



Writing Prompts and Drawing Diary for Young Girls  
Creative Writing Prompts for Adults

**As the word teens suggests this special writing journal is best suitable for all boys and girls from 13 to 19 years old. The "Writing Prompts For Teens" is an interesting and inspiring journal with over 100 thought provoking things to write about. This activity journal will help you explore your inner self by giving you enough writing prompts for self discovery and self-exploration, one per day for 101 days. Being teen ager you will be amazed to know that you are going to have over 100 writing ideas for you with in this writing journal. Inside you will find a lot of inspiring, fun questions and writing prompts all aimed at journal writing for teens. This journal is crafted in such a way to get teens think in a new and refreshing way and it also lets them gain a deeper understanding of their inner self while having fun. On the whole, the questions and writing prompts within this unique journal are meant to provide you with a simple yet integrative pastime. Enjoy!**

**Being a parent, teacher or guardian, you know how important it is to challenge your child's creativity to help them grow and improve their writing and conceptual skills. This prompt journal has been created to help foster that growth, and comes complete with 52 thought-provoking writing prompts that can either be completed each week for the entire year or as and when you see fit. These guided prompts will help your child develop and improve their imagination, creativity and writing skills. Through writing practice, your child will develop new thinking and writing skills in a fun and engaging manner. Express Yourself! for Kids is the perfect writing companion for children in grades 1 to 6 and will be sure to get their creative mind and imagination flowing. Here are just a few examples of the prompts you'll find inside: "Write about five or more things that you can do to help the earth" "When was the happiest moment in your life? Write about it!" "Who is the person you admire the most and why?" Book Details: Large 8.5" x 11" Pages Lined Journal Paper 52 Unique Writing Prompts that help to increase creativity and develop writing skills of your child Quality Writing Paper 52 Total Pages (1 Page per prompt)**

**Can't find what you need when you need it? Are you often overwhelmed or anxious? Do you speak kindly or critically to yourself? How are you not honoring yourself? Ready to release stress and embrace tranquility? Get control of your clutter so your mental, physical, spiritual and emotional clutter doesn't control you. Reclaim time, money, sanity, and resources. Got Clutter? 365 Journal Prompts support you in clearing your clutter physically, mentally, emotionally and spiritually. Julie Coraccio's definition of clutter is this: Clutter is anything that prevents you from creating the life you choose, deserve, and desire. When you clear your clutter you can share your gifts with the world. What talents will you discover? Awareness + Action = Change. When you become aware of your clutter then you can take action to release it. You may not even be aware of the all the clutter you have in your life. FREE GIFT WITH PURCHASE. Control your clutter instead of your clutter controlling you. How much of your life does clutter control? Journaling helps you access your deepest knowledge. Receive step-by-step guidance along with examples on how to move forward and take action to make real changes in your life. Stop Being Afraid. How has your fear prevented you from living your life to the fullest? Learn how to clear your physical, mental, emotional, and spiritual clutter, which will support you in clearing clutter in other areas of your life. Gain Clarity. Are you tired of being anxious, overwhelmed, and exhausted most of the time? Clearing your physical, mental, emotional, and spiritual clutter allows you to focus on what's most important in your life. Honor your pace. The prompts aren't dated or numbered so you can do the workbook to fit your lifestyle and schedule. You've Got This. Are you worried you can't do it alone? Know that you can declutter your life. Even if you have never done this work before, it's within your abilities. Don't sell yourself short and underestimate what you can accomplish. Start today! Isn't it time you took the first step to release clutter and reclaim your life? The present moment is your point of power to change. Julie Coraccio is a professional life organizer, author, certified life coach and the host of the popular podcast and YouTube series Clear Your Clutter Inside & Out. Check out all of Julie's Got Clutter? 365 Journal Prompts and Clear Your Clutter Inside & Out books to clear the clutter in your life.**

