

Jacuzzi User Guides

Whether or not you see the Northern Lights in Iceland it's still an incredible escape, and some things you can do in Iceland whatever the weather. (According to the Icelandic there is no such thing as bad weather, just the wrong clothes.) This guide will take you to some incredible hotels in Reykjavik and Grindavik, to The Blue Lagoon and another, only in Iceland experience, riding Icelandic horses through lava fields. I used to get extremely burned out in my old job and couldn't even handle finding and booking a hotel and flight or finding what to do when I did take time off. So, I thought "wouldn't it be awesome if someone would write a guide that just gave you one perfect escape; the perfect hotel, spa, flight and restaurant." So that's what I did. (Only in this guide you get at least two hotels. This is Iceland, it likes to break the rules.)

With record numbers of people flocking to health spas to be massaged, wrapped, and steamed, it's no surprise that more homeowners are seeking to bring the spa experience home by installing their own hot tubs, saunas, and steam baths. The options in prefab and easy-installation home units that are now available can be overwhelming. Hot Tubs, Saunas, and Steam Baths is the one guidebook homeowners will need for selecting, installing, and enjoying these home spa components. Full-color photographs complement the text and show the reader the range of designs available for both indoor and outdoor settings. In addition to demystifying the variety of units to choose from, author Alan E. Sanderfoot explains the installation and environmental requirements, addressing such issues as water, drainage, floor and ceiling surfaces, vapor barriers, doors, fencing, and lighting, as appropriate. Since enjoyment is the ultimate goal here, there is plenty of advice on how to make the most of a home spa, sauna, or steam bath, with information on accessories, health benefits, and safety guidelines. Covering one of the hottest home improvement trends today, Hot Tubs, Saunas, and Steam Baths offers the most up-to-date and accessible information available for anyone interested in creating a relaxing haven in the home.

Multistate Guide to Sales and Use Tax 2009ConstructionCCH

This complete guide to Guatemala includes special sections on family travel, Mayan history and culture, and detailed itineraries. Guatemala delivers what adventurous travelers dream of: exotic birds and wildlife, world-class caving, whitewater rafting, zip-lining through the jungle, fascinating Mayan ruins, vibrant cities, and riotous indigenous festivals and markets. Like Guatemala itself, this guide combines the best in adventure, nature, and culture to create indelible travel memories. Author Conner Gorry is a solo woman traveler, and that translates into insightful text that keeps an eye on travel safety issues. Detailed itineraries offer invaluable, road-tested advice, while comprehensive history and information on Mayan culture imbue your trip with context and meaning. Gorry covers the top tourist destinations with the knowledge only experience can bring; she also emphasizes sustainable travel options that support local communities

and minimize environmental impact. Including sections on health, language, and traveling with children—everything you need to have a fun, adventurous, safe, and authentic travel experience is right here. More than 100 photographs and detailed maps round out the information, providing everything you need to make the most of your visit.

Includes Mérida, Playa del Carmen, Tulum, Cozumel, Chichén Itzá

Explorer's Guide Hawaii

Spa Operating Procedures, Policies & Forms Manual

The Rough Guide to London

Green Earth Guide: Traveling Naturally in France

Hong Kong Spa Princess - The Guide from Pearl Escapes

Covering a wide range of popular alternative medicine and health issues, User's are written by leading experts and science writers and are designed to answer the consumer's basic questions about disease, conventional and alternative therapies, and individual dietary supplements.

Now available in ePub format. The new, full-color Rough Guide to Ecuador and the Galápagos Islands is the definitive travel guide to this captivating country. In-depth coverage of Ecuador's incomparable wildlife, vibrant indigenous cultures, and awe-inspiring scenery takes you to the most rewarding spots—from the Amazon rainforest to the heights of the Andes to glorious, laid-back beach resorts. Stunning color photography brings the land to life on the pages. Discover Ecuador's highlights, with expert advice on exploring the best colonial cities, participating in ancient festivals, scaling volcanoes and learning Spanish, straddling the Equator, and swimming with turtles, penguins, sea lions, and even sharks. The guide includes extensive coverage of the capital, Quito, and the Galápagos Islands, the world's premier wildlife destination. Easy-to-use maps, reliable advice on how to get around, and insider reviews of the best hotels, restaurants, bars, clubs, and shops for all budgets ensure that you won't miss a thing. Make the most of your time with The Rough Guide to Ecuador and the Galápagos Islands.

