

Introduzione Alla Permacultura Ediz Illustrata

Emilio Sereni's classic work is now available in an English language edition. History of the Italian Agricultural Landscape is a synthesis of the agricultural history of Italy in its economic, social, and ecological context, from antiquity to the mid-twentieth century. From his perspective in the Italian tradition of cultural Marxism, Sereni guides the reader through the millennial changes that have affected the agriculture and ecology of the regions of Italy, as well as through the successes and failures of farmers and technicians in antiquity, the middle ages, the Renaissance, and the Industrial Revolution. In this sweeping historical survey, he describes attempts by successive generations to adapt Italy's natural environment for the purposes of agriculture and to respond to its changing ecological problems. History of the Italian Agricultural Landscape first appeared in 1961. At the time of its publication it was a pathbreaking work, parallel in its importance for Italy to Marc Bloç's masterwork of 1931, The Original Characteristics of French Rural History. Sereni invented the concept of the historical "agricultural landscape": an interdisciplinary characterization of rural life involving economic and social history, linguistics, archeology, art history, and ecological studies. Originally published in 1997. The Princeton Legacy Library uses the latest print-on-demand technology to again make available previously out-of-print books from the distinguished backlist of Princeton University Press. These editions preserve the original texts of these important books while presenting them in durable paperback and hardcover editions. The goal of the Princeton Legacy Library is to vastly increase access to the rich scholarly heritage found in the thousands of books published by Princeton University Press since its founding in 1905.

Call it "Zen and the Art of Farming" or a "Little Green Book," Masanobu Fukuoka's manifesto about farming, eating, and the limits of human knowledge presents a radical challenge to the global systems we rely on for our food. At the same time, it is a spiritual memoir of a man whose innovative system of cultivating the earth reflects a deep faith in the wholeness and balance of the natural world. As Wendell Berry writes in his preface, the book "is valuable to us because it is at once practical and philosophical. It is an inspiring, necessary book about agriculture because it is not just about agriculture." Trained as a scientist, Fukuoka rejected both modern agribusness and centuries of agricultural practice, deciding instead that the best forms of cultivation mirror nature's own laws. Over the next three decades he perfected his so-called "do-nothing" technique: commonsense, sustainable practices that all but eliminate the use of pesticides, fertilizer, tillage, and perhaps most significantly, wasteful effort. Whether you're a guerrilla gardener or a kitchen gardener, dedicated to slow food or simply looking to live a healthier life, you will find something here—you may even be moved to start a revolution of your own.

Zen and the Art of Raising Chickens explores the entertaining, rewarding, and - yes - enlightening art of keeping chickens in an urban or suburban garden. Chickens slow us down and ground us. This book demonstrates how raising chickens can easily fit into a busy lifestyle, and why doing so helps keep us sane and focused on the simpler joys of life. From Madagascar and New Guinea to the Pacific Islands and the Northern Territory of Australia, young David Attenborough and his cameraman were aiming to record not just the wildlife, but the way of life of some of the indigenous people of these regions, whose traditions had never been encountered by most of the public before. In the late 1950s onward, following the success of the original Zoo Quest expeditions, Attenborough embarked on further travels in a very different part of the world. From the land divers of Pentecost Island and the sing-sings of New Guinea, to a Royal Kava ceremony on Tonga and the ancient art of the Northern Territory, it is a journey like no other. Alongside these remarkable cultures he encounters paradise birds, chameleons, silakas and many more animals in some of the most unique environments on the planet. Written with David Attenborough's characteristic charm, humor and warmth, Journeys to the Other Side of the World is an inimitable adventure among people, places and the wildest of wildlife. span

Urban Memory
Essentials of Social Psychology
The One-Straw Revolution
La Vita Nuova
Happy Teachers Change the World
Practical Steps to Create a Self-Sustaining World

An introduction and guide to the concepts of facilitating successful community rhythm-based events.

