

## Le Porte Interiori Meditazioni Quotidiane

*In the mold of his acclaimed History of Beauty, renowned cultural critic Umberto Eco's On Ugliness is an exploration of the monstrous and the repellant in visual culture and the arts. What is the voyeuristic impulse behind our attraction to the gruesome and the horrible? Where does the magnetic appeal of the sordid and the scandalous come from? Is ugliness also in the eye of the beholder? Eco's encyclopedic knowledge and captivating storytelling skills combine in this ingenious study of the Ugly, revealing that what we often shield ourselves from and shun in everyday life is what we're most attracted to subliminally. Topics range from Milton's Satan to Goethe's Mephistopheles; from witchcraft and medieval torture tactics to martyrs, hermits, and penitents; from lunar births and disemboweled corpses to mythic monsters and sideshow freaks; and from Decadentism and picturesque ugliness to the tacky, kitsch, and camp, and the aesthetics of excess and vice. With abundant examples of painting and sculpture ranging from ancient Greek amphorae to Bosch, Brueghel, and Goya among others, and with quotations from the most celebrated writers and philosophers of each age, this provocative discussion explores in-depth the concepts of evil, depravity, and darkness in art and literature.*

*SHAKTI MANTRAS Tapping into the Great Goddess Energy Within • Enhance your spiritual gifts • Lighten your karmic burden • Improve your health and increase prosperity • Live in harmony with the universe Now, with Shakti Mantras, we can all benefit from this ancient practice. Thomas Ashley-Farrand, a Vedic priest, is an American expert in the intricacies of Sanskrit mantra. With nearly thirty years and thousands of hours of experience in chanting, he is supremely well-equipped to write the first book that teaches women (and men as well) to tap into the dynamic feminine energy of love in all its manifestations. By sharing enchanting Hindu myths and astonishing true stories from his own practice, Ashley-Farrand helps us to*

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*understand the real power that this age-old art awakens in those who perform it. Through dozens of actual mantras—each one presented with phonetic spelling for easy pronunciation and recommendations for specific applications—he enables us to increase our “shakti” (power) and use it to solve problems, ensure abundance, create health and well-being, summon protection, and invoke personal and universal peace. Whether you’re new to chanting or an old hand, Shakti Mantras will take you places you’ve never been before . . . and measurably enrich your life.*

*Originally published in 1963, and today considered a landmark in twentieth century Italian literature, Luigi Meneghello’s Deliver Us is the memoir, not of an extraordinary childhood, but of the very ordinary one the author shared with most of his generation, when Italy was a rural country under the twin authorities of Church and Fascism. His boyhood begins in 1922, the year of Mussolini’s March on Rome, and ends when Meneghello, 21, goes up into the hills to join the partisans. Called a romanzo—a story, although not a novel, as that term usually suggests—the book is a genre all of its own that mixes personal and collective memory, amateur ethnography, and reflections on language. Meneghello’s sharp insights and narrative skill come together in an original meditation on how words, people, places, and things shape thought itself. Only loosely chronological, Deliver Us proceeds by themes—childhood games, Fascist symbols, religious precepts, and the rites of poverty, of death, of eros, and of love. Meneghello’s ironic musings and profoundly honest recollections make an utterly unsentimental human comedy of that was the whole world to his dawning consciousness.*

*A new edition of the much-loved perennial meditation diary whose messages radiate spiritual wisdom, encouragement and serenity throughout the year • Provides messages of spiritual insight and guidance for every day of the year from Eileen Caddy, co-founder of the Findhorn Community • Offers specific suggestions for your daily spiritual growth and development • Includes a new introduction by Jonathan*

