

Heart Talk Poetic Wisdom For A Better Life

There are many things in this world the average person cannot see...but a chosen few can. Such is the case with Lala, the five-year-old Mexican-American child at the heart of this unique coming-of-age novel. Divine Sight finds Lala at a critical point in her life, where she is learning how to deal with the different perspectives of her multicultural, multigenerational family and coming to terms with her sixth sense of second sight. Set in the 1950s and spanning both the United States and Mexico, the story is told through a series of vignettes written in Lala's voice. Each chapter casts Lala against a challenging situation and shows how she, with the aid of her family members and otherworldly allies, works to overcome it and becomes more comfortable in her own skin—as a medium between two worlds and two cultures. A truly touching and thoughtful tome, Divine Sight explores many common, and uncommon, themes from an encouraging and empowering angle. It speaks volumes about cultural and spiritual understanding and tells a tale of hope and helpfulness that's sure to appeal to open-minded readers who want to better understand and appreciate life's many marvels. Rewrite a new story for your life. Learn how to think in a new way. Bo Sebastian, a Consulting Hypnotist, helps you retrain the neural pathways of your brain. Turn your dreams into reality by shifting your thoughts. Learn to manifest what you have been hoping for your entire life! This book teaches you simple steps to create a more balanced you. Have you ever felt something so deep that it scared you? Have you ever felt so drowned in emotion that it drained you? Have you ever faced something so real that it forever changed you? This book is a collection of those moments, thoughts, poetry, musings and observations that are woven into an unconscious, yet hugely familiar narrative. In these words, you will find your moments of fear, expressions of joy, teardrops of truth, questions of curiosity and reflections on love. If only words could breathe, they would have this to say. Congratulations! The Little Lotus Learns About Wellness has earned the PTPA (Parent Tested Parent Approved) Media Seal of Approval. - PTPA Media, Inc. This unique award-winning children's book is the first children's picture book on the topic of wellness! The Little Lotus has heard the word "wellness" and isn't exactly sure what that means. The Little Lotus Learns About Wellness is a tender story of a mother teaching her child the many different ways to stay healthy in mind, body, and spirit. The simple text and humorous pictures will entertain while educating children ages 3-7 on the essentials of health and wellness. A portion of all proceeds from The Little Lotus Learns About Wellness will be donated to TargetCancer, which funds research into rare and lesser known cancers. And I Thought... If Teapots Could Talk Dare to Be You A Little Book on Making Big Decisions Highlander At Heart Use It

An ancient book, a seventeen-year-old girl and an exotic boy from a supernatural world hold the key to freedom for a long-oppressed race, but that freedom could come at the cost of the human world.Seventeen-year-old Kalista is suffering from a broken heart, so when her playwright father proposes they move their lives from New York to New Mexico because he is in need of inspiration Kalista is 100% on-board with him. New Mexico proves to be the perfect balm for her wounds and she is just starting to feel some of her old spunk when Tristan Winfield comes into her life and pulls all of her barriers down. Kalista is captivated by Tristan's unusual silver eyes and feels an inexplicable connection to him, which begins to manifest itself in her dreams with bizarre images of a waterfall and an orb.While searching for an explanation for her troubling dreams, Kalista discovers an ancient book which holds the secrets of a supernatural race of creatures. But when Killings hit town, she realizes her finding has come at a high price. She's in the middle of a power struggle now, and a secret seems to be wrapped within the pages of that book. A secret she's part of...

Based on Cleo Wade's bestselling book, Heart Talk, these pages string together gentle prompts, words of encouragement, and inquiries into the body, mind, and soul. Inspired by her conversations with the thousands of fans she has met on her nationwide sold-out tours, Heart Talk: The Journal is a space to share your own truths alongside hers. As Cleo writes, “The best thing about your life is that it is constantly in a state of design. This means you have, at all times, the power to redesign it. Make moves, allow shifts, smile more, do more, do less, say no, say yes—just remember, when it comes to your life, you are not only the artist but the masterpiece, as well.” Inside, you will find the opportunity to let go, feel what you need to feel, discover your own poetic wisdom, and become the person you want to be.