Maximize your water harvesting potential with efficient, cost-effective earthworks In the face of drought and desertification, well-designed, water harvesting earthworks such as swales, ponds, and dams are the most effective way to channel water into productive use. The result can be increased food production, higher groundwater levels, reduced irrigation needs, and enhanced ecosystem resilience. Yet, due to a lack of knowledge, designers, and landowners often build earthworks that are costly, inappropriately sized and sited, or even dangerous. The Permaculture Earthworks Handbook is the first dedicated, detailed guide to the proper design and construction of water harvesting earthworks. It covers the function, design, and construction methods for nine main types of water harvesting earthworks across a full range of climates. Coverage includes: Swales, ponds, dams, hugelkultur, net-and-pan systems, spate irrigation, and more Cost versus benefit of different earthworks Assessing site needs and suitability Soil types and hydrology Designing for maximum efficiency and lowest cost Risk assessment and safe construction Stacking functions and integrating earthworks into a design This practical handbook is the essential resource for permaculture designers, teachers and students, landowners, farmers, homesteaders, landscape architects, and others involved in maximizing the water harvesting potential of any landscape at the lowest cost and impact. Douglas Barnes is a permaculture designer trained in Australia by Bill Mollison and Geoff Lawton. He has designed and built earthworks in North America, Japan, and Andra Pradesh, India. He lives in Tweed, Ontario in a passive solar house he designed and built, and he blogs at permaculturelections.com.

Essentials of Social Psychology provides a clear, concise and engaging introduction to the field. Covering all the major topics and theoretical perspectives, this exciting new book provides straightforward explanation of key terms and concepts in a lively and student-friendly manner. Debates and controversies are brought to life and the wider practical relevance of the subject is emphasised throughout. Pedagogical features that appear across the book include Research Classics sections which describe classic studies, Research Spotlight boxes that highlight more contemporary developments in social psychological research, and their practical applications, Real World features that look at the everyday relevance of social psychology, and Literature, Film and TV features that demonstrate how social psychological concepts are dealt with in popular media. An international balance of research alerts students to the cross cultural dimensions of social psychology Essentials of Social Psychology is accompanied by MyPsychLab, an interactive online study resource designed to help students to consolidate and further their understanding. Together, the book and online support make this an ideal resource for those studying the subject for the first time, or as part of a more general programme of study.

The visionary and creative shots of day-to-day reality by a child of our time. Considered by many the most representative of Italian photographers, for almost fifty years Gianni Berengo Gardin has been a narrator attentive to everyday life in all its multiple aspects and in its evolution, having immortalized the story of Italy in over 1,250,000 pictures. For his work, he prefers black and white because "color distracts the photographer and the viewer." And the images are what counts. People, objects, close-ups, historical monuments. Images that are concrete, never abstract, but above all real images. It's hard not to perceive the creative and visionary component of his snapshots, however much they are attentive to the day-to-day reality of humanity and its communities.

A Step-By-Step Guide

History and Amnesia in the Modern City

Building Community Through Rhythm

I nuovi contadini. Agricoltura sostenibile e globalizzazione

Permaculture Design

Smart Permaculture Design

Planting Seeds

Bruce Springsteen - Like a Killer in the Sun, originally published in Italian, is the definitive book on the work of Bruce Springsteen, showing his unique narrative talent and offering an accurate critical examination of his poetics. It presents 117 among his best lyrics, expounded and annotated with the philological care used for the classics of literature. In his introduction, Leonardo Colombati draws Springsteen is an author grafted on the line that goes from Whitman to Steinbeck, from Flannery O'Connor to Raymond Carver. The book also contains Springsteen's biography and discography, plus an exclusive interview with Bruce Springsteen. With forewords by Academy Award-winner Ennio Morricone and music critic Dave Marsh, a committee member of the Rock and Roll Hall of Fame and SP

Killer in the Sun is a book for anyone who wants to listen to a powerful and inspired voice coming from the heart of America.

The acclaimed novelist's award-winning memoir of growing up in a remote Chinese fishing village is "a rich and insightful coming-of-age story" (Kirkus). The acclaimed author of A Concise Chinese-English Dictionary for Lovers and I Am China, Xiaolu Guo grew up an unwanted child in a poor fishing village on the East China Sea. But a Taoist monk made a startling prediction to her grandmother: that a peasant warrior would grow up to travel the nine continents. Guo tells the story of a curious mind coming of age in an inhospitable country, and her determination to seek a life beyond the limits of its borders. From her family's village to a rapidly changing Beijing, to a life beyond China, Nine Continents presents a fascinating portrait of how the Cultural Revolution shaped fami

economic ambitions have given rise to great change. This "moving and often exhilarating" memoir confirms Xiaolu Guo as one of world literature's most urgent voices. (Financial Times, UK)

