

Goodnight Sleep Tight

Whether it's bedtime or the wee hours of the night, this sweetly illustrated nighttime companion is filled with practical ways to help young insomniacs, ages 5 to 9, with reassuring nighttime routines, creative visualizations, and kid-friendly activities and techniques for addressing bedtime reluctance, managing fears and anxiety, easing nightmares, and inviting pleasant dreaming and positive associations with sleeptime.

The Veggies prepare for bedtime in this sweetly rhyming board book. It's getting late, and the Veggies are getting ready for bed. Laura and her brother race to pick up toys, Bob snuggles in with a good book, Pa Grape brushes his teeth, and Madame Blue sings a lullaby to sleepy peas. Little ones will love seeing Veggie favorites, such as Junior Asparagus and Petunia, perform familiar bedtime routines. With soothing illustrations and lilting rhymes, this book will help children transition from playtime to sweet dreams.

"Heartwarming stories of friendship, fun and going to bed"--Publisher information.

Goodnight, Sleep Tight, Don't Let the Dragons Bite

My First Milestone: Goodnight, Sleep Tight

Good Night, Sleep Tight, Little Bunnies

Good Night, Forest

As bedtime approaches, Kennedy is just not ready for bed. As tired as her mother may be, Kennedy, is quite persistent. Her mother reminds herself, how important it is to cherish the moment. For one day, her little girl will no longer be little.

CAUTION! Reading this book may lead to irreversible consequences: brain development, and random acts of kindness. These stories do possess addictive properties. They are for those who want a peek at the kaleidoscope of human nature.

Provides advice for helping infants sleep, including helping a baby to sleep through the night, weaning a child from a family bed, sleepwalking, nightmares, and teaching children how to get themselves to sleep.

Animals and birds all around the world are falling asleep as the moon and stars shine above.

Gentle Proven Solutions to Help Your Child with Exceptional Needs Sleep Well

Bedtime Tricks (That Really Work!) for Kids

Little Learners Goodnight, Sleep Tight

Peek-A-Boo Bedtime

A goodnight, sleep tight, ready-for-bed, snuggle-up story. After a busy day of fun, the sun is setting, the sky is turning bedtime blue, and the stars are beginning to twinkle and shine, and so it is time for Little Mouse to get ready for bed. Follow Little Mouse through each enchantingly illustrated scene in this gentle, snuggly, calming story book, with a rhyming story written to relax and reassure little ones for a restful night's sleep. Read aloud when your child is snuggled up and tucked into their bed, or, to create an extra-special bedtime memory, the rhyming story can be sung to the tune of 'Twinkle, Twinkle, Little Star' as a peaceful lullaby.

Gilbert is excited about staying overnight at Camp Hi-Dee-Ho, until he hears about the legendary camp ghost.

After an exciting flight, it is time to say goodnight. The tired sun sets overhead. Sleepy aircraft get ready for bed. They slow their propellers and park their wings. Time to snuggle up and tuck in...Goodnight, Sleep Tight. The charming illustrations and sweet rhyming text are sure to be a delight for sleepy aircraft enthusiasts.

"Can you find the animals who need to go to sleep? This lift-the-flap book is perfect for bedtime"--

Goodnight Sleep Tight

Sleep Tight with the Very Hungry Caterpillar

Good Night, Sleep Tight!

Good Night, Sleep Tight!

To be in one's comfort zone is perceived to be conservative, and socially and culturally unadventurous. At the same time the embodied, material experience of 'comfort' is anticipated for satisfying experiences of everyday life. To comfort is to support and strengthen. Bringing together conceptual and empirical research that deploys the lens of comfort to make sense of the textures of everyday life in a variety of geographical contexts, this is the first volume to engage critically with 'comfort' and 'discomfort' as substantive concerns for Human Geography. Comfort and discomfort have come to the fore in a range of works examining the relations between place and emotion, the senses, affect and materiality. This emergence reflects in part, we argue, how questions of comfort intersect humanistic, cultural-political and materialist registers of understanding. Geographers, anthropologists, sociologists and historians have recognized 'comfort' as more than just an emotion through which we understand the world, rather, through its presence, absence and pursuit worlds are actively made and un-made. Advancing this recognition, in this volume we will engage seriously with 'comfort' as both an analytic approach and object of analysis. Geographers have begun to generate rich empirical materials on '(dis)comfort' and '(dis)comforting' experiences but, despite its colloquial prevalence as a term to understand our relationship to space and place, the disciplinary engagement with comfort remains largely under-theorized and in need of consolidation. Human Geography would benefit from a sustained commitment to defining, understanding and developing 'comforting geographies'; this book meets that need. Comfort and discomfort, we argue, provide a lens through which to develop new insights on central geographical themes, including embodied relationships to environments, encounters with difference, the material textures of place, and spaces of health an