Savannah is a young woman set out to make a difference in the world. But she plans to do it alone. With no family to connect with and no man in her life, she is ready, willing and able to face the challenges life has to offer. She is fearless, or so she thinks. She has planned her life out carefully never realizing that the best plans are sometimes altered. This story is about her journey as her life's plan changes its course.

Hi My Name Is C.J. is an easy to read, fun, interactive children’s book. Meet 5 year-old C.J. and learn about all the things he likes and does. Enjoy the interactive pages by writing your own C.J. story and have fun drawing and colorizing the characters. Have fun and use your imagination.

Poetic Wisdom for a Better Life

A collection of thoughts, haikus, poems, quotes and musings

Poetry of a Mountain Man

The Joker

Golden Trophy Winners Poetry

The Little Lotus Learns about Wellness

Have you ever wondered: What it’s like to daily bet hundreds of thousands of dollars working for some of the largest professional gamblers in Las Vegas? ... How to spend a summer house sitting one of the biggest stars in the world's 11,000 square-foot mansion - without an invitation from it’s celebrity owner ... Whether the life of crime - specifically, running a shoplifting ring in a middle American mall - pays? ... What causes a son to finally say enough is enough ... and decide "Today is the day I am going to kill my dad." Comedian Brandt Tobler has the answers in this funny, touching and sometimes downright unbelievable memoir of a small town Wyoming-kid turned "mall-fia" don, turned nationally touring comic. Brand tells his life story with candor, detailing the many pit stops, wrong turns, crazy connections and lucky breaks he experienced along the way to his comedy career, all while trying to balance a toxic relationship with his unreliable jailbird dad. In these pages Brandt will make you laugh (he better - it's his job!) and believe as he does that, when it comes to defining family, blood isn't always thicker than water. -- back cover.

Life is full of tough calls and daunting decisions. The question isn't if you'll face a big decision in the future, but how you'll face the tough call that's guaranteed to come your way. Think about it. There are wedding proposals to ponder, college applications to submit, career moves to make, homes to sell, and confrontations to consider. And, knowing how poorly things could go, we sometimes find ourselves facing these decisions with a deep fear of future regret. The pressure is on. Or is it? Short and straightforward, yet full of practical insight and spiritual truths, Tough Call, will help you see that the Christian faith offers a mindset to confidently and joyfully make your next big decision. More importantly you'll see that you can face life with your fears recognized, your peace maximized, and your hope anchored in something greater than your ability to "get it right." Readers familiar with authors like Acuff, Chan, and Tchividjian will resonate with Matt Popovits's witty, practical, and gospel-centered take on complicated topics. Tough Call is an enjoyable and essential read for any and all facing a major decision.

NEW YORK TIMES BESTSELLER From the celebrated author of Inward comes a new collection of poetry and short prose focused on understanding how past wounds impact our present relationships. In Clarity & Connection, Yung Pueblo describes how intense emotions accumulate in our subconscious and condition us to act and react in certain ways. In his characteristically spare, poetic style, he guides readers through the excavation and release of the past that is required for growth. To be read on its own or as a complement to Inward, Yung Pueblo ’ s second work is a powerful resource for those invested in the work of personal transformation, building self-awareness, and deepening their connection with others.