Not just another guidebook. There's no shortage of travel information; guidebooks, the internet, tour firms... This book provides something different; travel wisdom. Pearl Escapes brings you a detailed first hand review of one recommended hotel, one spa, one top restaurant, and (I made an exception for Yangshuo) the two exceptional sights to experience, as well as invaluable information on visiting China in general. Perfect for anyone who wants to be able to relax and enjoy one of the most beautiful places in the world without researching or stressing. Pearl Escapes gives you unparalleled first hand experience of China's ancient spa wisdom in some of the world's best spas, and here in Yangshuo perhaps the world's simplest. And most importantly, this book includes the essential guide on where to Go, with a guide to which local toilets to use in Yangshuo. If you've ever dreamed of visiting China, now is the time.

Written by the founder and publisher of The Alternative Health Guides, a web and print guide for Vermont and New Hampshire, Green Earth Guide is a one-stop reference that provides travelers in France with tips to stay green and healthy even when traveling. Green Earth Guide contains current, comprehensive listings of health food stores and farmers' markets, public transit information, alternative health care facilities, green businesses, organic vineyards, renewable energy

resources, yoga and spiritual centers, national parks, and other green places of interest. Written in a friendly, accessible style with personal anecdotes, how-to travel tips, and practical information, the book offers an insider's guide to healthy living on the road. With Green Earth Guide, readers don't have to sacrifice healthy habits and ecolifestyle choices just because they are in a foreign country. Green Earth Guide helps travelers have a wonderful, fulfilling vacation while leaving a smaller footprint wherever they venture in France. Included is a 16-page color insert. From the Trade Paperback edition.

Public Bathing Place Manual

Consumer Guide to Home Energy Savings

The Guide to Massage, Spa Treatments and Healing from Pearl Escapes 2017

Property Management Kit For Dummies

Insiders' Guide® to Connecticut

The Guide to New York for New Yorkers

The Rough Guide to London is the essential travel guide with clear maps and coverage of London's unforgettable attractions. From the big hitters like the Tower of London and the London Eye to hidden gems like the Sir John Soane's Museum and Highgate Cemetery the Rough Guide steers you straight to the unmissable sites of London, unearthing the best hotels, restaurants, traditional pubs, cafés and nightlife across every price range. A guide for travellers and London locals alike, you'll find detailed coverage of the city's fantastic free museums as well as the little-known nooks and crannies you should be exploring. The Rough Guide to London includes detailed accounts of all the palaces, museums and galleries, big and small, and why they're worth (or not worth) visiting. There are specialist sections on nightlife, the gay and lesbian scene, classical arts and detailed information on the capitals best markets and shopping-spots, all written by London-based experts. Explore all corners of the city with authoritative background on everything from Jack the Ripper to top London clubs, relying on the clearest maps of any guide. Make the Most of Your Time with The Rough Guide to London

Brockenhurst, in the UK's New Forest, is one of my favourite places and it's also home to one of the world's finest thermal spas. When you need to seriously relax it's a great retreat, and this detailed guide will tell you exactly how to make the most of it and what to watch out for on your escape. I used to get extremely burned out in my old job and couldn't even handle finding and booking a hotel and flight or finding what to do when I did take time off. So, I thought "wouldn't it be awesome if someone would write a guide that just gave you one perfect escape; the perfect hotel, spa, flight and restaurant." So that's what I did.

The definitive guide to the Green Mountain State Christina Tree and new coauthor Rachel Carter have more lovingly than ever updated the Explorer's Guide to Vermont, especially since floods in August 2011 caused by Tropical Storm Irene devastated so many of the communities, businesses, iconic covered bridges, and scenic backroads in the state. As these towns and storefronts rebuild, so have Tree and Carter This 13th edition of Explorer's Guide Vermont reviews hundreds of dining and lodging options from the remote reaches of the Northeast Kingdom to quaint Manchester and bustling Burlington. The authors offer great recommendations for the most rewarding spots to visit—artists' studios,

farmers' markets, historic sites, and more—and highlight the best biking, hiking, swimming, winter sports, horseback riding, fishing, and paddling. Enjoy four seasons of events and activities; whether you're a visitor or a resident, you've got to get this guide!

