

Read Book Hand And Upper Extremity  
Rehabilitation A Quick Reference Guide And  
Review 3rd Edition Purple Book Published 2013

# **Hand And Upper Extremity Rehabilitation A Quick Reference Guide And Review 3rd Edition Purple Book Published 2013**

This open access book focuses on practical clinical problems that are frequently encountered in stroke rehabilitation. Consequences of diseases, e.g. impairments and activity limitations, are addressed in rehabilitation with the overall goal to reduce disability and promote participation. Based on the available best external evidence, clinical pathways are described for stroke rehabilitation bridging the gap between clinical evidence and clinical decision-making. The clinical pathways answer the questions which rehabilitation treatment options are beneficial to overcome specific impairment constellations and activity limitations and are well acceptable to stroke survivors, as well as when and in which settings to provide rehabilitation over the course of recovery post stroke. Each chapter starts with a description of the clinical problem encountered. This is followed by a systematic, but concise review of the evidence (RCTs, systematic reviews and meta-analyses) that is relevant for clinical decision-making, and comments on assessment, therapy (training, technology, medication), and the use of technical aids as appropriate. Based on these summaries, clinical algorithms / pathways are provided and the main clinical-decision situations are portrayed. The book is invaluable for all neurorehabilitation team members, clinicians, nurses, and therapists in neurology, physical medicine and rehabilitation, and related fields. It is a World Federation for NeuroRehabilitation

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(WFNR) educational initiative, bridging the gap between the rapidly expanding clinical research in stroke rehabilitation and clinical practice across societies and continents. It can be used for both clinical decision-making for individuals and as well as clinical background knowledge for stroke rehabilitation service development initiatives.

This practical book presents the latest and most effective occupational therapy methods and theories designed for treating patients with decreased hand function. The growing incidence of hand injuries in recent years has challenged occupational therapists to develop innovations in hand care. Now, with this authoritative resource, you can greatly enhance your practice skills and ability to plan effective treatment programs. The contributors provide clear examinations of such topics as wound and scar tissue management, the treatment of Colles fracture, and pre- and post-operative approaches to therapy, among many other pertinent areas.

"Long recognized as an essential reference for therapists and surgeons treating the hand and the upper extremity, Rehabilitation of the Hand and Upper Extremity helps you return your patients to optimal function of the hand, wrist, elbow, arm, and shoulder. Leading hand surgeons and hand therapists detail the pathophysiology, diagnosis, and management of virtually any disorder you're likely to see, with a focus on evidence-based and efficient patient care.

Extensively referenced and abundantly illustrated, the 7th Edition of this reference is a "must read" for surgeons interested in the upper extremity, hand therapists from physical therapy or occupational therapy backgrounds, anyone preparing for the CHT examination, and all hand therapy clinics"--

Prepared by preeminent hand surgeons and a master medical illustrator, this text/atlas is the most comprehensive

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reference on surgical anatomy of the hand and upper extremity. It features 500 full-color photographs of fresh cadaver dissections and 1,000 meticulous drawings that offer a realistic, detailed view of the complex anatomy encountered during surgical procedures. The text is thorough and replete with clinical applications. A Systems Anatomy section covers the skeleton, muscles, nerves, and vasculature. A Regional Anatomy section demonstrates anatomic landmarks and relationships, surgical approaches, clinical correlations, and anatomic variations in each region. An Appendix explains anatomic signs, syndromes, tests, and eponyms.

Splinting Principles and Process

A Practical Guide

Evidence-based Rehabilitation

Rehabilitation of the Hand

Clinical Pathways in Stroke Rehabilitation

MRI of the Upper Extremity is a complete guide to MR evaluation of shoulder, elbow, wrist, hand, and finger disorders. This highly illustrated text/atlas presents a practical approach to MRI interpretation, emphasizing the clinical correlations of imaging findings. More than 1,100 MRI scans show normal anatomy and pathologic findings, and a full-color cadaveric atlas familiarizes readers with anatomic structures seen on MR images. Coverage of each joint begins with a review of MRI anatomy with cadaveric correlation and proceeds to technical MR imaging considerations and clinical assessment. Subsequent chapters thoroughly describe and illustrate MRI findings for specific disorders, including rotator cuff disease, nerve entrapment syndromes, osteochondral bodies, and triangular

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fibrocartilage disorders.

