

Leave No Trace A Guide To The New Wilderness Etiquette

• Leave No Trace, minimum impact skills and ethics • New research and field experience prescribe better minimum-impact techniques for wilderness use • Expanded information on camping practices • How far you should camp from water, where to pitch your tent, how to build a fire or if you should build one in the first place • Respecting and caring for wildlands, doing your part to protect our limited resources and future recreation opportunities • Trampling, litter, waste disposal, fire use, wildlife health, and protecting cultural resources

Living with her father in a nature preserve in Portland, Oregon, thirteen-year-old Caroline only merges with the civilized world once a week when they go into the city, but an encounter with a backcountry jogger derails their entire existence.

"Tomomi Hanamura, a Japanese citizen who loved exploring the rugged wilderness of the American West, was killed on her birthday May 2006. She was stabbed 29 times as she hiked to Havasu Falls on the Havasupai Indian Reservation at the bottom of Grand Canyon. Her killer was an 18-year old Havasupai youth named Randy Redtail Wescogame who had a history of robbing tourists and was addicted to drugs. It was the most brutal murder ever recorded in Grand Canyon's history."--Amazon.com.

The dynamic duo has done it again! Following up on the incredible success of their two previous bestsellers, Allen and Mike's Really Cool Backcountry Ski Book and Really Cool Telemark Tips, these two National Outdoor Leadership School (NOLS) instructors and hardcore backcountry fanatics once again combine their years of experience into a hilarious and vastly informative book on the art of backpacking. Fans know how Allen O'Bannon and Mike Clelland play off each other to provide a one-two punch that makes readers laugh and learn at the same time. Beginning backpackers will cherish the advice, and experts who think they know it all are guaranteed to pick up a few tricks from this book -- while the entertainment value alone is worth the price. From day-hiking to extended expeditions, this book covers the whole spectrum of backpacking adventure and is certain to become a classic of the genre. Allen O'Bannon is a senior NOLS instructor who writes books to support his ski habit. Mike Clelland is a NOLS instructor and illustrator who studied Mad magazine rather than go to art school. When not teaching NOLS classes, they live in Idaho, in the shadow of the Tetons.

The Complete Guide to All 62 Parks

My Abandonment

Okanogan-Wenatchee National Forest (N.F.), Pack and Saddle Stock Outfitter-guide Special Use Permit Issuance

An Illustrated Guide to Hammock Camping

How to Disappear and Never Be Found

May These Leaden Battlegrounds Leave No Trace, Vol. 3 (light novel)

Leave No Trace in the Outdoors

The ultimate do-it-yourself guide for camping and wilderness survival. From the author of the award-winning Complete Outdoors Encyclopedia, this volume is the most complete camping instruction book published. This monumental full-color guide to the outdoors features more than 600 photographs, diagrams, and illustrations, clearly explaining and illustrating the most successful techniques for any camping or backcountry survival scenario. Sure to be an indispensable resource, it offers in-depth coverage of tents, bedding and sleeping bags, boots and footwear, leave-no-trace methodology, camp and backpacking stoves, camp kitchens, menus and cooking, tools, backpacks, ropes and knots, and boats, recreational vehicles, and all-terrain vehicles. Hiking and camping in the backcountry is fully covered, along with wilderness survival skills. Emergency and wilderness first aid, navigation and pathfinding, shelter building, wilderness search and rescue, finding sustenance through foraging edible plants, survival hunting and fishing, setting snares, and nutrition, preparation, and cooking of game are all explored in detail. This book is a must-have reference guide for both novice and experienced campers. WINNER 2017 - Professional Outdoor Media Association Pinnacle Award for Book of the Year

For women who enjoy hiking, camping, backpacking, and other outdoor recreation or those inspired by Cheryl Strayed's Wild, this is the definitive guide to being a woman in the great outdoors. This friendly handbook covers the matters of most concern to women, from "feminine functions" in the wilderness to how to deal with condescending men, as well as the basics of wilderness survival tailored to women's unique needs. It includes gear lists in addition to advice for camp setup, fire building, food and water, safety, weather, and navigation.