A guide to spa treatments and massages, this book includes definitions and descriptions of common massage and spa services as well as the more unusual offerings of international spas in China, Morocco, Tuscany and more. From advice on your first visit to a spa or masseur to "way out" experiences for the more adventurous, this is the ultimate spa handbook. If you've ever wondered what Reflexology is like in China, been tempted by Gua Sha, tried to discover how an Ayurvedic Massage differs from the rest, or even heard of Tkissila this is the guide for you. This guide is based solely on personal experience, so, as well as explaining some of the technical differences, the author also explains how each treatment made her feel and her reactions to some of the more unusual massages. The book also includes recommendations for spas where the author has tried the treatment and information on further reading. A must for new spa visitors, as well as spa fanatics and spa professionals.

Cancún & Yucatán Peninsula Footprint Focus Guide

The Guide to Vero Beach (the Best Food and Spa In Florida, the Massages, the Hotel, the Turtles, the Paddle Boarding, and the Sharks) from Pearl Escapes 2013, 2014 and 2015

Mayo Clinic Guide to Integrative Medicine

Spa Treatments - The Guide from Pearl Escapes February 2012

Manhattan Users Guide

The Guide to Trouble-Free Pool Maintenance

****The secrets of water maintenance trade professionals are revealed in this detail-by-detail guide to keeping pools, spas, and other recreational water containment units in tip-top shape. *Offers inside-out coverage of chlorine alternatives, automation, noise control, pool-side safety, portable spas--and everything from minor maintenance to major fixes and remodeling. *A must for pool maintenance and spa technicians, this book includes environmentally friendly product resources, along with troubleshooting tips and project checklists that make caring for a pool or spa less costly.***

In addition to tourist attractions such as the Fisherman's Wharf, this guide presents the authentic Northern California experience. Explorer's Guide Northern California offers the most up-to-date information on the region, from Big Sur to Yosemite, north to the Oregon Border while, urging travelers to understand the impact of their footprint on the land. With detailed descriptions of lodging options, honest reviews of restaurants, from taco trucks to upscale bistros, cultural attractions, natural wonders, recreation, transportation, history scattered throughout each listing, over 100 photos, and maps, readers will feel like they are getting a tour around this beautiful land from an old friend.

Covers pool construction, water, filtration, pumps, heaters, covers,

cleaning, accessories, winterizing and reopening a pool, repairs, safety, and hot tubs

The FabJob Guide to Become a Spa Owner shows how you can successfully start a day spa business. The authors share their own experiences plus expert business advice from more than two dozen spa business owners and other spa industry experts.

The Guide to Brockenhurst, the New Forest (the Hotel, the Thermal Spa, the Restaurant and the Ponies) from Pearl Escapes 2012

A Guide for the Preparation of Applications, Reports and Plans for Hot Tubs and Spas. Hot tubs and spas

Housekeeping & Spa Presentation

Weird and Wonderful Spa Treatments and Massage - The Guide from Pearl Escapes 2014

Save Money, Save the Earth

This compendium on healthy living from the trusted Mayo Clinic organization combines two home health books into one must-have resource. Anyone looking to improve health in a safe, smart, innovative, and minimally-invasive way will want this guide. The book teaches what integrative medicine is—the medical movement to incorporate treatments that were once thought questionable but now are scientifically proven to work into everyday therapies, combining those alternative methods with traditional medicine to produce best results. The book offers a revolutionary approach to healing by highlighting ways that integrative medicine addresses not only the physical body but also the mind and spirit. With this trifold view of wellness in mind, the book covers topics like meditation, homeopathy, acupuncture, reflexology, herbs and supplements, and more, giving readers new solutions to their health issues.