This practical resource blends the technical and clinical skills and knowledge of hand surgery and hand therapy for the treatment of common medical conditions affecting the upper extremity. The book covers conservative management, surgical procedures, and post operative management for these conditions, along with their purpose and rationale. Complications associated with procedures are also addressed. The new edition covers not only the hand, but also features expanded coverage of the wrist, elbow, and shoulder. - Provided by publisher.

Blending the latest technical and clinical skills of hand surgery and hand therapy, *Hand and Upper Extremity Rehabilitation: A Practical Guide, 4th Edition* walks you through the treatment of common medical conditions affecting the upper extremities and highlights non-surgical and surgical procedures for these conditions. This expanded fourth edition presents the latest research in hand and upper extremity rehabilitation and provides the purpose and rationale for treatment options. Long recognized as an essential reference for therapists and surgeons treating the hand and the upper extremity, *Rehabilitation of the Hand and Upper Extremity* helps you return your patients to optimal function of the hand, wrist, elbow, arm, and shoulder. Leading hand surgeons and hand therapists detail the pathophysiology, diagnosis, and management of virtually any disorder you're likely to see, with a focus on evidence-based and

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efficient patient care. Extensively referenced and abundantly illustrated, the 7th Edition of this reference is a "must read" for surgeons interested in the upper extremity, hand therapists from physical therapy or occupational therapy backgrounds, anyone preparing for the CHT examination, and all hand therapy clinics. Offers comprehensive coverage of all aspects of hand and upper extremity disorders, forming a complete picture for all members of the hand team—surgeons and therapists alike. Provides multidisciplinary, global guidance from a Who's Who list of hand surgery and hand therapy editors and contributors. Includes many features new to this edition: considerations for pediatric therapy; a surgical management focus on the most commonly used techniques; new timing of therapeutic interventions relative to healing characteristics; and in print references wherever possible. Features more than a dozen new chapters covering Platelet-Rich Protein Injections, Restoration of Function After Adult Brachial Plexus Injury, Acute Management of Upper Extremity Amputation, Medical Management for Pain, Proprioception in Hand Rehabilitation, Graded Motor Imagery, and more. Provides access to an extensive video library that covers common nerve injuries, hand and upper extremity transplantation, surgical and therapy management, and much more. Helps you keep up with the latest advances in arthroscopy, imaging, vascular disorders, tendon transfers, fingertip injuries, mobilization techniques, traumatic brachial plexus

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injuries, and pain management—all clearly depicted with full-color illustrations and photographs.

Rehabilitation of the Hand and Upper Extremity,  
2-Volume Set E-Book

Upper Extremity and Hand Therapy Exercises for Adult  
and Pediatric Patients

Hand Rehabilitation

Diagnosis and Treatment Manual for Physicians &  
Therapists

Functional Performance in Older Adults

With the combined expertise of leading hand surgeons and therapists, *Rehabilitation of the Hand and Upper Extremity*, 6th Edition, by Drs. Skirven, Osterman, Fedorczyk and Amadio, helps you apply the best practices in the rehabilitation of hand, wrist, elbow, arm and shoulder problems, so you can help your patients achieve the highest level of function possible. This popular, unparalleled text has been updated with 30 new chapters that include the latest information on arthroscopy, imaging, vascular disorders, tendon transfers, fingertip injuries, mobilization techniques, traumatic brachial plexus injuries, and pain management. An expanded editorial team and an even more geographically diverse set of contributors provide you with a fresh, authoritative, and truly global perspective while new full-color images and photos provide unmatched visual guidance.

Access the complete contents online at

[www.expertconsult.com](http://www.expertconsult.com) along with streaming video of surgical and rehabilitation techniques, downloadable patient handouts, links to Pub Med, and more. The 6th Edition of this classic text combines the expertise of hand surgeons and hand therapists to detail the pathophysiology, diagnosis, and management of hand and upper extremity disorders. This

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comprehensive resource covers the entire upper extremity, with increased coverage of wrist, elbow and shoulder problems.

"With a convenient outline format, this reference is ideal for use at the point of care. It covers common medical conditions of the hand, discussing both surgical and nonsurgical therapy options. Rehabilitation for both types of treatment is reviewed, and potential postoperative complications are addressed. Reflecting the collaborative nature of current practice, each chapter is written by a hand therapist with surgical content provided by a hand surgeon."--BOOK JACKET.

