

## Go Bravely Becoming The Woman You Were Created To Be

As a young Christian woman, do you struggle with insecurities and feel bogged down by the pressures and expectations of society? Do you find it challenging to take care of yourself and be a faithful daughter of God? Emily Wilson Hussem used to feel the same way. In Go Bravely, the Catholic musician and speaker offers twenty bits of advice that will equip you to tackle your deepest concerns about relationships, self-esteem, and dating while strengthening your faith at the same time. "Sometimes even the smallest acts of living out faith require great bravery." In Go Bravely, Wilson Hussem offers readers warm and friendly encouragement as she shares her experiences with other young women as their youth minister as well as her own struggles with insecurity, relationships, loving and forgiving herself, and living her faith. You'll feel right at home as she challenges you to be a light in the world while simultaneously offering you easy-to-digest advice on your most pressing questions. Fresh off figuring out who she is as a daughter of God, how to cultivate healthy friendships, how to save sex for marriage, and how to develop a prayer life, Wilson Hussem gives you advice about what she learned in the midst of becoming a young woman. Aware of the information overload that young people face today, she shares simple wisdom for bravely living your faith, such as: Always be kind to other women. Work hard at what you love. Recognize God's plan for your life. Remember that nobody is perfect. Cultivate authentic friendships. These are basic ideas, Wilson Hussem says, but taking care of yourself and loving others are easy tenets of our faith to forget. A book that can be read in short snippets or in one sitting, Go Bravely offers you the encouragement and tools you need to live out your Christian faith with purpose and zeal.

God's Glorious Girl is a board book for girls ages 0-4 that brings to life a message of faith and identity in a beautiful declaration poem. In God's Glorious Girl, young girls will hear the truth about who God created them to be from the very beginning of their lives through a racially diverse group of young girls.

With themes of courage, forgiveness, faith, kindness and more, this book will help build a foundation of faith and confidence in God for each girl who hears these words.

Find the courage to be who you are—not who you wish you were. Is fear holding you back from becoming your best self? Does it add stress to your day and keep you up at night? What could be different if you let go and started living brave today? Bravery doesn't have to mean cliff diving out of your comfort zone. Life is about being brave enough—for yourself, for God, for your tasks, and for your calling—right where He's placed you. A brave-enough life is one lived fully and confidently, with your shoulders relaxed and free from the weight of responsibility and the burden of trying too hard. Nicole Unice, author of She's Got Issues, wants that life to become a reality for you. She challenges you to get real about where you are right now—the places where you feel too scared to change, too tired to endure, or too worried to let go. Through personal stories and practical application, Nicole will lead you on a journey to harness all of your misspent doubts, concerns, and fears—and discover what God is saying about who you can be. Don't miss the companion Brave Enough DVD Group Experience (UPC 031809201381)!

In order to attract a life partner, we must first become a good partner to ourselves. This book offers twenty invaluable lessons that will help readers explore and commit to their own emotional and psychological well-being so they'll be ready, resilient, confident, and completely whole when they encounter that special someone.

Living Single with Faith, Purpose, and Passion

You Are Enough

Loving Bravely (Dyslexic Edition)

The Plans God Has for You: Hopeful Lessons for Young Women

Secrets of the Sacred Heart

Heartbreak, Healing, and Becoming Whole

A Bible Study on Moral Excellence for Women

Every woman needs a little jump start in life. Donna Partow knows how to make it happen. In Becoming the Woman God Wants Me to Be, author Donna Partow shows women how to reenergize their lives in 90 days. She covers everything from faith and family to fitness and fashion (with lots more) in this comprehensive plan for greater vitality in life and intimacy with God. This in-depth study of

Proverbs 31:10-31 will make women feel in control and on top of things as they study and even memorize that famous passage about the ideal woman of God. This positive, life-affirming book includes a leader's guide, making it perfect for small group use.