The Rough Guide to Estonia, Latvia and Lithuania is your ultimate travel guide to the Baltic States, with inspiring colour photos, clear maps and in-depth descriptions of everything from Tallinn's most atmospheric drinking dens to the countries' finest sandy beaches and the best nature trails. Dip into the full colour introduction to get an idea of the highlights of Estonia, Latvia and Lithuania. The guide itself features definitive accounts of the fascinating capital cities of Tallinn, Vilnius and Riga, as well as full coverage of smaller towns and villages and the distinctive landscapes of lakes, forests and national parks, and practical advice to help your travels run smoothly. It also contains tips on the best places for hiking, canoeing and birdwatching, as well as detailed maps for every region, and up-to-date reviews of accommodation, restaurants and nightlife. Two new-look colour sections give the lowdown on food and drink and the great outdoors. This new edition also features a handy events calendar to help plan your trip across the Baltics to coincide with the best events - there's everything from jazz, ballet, chamber music and film festivals on offer throughout the year - as well as expert background on musical traditions, from the birth of Lithuanian free jazz to Estonia's first punk rock concert. Make the most of your holiday with The Rough Guide to Estonia, Latvia and Lithuania.

The first User's Guide to the National Electrical Code(R) explains basic principles of the NEC(R)! NFPA's 2002 Edition details and explains the basic NEC principles you must know to work effectively with the world's most widely used building code! Written by H. Brooke Stauffer, Director of Codes & Standards at the National Electrical Contractor's Association, User's Guide to the National Electric Code is the ideal starting point for electrical apprentices, and a useful reference for experienced pros.

Launch your career in the electrical field-or get the NEC background you've been missing! Learn how to find your way around the 2002 NEC through text explaining: What's covered in each chapter of the NEC. Use it alongside your 2002 Code!How the National Electrical Code works with other NFPA electrical standards and building codes The NEC consensus development process and the significance of TIAs and Formal Interpretations The User's Guide offers expert analyses of technical requirements-the kind of information it can take years to acquire: The difference between GFPE and GFCI equipment Why terminals for ungrounded hot conductors must be color-distinguishable from the silver or white usedfor grounded conductors Reasons to use a multiwire branch circuit. The NEC tells you how to install it-only the User's Guide tells you why. Find examples of TVSS (transient voltage surge suppressors) and hundreds of other explanations.

"Christina Tree is New England's premier guidebook author" —Yankee Magazine This completely revised, expanded, and updated twelfth edition covers all corners of the Green Mountain State from its vibrant arts scene to its quiet country roads, the austerity of the Northeast Kingdom, and all points in between.

The Ultimate Guide to Spas and Hot Tubs

The Complete Idiot's Guide to Green Building and Remodeling

Explorer's Guide Vermont

Construction

Pocket Guide to Residential Electrical Inspections, 2002 Edition

The Guide to Iceland (the Thermal Spa, the Reykjavik Hotel, the Grindavik Hotel, the Northern Lights, the Icelandic Horses, the Food, the Buses and the Flight) from Pearl Escapes 2012

From Key Largo to Shanghai Pearl has tried it all and lived to tell the tale. Discover the weird and wonderful world of spa treatments in this informative, humorous and down to earth guide, which explains how to spa from the simplest massage to the most unusual treatments. Each experience has been tried and tested by the author so, as well as the definition of the treatment, you'll find out exactly how it feels and what the after effects were. Also includes recommendations for spas with exceptional treatments. A must for spa goers, therapists and spa managers too!

Multistate Guide to Sales and Use Taxation: Construction provides guidance to construction contractors for dealing with the difficult sales and use tax issues inherent in their businesses, particularly if they operate in several states. In addition to the usual problems in complying with different bodies of law, administering a hodge-podge of state and local tax rates, and dealing with a variety of tax agency audit programs, the contract process and insufficient recordkeeping further complicate an already complicated task.