**In "500 Journal Writing Prompts," you get a vast selection of categorized pre-written self-discovery prompts for you to write out. You can use the book as your journal to write in. "A great compilation with enough prompts to keep going" "Good categories for self-discovery and for every mood" -Do you want to start journaling but don't know where to begin? -Are you lacking in motivation or inspiration but don't know why? -Do you want to get direction and set exciting goals? -Would you like to not run out of ideas and inspiration? -Are you busy in life and would you like easy access to a successful journal writing routine? Look no further because it's all in this vast collection of prompts for memories, emotional healing, personal development, creating a future you love and much, much more! In the book you will also be introduced to useful tips for journaling and how to use journal prompts to your advantage. Anybody can feel stuck and in need of inspiration to get started or proceed with their journaling. With these 500 thought-provoking prompts you will be sure to find what you need to fill your journal with remarkable self-discovery. Categories: Memories Daily Reflections Weekly Reflections Confessions Mindfulness Your Favorites Morals and Ethics Happiness Gratitude and Appreciation Rituals Write a Letter Spirituality Personal Development Dealing with Emotions Quotes Relationship with Others You and Society Travelling Money and Finances Creativity Finding Your Passion Making a Life Vision Start Dreaming BIG**

**100 Journal Prompts**

**A Prompt A Day - 180 Prompts for 6 Months - Prompts to Help You Ignite Your Imagination and Write More**

**Express Yourself!**

**The "Write" Way Mathematics Journal Prompts & More, Gr. 7-8 Pre-Algebra**

**The "Write" Way Mathematics Journal Prompts & More, Geometry**

**The Healing Journal**

**Tired of wasting time and energy maintaining your mess? Do you spend most of your mental energy in the past or future? Are you always trying to control people, events, or outcomes? Do you spend time gossiping? Would you like to share your gifts with the world? Get control of your clutter so your clutter doesn't control you. Reclaim time, money, sanity, and resources. Got Clutter? 365 Journal Prompts supports you in clearing your physical, mental, emotional and spiritual clutter. Julie Coraccio's definition of clutter is this: Clutter is anything that prevents you from creating the life you choose, deserve, and desire. When you clear your clutter you can share your gifts with the world. What talents will you discover? Awareness + Action = Change. When you become aware of your emotional, spiritual, mental and physical clutter then you can take action to release it. You may not even be aware of all the clutter you have in your life. FREE GIFT WITH PURCHASE. Control your clutter instead of your clutter controlling you. How much of your life does your mental, spiritual, physical and emotional clutter control? Journaling helps you access your deepest knowledge. Receive step-by-step guidance along with examples on how to move forward and take action to make real changes in your life. Stop Being Afraid. How has your fear prevented you from living your life to the fullest? Learn how to clear your physical, mental, emotional, and spiritual clutter, which will support you in clearing clutter in other areas of your life. Gain Clarity. Are you tired of being anxious, overwhelmed, and exhausted most of the time? Clearing your physical, mental, emotional, and spiritual clutter allows you to focus on what's most important in your life. Honor your pace. The prompts aren't dated or numbered so you can do the workbook to fit your lifestyle and schedule. You've Got This. Are you worried you can't do it alone? Know that you can declutter your life. Even if you have never done this work before, it's within your abilities. Don't sell yourself short and underestimate what you can accomplish. Start today! Isn't it time you took the first step to release clutter and reclaim your life? The present moment is your point of power to change. Julie Coraccio is a professional life organizer, author, certified life coach and the host of the popular podcast and YouTube series Clear Your Clutter Inside & Out. Check out all of Julie's Got Clutter? 365 Journal Prompts books and her Clear Your Clutter Inside & Out books to clear the clutter in your life.**

**Writing a Journal will be one of the most rewarding decisions you would have ever made in your life to kick-start your passion for writing. There are 180 thought-provoking prompts in this book to keep you creative and motivated. These prompts will help you sharpen your writing skills and inspire you to write better. Writing one prompt a day in this book should keep you going for 6 months Remember this Writing Journal is a place just for you and your imagination. Let it take whatever shape works for you. Try making it a daily practice by adding it to your morning or evening ritual so that it becomes a habit. Try picking a specific time of day that it gets done every day. In case Writer's Block strikes you. Just take one prompt and start writing. The more you do it, the easier it gets. There is no particular order in which you should do them. Follow your heart. Choose any prompt where you feel like writing about. Write about it as often as you like. If you only use one prompt over and over again -that's fine. If you don't want to write about another one, that's ok too. This writing time is for you Additional Details: Cover: Premium Glossy Finish Size: 6 x 9 inches - Easy to carry around Pages: 182 Pages Paper: High-grade White Paper**