Wilderness guide Jessica Stone has just found out that the biggest mistake of her life has been paroled. The marriage lasted less than a year, but in that time, Axel Iverson physically abused her five-year-old son and embezzled two million dollars. Now, six years later, he's out and vows to get even with her and her son for turning him in. Mick Barrett, FBI undercover, connives his way into becoming a backup guide on one of Jessica's guide trips. His interest in this assignment is more than just recovering the stolen two million dollars. She needs his protection, whether she knows it or not, because she is being setup by the FBI.

Bigfoot's Playbook is the Center's newest resource to connect kids meaningfully to Leave No Trace! Bigfoot's Playbook provides experiential education activities specific to the Seven Principles that help kids understand what it means to Leave No Trace in their lives and their community. This book is a great resource for camps, schools, and youth programs who are looking to facilitate engaging Leave No Trace activities with kids. Bigfoot's Playbook provides structured activities that help to develop an awareness of and responsibility for practices that have minimum impact on the environment. Volume 1 Features: 38 activities A user's guide to identify what activity is best suited for various ages, group sizes, and time constraints. Resources to help you build Leave No Trace into various areas of your youth program. Tips for how to engage youth in Leave No Trace.

Point Last Seen

A Curriculum Guide

Hiking the Pacific Crest Trail: Oregon

Backpacking in Southwestern British Columbia

The Sierra Club Guide to Backpacking

Complete Guide to Camping and Wilderness Survival

A Guide to the New Wilderness Etiquette

THE ACCLAIMED MEMOIR FROM HANNAH NYALA -- A MOTHER, A TRACKER, AND A TRUE SURVIVOR. POINT LAST SEEN Escaping an abusive marriage, her children abducted by her violent husband, Hannah Nyala was left alone to pick up the pieces of her life, to heal

physically and spiritually. She wanted her children back...but first she had to fight for her own future, by teaching herself the skills of tracking in the Mojave Desert. She became a search-and-rescue tracker, dedicated to saving the lives of the lost, and so attuned to nature's messages that she can read the history of a footprint, the clues in stones and desert sand. That's just the beginning of her incredible story. For Hannah would soon make the most chilling discovery: someone was tracking her, on a vicious quest to do her harm.

A guide for backpackers, hikers, and other wilderness buffs offers information on equipment and techniques, search and rescue methods, cooking, and safety

Whether you're participating in the 52 Hike Challenge, or you need a reference guide to find the perfect hikes for each season, this book will provide you with all of the information that you need! For each of the 52 hikes in this book you will not only get a detailed write-up of the trail, but you will also receive information about the surrounding area like what towns and campgrounds are nearby, which is perfect for planning longer trips in the Central Oregon Cascades and Coast area! The September 2020 wildfires burned a significant portion of the previous edition of this book. I stopped selling the book October 2020 and it has been completely revised since then. There are 27 new hikes in this edition that you won't want to miss!

The director of Princeton University's Outdoor Action Program offers a comprehensive guide to skills, equipment, and trip planning for backpackers of all levels, in a revised handbook that includes the latest information on GPS technology, ultra-light hiking equipment, first aid, trip planning, resources for professional outdoor leaders, and more. Original. 25,000 first printing.

A Guide to Walking As a Sacred Path

A Woman's Guide to the Wild

Backpacking. Ropes and Knots. Boating. Animal Tracking. Fire Building. Navigation.