Do you yearn for the peace, protection, and joy of a Christ-centered home? The Sacred Heart of Jesus is the answer. Bestselling and award-winning author Emily Jaminet takes up each of the twelve promises Christ made to St. Margaret Mary Alacoque in a series of visions, puts a fresh new spin on the classic Catholic devotion, and invites you and your family to experience the profound spiritual benefits you will receive when you keep the Sacred Heart of Jesus at the center of your home. Appearing to her in a series of visions in 1673, Jesus promised St. Margaret Mary Alacoque that those who [l]expose and honor his most Sacred Heart[ ] will find peace in the home, consolation in sorrow, and a source of refuge in times of trouble. In Secrets of the Sacred Heart, Emily Jaminet[ ]executive director of the Sacred Heart Enthronement Network[ ]weaves personal testimony, teachings, and reflection questions while exploring and applying each of Christ's promises. Jaminet will guide you through a special enthronement ceremony to dedicate your home and inspire you to a lifelong devotion to the Sacred Heart. Whether you have already consecrated your home or are newly embarking on the journey of discovering the graces of this ancient practice, you will find a personal encounter with Jesus, who promises: peace in your home, safe refuge in life and death, blessings on your undertakings, an infinite source of mercy, and a restored and enlivened faith for those who surrender themselves wholly to Christ. Videos and additional resources can be found at WelcomeHisHeart.com.

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In 1926 a young Peruvian woman picked up a gun, wrested her infant daughter from her husband, and liberated herself from the constraints of a patriarchal society. Magda Portal, a poet and journalist, would become one of Latin America's most successful and controversial politicians. In this richly nuanced portrayal of Portal, historian Myrna Ivonne Wallace Fuentes chronicles the dramatic rise and fall of this prominent twentieth-century revolutionary within the broader history of leftist movements, gender politics, and literary modernism in Latin America. An early member of bohemian circles in Lima, La Paz, and Mexico City, Portal distinguished herself as the sole female founder of the American Popular Revolutionary Alliance (APRA). A leftist but non-Communist movement, APRA would dominate Peru's politics for five decades. Through close analysis of primary sources, including Portal's own poetry, correspondence, and other writings, Most Scandalous Woman illuminates Portal's pivotal work in creating and leading APRA during its first twenty years, as well as her efforts to mobilize women as active participants in political and social change. Despite her successes, Portal broke with APRA in 1950 under bitter circumstances. Wallace Fuentes analyzes how sexism in politics interfered with Portal's political ambitions, explores her relationships with family members and male peers, and discusses the ramifications of her scandalous love life. In charting the complex trajectory of Portal's life and career, Most Scandalous Woman reveals what moves people to become revolutionaries, and the gendered limitations of their revolutionary alliances, in an engrossing narrative that brings to life Latin American revolutionary politics.

Theology of His Body/Theology of Her Body

Becoming the Woman God Wants Me to Be

A Life

Girl, Arise!

A Catholic Feminist's Invitation to Live Boldly, Love Your Faith, and Change the World

The Good Girls Revolt

52 Weeks of Giving Thanks and Loving Abundantly: A Yearly Devotional for Women

Winner of a 2016 Association of Catholic Publishers Excellence in Publishing Award: Inspirational Books (First Place). In this edgy, honest, and often audacious book of Catholic spirituality, blogger and popular podcaster Maria Morera Johnson explores the qualities of twenty-four holy women who lived lives of virtue in unexpected and often difficult circumstances. In My Badass Book of Saints, Johnson shares her experience as a first-generation Cuban-American, educator of at-risk college students, and caregiver for a husband with Lou Gehrig's disease. Through humorous, empowering, and touching portraits of twenty-four spiritual mentors who inspired her, Johnson shows how their bravery, integrity, selflessness, perseverance, and hope helped her and can help others have courage to reach for a closer connection to God. She presents remarkable holy women and saints—including the gun-toting Servant of God Sr. Blandina Segale who tried to turn the heart of Billy the Kid, and Nazi resister Irena Sendler who helped smuggle children out of the Warsaw Ghetto during World War II—in a way that brings their vivid personalities to life and helps readers live out the challenges of their lives with virtue and conviction. The book includes a group discussion guide.

ARE YOU THE REAL WOMAN GOD CREATED YOU TO BE? HAVE YOU WANTED TO BECOME HER— SPIRITUALLY, PERSONALLY, and PROFESSIONALLY? Kimberla Lawson Roby admits that for years, she wasn't being the real woman God created her to be. Yes, she has always loved God and tried her best to honor Him, but what she eventually discovered was that building and maintaining her own personal relationship with God—and making Him her top priority—was the key to finding joy in all areas of her life. Now, in The Woman God Created You to Be, Kimberla has bravely—and transparently—written about her flaws, fears, and failures, as well as her faith, courage, and successes. From experiencing divorce to marrying her soulmate of twenty-nine years...from hopelessly searching for the perfect job to becoming a New York Times bestselling author...from suffering in silence with anxiety to concentrating on self-care...from struggling with the loss of her mom to finding strength, comfort, peace, and understanding—Kimberla takes you on a journey that will help you do the following: ? Become the Best Spiritual You (Seven Days Per Week) ? Become the Best Personal You (Mentally, Emotionally, and Physically) ? Become the Best Professional You (Without Jeopardizing Your Faith) Kimberla reminds us that when we trust and depend on God—heart, mind, and soul—He will empower us to do more than we ever thought imaginable. He will help us see that we are more than enough, and that He has already given us everything we need to become the woman He created us to be—spiritually, personally, professionally...and beyond.

