

La Pasta Madre 64 Ricette Illustrate Di Pane Dolci E Stuzzichini Salati

In a rich and engaging book that illuminates the lives and attitudes of peasants in preindustrial Europe, Piero Camporesi makes the unexpected and fascinating claim that these people lived in a state of almost permanent hallucination, drugged by their very hunger or by bread adulterated with hallucinogenic herbs. The use of opiate products, administered even to infants and children, was widespread and was linked to a popular mythology in which herbalists and exorcists were important cultural figures. Through a careful reconstruction of the everyday lives of peasants, beggars, and the poor, Camporesi presents a vivid and disconcerting image of early modern Europe as a vast laboratory of dreams. "Camporesi is as much a poet as a historian. . . . His appeal is to the senses as well as to the mind. . . . Fascinating in its details and compelling in its overall message."—Vivian Nutton, Times Literary Supplement "It is not often that an academic monograph in history is also a book to fascinate the discriminating general reader. Bread of Dreams is just that."—Kenneth McNaught, Toronto Star "Not religion but bread was the opiate of the poor, Mr. Camporesi argues. . . . Food has always been a social and mythological construct that conditions what we vainly imagine to be matters of personal taste. Our hunger for such works should tell us that food is not only good but essential to think and to read as if our lives depended on it, which they do."—Betty Fussell, New York Times Book Review

One day you find out you have to adopt a gluten-free diet – or someone in your life does. So, you wonder: What’s gluten? Where is it found and how do I avoid it? How do I make gluten-free bread, rolls, pizza, cakes, crepes, muffins and pastries at home? What ingredients can I use? Is gluten-free bread just as nutritious as normal bread? Should I use commercial bread mixes, or is it better to make my own? Why? The authors of Gluten-Free Bread had these same questions on their minds. This book is their answer. The book has two parts. In part one, they address gluten in the diet, where it’s found, how to avoid it and above all, some alternative products and their properties. They identify and analyze nutritional facts of ingredients (types of flours, additives, yeasts and rising agents) that make gluten-free bread and pastries. They also look at how these ingredients affect the final product, how they can be combined and in what proportions. The second part focuses on the kitchen: they present techniques and tricks for gluten-free cooking, and 15 recipes for gluten-free breads, pizzas, crepes, savory tarts, cakes, muffins (cupcakes) and pastries. They offer alternatives for each recipe, including processes, tools (bread maker, mixer, kneading by hand) and types of flour that you can use to create your own variations.

A dazzling tribute to Italy's greatest "hidden" regional cuisine by the author of the bestselling and groundbreaking cookbook Polpo. Returning to the city of his gastronomic inspiration, Norman Russell immerses himself in the authentic recipes and culinary traditions of Venice and the Veneto in one hundred recipes showcasing the simple but exquisite flavors of La Serenissima. He documents one magical year learning and fine-tuning the specialties and everyday comfort foods of la cucina veneziana in a rustic kitchen in a neighborhood far from the tourist crowds -- where washing hangs across the narrow streets and some houses still rely on a communal well for water. Russell lovingly reproduces true Venetian recipes with authentic ingredients very different from the globalized tourist fare in the city's restaurants. The book is structured by season highlighting the ever-changing produce available in Venice's buzzing market stalls throughout the year. Included are Venetian favorites such as asparagus with Parmesan and anchovy butter, butternut risotto, arancini, rabbit cacciatore, warm duck salad with walnuts and beets, scallops with lemon and peppermint, and warm octopus salad. Russell also affords a rare and intimate glimpse into Venice: its hidden architectural gems, secret places, embedded history, the color and energy of daily life and the characters that make this city so enchanting.

A Nonfiction Companion to Magic Tree House Merlin Mission #23: High Time for Heroes

Writing Migration through the Body

Food and Fantasy in Early Modern Europe

Una chef per la tiroide

The Noma Guide to Fermentation

Filled with recipes that have stood the test of time as well as fascinating anecdotes and tales, Tea Fit for a Queen reveals how the tradition of afternoon tea started in royal Britain. Over 40 charming recipes include everything from delicate finger sandwiches to Victoria sponge cake, Chelsea Buns and a Champagne Cocktail. In these pages learn about the infamous royals and their connection to the history of tea; why jam pennies were Queen Elizabeth II's favourite tea time treat and how mead cake came to be served during Henry VIII's reign. Discover what cake William and Catherine selected for their wedding and hear why orange-scented scones became a royal tradition at Kensington Palace. Tea Fit for a Queen presents a taste of palace etiquette to take home.