**Write to feel better—with 50 positive affirmations, writing prompts, and soothing illustrations inspired by nature to help people overcome the emotional toll of chronic or invisible illness**

**Write (and remember) your first-time mommyhood story The first person you told. The first weird craving you had. The first time you saw your baby. Becoming a mom is filled with firsts that you're going to want to remember--and with this journal, you'll chronicle every meaningful milestone and memory of your pregnancy. The First-Time Mom's Pregnancy Journal is your trimester-by-trimester guide to capture everything from finding out you were pregnant to holding your newborn. With writing prompts, checklists, activities and more, this book is a fun and easy way for every new mama to create a lifelong keepsake of the joys of pregnancy and motherhood. The First-Time Mom's Pregnancy Journal includes: First-time mom firsts--Remember the special moments of every month with questions to guide your journaling. Plus, space for freestyle entries allows you to create your very own pregnancy journal prompts. Handy guidance--Keep track of your prenatal appointments and stay organized with trimester checklists--this pregnancy journal has you covered with all of the essential to-dos to get ready for baby. Fun activities--Daydream about the nursery, brainstorm baby names, scrapbook songrams, and so much more. You only experience your first once--capture every moment with The First-Time Mom's Pregnancy Journal.**

**Writing Prompts for Teens**

**Prompted Journal**

**Journal Prompts to Heal Your Broken Heart in 30 Days**

**109 Journal Prompts to Help You Through Major Life Transitions**

**The "Write" Way Mathematics Journal Prompts & More, Gr. 5-6**

**The Year of You**

**How to Get Over a Broken Heart? Try Journaling. It's an Effective, Proven Method of Releasing Pain on Paper. When it's down on the page, you can examine your emotions with more rationality. A journal is a safe place to express your honest thoughts and emotions without the risk of judgment from others. As you follow these writing prompts, you'll find that inner part of your soul emerging to guide you and give you the answers you didn't think you had. You'll begin to understand why your relationship didn't work out, as well as uncover some of the insecurities and blockages to your happiness, and how to find the gifts and lesson in your current state of pain and recovery. Coping with a breakup or divorce is a challenging time and everyone heals at their own pace. This book gives you 30 journal prompts to get to the heart of the matter and help you speed up the recovery process. Each one begins with an inspirational quote from great men and women of the past and present You can do the journal prompts consecutively, or you can pace them by taking breaks between the days if you find the work to be emotionally heavy. A relationship consists of two people, which is why this book is divided into two sections: 15 prompts about your ex, and 15 that focuses on you. By doing this work, you'll be taking the steps to: ♥Let go of your ex ♥Uncover what made you incompatible ♥Why you were attracted to him in the first place ♥Analyze your true beliefs about love ♥How to be more positive in love and in life ♥Find out what REALLY makes you happy in a romantic relationship ♥How to take care of yourself and fulfill your own happiness and be less needy ♥How to create a healthy, inter-dependent relationship the next time around Whether it's letting go of a first love or healing from a nasty divorce, letting go of an ex is the first step in attracting your TRUE soulmate into your life. Buy the book and get started with this work today.**