Being single in today's world can be downright painful, lonely, and frustrating at times. You get stuck at the kids table at family gatherings. Everyone you know wants to fix you up with potential mates. You feel out of place in your faith community among the marrieds and the marrieds-with-children. You often are not taken seriously. In this candid, hopeful, and optimistic look at how to be single, Knobbe draws on the insights and experiences of her friends, colleagues, and other singles. Employing the insights of Scripture, spiritual sages, and ordinary people, Knobbe shows us that the single life can be a time of abundance and joy if we welcome it. She addresses the fears singles face, the assumptions people make, and the questions singles ask themselves. She includes practical and spiritual advice for finding happiness and contentment during the single years.

Is it possible to be both a Catholic and a feminist? Claire Swinarski, writer and creator of The Catholic Feminist podcast, believes it is: "I'm a feminist for the same reason I'm bold and honest and sometimes racy: because Jesus was all of those things." In Girl, Arise!, Swinarski reconciles the two identities by demonstrating the strength and abilities women have to share with the Body of Christ, the importance of women throughout the history of the faith, and how the love you experience through Christ and the Church can change you and the world around you. In Girl, Arise!:A Catholic Feminist's Invitation to Live Boldly, Love Your Faith, and Change the World Swinarski points out that while both "feminism" and "Catholicism" can mean different things to different people, both feminists and Catholics desire to make the world a better, fairer place. And she shows that by treating women with dignity equal to that of men—by calling them his friends and teaching them—Jesus acted as a feminist as well. With humor and sass, Swinarski addresses her frustration with the traditional concerns churches ascribe to women, as shown by the many talks directed at women focused on marriage and modesty rather than social justice. But she pinpoints the areas where modern feminism goes too far, arguing against abortion and exploring what it means to serve others rather than focus on our own needs first. Swinarski also tells the stories of holy women—including Vashti in the book of Esther, Sts. Thérèse of Lisieux and Joan of Arc, Mary Magdalene, and the Blessed Virgin Mary—to show how their faith influenced their actions, even when those actions went against traditional norms and roles of women. You will be empowered to embrace your God-given abilities as you follow the women who have gone before you in faith who—by announcing Christ to his disciples, believing in God's promises, and being faithful in hardship—changed the world.

Courageous Virtue

A Step-by-Step Guide to Self-Discovery and Whole Self Transformation

Discovering the Strength and Mission of Masculinity/Discovering the Beauty and Mystery of Femininity

Captivating

Unveiling the Mystery of a Woman's Soul

An Invitation to Conversion, Healing, and Freedom through Jesus

20 Lessons of Self-discovery to Help You Get the Love You Want

*How well do you know Jesus? Like, REALLY know him? Catholic author and speaker Katie Prejean McGrady shares sometimes embarrassing, often humorous, and always inspiring stories about how she came to know and love Jesus and how you can, too, through prayer, scripture, sacraments, and service. In the summer of 2016, Katie Prejean McGrady walked off the stage feeling great about a forty-five-minute talk she had just given, when a young man from the audience stopped her for advice. His questions caught her completely off guard. “Who is Jesus?” “How can I get to know him?” Prejean McGrady—who speaks to tens of thousands of Catholic teens and young adults a year about her passion for Jesus—couldn’t give the guy a straightforward answer. And it bugged her. Bigtime. In Follow, she uses engaging, sometimes awkward, and frequently funny stories from her own life to show you four simple and practical steps to get to know Jesus and have life-changing friendship with him: Prayer (lift your heart)—She helps you understand that prayer is just talking to God and gives you the tools to start. Scripture (open your ears)—Prejean McGrady introduces you to an easier way to start reading the Bible. Sacraments (receive God’s grace)—She encourages you to see the sacraments as spiritual fuel for your relationship with Jesus. Service (share the gift)—She will nudge you beyond your comfort zone in the Church’s common mission to be the hands and feet of Christ in the world. Prejean McGrady will help you open your heart and mind to meeting Jesus in a personal way and challenge you to see him for who he really is.*