Little ones will love this touch-and-feel board book featuring their favorite Disney animals! Discover the magic of Disney's classic characters in this fun touch-and-feel board book. With colorful illustrations and touch-and-feel elements on every page, young ones are sure to be engaged from beginning to end!

Come along as a pair of rhyme-loving siblings take a walk and are inspired to recite their favorite nursery rhymes to the world around them in this sweet and funny read-aloud. Bonnie and Ben are two rambunctious siblings who love to rhyme. One day, on a walk with their friend Skinny Doug, they recite beloved nursery rhymes for each new thing they encounter. When they reach a hill, they recite "Jack and Jill." When they see a sheep, they recount the story of "Little Bo Peep." The nursery rhyme characters join them on their lively walk until, with a last "Twinkle, Twinkle Little Star," the pair arrive home and snuggle into bed.

The go-to guide to getting infants and toddlers to fall and stay asleep, completely revised and updated Kim West, LCSW-C, known to her clients as The Sleep Lady®, has developed an alternative and effective approach to helping children learn to gently put themselves to sleep without letting them "cry it out" -- an option that is not comfortable for many parents. Essential reading for any tired parent, or any expectant parent who wants to avoid the pitfalls of sleeplessness, Good Night, Sleep Tight offers a practical, easy-to-follow remedy that will work for all families in need of nights of peaceful slumber! New material and updates include: New yoga recommendations Updated information for parents of young infants Expanded information on nighttime potty training Ending co-sleeping Sleep training for twins and multiples

Eleven-And-a-half Good Night Stories with Fox and Rabbit

Bedtime Stories and More

How to Fall Asleep and Go Back to Sleep When You Wake Up

Good Night, Library

When Panda, Owl, and Sheep go camping, they find that only one has a comfortable sleeping bag. On board pages,

Bedtime can often be stressful for children and parents alike. Trying to steal a few precious moments for a bedtime story can sometimes seem impossible. Written in verse, this beautiful short and sweet book tells of the magic that can happen after a child closes their eyes. The lyrical rhyme helps to lull little ones off to sleep while awakening their imaginations and sense of wonderment. Setting the perfect tone for drifting off into sweet dreams where your child's next adventure awaits...

A funny large picture book about bedtime rituals!

Button is a little bear. When it comes to bedtime, sometimes he worries about having bad dreams. In this heart-warming story, Daddy knows just what to do to soothe Button's fears and help him get to sleep. This satisfying and engaging story is part of our "My First Milestones" series where animal families are ready to help toddlers on their growing-up path, step by step, and celebrate the milestones along the way! The books cover the important toddler milestones of fussy eating, bedtime anxieties,learning a new skill, going to pre-school, celebrating a birthday, and letting go of a comfort blanket. Each story focuses on a different animal family and is perfect for parents and toddlers to share. The stories are supplemented with practical parental hints and tips.

Good Night Sleep Tight

The Good Night Sleep Tight Workbook for Children Special Needs

Bonnie & Ben Rhyme Again

The Geographies of Comfort

This charming book will engage the very young child and the emergent reader as they discover where young animals sleep.

Send little ones off to a peaceful sleep with inspirational prayers made to inspire sweet dreams and serve as a thoughtful reminder of His love.

It's bedtime, but Ethan isn't tired! Mommy gives him some warm milk, but that doesn't make Ethan sleepy. The two of them watch the fireflies, but that doesn't make Ethan sleepy, either. Mommy tries singing Ethan a lullaby and taking him for a walk, but Ethan is still wide awake. Then, Mommy gets an idea that might be just what Ethan needs to drift off to sleep.

