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Presents historical background on ski mountaineering, which is climbing a mountain on skis and then skiing down the slopes, and offers tips on climbing and skiing specific mountains.

"A pictorial history of Arapahoe Basin Ski Area"--

This book provides a broad overview of the ways in which 'adventurous practices' influence, and are influenced by, the world around them. The concept of adventure is one that is too often tackled within subject silos of philosophy, education, tourism, or leisure. While much of the analysis is strong, there is little cross-pollination between

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disciplines. Adventure & Society pulls together the threads of these discourses into one coherent treatment of the term 'adventure' and the role that it plays in human social life of the 21st century. It explores how these practices can be considered more deeply through theoretical discourses of capitalism, identity construction, technology and social media, risk-taking, personal development, equalities, and sustainability. As such, the book speaks to a broad audience of undergraduate and postgraduate students across diverse subject areas, and aims to be an accessible starting point for deeper inquiry.

Ultimate Skiing Adventures

The British National Bibliography

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Skiing

More Than 1,700 Magazine Editors and Book Publishers Explain What They Are Looking for from Freelancers

New School

Why Some Brands Are Just Gotta Have, Drive All Night For, and Tell All Your Friends About

Mountains bear the imprint of human activity. Scars from logging and surface mining sit alongside national parks and ski lodges. Although the environmental effects of extractive industries are well known, skiing is more likely to

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bring to mind images of luxury, wealth, and health. Drawing on interviews, field observations, and media analysis, Stoddart reveals the multiple, often conflicting meanings attached to skiing by skiers, mass media, First Nations, industry leaders, and environmentalists in British Columbia. Stoddart challenges us to reflect on skiing's negative effects as he exposes how certain groups came to be viewed as the "natural" inhabitants and legitimate

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managers of mountain environments. Fifty Places to Ski and Snowboard Before You Die—the 10th book in the popular Fifty Places series—takes readers to some of the world's most inspiring skiing/snowboarding destinations: the Chugach Mountains (Alaska); Aspen, Crested Butte, and Steamboat Springs (Colorado); Tuckerman Ravine (New Hampshire); Rusutsu (Japan); Chamonix (France); Portillo (Chile); and Whistler Blackcomb

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(British Columbia). Based on interviews with leading experts, the book chronicles the rich history of these sports and the people who have mastered them, including Tommy Moe, Jonny Moseley, Billy Kidd, and Greg Harms. Above all, Santella provides readers with the gorgeous scenery, the glamorous ambiance, and the always thrilling experience of visiting mountains from the Alps to the Rockies, whether it's après-ski in Cortina or

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helicopter rides into virgin Alaskan powder. Praise for Fifty Places to Ski and Snowboard Before You Die "Even the reader who gets no farther than the couch can feel transported to the snow-covered peaks, mogul fields, and sparkling expanses sculpted by the book's avalanche of quirky nuggets, insider tips, and historical perspectives . . . After writing nine other Fifty Places guides, author Chris Santella has the drill down."

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—Reuters.com “Whether you’re an expert looking to hit the double diamond moguls or a beginner who wants a gentle slope just in case stopping is an issue, these spots have a little something for everyone.” —The Daily Beast “For powderhounds, Fifty Places to Ski & Snowboard Before You Die by Chris Santella (\$25) looks at snow sports destinations around the world.” —Associated Press

An accessible primer on how to create

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effective graphics from data This book provides students and researchers a hands-on introduction to the principles and practice of data visualization. It explains what makes some graphs succeed while others fail, how to make high-quality figures from data using powerful and reproducible methods, and how to think about data visualization in an honest and effective way. Data Visualization builds the reader's expertise in ggplot2, a versatile

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visualization library for the R programming language. Through a series of worked examples, this accessible primer then demonstrates how to create plots piece by piece, beginning with summaries of single variables and moving on to more complex graphics. Topics include plotting continuous and categorical variables; layering information on graphics; producing effective "small multiple" plots; grouping, summarizing, and transforming

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data for plotting; creating maps; working with the output of statistical models; and refining plots to make them more comprehensible. Effective graphics are essential to communicating ideas and a great way to better understand data. This book provides the practical skills students and practitioners need to visualize quantitative data and get the most out of their research findings. Provides hands-on instruction using R and ggplot2 Shows how the

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“tidyverse” of data analysis tools
makes working with R easier and more
consistent Includes a library of data
sets, code, and functions

Wild Snow

50 Classic Ski Tours in New England and
New York

TV Guide

Run Wild and Be: A Collection of Poems
& Stories Inspired by Wild Spaces &
Endurance Running.