An all-inclusive guide to New York City features little-known resources and amusements, tips on dealing with the city's problems, and advice on the best services, shopping, and restaurants, all organized into useful categories such as Arts & Diversions, Coping, Services, Restaurants, Spirits, Sports, and Stores. Original. Before you put that FOR RENT sign in the yard, read this Hello there, future landlord. You've found what you're looking for—a complete package of information and resources to teach you what you need to know and make your life (and your tenants' lives) easier. With Property Management Kit For Dummies, you can learn

how to manage single-family homes, large apartment buildings, treehouses, dollhouses... okay, there's not much info here on managing dollhouses, but everything else is definitely covered. Find good tenants, move them in, and keep them happy and paying rent on time. When it comes time for a change, learn how to move tenants out and turn over the property, easy as pie. This book makes it simple to understand tax and insurance requirements, building maintenance concerns, and financial record keeping. Plus, the updated edition reflects the current rental property boom, new technologies, changes to the law, and the inside scoop on the latest Fair Housing issues to keep you out of court. Emotional support animals? Rent control? Bed bugs? Eviction? It's all in here. Find out whether property management is right for you, learn what you need to get started, and be successful as your residential rental property portfolio grows Get your ducks in a row—develop solid marketing and advertising strategies and resources, build up-to-date rental contracts, figure out the legal side of things, and minimize your income and property tax bills Make sure you're renting to responsible people, and deal with the occasional problem tenant without major drama Maximize your cash flow by keeping your rents at market prices, efficiently handling maintenance, and ensuring your property has great curb appeal with the features and benefits sought by today's tenants Become a top-notch property manager with this one-and-done reference, plus online bonus materials.

Conventional Remedies Meet Alternative Therapies to Transform Health

The Unofficial Guide to Cruises

Explorer's Guide Vermont (Thirteenth Edition)

Explorer's Guide Guatemala: A Great Destination

Multistate Guide to Sales and Use Tax 2009

The Rough Guide to Ecuador & the Galápagos Islands

A guide to home building, renovation, and remodeling for environmentally conscientious readers or home owners looking to promote energy efficiency explains how to reduce one's personal carbon footprint, lower costs, and promote an eco-friendly lifestyle while creating one's dream home. Original.

Creativity is surrounded by such mystique. It seemed so magical to the ancient Greeks that they attributed the moment of inspiration to muses rather than people. We now know that was baloney. This book exposes creativity as a process. It shows that there are certain steps you need to follow before you can be struck by that moment of creative genius. It shows you how to get your mind into the right place to come up with ideas. And it gives you some techniques to help you approach problems in different ways.

Insiders' Guide to Connecticut is the essential source for in-depth travel information for visitors and locals to the Nutmeg State. Written by a local (and true insider), Insiders' Guide to Connecticut offers a personal and practical perspective of the state that makes it a must-have guide for travelers as well as residents looking to rediscover their home state.

NFPA's handy Pocket Guide to Residential Electrical Inspections presents pertinent dwelling information from our best-selling Electrical Inspection Manual with Checklists - including all its residential checklists! The portable, conveniently-sized guide covers all the items inspectors are required to check on residential projects. It is indispensable for installers and contractors who

want to maximize productivity on one-, two-, or multiple-family residential installations. Protect lives...and know your jobs comply with the 2002 NECA(R) rules!

The Rough Guide to Estonia, Latvia & Lithuania

User's Guide to Chronic Fatigue and Fibromyalgia

Yangshuo Spa Princess - The Guide from Pearl Escapes

Home Remedies Meet Alternative Therapies to Transform Well-Being

DuPont™ Spa Care User Guide

Explorer's Guide Northern California (Explorer's Complete)

Today, certain health conditions are not always best served by conventional medicine. Learn the ins and outs of integrative medicine with this comprehensive guide from the internal medicine experts at the Mayo Clinic. Once believed to be an alternative approach to patient care, recent studies have shown that integrative medicine is a valid option for reducing chronic pain, fatigue, depression, anxiety, as well as overall wellness. In fact, 1 in 3 American adults uses integrative medicine to boost their physical health. Whether utilized on its own or in combination with a conventional treatment plan, integrative medicine can be a natural, noninvasive way for patients to take charge of their health and wellbeing. In Mayo Clinic Guide to Integrative Medicine, experts from the Mayo Clinic break down dozens of the most common integrative therapies used today. From meditation and various spiritual practices, to spa treatments and medicinal herbs, readers can learn the ins and outs of popular integrative therapies, and ultimately decide if integrative medicine is right for them. Additionally, each type of integrative therapy is assigned a green light, yellow light, or red light illustration, to show which therapies come highly recommended from medical professionals, which therapies should be used with caution and guidance from a primary care physician, and which therapies should be avoided. Written with the everyday consumer in mind, Mayo Clinic Guide to Integrative Medicine is a digestible, easy-to-use guide for understanding and implementing holistic health practices in your daily routine.