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*Caddy, one of Eileen's sons, who adds a fresh perspective to the profound influence this guidance can have. One of the much-loved books of Eileen Caddy (1917-2006), co-founder of the Findhorn Community in Scotland, **Opening Doors Within** is a perennial meditation diary offering down-to-earth inspirational messages of spiritual guidance for every day of the year. For over 35 years, people have used these practical teachings that offer advice on achieving stillness, faith, and fulfillment. Specific suggestions for your daily spiritual growth and development enhance the impact of the supportive words. Eileen's brief messages, from what she called "the still, small voice within," offer inspirational, uplifting, and powerful words of love and support. Her daily guidance was the bedrock of the early Findhorn Community, and the concept of "inner listening" is still very much part of individual and community practice there today. The encouraging and practical messages speak to those embarking upon the journey to find their divine inner self and spiritual truth. Anyone who meditates--whether inexperienced or seasoned--will find the wisdom shared both insightful and heartening. A new foreword by Jonathan Caddy, Eileen's son who lives in the Findhorn Community, adds a fresh perspective to the profound influence this guidance can have. No matter how you use the wisdom shared in this small book, take these teachings into yourself and carry them within you, until they have done their silent, gentle, and loving work of opening the doors within.*

*365 Daily Meditations from Findhorn*

*Giornale della libreria*

*Credi negli Angeli?*

*Opening Doors Within*

*A Story of Homecoming*

*Seeing Voices*

**“Se i maestri dell’ Antico e del Nuovo Testamento e Gesù stesso parlano degli angeli si**

dovrebbe ritenere che gli angeli esistano”. Emma Vitiani offre un excursus serio sull’Angelologia classica, dai Vangeli alla visione angelica per l’Islam, dagli angeli nell’Arte e all’antica concezione cosmologica della musica delle sfere. L’autrice affronta il tema dell’Angelologia New Age e i mezzi per comunicare con gli angeli e gli spiriti guida, inserendo anche il punto di vista dei detrattori della Nuova Era. Emma Vitiani rivela la sua visione angelica e spirituale e dona al lettore le sue preghiere per i protettori celesti, toccando con delicatezza il tema “dei nostri figli che sono come angeli in Cielo”. Come di abitudine, l’autrice propone consigli pratici al lettore perché “ognuno possa essere un angelo per qualcuno” rivalutando i valori per lei fondamentali: la cura della propria salute, la calma, il perdono, la gentilezza e la gratitudine. “Possano gli angeli illuminare il vostro cammino e farvi sentire assistiti e compresi. Gli angeli vi proteggeranno anche se non credete loro”.

The development of the intellect, while necessary, is a means to an end. The intellect should become a means of penetrating into new dimensions of thought and consciousness, and of awakening the intuitive faculty of “pure reason”. Through occult meditation the gap is bridged between the threefold mind and the intuition.

The Aspern Papers is a novella set in Venice. A young man travels to the city and takes lodgings with an old woman--the former lover of the dead American poet Aspern. The man believes the old woman still has some letters from Aspern and he ingratiates himself

with her niece in an attempt to find them. Suspense builds around the motives and actions of James' masterfully drawn characters.

It is the year 1327. Franciscans in an Italian abbey are suspected of heresy, but Brother William of Baskerville's investigation is suddenly overshadowed by seven bizarre deaths. Translated by William Weaver. A Helen and Kurt Wolff Book

L'Informazione bibliografica

Shakti Mantras

Journey to Realms Beyond Death

Liber Novus

Le porte interiori. Meditazioni quotidiane

**"... Cominciai a seguire l'insegnamento del Buddha dal momento in cui capii che il vero e proprio non è una religione - una fede in una Divinità e in una relazione con Essa, comunque articolata -, ma un umanesimo e, più concretamente, un sistema etico-psicologico che propone metodi pratici per raggiungere, qui e ora, la piena realizzazione delle proprie potenzialità benefiche. In Occidente, l'insegnamento del Buddha è stato più volte 'interpretato' in senso più o meno teistico: il Buddha come Dio o come sua rappresentazione/manifestazione. Ma quando mi resi conto che il Buddha (il Risvegliato) non pretendeva essere un Dio o un profeta, bensì esempio supremo di ciò che l'essere umano può diventare, mi dissi: "Questo sì**