SRDS Consumer Magazine Advertising

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Source

Ulrich's International Periodicals
Directory

A step-by-step guide to becoming an expert all-mountain skier. It takes you to the difficult places on the mountain - bumps, steeps, and trees - and helps you conquer them. It contains the information you need on equipment - including shaped skis, boots, bindings, and footbeds.

A collection of poems and stories

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inspired by wild spaces and endurance running. Shifting the narrative from the tired trope centering around the white man conquering a gritty race or mountain, Run Wild & Be explores the female experience embracing freedom and self love through her time spent running long outside. Drawing inspiration from a 4000 mile run across the United States, this book weaves readers through tiny mountain towns, into the desert, and sprawling

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metropolises, while noting gender inequities, power imbalances, changing goals, and morphing identities.

A revolutionary guide to acknowledging fear and developing the tools we need to build a healthy relationship with this confusing emotion—and use it as a positive force in our lives. We all feel fear. Yet we are often taught to ignore it, overcome it, push past it. But to what benefit? This is the essential question that guides Kristen

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Ulmer's remarkable exploration of our most misunderstood emotion in The Art of Fear. Once recognized as the best extreme skier in the world (an honor she held for twelve years), Ulmer knows fear well. In this conversation-changing book, she argues that fear is not here to cause us problems—and that in fact, the only true issue we face with fear is our misguided reaction to it (not the fear itself). Rebuilding our experience with fear from the

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ground up, Ulmer starts by exploring why we've come to view it as a negative. From here, she unpacks fear and shows it to be just one of 10,000 voices that make up our reality, here to help us come alive alongside joy, love, and gratitude. Introducing a mindfulness tool called "Shift," Ulmer teaches readers how to experience fear in a simpler, more authentic way, transforming our relationship with this emotion from that of a draining battle

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into one that's in line with our true nature. Influenced by Ulmer's own complicated relationship with fear and her over 15 years as a mindset facilitator, The Art of Fear will reconstruct the way we react to and experience fear—empowering us to easily and permanently address the underlying cause of our fear-based problems, and setting us on course to live a happier, more expansive future.

All-Mountain Skier

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***Understanding Extreme Sports: A
Psychological Perspective
Written in the Snows
Adventure and Society
Arapahoe Basin***

Updated for the first time in ten years, the "bible of Eastern backcountry skiing" returns with an all-new edition, fully revised to reflect the latest and greatest off-piste lines--as well as the trove of newly created and rehabilitated ski glades in New Hampshire, Vermont, Maine, New York, and Massachusetts.

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A beautiful collection of photographs and personal reflections on the life of professional ski mountaineer, surfer, climber, and all around adventurer, Chad Sayers. At the age of 18, Chad Sayers chooses to pursue a perilous existence in the world of professional freeskiing. Immediately successful, he rides high on a train of celebrity, sponsorship, travel, and freedom. But "living the dream" is, in reality, a tiring treadmill of daily risk that eventually sets him adrift from family, friends, lovers -- even himself. As injuries and emotional traumas pile up, his identity fractures into a hall of mirrors -- the flickering images of athlete, son, brother, traveller, and seeker veiling the reality of a man running blindly from heartbreak and physical debilitation. Then one day, in the mountains of France, hanging

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by a finger above certain death, he sees the one reflection that finally scares him straight: a man who doesn't care. To heal this severed connection to reality and the constant pain he lives with, Sayers quits skiing and turns to his other passions of travel, surfing, and photography. In *Overexposure*, some of the world's greatest outdoor photographers contribute to this engaging story in order to parse not only the high-stakes gambits required for a pro skier to stay in the spotlight, but also the grandeur of the stage on which these play out.

A cowboy takes on the forces of twentieth century tyranny in a tale by “the Thoreau of the American West” that became the classic film *Lonely Are the Brave* (Larry McMurry, Pulitzer Prize-winning author of *Lonesome Dove*). A rugged

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individualist and sometime ranch hand, Jack Burns has no love for the modern world. He is a man out of time, riding his horse through a Southwestern landscape corrupted by concrete, shopping centers, and superhighways. A stubborn loner, he lives by a personal moral code that often sets him at odds with contemporary society. And he wouldn't have it any other way. When Jack's brazen attempt to free a jailed friend fails, the "anarchist cowboy" becomes an outlaw overnight. Suddenly he and his chestnut mare are racing toward the New Mexican high country with the state police, the military, and the FBI in hot pursuit. His private war against authority has reached a dangerous new level. But if the powerful forces aligning against him think that Jack is going to go quietly, they've got another

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think coming. The Houston Chronicle called Edward Abbey “a fresh breath from the farther reaches and canyons of the diminishing frontier.” The bestselling author of *The Monkey Wrench Gang* delivers a stirring tribute to individualism and the vanishing American hero. Brought to the big screen in 1962 as *Lonely Are the Brave*—a major motion picture starring Kirk Douglas and Walter Matthau—*The Brave Cowboy* is a moving and thought-provoking fable of the modern American West.