Therapy for upper extremity medical conditions and surgeries  
Get a quick, expert overview of optimal therapeutic interventions for pediatric patients with musculoskeletal conditions of the hand. This concise resource by Drs. Joshua Abzug, Scott Kozin, and Rebecca Neiduski offers practical recommendations and guidelines along with key background information, for a well-rounded, concise perspective on hand therapy for children. You'll benefit from the knowledge and experience of orthopaedic surgeons and other members of the rehabilitation care team who provide a real-world, multidisciplinary approach to this complex field. Covers a wide range of musculoskeletal conditions, including congenital disorders, joint disorders, neuromuscular disorders, sports-related injuries, trauma, and burns. Includes supporting background information, including an overview of embryology, intrauterine diagnosis, and physical functional development. Discusses complementary clinical approaches, including orthotic intervention and prosthetics. Consolidates today's available information on this timely topic into a single convenient resource.

Surgical Anatomy of the Hand and Upper Extremity  
Orthotic Intervention for the Hand and Upper Extremity  
Impairment-Based Conditions

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The Pediatric Upper Extremity

Hand and Upper Extremity Splinting

The ideal resource for rehabilitation

professionals who are working with or preparing to work with older adults! It describes the normal aging process, illustrates how health and social factors can impede an aging person's abilities, and demonstrates how to develop mechanisms for maximizing the well-being of older adults.

At the writing of this book, the United States is in the midst of an intense public debate concerning a widely perceived need for reform of the Health Care Delivery System. The reform is primarily aimed at the provision of medical insurance to a large segment of the population currently deprived of that coverage and to the reduction of the escalating costs of medical care. Solutions to the existing problems have been elusive because the causes of the dilemma are multifactorial, complex, and difficult to identify clearly. There is, however, general consensus that the use and abuse of technology has played a major role in the growing costs of medical care. The importance of fracture care in the overall financing of the health care reform is significant, since injuries to the musculoskeletal system are responsible for a very large percentage of the general expenditures in this area. The cost is not limited to hospitalization and professional



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services, but also impacts the economy with tempo rary or permanent interruption of individual productivity.

Presenting over 100 rehabilitation protocols for the hand and upper extremity in an easy-to-use, step-by-step format, this practical reference provides surgeons and therapists alike with a go-to source for the therapy technique or strategy appropriate for their patients. Covering injuries from the shoulder, elbow, wrist, hand and fingers, each protocol includes bullet-pointed steps in daily or weekly increments following the injury or surgery and are inherently adaptable to the specific surgical intervention or rehabilitation requirement. Procedures following arthroplasty, extensor and flexor tendon injuries, fractures and dislocations, ligament and soft tissue injures, and nerve compression syndromes are among the many and multifaceted therapies presented. This book will be an invaluable resource for the orthopedic surgeon, hand surgeon, physical therapist, occupational therapist, hand therapist and any active clinician treating injuries to the hand and upper extremity. Blending the latest technical and clinical skills of hand surgery and hand therapy, *Hand and Upper Extremity Rehabilitation: A Practical Guide*, 4th Edition walks you through the treatment of common medical conditions affecting the upper

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extremities and highlights non-surgical and surgical procedures for these conditions. This expanded fourth edition presents the latest research in hand and upper extremity rehabilitation and provides the purpose and rationale for treatment options. Clinical outcomes included in each chapter relate clinical expectations to the results of clinical research trials, providing you with the expected range of motion and function based on evidence in the literature. Highly structured organization makes information easy to find, allowing the text to function as a quick reference in the clinical setting. Contributors from a variety of clinical settings like hand therapy clinics, hospitals, and outpatient clinics means you get to learn from the experience of clinicians working in diverse clinical contexts like yourself. Over 400 line drawings and clinical photographs delineate important concepts described in text. Chapters divided into eight parts - Wound Management, Nerve Injuries, Tendon Injuries, Shoulder, Elbow, Wrist and Distal Radial Ulnar Joint, Hand, and Special Topics - so information can be located quickly. 51 leading experts offer fresh insight and authoritative guidance on therapeutic approaches for many common diagnoses. Treatment guidelines presented for each stage of recovery from a wide range of upper extremity

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conditions. NEW! Authoritative quick reference guide to surgical and non-surgical procedures for hand and all upper extremity conditions.

NEW! Updated information and references offers the latest information and research in the areas of hand and upper extremity rehabilitation. NEW! Larger trim size and new design accommodates a two-column format that is easier to follow.