**Stop Stressing Over Your Blank Journal Page Start Gaining Insight Into Your Life Tired of the same boring, repetitive journal prompts? Ready to journal not for memories, but for self-exploration and growth? Tired of journal prompt books with too much blank space or not enough? Hi, I'm Andrea. My life has drastically changed for the better because of journaling. Now I want to share with you the journal prompts that allowed me to find myself. Heal from my divorce and create the life I wanted! Journaling with the Right Questions Can Change Your Life! Not the type of journaling where you are trying to save your memories for the future or track goals. But the type of journaling that allows you to dig deep. Do some soul searching. Discover what is stopping you from the life that you want. Journal Prompt Book for Self-Discovery This e-book will give you 109 thought provoking questions for you to explore. To dig deeper into your emotions and who you want to be. The download will give you the questions, but allow you to choose the book to write in. I know that the wrong book can make journaling miserable. When I first started journaling and had the wrong book, I never wrote as long or as often. So I made no progress. Worse yet were the books that had space in them to write. It was always too long or too short. Very rarely did the question and the space allowed to write in match. Journal Prompts Straight from My Own Journals I have been journaling for over 20 years. During my divorce I mastered the art of using it as a counselor, a friend and guide. I began to learn how to make decisions and dig to the core of my problems with my journal. Along the Way I Started Tracking the Questions that Worked the Best for Me. After four years of collecting these journal prompts, I have gathered 109 questions. Actually more, but I narrowed it down to 109 of the best ones. Journal Prompts That Got Me Through My Divorce These prompts got me through my divorce and the years beyond it. They helped me redefine who I was and create a life I love. Benefits of Having Journal Prompts Never Stare at a Blank Page Journaling only helps if you can write something down. But even the best journaler in the world will have days they draw a blank. These prompts will help you conquer that blank page. Goes with You Everywhere Some of my best journaling has taken place on vacation. So, I wanted to make sure you always have these questions with you. Thus, it is an eBook to go with you everywhere. Re-use Questions Over and Over Instead of writing in the book once and never getting to use the book again. I designed it that you can use these questions over and over. Using your own book to write in give you the flexibility to do things your way. You Decide What to Write In I believe that you should pick what you write in. Being constrained by small books, never helps anyone. No matter how great the questions are, if you can't fully answer them why bother? Are You Ready to Let Journaling Help You Through to The Next State of Life? Then start with these journal prompts today!**

**Have you not been able to do what you love because of your health? Are you constantly stressed out? Would you like to age well? Do you long to feel healthy and vibrant? Ready to release poor habits and embrace good health? Get control of your clutter so your clutter doesn't control you. Reclaim time, money, sanity, and resources. Got Clutter? 365 Journal Prompts support you in clearing your health clutter. Julie Coraccio's definition of clutter is this: Clutter is anything that prevents you from creating the life you choose, deserve, and desire. When health clutter is preventing you from sharing your gifts with the world? How can good health improve and enrich your life? Awareness + Action = Change. When you become aware of your clutter then you can take action to release it. You may not even be aware of the health clutter you have in your life. Free Gift to Clear Clutter. Send a copy of your book purchase receipt to Julie@reawakenyourbrilliance.com for more information. Control your clutter instead of your clutter controlling you. How much of your health does clutter control? Journaling helps you access your deepest knowledge. Receive step-by-step guidance along with examples how to move forward and take action to make real changes in your life. Stop Being Afraid. How has your fear prevented you from enjoying vitality? Learn how to clear your health clutter, which will support you in clearing clutter in other areas of your life. Gain Clarity. Do you find yourself being unable to do things you love because you're not well? Clearing your health clutter allows you to focus on being healthy. Honor your pace. The prompts aren't dated or numbered so you can do the workbook to fit your lifestyle and schedule. You've Got This. Are you worried you can't do it alone? Know that you can declutter your health. Even if you have never done this work before, it's within your abilities. Don't sell yourself short and underestimate what you can accomplish. Start today! Isn't it time you took the first step to release health clutter and reclaim your life? The present moment is your point of power to change. Julie Coraccio is a professional life organizer, author, certified life coach and the host of the popular podcast and YouTube series Clear Your Clutter Inside & Out. Check out all of Julie's Got Clutter? 365 Journal Prompts books to clear clutter in your life and her Clear Your Clutter Inside & Out book.**

**BEST GIFT IDEA 2018 - SPECIAL PRICE- Normally \$16.95 (WHILE STOCKS LAST ) Creative Writing Prompts Are you ready for new challenges guaranteed to help you improve your creativity, writing and conceptual skills in just a few short hours? With 365 creative writing prompts, you can. Remove yourself from your comfort zone, and start to explore the uncharted paths to finding new and improved writing styles to benefit you. 365 creative writing prompts is guaranteed to be the perfect writing companion. New Creative Writing Prompts**

