagnostic labels ? Believing in each child's potential regardless of his/her stage of development ? Helping children integrate socially and interact with their peers ? Coping with the frustration that inevitably occurs when a child is being difficult ? Strengthening a child’s sense of belonging and significance ? And Many More! Use this book to answer such questions as: • How do you accommodate a disability, while still teaching a child to try their best? • How do you help a child cope with anger they may have trouble expressing, especially when that anger may on some level be justified? • How do you teach a child who may struggle with seemingly straight forward tasks to contribute to the world around them in a way that will be meaningful to them? “If you are raising or teaching a child with special needs, this book is a must-read. As the mother of a child with autism, my hopes and dreams for my son were no different than those of other parents. I wanted a parenting approach that helped my child grow up to be self confident, happy, and prepared for success in relationships, work, and life. I also needed practical, effective methods for addressing the significant, challenging behaviors I faced on a daily basis. Finally, in this amazing book, I found both….Thank you, thank you, thank you to the authors of this groundbreaking book.” - Rachel Fink Parks, MS, PCC

Teaching Parenting the Positive Discipline Way (developed by Lynn Lott and Jane Nelsen) is a research-based parent education program that provides a step-by-step approach to starting and leading experientially based parenting groups.

From attention deficit disorder to kleptomania to fighting, this book covers every potential problem in the classroom, listed alphabetically for quick, easy reference. Plus it offers practical, useful, and respectful solutions to the everyday challenges the classroom situation can present. Illustrations.

Explains why children misbehave; discusses class and family meetings, mutual respect, and responsibility; and tells how parents and teachers can be more understanding and supportive

For Their Early Years - Raising Children Who Are Responsible, Respectful, and Resourceful

A Guide to Help Recovering Parents

The Whole-brain Way to Calm the Chaos and Nurture Your Child's Developing Mind

Positive Discipline Parenting Tools

Positive Discipline for Preschoolers

The Revolutionary Program That Gets Your Kids to Listen Without Nagging, Remindi Ng, Or Yelling

*You Can't F*ck Up Your Kids*

Completely updated with the latest research in child development and learning, Positive Discipline for Preschoolers will help parents understand their preschooler and provide early methods to raise a child who is responsible, respectful, and resourceful. Caring for young children is one of the most challenging tasks an adult will ever face. No matter how much you love your child, there will be moments filled with frustration, anger, and even desperation. There will also be questions: Why does my four-year-old deliberately lie to me? Why is everything a struggle with my three-year-old? Should I ever spank my preschooler when she is disobedient? Over the years, millions of parents have come to trust the Positive Discipline series and its common-sense approach to child-rearing. This revised and updated fourth edition includes a new chapter on the importance of play and outdoor experiences on child development, along with new information on school readiness, childhood brain growth, and social/emotional learning. You'll also find practical solutions for how to: - Teach appropriate social skills at an early age - Avoid the power struggles that often come with mastering sleeping, eating, and potty training - See misbehavior as an opportunity to teach nonpunitive discipline--not punishment

55% discount for bookstores Your clients will learn everything there is to know about their children's discipline

I Love You Rituals offers more than seventy delightful rhymes and games that send the message of unconditional love and enhance children's social, emotional, and school success.Winner of a 1999 Parent's Guide Children's Media Award, these positive nursery rhymes, interactive finger plays, soothing games, and physically active can be played with children from infancy through age eight. In only minutes a day, these powerful rituals: Prime a child's brain for learning Help children cope with change Enhance attention, cooperation, and self-esteem Help busy families stay close Affirm the parent-child bond that insulates children from violence, peer pressure, and drugs, and much more. Easy to learn and especially effective in stressful situations, I Love You Rituals gives parents, grandparents, caregivers, and teachers inspiring tools to help children thrive.

A Blueprint for Bringing Together Two Families Living in a stepfamily is challenging. But a household where yours and mine must become ours can become a harmonious family unit. It is possible to build a stepfamily that works for all of its members--an environment where both adults and children can feel safe, loved, and free to grow and learn. Written to address the particular challenges that stepfamilies typically confront, this latest addition to the bestselling "Positive Discipline series helps you understand the process of stepfamily living and empowers you to make the right decisions. Inside, you will find real solutions that can make your new family a cohesive and happy unit. You'll discover how to: -Resolve responsibility and role issues -Blend rules and traditions -Build effective communication between all family members -Handle discipline and finances -Develop respect and affection among rival children -And much more! "Anchored in today's family realities, the essence of this book is a respectful approach to stepfamily discipline. The scenarios are grittily realistic and the wealth of positive suggestions ring true. Families are always a work in progress so this book is useful for both seasoned and novice parents and stepparents." --Margorie Engel, Ph.D., president, Stepfamily Association of America

Parenting Discipline

How to Balance Work, Parenting, and Self for Lasting Well-Being

Positive Discipline for Your Stepfamily

An Essential Guide

The Positive Parenting Workbook

From Infant to Toddler--Laying the Foundation for Raising a Capable, Confident Child

Empowering Methods for Effective Childcare As a professional childcare provider, you want to create an environment that is inviting and nurturing for children as well as encouraging for your adult staff. You want to find ways to form a partnership with parents in their children's development. Simply put, you want to provide an all-around quality childcare experience at every level. This book is also great for parents who want to take an active role in assuring the best childcare for their children. Positive Discipline for Childcare Providers offers a thorough, practical program that is easily adaptable to any childcare or preschool situation and setting. Inside are workable solutions to many of today's toughest childcare issues and everything you need to develop an enriching experience for children, parents, and workers alike. You'll learn how to: ·Create a setting where children can laugh, learn, and grow ·Support healthy physical, emotional, and cognitive development in all children, including those with special needs ·Encourage parents to establish a partnership with you and provide the same kind, firm limits and respectful environment at home ·Uncover support and learning opportunities for yourself and fellow childcare providers ·And much more! "In a magical way, Positive Discipline for Childcare Providers demonstrates techniques that decrease misbehavior by increasing the child's sense of capability, courage, and community feeling." —Rob Guttenberg, a state-certified childcare trainer, director of parenting education at YMCA Youth Services Maryland, and author of The Parent As Cheerleader "Wow! This book is an incredible resource full of effective and practical ideas—from creating an environment where everyone feels welcome to a model of discipline that respects and empowers adults and children." —Mary Jamin Maguire, M.A., L.P., LICSW, trainer, Minnesota School-Age Childcare Training Network

Describes five key steps for addressing employee performance issues and achieving better outcomes.

Shows parents how to build strong bridges of communication with their teenage children while avoiding common destructive parent-teen power struggles, stressing the importance of the Positive Discipline approach to parenting teenagers.