Practical guide for those interested in storing, processing and preserving their own food, emphasising the fermentation process. Covers a wide range of food groups and also provides information on agricultural composts, silage and liquid manure, nutrition and environmental health. Includes resources and references, a chronology, a species list of scientific names and an index. The author is an expert on the subject. Other publications include 'Permaculture 1' (1978) and 'Permaculture 2' (1979). The autobiography of Europe's most innovative farmer and permaculturist. Holzer is an agricultural rebel who grows kiwis, oranges, and pumpkins on his mountain farm near Salzburg, Austria at an altitude of 1.500m above sea level. In this richly illustrated book, Holzer describes not only the basic principles of his life and thinking, but also his endless struggle with public authorities which do even offer alternative forms of farming.

Bees

Introduction to Permaculture

When I Was Born

Weeds

The Permaculture Book of Ferment and Human Nutrition

The Rebel Farmer

Gianni Berengo Gardin

The Permaculture Way shows us how to consciously design a lifestyle which is low in environmental impact and highly productive. It demonstrates how to meet our needs, make the most of resources by minimizing waste and maximizing potential, and still leave the Earth richer than we found it.

'Clever... valuable introduction to the study of plant science.' - Gardeners Illustrated RHS Botany for Gardeners is more than just a useful reference book on the science of botany and the language of horticulture - it is a practical, hands-on guide that will help gardeners understand how plants grow, what affects their performance, and how to get better results. Illustrated throughout with beautiful botanical prints and simple diagrams, RHS Botany for Gardeners provides easy-to-understand explanations of over 3,000 botanical words and terms, and show how these can be applied to everyday gardening practice. For easy navigation, the book is divided into thematic chapters covering everything from Plant Pests, and further subdivided into useful headings such as 'Seed Sowing' and 'Pruning'. 'Botany in Action' boxes provide instantly accessible practical tips and advice, and feature spreads profile the remarkable individuals who collected, studied and illustrated the plants that we grow today. Aided by this book, gardeners will unlock the wealth of information that lies within the intriguing world of botanical science - and their gardens will thrive as a result. This is the perfect gift for any gardener. Contents includes... The Plant kingdom Growth, Form and Functon Inner Workings Reproduction The Beginning of Life External Factors Pruning Botany and the Senses Pest, Diseases and Disorders Botanists and Botanical Illustration ... And Much More!

Learn how to fill forests with food by viewing agriculture from a remarkably different perspective: that a healthy forest can be maintained while growing a wide range of food, medicinal, and other nontimber products. The practices of forestry and farming are often seen as mutually exclusive, because in the modern world, agriculture involves open fields, straight rows, and machinery to grow crops, while forests are reserved primarily for timber and firewood harvesting. In Farming the Woods, authors Ken Mudge and Steve Gabriel demonstrate that it doesn't have to be an either-or scenario, but a complementary one; forest farms can be most productive in places where the plow is not: on steep slopes and in shallow soils. Forest farming is an invaluable practice to integrate into any farm or homestead, especially as the need for unique value-added products and supplemental income becomes increasingly important for farmers. Many of the daily indulgences we take for granted, such as coffee, chocolate, and many tropical fruits, all originate in forest ecosystems. But few know that such abundance is also available in the cool temperate forests of North America. Farming the Woods covers in detail how to cultivate, harvest, and market high-value nontimber forest crops such as American ginseng, shiitake mushrooms, ramps (wild leeks), maple syrup, fruit and nut trees, ornamentals, and more. Along with profiles of forest farmers from around the country, readers are also provided comprehensive information on: • historical perspectives of forest farming; • mimicking the forest in a changing climate; • cultivation of medicinal crops; • cultivation of food crops; • creating a forest nursery; • harvesting and utilizing wood products; • the role of animals in the forest farm; and, • how to design your forest farm and manage it once it's established. Farming the Woods is an essential book for farmers and gardeners who have access to an established woodland, are looking for productive ways to manage it, and are interested in incorporating aspects of agroforestry, permaculture, forest gardening, and sustainable woodlot management into the concept of a whole-farm organism.

In her quest to make a garden of pleasure, author Jenny Allen followed the practices of permaculture, an organic method of gardening based on using nature's solutions to achieve abundance. This practice releases the gardener from the drudgery of repetitive tasks.