Pathfinding. Shelter Building. Campfire Recipes. Rescue. Wilderness

Highpoint Adventures

Traveling & camping skills for a wilderness environment

WildWood Magic

Allen & Mike's Really Cool Backpackin' Book

Hundreds of beautiful waterfalls and swimming holes across New England

"This is the groundbreaking guide that first taught backpackers how to enjoy a genuine wilderness experience that leaves nature undisturbed. Since it was last revised in 1998, backpacking gear and practices have undergone many changes, subtle and large - all noted and expertly evaluated by author John Hart in this new edition." "A sure-footed guide to this changing scene, Hart remains in touch with its deeper realities. The qualities that established this guide as the bible of camp and trail have been polished and honed: its levelheaded advice on gear selection, packing, and trip planning; its insights for getting the most from a wilderness trip, whether a challenging mountain scramble or a leisurely outing with family; its wisdom about dealing with the unexpected, from bears to flash floods to injuries."--BOOK JACKET.

*Whether you're just concerned about privacy and data security, or being followed or stalked and need to get away as soon as possible, being able to disappear without a trace is something that you will need to know someday—and with *How to Disappear and Never Be Found*, you'll be able to do just that. Barry Davies and *Soldier of Fortune* magazine have produced a solution to all of these problems and more with *How to Disappear and Never Be Found*. No matter the reason, Davies divulges the secret ways to disappear that only a military-trained soldier could know. Formerly serving in the British Special Air Service, Davies was trained in this secret art and will inform you of the many companies to call in order to erase all records, how to give false information, how to disappear in our social media environment, and much more. In *How to Disappear and Never Be Found*, readers can learn how to protect themselves, their friends, and their families, all with the secret ways to disappear that Davies reveals. Whether you're an ordinary civilian or a military operative, having this skill is imperative to ultimate survival . . . and there's nobody better at knowing how to vanish at a moment's notice than a former SAS expert. By following this model, one never has to feel unsafe or afraid ever again. Now that the West has suddenly gained control of powerful new technology, the future is looking grim. Meanwhile, Rain's friend Athly has worries that she's keeping from him. How is everything connected...?*

New England Waterfalls

Backpacking for Beginners

How to Survive Your First Trip in the Wild

A Guide to Hiking, Camping, Fishing & Other Adventures

Environmental Assessment

A Bird in Flight Leaves No Trace

Wilderness Ethics: Preserving the Spirit of Wildness

*• Inspirational full-color guides with over 150 color photographs in each *Hiking the Pacific Crest Trail: Oregon* is written by Eli Boschetto. A hiker, writer, and photographer, Eli reveled in going deep for Oregon! Since 2011, he has been the editor of *Washington Trails* magazine, which he manages from his home in Portland, Oregon. Eli is also a regional correspondent for *Backpacker* magazine. The Pacific Crest National Scenic Trail (PCT) meanders from the California-Mexico border north to the border of Washington and Canada. It's a rigorous trail, first envisioned in 1926 and now encompassing some 2,650 miles. Each*

volume of this new series focuses on section-by-section pieces of the PCT and includes the following features: • Trail sections of 4- to 10-night trips • Detailed camp-to-camp route descriptions • Easy-to-understand route maps and elevation profiles • Details on specific campsites and most-reliable water sources • Road access to and from various trail sections • Info on permits, hazards, restrictions, and more • Alternate routes and connecting trails • Clear references to the PCT's established system of section letters, designating trail segments from Mexico to Canada—so you can easily cross-reference the guides with other PCT resources • Key wilderness sights along the way • Suggested itineraries