Veteran travel writer and photographer Kim Grant cuts through the tourist brochure clutter to help you maximize your precious time and money. Utterly reliable and comprehensive, Grant gives opinionated listings of resorts, condos, vacation cottages, and campgrounds, and hundreds of dining recommendations, from plate lunches and local grinds to seared ahi and Kona lobster at haute eateries. But Grant steers you where other guides don't. As apart-time resident, she guides you to waterfalls and volcanoes; takes you snorkeling and golfing; finds authentic luaus; illuminates the nuances of hula; and unearths fine contemporary craftsmen and Hawaiiana collectibles. She also includes dozens of 'Top Ten' lists highlighting Musts for First-time Visitors, Best Beaches, Best Romantic Resorts, Best Places for Weddings, Best Places for Sunset Drinks, and a section on how to choose the island that's right for each traveller's taste.

Seven years ago I had a traditional massage in Morocco and felt the deep physical, mental and spiritual healing that can come from a great treatment. I started researching massages and spas, particularly

traditional treatments from around the world; I travelled to China, Japan, Mexico, Iceland, Tuscany and tried ancient treatments in central London, then I started writing about them so that others could benefit from this research. In 2016 I experienced the most powerful healing yet, in a Native American spa in Arizona. It's all in this book. Was the healing all down to this one incredible treatment, or was it the cumulative effect of years of exploration? I don't know, but wherever you want to start, this guide to over 300 different massages and spa terms will help you plan your healing journey.

THE MOST COMPLETE AND UP-TO-DATE GUIDE AVAILABLE TO ENERGY SAVINGS IN THE HOME Praise for the Ninth Edition: A Penny-Wise Guide to 'Buttoning Up Your House' -The New York Times ...the most comprehensive resource to home energy savings that I've seen. Every homeowner and environmentally conscious (or utility paying) renter should have a copy. - Green Living The advice here will also save you hundreds of dollars a year in energy costs. -Better Homes and Gardens The Consumer Guide to Home Energy Savings has sold nearly a quarter of a million copies. Completely revised to incorporate the latest developments in green technology, this well-organized and highly readable manual is the definitive reference for consumers who want to better their home's performance while reducing their energy bills. Updated and expanded chapters focus on specific aspects of any home, such as heating and cooling, ventilation, electronics, lighting, cooking and laundry, and provide helpful explanations for each, including: - Energy use characteristics - Comparisons between available technologies - Cost-effective repair and replacement options - Step-by-step guidance for finding the right equipment. This comprehensive resource is packed with tips on improving existing equipment and guidance for when and why to invest in new purchases, as well valuable pointers on locating grants or incentives offered by local governments and utilities. It is a must-read for anyone concerned about reducing both their energy bills and their environmental impact. To help bring you the very best inspiration and information about greener, more sustainable lifestyles, Mother Earth News is recommending select New Society Publishers books to its readers. This book is one of them. Jennifer Thorne Amann is the Buildings Program Director at the American Council for an Energy-Efficient Economy. Alex Wilson is the founder of BuildingGreen, Inc., Executive Editor of Environmental Building News, and author of Green Building Products and Your Green Home. Katie Ackerly holds Masters degrees in Architecture and Building Science from UC Berkeley and works for David Baker + Partners, an architecture firm in San Francisco.