Sourdough is a traditional style of bread that is both healthy and delicious, making it a favourite with artisan bakers. The unique tastes and texture of sourdough takes patience, forethought and love to create, and its rise in popularity is indicative of a greater shift towards a more mindful, considered way of living. Sourdough brings you all you need to know about baking the bread at home and includes 15 extensive and clear step-by-step recipes using a variety of grains. From making your own starter yeast to how to use different flours, Norwegian bakers Casper and Martin's approach is basic and rustic, just like sourdough itself.

First published in 1891, Pellegrino Artusi's La scienza in cucina e l'arte di mangiar bene has come to be recognized as the most significant Italian cookbook of modern times. It was reprinted thirteen times and had sold more than 52,000 copies in the years before Artusi's death in 1910, with the number of recipes growing from 475 to 790. And while this figure has not changed, the book has consistently remained in print. Although Artusi was himself of the upper classes and it was doubtful he had ever touched a kitchen utensil or lit a fire under a pot, he wrote the book not for professional chefs, as was the nineteenth-century custom, but for middle-class family cooks: housewives and their domestic helpers. His tone is that of a friendly advisor – humorous and nonchalant. He indulges in witty anecdotes about many of the recipes, describing his experiences and the historical relevance of particular dishes. Artusi's masterpiece is not merely a popular cookbook; it is a landmark work in Italian culture. This English edition (first published by Marsilio Publishers in 1997) features a delightful introduction by Luigi Ballerini that traces the fascinating history of the book and explains its importance in the context of Italian history and politics. The illustrations are by the noted Italian artist Giuliano Della Casa.

Terra!

In the Kitchen with Love

The Neapolitan Pizza. A Scientific Guide about the Artisanal Process

SEASONAL RECIPES FRO

Probiotici naturali in cucina

Despite being a universal experience, eating occurs with remarkable variety across time and place: not only do we not eat the same things, but the related technologies, rituals, and even the timing are in constant flux. This lively and innovative history paints a fresco of the Italian nation by looking at its storied relationship to food.

The Second Edition of Parliamo italiano! instills five core language skills by pairing cultural themes with essential grammar points. Students use culture—the geography, traditions, and history of Italy—to understand and master the language. The 60-minute Parliamo italiano! video features stunning, on-location footage of various cities and regions throughout Italy according to a story line corresponding to each unit's theme and geographic focus.

Writing Migration through the Body builds a study of the body as a mutable site for negotiating and articulating the transnational experience of mobility. At its core stands a selection of recent migration stories in Italian, which are brought into dialogue with related material from cultural studies and the visual arts. Occupying no single disciplinary space, and drawing upon an elaborate theoretical framework ranging from phenomenology to anthropology, human geography and memory studies, this volume explores the ways in which the skin itself operates as a border, and brings to the surface the processes by which a sense of place and self are described and communicated through the migrant body. Through investigating key concepts and practices of transnational embodied experience, the book develops the interpretative principle that the individual bodies which move in contemporary migration flows are the primary agents through which the transcultural passages of images, emotions, ideas, memories – and also histories and possible futures – are enacted.