*Ten years of eye-opening experiences on the Christian dating scene equipped Amy Bonaccorso to offer hard-hitting advice that will help you get real, get practical, and get married. As a happily married woman, she knows what works (internet dating), what doesn't (living a nun-like existence), and gives you the confidence to date strategically with an eye toward marriage. Forget about Prince Charming--he doesn't exist--but plenty of good men are waiting for a woman like you to throw away the checklist of idealized mate material and settle down with a real man.*

*Emily Wilson Hussem and her bestselling book Go Bravely have helped tens of thousands of young Catholic women who've struggled with issues such as insecurity, friendship, body image, sex, and relationships. In response to popular demand, Wilson Hussem has created a beautifully designed companion journal to help guide you through each chapter of the book to help you embrace your role a joyful daughter of God. The Go Bravely Companion Journal is beautifully designed and filled with stirring reflections, inspirational quotes, prayer activities, action items, and plenty of room to take notes. Through her gentle and whole-heart approach, Wilson Hussem grasps your hand in the spirit of friendship and invites you to dig deep into your heart. With vulnerability, encouragement, and compassion, she will help you approach friendships and relationships with authenticity and confidence, forgive past hurts and focus on new beginnings, keep calm and be steadfast in moments of anxiety and insecurity, love your body and ignore the haters, and discover the beauty of choosing chastity. Wilson Hussem encourages you to step out in faith to illuminate the world with the witness of your life.*

*Chronicles the sexual discrimination class action lawsuit that women journalists brought against their employer, Newsweek, in 1970.*

*Brave Enough*

*Your Lifelong Adventure with Jesus*

*The Power of Prayer, Scripture, and Interactive Journaling*

*Party of One*

*Dare to Lead*

*Walking Day by Day with Our Lady*

*The Woman God Created You to Be*

*Smart, strong, independent—single women can live a fabulous life. Husband not required. Mandy Hale, also known by her many blog readers and Twitter fans as The Single Woman™, shares her stories, advice, and enthusiasm for living life as an empowered, confident, God-centered woman who doesn't just resign herself to being single—she enjoys it! Being single has had its stigmas, but Mandy proves it has its advantages too, and she uses wisdom and wit to inspire her fellow single ladies to celebrate and live fully in the life God has given them. Mandy encourages her readers on subjects such as taking chances, building friendships, letting go, and finding a greater purpose. With her help, readers can stop worrying about happily ever after and discover a happy life instead.*

*When Sr. Miriam James Heidland's life as a successful college athlete proved unfulfilling, she went searching for something deeper and ended up falling in love with Jesus. By charting her own journey toward wholeness, Heidland invites young Catholics to pursue their own relationship with Jesus. Although originally full of athletic ambition and goals for a career in sports news, Heidland was transformed in a very slow but deep way during her undergraduate years, moving from party girl to bride of Christ. In Loved as I Am: An Invitation to Conversion, Healing, and Freedom through Jesus, Heidland helps readers learn from her experience of seeking love in the wrong places and instead finding it in Christ. She shares her struggles—learning she was adopted, battling alcoholism, and healing from childhood sexual abuse—as signs of hope that anyone who desires to know Christ can find him and be loved intimately by him in return. By bringing readers into Heidland's healing process, Loved as I Am provides a gentle and subtle template for finding peace and freedom in Jesus.*

*Michele Faehnl and Emily Jaminet are busy wives, mothers, and volunteers. They are also friends, Catholic speakers, and the dedicated coauthors of Divine Mercy for Moms, which continues to inspire women to come together to pray, study, and live in friendship around the Divine Mercy devotion. In the midst of their*

active lives, Faehnle and Jaminet found themselves missing their old friends and searching for new ones. They also realized that they needed to continually work to develop deep, meaningful relationships that would allow them to be themselves, to care for others and be cared for, and to deepen their Catholic faith. In *The Friendship Project*, Faehnle and Jaminet explore the cardinal and theological virtues with an eye toward friendship. Focusing on faith, hope, love, prudence, gratitude, loyalty, generosity, and prayerfulness, they help us answer questions such as, “What does it mean to be women of hope, and how does that change our lives and make us more compassionate friends during difficult times?” and “How does prayerfulness teach us how to listen to and talk with both God and our friends, which helps us reach out to those we love?” Faehnle and Jaminet answer these questions and more by employing Church teaching and telling us stories of their own friendships and those from the lives of saints and biblical women—including the Blessed Virgin Mary and St. Elizabeth, St. Thérèse of Lisieux and her sister Servant of God Léonie, and Sts. Perpetua and Felicity. Not only will you be drawn closer to friends both new and old but you’ll also be reminded how these friendships—and the virtues you practice to nurture them—draw you closer to God. Prayers, discussion questions, and a study guide make this a perfect resource for women’s groups