A Quick Reference Guide and Review 4th Edition Rehabilitation of the Hand and Upper Extremity, E-Book

Evidenced Based Hand and Upper Extremity Protocols (Second Edition)

A Guide to Practice

Prosthetic Restoration and Rehabilitation of the Upper and Lower Extremity

***With the combined expertise of leading hand surgeons and therapists, Rehabilitation of the Hand and Upper Extremity, 6th Edition, by Drs. Skirven, Osterman, Fedorczyk and Amadio, helps you apply the best practices in the rehabilitation of hand, wrist, elbow, arm and shoulder problems, so you can help your patients achieve the highest level of function possible. This popular, unparalleled text has been updated with 30 new chapters that include the latest information on arthroscopy, imaging, vascular disorders, tendon transfers, fingertip injuries,***

***mobilization techniques, traumatic brachial plexus injuries, and pain management. An expanded editorial team and an even more geographically diverse set of contributors provide you with a fresh, authoritative, and truly global perspective while new full-color images and photos provide unmatched visual guidance. Access the complete contents online at [www.expertconsult.com](http://www.expertconsult.com) along with streaming video of surgical and rehabilitation techniques, links to Pub Med, and more. Provide the best patient care and optimal outcomes with trusted guidance from this multidisciplinary, comprehensive resource covering the entire upper extremity, now with increased coverage of wrist and elbow problems. Apply the latest treatments, rehabilitation protocols, and expertise of leading surgeons and therapists to help your patients regain maximum movement after traumatic injuries or to improve limited functionality caused by chronic or acquired conditions. Effectively implement the newest techniques detailed in new and updated chapters on a variety of sports-specific and other acquired injuries, and chronic disorders. Keep up with the latest advances in arthroscopy, imaging, vascular disorders, tendon transfers, fingertip injuries, mobilization techniques, traumatic brachial***

**plexus injuries, and pain management See conditions and treatments as they appear in practice thanks to detailed, full-color design, illustrations, and photographs. Access the full contents online with streaming video of surgical and rehabilitation techniques, downloadable patient handouts, links to Pub Med, and regular updates at [www.expertconsult.com](http://www.expertconsult.com). Get a fresh perspective from seven new section editors, as well as an even more geographically diverse set of contributors. This text provides the most up-to-date information on evidence-based practice, the concepts underlying evidence-based practice, and implementing evidence into the rehabilitation practice. This text is organized by the steps of the process of evidence-based practice--introduction to evidence-based practice, finding the evidence, assessing the evidence, and using the evidence.**

**Written for hand therapy specialists and non-specialists, Cooper's Fundamentals of Hand Therapy, 3rd Edition emphasizes treatment fundamentals, and provides tips and guidelines for hand therapy practice. This easy-to-use illustrated text and reference guide helps further develop your clinical reasoning skills by describing what goes into the evaluation process,**

**highlighting the humanistic side of each encounter through case studies, and providing the wisdom the contributing authors have acquired through years of practice. This new edition also features additional chapters on the use of common physical agents and orthoses, plus added content on how to integrate evidence-based findings into daily hand practice. UPDATED! Chapter covering Orthoses Essential Concepts reflects the latest information in the field. Case studies with questions and resolutions help you develop strong clinical reasoning skills while presenting the human side of each client encounter. Special features sections such as Questions to Discuss with the Physician, What to Say to Clients, Tips from the Field, and more help you find your own clinical voice. Anatomy sections throughout text highlight important anatomical bases of dysfunctions, injuries, or disorders. Clinical Pearls highlight relevant information from an experienced author and contributors that you can apply to clinical practice in the future. Evaluation Techniques and Tips help you master appropriate and thorough clinical evaluation of clients. Diagnosis-specific information in the final section of the book is well-organized to give you quick access to the information you need. NEW!**

**Chapter covering Physical Agent Modalities helps you understand how to use common hand therapy tools. NEW! Evidence-Based Practice content outlines how to closely examine evidence and integrate it into daily hand therapy practice. NEW! Photos and illustrations throughout provide clear examples of tools, techniques, and therapies.**

**In this expanded second edition of Hand Rehabilitation, Susan Weiss and Nancy Falkenstein give us a unique approach to critical thinking in hand therapy [Foreword].**