They've been dubbed America's best idea for a reason: get inspired, get outdoors, and discover the wild beauty of the United States with Moon USA National Parks. Inside you'll find: Coverage of all 62 national parks, from the misty mountains of the east and the redwoods of the west to the glaciers of Alaska and volcanoes of Hawaii, organized by region Strategic lists and itineraries: Choose from lists of the best parks for hiking, wildlife, families, and scenic drives or make your way down the list of the top ten national parks experiences across the country The best outdoor adventures in every park, including backpacking, biking, climbing, kayaking, rafting, and more, plus detailed hike descriptions and trail maps marked with distance, duration, effort level, and trailheads National parks road trips with driving times and advice for linking multiple parks, interesting stops between them, and nearby attractions and state parks Comprehensive planning resources: With maps and transportation tips, you'll have the tools to explore each park or region individually, or visit multiple for an epic national parks trip Expert advice from former park guide Becky Lomax on how to avoid crowds, what time of year to visit, and where to stay inside and outside the parks, from campgrounds to hotels Know before you go: Find essential background on climate, terrain, wildlife, history, and safety precautions, plus practical information on park fees, passes, and reservations, including how to obtain and use a National Parks Pass Gorgeous, full-color photos throughout, plus a handy keepsake section for your national parks stamps and a detachable fold-out poster map Whether you're trekking to striking vistas, rafting a wild river, or camping under the stars, find your park adventure with Moon USA National Parks. For more in-depth information on a specific park, check out one of Moon's national parks travel guides.

The classic environmental call to action 2014 marks the 50th anniversary of the passing of the Wilderness Act—the landmark piece of legislation to set aside and protect pristine parts of the American landscape. This anniversary edition of Wilderness Ethics should help put the many issues surrounding wilderness in focus.

There and back--what every new backpacker needs to know. A journey of a thousand miles starts with a single book. How to Survive Your First Trip in the Wild bundles up everything you need to prep for your first-ever backpacking adventure--so you can explore the backcountry with confidence. Start strong with an essential equipment guide geared toward beginners. Discover how to choose a campsite and follow along with camp setup and breakdown directions. Water treatment info, outdoor cooking basics, snacking suggestions, and a sample three-day backpacking food plan supply you with vital knowledge to survive in the wilderness. This beginners' backpacking handbook includes: Expert tips--Learn how to "Leave No Trace," navigate rough terrain, deal with wildlife, and other practical backpacking advice. Gear checklists--Track down the right gear with guides to clothing, footwear, backpacks, and shelters--even on a budget. Plan ahead--Handy cheat sheets help you pick the best time of year and the perfect starter trail for backpacking in your state. Start your backpacking experience now with How to Survive Your First Trip in the Wild.

Everything You Want Me to Be

The Backpacker's Field Manual

A Youth Educator's Guide to Leave No Trace Activities, Games, and Experiential Curriculum

A True Story of Three Lives, Three Cultures, and the Search for Heaven on Earth

The Essential Guide to Overnight Hiking Trips

Wrangell Outfitter and Guide Management Plan

A Leaders Guide to Teaching & Learning : "leave No Trace"

The Tahoe Rim Trail officially opened in September 2001, after 17 years and thousands of labor hours. Here's the definitive guide to this magnificent new route. Endorsed by the Tahoe Rim Trail Association and written by longtime Tahoe resident and guide Tim Hauserman, it will tell you about: --Weather, water, and when to go --Ways to enjoy the trail (hike, mountain bike, or ride a horse) --Great trips with kids --Colorful local legends and human history --Wildflowers and wild critters Eight manageable sections of the trail are presented in detailed prose and clear maps. Pick a day-hike or plan longer backcountry excursions. There are also a number of sidetrips to choose from along the trail or in the surrounding area. If breathtaking views of alpine peaks and clear Sierra lakes appeal to you, this book will help you find them.

Offering a timely, thorough introduction to "Leave No Trace" principles, this updated guide covers techniques for all seasons, terrain, and outdoor activities, from choosing a campsite to food and garbage handling to personal hygiene. Photos & illustrations.