Energy Issues and Social Sciences, Theories and Applications

Healing the Inner Child

Drum Circle Facilitation

An Introduction to Natural Farming

Reconciliation

Why I'm Afraid of Bees (Goosebumps #17)

RHS Botany for Gardeners

Gary Lutz needs a vacation. ... From himself. Bullies are constantly beating him up. His only friend is his computer. Even his little sister doesn't like him. But now Gary's dream is about to come true. He's going to exchange bodies with another kid for a whole week. Gary can't wait to get a new body. Until something horrible happens. And Gary finds out his new body isn't exactly human...

This work has been selected by scholars as being culturally important and is part of the knowledge base of civilization as we know it. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. To ensure a quality reading experience, this work has been proofread and republished using a format that seamlessly blends the original graphical elements with text in an easy-to-read typeface. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Planting Seeds: Practicing Mindfulness with Children is the fruit of decades of development and innovation in the Plum Village community's collective practice with children. Based on Thich Nhat Hanh's thirty years of teaching mindfulness and compassion to parents, teachers, and children, the book and enclosed CD cover a wide range of contemplative and fun activities parents and educators can do with their children or students. The activities are designed to help relieve stress, increase concentration, nourish gratitude and confidence, deal with difficult emotions, touch our interconnection with nature, and improve communication. Planting Seeds offers insights, concrete activities, and curricula that parents and educators can apply in school settings, in their local communities or at home, in a way that is meaningful and inviting to children. The key practices presented include mindful breathing and walking, inviting the bell, pebble meditation, the Two Promises or ethical guidelines for children, children's versions of Touching the Earth and Deep Relaxation, sitting meditation and dealing with conflict and strong emotions. Also included are the lyrics to the songs on the enclosed CD that summarize and highlight the key teachings, as well as a chapter on dealing effectively with conflict in the classroom or difficult group dynamics, based on a conference with Thich Nhat Hanh, teachers and students. The accompanying CD has inspiring recordings of all the songs in the book as well as a guided pebble meditation, total relaxation, and children's touching the earth. Beautiful, color illustrations by Wietske Vriesen, Illustrator of Mindful Movements (ISBN-13: 978-1-888375-79-4) accompany the various practices. Any adult wishing to plant seeds of peace, relaxation, and awareness in children will find this book and CD helpful. It is full of wisdom on how to simply be with children and nourish their compassion for themselves and others. Illustrated by Wietske Vriesen, Illustrator of Mindful Movements - Ten Exercise for Well Being, ISBN-13: 978-1-888375-79-4). Includes 1 audio CD.

Based on Dharma talks by Zen Master Thich Nhat Hanh and insights from participants in retreats for healing the inner child, this book is an exciting contribution to the growing trend of using Buddhist practices to encourage mental health and wellness. Reconciliation focuses on the theme of mindful awareness of our emotions and healing our relationships, as well as meditations and exercises to acknowledge and transform the hurt that many of us experienced as children. The book shows how anger, sadness, and fear can become joy and tranquility by learning to breathe with, explore, meditate, and speak about our strong emotions. Reconciliation offers specific practices designed to bring healing and release for people suffering from childhood trauma. The book is written for a wide audience and accessible to people of all backgrounds and spiritual traditions.

The Way of Hen

Inspirational Styling for your Outside Space

Selina Lake: Garden Style

Precision Agriculture Technology for Crop Farming

Adventures of a Young Naturalist

Zen and the Art of Raising Chickens

The Permaculture Way

Topics in this book include: Energy-efficient site analysis, planning & design methods. House placement & design for temperate, dryland & tropical regions. Urban permaculture: garden layouts, land access & community funding systems. Using fences, trellis, greenhouse & shadehouse to best effect. Chicken & pig forage systems; tree crops & pasture integration for stock. Orchards & home woodlots for temperate, arid & tropical climates. How to influence microclimate around the house & garden. Large section on selected plant species lists, with climatic tolerances, heights & uses.

Weeds survive, entombed in the soil, for centuries. They are as persistent and pervasive as myths. They ride out ice ages, agricultural revolutions, global wars. They mark the tracks of human movements across continents as indelibly as languages. Yet to humans they are the scourge of our gardens, saboteurs of our best-laid plans. They rob crops of nourishment, ruin the exquisite visions of garden designers, and make unpleasant and impenetrable hiding places for urban ne'er-do-wells. Weeds can be destructive and troubling, but they can also be beautiful, and they are the prototypes of most of the plants that keep us alive. Humans have grappled with their paradox for thousands of years, and with characteristic verve and lyricism, Richard Mabey uncovers some of the deeper cultural reasons behind the attitudes we have to use such a huge section of the plant world.