**che ha un senso: il Risvegliato insegna agli altri, come risvegliarsi". Questo testo vuole contribuire alla comprensione della natura pratica e concreta dell'insegnamento del Buddha, il cui cuore è l'esercizio meditativo. Vi sono delineate le sue caratteristiche essenziali, per offrire al lettore non specializzato un'introduzione generale, che possa incoraggiare a farne esperienza. "Nel 1972 in Sri Lanka (...) ebbi la fortuna di leggere le parole del Buddha: la spiegazione di quello che lui stesso aveva sperimentato, e di come anche altri possano arrivare alla stessa esperienza. E così scoprii la straordinaria semplicità e la profonda concretezza del sentiero di quiete e visione profonda, da lui indicato. Mi dedicai, quindi, allo studio dell'antica lingua pali e dei testi. Nel 1974 feci un corso di meditazione Vipassana con il maestro indo-birmano S.N. Goenka; questa pratica dell'insegnamento del Buddha mi convinse ad accettare la sua validità, come guida di vita, e ad impegnarmi da allora al continuativo esercizio meditativo di Vipassana. Ben sapendo che è una strada lunga, a ogni passo mi appare giusta e benefica."**

**An insightful guide for consciously bringing compassion and love into your life • Explores feelings, attitudes, beliefs, and past experiences that block us from loving and receiving love • Includes deceptively simple yet profound exercises, meditations, and visualizations to support the exploration of your inner world • Explains how these principles and techniques originated in Roberto Assagioli's system of psychosynthesis, enriched by the Findhorn experience of living in community Every person is born with the capacity to love. Over time, however,**

many of us have built barriers within ourselves as a reaction to painful experiences, and following these, we often develop fears, beliefs, and behaviors that keep these barriers firmly in place. The primary lesson in life is to learn to love, and this starts right on our doorstep. Often it is self-doubt and feelings of unworthiness that hold us back from experiencing all the love around us. Only when we start to love and accept ourselves with all that we are can we love others freely and fully. Learning to love requires an intention to change and a willingness to take action. Once we understand how to work with our doubts and fears and learn how to change our beliefs and behavior, our barriers will melt away and we spontaneously open up to connect deeply and harmoniously with the full flow of the river of life. In this simple yet insightful guide, Eileen Caddy and David Earl Platts detail the down-to-earth practicalities of exploring feelings, attitudes, beliefs, and past experiences that block us from loving and from receiving love. They show how bringing more love into our lives is not a mystery but often a journey back to ourselves and our core values. The authors examine the feelings of acceptance, trust, forgiveness, respect, opening up, and taking risks, among others, within a framework of compassionate understanding and non-judgment. Deceptively simple yet profound exercises, meditations, and visualizations support the reader in examining their inner world and implementing these vital concepts into their lives. The teachings in the book are based on popular workshops that Eileen, co-founder of the Findhorn Foundation Community, and David facilitated for years in and outside Findhorn. Many of the

**underlying principles and techniques originate in the system of psychosynthesis, devised by Roberto Assagioli. Learning to Love invites you to make a free and informed choice to bring more love into your life, and then helps you implement this choice step-by-step with confidence and joy.**

**Essays by the popular author of Love treat every facet of relationships and challenge readers to earn the love they seek through soul-searching, prizing differences between partners, and making the hard decision between fidelity and moving on. Reprint.**

**God's still small voice "There is great joy in doing something on the spur of the moment. When you do this, you find true freedom of the Spirit. You will find a new joy and freedom, which I long for all My children to have. "Life is so simple. Keep it so. Let nothing weigh you down or depress you. All is very well. Live fully in the now. "Take no thought for the morrow. Enjoy to the full what is happening now. Keep your consciousness raised, your mind stayed on Me. See My perfection working in you and through you, all your needs have been met, for all I have is yours. "Let the words and the thoughts you have heard so many times become a part of your whole being, so that they are vibrating words which manifest in form and become reality." The messages in this book ask us to have total faith in the process of living -- to trust God, the universe, spirit, love, or whatever we choose to call the divine source. They affirm that there is an inherent wisdom and intelligence in everything, which can be contacted by turning within. Each one of us can do this and find God's still small voice for ourselves. Eileen Caddy**