Go BravelyBecoming the Woman You Were Created to Be  
Pure Womanhood

Start Today Living Boldly and Without Fear

Becoming 'You' for Women

Finding Success Through Faith Spiritually, Personally, and Professionally

YOUCAT for Kids

Cause of Our Joy

Secular Edition

**Amid all the noise in the world, how is a girl supposed to hear the quiet voice of God speaking to her heart? The Plans God Has for You: Hopeful Lessons for Young Women will remind women that God is the key to happiness and understanding one’s place and purpose in the world. The beloved, hope-filled Scripture will help young women: hear God amid the noise of the world, discern God’s will for their life, trust God to help them find true happiness, discover the importance of prayer, and see how Christ can help them achieve true friendships, find true love, and have good family relationships and a fulfilling career. This book will inspire you to trust God’s plan for your life and encourage you to live hopefully by using Jeremiah 29:11 as a means to discuss timely topics, while drawing upon Scripture, the Catechism and the saints, as well as pop-culture and real-life examples—and even Jane Austen!**

**What keeps women from being their best? Joyce has been helping women better themselves by helping identify emotional barriers and physical, mental, and spiritual obstacles in their lives for years. Now she provides another answer-confidence. Our society has an insecurity epidemic, women in particular.**

**Compensating by pretending to be secure-a common response-only leads to feelings of shame. Lack of self-confidence causes great difficulty in relationships of all kinds, and in marriage instances can even lead to divorce. In THE CONFIDENT WOMAN, Joyce explores the seven characteristics of a woman with confidence, which include a woman who knows she is loved, who refuses to live in fear, and who does not live by comparisons. Joyce explains that confidence stems from being positive in your actions and living honestly, but most importantly from having faith, in God and in ourselves.**

**These meditations on Mary are filled with wisdom and hope. On ordinary days, on Marian holy days, and in times of spiritual and moral challenges, they offer the strength and the consolation that come from a relationship with the Mother of Jesus. Mother Mary Francis, P.C.C., a contemplative Poor Clare nun and an acclaimed spiritual writer, wrote with an intimate familiarity of the Mother of God. To her Mary was real, lovable, and accessible, and her words help the reader to discover that walking with Our Lady day by day is the cause of our unending joy. The book includes reflections for the feasts and solemnities of Mary throughout the year. It incorporates the most cherished Marian prayers of the Church, such as the Rosary, the Litany of Loreto, and the Magnificat. Also included are some of the author’s poems and a moving tribute to her life and Marian devotion in the form of a foreword written by her Poor Clare spiritual daughters. What would the world look like if women were confident, empowered, and fulfilled? Why do so many women get lost in endless overwhelm, imperfect relationships, and draining jobs? How can women overcome all of these obstacles to become the best version of themselves—the person they were meant to be? In *Becoming ‘You’ for Women*, Wendy Turner-Larsen answers these questions and more. This book is the must-have kit—complete with revolutionary concepts, in-depth explanations, interactive exercises, and supplementary resources—for women who are ready to take the leap to become who they really are. *Becoming ‘You’ for Women* is the last self-help book you’ll ever need. Turner-Larsen draws on her thirty years of mental health, counselling, and coaching experience to show women how to un become the person they think they should be and thereby become their true, whole, empowered selves. This book will show you how to identify the beliefs that are getting in your way, how to let go of these beliefs, how to engage with your emotions and spirituality, and how to improve brain health so you can become you—the person you truly are and want to be. By equipping yourself with this knowledge, you will gain the courage, know-how, and develop the self-compassion you need to take full responsibility of your life and make those long-overdue changes. Like all journeys, this one begins with a single step: choosing to embark on this adventure to become you. And, as Turner-Larsen will convince you, you are enough.**

**My Badass Book of Saints**

**Follow**

**A Dating Guide for Catholic Women**

**I’m Not Broken**

**Loved as I Am**

**Testament of Youth**

**Twelve Ways to Claim Jesus' Promises in Your Life**

*What Wild at Heart did for men, Captivating is doing for women. Setting their hearts free. This groundbreaking book shows readers the glorious design of women before the fall, describes how the feminine heart can be restored, and casts a vision for the power, freedom, and beauty of a woman released to be all she was meant to be.*

