

*Gratitude Journal for Kids: Grateful kids are happy kids! Expressing gratitude increases happiness, improves self-esteem, and lowers levels of stress--and this easy-to-use gratitude journal for kids helps children tap into that extraordinary power for the first time. Through writing and drawing, kids will learn to give daily thanks for the good in their lives. Every ten days they'll respond to more in-depth prompts that ask them to think about gratitude on a broader scale. Best of all, they'll develop a healthy habit for the rest of their lives. My First Gratitude Journal features: * Easy to use pages. Simple daily prompts make the journal easy to use and thought-provoking at the same time. * Writing and drawing. Each daily page is split into halves--the top half for writing and the bottom half for drawing. Kids can be as creative as they want to make the journal their own. * The benefits of gratitude. Slowing down to appreciate the good in their lives teaches kids how to be both mindful and grateful. * A charming keepsake. Parents and children will enjoy reading this journal years down the road to see what the children were grateful for earlier in their lives.*

Join Little Critter® as he learns why it's important to be thankful for what he has—not to be upset about what he doesn't. Since 1975, Mercer Mayer has been writing and illustrating stories about Little Critter® and the antics he stumbles into while growing up. Tommy Nelson is thrilled to bring this beloved brand to the Christian market with the Inspired Kids line of faith-based books featuring Little Critter. In *Being Thankful, Little Critter* isn't getting anything he wants. Gator gets cool brand-new sneakers, while Little Critter is stuck with his boring blue ones. Tiger's dad has a boat—but not Little Critter's dad. And even at the ice cream shop, Little Critter can't enjoy his chocolate ice cream cone because he would rather have a huge ice cream sundae instead. But on a trip to the farm, Grandma shows Little Critter why thankfulness is so important and helps make any situation seem so much happier. Based on Psalm 107:1, this book will show children what gratitude is and why we should be thankful for all of the blessings God has given us. Features & Benefits: Little Critter® brand has humorously portrayed issues kids face for almost 40 years Faith-inspired message shows kids how to be thankful for the things they have More than 150 million Little Critter books sold

Good days Start With Gratitude. This is a guide to cultivate an attitude of gratitude help to inspire your child to be grateful, show appreciation and practice mindfulness, perfect for teaching thankfulness and gratitude.This gratitude workbook features: .90 pages for tracking daily gratitude Journal its has area to write " Today I am grateful for..My level of Happiness.and Some amazing thing that happened today..Small size: 7 x 10 inches, perfect for tucking in a purse or bag so it's always handy. .Paperback and Soft-touch Matte cover..Black and White Paper.This book encourages writing about gratitude. Invite a little more gratitude into your kids. Start now and be grateful and stay blessed.

Gratitude is to appreciate the good things in our day to day life and feeling thankful.Begin a practice of daily journaling with this gratitude journal. This book offers a simple, yet powerful method to improve your focus and build happiness on a daily basis.By investing just a few minutes in a day, you will be taking small steps to integrate gratitude, focus and happiness towards a fantastic life. Practicing such mindfulness has been shown to reduce stress, improve attention, show empathy, feel compassion and be joyful.

Rattitude Journal for Kids,Kids Gratitude Journal,Gratitude Book for Children,Gratitude Journal with Prompts and Blank Pages for Doodling,drawing Or Coloring

Funny Monster: Kids Gratitude Journal, Gratitude Notebook for Boys: with Daily Prompts for Daily Writing and Blank Pages for Doodles, Practices for Happiness and Mindfulness. Size 7 X 10 . (Diary Happiness Notebook for Children Boys Girls) (!).

Gratitude Journal for Boys in Galaxy

100 Days of Cultivating Deep Roots of Gratitude through Guided Journaling, Prayer, and Scripture

A Gratitude Journal Notebook and Planner with Prompts to Teach Teenage Boys to Practice Gratitude and Mindfulness - Daily Happiness Prompts for ... Teens Activities Education and Learning Fun Unique Gift for Boys

A Journal to Cultivate an Attitude of Gratitude, a Positive Mindset, and Mindfulness

Journal for Kids to Practice Gratitude and Mindfulness

When kids write good things down, their happiness goes up Here's the secret: if kids know how to keep happy things in mind, they'll be happier people. This gratitude journal for kids is a space for them to write those things down and practice being positive and appreciative. Even tiny acts of gratitude can totally change the way kids think and feel. Let them learn what these acts look like, with a gratitude journal for kids that includes daily writing space and funny illustrated characters on every page that will make them want to keep on writing. Today is Great! is a daily gratitude journal for kids that offers: A fresh start--There's a new blank entry every day, so kids always have a chance to write down something positive. Are you up to the challenge?--This gratitude journal for kids includes built-in challenges, like writing a thank-you note to someone who helped them. Questions and quotes--Kids will answer writing questions like "What's a special talent you have?" and read quotes about gratitude from famous figures. The path to more gratitude and happier feelings can start with this gratitude journal for kids.

A Journal to Teach Kids to Practice the Attitude of Gratitude and Mindfulness in a Creative and Fun Way (Gratitude Journal for Boys and Girls)

Get Started Today Developing Your Attitude for Gratitude

Today Is Great!

Grace of Gratitude Journal

A Gratitude Journal for Kids

Be Grateful - Gratitude Journal for Boys

More Than Gratitude