“ Dark and atmospheric, with palpably vivid details and complex characters harboring plenty of secrets ” (Kimberly Belle, internationally bestselling author of The Marriage Lie), this riveting and suspenseful thriller—by the author of the critically acclaimed Everything You Want Me to Be—follows the mysterious disappearance of a boy and his stunning return ten years later. There is a place in Minnesota with hundreds of miles of glacial lakes and untouched forests called the Boundary Waters. Ten years ago, a man and his son trekked into this wilderness and never returned. Search teams found their campsite ravaged by what looked like a bear. They were presumed dead until a decade later...the son reappears. Discovered while ransacking an outfitter store, he is violent and uncommunicative and is sent to a psychiatric facility. Maya Stark, the assistant language therapist, is charged with making a connection with the high-profile patient. No matter how hard she tries, he refuses to answer questions about his father or the last ten years of his life. But Maya, who was abandoned by her own mother, has secrets, too. And as she ' s drawn closer to this enigmatic boy who is no longer a boy, she ' ll risk everything to reunite him with his father who has disappeared from the known world. With breathless pacing and edge-of-your-seat twists and turns,

“ Leave No Trace is as thrilling as whitewater rapids and as dark as the Minnesotan wilderness itself ” (Amy Gentry, internationally bestselling author of Good as Gone).

With The Essential Guide to Hiking with Dogs, you and your four-legged friend can be ready for anything the wilderness might throw at you. Set yourselves and others up for the very best hiking experience. Need-to-know topics are covered for the novice hiker or new owner, from trail etiquette to leave no trace ethics, important gear and packing guides to essential commands you should train on the trail.

Featuring beautiful and illustrative photography, this must-have guide will inform and inspire any adventure dog and their parents. Inside you ' ll find: Tips for minimizing impact on the trail and practicing dog hiking etiquette. Gear and packing lists. Multi-sport information

including camping, backpacking, mountain biking, and paddle boarding with your dog. The very best hike to take with your dog in every state.

Enjoying the Wilderness Without Harming It
Leave No Trace

Trail-Tested Tips and Expert Advice for Canine Adventures

Technical Skills for Adventure Programming

A Pocket Guide to the 50 State Highpoints

The Essential Guide to Hiking with Dogs

Walking Softly in the Wilderness

The essential guide for enjoying the outdoors without harming the environment. • Details the seven core principles of Leave No Trace ethics and practices • Covers hiking, campfires, food storage, and personal hygiene • Endorsed by the USDI National Park Service, Bureau of Land Management, Fish & Wildlife Service, U.S. Geological Survey, and the USDA Forest Service

Are you ready to feel empowered, lose weight, or find real magic in everyday life? Collin Chambers' book, *WildWood Magic: A Guide to Walking as a Sacred Path*, is a complete step-by-step guide to finding peace, happiness, and purpose through the simple act of taking a walk. Collin offers personal insight and practical strategies to our increasing need to be outside in nature and move our bodies. By integrating walking as a spiritual discipline with all the details of adding a daily movement practice, this comprehensive guide is a solid blueprint for joy and good health. This easy-to-follow book covers all essential information about how walking impacts the whole self-- physically, mentally, emotionally, and spiritually. By outlining simple steps to take, Collin invites the reader to go on an enchanted adventure, even in your own neighborhood. What is unique about this book on such an ordinary subject such as taking a walk, is the invitation to perceive such tasks with renewed eyes. With plenty of humor and personal stories to keep it fun and exciting, this extensive guide is an essential self-care tool. *WildWood Magic: A Guide to Walking as a Sacred Path* is the perfect pick for nature-lovers looking for inspiration and encouragement on the path to self-transformation.

• Best hiking trails, campsites, fishing spots, paddle routes, beachcombing, and more • Trip and activity options include related natural history information • Includes Olympic National Park's spectacular 70-mile-long wilderness beach strip A wild ocean snuggled up to a wild land in the furthest corner of our Lower 48 states—the Washington coast is a unique adventure destination and this new guidebook covers all 157 miles of it. Whether you ' re out for a single day of salt air and sand castles, or a week long backpack with surf lulling you to sleep at night, you ' ll discover your best options with Washington ' s Pacific Coast. Author Greg Johnston has had a long and intimate relationship with this coast, and his voice is distinctive, passionate, often opinionated, and clearly knowledgeable. His authoritative guide provides detailed, fun, and family-friendly activities, as well as expansive information, history, and geology. (If Captain Cook passed by where you are, this guide will tell you—and make the trip feel all the more satisfying.) In addition to numerous hiking options—including some never-before-published trails—Greg covers every state park along the coast, other public parks, campgrounds, fishing and clamming spots, paddling options, and the best beachcombing destinations. In addition to describing the abundant outdoor recreation opportunities, Johnston also delves into the rich cultural and natural history of the coast, as well as practical details such as tsunami preparedness, Leave No Trace practices, weather and ocean beach precautions, and more.