**(1917-2006) is known worldwide as one of the three founders of the Findhorn Foundation in Scotland. The books that have flowed from her inspiration have drawn multitudes to the Findhorn community. In her own person, Eileen Caddy, divinely ordinary as she described herself, has pushed the limits of the ordinary person's experience to the very borders of the kingdom of God.**

**The Aspern Papers**

**Catalogo dei libri in commercio**

**"Almeno una volta nella vita"**

**Poems of Fernando Pessoa**

**Reflections on Loving**

**The Game of Divination**

***The Jerome Biblical Commentary has, since 1968, been essential reading for all Catholics who wish to deepen their knowledge and understanding of the Bible. It is a landmark of Catholic biblical scholarship, the first port of call for priests, preachers, students and scholars, and all those lay people who like to keep a one-volume Biblical commentary in their home to enlighten their reading of the scriptures. In this new fully revised edition, the publication of which has been welcomed by Pope Francis (who has also written the foreword), the entire content of the commentary has been revised to bring it up-to-date with the very latest scholarship, featuring the leading international Catholic scholars of our day. Whilst based on the historical critical method of Biblical study, the contributors draw in a range of more contemporary approaches to the biblical texts. The pool***

***of contributors has also been broadened outside north America and Western Europe to include a more diverse range of perspectives, ensuring that the Jerome speaks more comprehensively to a global Church. The 'General Articles' section has been revised to include articles on new approaches to the study of the bible and on the interpretation of the bible in diverse pastoral contexts. This magnificent third edition will be essential reading for all those who possess existing editions of The Jerome; but it will also find a new generation of readers, eager to engage the scriptures within the tradition and teaching of the Church. Presents the Swiss psychologist's thoughts, experiences, and everything he felt after a period of time spent seeing visions, hearing voices, and inducing hallucinations.***

***In this first volume of the collected talks and essays of Paramahansa Yogananda, readers will journey through some little-known and seldom-explained aspects of meditation, life after death, healing, and the power of the mind.***

***A prize-winning international classic, first published in English in 1993, now with a new foreword by William Boyd.***

***The Book of Disquiet***

***Born for Love***

***Also the World of Spirits Or Intermediate State from Things Heard and Seen by Emanuel Swedenborg***

***Delog***

***Tapping into the Great Goddess Energy Within***

***On Ugliness***

Acclaimed as one of the best works available on feminine psychology from the time it first appeared in 1933, *The Way of All Women* discusses topics such as work, marriage, motherhood, old age, and women's relationships with family, friends, and lovers. Dr. Harding, who was best known for her work with women and families, stresses the need for a woman to work toward her own wholeness and develop the many sides of her nature, and emphasizes the importance of unconscious processes.

Fernando Pessoa is Portugal's most important contemporary poet. He wrote under several identities, which he called heteronyms: Albet Caeiro, Alvaro de Campos, Ricardo Reis, and Bernardo Soares. He wrote fine poetry under his own name as well, and each of his "voices" is completely different in subject, temperament, and style. This volume brings back into print the comprehensive collection of his work published by Ecco Press in 1986.

Analyses by author, title and key word of books published in Italy.

Understanding Our Mind is an accessible guide for anyone who is

curious about the inner workings of the mind. Originally released as *Transformation at the Base*, a finalist for the 2001 Nautilus Award, this seminal work on Buddhist applied psychology features a new introduction by Dharma teacher Reb Anderson. *Understanding Our Mind* is based on fifty verses on the nature of consciousness taken from the great fifth-century Buddhist master Vasubandhu. With compassion and insight, Nhat Hanh reveals how these ancient teachings can be applied to the modern world. Nhat Hanh focuses on the direct experience of recognizing and embracing the nature of our feelings and perceptions. The quality of our lives, he says, depends on the quality of the seeds in our minds. Buddhism teaches us how to nourish the seeds of joy and transform the seeds of suffering so that our understanding, love, and compassion can flower.

What If Hamer Was Right?