This is true story about real people is set in Edinburgh City and Dundee, where a petite Scottish Lassie called Rosie Gilmour, mother to Finlay Sinclair, receives news of the death of her son - who tragically has taken his own life by hanging. Rosie pretends her son is still alive by talking to him, for that takes away the unbearable pain of her loss. But once she begins to face up to the fact that Finlay is not coming back, her conversations become more of a challenge than she can handle. When memories of her past are triggered by everyday life events, they take her mind back and forth in time - back to her own childhood days in 1960, when she flirted with the fairground boys, and to the day she gave birth to Finlay - "ME LADDIE". Rosie's Scottish accent becomes more apparent whenever her emotions are heightened and she begins to recite poetry. She goes on to reveal doubts about her own self-worth and and how she re-unites her role as mother - a role she had denied herself for seven years prior to Finlay's death. Rosie learns how to forgive herself and how to accept her loss with using practical coping strategies that sometimes but not always work for her. Many voices of different natures and walks of life appear in Rosie's, story with each one offering a part of their own belief to try and console her in her misery - except that she turns her back on any advice or support offered. Rosie is convinced that she can cope with her loss on her own and "e;needs no help from anyone, thank you"e; - until a sweet, gentle, soft-spoken voice begins to travel with her throughout her ordeal, leaving her no other choice but to listen. Eventually moving to the countryside in Angus, Rosie finds the isolation gives her life a new meaning offering her the opportunity to re-value her belief's about her own self values and decides the time has come to give her son a memorial service and invite a chosen few dance companions whom she met on a regular basis in Edinburgh to honour this day. Rosie begins to accept she will never be the same person she once had been and shall never be again, believing now her journey through grief taught her many lessons making her a stronger and better person than she imagined she could ever be.

He Was the Streets. She Was His Heart.

Struggle Free Poetry

What the Road Said

Heart Talk: The Journal

Every Woman's Nightmare

A Small Book About Your Power to Create Big Change in Our Crazy World

In The Conversation That Matters Most, DeWitt Rowe takes his readers on a unique and fascinating journey of self-exploration and discovery. The author not only guides us toward a complete reevaluation of how we view success; he convinces us that the reexamined. How often do we stop and question the assumptions that have defined us? Are we more intelligent than we have been led to believe? Do our idiosyncrasies make us strange...or simply unique? How often do we make a decision based on what's what works? DeWitt delves into areas that are rarely discussed, areas that reward us with a richness of comprehension, awareness, discovery, and wisdom. Every page is a reminder of the control we have over our lives if only we can understand how to us manner. Utilizing this book's guides and lessons, we can be assured of a fuller and more satisfying life.

In our circus we are like family members, and you don't leave family behind. At least that's what I thought, but deep within the cellars I had discovered a long forgotten family member. One with so much hate for the circus his killing intent was like none other him. (The cover is meant to represent the two conflicting emotions/sides within the story and isn't supposed to be taken seriously. It reminds you to keep an open mind as you read this book.) **Fanfiction**

As eighteen-year-old Cheryl Hunter escapes rural Colorado for the bright lights of Europe, she does so with nothing more than an over-packed suitcase and a dream. Once there, her mind is bent on solving one problem alone: how does a small-town cowgirl supermodel? When Cheryl is abducted, raped and brutally beaten instead, she is faced with solving a much bigger problem: how does she survive? Using her journey of rising from the ashes as fuel, Hunter delivers a step-by-step method that can be applied to favorable circumstances. In a world where—let’s face it—life often hijacks our personal agendas, Cheryl shows you how to immediately take back the reins, design a life you love, and become the unstoppable force of nature you were born to be.

When past and present unite, hearts collide!!!!Ceana has spent her life dreaming of becoming an archaeologists and unlocking the mysteries of the past. However, her own past is a mystery that eludes her until the very man, who has been haunting her dream business and sends her comfortable life into a downwards spiral. She is about to learn that she herself is linked to the past that she has been studying, in more ways than she could ever imagine. Kessan, a fearsome highlander is torn between protecting his an evil magic, and going through time to find the one person who may be able to defeat the evil that is raging through the highlands. Travel through time and space with Ceana and Kessan, as they battle family secrets, forces of evil and love. Lives are lost, Ceana and Kessan try defeat an evil so dark that it threatens to consume everything.

52 Weeks of Self-Love, Self-Care, and Self-Discovery

Lilly Noble & Actual Magic

Taking Our Place in History

Clarity & Connection

A Complicated Legacy

The Ylem

A new poetic century demands a new set of approaches. This Companion shows that American poetry of the twenty-first century, while having important continuities with the poetry of the previous century, takes place in new modes and contexts that require new critical paradigms. Offering a comprehensive introduction to studying the poetry of the new century, this collection highlights the new, multiple centers of gravity that characterize American poetry today. Essays on African American, Asian American, Latinx, and Indigenous poetics respond to the centrality of issues of race and indigeneity in contemporary American discourse. Other essays explore poetry and feminism, poetry and disability, and queer poetics. The environment, capitalism, and war emerge as poetic preoccupations, alongside a range of styles from spoken word to the avant-garde, and an examination of poetry's place in the creative writing era.