**Boys Journal Prompts | 52 Creative Writing Prompt Journal for Boys! | Solar System Galaxy Universe Cover | Kindergarten Writing Prompts | Help Children with Self Development, Creativity and Mindfulness**

**Journal Prompts and Sketchbook to Introduce Young Girls Age 7-12 to the Art of Keeping a Daily Diary**

**Got Clutter? 365 Journal Prompts Physical, Mental, Emotional and Spiritual Volume 2**

**365 Creative Writing Prompts**

**Got Clutter? 365 Journal Prompts Health**

**52 Writing Prompts to Celebrate Your Wonderful Life**

**You want change. Maybe your career isn't what you thought it would be . . . or your relationships aren't what you had hoped. Perhaps you have a grand vision for your life but not the smallest clue on how to get there. Wherever you feel stuck or confused, you wish you had someone to hold your hand and guide you. You do. And it's only a blank page away. In Let It Out, millennial blogger and podcast host Katie Dalebout shares the transformative practice that will rocket your life to the next level—journaling. Discovering in her darkest hours that a journal is the greatest tool in finding your purpose, healing yourself, and creating the life you desire, Katie has assembled the practices and insights that will get you "unstuck" for good. And don't worry—you don't need to be a writer! Journaling is simply a method of coaching yourself through your "stuff" and letting it out on the page, unlogging your mind from years of destructive thoughts. In doing so, you step into a position of unsurpassed clarity. Packed with journaling exercises, prompts, and techniques that can be done anywhere and in any order, this guidebook offers you a new way to navigate your daily life, cope with stress, and create exciting, permanent change. Covering everything from clearing clutter to cultivating abundance to moving beyond fear, it will be your new best friend and coach anytime you seek clarity or crave solace. Simply grab a pen, open your journal, and prepare to let it out.**

**Do you speak kindly or critically to yourself? Are you always trying to control people, events, or outcomes? How supportive is the company you keep? Ready to release stress and embrace tranquility? Get control of your emotional clutter so your clutter doesn't control you. Reclaim time, money, sanity, and resources. Got Clutter? 365 Journal Prompts support you in clearing your emotional clutter. Julie Coraccio's definition of clutter is this: Clutter is anything that prevents you from creating the life you choose, deserve, and desire. When you clear your emotional clutter you can share your gifts with the world. What talents will you discover? Awareness + Action = Change. When you become aware of your emotional clutter then you can take action to release it. You may not even be aware of all the clutter you have in your life. FREE GIFT WITH PURCHASE. Control your clutter instead of your emotional clutter controlling you. How much of your life does clutter control? Journaling helps you access your deepest knowledge. Receive step-by-step guidance along with examples of how to move forward and take action to make real changes in your life. Stop Being Afraid How has your fear prevented you from living your life to the fullest? Learn how to clear your emotional clutter, which will support you in clearing clutter in other areas of your life. Gain Clarity. Are you tired of being overwhelmed most of the time? Clearing your emotional clutter allows you to focus on what's most important in your life. Honor your pace. The prompts aren't dated or numbered so you can do the workbook to fit your lifestyle and schedule. You've Got This. Are you worried you can't do it alone? Know that you can declutter your life. Even if you have never done this work before, it's within your abilities. Don't sell yourself short and underestimate what you can accomplish. Start today! Isn't it time you took the first step to release clutter and reclaim your life? The present moment is your point of power to change. Check out all of Julie's Got Clutter? 365 Journal Prompts and Clear Your Clutter Inside & Out books to clear the clutter in your life. Julie Coraccio is a professional life organizer, author, certified life coach and the host of the popular podcast and YouTube series Clear Your Clutter Inside & Out.**

**Self Discovery, Divorce, Emotional Healing, and More**

**Journal Prompts for My Dark Thoughts**

**100 Writing Prompts**

**Let It Out**

**The "Write" Way Mathematics Journal Prompts & More, Algebra I**

**365 Prompts for 365 Days**