"Hattie Hoffman has spent her whole life playing many parts: the good student, the good daughter, the good girlfriend. When she's found brutally stabbed to death, the tragedy rips right through the fabric of her small-town community. Full of twists and turns, *Everything You Want Me to Be* reconstructs a year in the life of a dangerously mesmerizing young woman, during which a small town's darkest secrets come to the forefront, and she inches closer and closer to her death."--

The Ultimate Hang

A Guide to the New Wilderness Ethic

A Complete Guide for Hikers, Mountain Bikers, and Equestrians

Bigfoot's playbook

A Guide to the State's Best Backpacking Adventures

A Novel

Official manual of the American Hiking Society on the ethics and commonsense practices of backcountry human impact.

If you're looking for a book that will improve your knowledge and technical instruction skills in land, water, and snow and ice sports and activities, this is it *Technical Skills for Adventure Programming: A Curriculum Guide* is an all-in-one resource, based on current methods, that will guide you in becoming a skilled adventure instructor in the classroom and in the field.

This book includes -comprehensive units with lesson plans for 12 popular outdoor adventure activities; -7 to 15 progressive, pedagogically sound lesson plans for each unit, featuring foundational teaching methods, experiential learning activities, and assessment strategies for adventure technical skills; -a CD-ROM with printable lesson plans and supporting materials for each unit that make it easy to print only what you will need in the field; and -an overview of the teaching process as it relates to adventure-based activities, including discussions of adventure education theory, learning styles, experiential learning and teaching, and outdoor teaching

tips and considerations. Edited by nationally known outdoor adventure educators, this book allows you to tap into the knowledge and expertise of skilled instructors who present progressive technical skills for these activities: -Backpacking -Canoeing -Caving -Ice climbing -Mountain biking -Mountaineering -Nordic skiing -Rafting -Rock climbing -Sea kayaking -Snowshoeing -Whitewater kayaking Throughout the guide, the expert instructors share insights, best practices, and field-tested lesson plans that help you teach essential skills to new outdoor and adventure enthusiasts. Lesson plans include a topic overview, equipment information, basic skill instruction, Leave No Trace practices, and safety considerations. You'll also find outcomes and assessment protocols for each lesson as well as information on modifying some of the activities to include people with disabilities. The format of the lessons provides you with the flexibility to select and use the plans and assessment strategies appropriate for your group's ages, ability levels, time constraints, and settings. Both a classroom and field-friendly guide, *Technical Skills for Adventure Programming: A Curriculum Guide* supports common practices and standards of the Wilderness Education Association, Outward Bound, Leave No Trace, the American Mountain Guide Association, the American Canoe Association, and the National Association for Sport and Physical Education. And it will prepare those with experience to confidently teach a dozen popular land-based, water-based, and winter activities.