The Ultimate Pool Maintenance Manual: Spas, Pools, Hot Tubs, Rockscapes, and Other Water Features, 2nd Edition

Public Bathing Place Manual: Hot tubs & spas

Understanding where ideas come from and helping you have more of them

User's Guide to the National Electrical Code

FabJob Guide to Become a Spa Owner

Mayo Clinic: The Integrative Guide to Good Health

Vero Beach in Florida is a real discovery. Just staying in the hotel you can enjoy the best massage and food in Florida, then add in an unspoilt beach full of turtle nests, a shipwreck, (sharks!), an old fashioned but cosmopolitan main street and even a labyrinth nearby and it is an exceptional escape. They really look after me here, especially the main chef, who, although he is from Peru, brings Cuba to Vero Beach. It makes my mouth water just to think of it. Bring your appetite. I used to get extremely burned out in my old job and couldn't even handle finding and booking a hotel and flight or finding what to do when I did take time off. So, I thought "wouldn't it be awesome if someone would write a guide that just gave you one perfect escape; the perfect hotel, spa, flight and restaurant." So that's what I did.

Take a plunge off Mexico's Caribbean coastline and marvel at the coral and plants that have been popular with divers since the 1960s. Trek inland and visit Mayan ruins immersed in ancient forests. Stop briefly at the popular sites in Uxmal and Tulum, but stay as long as you like at the lesser-known monuments that are off the beaten path. Footprint Focus Cancún & Yucatán Peninsula provides thorough coverage of the area, with detailed information on everything from flamingo feeding grounds to beach resorts in Cancún. Includes Background section with fascinating insights into the history of the peninsula. • Essentials section with practical advice on getting there and around. • Highlights map so you know what not to miss. • Comprehensive listings including where to eat, sleep, and have fun. • Detailed street maps for Cancún, Campeche and other important towns and sights. • Slim enough to fit in your pocket. Loaded with advice and information, this concise Footprint Focus guide will help you get the most out of the Yucatán Peninsula without weighing you down. The content of Footprint Focus Cancún & Yucatán Peninsula guide has been extracted from Footprint's Mexico Handbook

From the publishers of The Unofficial Guide to Walt Disney World "A Tourist's Best Friend!" —Chicago Sun-Times "Indispensable" —The New York Times Five Great Features and Benefits offered ONLY by The Unofficial Guide: More than 100 cruise lines and 500 ships reviewed and ranked for value and quality Complete details on cruise lines, ships, and itineraries around the world Industry secrets for getting the lowest possible fare, plus extras like free vacation days Everything you need to know to make planning your cruise vacation fun and easy Helpful hints for getting the best cabin—without breaking your bank account

With 5.6 million spas and hot tubs in the United States (260,000 installed last year alone) service technicians and do-it-yourselfers have been clamoring for a practical user-friendly guide to demystify the purchase, repair, installation, and everyday maintenance of spas and tubs. And here it is. This first-ever book on the subject utilizes easy-to-follow photos and text to walk the reader through every necessary procedure--purchasing, installing, heating, winterizing, understanding water chemistry, troubleshooting and repair, automatic cleaning, decks and enclosures,

enhancements, and much more. * **Tricks of the Trade:** special insider tips throughout the book speed and simplify each task * **Tools of the Trade:** a parts and tools list for each procedure makes preparation simple and assures success * **A complete resource guide** listing websites, manufacturers, sources of cost-saving generic replacement parts, and more * **Realistic cost estimates** of components, equipment, and upgrades makes anyone an educated shopper * **Quick Start Guides:** a short, summarized list for each common task helps the reader start right and finish quickly * **All data and measurements** presented in both English and standard metric dimensions for use in any country

A Guide to Planning and Designing Your Home Health Spa

What Color Is Your Swimming Pool?

Hot Tubs, Saunas and Steam Baths

A User Guide To The Creative Mind Second Edition

Not just another guidebook. There's no shortage of travel information; guidebooks, the internet, tour firms... This book provides something different; travel wisdom. Pearl Escapes brings you a detailed first hand review of one recommended hotel, one spa, one top restaurant, and one exceptional sight in Hong Kong, as well as invaluable information on visiting China in general. Perfect for anyone who wants to be able to relax and enjoy the trip of a lifetime without researching or stressing. Pearl Escapes also gives you unparalleled first hand experience of China's ancient spa wisdom in some of the world's best spas as well as some of the world's simplest. And perhaps most importantly, this book includes the essential guide on where to Go, with a guide to how to find acceptable toilets in Hong Kong. If you've ever dreamed of visiting China, now is the time.