*Mandy Hale, the creator of The Single Woman, the social media movement that rewrote the rulebook about singleness, challenges every woman to see that she is sufficient, acceptable, and complete. After years of trying to prove she was enough in the world’s eyes, even working alongside Oprah and hitting the New York Times bestseller list, Mandy hit rock bottom. But as it turned out, that very rock bottom became the most firm foundation she had ever planted her feet on. A foundation so solid, it finally provided the springboard she needed to outrun the taunting shadow of unworthiness that she’d tried to escape her whole life. Now she wants readers to see that though life may not always be lighthearted and happy and shiny, each woman is deserving of the life she dreams of and hopes for. Nothing readers do can ever take away from their worthiness or enough-ness in God’s eyes. This book is for any woman who wants to overcome heartbreak, claim her healing and step into wholeness!*

*In Freedom, you will meet 12 people who, through the Theology of the Body have encountered Jesus Christ in the flesh, who offered the truth that set them free. Through their new-found freedom, these people have come to rediscover the meaning of their very existence. Many have had dramatic, life-altering experiences; others had buried truths, innate in all of us, awaken within them. All of them have discovered for themselves that the Theology of the Body answers the two most fundamental questions: 1) What does it mean to be human? 2) How do I live my life in a way that brings true happiness and fulfillment?*

*Are you tired of the comparison game and trying to keep up? Are you worried that people will discover the real you and be disappointed? Sadie Robertson, New York Times bestselling author, has an important message for her generation: you don’t have to be held back by fear, anxiety, or loneliness anymore. In Live Fearless, Sadie takes you on a liberating journey out of fear and into freedom and a life of passion and purpose! No matter who you are, where you come from, or what your fears are, freedom is available to you in Jesus. The Bible is full of encouraging verses and stories to equip and inspire you in your daily battle against your fears. Sadie invites teens and young adults to set aside fear, anxiety, and comparison so they can become the joy-filled person God created them to be believe they are seen and known recognize and resolve FEAR—False Evidence Appearing Real be an agent of change by choosing compassion, connection, and acceptance Inside Live Fearless you’ll find interactive opportunities as Sadie asks you questions, presents challenges, delivers encouragement, and invites you to pray fun lists and practical ways to make changes, such as “7 Steps to Exhale Your Ugly” inspirational thoughts on how living fearlessly can change everything Live Fearless is the perfect gift for young Christian women on birthdays, for graduation, or as a “just because” gift to encourage self-care and confidence. It’s time to fight your fears and live fearless. Sadie is a wholesome and trusted role model and enthusiastic voice for her generation, reaching millions of teens, young adults, and parents through her books, social platforms, and hit podcast, WHOA That’s Good. Look for additional inspirational, bestselling books from Sadie: Live Fearless Live on Purpose Who Are You Following? Who Are You Following? Guided Journal*

*The Go Bravely Companion Journal*

*Saints at Heart*

*The Single Woman: Life, Love, and a Dash of Sass*

*A Call to Power, Passion, and Purpose*

*The Confident Woman*

*How to Get to “I Do”*

*Getting Over Our Fears, Flaws, and Failures to Live Bold and Free*

**An autobiographical account of a young nurse’s involvement in World War I**

**Do you feel as if you are running on empty? Have you fallen asleep to the glory of God and his love being revealed to you each day? Bestselling and award-winning author and popular YouTuber Emily Wilson Hussem has been there too. She invites you on a year-long transformational journey of practicing gratitude, becoming more closely aware of God’s presence in your every day and serving others in his name. These fifty-two reflections will help you cultivate a deeper prayer life, find freedom from the frenzy of tasks and the noise of the culture, and discover the lasting joy that can only blossom in a heart awakened to the beauty of God’s quiet, loving presence. Awaken My Heart is an invitation to become aware of the presence of God in your life. Emily Wilson Hussem provides a roadmap for replacing busyness and distraction with intentional moments of noticing God’s abiding love and practicing gratitude for his many gifts—big and little blessings such as a visit from a friend, a call from your sister, the laughter of your children, a setting sun, or crumbs on the floor. These fleeting moments and everyday happenings can seem insignificant, but when you behold them with intention and thank God for making them possible, you’ll find yourself in regular conversation with Jesus, the lifeblood of your deep connection with God. This fifty-two-week devotional blends spiritual insights, authentic vulnerability, and wise guidance for women of every age who want to have a heart fully awakened to God’s presence and the beautiful bouquet of blessings he’s put in your life. The reflection for each week includes a specific focus for the upcoming seven days. With stories, challenges, and insights into scripture, each reflection is designed to draw you deeper into awareness of Christ’s love and the love he is calling you to share with the world. Wilson Hussem also offers practical ways to choose to love—visiting the elderly, calling your mom, or pausing to pray for a special intention—that are simple enough for even the busiest lifestyle. How and when you use the devotional is completely flexible: You can start on any day of the week and return to it as often as you need to. Each week’s focus is designed to draw you deeper into the heart of God by learning to love Jesus, others, and yourself more fully.**