Why Conquering Fear Won't Work and What to Do Instead

Data Visualization

The Art of Fear

Making Meaning Out of Mountains

American Directory of Writer's Guidelines

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Skiing's Next Generation

Ultimate Skiing Adventures takes you on a skiing voyage around the planet's biggest, best and most unusual ski destinations – from the huge mega-resorts of the French Alps to sailing along Iceland's north coast in search of great snow, there are exciting adventures that will appeal to everyone from novice to expert. The inspirational descriptions of 100 locations combine Alf Alderson's personal experience with the input of experts in all aspects of skiing and mountain sports

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and are accompanied by stunning full-page photography from some of the world's foremost ski photographers. Published in a year of great uncertainty for ski travel, this book allows you to escape onto the slopes in your own home. Perfect for indulging in some armchair skiing of slopes that only the most adventurous will tackle and for planning your next ski trip. And it's not just about skiing – the contents cover avalanche rescue techniques, snow science, road trips, the work of ski patrollers and resorts so

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remote and obscure that you may never have heard of them. The book is divided into sections on Western Europe, Eastern Europe, North America, Scandinavia and the Rest of the World. Discover where you will ski next – in reality or in your imagination.

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*Explain What They Are Looking for from
FreelancersQuill Driver Books
Perhaps the best-kept secret in the
publishing industry is that many
publishers—both periodical publishers and
book publishers—make available writer's
guidelines to assist would-be
contributors. Written by the staff at each
publishing house, these guidelines help
writers target their submissions to the
exact needs of the individual publisher.
The American Directory of Writer's
Guidelines is a compilation of the actual*

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writer's guidelines for more than 1,700 publishers. A one-of-a-kind source to browse for article, short story, poetry and book ideas.

A Story about a Skier

The Way to Expert Skiing

Passion Brands

The Mountain Baker: 100 High-Altitude

Recipes for Every Occasion

Benn's Media

50 Classic Ski Descents of North America

Perhaps the best-kept secret in the publishing industry is that many publishers both periodical publishers and book publishers make

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available writer's guidelines to assist would-be contributors. Written by the staff at each publishing house, these guidelines help writers target their submissions to the exact needs of the individual publisher. The American Directory of Writer's Guidelines is a compilation of the actual writer's guidelines for more than 1,500 publishers. A one-of-a-kind source to browse for article, short story, poetry and book ideas. We at Hershey's know something about brands that ignite genuine passion. In Passion Brands, Kate unlocks the secrets, showing how passion grows as special brands conscript a loyal following to spend precious social and financial currency. It's a fast, hot read, full of tips and tactics you can apply today and feel tomorrow on the bottom line.-Dave West, President and CEO, The Hershey CompanyKate is dissecting passion as a branding exercise. Timely, thoughtful and as ever erudite. I love reading her stuff.-Paco Underhill, author of Why

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*We Buy*Kate Newlin is one of the sharpest brains in consumer marketing.... Her success in creating, building and reinventing brands should make this work invaluable.-Daryl Brewster, chairman and CEO, Krispy Kreme

Kate is quite simply one of the smartest individuals I've met in business.... Her raw creativity, coupled with a profound understanding of our culture, market space and consumers make for remarkably actionable thinking.-Jim Beckett, director, Proctor & Gamble

What makes some brands stand out from the pack year after year? In a vast marketplace glutted with countless pretty good brands, how are some products able to command unquestionable customer loyalty and lasting enthusiasm? Veteran business strategist Kate Newlin defines the key ingredients that go into passion brands-brands that we recommend to friends wholeheartedly, with a joyous, even evangelical zeal. Passion brands inspire an emotional attachment. Unlike