Share Goodnight, Sleep Tight and guess who's getting ready for bed on the next page! Explore your way through the peek-a-boo holes and find a sleepy owl, a cuddly bear and more. Goodnight, Sleep Tight is the ideal playbook for small hands with sturdy shaped edges and peek-a-boo holes on every page. Everyone loves the peek-a-boo game so come and join us today!
* Come have a peek-a-boo adventure!
* Play peek-a-boo with the animal friends as they curl up and say goodnight. Peek-a-boo holes are the perfect size for your little one to help turn the page.
* Character cut-outs at the top also help little hands grab and turn pages
* Thick sturdy board pages for your baby or toddler to read over and over again
* Take-along handle for little hands to carry wherever they go

A Book about Bedtime

Sweet Dreams Sleep Tight Big Kisses Goodnight

Good Night, Sleep Tight, Don't Let the Bedbugs Bite!

Gentle Proven Solutions to Help Your Child Sleep Without Leaving Them to Cry it Out

Bonnie and Ben go on a wonderful bedtime adventure before it's time to say: good night, sleep tight!

Grover and Elmo teach toddlers and their parents all about getting a good night's sleep. In the guise of the Sleepytime Monster, Grover appears in Elmo's dream, and the two then "visit" all over Sesame Street, hoping to sprinkle Sleepy Dust to help their friends fall asleep. But, alas, no one is ready for bed! Meanwhile, Grover dispenses Sleep Facts and Tips, gently telling readers why it's important to get enough sleep and how to make bedtime easy and pleasant. And since bedtime is such an important and often difficult time for parents and children, this book will help! Funny illustrations and text make learning about how to be healthy both easy and fun.

Even the forest has to sleep! This sweet walk through the forest says good night to flora and fauna alike, from the quiet bunny to the howling coyote. With silly, colorful illustrations and soft rhyme that is sure to lull littles ones off to sleep, this will be a favorite bedtime pick.

Good night!

Disney Classic: Good Night, Sleep Tight!

Splat the Cat

Goodnight, sleep tight!

Splat is excited about camping out until his mother surprises him with the news that Spike and Plank will be there, too! Animal parents encourage their children to prepare to be tucked into bed in different ways.

Good Night, Sleep Tight! Tiger Tales

A girl's stuffed animals, Frog, Lion, and Cat, and her doll, Mary Ann, each take her on a different bedtime adventure.

Good Night, Sleep Tight, Sweet Dreams

Goodnight Sleep Tight, No More Books Tonight

Goodnight, Sleep Tight

Good Night and Sleep Tight

Even the library has to sleep! This calming bedtime story says good night to the library and all the fun it holds—from books and story time to computers and comics. A charming ode to everyone's favorite community space and a perfect good night for budding book lovers.

With its easy-to-use and clear step-by-step format, the Good Night, Sleep Tight Workbook will help tired parents create and follow an effective sleep plan to achieve sleep success for their kids with special needs—toddlers to tweens. With its easy-to-use and clear step-by-step format, the Good Night, Sleep Tight Workbook will help tired parents create and follow an effective sleep plan to achieve sleep success for their kids with special needs—toddlers to tweens.

Tired and exasperated with his three royal children who Just...Won't...Sleep, the king loses his temper and resorts to drastic measures: calling out the DRAGONS that live beneath his tower to deal with his children. Not believing that their sometimes-grumpy-but-overall-quite-nice-and-lovable King Dad would ever do such a thing, the children carry on with their antics, until they hear the dragons climbing the stairs to their room. Terrified, they hide under their blanket, clinging desperately to each other -- until they are surprised not by ferocious beasts, but by three cute, VERY warm, cuddly dragons: their rhythmic breathing lulling the children into a deep sleep.

The Sleep Lady's Good Night, Sleep Tight

Good Night, Tucked in Tight (All About Sleep) (Sesame Street)

The Sleep Lady's Gentle Guide to Helping Your Child Go to Sleep, Stay Asleep, and Wake Up Happy

How to Sleep Tight through the Night