The Name of the Rose

Astrosciamanesimo: La via dell'universo interiore

The Living Word

Dictionary of Biblical Theology

God Spoke to Me

"Almeno una volta nella vita" è una storia di amicizia di tre ragazze ternane, Marina, Lucia, Lucrezia, ognuna col proprio vissuto, che condiziona il modo di affrontare le sfide del presente ed aprirsi al futuro, attraverso le relazioni umane, vere, reali e non virtuali. Nei rapporti sociali e familiari, è importante essere l'uno di fronte all'altro. C'è bisogno di recuperare il contatto fisico, il calore di un abbraccio, la profondità di uno sguardo. Accanto alle passioni, agli amori, alle violenze fisiche e morali, l'ancora di salvezza è la dimensione spirituale, oppure le pratiche ascetiche come lo yoga, per stanarsi ed uscire dal buio. La famiglia è la prima istituzione educativa, in cui l'adolescente struttura la propria personalità e ne è fortemente influenzato. L'istituzione scolastica offre una miriade di opportunità per conoscere a fondo l'esistenza, sempre più complessa. Le porte interiori. Meditazioni quotidianeMeditazione per la nuova era. Con audiocassettaEdizioni Mediterranee"Almeno una volta nella vita" Youcanprint

A positive look at change and how it can help us achieve stability, serenity, and strength.

The short meditations in this book were given to Eileen Caddy in times of silence, and were used by her over the years for the deepening of her own spiritual life, they are intended for daily use by those seeking to expand their awareness of the divine and to express it in their lives.

The Dawn of Change

Meditazione per la nuova era. Con audiocassetta

The Jerome Biblical Commentary for the Twenty-First Century

Ad Lucilium Epistulae Morales,

Dialoghi con l'altra dimensione

Heaven and Hell

**Il libro racconta il dialogo riannodatosi tra un padre e una figlia che si è tolta la vita all'età di 22 anni, ma che ha deciso di aiutare i propri familiari a superare il dolore indicibile per la sua dipartita. Una trascrizione fedele di fatti e parole che testimonia che la «morte» è solo apparenza, perché la vita continua in un'altra dimensione con la medesima intensità e i medesimi affetti. La storia di questa comunicazione tra padre e figlia è un**

**inno alla vita, che deve continuare, un messaggio di speranza e di fede per chiunque abbia bisogno di ridare un senso alla propria esistenza, nella disperazione di aver perso una persona cara, specialmente un figlio.**

**A young woman in 1880s Italy is forbidden to marry a dashing young man because he has no money. Teresa Caccia is put to work by her father, looking after her younger siblings, and only when they grow up is she able to join her love.**

**With over a million copies sold, this classic work is essential reading for all who ask, “Where has my struggle led me?” A chance encounter with a reproduction of Rembrandt’s *The Return of the Prodigal Son* catapulted Henri Nouwen on an unforgettable spiritual adventure. Here he shares the deeply personal and resonant meditation that led him to discover the place within where God has chosen to dwell. As Nouwen reflects on Rembrandt’s painting in light of his own life journey, he evokes a powerful drama of the classic parable in a rich, captivating way that is sure to reverberate in the hearts of readers. Nouwen probes the several movements of the parable: the younger son’s return, the father’s restoration of sonship, the elder son’s resentfulness, and the father’s compassion. The themes of homecoming, affirmation, and reconciliation**

**will be newly discovered by all who have known loneliness, dejection, jealousy, or anger. The challenge to love as God loves, and to be loved as God's beloved, will be seen as the ultimate revelation of the parable known to Christians throughout time, and is here represented with a vigor and power fresh for our times.**

**A modern translation of an ancient book of magic by the contemporary Italian spiritual leader Oberto Airaudi, *The Book of Synchronicity* taps into the "Synchronic Lines"—rivers of spiritual energy that flow through the universe. These lines link the various celestial bodies and the intelligences that can access them. The lines' path on Earth, according to the book, takes the form of eighteen Major Lines through which pour ideas, dreams, thoughts, and information. Whenever a reader consults *The Book of Synchronicity*, he or she is in effect accessing this flow of knowledge. Easy to understand and use, the book can be consulted immediately for quick answers as well as longer divination processes, with no further study or outside knowledge of other divination traditions necessary. The technique is simple: readers ask a question and then throw a die, while concentrating on the question. Each answer is gained by throwing the die four times, with more than 2 million possible synchronistic combinations**