A collection of poetry written over a 30 year period in classic poetry style. Poetry was a kind of release, and a way to express my feelings on matters in life. I sincerely hope something in this little book of poetry touches you.

After the collision claimed her mother's life and left her with a memory full of holes, Lilly Noble is sent away to boarding school on the gloomy island of Raven's Landing, Maine. Though feeling exiled and abandoned by her father, she is determined to fill in the blanks the accident left in her mind. When she meets the hypnotically charming and strangely intense Murosky Skaggs, his unnatural curiosity and careful attentions toward her raise her suspicions. His stories don't add up. Lilly's search for the truth beneath his lies causes her life to take a thrilling and terrifying twist. What she doesn't realize is the closer she gets to revealing his dark secret, the closer she comes to regaining her memory and unmasking her mother's murderer. But something else, something far more sinister is lurking just off the coast. It's been there, waiting for her. Lilly's quest for answers puts her and those around her in mortal danger, and once she starts down that path, there is no turning away from her destiny, if she can survive. Young Adult Paranormal

Heart TalkPoetic Wisdom for a Better LifeAtria Books

Pulse

Where to Begin

Divine Sight

Once Again

ReWild Your Inner Child and Set the Truth Free

A Poem to Prince

Struggle Free means to me as trying to make it, Maby even try to be happy if you can. I never paid attention to learning the lessons I should. Insanity doing the same thing over and over and excepting a different result. It ain't that were dum just that we have to struggle to make it in the eyes ,ears and dollar bills witch we fall under. And if my pain can heal the next to be happy... Then indeed we can Struggle Free....

A comforting and uplifting picture book from bestselling poet and activist Cleo Wade. Which way do I go? That is your choice to make, said the Road. But what if I go the wrong way? The Road curved a little, almost as if it was giving me a hug, and said, Do not worry. Sometimes we go the wrong way on our way to the right way. It’s okay to be afraid or to sometimes wander down the wrong path. Beloved poet Cleo Wade’s What the Road Said features illustrations by Lucie de Moyencourt and encourages us to lead with kindness and curiosity, remembering that the most important thing we can do in life is to keep going.

The award-winning annual anthology from New York City ’ s first and only writing and mentoring organization for girls and gender-expansive teens. What is it like growing up in New York City as a teen in 2020? This book invites you into their homes and families, their schools and neighborhoods, their hearts, hopes, and fears. Enter a world where clay creatures take on aluminum oppressors. Get thrown against an elevator wall in the midst of a horror story. Go backstage with a rock band, say goodbye to relatives as you start a new life, stand with an engineer solving a coding problem. Experience tragedy in a mosque, feel the wounds of slavery, know the terror of glass shattering in a World War II village, and see how this next generation of leaders looks to the past and writes a better future for us all. For more than two decades, the nationally award-winning nonprofit Girls Write Now has broken down the barriers of gender, race, age, and poverty, elevating the voices of writers who are too often not heard—or worse, silenced. With mentors by their sides, the girls and gender-nonconforming youth tackle climate change, racism, sexism, rejection, immigration, and friendship—and take their place in history. This book is their testament. “ The written word has often been the only outlet for women and girls to express their authentic stories and unique voices in so many societies across the globe. Girls Write Now harnesses that power, nurtures it, and amplifies it so that these singular voices can become generations. ” —Robin Thede, creator, writer, executive producer and star of A Black Lady Sketch Show

Getting money,paying bills,finding your prince charming, finding your happiness it looked so easy when you were young.You thought you had it all figured out. Little did you know life throws you curve balls. And you thought grownups had it easy so did these ladies. Follow their journeys while gettingt lost in the grownup world.