The Sourdough School

Crust and Crumb

con oltre 200 ricette di smalti, vernici e ingobbi

Calabria in Cucina

La settimana illustrata rivista settimanale illustrata a colori

New York Times Bestseller A New York Times Best Cookbook of Fall 2018? "An indispensable manual for home cooks and pro chefs." —Wired At Noma—four times named the world's best restaurant—every dish includes some form of fermentation, whether it's a bright hit of vinegar, a deeply savory miso, an electrifying drop of garum, or the sweet intensity of black garlic. Fermentation is one of the foundations behind Noma's extraordinary flavor profiles. Now René Redzepi, chef and co-owner of Noma, and David Zilber, the chef who runs the restaurant's acclaimed fermentation lab, share never-before-revealed techniques to creating Noma's extensive pantry of ferments. And they do so with a book conceived specifically to share their knowledge and techniques with home cooks. With more than 500 step-by-step photographs and illustrations, and with every recipe approachably written and meticulously tested, The Noma Guide to Fermentation takes readers far beyond the typical kimchi and sauerkraut to include koji, kombuchas, shoyus, misos, lacto-ferments, vinegars, garums, and black fruits and vegetables. And—perhaps even more important—it shows how to use these game-changing pantry ingredients in more than 100 original recipes. Fermentation is already building as the most significant new direction in food (and health). With The Noma Guide to Fermentation, it's about to be taken to a whole new level.

Carbonara vegetale, Crostini di cavolo nero, Finocchi alla piemontese, Frittata alla salvia, Orecchiette alle cime di rapa, Pasticcio di lasagne e melanzane, Pizzoccheri alla Valtellinese, Caviale di melanzane, Ziti alla rucola, Bulghur alle verdure, Risotto con la borragine, Cocktail di germogli di pomodoro, Minestra di malva, Zuppa di cipolle valdostana, Cavolfiore ubriaco abruzzese, Lenticchie in umido, Rape infuocate, Soufflé di carciofi, Prebogion alla crema... e tante altre ricette succulente in un eBook di 127 pagine. Un utilissimo ricettario, con tenere illustrazioni dal sapore naïf per rendere gradevole la lettura, e comodi indici per trovare subito quello che cerchi. Un libro che ha tutto il calore e il sapore di casa tua.

"Napoli, Pompei e la Costiera Amalfitana sono un insieme inebriante di vie ricche di varia umanità, palazzi decadenti, borghi color pastello e panorami suggestivi." In questa guida: escursioni a piedi e in auto, dimore reali e borghi, a tavola con i campani, Campania Felix.

Gluten-Free Bread

PIZZA

Recipes & Drinks for Afternoon Tea

Sourdough

The Art of Leavened Dough

The renowned Italy pizzeria chef and host of La Prova del Cuoco shares American adaptations of more than 80 seasonally inspired pizza varieties while outlining his secrets for stone-milled faro flour pizza crust.

'Master the art of sourdough with Vanessa and you will learn how to look after your own gut microbes and health.' - Tim Spector, author of The Diet Myth At her renowned Sourdough School, Vanessa has taught countless students the secrets of this healthy, more easily digestible bread, and now she has compiled her teachings for the home baker. From creating your own starter from scratch, you'll then move on to basic breadmaking techniques, before progressing to using sprouted grains and experimenting with flavours to produce Fig and Earl Grey and Cherry Plum loaves. With step-by-step photography, detailed instructions, specialist advice and Vanessa's indispensable encouragement, The Sourdough School celebrates the timeless craft of artisan baking.

The #1 bestselling chapter book series of all time celebrates 25 years with new covers and a new, easy-to-use numbering system! Getting the facts behind the fiction has never looked better. Track the facts with Jack and Annie!! When Jack and Annie got back from their adventure in Magic Tree House Merlin Mission #23: High Time for Heroes, they had lots of questions. How did Florence Nightingale change nursing? Who helped women get the vote? What was Martin Luther King, Jr.'s, dream? How did Gandhi change the world? Find out the answers to these questions and more as Jack and Annie track the facts behind six amazing people who have changed history. Includes Florence Nightingale, Martin Luther King, Jr., Gandhi, Harriet Tubman, Susan B. Anthony, and John Muir. Filled with up-to-date information, photos, illustrations, and fun tidbits from Jack and Annie, the Magic Tree House Fact Trackers are the perfect way for kids to find out more about the topics they discovered in their favorite Magic Tree House adventures. And teachers can use Fact Trackers alongside their Magic Tree House fiction companions to meet common core text pairing needs. Did you know that there's a Magic Tree House book for every kid? Magic Tree House: Adventures with Jack and Annie, perfect for readers who are just beginning chapter books Merlin Missions: More challenging adventures for the experienced reader Super Edition: A longer and more dangerous adventure Fact Trackers: Nonfiction companions to your favorite Magic Tree House adventures Have more fun with Jack and Annie at MagicTreeHouse.com!