**for each consultation. The Book of Synchronicity draws on universal wisdom to help seekers solve personal problems, obtain advice, and gain insight into their spiritual evolution.**

**From Intellect to Intuition**

**Medicine Upside Down**

**Flight Into Freedom**

**Deliver Us**

**Ciao Papi...**

**Third Fully Revised Edition**

***The explosive debut novel - about family, power and privilege - from the creator of the award-winning Mad Men. Named a Barnes & Noble Best Book of the Year Mark and Karen Breakstone have constructed the idyllic life of wealth and status they always wanted, made complete by their beautiful and extraordinary daughter Heather. But they are still not quite at the top. When the new owners of the penthouse above them begin construction, an unstable stranger penetrates the security of their comfortable lives and threatens to destroy everything they've created.***

***Franco Santoro fornisce un'introduzione ai principi base dell'astrosciamanesimo in questo volume che rappresenta la versione***

***aggiornata della prima edizione in lingua inglese pubblicata nel 2003. La caratteristica più marcata degli insegnamenti di questo libro è data dalla loro esplicita provvisorietà. Le pratiche, i rituali, le cosmologie, le tecniche, le idee impiegate hanno una funzione puramente strategica e teatrale, il cui scopo è facilitare un'esperienza diretta dei misteri della nostra natura e della realtà in cui viviamo o crediamo di vivere. I riferimenti dell'astrosciamanesimo si fondano sulla spiritualità multidimensionale esperienziale radicata nelle tradizioni misteriche, sciamaniche e gnostiche occidentali e orientali, integrate da un pluralismo religioso integrale che comprende e onora sia le fedi ortodosse sia ogni forma di spiritualità alternativa. In questo volume sono trattati gli aspetti e le tecniche base dell'astrosciamanesimo, insieme a informazioni sul Sacro Cerchio, i concetti di Intento e Funzione, il viaggio astrosciamanico, il rapporto con lo Spirito Guida, gli Spiriti Totem e altre entità significative. Quest'opera contiene inoltre una trattazione generale del linguaggio astrologico, un ampio glossario dei termini principali usati nel lavoro astrosciamanico e il compendio del mito strategico di riferimento di questi insegnamenti. Dr Hamer is a highly controversial figure: his patients love him, yet other doctors want to block him, and meanwhile he gathers acknowledgements,***

***but at the same time he is put on trial as well. Many believe that most of the opposition against him is because his theories -- and above all his long list of patients who have been healed -- go completely against established medicine... How can it be that diseases like cancer can simply be an attempt of the brain to fix (which means to heal) some emotional traumas? And that identifying such traumas and solving them can equate to healing the body? This is the only book available in Italy which is really up-to-date and comprehensive, very clear and supported by some brilliant cartoons: all these qualities have turned it into a real best seller. At long last a book on Dr Hamers new Germanic Medicine that is both really easy-to-read and comprehensive. Approach these controversial, yet fascinating theories with objectivity and open-mindedness.***

***Like The Man Who Mistook His Wife for a Hat, this is a fascinating voyage into a strange and wonderful land, a provocative meditation on communication, biology, adaptation, and culture. In Seeing Voices, Oliver Sacks turns his attention to the subject of deafness, and the result is a deeply felt portrait of a minority struggling for recognition and respect--a minority with its own rich, sometimes astonishing, culture and unique visual language, an extraordinary mode of communication that tells us***

***much about the basis of language in hearing people as well. Seeing Voices is, as Studs Terkel has written, "an exquisite, as well as revelatory, work."***

***Understanding Our Mind***

***Man's Eternal Quest***

***L'insegnamento del Buddha***

***The Book of Synchronicity***

***The Return of the Prodigal Son***

***Quiete e visione profonda***