**#1 NEW YORK TIMES BESTSELLER • Brené Brown has taught us what it means to dare greatly, rise strong, and brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she’s showing us how to put those ideas into practice so we can step up and lead. Don’t miss the five-part HBO Max docuseries Brené Brown: Atlas of the Heart! NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BLOOMBERG Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don’t pretend to have the right answers; we stay curious and ask the right questions. We don’t see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don’t avoid difficult conversations and situations; we lean into vulnerability when it’s necessary to do good work. But daring leadership in a culture defined by scarcity, fear, and uncertainty requires skill-building around traits that are deeply and uniquely human. The irony is that we’re choosing not to invest in developing the hearts and minds of leaders at the exact same time as we’re scrambling to figure out what we have to offer that machines and AI can’t do better and faster. What can we do better? Empathy, connection, and courage, to start. Four-time #1 New York Times bestselling author Brené Brown has spent the past two decades studying the emotions and experiences that give meaning to our lives, and the past seven years working with transformative leaders and teams spanning the globe. She found that leaders in organizations ranging from small entrepreneurial startups and family-owned businesses to nonprofits, civic organizations, and Fortune 500 companies all ask the same question: How do you cultivate braver, more daring leaders, and how do you embed the value of courage in your culture? In this new book, Brown uses research, stories, and examples to answer these questions in the no-BS style that millions of readers have come to expect and love. Brown writes, “One of the most important findings of my career is that daring leadership is a collection of four skill sets that are 100 percent teachable, observable, and measurable. It’s learning and unlearning that requires brave work, tough conversations, and showing up with your whole heart. Easy? No. Because choosing courage over comfort is not always our default. Worth it? Always. We want to be brave with our lives and our work. It’s why we’re here.” Whether you’ve read *Daring Greatly* and *Rising Strong* or you’re new to Brené Brown’s work, this book is for anyone who wants to step up and into brave leadership.**

**“Leah Darrow uses her experience in the beauty industry to help the women of our culture see what true beauty looks like.” —Jennifer Fulwiler, host of The Jennifer Fulwiler Show and author of Something Other than God Do you feel like you’re never good enough? Like you should be living a more Instagram-worthy life? Are you exhausted by the impossible quest for physical beauty but still yearn for the validation of being chosen, valued, and deemed beautiful? Drawing on her experience on America’s Next Top Model and her work as a fashion model, Leah Darrow exposes the lies we are told about our worth being tied to our appearance and instead invites us to look again at the real meaning of beauty. She shows how we can reclaim true and lasting beauty—the kind that doesn’t depend on self-doubt, exploitation, or comparison—when we reflect God’s glory and embrace our value as he made us to be: strong, brave, and free. Only when we learn to see ourselves as God does can we leave behind our culture’s definitions and demands and find joy in The Other Side of Beauty.**

**Brave Work. Tough Conversations. Whole Hearts.**

**Embracing God’s Vision for Love and True Worth**

**Most Scandalous Woman**

**The Other Side of Beauty**

**How the Women of Newsweek Sued Their Bosses and Changed the Workplace**

**A 90-Day Guide to Living the Proverbs 31 Life**

**“One is not born a woman, but becomes one”, Simone de Beauvoir A symbol of liberated womanhood, Simone de Beauvoir’s unconventional relationships inspired and scandalised her generation. A philosopher, writer, and feminist icon, she won prestigious literary prizes and transformed the way we think about gender with *The Second Sex*. But despite her successes, she wondered if she had sold herself short. Her liaison with Jean-Paul Sartre has been billed as one of the most legendary love affairs of the twentieth century. But for Beauvoir it came at a cost: for decades she was dismissed as an unoriginal thinker who ‘applied’ Sartre’s ideas. In recent years new material has come to light revealing the ingenuity of Beauvoir’s own philosophy and the importance of other lovers in her life. This ground-breaking biography draws on never-before-published diaries and letters to tell the fascinating story of how Simone de Beauvoir became herself.**