Introduzione alla permaculturaAAM Terra NuovaIntroduction to PermaculturePermaculture Resources

More than twenty years ago, when Italian Carlo Petrini learned that McDonald's wanted to erect its golden arches next to the Spanish Steps in Rome, he developed an impassioned response: he helped found the Slow Food movement. Since then, Slow Food has become a worldwide phenomenon, inspiring the likes of Alice Waters and Michael Pollan. Now, it's time to take the work of changing the way people grow, distribute, and consume food to a new level. In Terra Madre, Petrini shows us a solution in the thousands of newly formed local alliances between food producers and food consumers. And he proposes expanding these alliances-connecting regional food communities around the world to promote good, clean, and fair food. The end goal is a world in which communities are entitled to food sovereignty-allowed to choose not only what they want to grow and eat, but also how they produce and distribute it.

How Permaculture Changed My Life

Permaculture One

Like a Killer in the Sun: Selected Lyrics 1972-2017

The Zoo Quest Expeditions

An Integrated Permaculture Approach to Growing Food and Medicinals in Temperate Forests

The Art and Science of Gardening Explained & Explored

Practicing Mindfulness with Children

This book provides a review of precision agriculture technology development, followed by a presentation of the state-of-the-art and future requirements of precision agriculture technology. It presents different styles of precision agriculture technologies suitable for large scale mechanized farming; highly automated community-based mechanized production; and fully mechanized farming practices commonly seen in emerging economic regions. The book emphasizes the introduction of core technical features of sensing, data processing and interpretation technologies, crop modeling and production control theory, intelligent machinery and field robots for precision agriculture production.

In her latest book, Garden Style, Selina Lake reveals how to make the most of any outdoor space, no matter what size or shape. Selina begins by describing her sources of inspiration-famous gardens, nurseries and garden centers, plant catalogs, and botanical prints. Armed with ideas, she moves on to Chapter Two, Decorating your Garden, which is packed with suggestions for container gardening and introducing decorative features. In the next chapter, Bringing the Outside In, she harvests blooms and foliage from the garden to provide seasonal adornment for her home. Chapter Four, Garden Rooms, Greenhouses and Sheds, taps into the current trend for garden buildings that allow you to make the most of your outdoor space. Next, in Relaxing Outdoors, Selina explains how to transform the yard into a stylish space for entertaining, with ideas on furniture, lighting, and more. Finally, in Eating Outdoors, Selina offers advice on creating an inviting outdoor room for eating alfresco. The book is peppered with styling ideas and simple projects. There are also tips on choosing easy-to-grow garden plants and even growing your own produce. Perfect for anyone who wants to make the most of their own little patch of green, Garden Style will also appeal to those who might have neglected their yard and need help to see the potential in their plot. Garden Style will allow readers to transform even the smallest scrap of outdoor space into a lush green retreat.

In this playful yet informative manifesto, a leading plant neurobiologist presents the eight fundamental pillars on which the life of plants-and by extension, humans-rests. Even if they behave as though they were, humans are not the masters of the Earth, but only one of its most irksome residents. From the moment of their arrival, about three hundred thousand years ago-nothing when compared to the history of life on our planet-humans have succeeded in changing the conditions of the planet so drastically as to make it a dangerous place for their own survival. The causes of this reckless behavior are in part inherent in their predatory nature, but they also depend on our total incomprehension of the rules that govern a community of living beings. We behave like children who wreak havoc, unaware of the significance of the things they are playing with. In The Nation of Plants, the most important, widespread, and powerful nation on Earth finally gets to speak. Like attentive parents, plants, after making it possible for us to live, have come to our aid once again, giving us their rules: the first Universal Declaration of Rights of Living Beings written by the plants. A short charter based on the general principles that regulate the common life of plants, it establishes norms applicable to all living beings. Compared to our constitutions, which place humans at the center of the entire juridical reality, in conformity with an anthropocentrism that reduces to things all that is not human, plants offer us a revolution.