**A Practical Guide - Pageburst Retail  
Expert Consult**

**Evidence-based Clinical Practice  
Recommendations**

**Hand Rehabilitation in Occupational  
Therapy**

**MRI of the Upper Extremity**

A high-yield board review and quick reference for Rehabilitation Medicine Rehabilitation Medicine Rapid Review is written primarily for Physical Medicine and Rehabilitation residents preparing for their board exams, and is also an excellent reference for practicing physicians who need a primer on this rapidly growing specialty. With content organized around the American board of Physical Medicine and Rehabilitation core curriculum, this powerful review is enhanced by more than 500 review questions and answers, and concise, bulleted, high-yield text. Readers will find quick answers to common and infrequent issues encountered in rehabilitation medicine

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This one-of-a-kind reference provides a comprehensive overview of hand rehabilitation. Featuring a unique, question and detailed-answer format, Hand Rehabilitation guides the reader from basic information about hand anatomy through complex topics including the most advanced treatment techniques. Each chapter is formatted as a series of multiple-choice questions, complete with detailed answers and references to other hand therapy resources

Sub-specialization within pediatric orthopedics is growing, in part due to the development of free-standing children's hospitals and the desire by patients and their parents to have "experts" care for them. We are at the forefront of a trend in physicians classifying themselves as pediatric upper extremity surgeons. Numerous pediatric hospitals now have or are recruiting physicians to focus their practice in this area. Historically, these issues were treated by general orthopedic surgeons, adult hand surgeons, pediatric orthopedic surgeons, or plastic surgeons. However, none of these professionals treat the entirety of pediatric upper extremity pathology, and no single reference has focused on the treatment of the pediatric upper extremity as a whole. For example, fractures have typically been written about in pediatric textbooks, while tendon and nerve injuries are covered in adult hand textbooks. This textbook is a comprehensive, illustrated reference that discusses all aspects of the pediatric upper extremity, from embryology and functional development to nerve injuries, trauma, tumors, burns, sports injuries and more.

Prosthetic Restoration and Rehabilitation of the Upper and Lower Extremity is a well-illustrated, state-of-the-art reference on the science and practice of post-amputation care, prosthetic restoration, and functional rehabilitation, designed to maximize patient independence and quality of



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life. Chapters are written by physiatrists, prosthetists, surgeons, and therapists at the University of Michigan, clinicians and teachers who work with amputees on a daily basis. Clinically oriented, it covers both lower and upper extremity restoration and rehabilitation and serves as a handy reference for busy practitioners to support sound clinical decision-making. Beginning with basic anatomy, kinesiology, and a recap of surgical decisions principles and post-operative care for amputees, the book discusses biomechanics, clinical assessment, prosthetic options, how to write a complete and detailed prescription for the prosthesis, restoration and management of specific problems by region, and rehabilitation programs and strategies. Common medical issues such as phantom limb sensation and pain, skin problems, and sexual and psychological considerations are discussed as well. In-depth coverage of prosthetic restoration is provided for special populations such as infants, children, the elderly, athletes multi-extremity amputees, and those who have lost limbs to cancer. Chapters are written in expanded outline format for ease of use and feature numerous full-color diagrams, photos, and other illustrations. This text will guide physicians, trainees, and other members of the care team through the fundamentals of restoring function to individuals who have lost limbs or body parts. Key Features: Provides a state-of-the-art, accessible, clinical approach to post-amputation care, prosthetic restoration, and functional rehabilitation Covers both upper and lower extremities Addresses prostheses for special populations and sports and recreation Includes boxed clinical pearls at the start of each chapter, illustrated quick reference tables, and full-color photos throughout Supports clinical decision making and addresses practical questions and problems Advises on new requirements for Medicare and Medicaid patients, and

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includes patient education materials and sample prescription forms that can be customized for use in any clinic Outlines important information for returning to the community after amputation

Therapy of the Hand and Upper Extremity

Reconstructive Surgery of the Hand and Upper Extremity

A Quick Reference Guide and Review 3rd Edition

A Pocketbook Manual of Hand and Upper Extremity

Anatomy: Primus Manus

Fundamentals of Hand Therapy

Revision of the practical, outline-format text on hand therapy protocols. With an emphasis on common diagnosis, the Second Edition features nine new chapters with expanded coverage of proximal row carpectomy, reflex sympathetic dystrophy, median nerve compression, and digital amputation. Includes treatment purposes, goals, indications and techniques for non-operative and post-operative therapy, and anatomic illustrations for each disorder. anatomic illustrations for each disorder proven treatment plans developed at the Hand Center treatment purposes, goals, indications and techniques for non-operative and post-operative therapy evaluation timetables to measure patient progress outline format useful for the student and experienced clinician, as well as for those in the secondary markets who want an overview reviews include the following excerpts: A well thought-out