Fun Ideas for Tea Parties

Voices from the Heart of Medicine : the First Year

A Journey Through Fetal Alcohol Syndrome

Affliction of the Heart

Free Roll

Heart Talk Workbook

Inspired by her conversations with the thousands of readers she has met on her nationwide sold-out tours, Heart Talk: The Journal is a space to share your own trusts alongside hers. As Cleo writes, “The best thing about your life is that it is constantly in a state of design. This means you have, at all times, the power to redesign it. Make moves, allow shifts, smile more, do more, do less, say no, say yes - just remember, when it comes to your life, you are not only the artist but the masterpiece as well.” Inside, you will find the opportunity to let go, feel what you need to feel, discover your own poetic wisdom, and become the person you want to be.

In this large book of poetry you will find only trophy winning poetry. Amazing writes of all subjects. Some are short writes and others are long writes. Each are a piece of work.

NATIONAL BESTSELLER Cleo Wade’s second anthology of heartfelt poetry and prose builds on the wisdom of her bestselling book Heart Talk, encouraging you to remain hopeful and harness your personal power to bring positive change into our world. Where to Begin is perfect for those who are ready to be a part of building a society rooted in love, acceptance, justice, and equality. From Cleo Wade: Where to Begin is a collection of the ideas, mantras, and poems I turn to when I feel like I am losing it. I wrote this so that I could put them all in one place when I felt overwhelmed by worry, fear, anxiety, or helplessness. The words in this book are what stop me from walking away from the problems of the world during tough times. They also help me stay connected to hope during difficult moments and remind me that even on the days that feel the most daunting, I still have the power to show up and do something, somewhere, in some way. Change-making comes in all sizes. It doesn’t always have to be one big gesture or nothing. As my friend Jenna often says, “The big stuff is the small stuff.” Your big life is made up of a collection of all of your small moments. Our big world is a made up of a collection of all of our small actions. This book is about where to begin.

A beautifully illustrated book from Cleo Wade—the artist, poet, and speaker who has been called “the Millennial Oprah” by New York Magazine—that offers creative inspiration and life lessons through poetry, mantras, and affirmations, perfect for fans of the bestseller Milk & Honey. True to her hugely popular Instagram account, Cleo Wade brings her moving life lessons to Heart Talk, an inspiring, accessible, and spiritual book of wisdom for the new generation. Featuring over one hundred and twenty of Cleo’s original poems, mantras, and affirmations, including

fan favorites and never before seen ones, this book is a daily pep talk to keep you feeling empowered and motivated. With relatable, practical, and digestible advice, including "Hearts break. That's how the magic gets in," and "Baby, you are the strongest flower that ever grew, remember that when the weather changes," this is a portable, replenishing pause for your daily life. Keep Heart Talk by your bedside table or in your bag for an empowering boost of spiritual adrenaline that can help you discover and unlock what is blocking you from thriving emotionally and spiritually.

Holding Back The Tears
Tough Call
Breaking Normal
Heart Talk

Turn Setbacks Into Success

Love Poems for Cards & Letters contains over 175 short but powerful poems perfect for use in romantic greeting cards and love letters.