Happy Teachers Change the World is the first official, authoritative manual of the Thich Nhat Hanh/Plum Village approach to mindfulness in education. Spanning the whole range of schools and grade levels, from preschool through higher education, these techniques are grounded in the everyday world of schools, colleges, and universities. Beginning firmly with teachers and all those working with students, including administrators, counselors, and other personnel, the Plum Village approach stresses that educators must first establish their own mindfulness practice since everything they do in the classroom will be based on that foundation. The book includes easy-to-follow, step-by-step techniques perfected by educators to teach themselves and to apply to their work with students and colleagues, along with inspirational stories of the ways in which teachers have made mindfulness practice alive and relevant for themselves and their students across the school and out into the community. The instructions in Happy Teachers Change the World are offered as basic practices taught by Thich Nhat Hanh, followed by guidance from educators using these practices in their classrooms, with ample in-class interpretations, activities, tips, and instructions. Woven throughout are stories from members of the Plum Village community around the world who are applying these teachings in their own lives and educational contexts.

Introduzione alla permacultura

How vagabond plants gatecrashed civilisation and changed the way we think about nature

The Permaculture Earthworks Handbook

Further Adventures of a Young David Attenborough

I semi e la terra. Manifesto per l'agricoltura contadina

Farming the Woods

THE SUNDAY TIMES BESTSELLER - The gripping adventures of a young David Attenborough, published in a beautiful gift hardback, with a new introduction and a new selection of 90 pictures, including colour 'A marvellous book ... unputdownable ... utterly engaging' Telegraph 'An elegant and gently funny writer' The Times 'His writing is as impressive and as enjoyable as his TV programmes and there can be no higher praise' Daily Express In 1954, a young David Attenborough was offered the opportunity of a lifetime - to travel the world finding rare and elusive animals for London Zoo's collection, and to film the expeditions for the BBC for a new show called Zoo Quest. This book records those voyages, which mark the very beginning of a career that spans decades and stretches across continents, from the rain on Earth to the Planet II, from the deepest oceans, the darkest jungles and everywhere in between. Staying with local tribes while tracking in search of giant anteaters in Guyana. Komodo dragons in Indonesia and armadillos in Paraguay, he and the rest of the team battled with cannibal fish, aggressive tree porcupines and escape-artist wild pigs, as well as treacherous terrain and unpredictable weather, to record the incredible beauty and biodiversity of these regions. The methods may be outdated now, but the fascination and respect for the wildlife, the people and the environment - and the importance of protecting these wild places - is not. Written with Attenborough's trademark wit and charm, Adventures of a Young Naturalist is not just the story of a remarkable adventure, but of the man who made us fall in love with the natural world, and who is still doing so today. Praise for Sir David Attenborough 'A great educator as well as a great naturalist' - Barack Obama 'Sir David is a wizard of television, and, like Gandalf or Dumbledore, he has a near-magical gift for combining warmth and gravitas. . . the man who, for me, exemplifies the best in British broadcasting' - Louis Theroux 'When I was a young boy I used to love turning on the television and watching David's programmes and really feeling like I was either back out in Africa or I was learning about something magical and almost out of this planet' - Prince William

This multi-authored work considers the increasingly vital concept of urban memory, approaching the issue from different perspectives across art, culture, architecture and human consciousness, with studies on contemporary urban spaces worldwide.

Inspired by her own training in permaculture, Linda Woodrow has devised a totally integrated organic system of gardening that combines science with common sense. In The Permaculture Home Garden she draws us into a warmly welcoming household where everyone shares the planting, helps to tend the hens, and relaxes after a satisfying day's work. Step-by-step instructions and helpful diagrams make it easy to plan and plant a garden to suit your taste and space - a garden that not only looks wonderful but also yields bountiful fruit, herbs and vegetables.

In these talks Steiner describes in fascinating details the unconscious wisdom of the beehive, and how this relates to our human experience of health, civilization, and the cosmos. The elemental imagery and its relationship to human society so inspired the influential avante garde artist Joseph Beuys that he used it in his groundbreaking sculptures, drawings, installations, and performance art pieces.

A Guide for Cultivating Mindfulness in Education

Journeys to the Other Side of the World

Stories of a Photographer

A Memoir In and Out of China

How to Design and Build Swales, Dams, Ponds, and other Water Harvesting Systems

Nine Continents

Bruce Springsteen

A young boy describes how each of the five senses helps him discover new things about the world.

What is Circular Economy

The Permaculture Home Garden

A Perennial Agriculture for Human Settlements

History of the Italian Agricultural Landscape

The Nation of Plants