**An exciting and fun new way to help children and parents to discover their Catholic faith together, and a great help for teachers in the classroom. In child-friendly language, accompanied by talking points for parents and teachers, YOUCAT for Kids explores: \* Creation \* The Creed \* The Sacraments \* The Ten Commandments \* Prayer \* The Life of Jesus All the much-loved characteristics of the bestselling YOUCAT series - including fun graphics, quotes from Saints, and thought-provoking images - have been adapted to suit a younger audience. Designed in consultation with parents and families, YOUCAT for Kids is an essential addition to every family bookshelf and Catholic school classroom.**

**As a young Christian woman, do you struggle with insecurities and feel bogged down by the pressures and expectations of society? Do you find it challenging to take care of yourself and be a faithful daughter of God?Emily Wilson Hussem used to feel the same way. In Go Bravely, the Catholic musician and speaker offers twenty bits of advice that will equip you to tackle your deepest concerns about relationships, self-esteem, and dating while strengthening your faith at the same time.**

**Results from world-renowned relationship expert John Gottman’s famous Love Lab have proven an incredible truth: Men make or break relationships. Based on 40 years of research, The Man’s Guide to Women unlocks the mystery of how to attract, satisfy, and succeed with a woman for a lifetime. For the first time ever, there is a science-based answer to the age-old question: What do women really want in a man? Dr. Gottman, author of the New York Times bestseller *The Seven Principles for Making Marriage Work*, and his wife and collaborator, clinical psychologist Julie Schwartz Gottman, PhD, have pored over the research along with bestselling coauthors Douglas Abrams and Rachel Carlton Abrams, MD. Together, they have written this definitive guide for men, providing answers on everything from how to approach a woman and build a connection with her to how to truly satisfy her in bed and know when the relationship is on the right track. The Man’s Guide to Women is a must-have playbook for how to play—and win—the game of love.**

**The Catholic Woman's Guide to Making and Keeping Fabulous, Faith-Filled Friends**

***The Friendship Project***  
***I Choose the Sky***  
***Live Fearless***  
***Awaken My Heart***  
***Scientifically Proven Secrets from the Love Lab About What Women Really Want***  
***Magda Portal and the Dream of Revolution in Peru***

"You're no saint!" is a familiar phrase, and one that nearly all of us probably believe accurately reflects our own hearts and lives. We assume that sanctity is reserved for an elite group of people who follow spiritual disciplines so difficult and impractical that no ordinary person could ever perform them. But best-selling author Bert Ghezzi believes every one of us can be holy, and he shows us how in *Saints at Heart*. By pointing out that all the saints—even the apostles—were sinners, he helps us understand how holiness is not about being perfect, but rather about making a heartfelt decision to fall in love with God and put God first. Each of the 10 saints featured in this book illustrates a specific spiritual practice that can help us draw closer to God. St. Francis models lifelong conversion; Dorothy Day, prayer and the study of Scripture; and Pope John Paul II, evangelization. Every chapter ends with a section titled "Think, Pray, and Act," which contains questions for reflection and application.

Popular women's Bible study author Stacy Mitch followed the first book of her Courageous series, *Courageous Love*, with a book on the virtues, *Courageous Virtue: A Bible Study on Moral Excellence for Women*. Stacy Mitch's Bible study explores how virtue can help women in their daily walks with the Lord and in everyday life. She focuses on the cardinal virtues (fortitude, temperance, justice, and prudence) and the theological virtues (faith, hope, and love). As with her last book, *Courageous Virtue* is filled with scriptural teaching and the words of the saints, carefully laying a path to the virtues for all readers. Stacy's insightful study questions lead readers to carefully examine their lives in light of the virtues, and the book includes a leader's guide for group Bible studies. About the Series: Intended for individual or group study, our Courageous series examines the teaching of Sacred Scripture on women and the feminine pursuit of holiness for women of all ages and walks of life. Each book includes a leader's guide and study questions to help promote and direct discussion.

The Man's Guide to Women

God's Glorious Girl

Becoming the Woman You Were Created to Be

Becoming Beauvoir

Courageous Women Who Showed Me How to Live

Go Bravely

An Autobiographical Study of the Years 1900-1925