Traditional Chinese edition of Heart Talk: Poetic Wisdom For a Better Life

Words from Ms. Torres: "I take my FAS and turn it in to a teaching tool to help others learn what I go through every day of my life." "If one person listens to what I have to say, then I have done my job. This is what I was born to do. I have won many awards for my work. The awards I've won have been great, but my biggest award is knowing that my message is being delivered and knowing that I might be helping so many people and unborn babies. . If I can prevent one more child from this awful syndrome I will be happy. My ultimate goal is to get the word out there that FAS is 100% preventable. I want everyone to know about the effects of alcohol on the fetus. My advice, my plea, is that you PLEASE, PLEASE do not drink while you are pregnant, even if you plan on giving your baby up for adoption. Let your baby fulfil his or her dreams and live a normal life. For all the fathers to be, you play an important role in this too. You must be encouraging and supportive. Staying away from alcohol yourself would be helpful." What others are saying: Thank you for sending your book to me. I read it all, and I wanted to cry. What a wonderful sacrifice you and your family took on. It is wonderful what you have done and how Chanel has grown and turned out to be a wonderful young lady. You are certainly a very special person blessed by God from the beginning. I love you very much. Aunt Gloria"Ms. Torres is a true light in a world that needs more education on Fetal Alcohol Syndrome and its effects on unborn children. She has opened doors that will never be shut. She has just begun to educate the nation on Fetal Alcohol Syndrome." Deborah Thornton, SEDNET Project Mangement"Ms. Torres is the epitome of self-advocacy and embodies strength, resilience, and determination. She is courageous and tireless in her quest to educate others regarding FAS; and is compassionate and determined in her mission to empower and advocate for other young adults with disabilities." Barbara Shannon, School PsychologistLast night, I received a copy of Signing with a heavy hand and heart, Love Mommy: A journey through fetal alcohol syndrome by Mrs Sondra A Torres and Miss Chanel E Torres from Ms. Torres. I opened it and couldn't put it down until I was finished. This story of a young woman living with the effects of fetal alcohol syndrome (a birth defect that is 100% preventable-all pregnant women need to do is not drink when pregnant) is moving, sometimes funny and always inspirational. I quickly grew to care about Chanel and her adoptive family. Ms. Torres creates a vivid picture of what it is like to live with and care for children with special needs. In relatively few words, Torres brings her family to life-its struggles and its joys. The feelings of love and joy are powerfully conveyed while not minimizing the challenges presented in raising a child with FAS. As a teacher and parent I laughed and cried and wished I could meet this brave girl and her loving mother. Torres is compassionate towards all, including birth parents, but my heart breaks for the children who struggle with this disability. It is a daily battle for which there are some effective interventions but no cures. I will say that Ms. Torres left me more hopeful for these children than my experience as a teacher had-her powerful home environment is definitely a plus for Chanel."CHANEL TORRES IS AVAILABLE FOR SPEAKING ENGAGEMENTS TO BOOK THIS SPEAKER FOR A PRESENTATION, PLEASE GO TO advocatefortheunborn.wordpress.com

Dearly Beloved is a short book of poems dedicated to, for, and about Prince.

Your New Story, Your New Life

Heart of the Streets

The Cambridge Companion to Twenty-First-Century American Poetry

Hi My Name Is Cj

The Conversation That Matters Most

Special Edition

Every Friday, Pulse--voices from the heart of medicine (www.pulsemagazine.org) sends its readers a compelling first-person story or poem about health care. These intimate and authentic voices of health professionals, patients and students have earned Pulse an enthusiastic and growing international readership. This volume includes every story and poem from Pulse's first year of publication. "All of the stories in this book...are told with a kind of urgency; these encounters change lives and mark memories. This collection is in some sense about writing for one's life..." Perri Klass, JAMA

If movies and books like Belle, Twelve Years a Slave, The Butler, The Help, A Time to Kill, and Amistad have moved you, you'll love A Complicated Legacy, a novel by Baltimore writer Robert H. Stucky based on the true story of Elijah Willis, a white South Carolina planter, and Amy- the love of his life, the mother of his children, and his slave. Taking place in the decade leading up to the Civil War, it is written with a cinematic eye for atmosphere and setting, a linguist's ear for dialogue, and a historian's grasp of the powerful social forces and momentous events of the time. It is a riveting tale of personal transformation in facing the tide of sweeping social change. Elijah Willis fought family opposition, public opinion, and the law to free his family of choice and leave them his entire inheritance. In so doing, his and Amy's story becomes a microcosm of the human struggles that made the Civil War and the Abolition of Slavery both necessary and inevitable. Set in rural South Carolina, Baltimore, and Cincinnati, this vivid saga weaves history and humanity in a compelling testimony to the power of relationships to shape our destinies, even a century and a half later.