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consumer fads, we become personally invested in them, sometimes even more so than we do with our friends and loved ones. Newlin identifies the social factors that have made passion brands the driving force in consumer marketing today. Based on proprietary research, which makes use of in-depth interviews with company executives as well as state-of-the-art analytics, she answers the following key questions: Are there common characteristics that enable passion brands to become carriers of personal meaning? What is the financial impact on a company that produces a passion brand? Do passion brands create a halo over the stock prices? She notes that in a world of almost unlimited consumer choices, the old rules of marketing just don't work anymore (product, package, position, price, and promotion). Now marketers must react to consumers in real time, encouraging brand democracy in which users can help decide a

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product's characteristics, from size and color to how it should be marketed. Passion Brands is must reading for entrepreneurs and denizens of corporate cubicles and boardrooms alike. Kate Newlin (New York, NY), the principal and founder of Kate Newlin Consulting, is the author of Shoppportunity! How to Be a Retail Revolutionary, which was on the Oprah Selects list of O magazine in 2006 and was also a recommended selection of the 2006 Harvard Business Review. With over 25 years of experience in business strategy and marketing, Newlin has worked with a broad cross-section of Fortune 500 businesses, including McDonald's, Pennzoil/Quaker State, Kraft, Hasbro, Cigna, GE Capital, Waldenbooks, LensCrafters, and others.

From sweet and savory to fluffy and flaky—tried-and-tested recipes made for the 21st-century outdoor adventurer. Most recipes are

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*developed and employed at or close to sea level, so what is a baker to do if they live 5,000 feet higher? In **The Mountain Baker**, longtime mountain dwellers Mimi Council and Kimmy Fasani share their recipes for successful cakes, cookies, muffins, breads, and beyond. With their firsthand experience, Council and Fasani are just the women to talk about the science behind high-altitude baking and cooking. From hearty eats and apres snacks to decadent desserts, these recipes include conversions for sea-level kitchens, so home bakers can enjoy these treats wherever they cook: **Double Black Diamond Brownies, Honey Graham Pancakes, Rosemary Parmesan Biscotti, Pizza Bread, Snow Day Cake, and more.** With tips on why your alpine cakes are sinking or why your cookies are burning, this is the go-to resource to help readers fearlessly face their high-altitude kitchen or simply get in the outdoor spirit.*

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Squallywood

Best Backcountry Skiing in the Northeast

A Guide to Squaw Valley's Most Exposed Lines

A Practical Manual

Downhill Experts Share the World's Greatest Destinations

*A Compilation of Information for Freelancers from More Than
1,500 Magazine Editors and Book Publishers*

The New School of skiing fascinates the skiing world with its stylish tricks. The spectacular jumps that currently dominate every skiing magazine and freestyle film make the hearts of many ski fans beat faster. Which skier would not like to fly, with all the confidence in the world, through the air like the

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freeski pros who grace the pages of glossy magazines with constantly innovative, breathtaking jumps? This is where this book comes in. The authors, US ski-team-member David Babic, with Gerhard Blochl, World Cup competitor, twice German Freestyle Mogul champion, and his brother Armin Blochl describe methodical ways in which everyone can learn the various jumps quickly and above all, safely.

Century of Northwest wilderness skiing stories by noted expert 150 black-and-white and color photographs Celebrates the friluftsliv, or open-air

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living spirit, of backcountry skiing In *Written in the Snows*, renowned local skiing historian Lowell Skoog presents a definitive and visually rich history of the past century of Northwest ski culture, from stirring and colorful stories of wilderness exploration to the evolution of gear and technique. He traces the development of skiing in Washington from the late 1800s to the present, covering the beginnings of ski resorts and competitions, the importance of wild places in the Olympic and Cascade mountains (including Oregon's Mount Hood), and the friluftsliv, or open-air living spirit, of

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backcountry skiing. Skoog addresses how skiing has been shaped by larger social trends, including immigration, the Great Depression, war, economic growth, conservation, and the media. In turn, Northwest skiers have affected their region in ways that transcend the sport, producing local legends like Milnor Roberts, Olga Bolstad, Hans Otto Giese, Bill Maxwell, and more. While weaving his own impressions and experiences into the larger history, Skoog shows that skiing is far more than mere sport or recreation.

Fifty Classic Ski Descents of North America is a large-

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format compilation of iconic and aesthetic ski descents from Alaska to Mount Washington. Created by ski mountaineers Chris Davenport, Art Burrows and Penn Newhard, *Fifty Classic Ski Descents* taps into the local knowledge of contributors such as Andrew McLean, Glen Plake, Lowell Skoog, Chic Scott and Ptor Spriceniaks with first person descriptions of their favorite ski descents and insightful perspectives on ski mountaineering past, present and future. The book features 208 pages of gorgeous action and mountain images from many of North America's

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top photographers. Whether you are planning an expedition to Baffin Island's Polar Star Couloir or heading out for dawn patrol on Mount Superior, Fifty Classic Ski Descents is a visual and inspirational feast of ski mountaineering in North America.