California's magnificent Sierra Nevada mountain range packs a punch when it comes to adventuring. Join local author Wilbur Morrison as he walks you along the Pacific Crest Trail and the John Muir Trail, through King's Canyon, up to the top of Mount Whitney, and swimming in Lake Tahoe. Offering tips on exploring this fantastic area alone, Morrison also lists local outfitters who can help you plan a horseback riding trip, a hike, a biking excursion or an overnight trek. Amazon customer. Includes maps and photographs. Between Mt. Whitney and Lake Tahoe is the true Sierra Nevada, a land of granite, glacial ice and alpine lakes. Here you will find forests of giant sequoias, wildflowered meadows and steep V-shaped river canyons. Among the areas this guide explores: The Eastern Sierra, including Mammoth Lakes and Mono Lake Nevada and Lake Tahoe The Western Sierra, encompassing Gold Country Yosemite Kings Canyon, Sequoia and the Sierra National Forest You'll read about the local history and get basic travel information, from contact numbers and addresses for tourism bureaus and outfitters to airlines and rental cars. You'll discover the towns and attractions, including the best lodging and dining spots. The adventure sections are packed with detailed advice on how to explore the region on foot, on horseback, on water, on wheels and on snow. Penetrate the nature of mind with this contemporary Korean take on a classic of Zen literature. The message of the Tang-dynasty Zen text in this volume seems simple: to gain enlightenment, stop thinking there is something you need to practice. For the Chinese master Huangbo Xiyun (d. 850), the mind is enlightenment itself if we can only let go of our normal way of thinking. The celebrated translation of this work by John Blofeld, *The Zen Teaching of Huang Po*, introduced countless readers to Zen over the last sixty years. Huangbo's work is also a favorite of contemporary Zen (Korean: Seon) Master Subul, who has revolutionized the strict monastic practice of koans and adapted it for lay meditators in Korea and around the world to make swift progress in intense but informal retreats. Devoting themselves to enigmatic questions with their whole bodies, retreatants are frustrated in their search for answers and arrive thereby at a breakthrough experience of their own buddha nature. *A Bird in Flight Leaves No Trace* is a bracing call for the practitioner to let go and thinking and unlock the buddha within.

The Tahoe Rim Trail

The National Outdoor Leadership School's Wilderness Guide

NOLS Soft Paths

Pure Land

Minimum Impact Outdoor Recreation

Moon USA National Parks

52 Hikes For 52 Weeks

A one-stop resource for hiking backpackers in beautiful British Columbia. Planning your next backpacking adventure? This book covers all the essentials including: 40 overnight hiking trails: discover the many different routes that BC has to offer Packing tips: take only the most essential items with you (plus a few comforts) Permitting: find out what permits you'll need, and where to get them Camp set-up: tips for where to pitch your tent and how to find water Environmental impact: learn how to Leave No Trace behind in the wilderness This book features backpacking routes from the North Shore up to Pemberton and Lytton and from the Sunshine Coast out to the Similkameen Valley. Beautiful photographs showcase what you'll see along the way: mountain peaks, alpine meadows, waterfalls, old-growth forests, and more. Every backpacking route in the book includes bonus features: Trail maps and route descriptions Elevation, distance and time information Points of cultural and natural history Pre-planning hints about fees, permits, and reservations Suggested side trips and points of particular interest Backpacking in Southwestern British Columbia also shares options for extending an overnight excursion to several nights or a week, and for selecting hikes that match your timeline/fitness level.

A backpacker's guide, *Backpacking Idaho* features 50 trails statewide. Included here is up-to-date trail information, accurate directions to

popular and less-traveled trails, difficulty ratings, detailed trail maps, and Leave No Trace camping tips.

Hammock camping--one of the most comfortable ways to enjoy a long-distance thru-hike, a weekend backpacking trip, or just an overnight in the woods. With more than 200 illustrations to guide you, this book helps you get off the ground to discover the freedom, comfort, and convenience of hammock camping. Learn how to set up and use a hammock to stay dry, warm, and bug free in a Leave No Trace-friendly way. This book covers hammock camping basics such as how to get a perfect hang and how to stay dry, warm, and bug free. Plus, it illustrates techniques and tips to get the most out of a hammock shelter, whether you have purchased an all-in-one kit or you've assembled your own customized system.

The Classic Handbook, Revised and Updated

Backpacking Idaho

A Guide to More Than 400 Cascades and Waterfalls

Washington's Pacific Coast

Bullet Magic and Ghost Programs

The Zen Teaching of Huangbo with a Modern Commentary

Section Hiking from Donomore Pass to Bridge of the Gods