A collection of eye-opening and inspirational wisdom for girls from some of today's most influential women, offering insights on being true to yourself, finding your voice, overcoming obstacles, and making a difference in the world. Today, it is more important than ever that girls have the courage to be themselves. But societal pressures continue to push girls to conform—to look, think, and act a certain way despite their individuality. From her most thought-provoking interviews with such influential role models as Gloria Steinem, Maya Angelou, Amy Poehler, Kerry Washington, Sheryl Sandberg, Luvvie Ajayi, Arianna Huffington, Brittany Packnett, Natalie Portman, Stacey Abrams, and more, award-winning journalist Marianne Schnall brings together the most inspiring, captivating, and rousing quotes to shed light on the many ways girls can empower themselves. Representing a diverse group of women's voices—from actresses, comedians, and musicians, to business leaders, elected officials, activists, and Nobel laureates—these words speak to a wide array of issues that young women are facing every day. Dare to Be You is both rallying and uplifting, and is a valuable resource that conveys a timely and important message: When girls dare to be themselves—when they are fearless leaders, speak their truth, and believe in their dreams—they can truly change the world.

Corinne is running from the pain of her past but she can't seem to run fast enough. Jabari thought he had it all but even with everything, something is still missing. Follow Corinne and Jabari through the streets of Atlanta as she offers him a loyalty he's never had and he showers her in a love she never knew existed!

The Metaphysical Mind

Dearly Beloved

Signing with a Heavy Hand and Heart, Love Mommy

The Girls Write Now 2020 Anthology

Why So Serious?

Being Grown Up Was Easy

An old cliché states "let your past stay in the past," Is that possible when it comes to the one you love? For this saying holds true for Layla. Layla marries her old flame Elliott Pennington and realizes she walked right into a nightmare. Layla's life becomes a world of betrayal, broken promises, and mental torment afflicted by Elliott and his manipulative family. Then an unfortunate twist happens and now she is left with the remnants of a loveless marriage and the unexpected death of her husband. She struggles with anger, guilt, forgiveness, trust, and love, and tries to find her way back from a world of darkness back into a world of light. Will she ever be complete again? Were her trials a reflection, or a ramification of her own actions? Will she allow the past to plague her heart or will she find restoration and a bountiful life in front of her.

"Author and poet Cleo Wade will make your day with her inspiring and uplifting outlook on life" (People) and she returns with another moving collection of poems, mantras, and illustrations encouraging you to remain hopeful and harness your inner power and create change through self-care and social justice. If you are ready to be a part of building a society rooted in love, acceptance, justice, and equality, Where to Begin is the ultimate inspirational guide. Building on the wisdom of Cleo Wade's national bestseller Heart Talk, this heartfelt collection will help you stay connected to hope during difficult moments and remind you that no matter what, you still have the power to show up and effect positive change. Remember, your big life is made up of a collection of all of your small moments. Our big world is a made up of a collection of all of our small actions. This book is about where to begin.

Over the past decade of creating epic personal development retreats, Daniel Eisenman has traveled around the world experiencing beautiful, exotic settings and amazing people. His one big observation is that so many people keep the lid on their growth and opportunities to thrive. This is a self-imposed limitation ... nobody tells us to do this! Daniel blows the lid off and gives you a retreat experience in a book. What's inside Breaking Normal: ReWild Your Inner Child and Set the Truth Free?*You'll get to feel what it means to be raw and vulnerable, excited and glowing with a sacred knowledge about your future. *You'll learn to communicate with others in a way that cuts through the limitations we used to let entangle us. *You'll have tools and insight for building your own tribe, be it your family or community or the world at large.

More than 60 recipes for making all the delectable treats you'll need for an afternoon tea party, including scrumptious scones, dainty tea sandwiches, savory appetizers, tea time sweets and the perfect pot of tea. Fifteen creative theme party ideas with suggestions for: invitations, games and activities, decorations, menu choices and party favors. Get out those teapots and create fond memories of lively conversation and laughter and fun.

Love Poems for Cards and Letters

Inspirational Advice for Girls on Finding Your Voice, Leading Fearlessly, and Making a Difference

If Only Words Could Breathe