Mamme Unite: Ricette per i Piccoli

Parliamo Italiano!

Pizze, focacce e calzoni

Asia centrale

YOD Magazine. Cambiamento

Utili alla digestione, indispensabili per la salute dell'intestino e ottimi per rafforzare le difese immunitarie, i fermenti contenuti negli alimenti probiotici fanno bene a tutto il corpo. Sono ricchi di enzimi, aiutano ad assorbire le sostanze nutritive, stimolano la produzione di anticorpi e sono indispensabili per la salute della flora batterica. Kefir, kombucha, kimchi, pane con pasta madre, verdure lattefermentate, farine di cereali germogliati sono alternative deliziose, sane e naturali ai pi ù industriali yogurt con probiotici, costosi e pieni di zuccheri o aromi artificiali. Integrare gli alimenti fermentati nella propria dieta è facile, salutare e gustoso. La loro versatilit à consente di portare pi ù variet à in tavola, per la felicit à di tutti. Probiotici naturali in cucina insegna come preparare in modo semplice e divertente questi piccoli tesori colmi di benefici batteri, vitamine e minerali, coi quali si pu ò preparare di tutto, da cocktail e bevande salutari a fantasiose proposte per una colazione sana e ricca di gusto, fino a piatti che susciterranno l'ammirazione dei tuoi commensali. Tramezzini alle verdure fermentate, gelato al kefir, varioripette zuppe, waffle con pasta madre, fragranti pagnotte ai semi e dessert senza sensi di colpa... da leccarsi i baffi!

La presente pubblicazione pone le sue basi in un percorso assistenziale particolarmente dedicato all'uomo-paziente ... è il risultato di un progetto di piu ampio respiro demandato a voler "familiarizzare" l'ospedale. In particolare quello in cui ad un paziente, gia affetto da una stressante patologia, vengono raccomandate, quasi imposte, stringenti preclusioni alimentari. Il voler loro raccomandare piatti comunque appetibili con l'intento di ridurre la sensazione di imposizione e diniego appare un mirabile intento. Per tale compito le autrici hanno profuso energie senza uguali con una minuziosa ricerca degli alimenti consentiti in piatti e portate appropriate, anche nel rispetto attento delle caratteristiche organolettiche e di una armonica sapidita.

- Ninety-four delicious recipes for Italy's answer to fast food - Chef Alessandro Frassica emphasizes the use of fresh ingredients in imaginative combinations What could be more simple than a pan'ino? Take some bread and butter, slice it through the middle and fill it. Seen in this way, the sandwich is almost an "anti-cuisine", a nomadic shortcut that allows for speed and little thought. But when Alessandro Frassica thinks about his pan'ino, he considers it in a different way, not as a shortcut, but as an instrument for telling stories, creating layers of tales right there between the bread and its butter. Because even if the sandwich is simple, it is not necessarily so easy to create. Alessandro searches for ingredients, and in the raw foods he finds people: producers of pecorino cheese from Benevento, anchovies from Cetara, 'nduja spicy salami from Calabria. Then he studies the combinations, the consistencies and the temperature, because a pan'ino is not just a random object; savoury must be complemented by sweet; tapenade softens and provides moisture; bread should be warmed but not dried; thus the sandwich becomes a simple way of saying many excellent things, including finding a complexity of flavours that can thrill in just one bite.

Segreti e ricette degli alimenti fermentati per la nostra salute - Kefir, kombucha, kimchi, verdure, pasta madre, farine di cereali germogliati