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guideline for different treatment methods  
(Journal of Hand Therapy) This book truly  
provides guidelines for rehabilitation  
(Journal of Orthopedic & Sports  
Physiotherapy)

Emphasizes the development of clinical  
reasoning skills, describing the  
components of the evaluation process and  
addressing how to decide what to evaluate.  
Covers a broad array of common diagnoses  
seen in hand therapy, including shoulder  
and elbow disorders, peripheral nerve  
problems, wrist and hand fractures,  
tendonitis and tendonosis, finger sprains  
and deformities, tendon injuries,  
arthritis, burns, infections, ganglion  
cysts, stiffness, Dupuytren's, and  
pediatric and geriatric hand problems.  
Diagnostic-specific information and  
treatment guidelines follow a consistent  
format: Overview Diagnosis and pathology  
Timelines and healing Anatomy Treatment  
(non-operative and/or operative) Questions  
to ask the doctor What to say to clients  
Evaluation tips Diagnosis-specific  
information that affects clinical  
reasoning Tips from the field Precautions  
and concerns Role of therapy assistants  
Case examples Offers topics to use as  
mental prompts when working in the  
clinical setting: Questions to ask the

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doctor What to say to clients Tips from the field Precautions and concerns Over 400 illustrations in the text and on the CD demonstrate important concepts. Case studies in the common diagnoses chapters demonstrate the use of clinical reasoning and highlight the "human" side of each client encounter. Clinical pearls and precautions share advice from the author and contributors, learned from years of clinical experience. Describes the role of the therapy assistant with the client, showing how the therapy assistant may be included in the therapy process. Glossary includes key terms from the text, offering easy access to definitions of key terms. CD provides samples of hand therapy exercises and clinical forms that may be used with clients.

Pocketbook of Hand and Upper Extremity Anatomy: Primus Manus features exquisitely detailed full-color photographs of dissections and line drawings of all major anatomic entities. The written descriptions of anatomy are in bulleted format to allow quick access to the material. The book also describes clinical correlations for major diseases and includes various mnemonic devices.

This is a Pageburst digital textbook; This practical resource blends the technical

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and clinical skills and knowledge of hand surgery and hand therapy for the treatment of common medical conditions affecting the upper extremity. Written in an outline format, it covers non-surgical and surgical procedures for these conditions, along with their purpose and rationale. The new edition addresses not only the hand, but also features expanded coverage of the wrist, elbow, and shoulder. Both conservative and postoperative rehabilitation are reviewed, and potential postoperative complications are addressed. Each chapter is written by a hand therapist, and the operative content within each chapter is contributed by a hand surgeon, reflecting the collaborative nature of current practice. The editorial board consists of three hand therapists and two hand surgeons. Chapters follow a templated, outline format that enables readers to quickly access information about therapeutic approaches for diagnoses in the clinical setting. Expanded content provides the most current information for effective practice, covering topics such as scar management, radial nerve compression, tendon transfers for ulnar nerve palsy, brachial plexus injuries, complex extensor tendon injuries, extensor tendon tenolysis, and shoulder

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instabilities. New easy-to-use organization divides chapters into 8 parts - Wound Management, Nerve Injuries, Tendon Injuries, Shoulder, Elbow, Wrist and Distal Radial Ulnar Joint, Hand, and Special Topics - so information can be located quickly. New chapters offer expanded coverage of the wrist, elbow, and shoulder, with discussions of radial nerve compression, brachial plexus injuries, shoulder instabilities, elbow arthroscopy, wrist arthroscopy, carpal fractures and instabilities, TFCC injuries, and wrist arthroplasty. Over 400 new line drawings and clinical photographs delineate important concepts described in text. 51 leading experts offer fresh insight and authoritative guidance on therapeutic approaches for many common diagnoses. Clinical outcomes now included in each chapter relate clinical expectations to the results of clinical research trials, providing the therapist with the expected range of motion and function based on evidence in the literature. Reference lists and suggested readings have been updated to include the most current, relevant references.