Ski

Across Time on Skis in the Pacific Northwest

A Practical Introduction

Fifty Places to Ski and Snowboard Before You Die

The Political Ecology of Skiing

Serials in the British Library

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Extreme sports, those activities that lie on the outermost edges of independent adventurous leisure activities, where a mismanaged mistake or accident would most likely result in death, have developed into a significant worldwide phenomenon (Brymer & Schweitzer, 2017a). Extreme sport activities are continually evolving, typical examples include BASE (an acronym for Buildings, Antennae, Span, Earth) jumping and related activities such as proximity flying, extreme skiing, big wave surfing, waterfall kayaking, rope free solo climbing and high-level mountaineering. While participant numbers in many traditional team and individual sports such as golf,

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basketball and racket sports have declined over the last decade or so, participant numbers in so called extreme sports have surged. Although extreme sports are still assumed to be a Western pastime, there has been considerable Global uptake. Equally, the idea that adventure sports are only for the young is also changing as participation rates across the generations are growing. For example, baby boomers are enthusiastic participants of adventure sports more generally (Brymer & Schweitzer, 2017b; Patterson, 2002) and Generation Z turn to extreme sports because they are popular and linked to escapism (Giannoulakis & Pursglove, 2017).

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Arguably, extreme sports now support a multi-billion dollar industry and the momentum seems to be intensifying. Traditional explanations for why extreme sports have become so popular are varied. For some, the popularity is explained as the desire to rebel against a society that is becoming too risk averse, for others it is about the spectacle and the merchandise that is associated with organised activities and athletes. For others it is just that there are a lot of people attracted by risk and danger or just want to show off. For others still it is about the desire to belong to sub-cultures and the glamour that goes with extreme sports. Some seek mastery in

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their chosen activity and in situations of significant challenges. This confusion is unfortunate as despite their popularity there is still a negative perception about extreme sports participation. There is a pressing need for clarity. The dominant research perspective has focused on positivist theory-driven perspectives that attempt to match extreme sports against predetermined characteristics. For the most part empirical research has conformed to predetermined societal perspectives. Other ways of knowing might reveal more nuanced perspectives of the human dimension of extreme sport participation. This special edition brings together cutting-edge

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research and thought examining psychology and extreme sports, with particular attention payed to the examination of motivations for initial participation, continued participation, effective performance, and outcomes from participation. References Brymer, E. & Schweitzer, R. (2017a) Phenomenology and the extreme sports experience, NY, Routledge. Brymer, E, & Schweitzer, R, D. (2017b) Evoking the Ineffable: The phenomenology of extreme sports, Psychology of Consciousness: Theory, Research, and Practice 4(1):63-74 Giannoulakis, C., & Pursglove, L., K., (2017) Evolution of the Action Sport Setting. In S.E. Klein Ed. Defining Sport: Conceptions and

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Patterson, I. (2002) Baby Boomers and Adventure
Tourism: The Importance of Marketing the Leisure
Experience, World Leisure Journal, 44:2, 4-10, DOI:
10.1080/04419057.2002.9674265***

***Fully revised and updated 2nd edition including an
entirely new chapter on avalanches. If you want to
leave the confines of the piste, and explore the
mountains and valleys beyond, then this is the book
for you. Everything you need to make the transition
from piste skiing to ski touring is here, from downhill
off-piste and uphill skills to avalanche awareness. All
aspects are covered in detail, with clear descriptions***

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and stunning photos. The first section of the book covers the knowledge and techniques required to travel beyond the marked trail. The second part contains a selection of Bruce's favourite tours, in guidebook style, to help you plan your own backcountry adventure. Key chapters include: Downhill Skills, Uphill Skills, Glacier Skiing, Avalanches, Winter Weather, and Planning a Ski Tour.

Why would a celebrated surgeon set aside a great deal of money, hidden in a second will, to be given to a reclusive and traumatized ex-con; a man he had never met? And if the strange refusal of that small

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fortune had not been accidentally discovered, the children of the late Dr. Roger Van Tyl would never have suspected any connection between their renowned father and a paperboy found dead in a ditch three decades before. And what might their mother have known of her husband over all these years?

100 epic experiences in the snow

A Historical Guide to North American Ski

Mountaineering

The Far Better Thing

The Brave Cowboy

A Colorado Legend Since 1946

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Ski Area Management