Napoli, Pompei e la Costiera Amalfitana

Giornale della libreria

Heroes for All Times

A groundbreaking handbook--the "method" companion to its critically acclaimed predecessor, The Flavor Thesaurus--with a foreword by Yotam Ottolenghi. Niki Segnit used to follow recipes to the letter, even when she'd made a dish a dozen times. But as she tested the combinations that informed The Flavor Thesaurus, she detected the basic rubrics that underpinned most recipes. Lateral Cooking offers these formulas, which, once readers are familiar with them, will prove infinitely adaptable. The book is divided into twelve chapters, each covering a basic culinary category, such as "Bread," "Stock, Soup & Stew," or "Sauce." The recipes in each chapter are arranged on a continuum, passing from one to another with just a tweak or two to the method or ingredients. Once you've got the hang of flatbreads, for instance, then its neighboring dishes (crackers, soda bread, scones) will involve the easiest and most intuitive adjustments. The result is greater creativity in the kitchen: Lateral Cooking encourages improvisation, resourcefulness, and, ultimately, the knowledge and confidence to cook by heart. Lateral Cooking is a practical book, but, like The Flavor Thesaurus, it's also a highly enjoyable read, drawing widely on culinary science, history, ideas from professional kitchens, observations by renowned food writers, and Segnit's personal recollections. Entertaining, opinionated, and inspirational, with a handsome three-color design, Lateral Cooking will have you torn between donning your apron and settling back in a comfortable chair.

Pasta is the food that succeeds in reconciling different customs and cultures and in overcoming cultural and geographical borders, and this is owing to its versatility. A different and original point of view for discovering how much originality - and taste - is hidden behind a plate of pasta.

- A book about the pleasure of baking your own bread using natural sourdough and healthy ingredients - Includes 90 taste-tested recipes Bread making is a skill, but it is also a pleasure, rooted in traditions that have nurtured generations. Sourdough, pasta madre in Italian, is one of bread-baking's most popular variations with its signature tang and unique health benefits. It is also one of the easiest and most natural, its starter made from flour, water, and time. Riccardo Astolfi has mastered the art of baking with sourdough and here collects 90 taste-tested recipes for breads, as well as sweets and savories such as brioche, sweet buns, traditional panettone, pancakes, bagels, pizza and more. Each recipe calls for organic and locally available ingredients and is tested for the home kitchen. Contents: Introduction; Everyday recipes (breakfast, snacks and pizzas); Festive recipes.

Fare il pane in casa. Tutte le ricette naturali della tradizione, i pani conditi, le focacce, i grissini e la fantasia

An Italian Love Story in 100 Recipes

Master Formulas for Serious Bread Bakers [A Baking Book]

Food and Foodways in Italy from 1861 to the Present

Dizionario illustrato dei materiali e delle tecniche ceramiche

The heart and soul of classic bread baking, from master baker Peter Reinhart From whole-wheat, sourdough, and rye to pita, focaccia, and naan, this classic cookbook from expert baker Peter Reinhart shows you how to produce phenomenal bread. Reinhart details each step in the process, giving you the knowledge and confidence to create countless versions of your own. Not merely a book of bread recipes, this book is an in-depth dive into the world of bread baking, filled with highly tested formulas to take your bread game to the next level.

Originally published in 1839, this long-lost classic of Southern cooking includes more than 1,300 recipes. The foods and recipes featured in this kitchen classic are derived from American Indian, European, and African sources and reflect a merging of the three distinct cultures in the American South.

*La pasta madre. 64 ricette illustrate di pane, dolci e stuzzichini salati*Edagricole-New Business MediaYOD Magazine. *Cambiamento*Lulu.com*Racconti e Ricette*Lulu.com*Ricettario di alta gastronomia vegetariana. Il sapore puro di sole, terra e acqua - Ricette di Casa*Script edizioni

The Via Francigena. 1000 Kilometres on Foot from the Gran San Bernardo to Rome

Lateral Cooking

Including koji, kombuchas, shoyus, misos, vinegars, garums, lacto-ferments, and black fruits and vegetables

Tea Fit for a Queen

I Love Pasta

"Calabria in Cucina" contains authentic, regional recipes, as well as local food traditions and classic wine from the Sila Mountain range to the white cliffs of the Vaticano Cape, close to Tropea. The easy-to-follow recipes are written by Chef Valentina Oliveri, owner of the restaurant L'Elibelinde, based in Rende (Cosenza).

Ricettario di alta gastronomia vegetariana. Il sapore puro di sole, terra e acqua - Ricette di Casa

Le mie ricette

La pasta madre. 64 ricette illustrate di pane, dolci e stuzzichini salati

Venice: Four Seasons of Home Cooking

Pan'ino, the (reduced Price)