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Access Card

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Shoulder, Elbow, Wrist and Hand

A Quick Reference Guide and Review

Rehabilitation of the Hand and Upper Limb

Tibia, Humerus, and Ulna

This valuable resource describes the rehabilitation technique for conditions of the hand and upper extremity in one practical volume. Edited by an experienced hand surgeon and hand professional of international reputation, this authoritative text is heavily illustrated, comprehensive in its coverage, and contains a range of contributions from acknowledged experts in the field. An invaluable companion, it is ideal for physical therapists, occupational therapists, hand surgeons, and all those involved in the assessment and treatment of patients with conditions of the hand and upper extremity. Each chapter includes: Pathophysiology of the condition/injury A brief literature review and present status Therapy treatment with: an easy to read style brief content with adequate detail an emphasis on particular important points or tips specific to the subject good diagrams and photos to help clarify content indications/precautions an emphasis on functional aspects an evaluation of treatment possible complications A reference list Blending technical and clinical skills of hand surgery and hand therapy, this text walks readers through the treatment of common medical conditions affecting the upper extremities and highlights non-surgical and surgical procedures for these conditions. This text provides the purpose and rationale for various treatment options.

This expanded edition text offers updated information

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and the addition of 100 extra photographs and line drawings. Updated information includes the basic concepts and principles of splint design and the importance of communication for creating effective splinting techniques.

Highly Commended by the BMA Medical Book Awards for Surgery! Reconstructive surgery of the upper extremity has progressed significantly due to advances in microsurgical techniques, which include the increased popularity of perforator flaps, refinements in functional free muscle transfer, the application of nerve conduits and nerve allografts, motor nerve transfers, and hand transplantation. These innovations have helped surgeons achieve functional reconstruction goals and enabled patients' return to normal functioning earlier than previously possible. Reconstructive Surgery of the Hand and Upper Extremity presents a unique, color-coded roadmap for managing the complex upper extremity patient, based on a logical approach to surgical decision-making. Authors Gunter Germann, Randolph Sherman, and L. Scott Levin deliver seven systematically organized sections and 69 chapters with versatile, evidence-based guidelines and techniques. Strategic approaches and a video chapter covering patient examination reflect the collective wisdom gleaned from the authors' experience in the care of the upper extremity patient. Key Highlights Insightful guidance provided in 115 treatment-specific algorithms Patient histories and photos offer practical clinical information on a full continuum of cases-from gunshot wounds to tumors Over 500 high quality illustrations and graphics, many



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redrawn for this edition, delineate injuries and reconstruction techniques Richly illustrated atlas of flaps with nearly 140 new color photos details diverse approaches, including pearls and pitfalls Handy tables clearly outline rehabilitation protocols, classification, and zones of injury The text provides an invaluable framework to help both surgical residents and veteran upper extremity surgeons achieve optimal outcomes in their patients.

Hand and Upper Extremity Rehabilitation - E-Book  
Clinical Reasoning and Treatment Guidelines for  
Common Diagnoses of the Upper Extremity  
Rehabilitation of the Hand and Upper Extremity  
Principles & Methods

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*Providing orthosis patterns for most upper extremity diagnoses, this Second Edition of Orthotic Intervention for the Hand and Upper Extremity: Splinting Principles and Process provides a practical framework to help students, as well as new and experienced occupational therapists, make an informed decisions about the best solutions for their patients. This detailed and easy-to-use reference demonstrates splint fabrication techniques and related interventions for the upper extremity, highlights anatomical and biomechanical principles, discusses associated indications and precautions, details common orthotic interventions, and provides an overview of popular taping methods. Abundantly illustrated, the book includes clinical pearls and a section dedicated to splinting for a spectrum of diagnoses and populations.*

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*For the first time, Orthotic Intervention for the Hand and Upper Extremity is accompanied by a full suite of instructor and student resources that save time and reinforce student learning, including online case studies, videos that demonstrate common injuries/splints, instructor PowerPoint slides, sample syllabi, an image bank, a test generator and much more.*

*Therapy of the Hand and Upper Extremity Rehabilitation Protocols Springer*

*Emphasizes the development of clinical reasoning skills, describing the components of the evaluation process and addressing how to decide what to evaluate. Covers a broad array of common diagnoses seen in hand therapy, including shoulder and elbow disorders, peripheral nerve problems, wrist and hand fractures, tendonitis and tendonosis, finger sprains and deformities, tendon injuries, arthritis, burns, infections, ganglion cysts, stiffness, Dupuytren's, -*

*Hand and Upper Extremity Rehabilitation*

*Principles of Rehabilitation Medicine*

*Functional Fracture Bracing*

*Rehabilitation Protocols*